Spur Steak Ranches are not a gluten or allergen-free environment, and while the utmost care is taken to minimise contact with allergens when requested, traces of gluten or other allergens may appear in the final dish served. Our meals are produced in kitchens containing allergens including nuts, gluten, wheat, shellfish, lactose and egg. Every effort is made to ensure vegan meals are cooked on separate surfaces, keep in mind that our plant-based meals are prepared in a kitchen that does handle animal products. Please note our fish may contain small bones.

The allergen and nutritional information provided is accurate and up-to-date to the best of our knowledge. It is based on information provided by our manufacturers and suppliers and Spur Corporation (Pty) Limited will not be held liable for any omission or failure to provide updated or correct information nor negligence on the part of the supplier nor manufacturer.

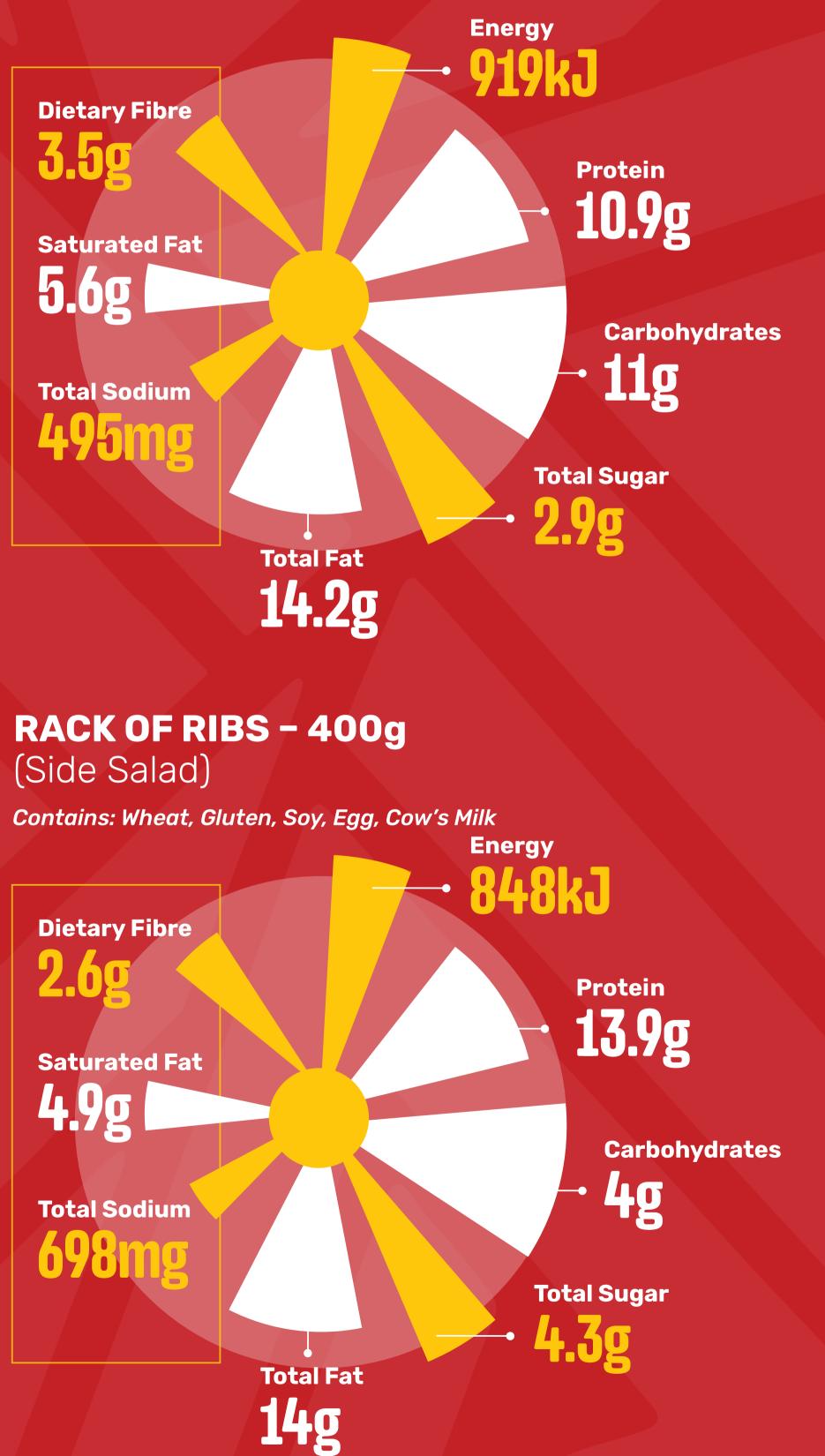
RBS, GRILS & COMBOS

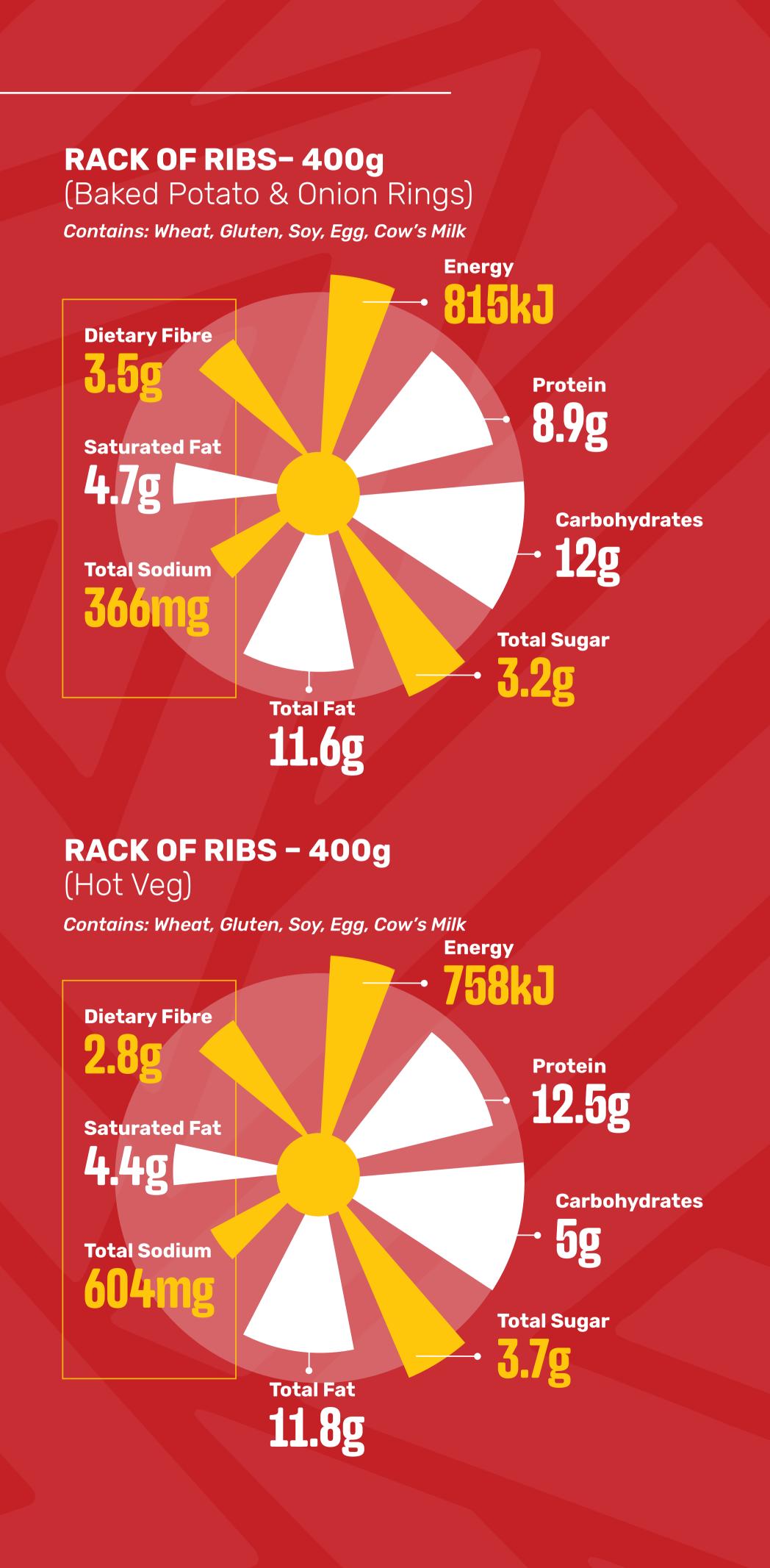


Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

RACK OF RIBS – 400g (Chips & Onion Rings)







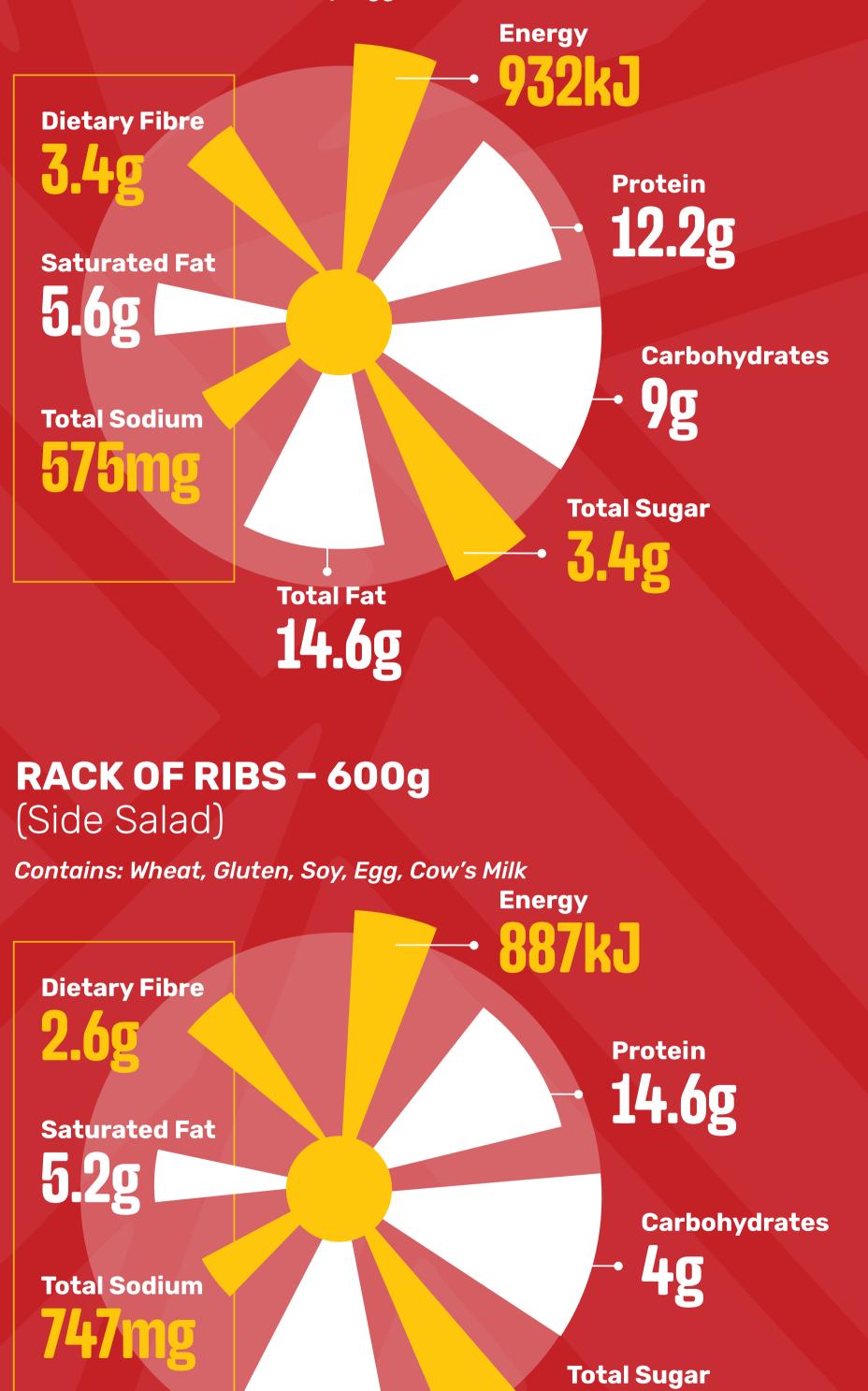


Typical Nutritional Information for Ready-to-eat Product:

