# PLANT-BASED

Spur Steak Ranches are not a gluten or allergen-free environment, and while the utmost care is taken to minimise contact with allergens when requested, traces of gluten or other allergens may appear in the final dish served. Our meals are produced in kitchens containing allergens including nuts, gluten, wheat, shellfish, lactose and egg. Every effort is made to ensure vegan meals are cooked on separate surfaces, keep in mind that our plant-based meals are prepared in a kitchen that does handle animal products. Please note our fish may contain small bones.

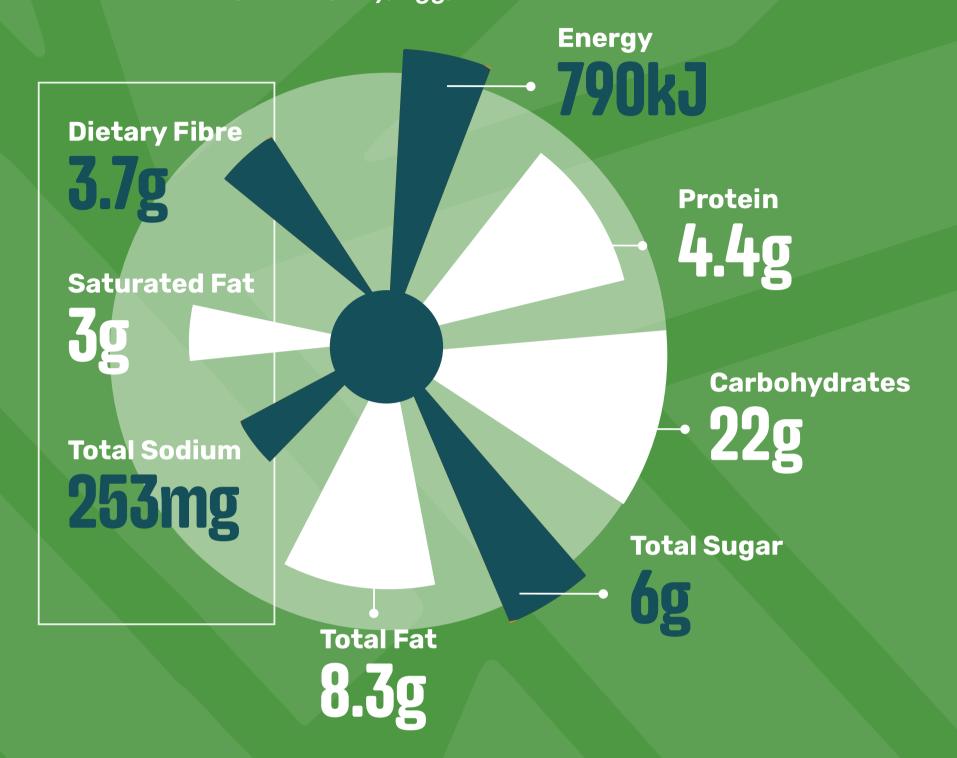
The allergen and nutritional information provided is accurate and up-to-date to the best of our knowledge. It is based on information provided by our manufacturers and suppliers and Spur Corporation (Pty) Limited will not be held liable for any omission or failure to provide updated or correct information nor negligence on the part of the supplier nor manufacturer.

Per 100 g serving

## CRUMBED VEGGIE BURGER

(Chips & Onion Rings)

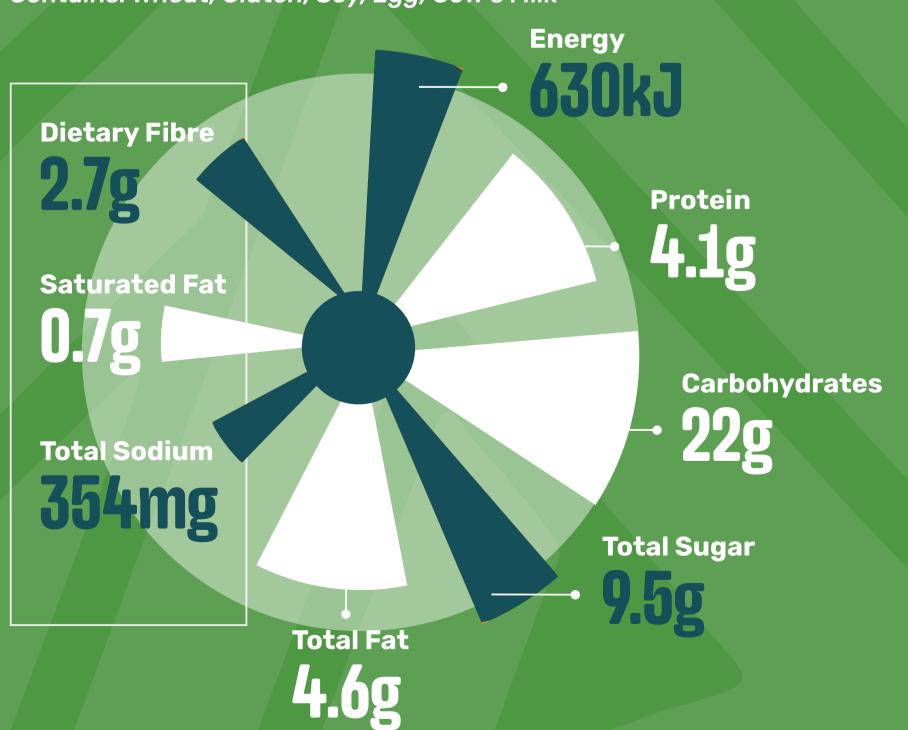
Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



