

SHAREABLES & SALADS

*Spur Steak Ranches are not a gluten or allergen-free environment, and while the utmost care is taken to minimise contact with allergens when requested, traces of gluten or other allergens may appear in the final dish served. Our meals are produced in kitchens containing allergens including nuts, gluten, wheat, shellfish, lactose and egg. Every effort is made to ensure vegan meals are cooked on separate surfaces, keep in mind that our plant-based meals are prepared in a kitchen that does handle animal products. Please note our fish may contain small bones.

The allergen and nutritional information provided is accurate and up-to-date to the best of our knowledge. It is based on information provided by our manufacturers and suppliers and Spur Corporation (Pty) Limited will not be held liable for any omission or failure to provide updated or correct information nor negligence on the part of the supplier nor manufacturer.

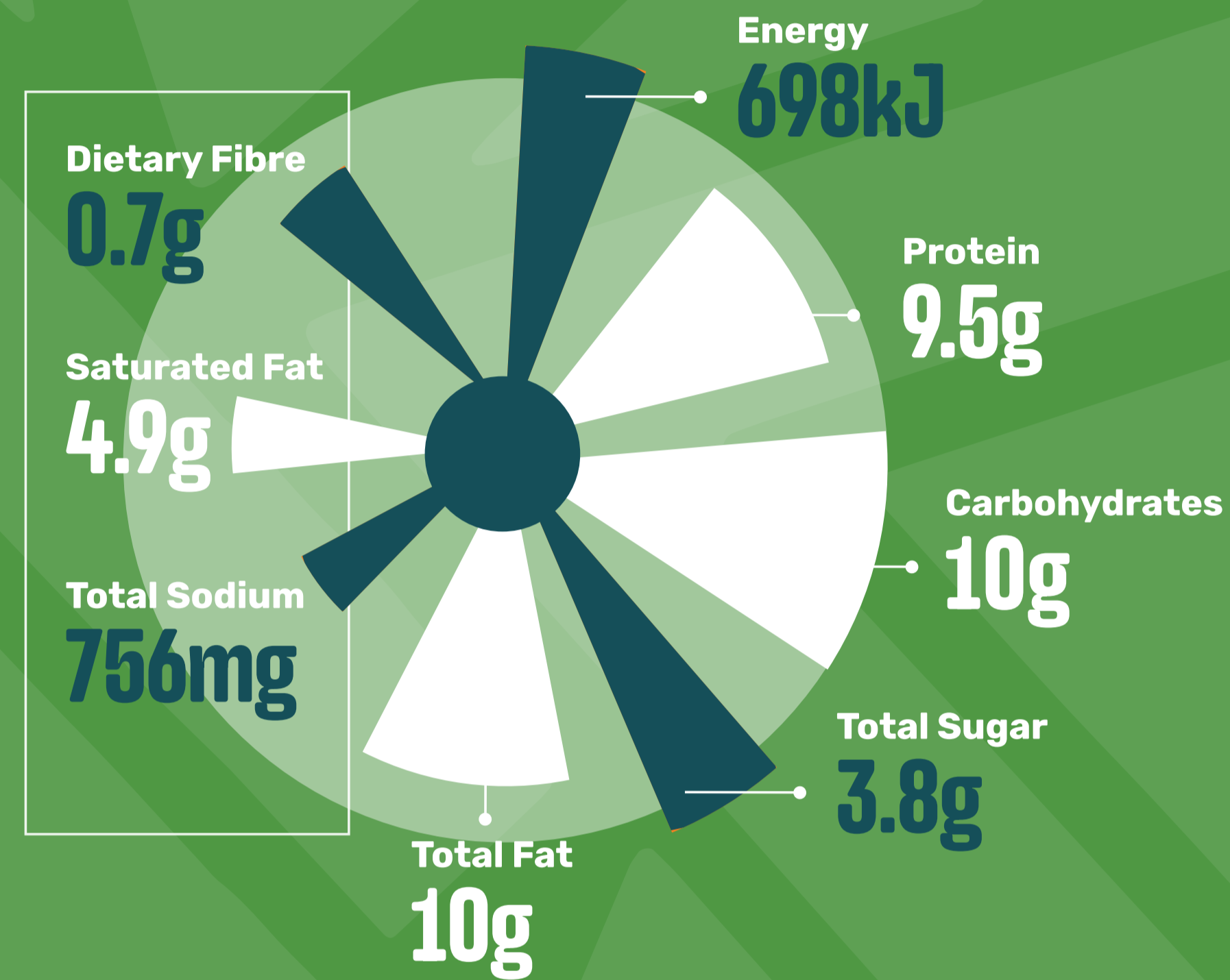
SHAREABLES

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

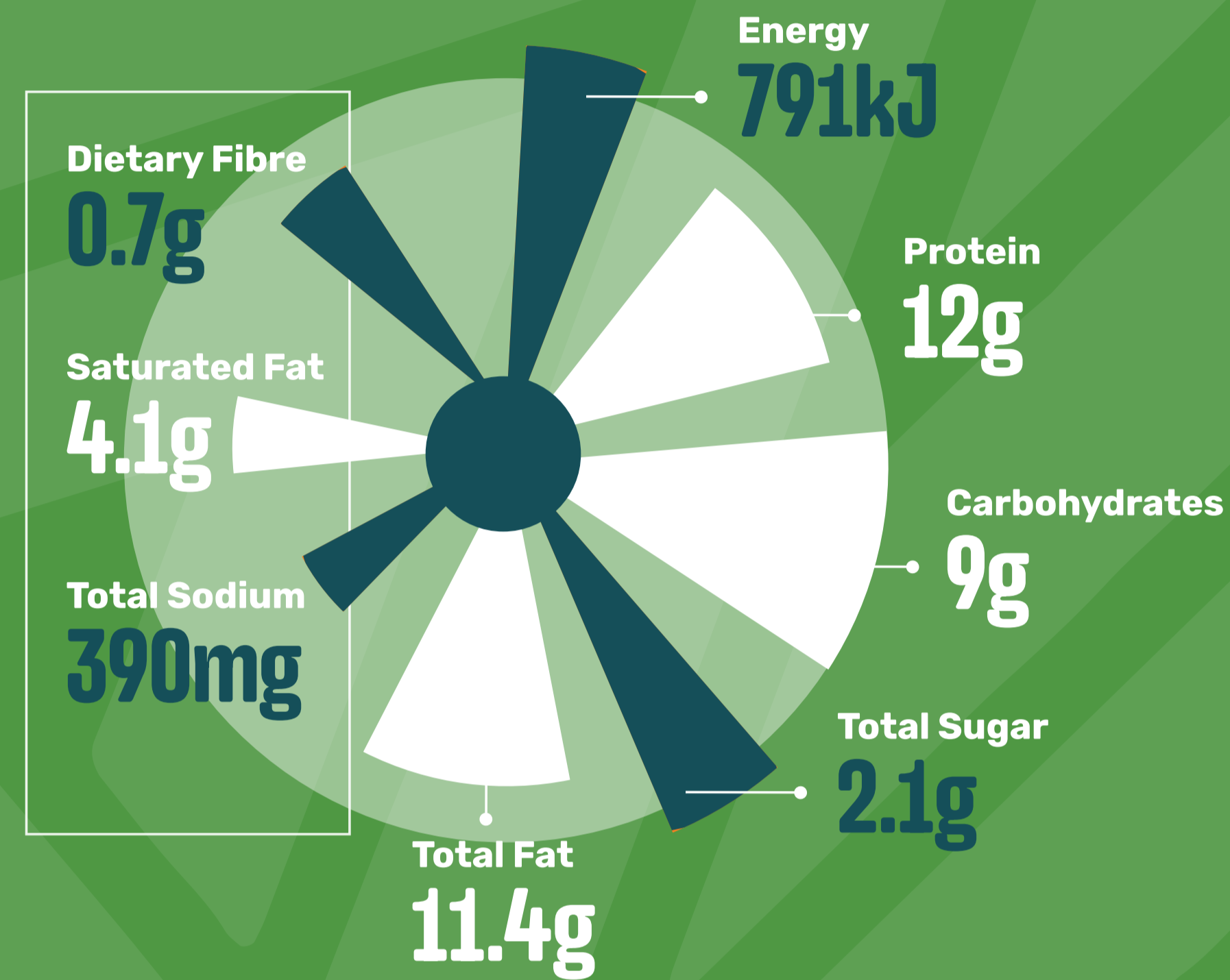
BUFFALO WINGS & CRUMBED MUSHROOMS

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



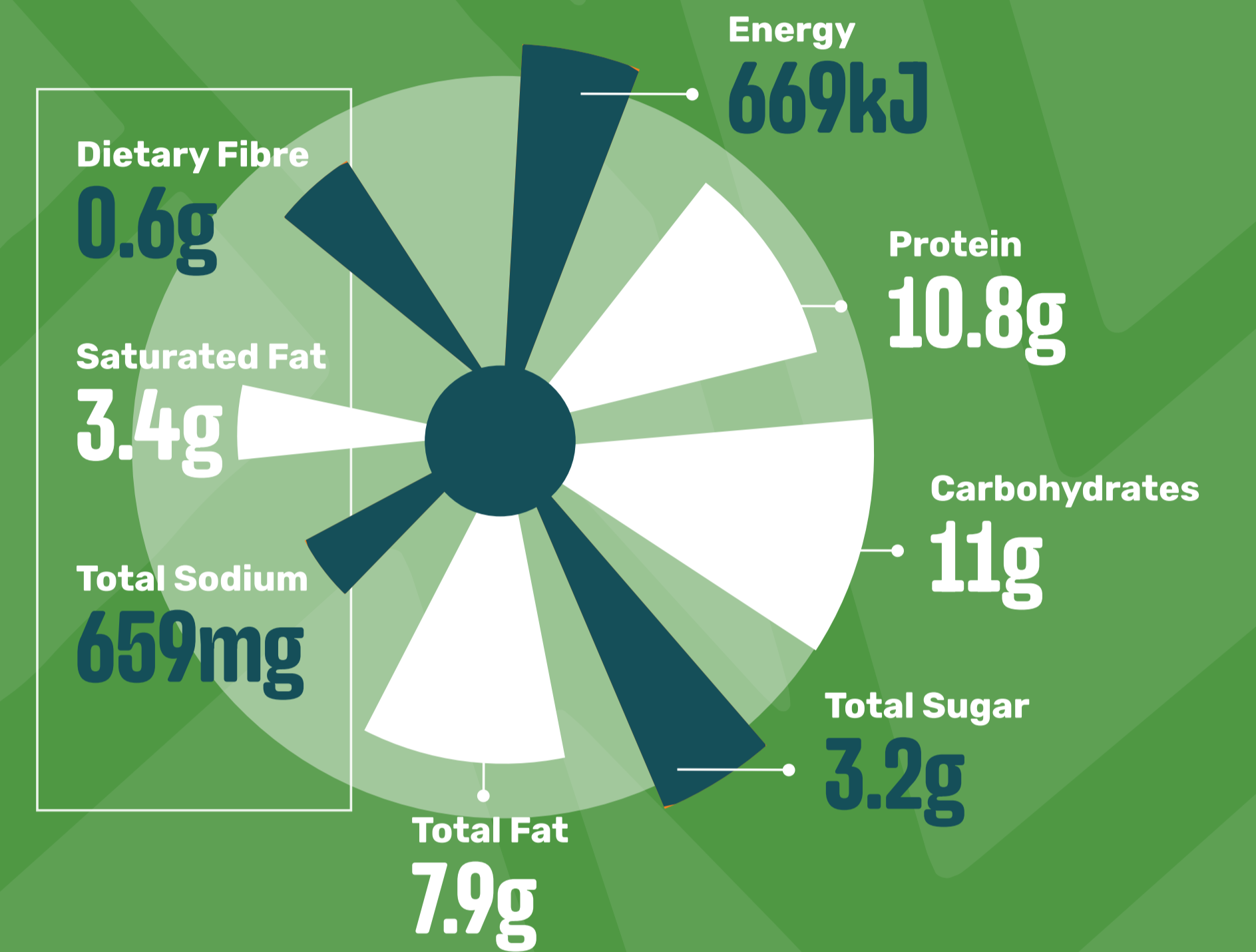
BUFFALO THIGHS & CRUMBED CALAMARI STRIPS