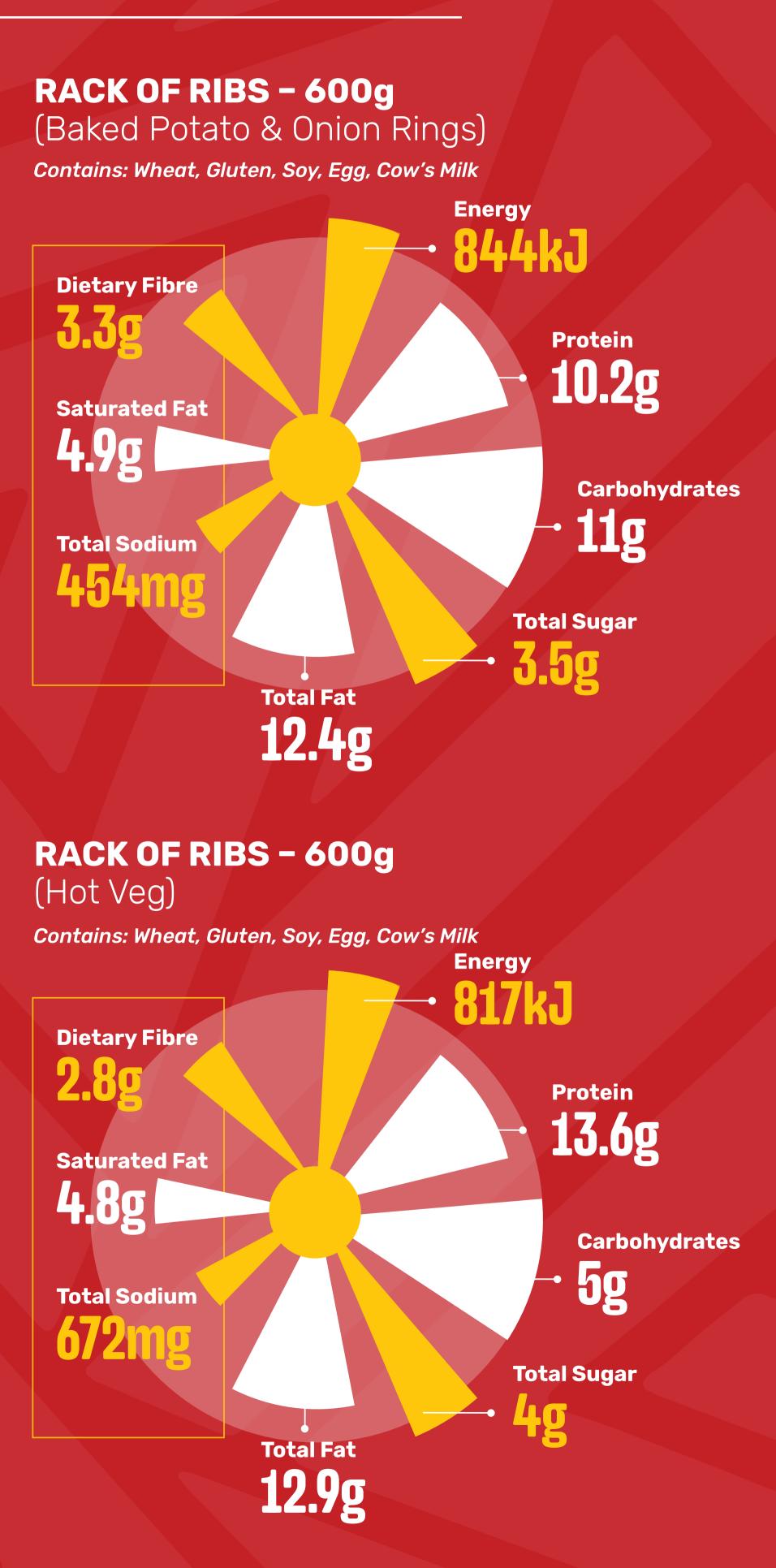
Per 100 g serving

RACK OF RIBS - 600g (Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



Total Fat 14.6g



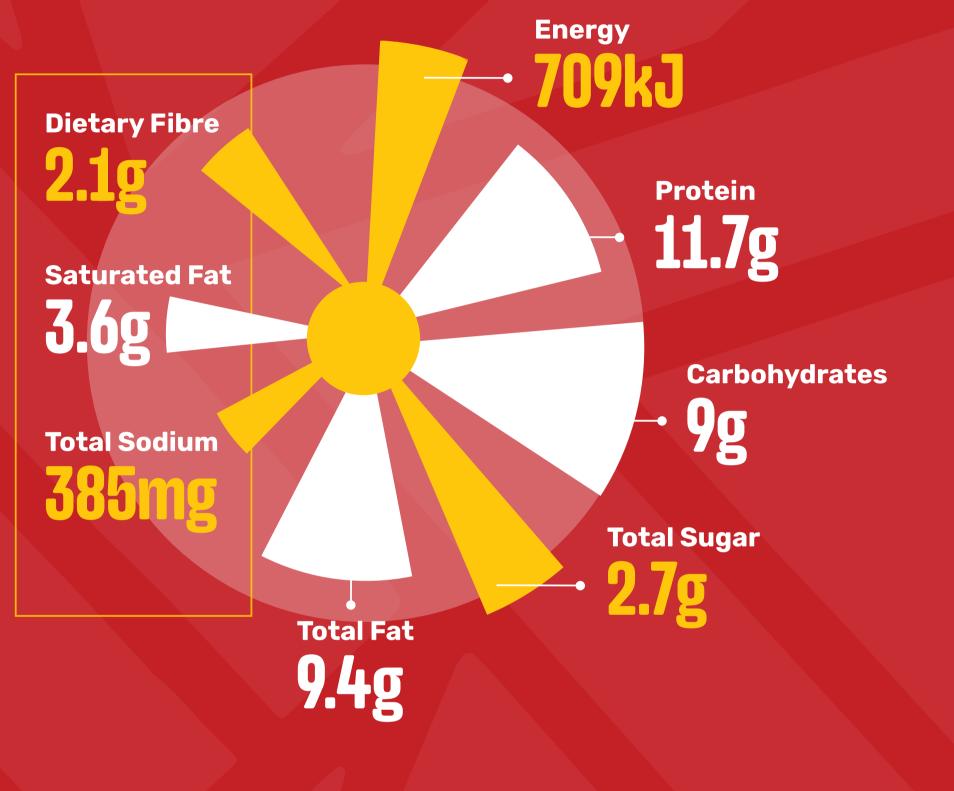


COMPANYTypical NutritionalBer 100 g serving

APACHE COMBO

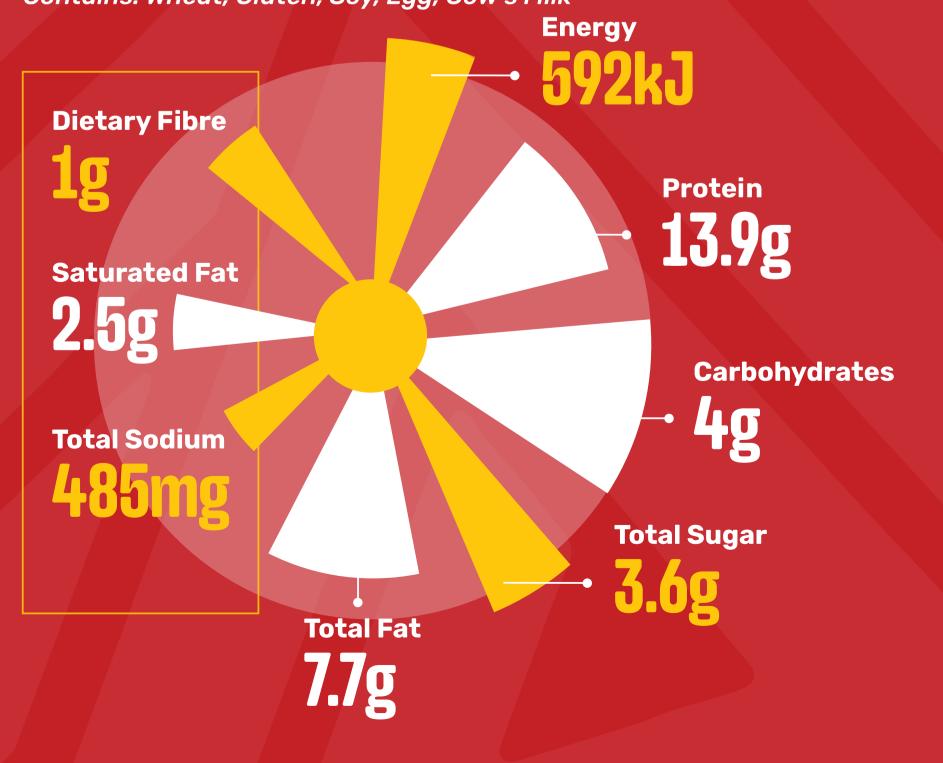
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk

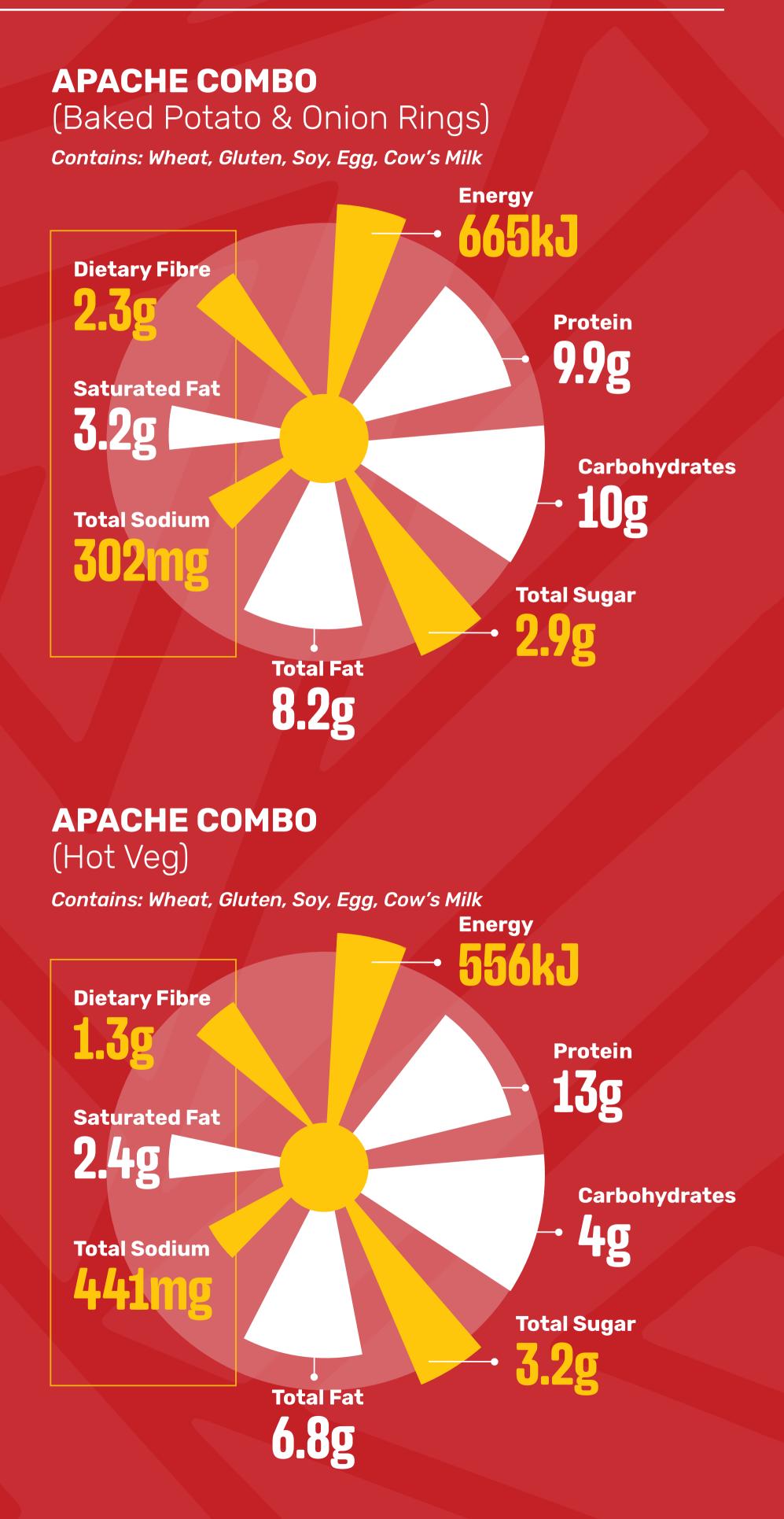


APACHE COMBO

(Side Salad) Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



Typical Nutritional Information for Ready-to-eat Product:

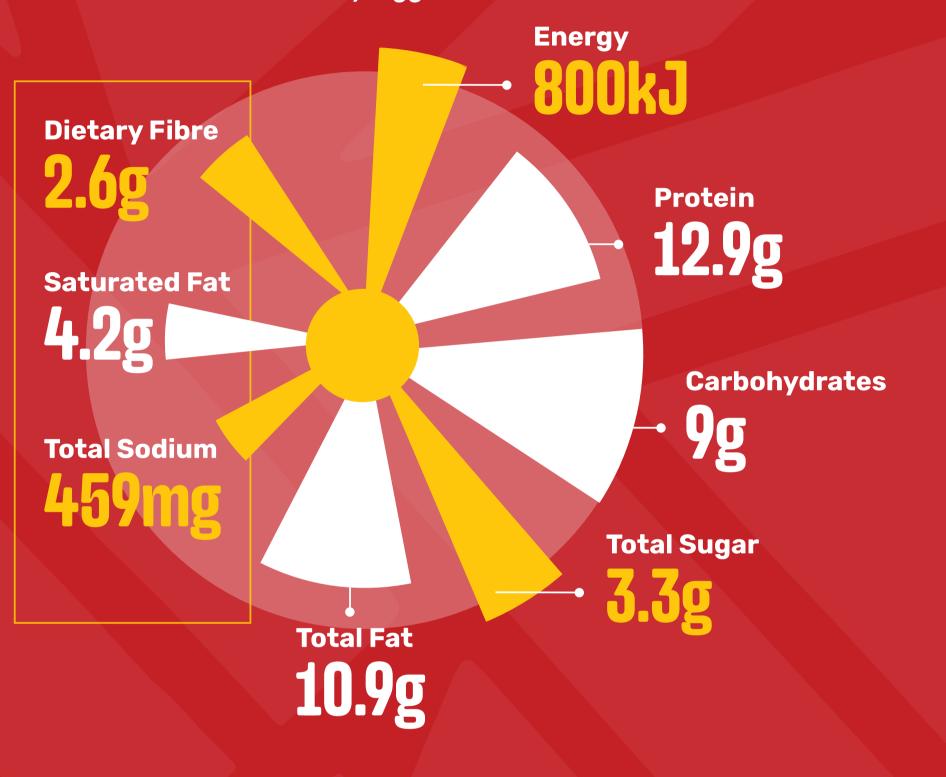




CONTROL Typical Nutritional Per 100 g serving

MOHAWK COMBO (Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



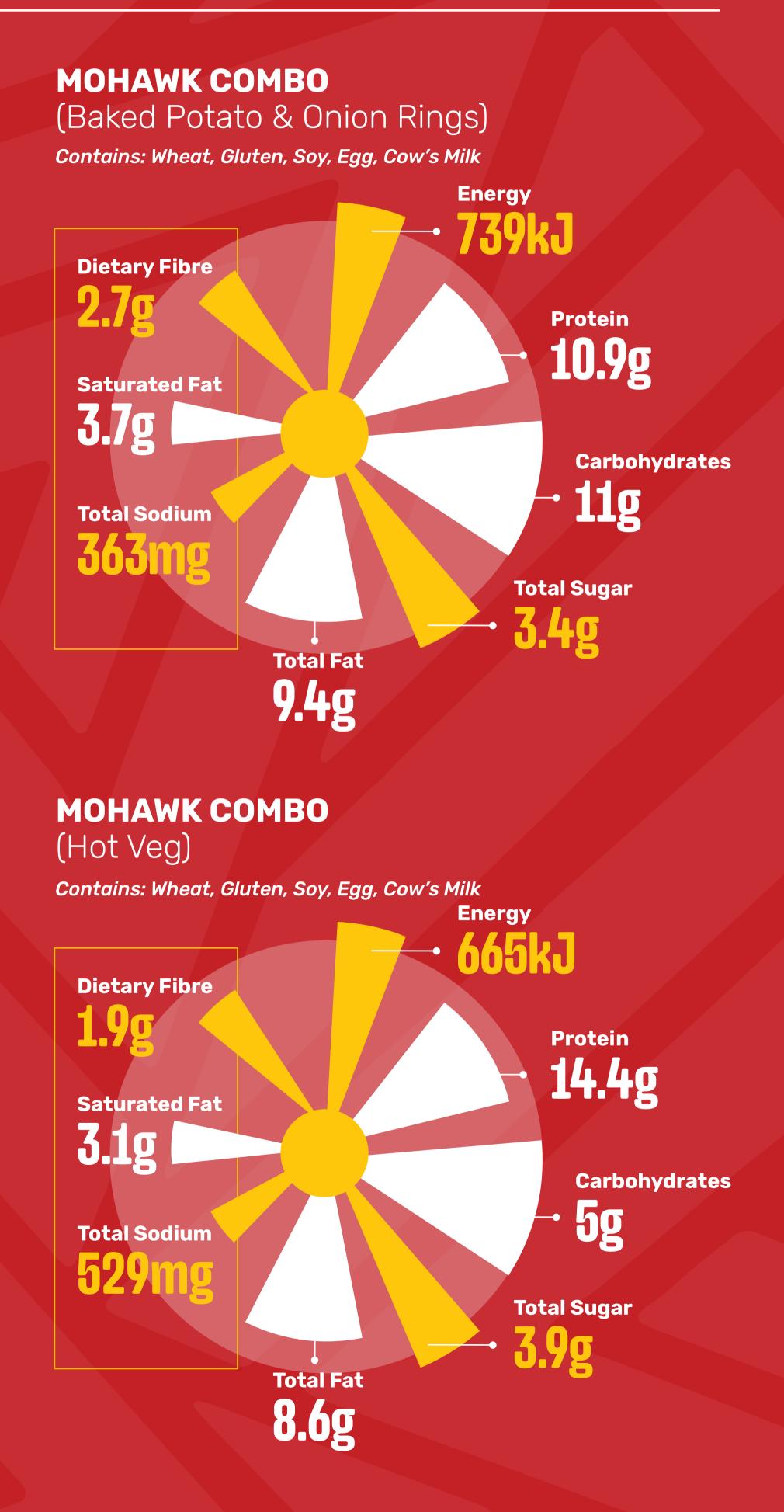
MOHAWK COMBO

(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk Energy

Dietary Fibre 1.7g Saturated Fat 3.3g Total Sodium 58440g Total Fat 9.7g

Typical Nutritional Information for Ready-to-eat Product:

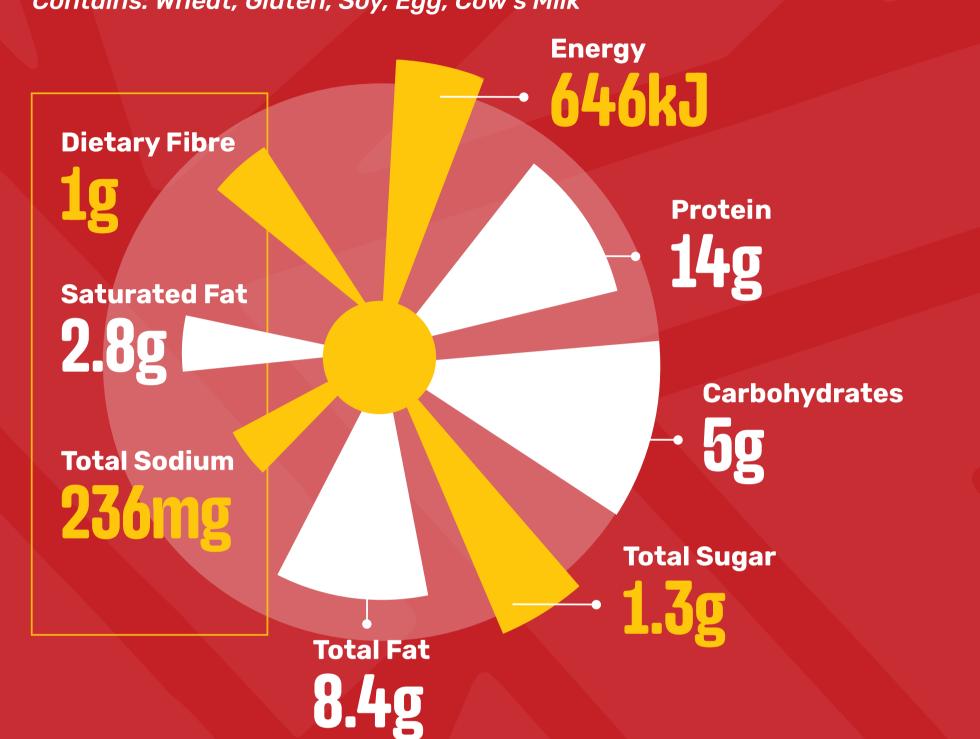


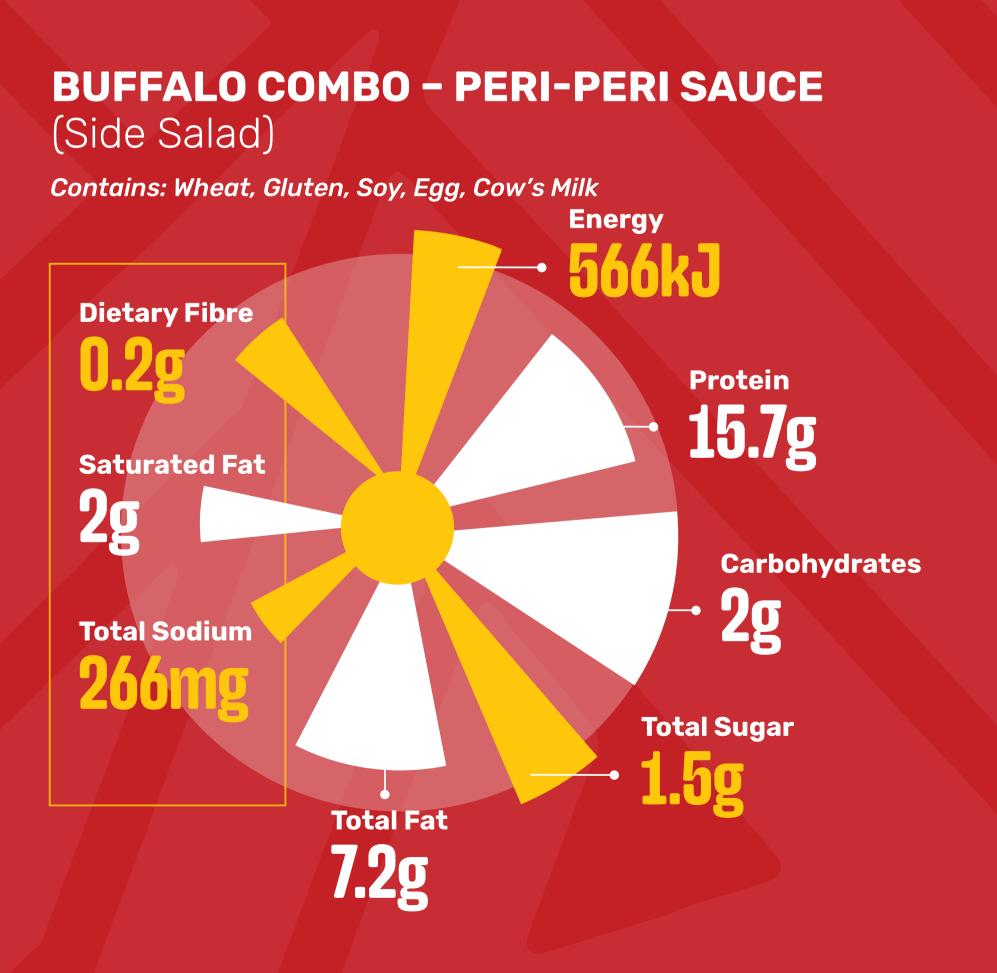


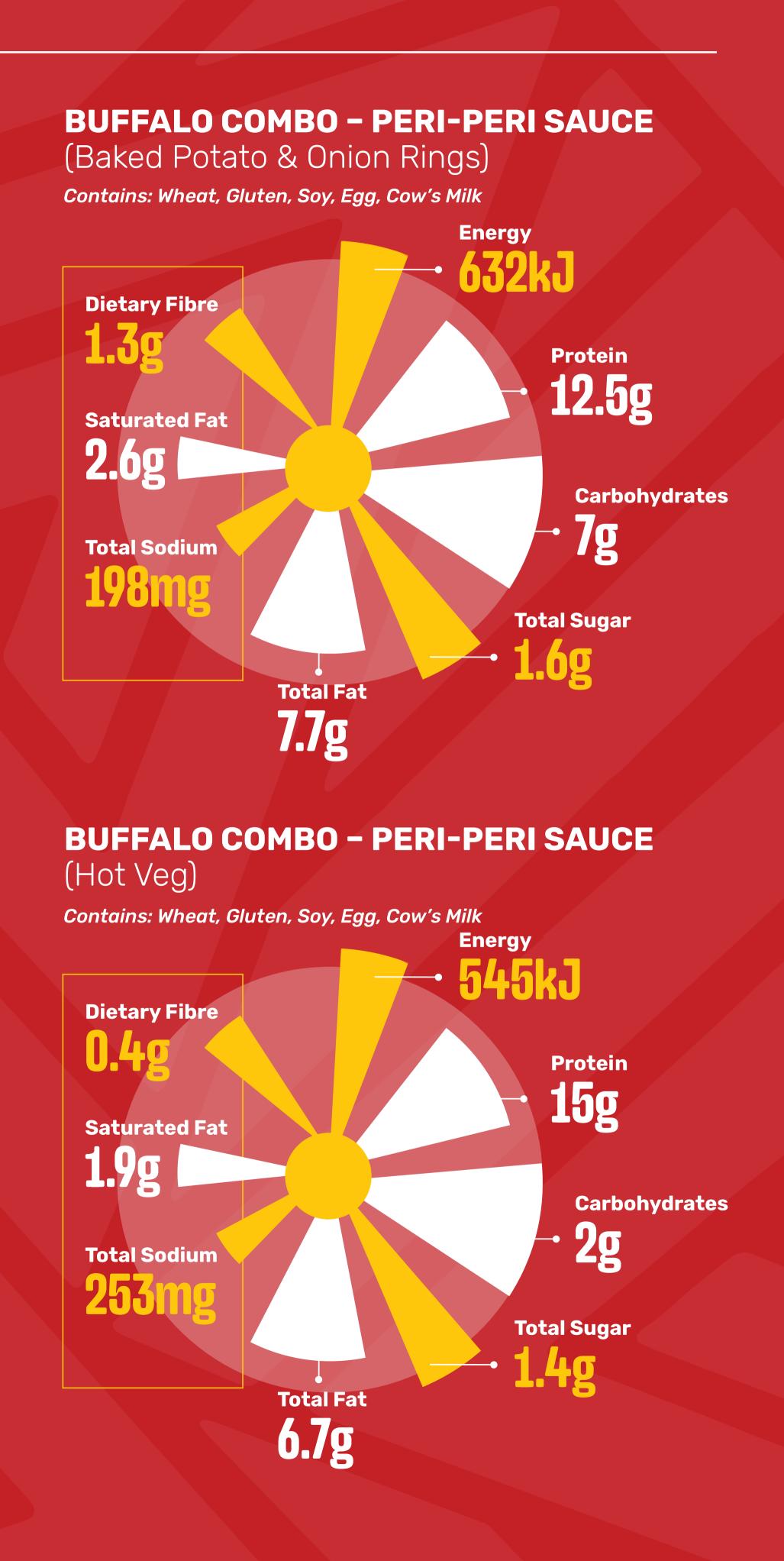
Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