# CRUMBED VEGGIE BURGER

(Side Salad)

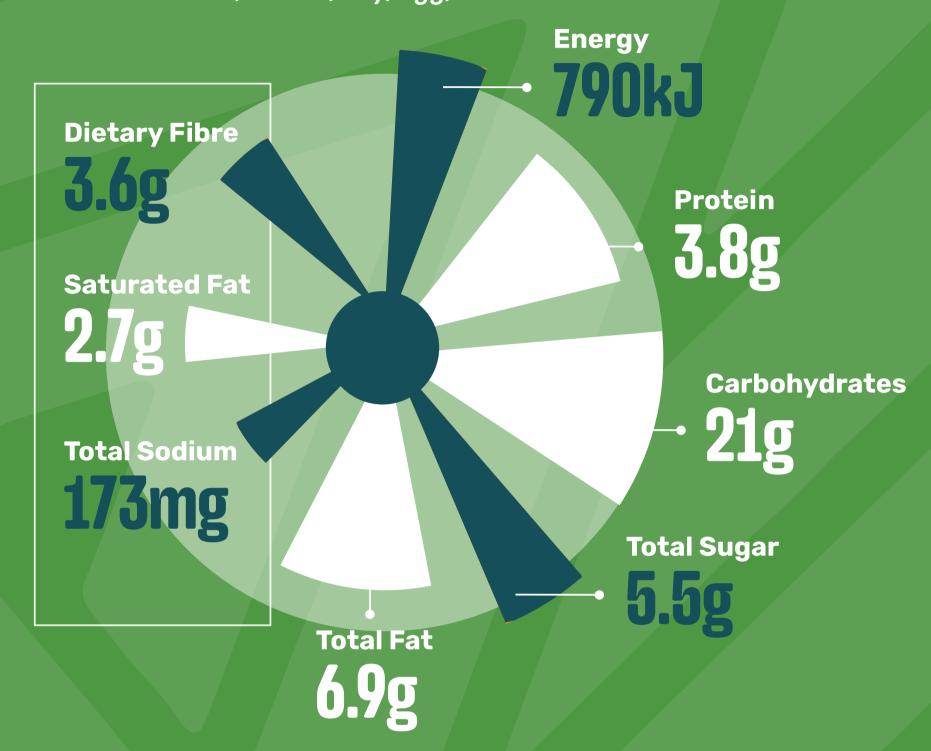
Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



## CRUMBED VEGGIE BURGER

(Baked Potato & Onion Rings)

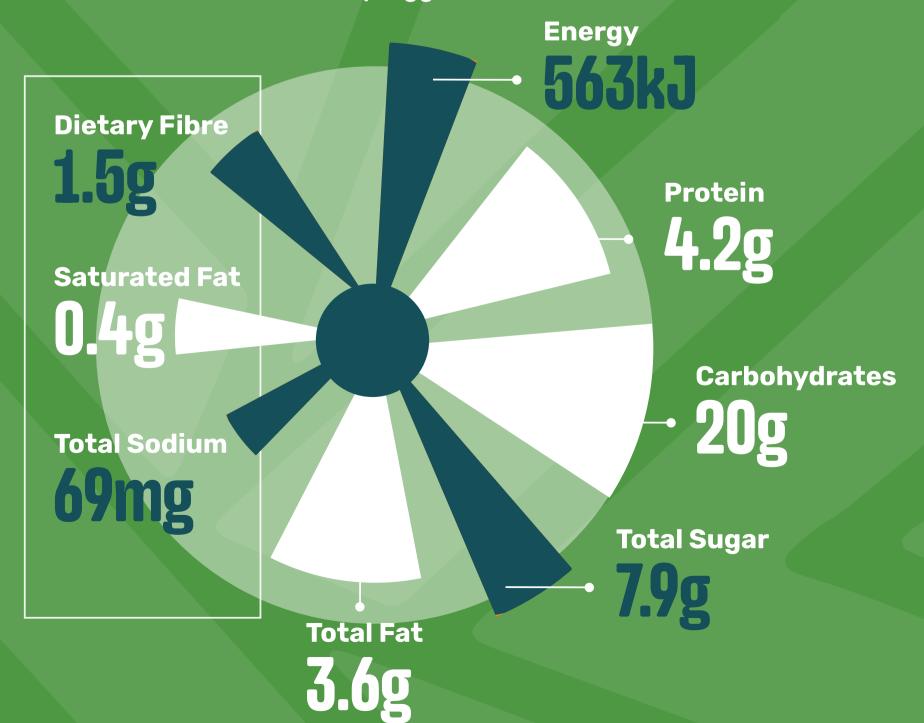
Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