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



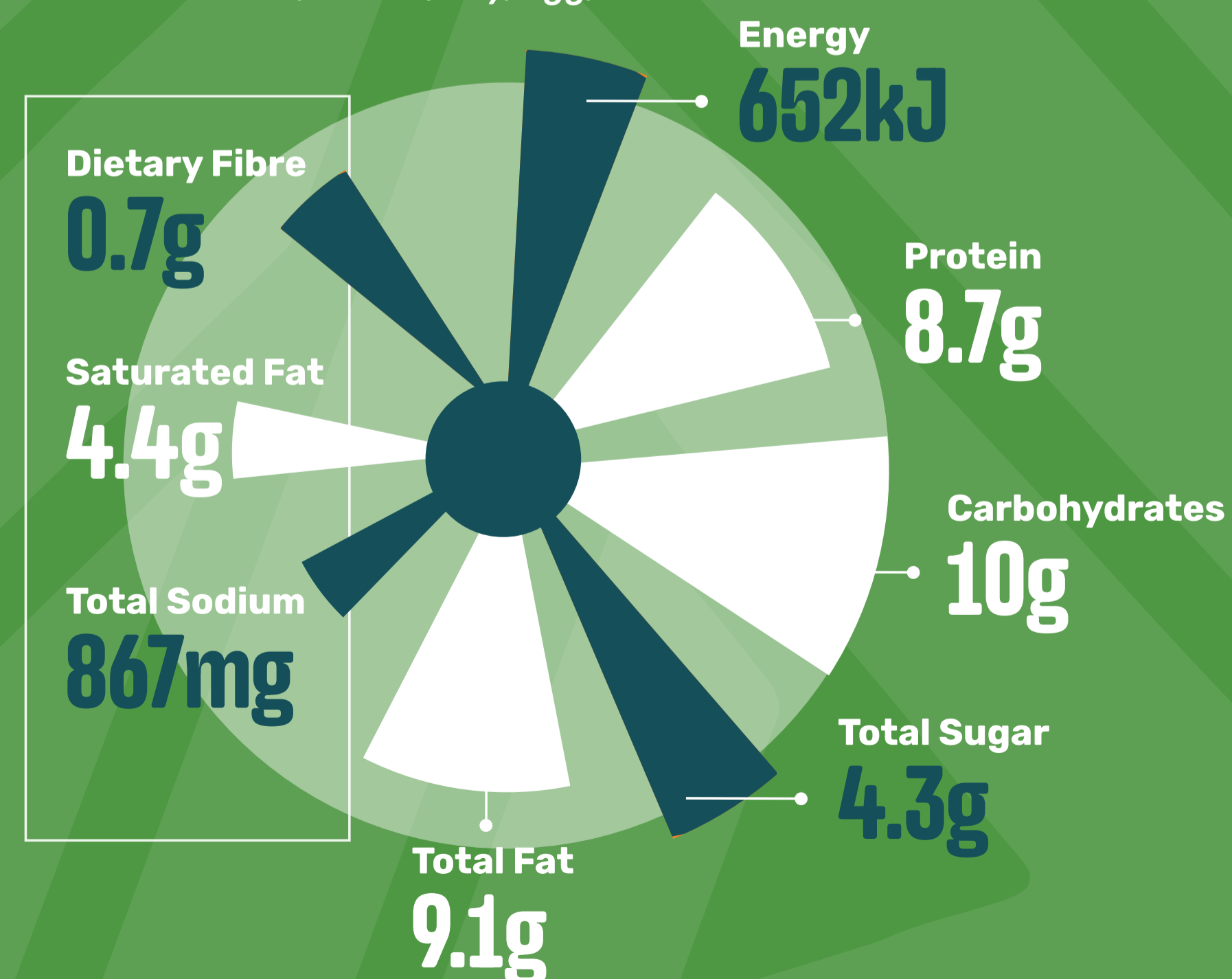
BUFFALO WINGS & CRUMBED CALAMARI STRIPS

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



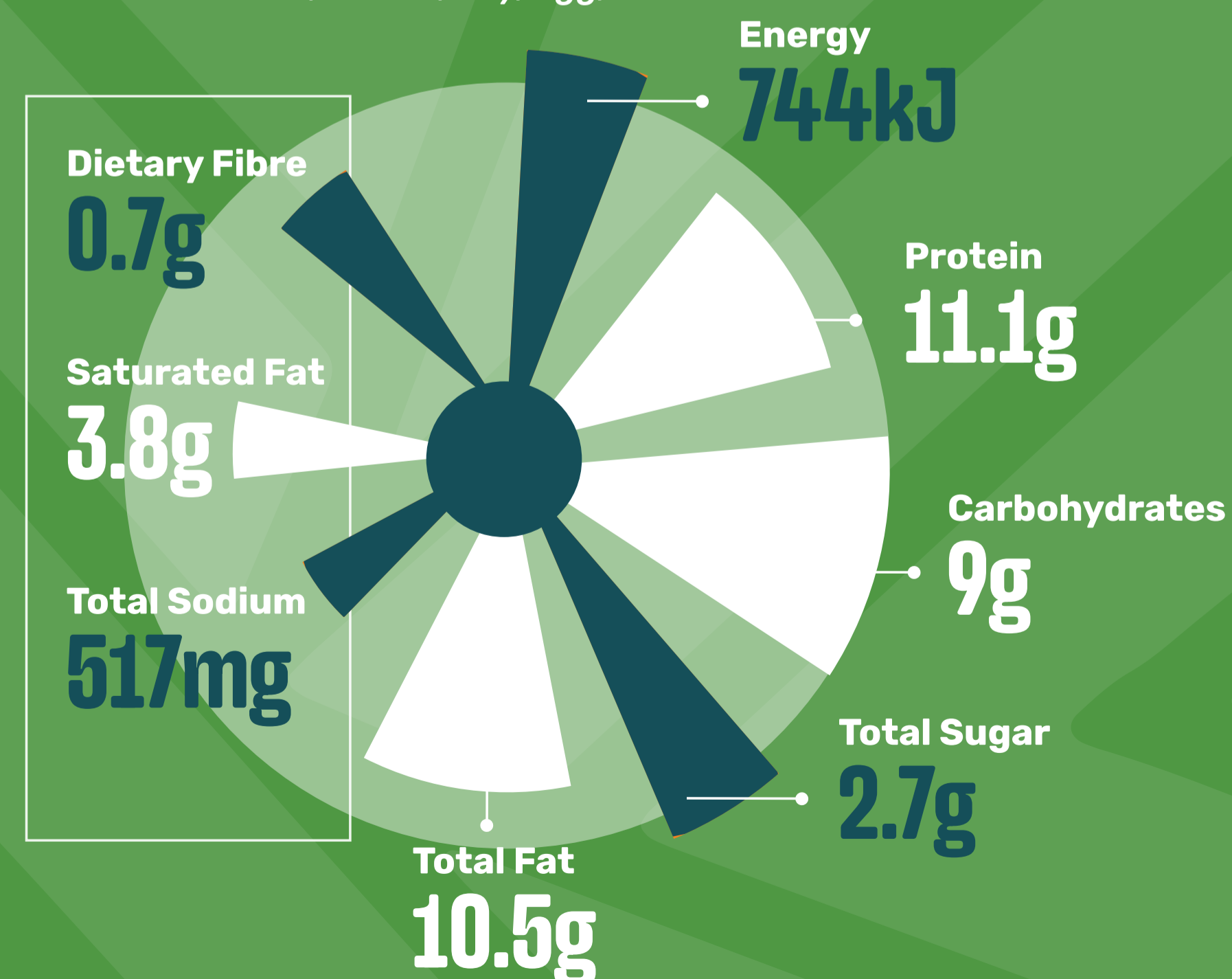
BUFFALO WINGS & CRUMBED MUSHROOMS (Hot)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