BUFFALO COMBO – PERI-PERI SAUCE (Chips & Onion Rings) Contains: Wheat, Gluten, Soy, Egg, Cow's Milk





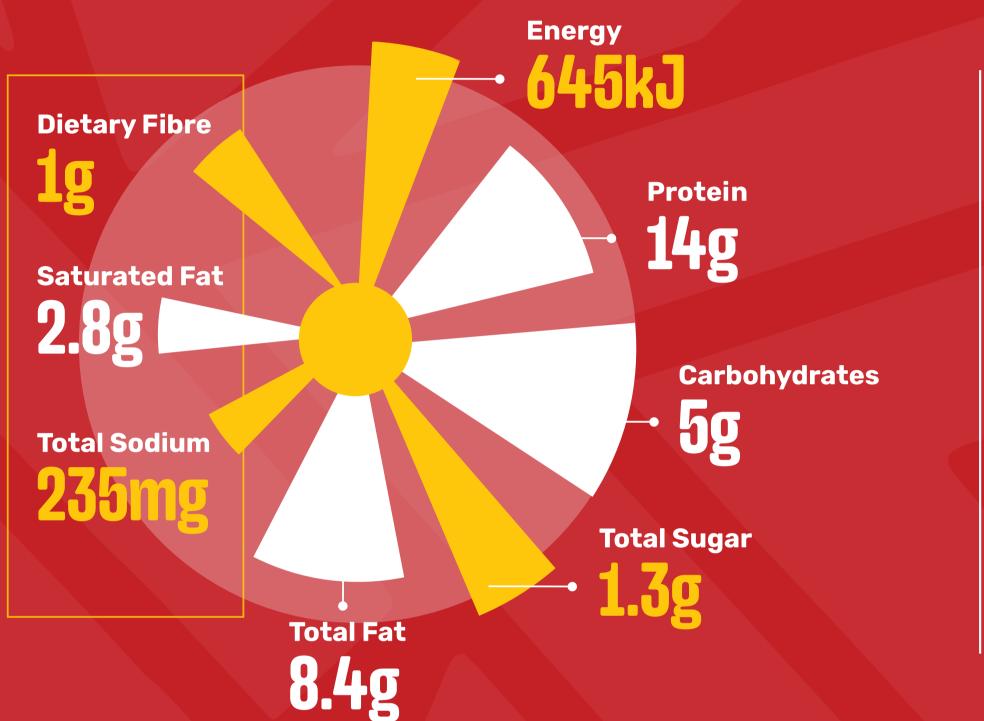


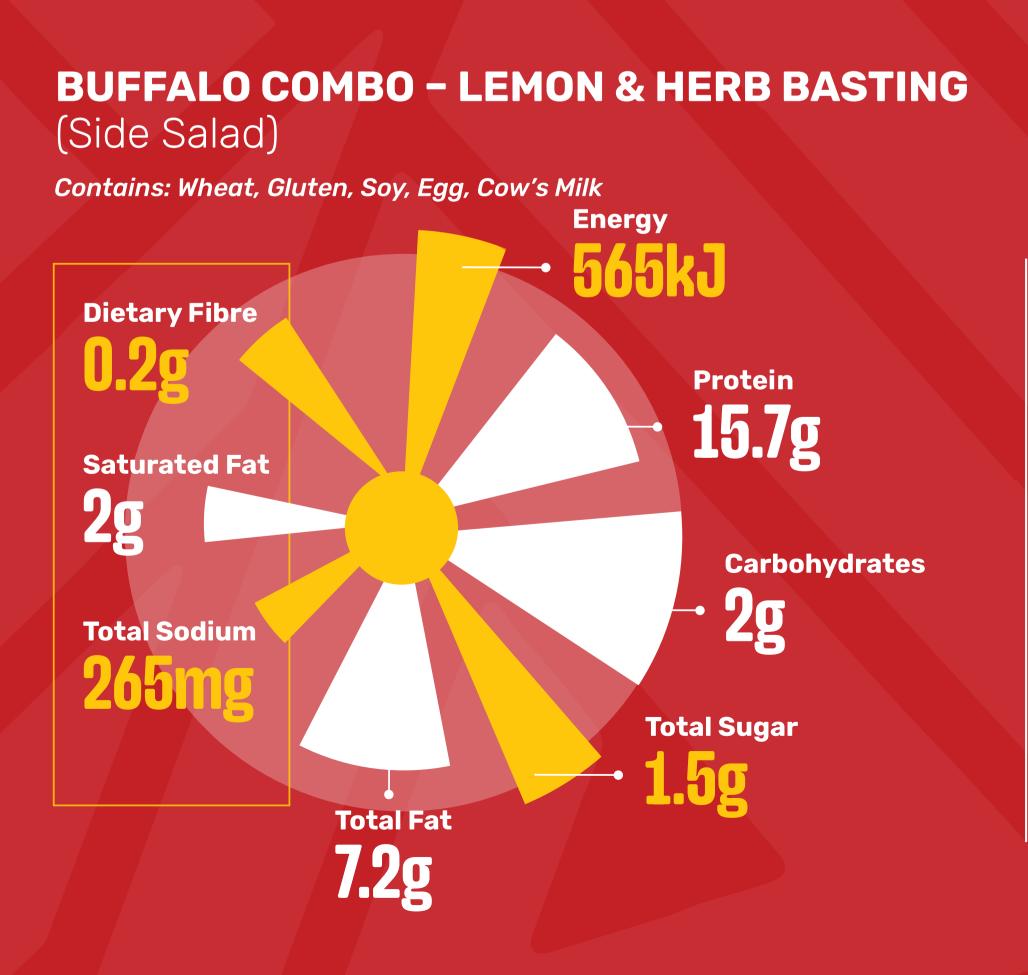


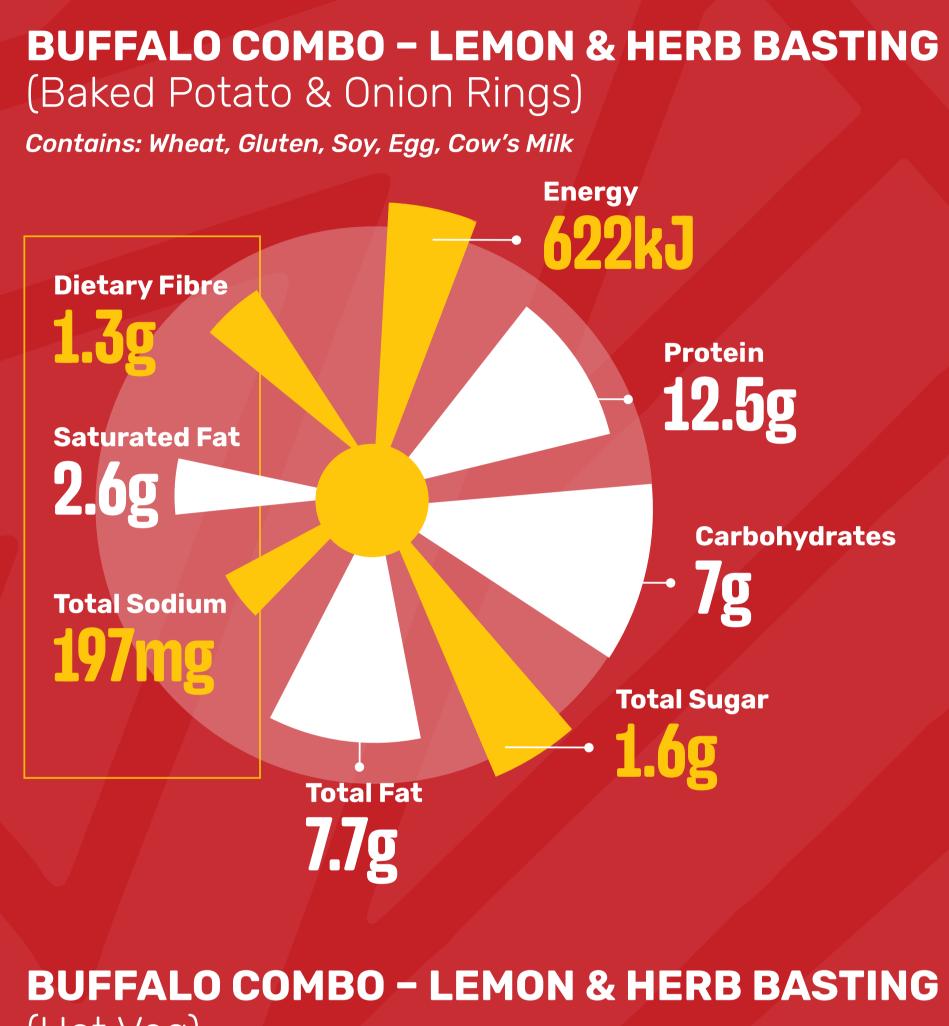
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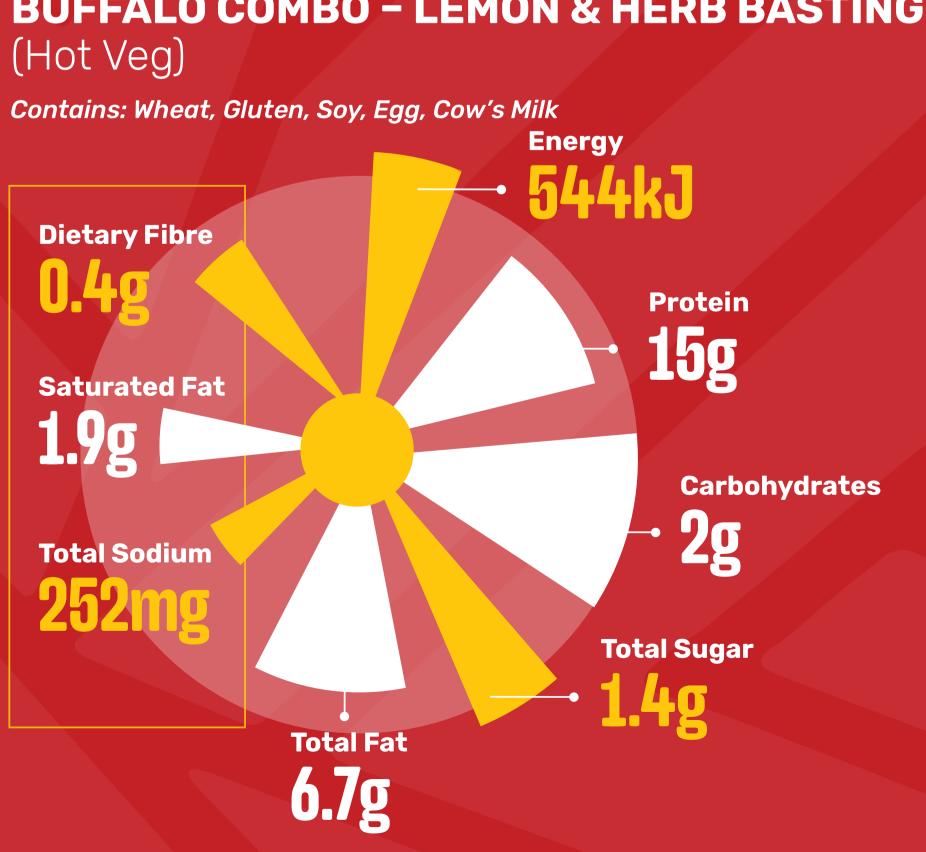
Per 100 g serving

BUFFALO COMBO – LEMON & HERB BASTING (Chips & Onion Rings)







