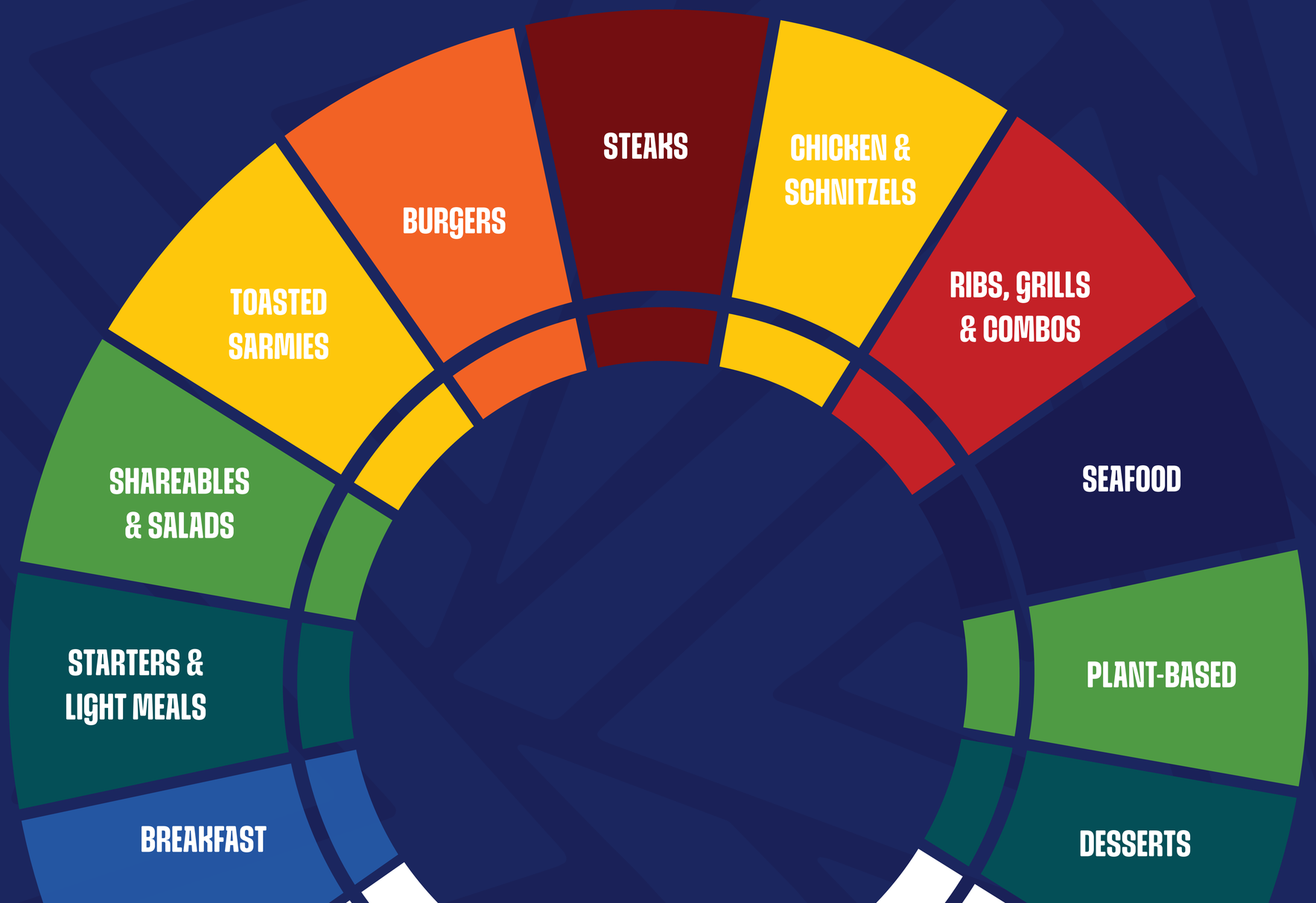
SPUR®
STEAK RANCHES

NUTRITIONAL ANALYSIS

ADULT MENU - NUTRITIONAL ANALYSIS

KEYLINE



BREAKFAST

*Spur Steak Ranches are not a gluten or allergen-free environment, and while the utmost care is taken to minimise contact with allergens when requested, traces of gluten or other allergens may appear in the final dish served. Our meals are produced in kitchens containing allergens including nuts, gluten, wheat, shellfish, lactose and egg. Every effort is made to ensure vegan meals are cooked on separate surfaces, keep in mind that our plant-based meals are prepared in a kitchen that does handle animal products. Please note our fish may contain small bones.

The allergen and nutritional information provided is accurate and up-to-date to the best of our knowledge. It is based on information provided by our manufacturers and suppliers and Spur Corporation (Pty) Limited will not be held liable for any omission or failure to provide updated or correct information nor negligence on the part of the supplier nor manufacturer.

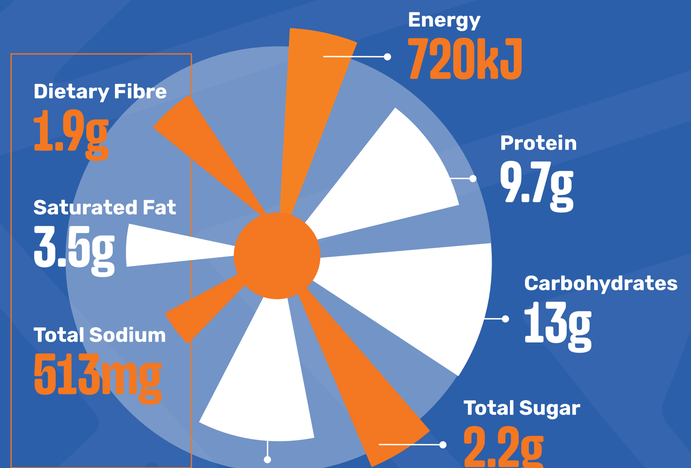
BREAKFAST

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

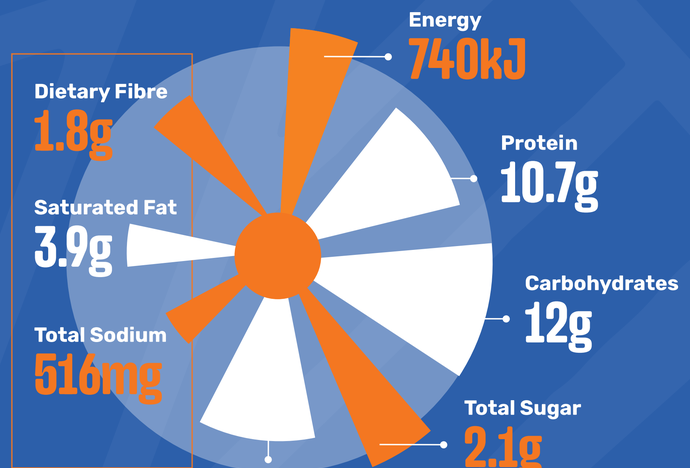
RANCH BREAKFAST – PORK SAUSAGE
(White Bread)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



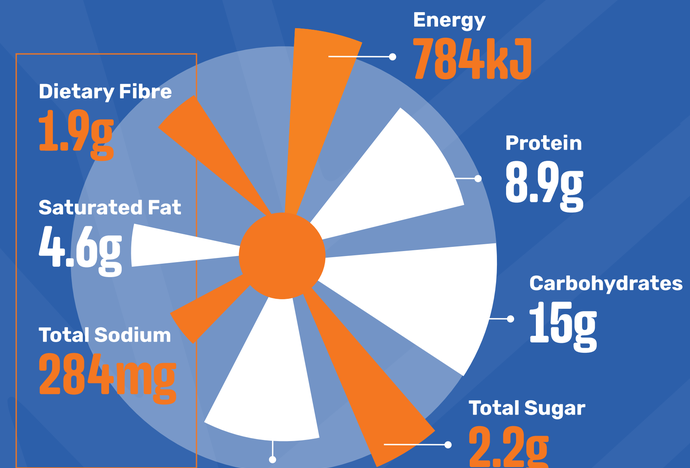
RANCH BREAKFAST – BOEREWORS
(White Bread)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



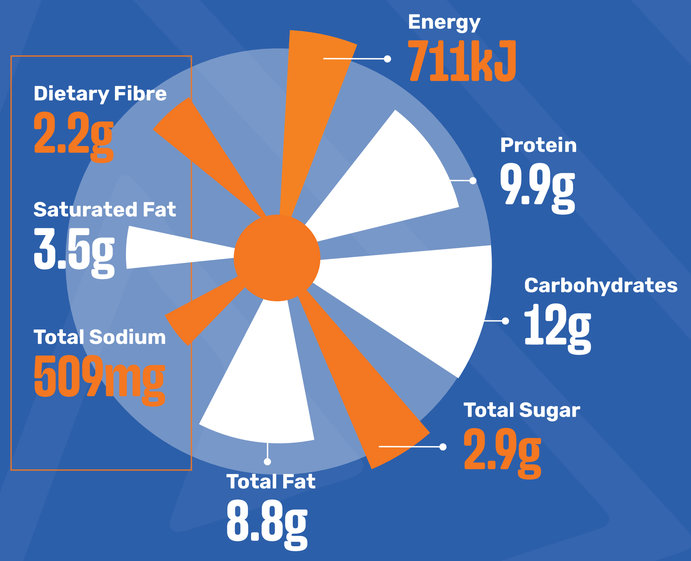
CHEESE GRILLER BREAKFAST
(White Bread)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