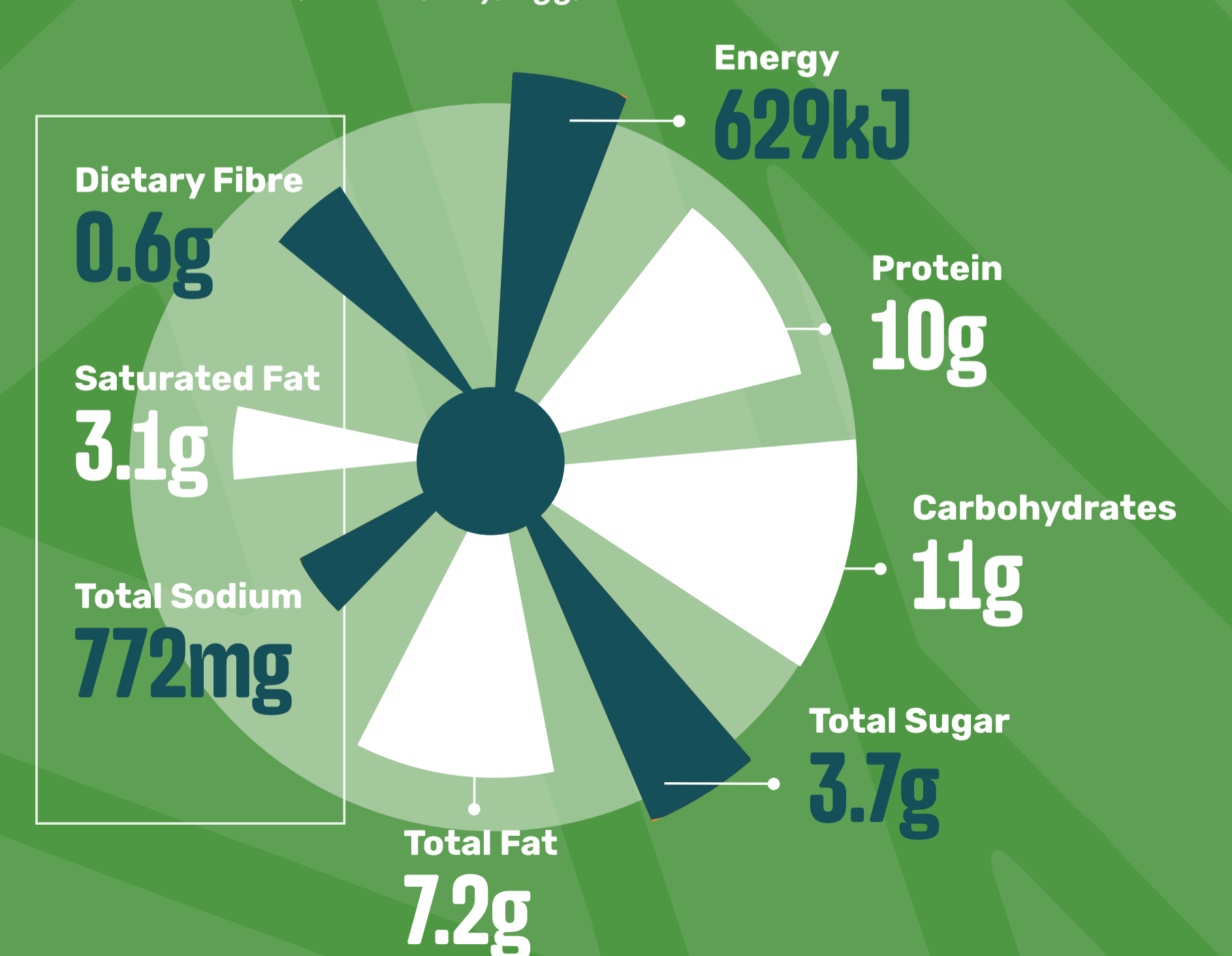
BUFFALO THIGHS & CRUMBED CALAMARI STRIPS (Hot)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



BUFFALO WINGS & CRUMBED CALAMARI STRIPS (Hot)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