## **CRUMBED VEGGIE BURGER**

(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk

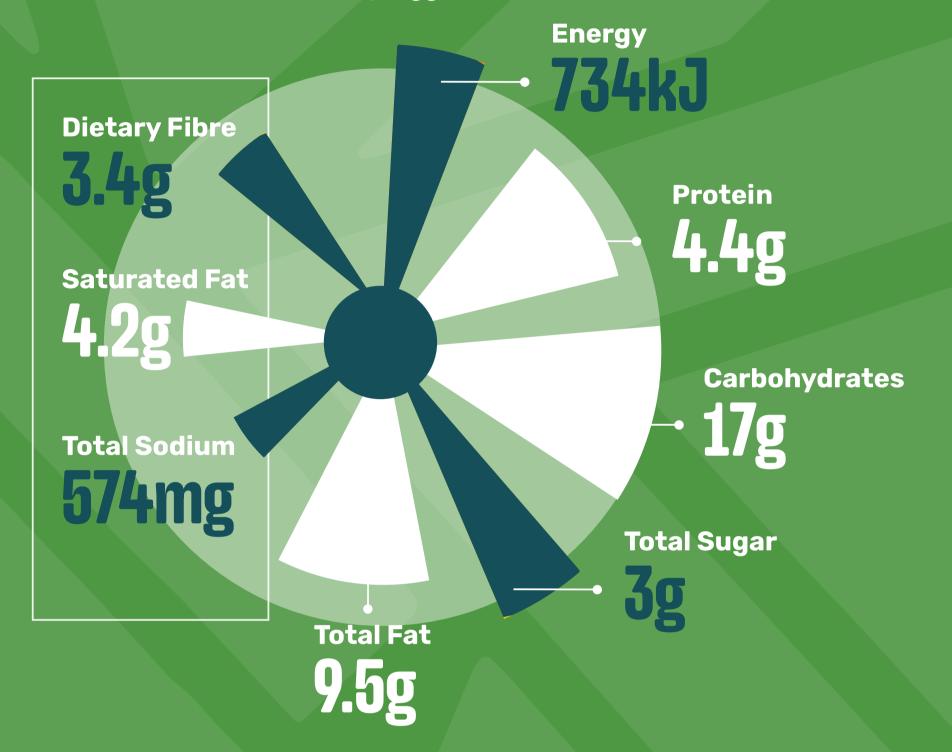


Per 100 g serving

## **100% PLANT BURGER**

(Chips & Onion Rings)