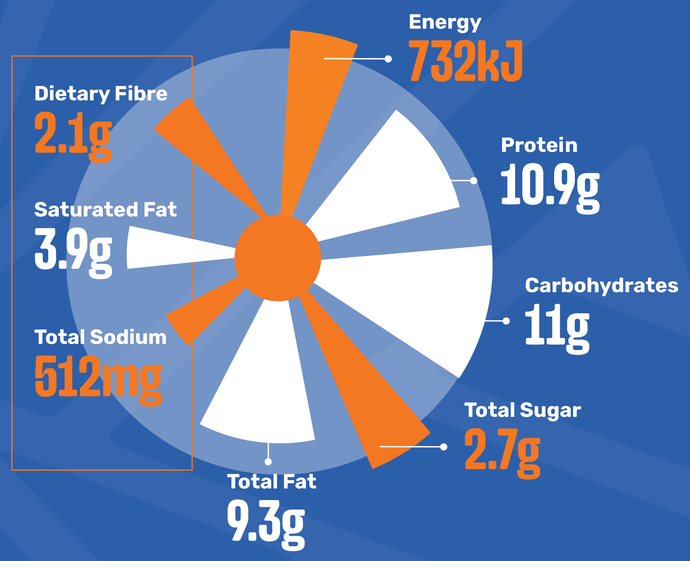
RANCH BREAKFAST – PORK SAUSAGE
(Brown Bread)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



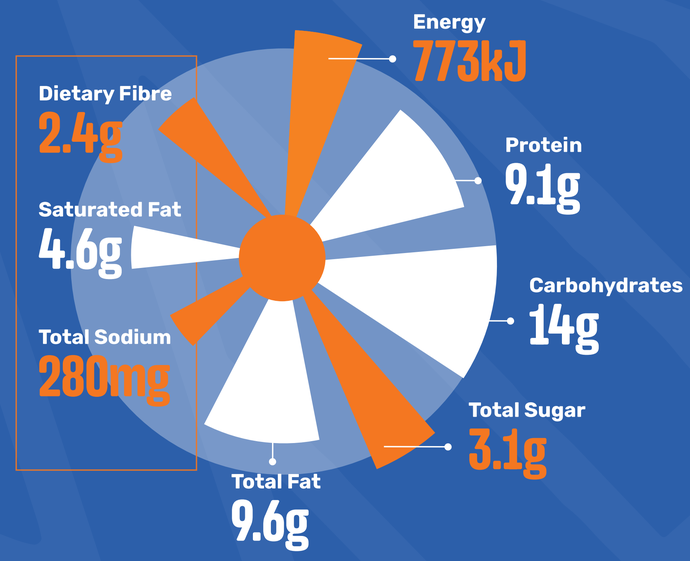
RANCH BREAKFAST – BOEREWORS
(Brown Bread)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHEESE GRILLER BREAKFAST
(Brown Bread)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



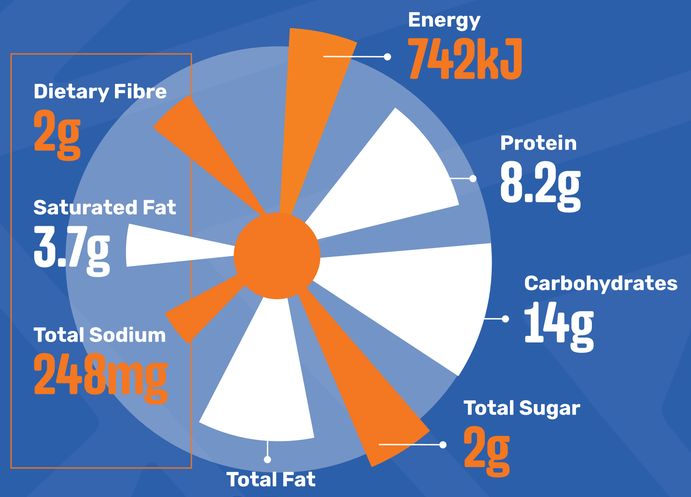
BREAKFAST

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

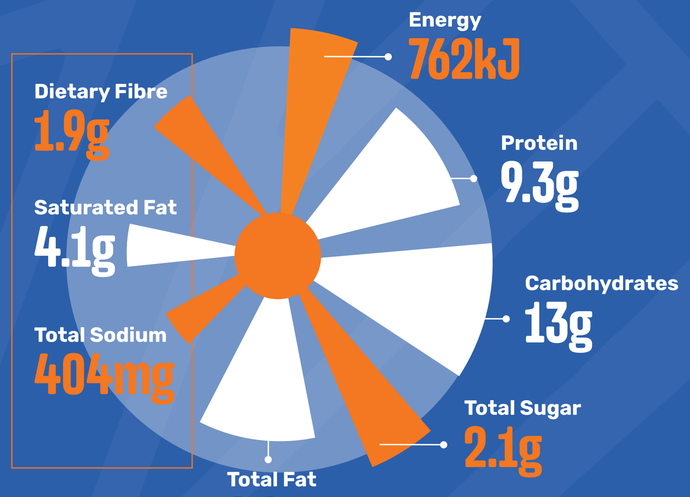
TRAILBLAZER BREAKFAST – PORK SAUSAGE
(White Bread)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



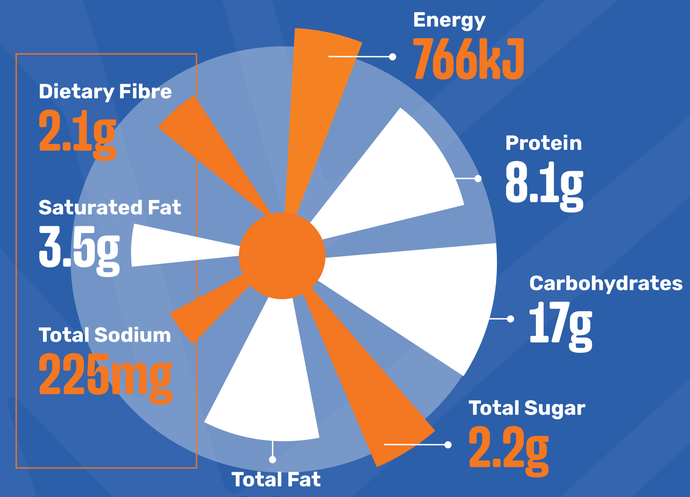
TRAILBLAZER BREAKFAST – BOEREWORS
(White Bread)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



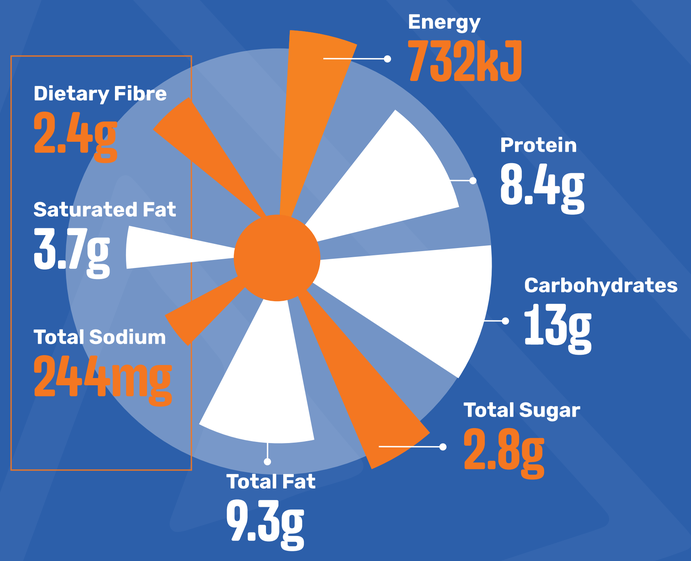
UNREAL BREAKFAST®
(White Bread)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



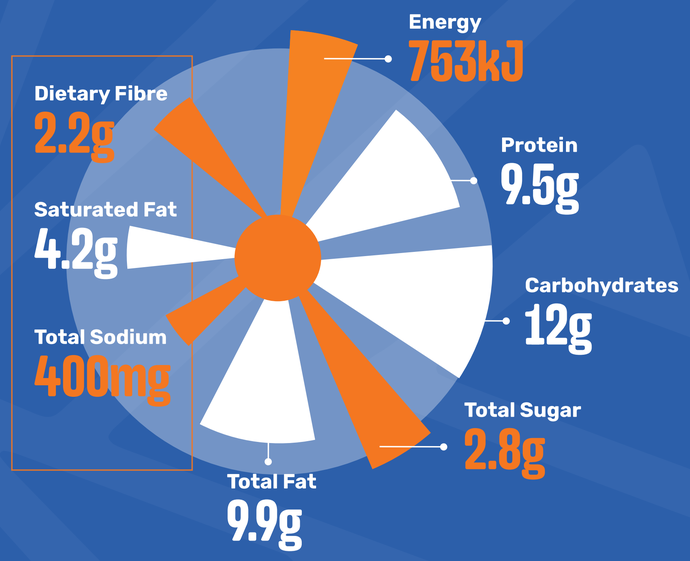
TRAILBLAZER BREAKFAST – PORK SAUSAGE
(Brown Bread)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