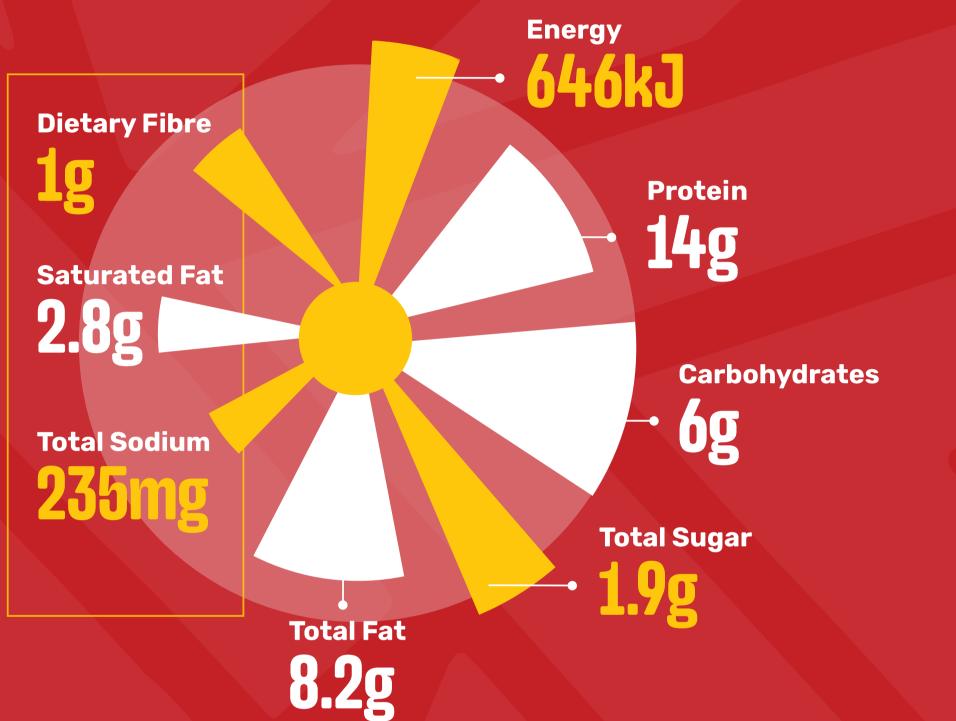


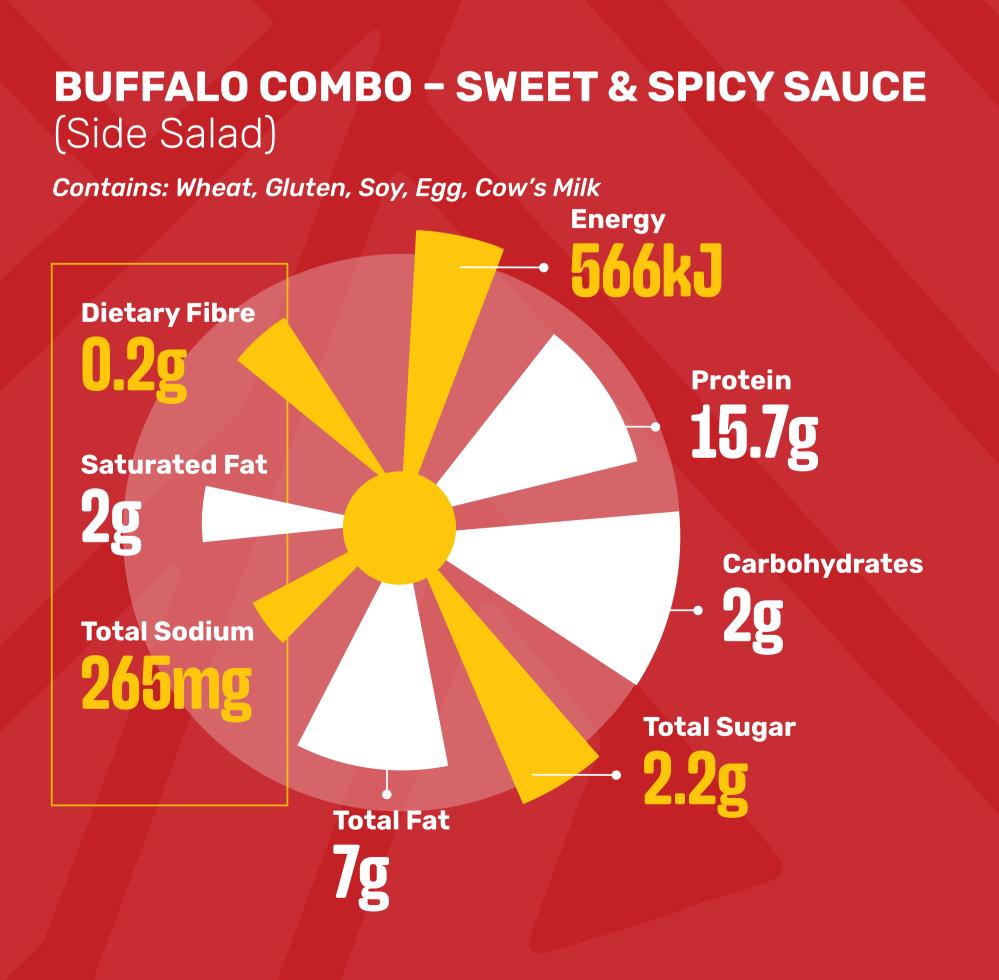


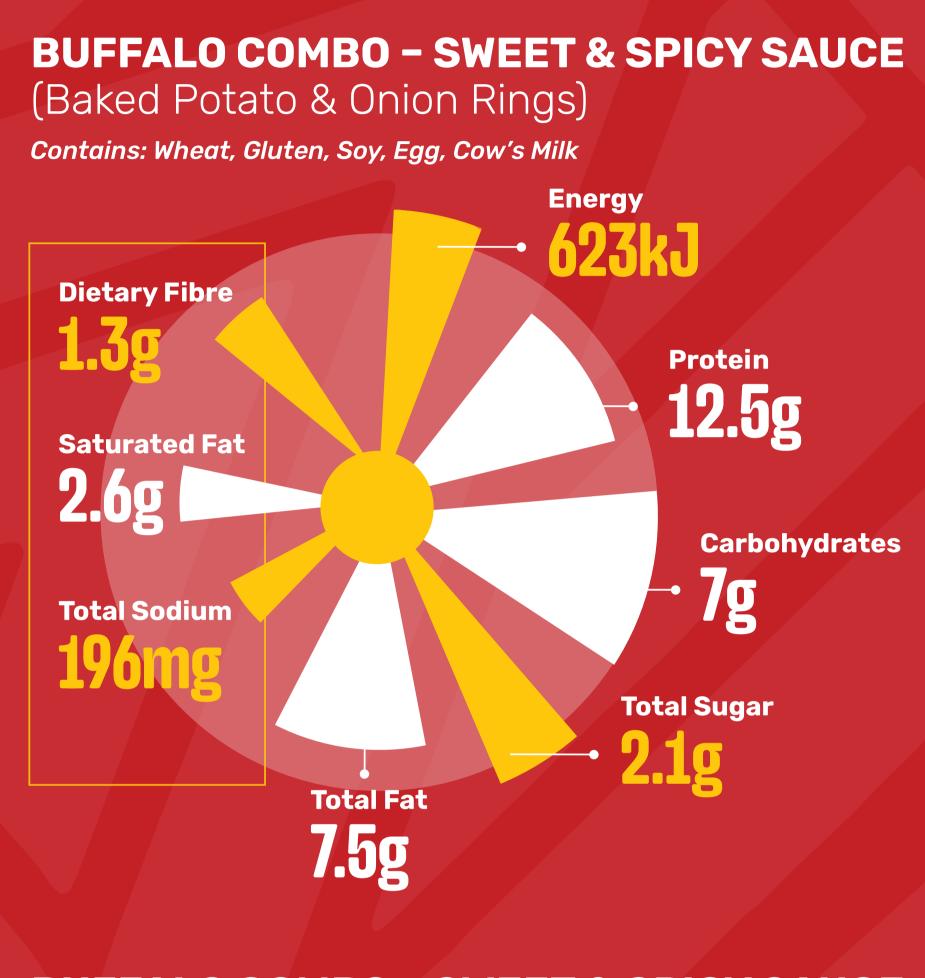
Typical Nutritional Information for Ready-to-eat Product:

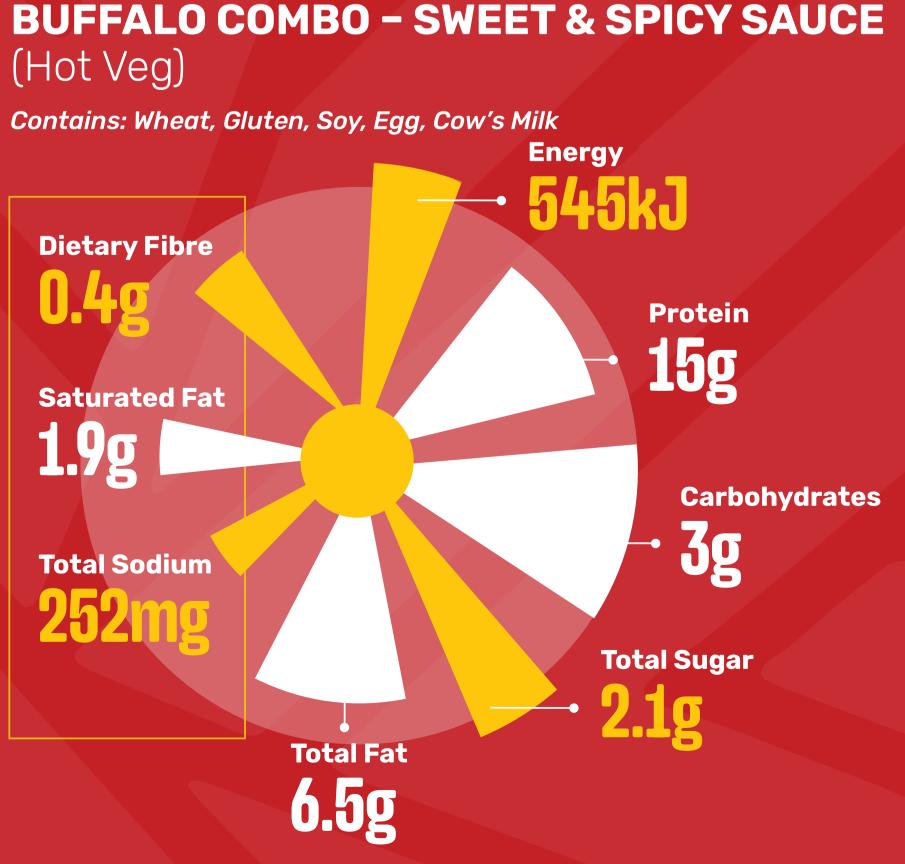
Per 100 g serving

BUFFALO COMBO – SWEET & SPICY SAUCE (Chips & Onion Rings)







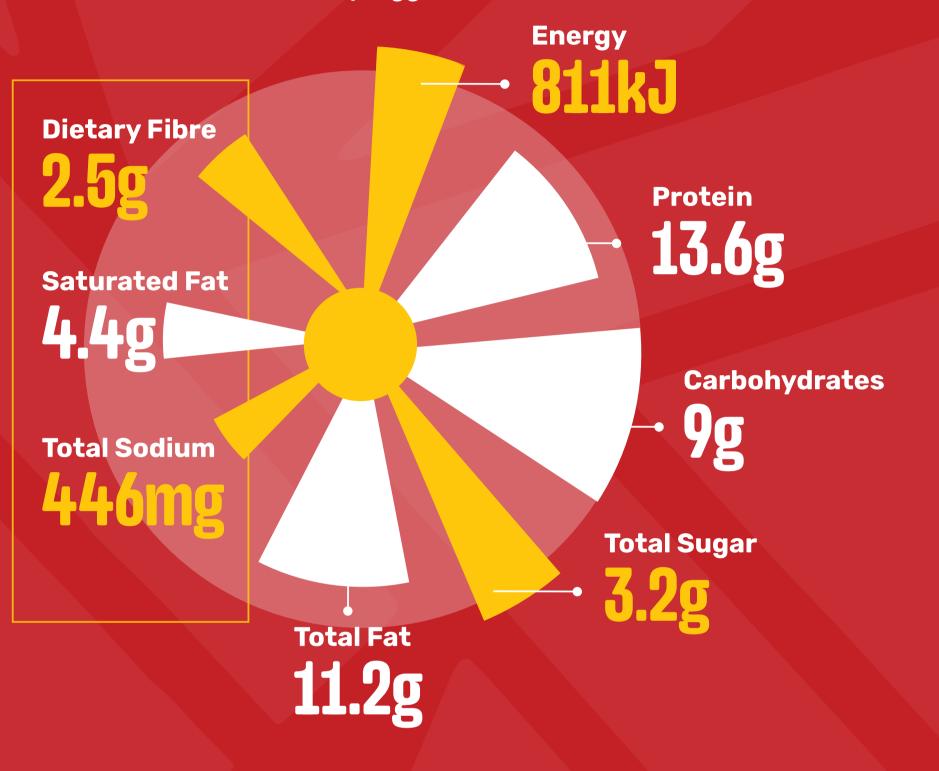




COMPANYTypical NutritionalBer 100 g serving

WARRIOR COMBO (Chips & Onion Rings)