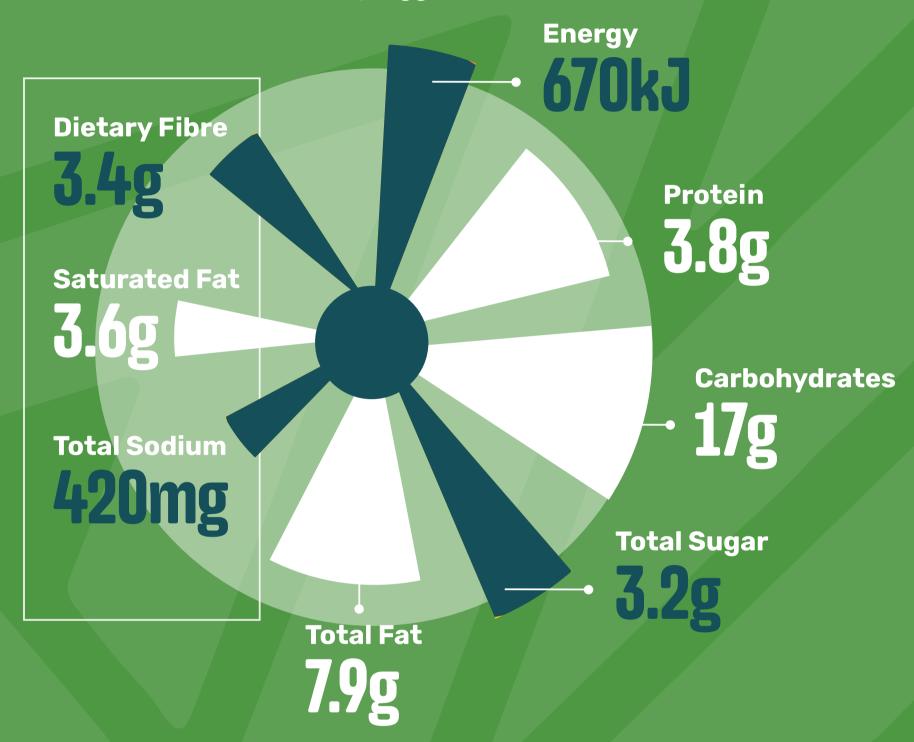
Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



# **100% PLANT BURGER**

(Baked Potato & Onion Rings)

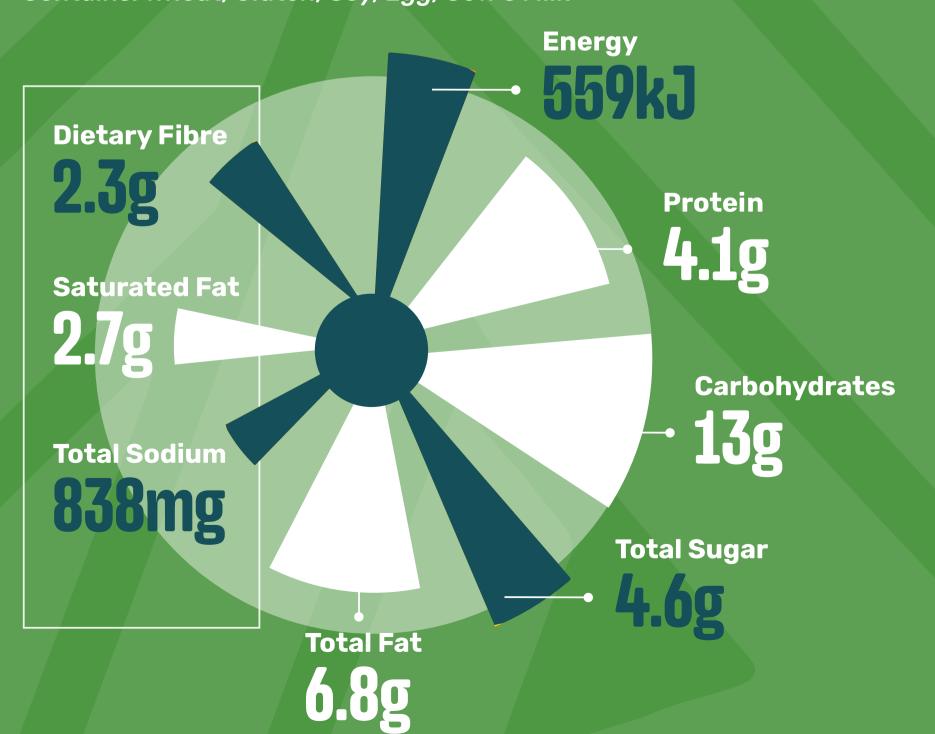
Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



## **100% PLANT BURGER**

(Side Salad)