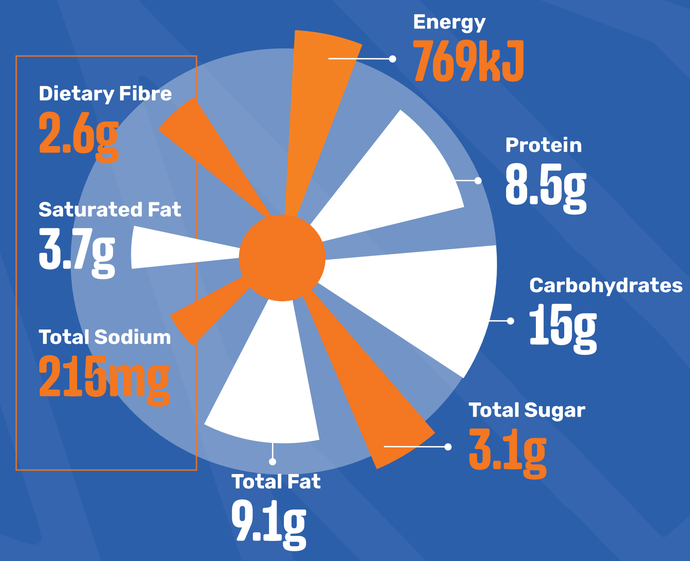
TRAILBLAZER BREAKFAST – BOEREWORS
(Brown Bread)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



UNREAL BREAKFAST®
(Brown Bread)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



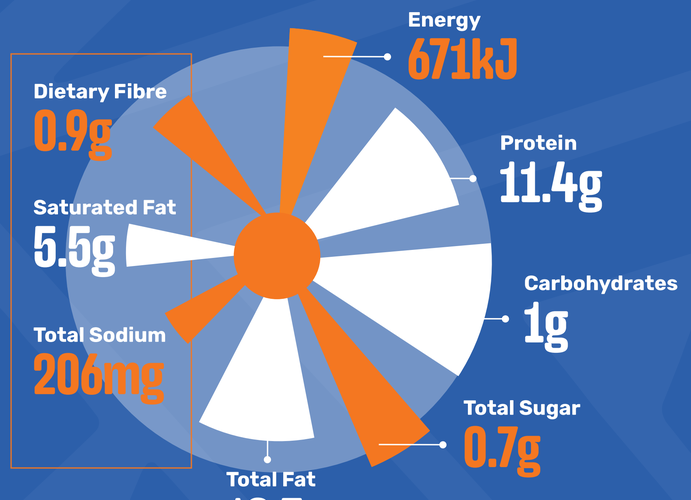
BREAKFAST

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

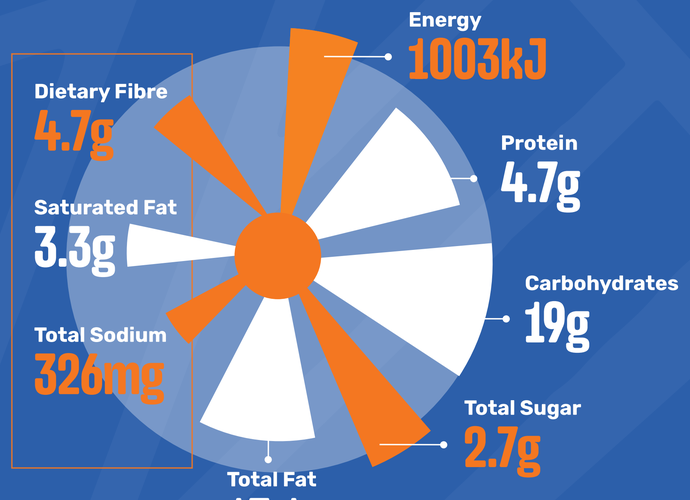
CARB-CONSCIOUS BREAKFAST – BREAKFAST SAUSAGE

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



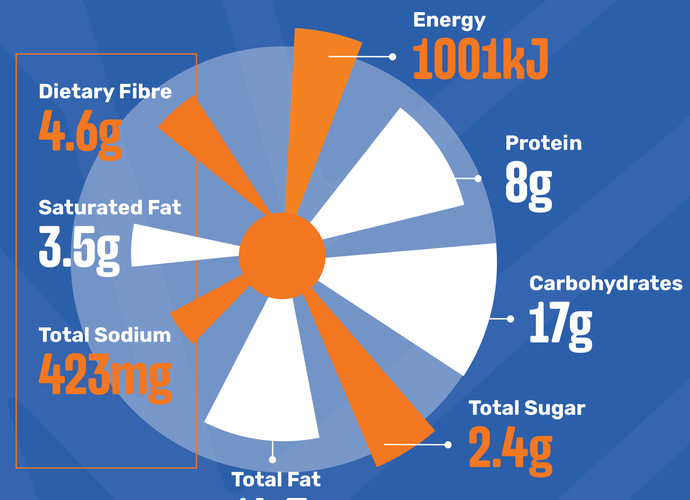
AVO ON TOAST (White Bread)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



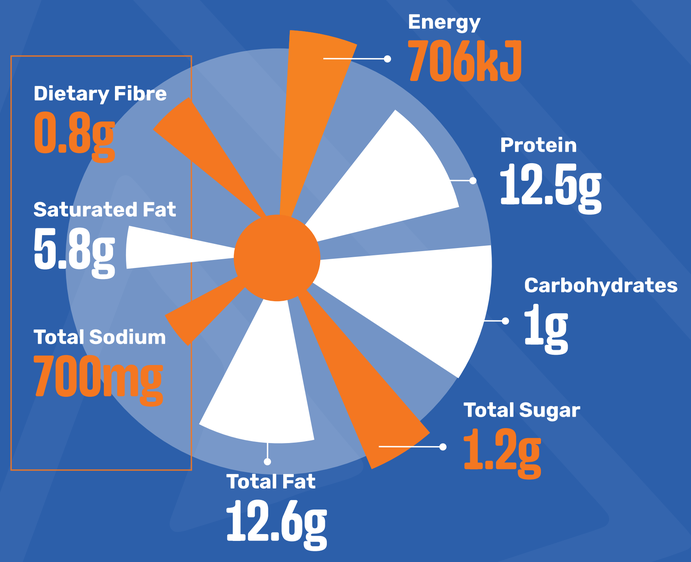
AVO ON TOAST – BACON (White Bread)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



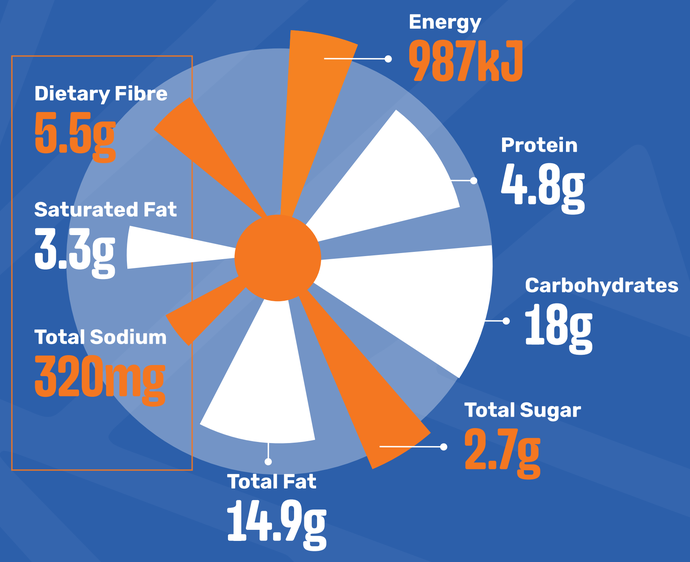
CARB-CONSCIOUS BREAKFAST – BOEREWORS

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



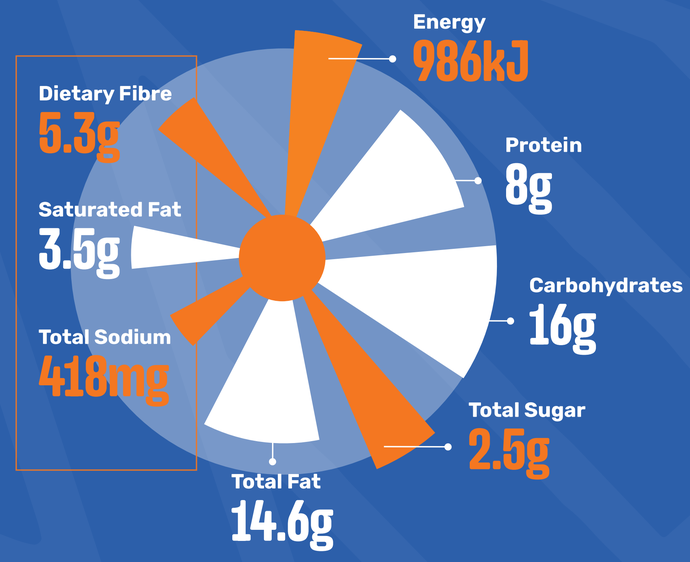
AVO ON TOAST (Brown Bread)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