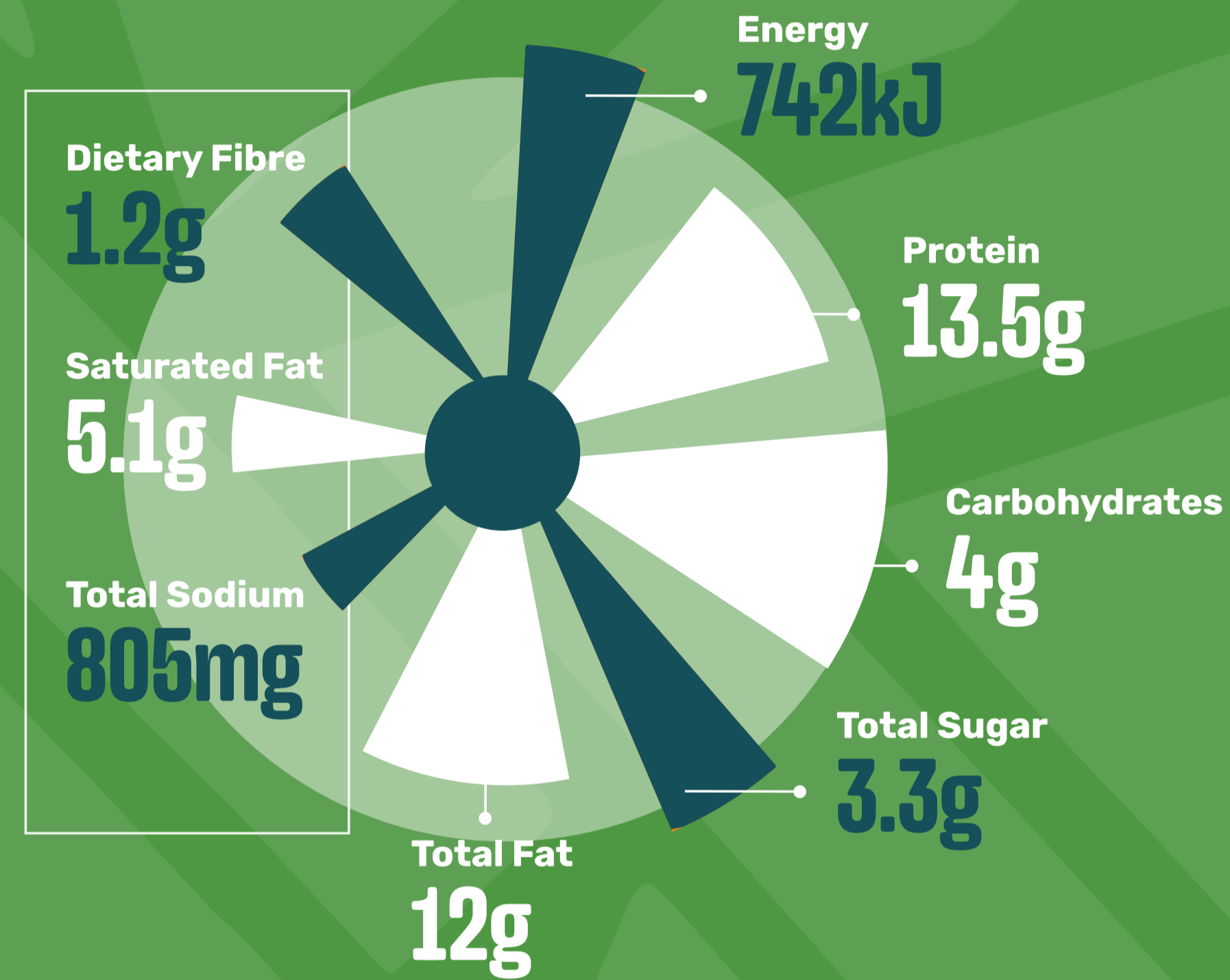
SHAREABLES

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

BUFFALO WINGS & RIBLETS

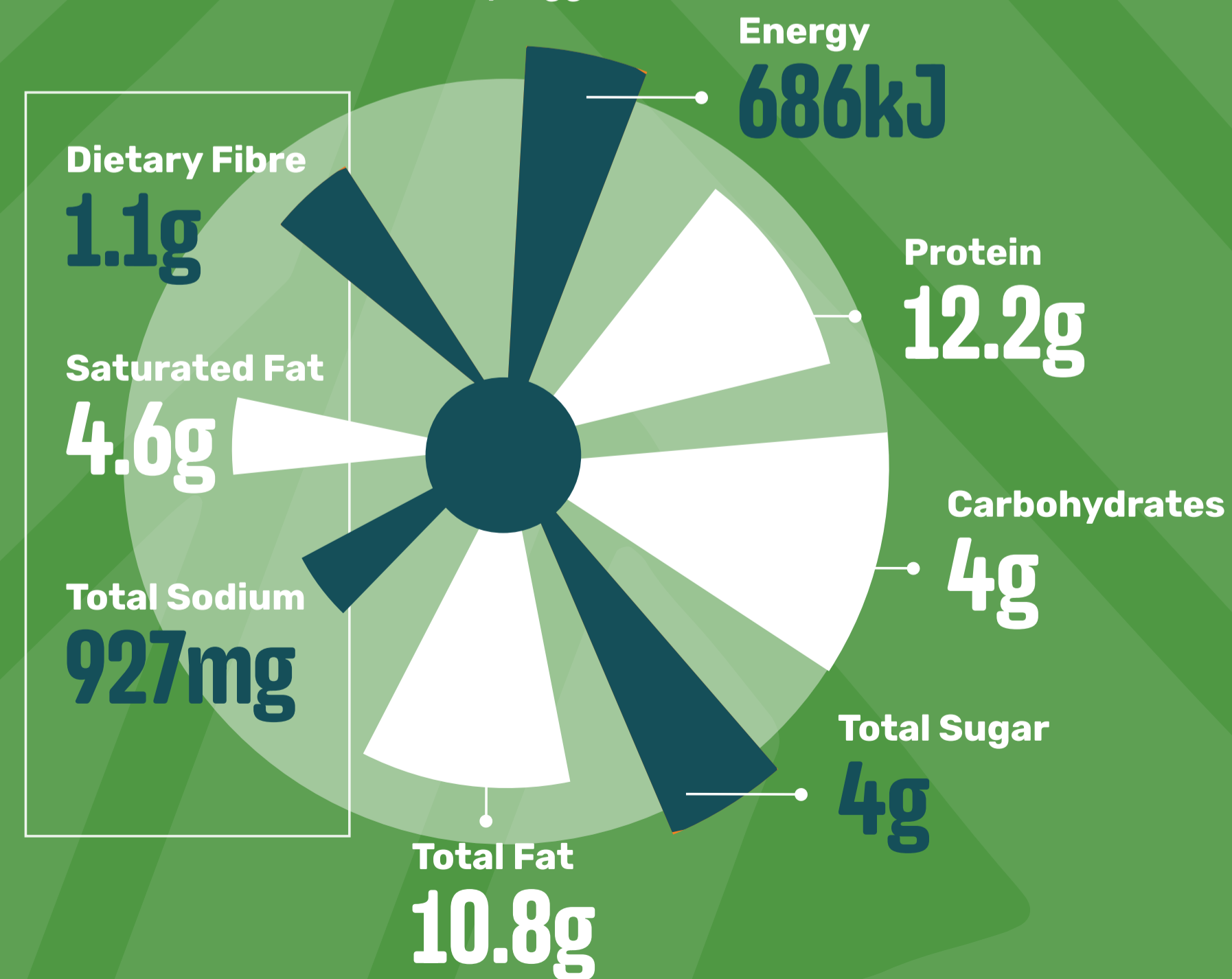
Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