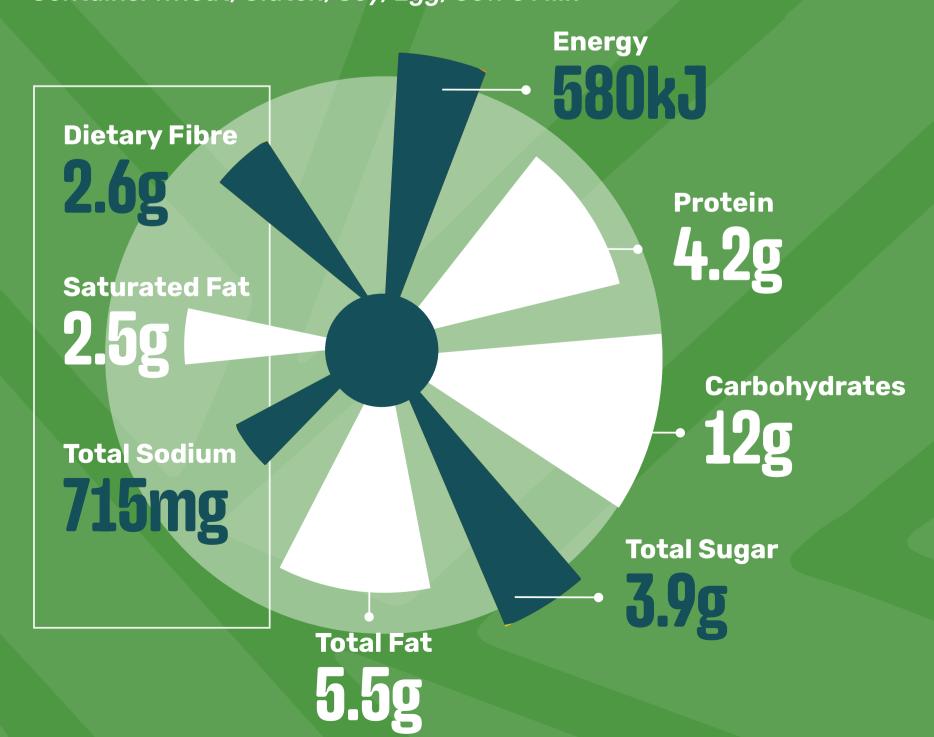
Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



# **100% PLANT BURGER**

(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk

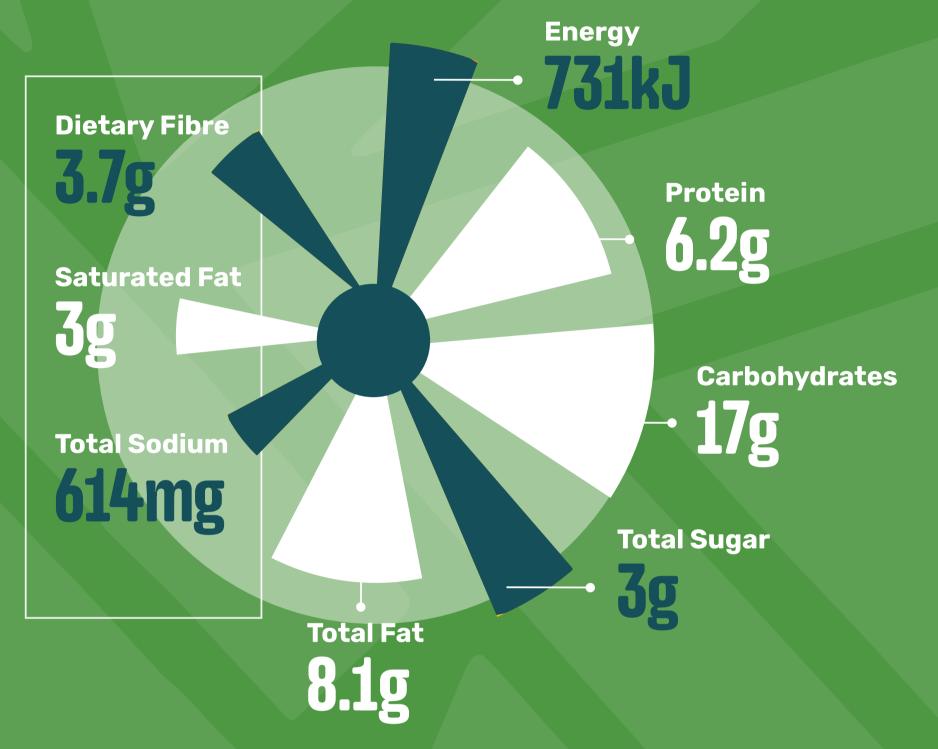


Per 100 g serving

## **SOYA BURGER**

(Chips & Onion Rings)