AVO ON TOAST – BACON (Brown Bread)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



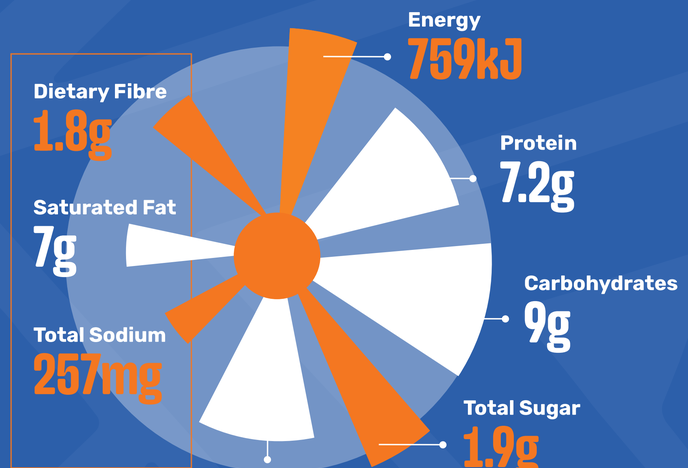
BREAKFAST

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

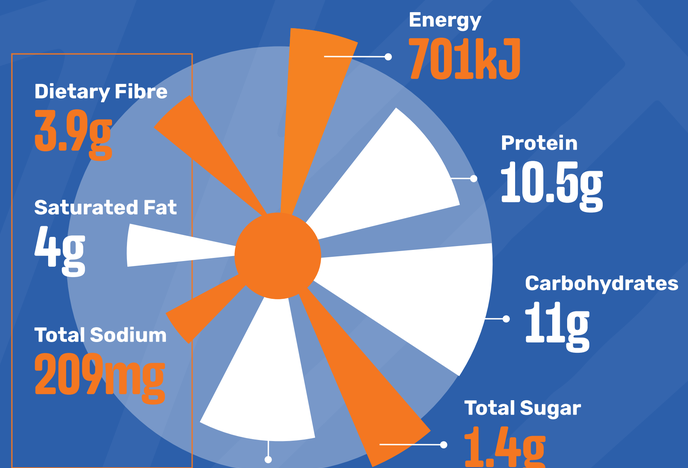
KICKSTARTER BREAKFAST
(White Bread)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



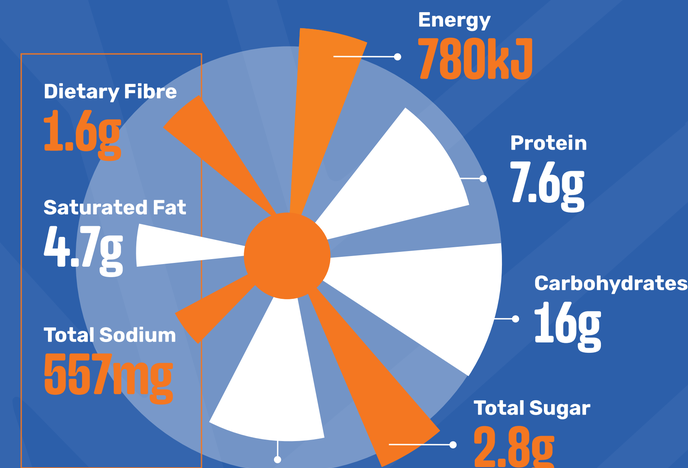
CHICKEN LIVERS ON TOAST
(White Bread)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



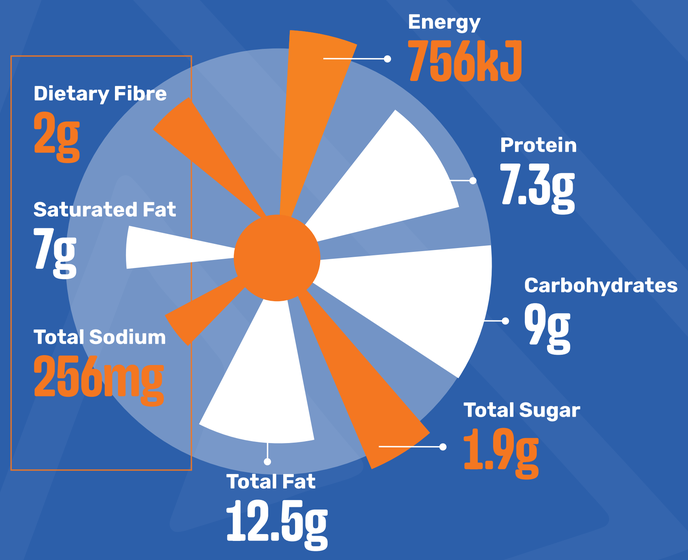
CHEDDAMELT BREAKFAST
(White Bread)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



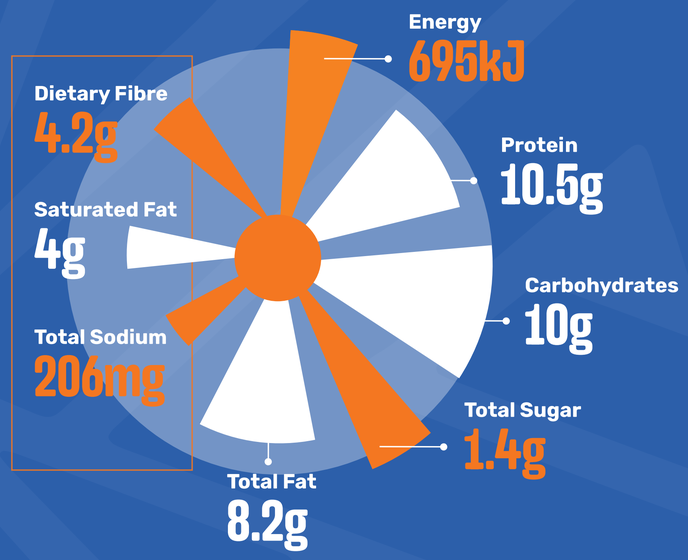
KICKSTARTER BREAKFAST
(Brown Bread)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



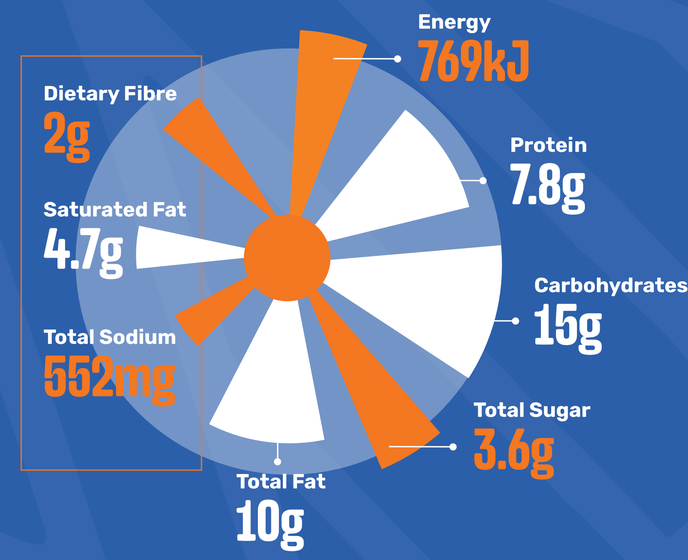
CHICKEN LIVERS ON TOAST
(Brown Bread)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHEDDAMELT BREAKFAST
(Brown Bread)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