BUFFALO WINGS & RIBLETS

(Hot)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



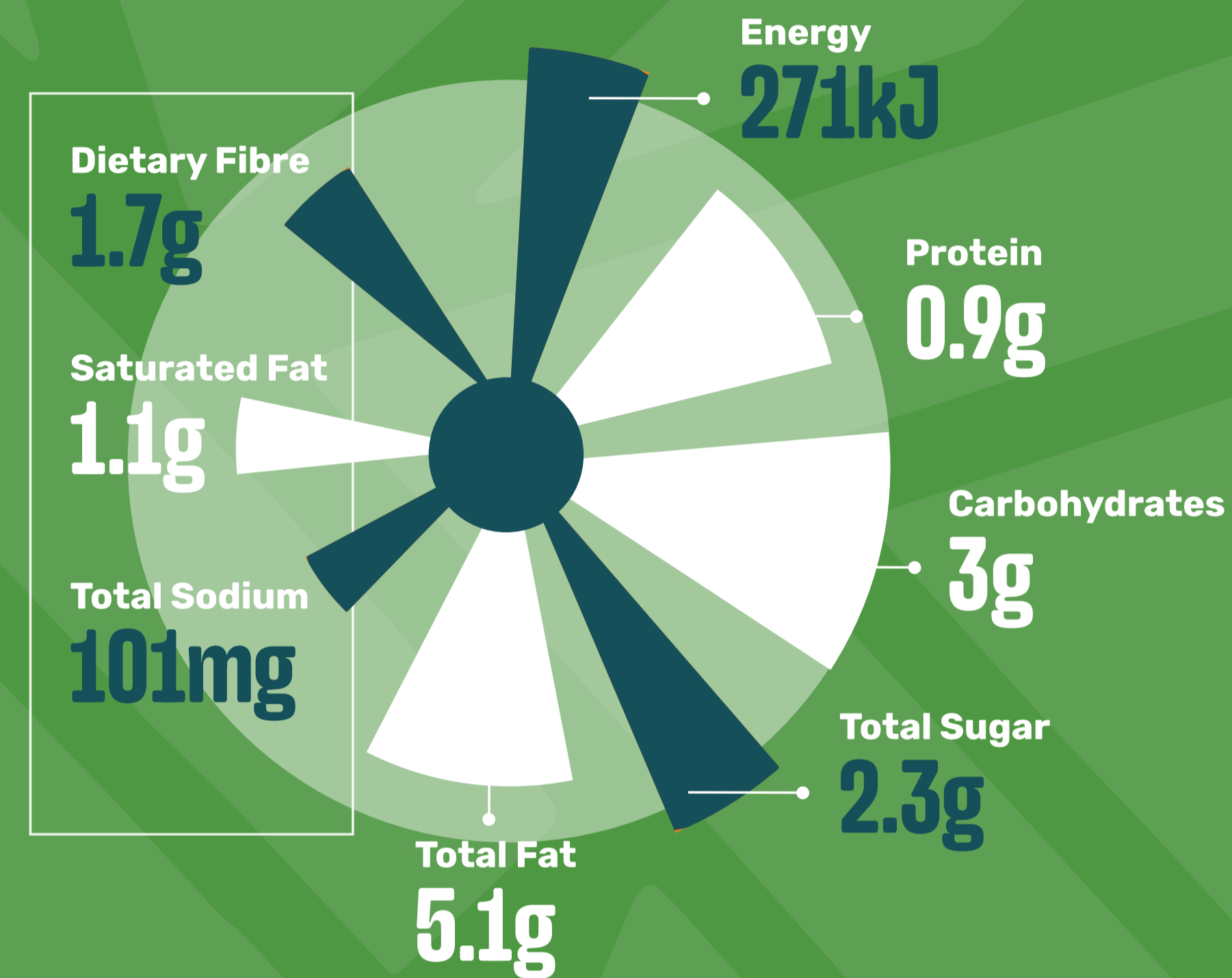
SALADS

Typical Nutritional Information for Ready-to-eat Product:

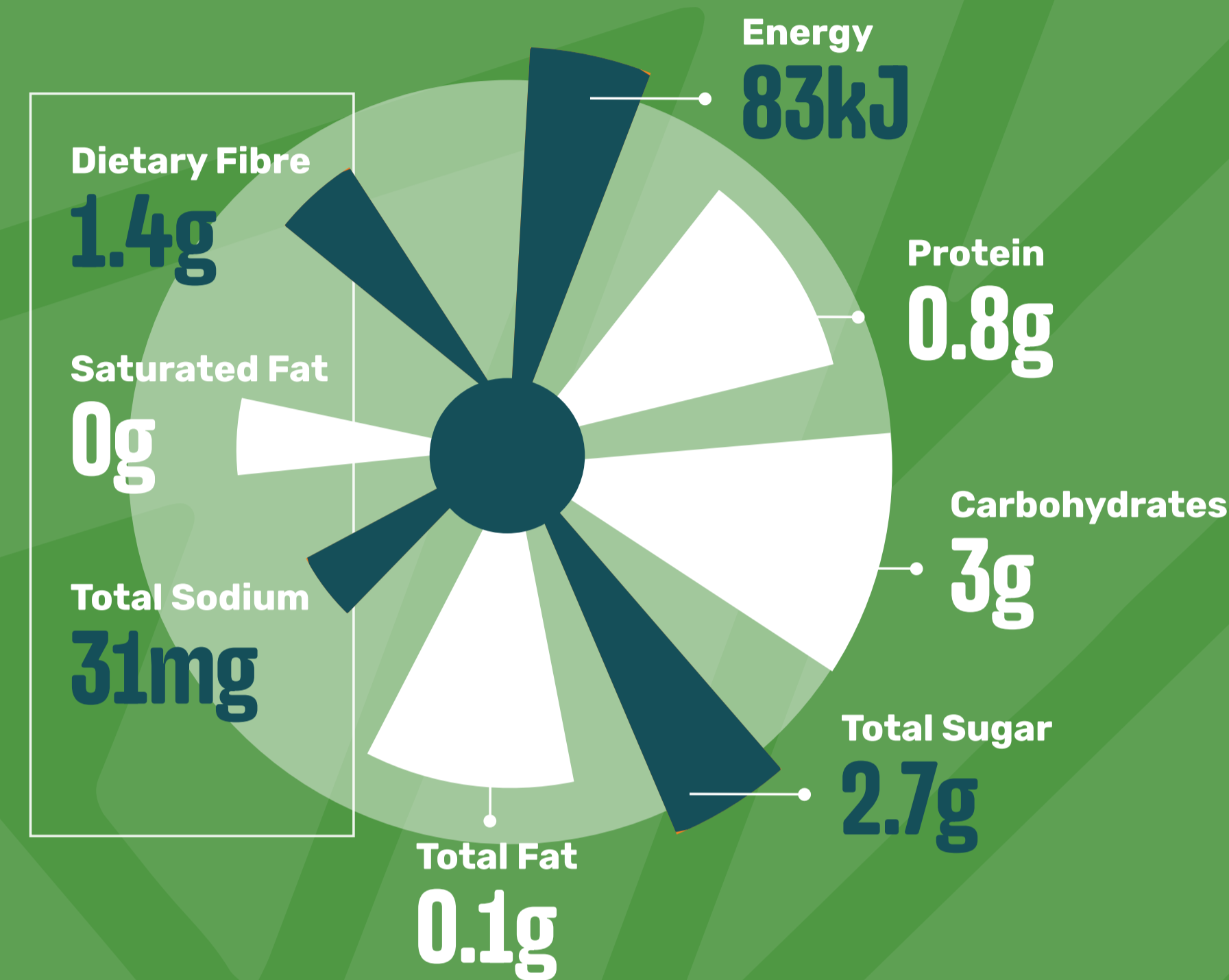
Per 100 g serving

GREEK SALAD - FULL

Contains: Cow's Milk

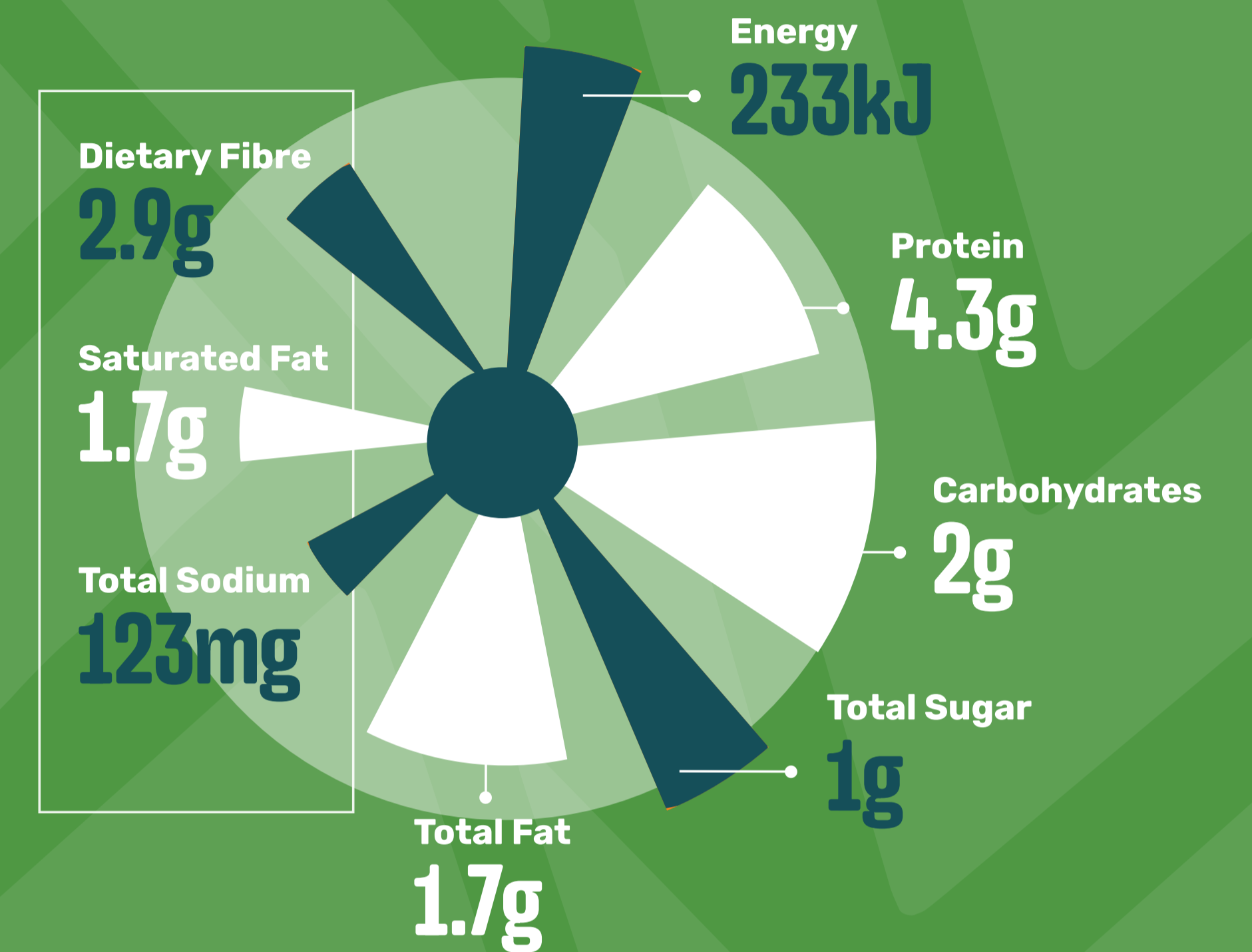


GARDEN SALAD - FULL