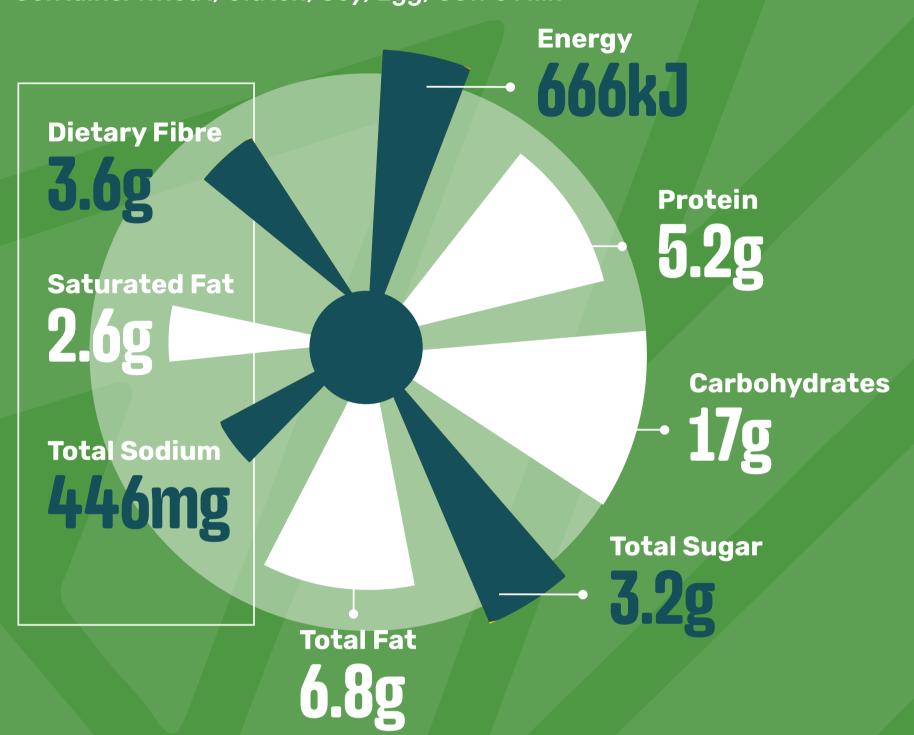
Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



## **SOYA BURGER**

(Baked Potato & Onion Rings)

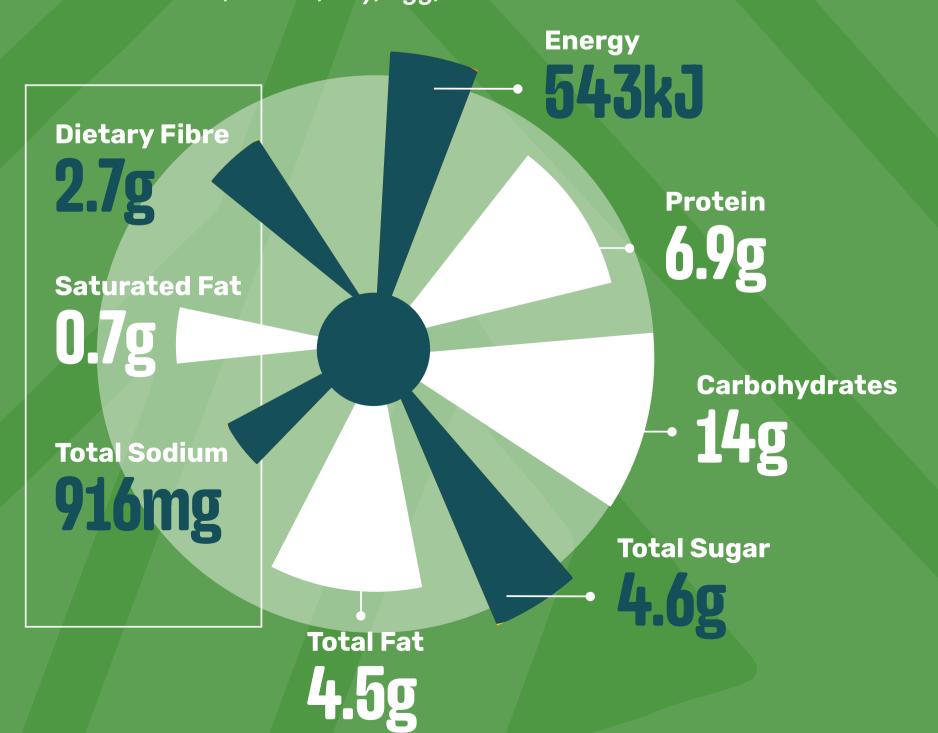
Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



## **SOYA BURGER**

(Side Salad)