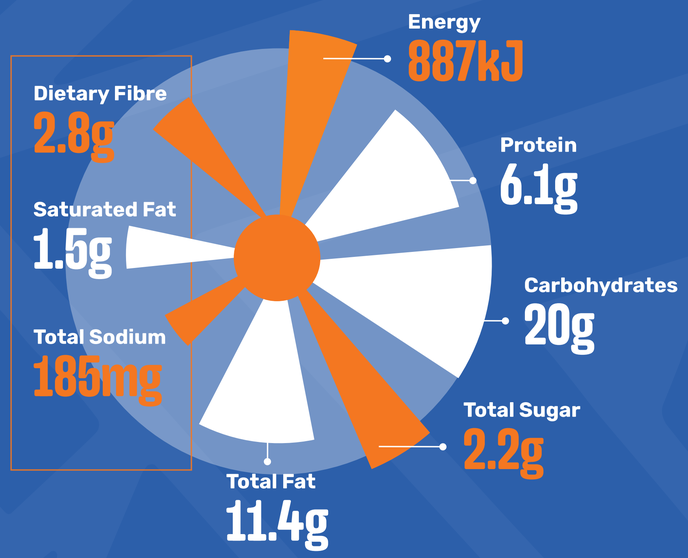
BREAKFAST

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

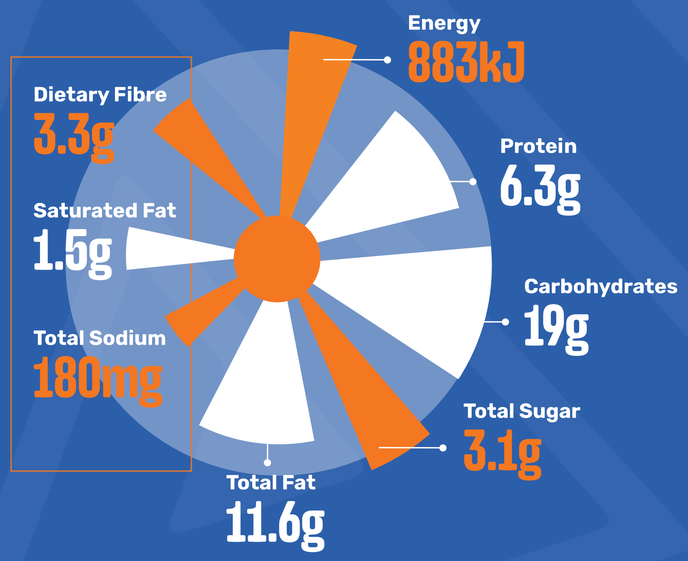
VEGAN-FRIENDLY BREAKFAST
(White Bread)

Contains: Wheat, Gluten, Soy



VEGAN-FRIENDLY BREAKFAST
(Brown Bread)

Contains: Wheat, Gluten, Soy



STARTERS & LIGHT MEALS

*Spur Steak Ranches are not a gluten or allergen-free environment, and while the utmost care is taken to minimise contact with allergens when requested, traces of gluten or other allergens may appear in the final dish served. Our meals are produced in kitchens containing allergens including nuts, gluten, wheat, shellfish, lactose and egg. Every effort is made to ensure vegan meals are cooked on separate surfaces, keep in mind that our plant-based meals are prepared in a kitchen that does handle animal products. Please note our fish may contain small bones.

The allergen and nutritional information provided is accurate and up-to-date to the best of our knowledge. It is based on information provided by our manufacturers and suppliers and Spur Corporation (Pty) Limited will not be held liable for any omission or failure to provide updated or correct information nor negligence on the part of the supplier nor manufacturer.

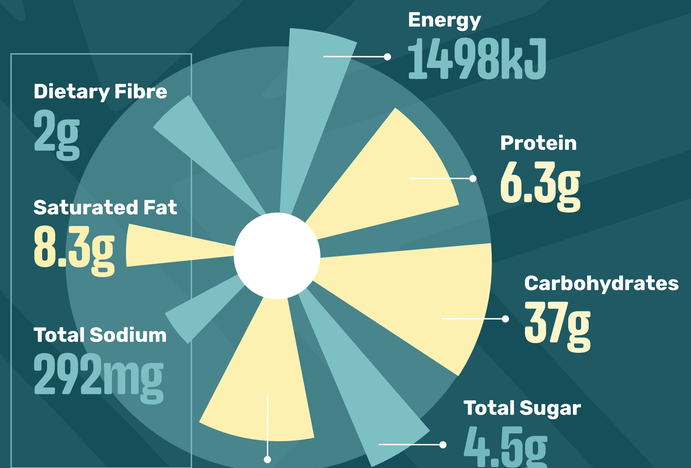
STARTERS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

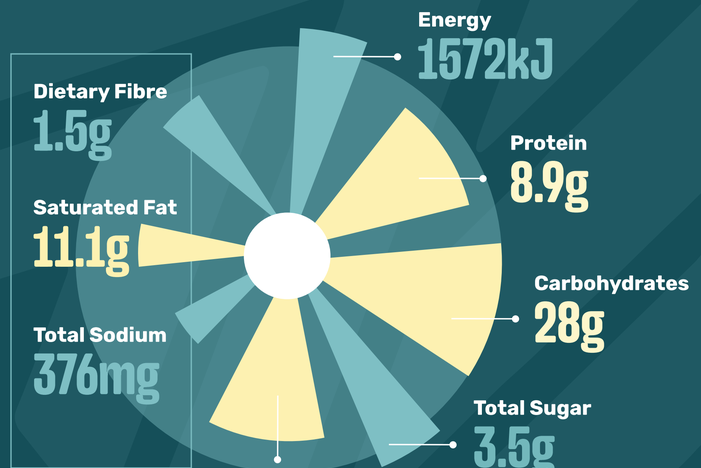
PORTUGUESE GARLIC ROLL

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



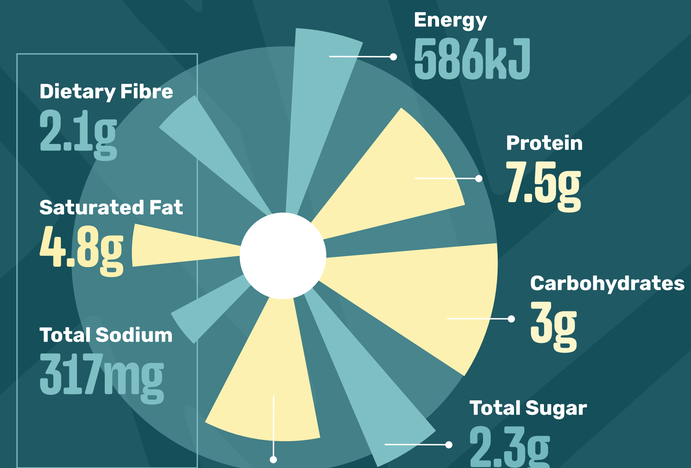
CHEESY GARLIC ROLL

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



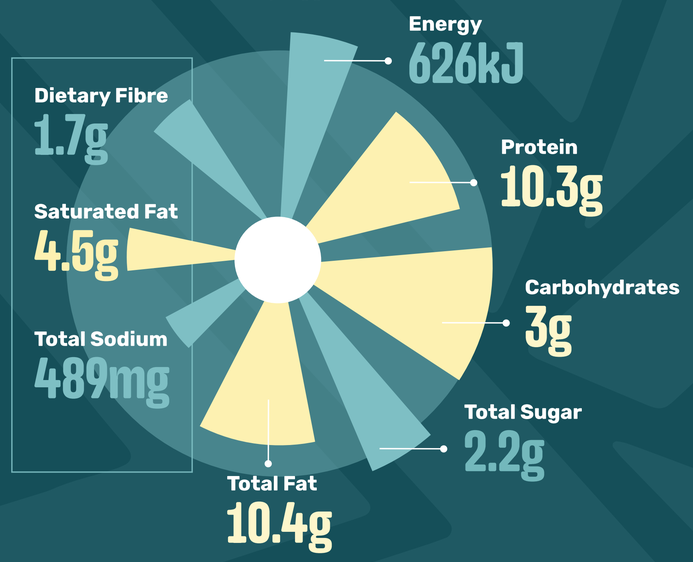
CHEESY QUESADILLAS

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



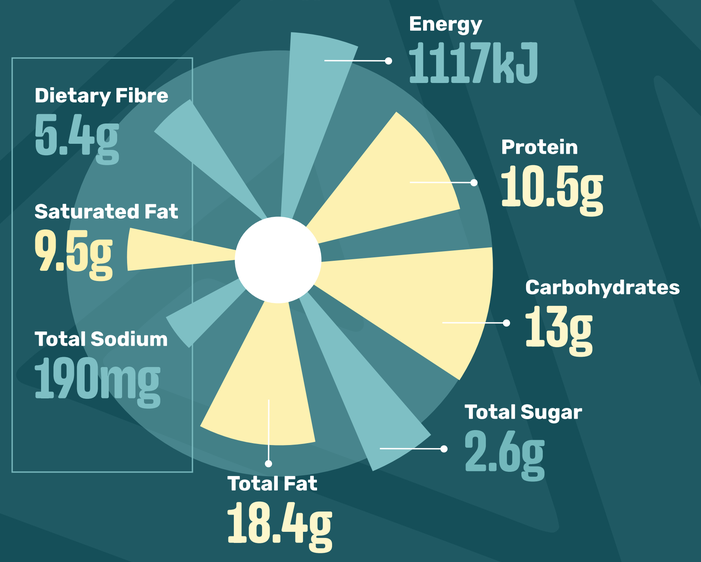
CHEESY QUESADILLAS – WITH CHICKEN

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHICKEN LIVERS

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



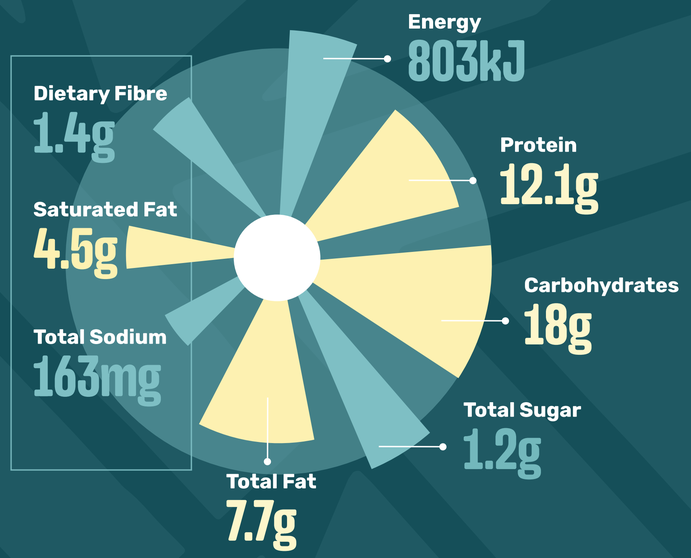
STARTERS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