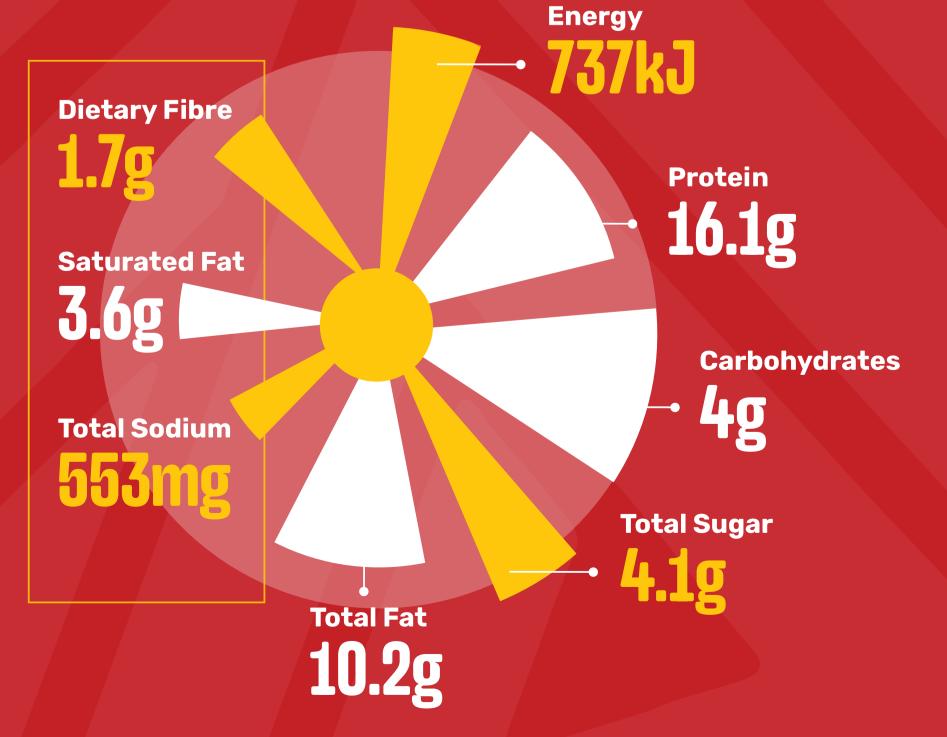
Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



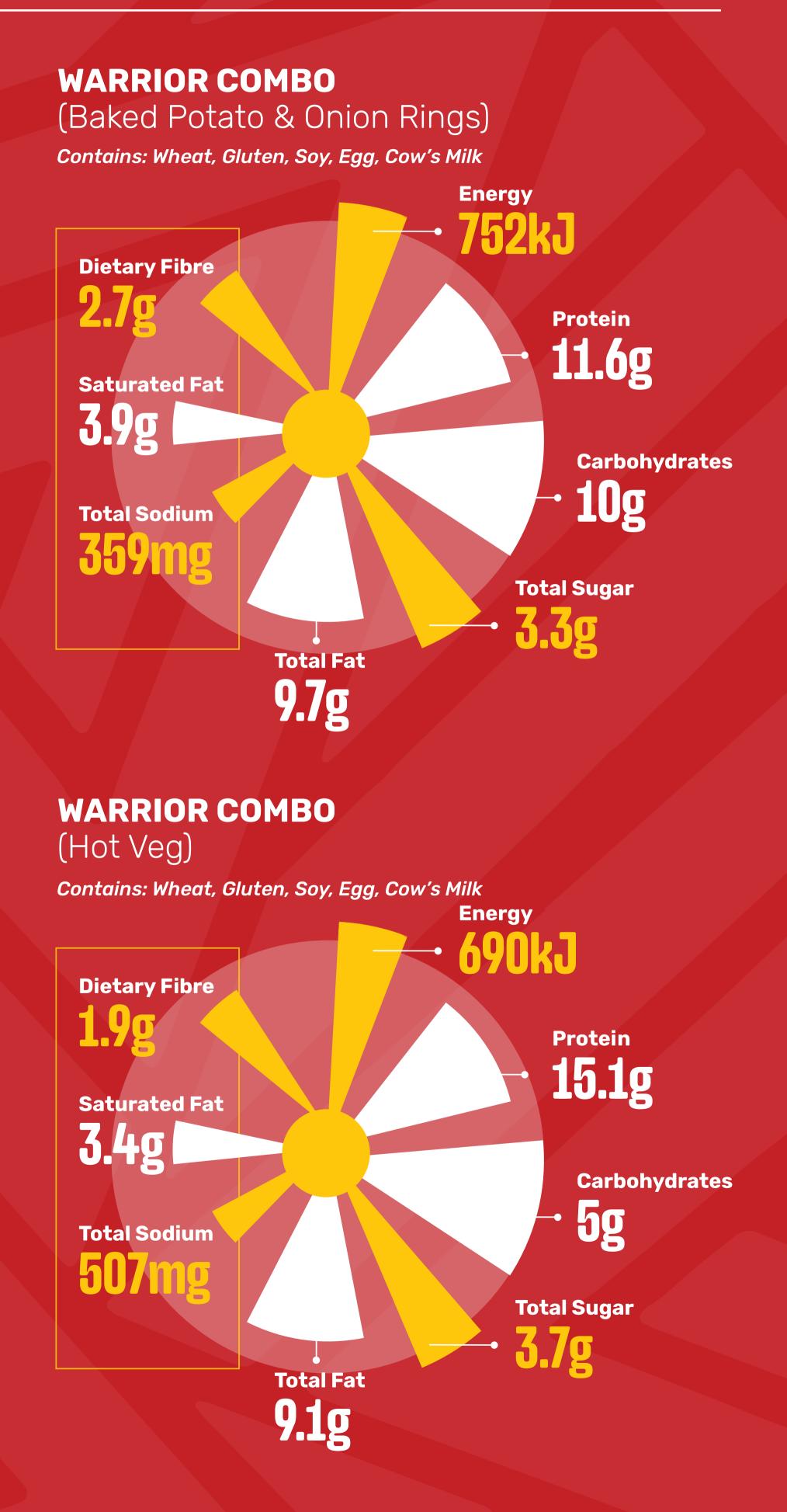
WARRIOR COMBO

(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



Typical Nutritional Information for Ready-to-eat Product:





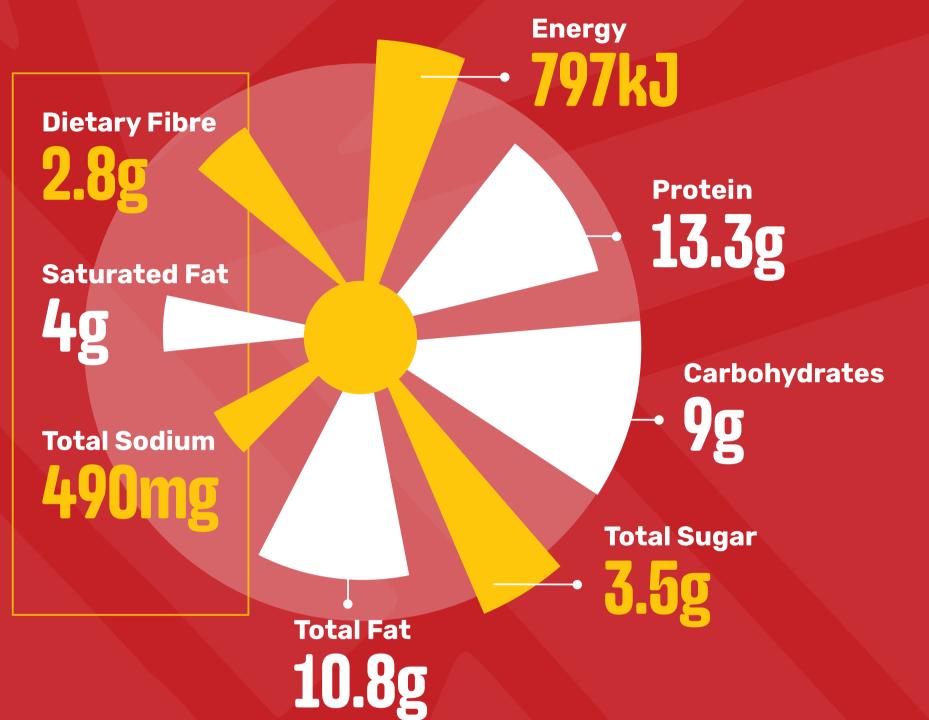
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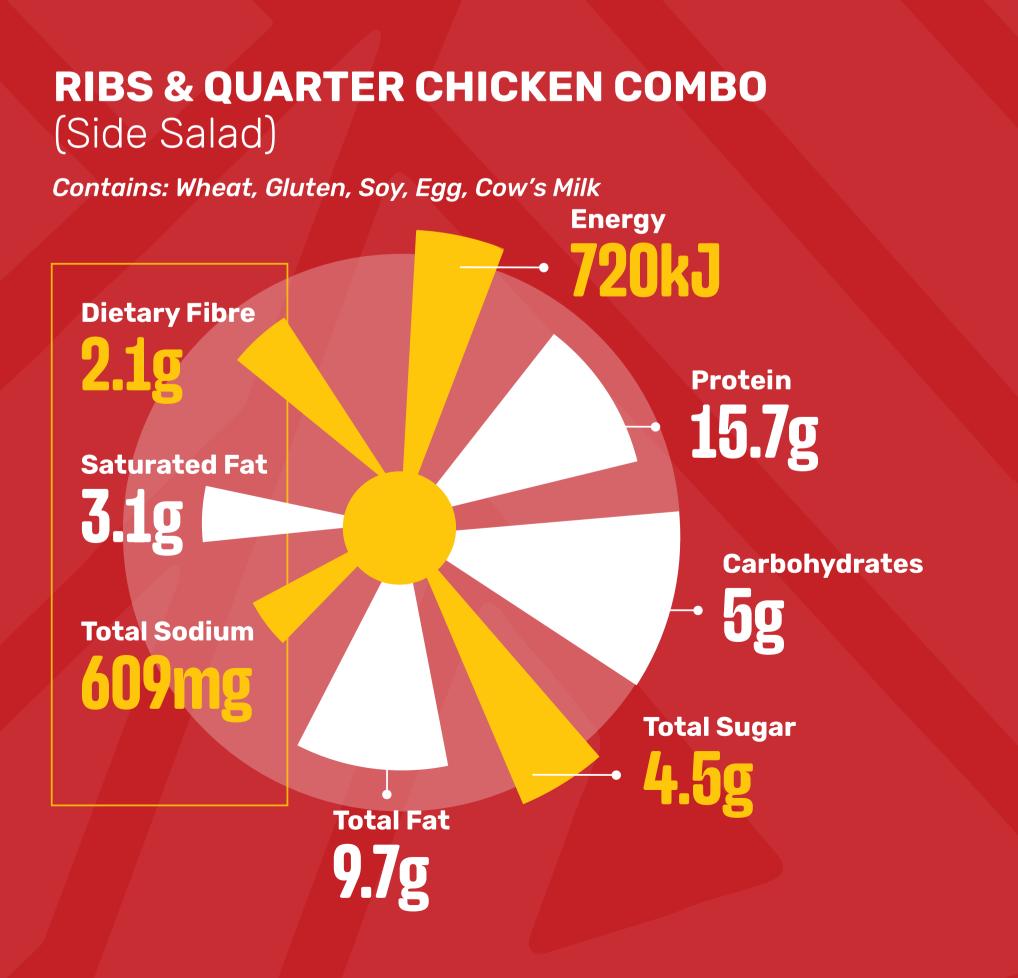
Typical Nutritional Information for Ready-to-eat Product:

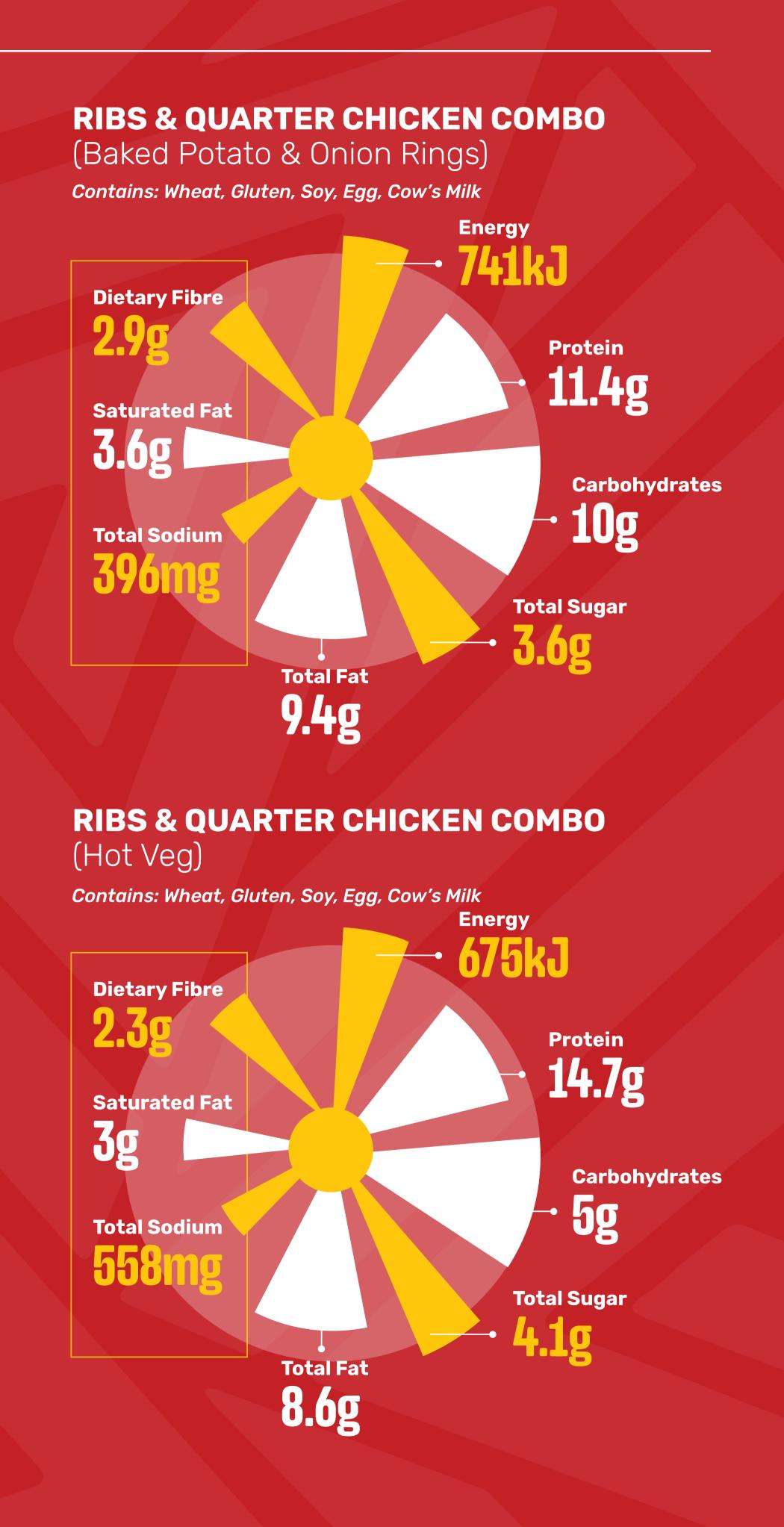
Per 100 g serving

RIBS & QUARTER CHICKEN COMBO

(Chips & Onion Rings)





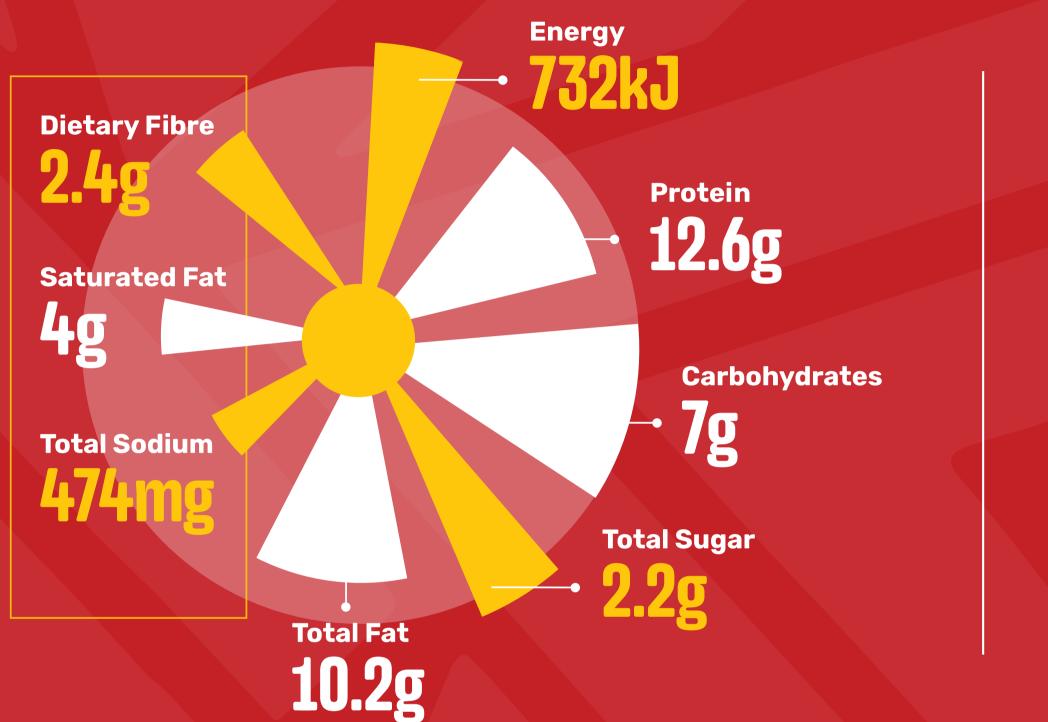


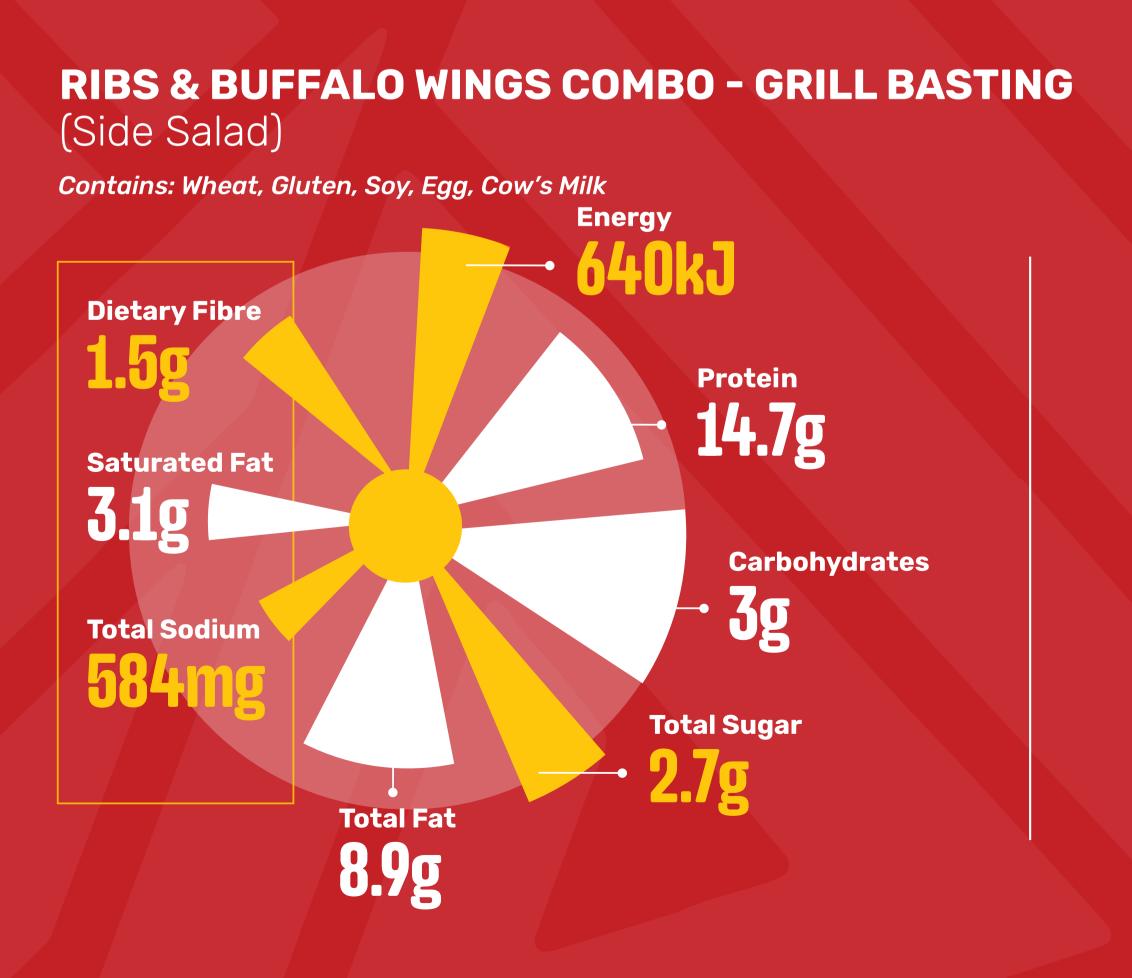


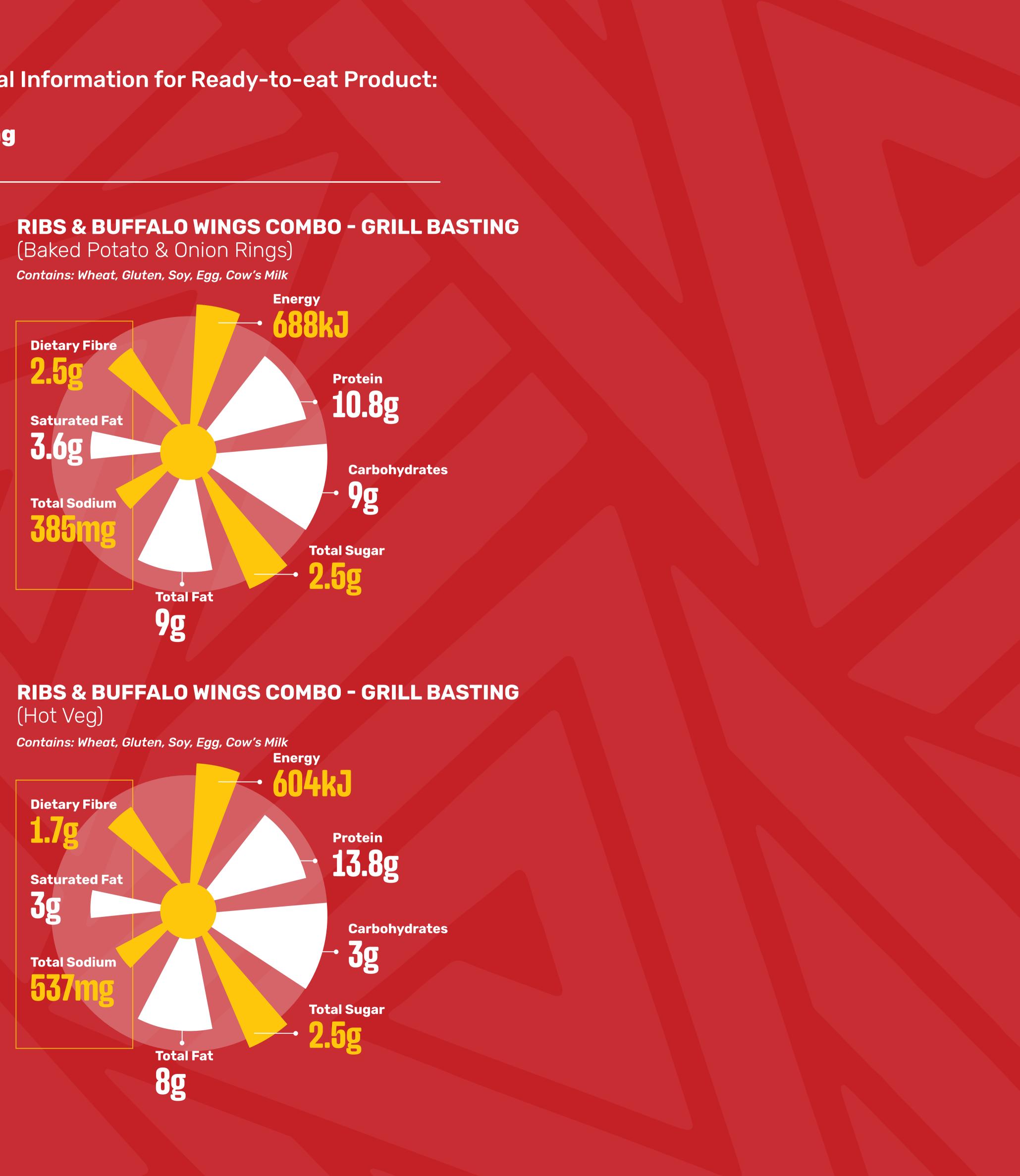
Typical Nutritional Information for Ready-to-eat Product:

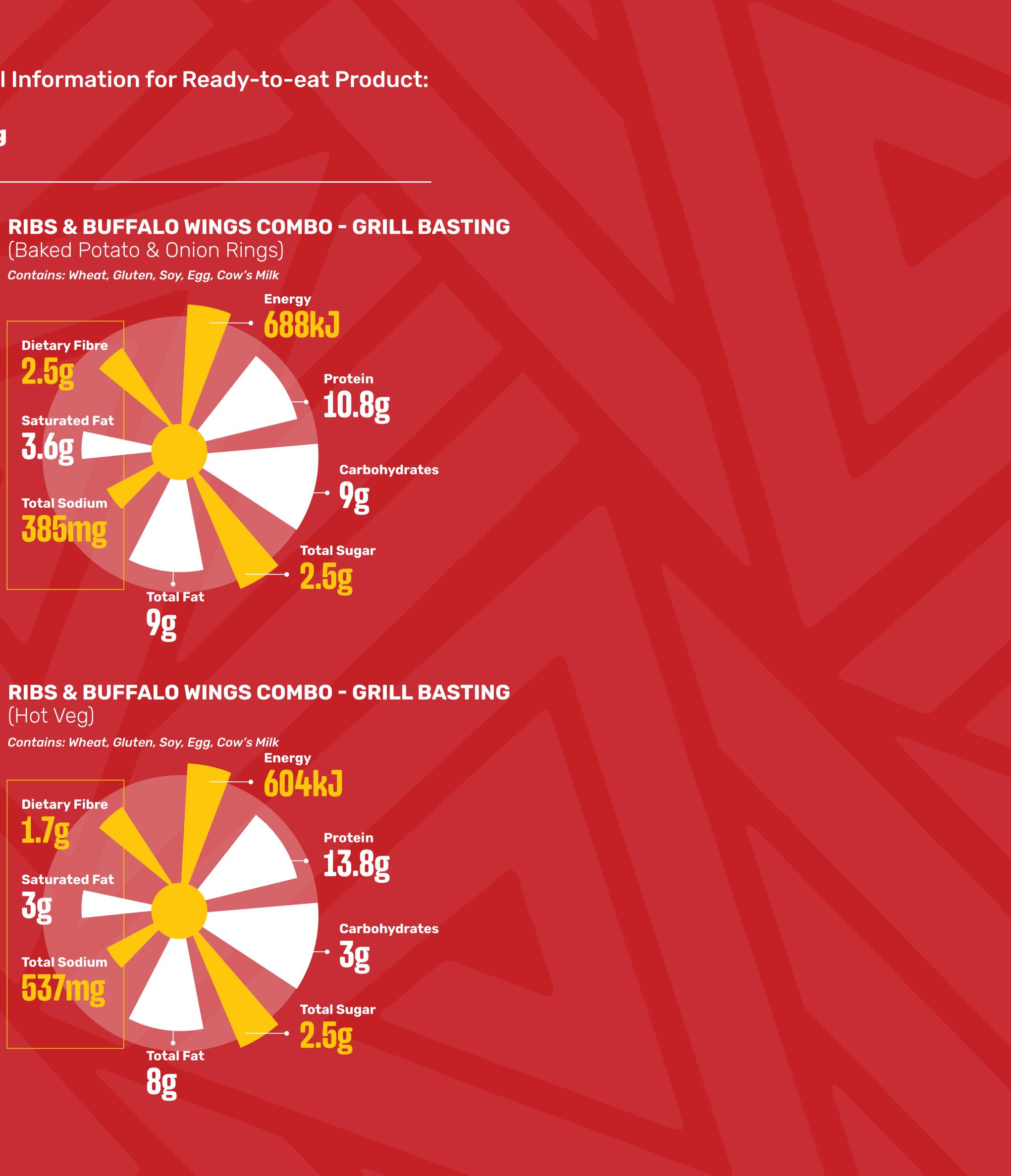
Per 100 g serving

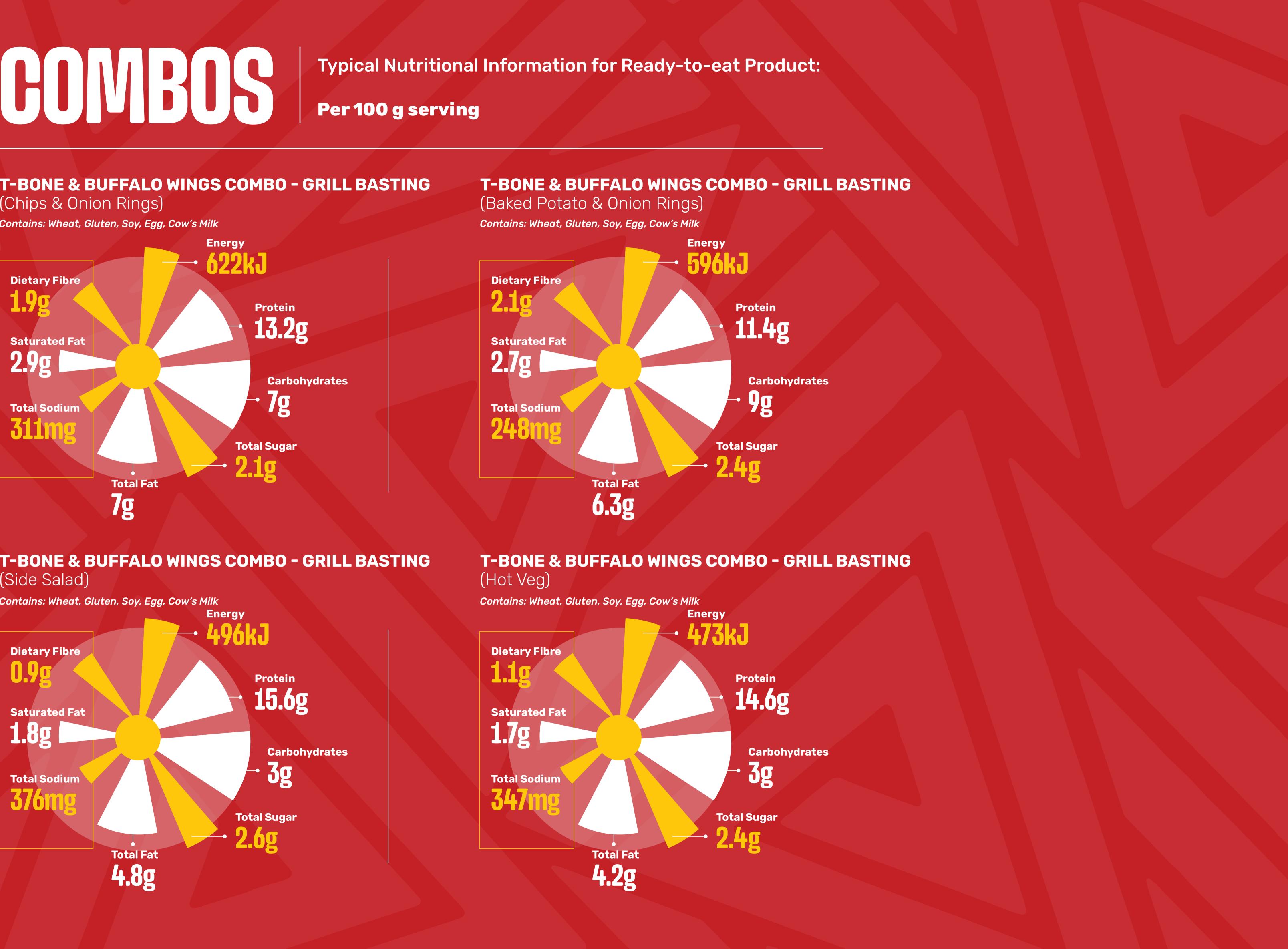
RIBS & BUFFALO WINGS COMBO - GRILL BASTING (Chips & Onion Rings)

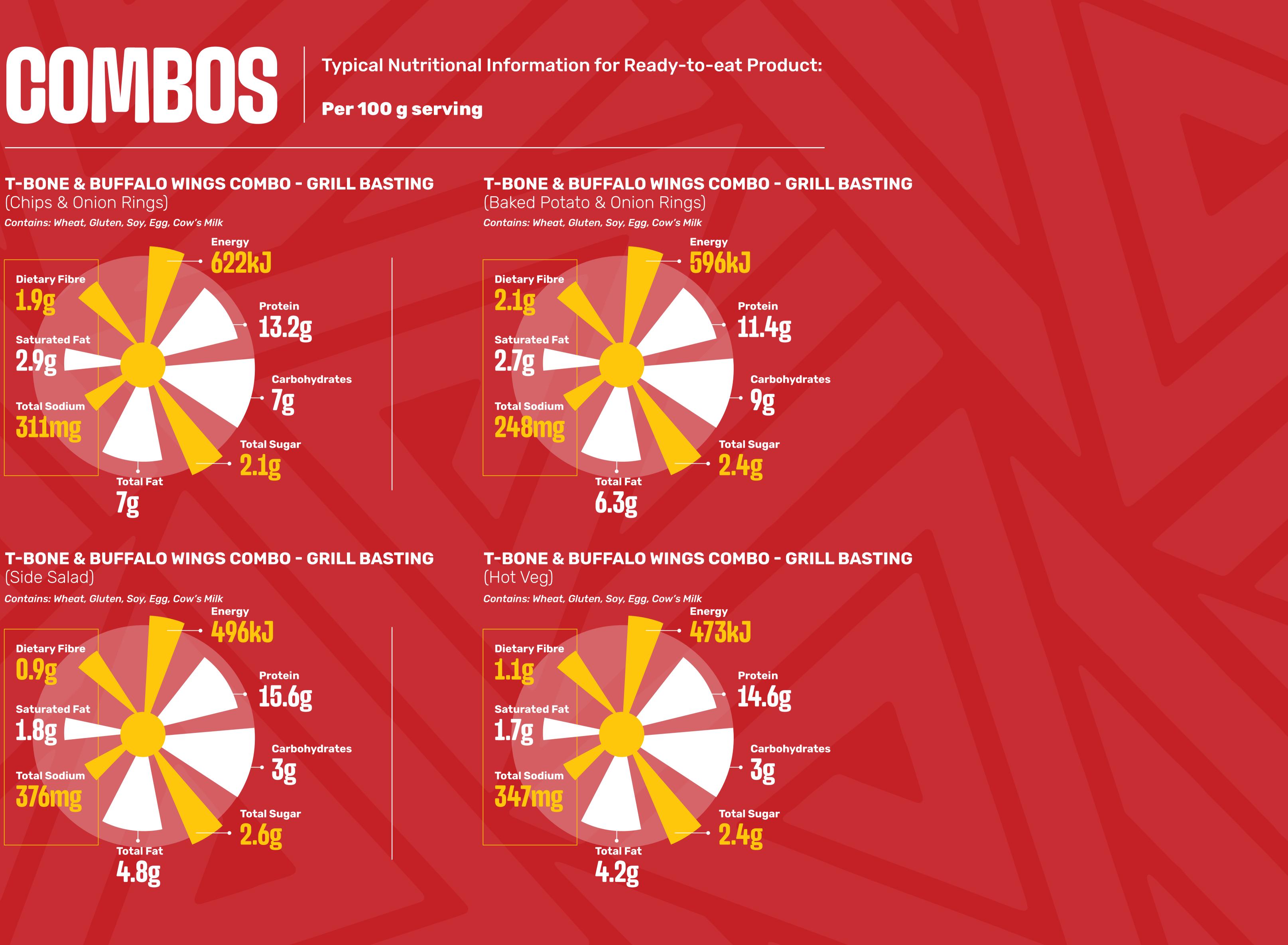














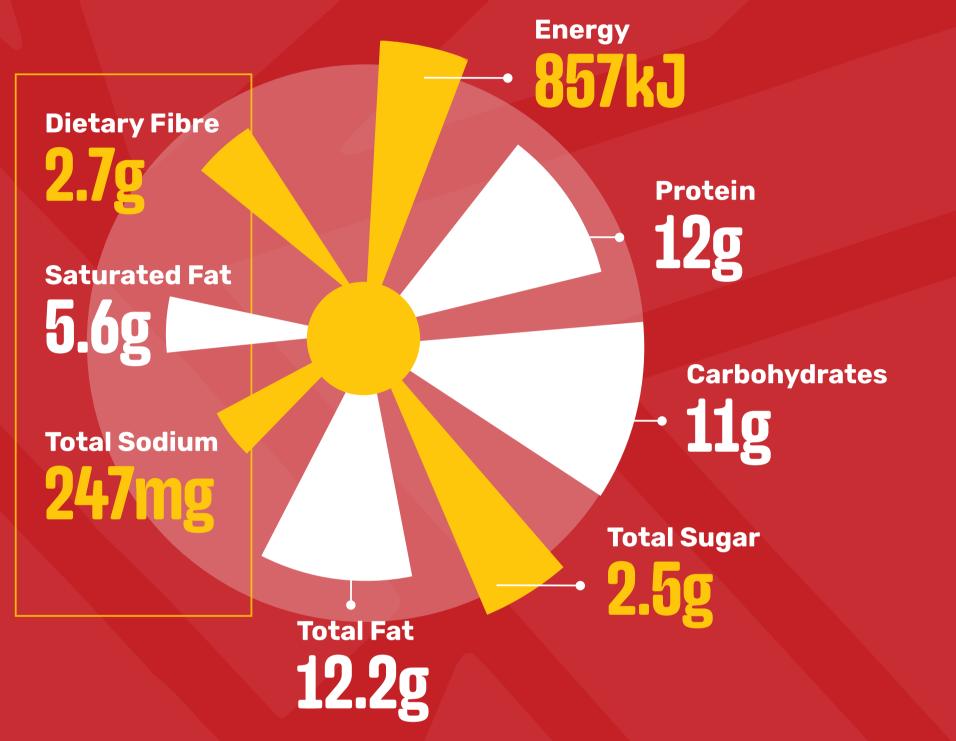
Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

LAMB CHOPS

(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



LAMB CHOPS

(Side Salad)