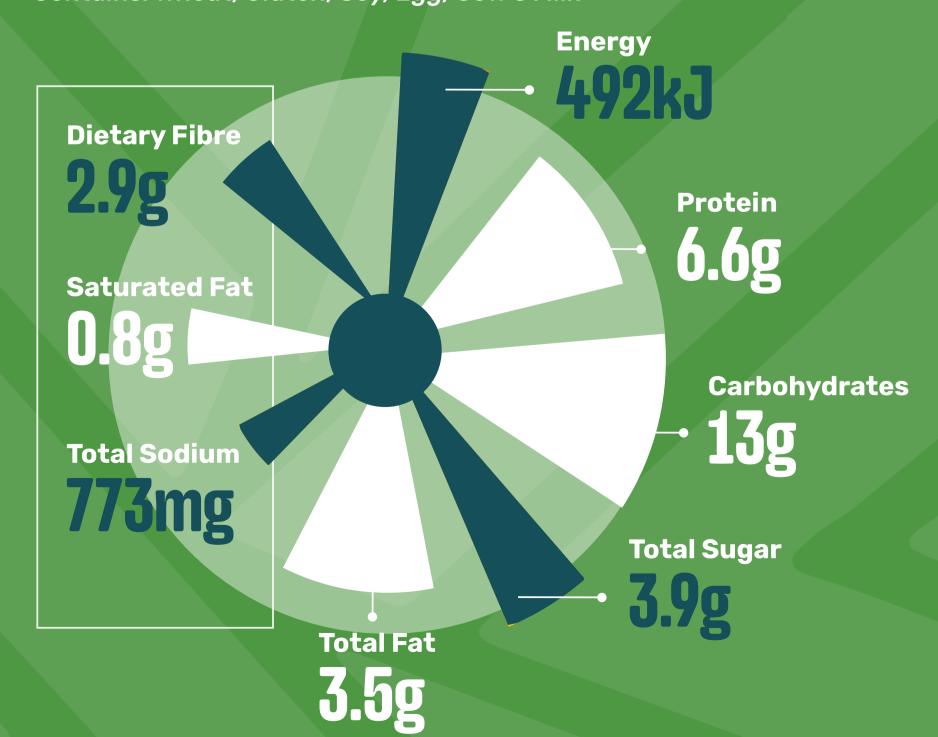
Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



# **SOYA BURGER**

(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk

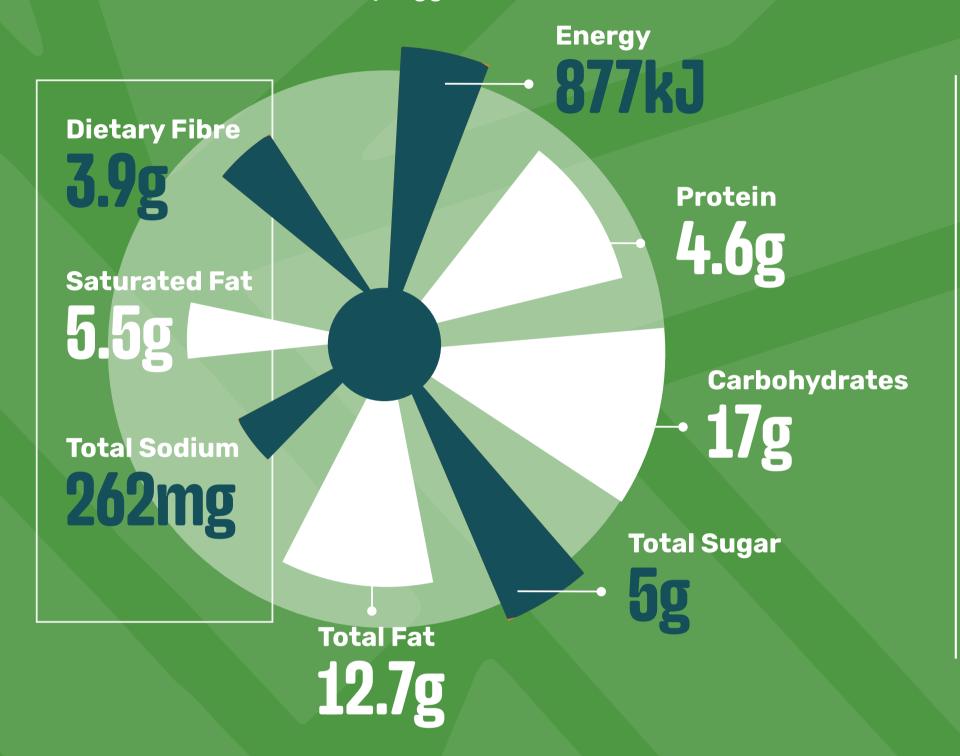


Per 100 g serving

## **VEGGIE SCHNITZEL**

(Chips & Onion Rings)