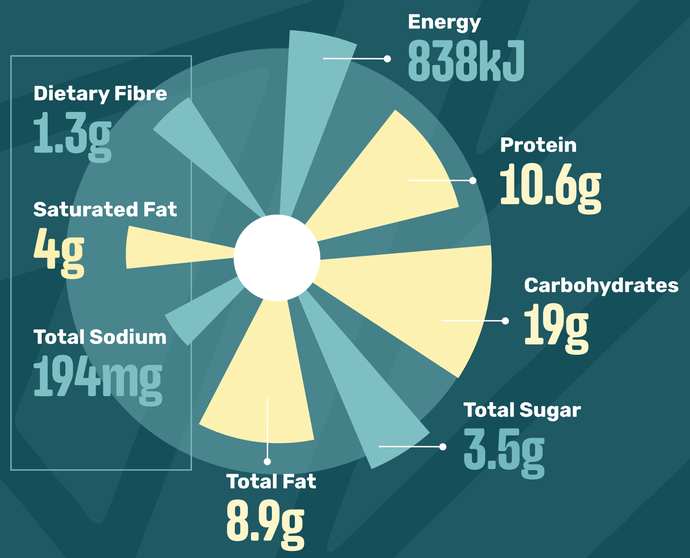
CHICKEN STRIPS

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



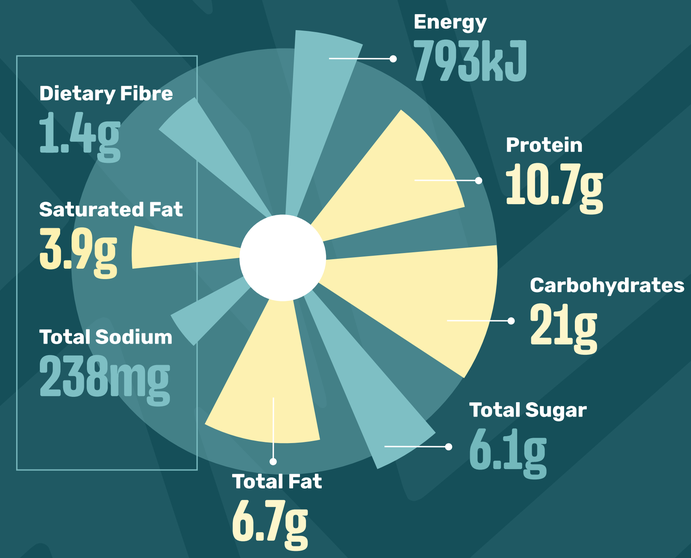
CHICKEN STRIPS
(Sweet Chilli Dressing)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



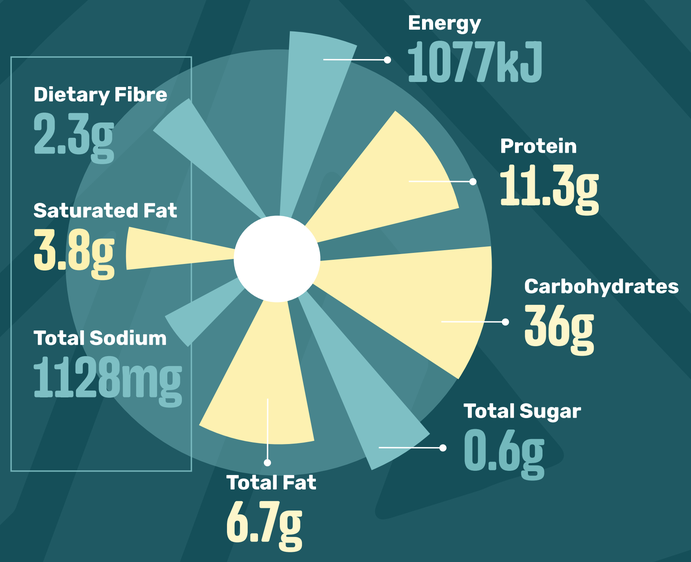
CHICKEN STRIPS
(Sweet Chilli Sauce)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



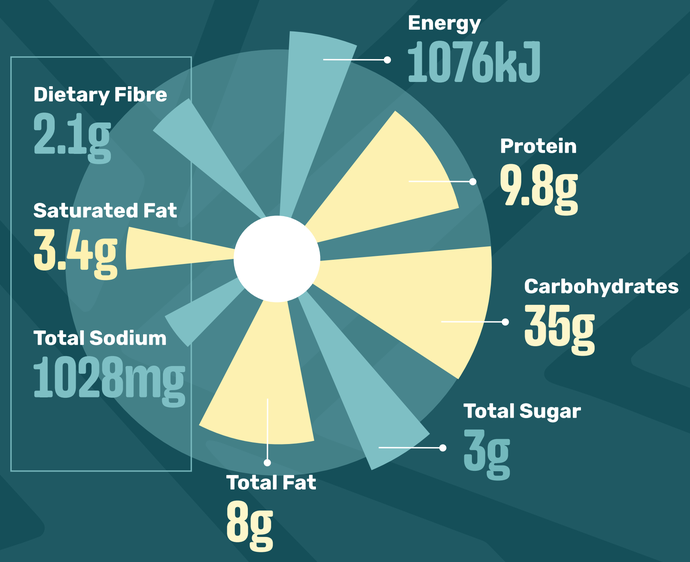
CHICKEN STRIPS
(Texan Blaze)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



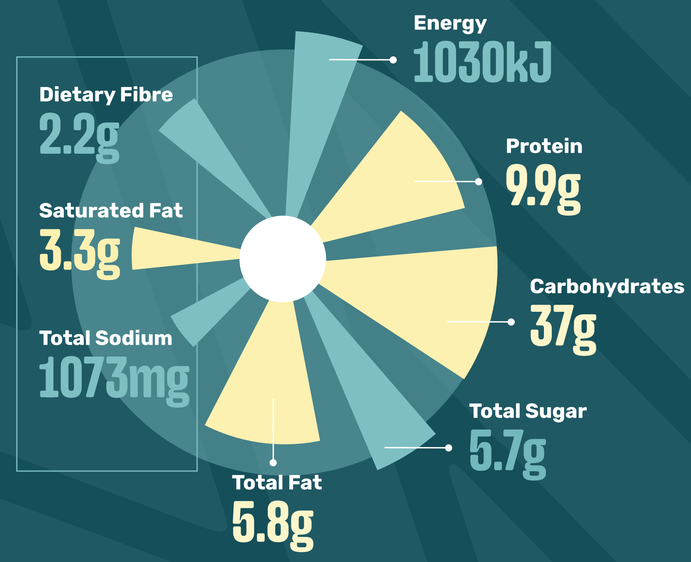
CHICKEN STRIPS
(Texan Blaze – Sweet Chilli Dressing)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHICKEN STRIPS
(Texan Blaze – Sweet Chilli Sauce)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



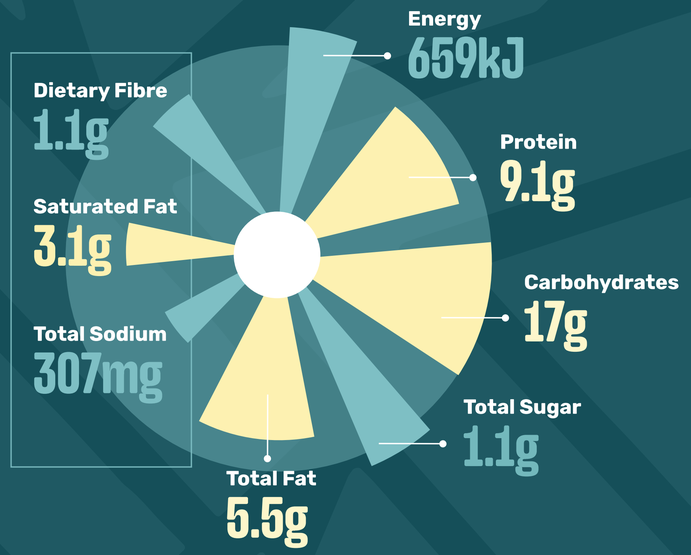
STARTERS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