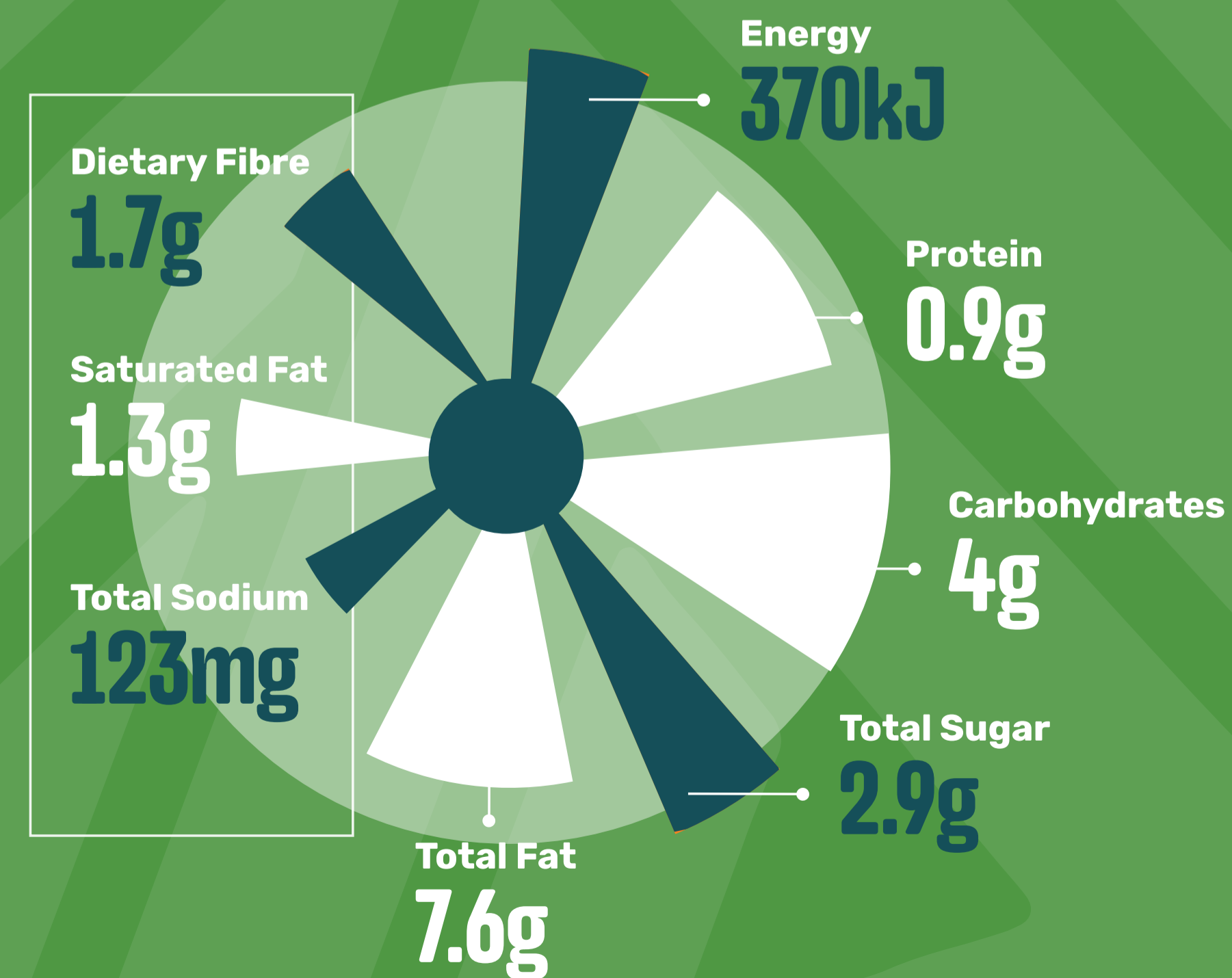
SPINACH

Contains: Cow's Milk

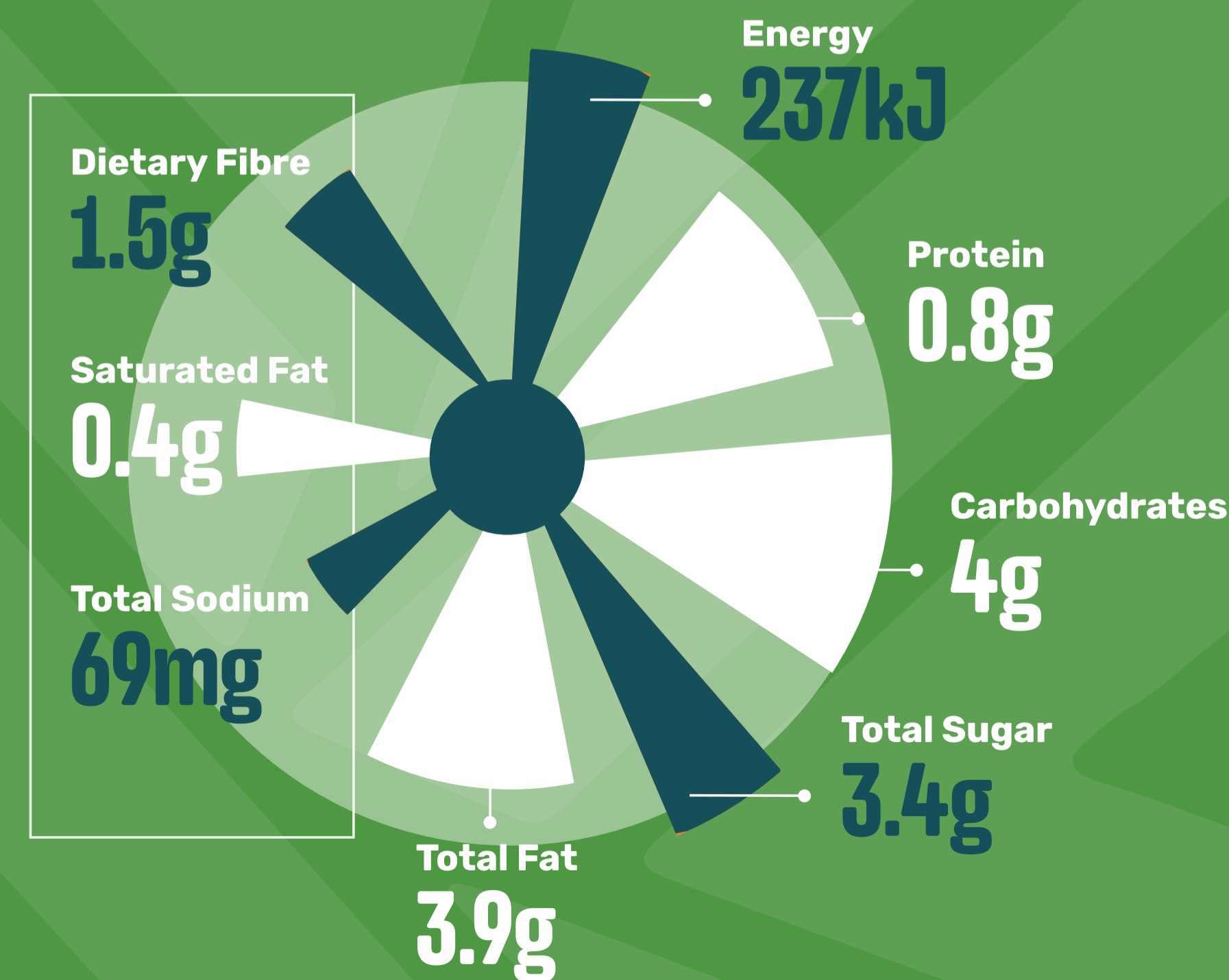


GREEK SALAD - SIDE

Contains: Cow's Milk



GARDEN SALAD - SIDE



BUTTERNUT