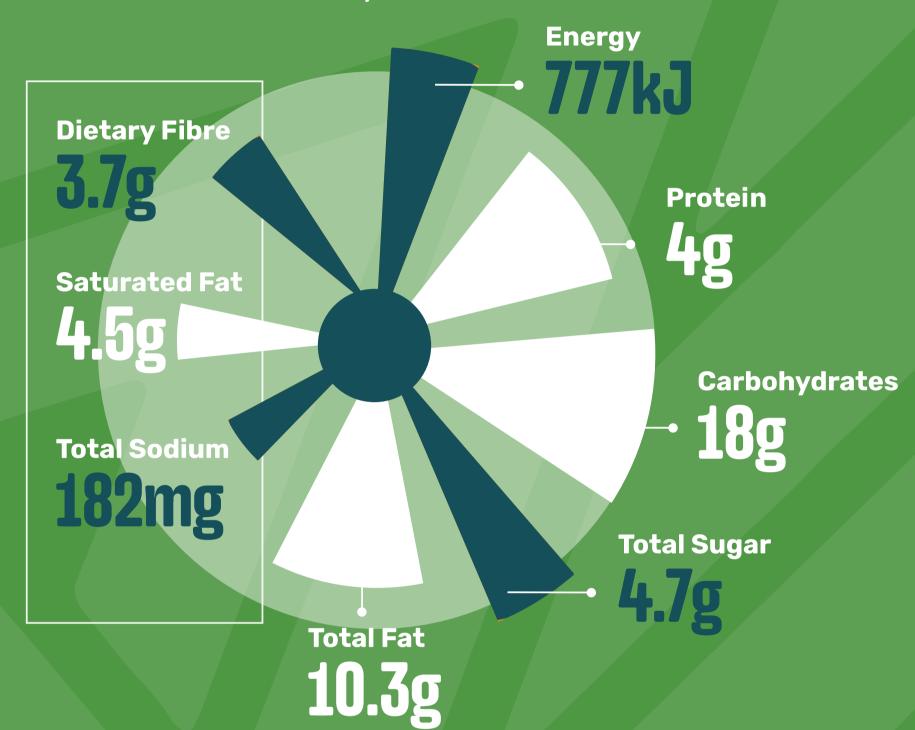
Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



## **VEGGIE SCHNITZEL**

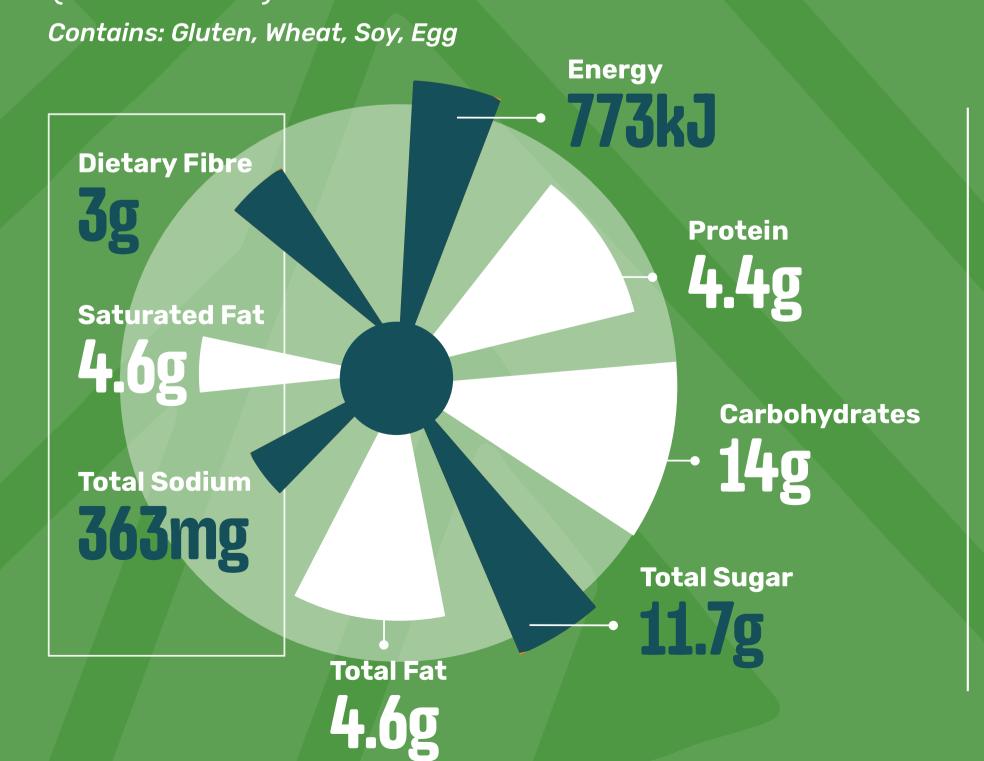
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Cow's Milk



# VEGGIE SCHNITZEL

(Side Salad)



# **VEGGIE SCHNITZEL**

(Hot Veg)

Dietary Fibre
3.1g
Saturated Fat
4.1g

Carbohydrates
14g
Total Sodium
Total Fat
9.5g