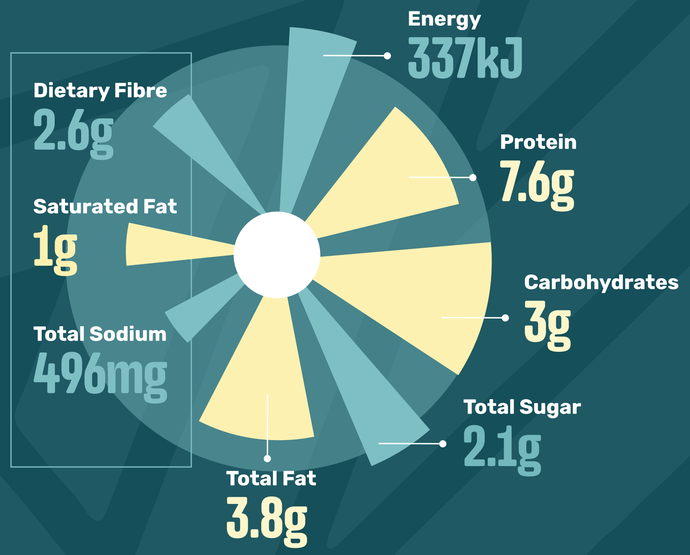
CRUMBED CALAMARI STRIPS

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



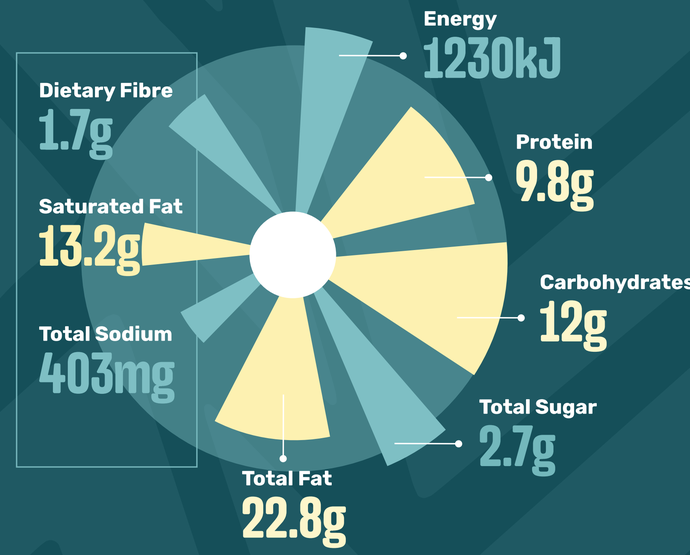
CHICKEN, AVO & BACON SALAD

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



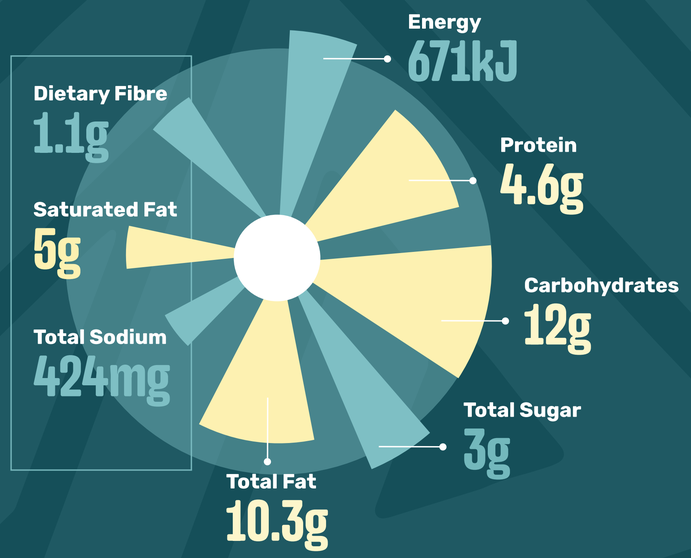
SPICY BEEF STRIPS

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



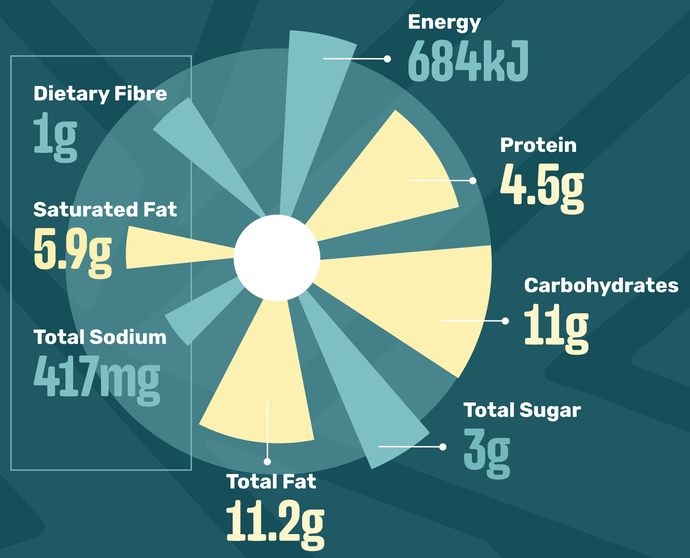
CRUMBED MUSHROOMS

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



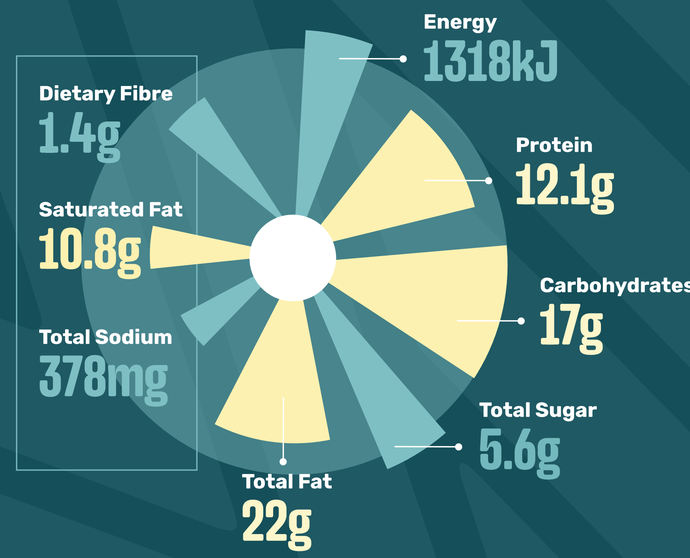
CRUMBED MUSHROOMS
(Cheesy Jalapeño Sauce)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHEESY GARLIC PRAWNS
(6 Prawns)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



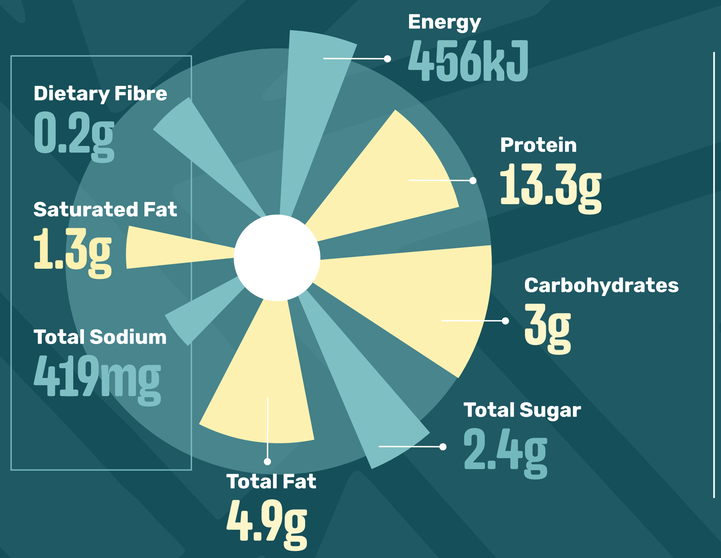
STARTERS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

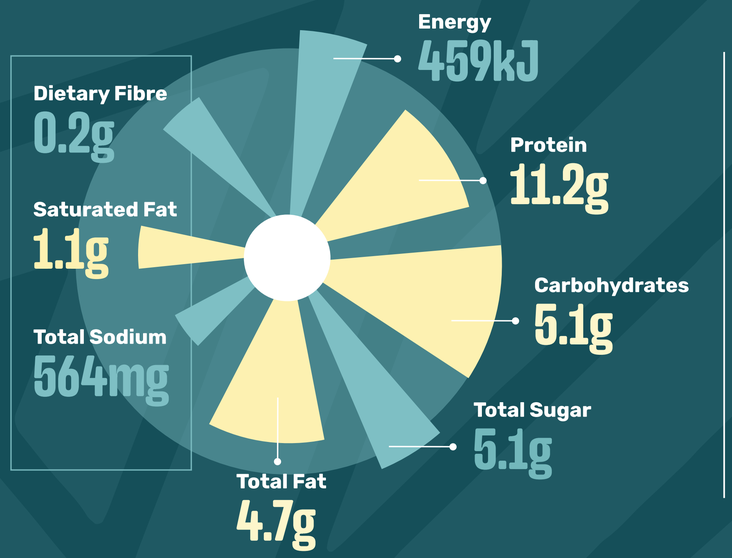
BUFFALO WINGS – HALF

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



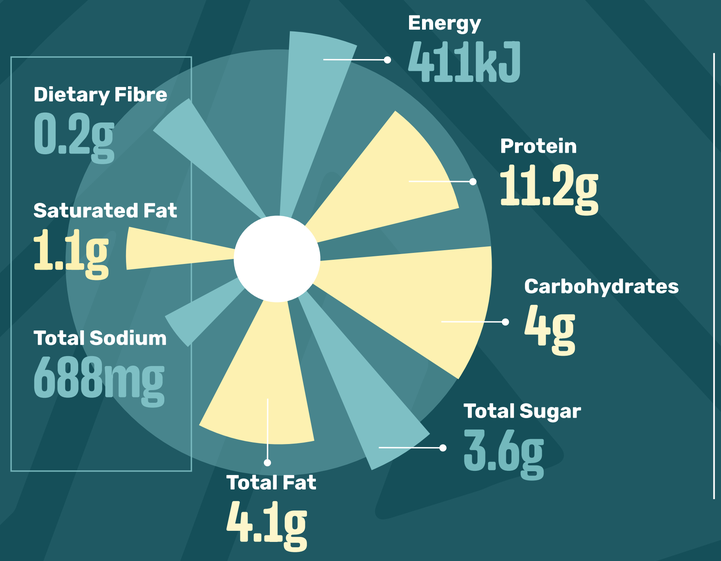
BUFFALO WINGS – HALF
(Grill Basting)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



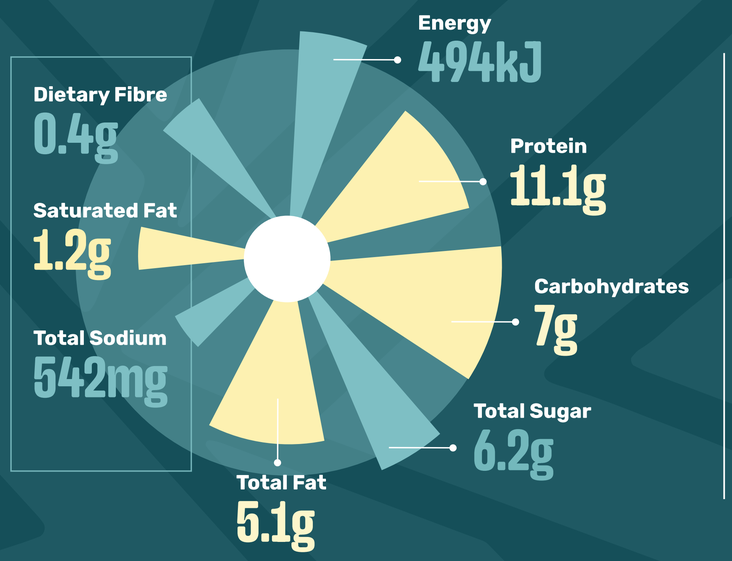
BUFFALO WINGS – HALF
(Durky Sauce)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



BUFFALO WINGS – HALF
(Sweet & Spicy Sauce)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



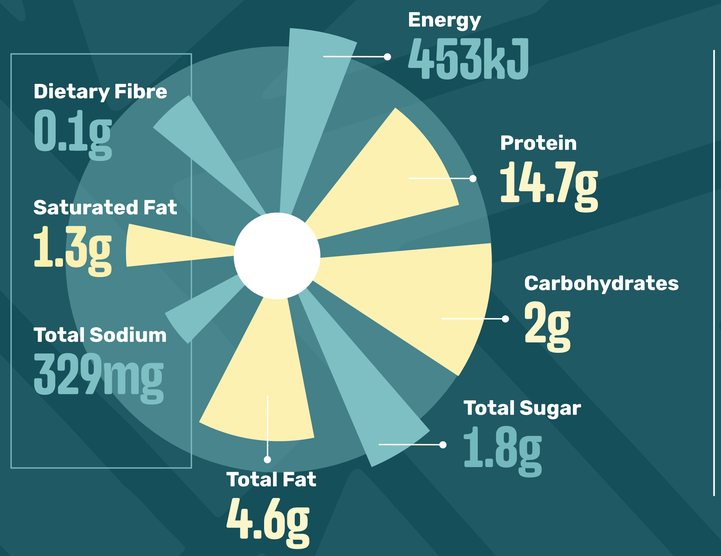
STARTERS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

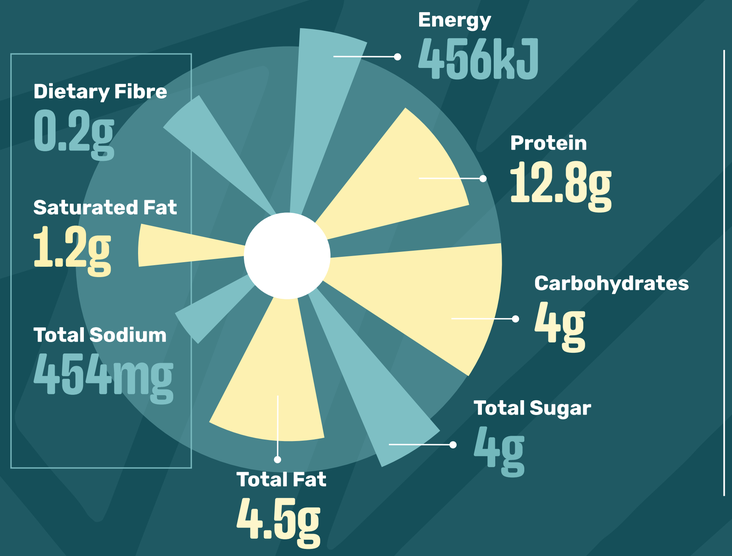
BUFFALO WINGS – FULL

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



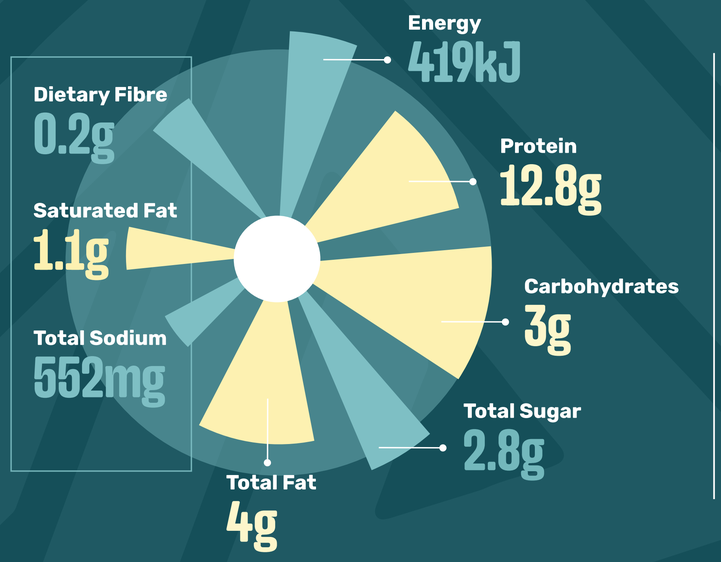
BUFFALO WINGS – FULL
(Grill Basting)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



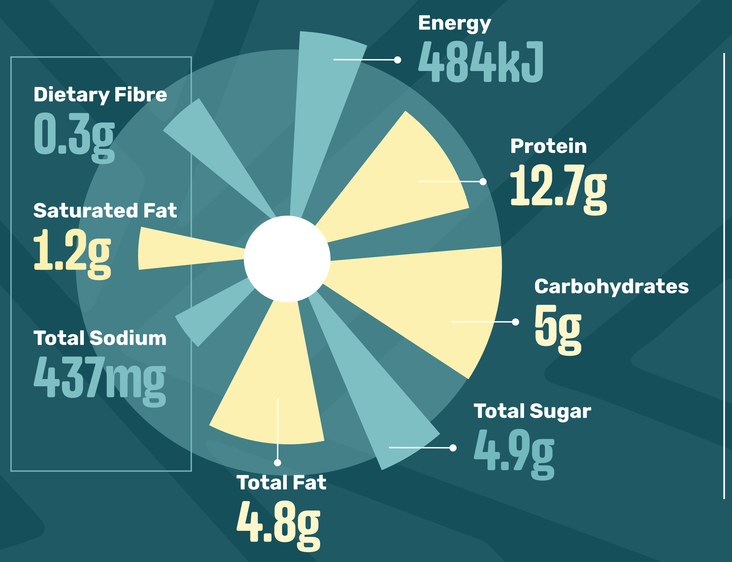
BUFFALO WINGS – FULL
(Durky Sauce)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



BUFFALO WINGS – FULL
(Sweet & Spicy Sauce)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



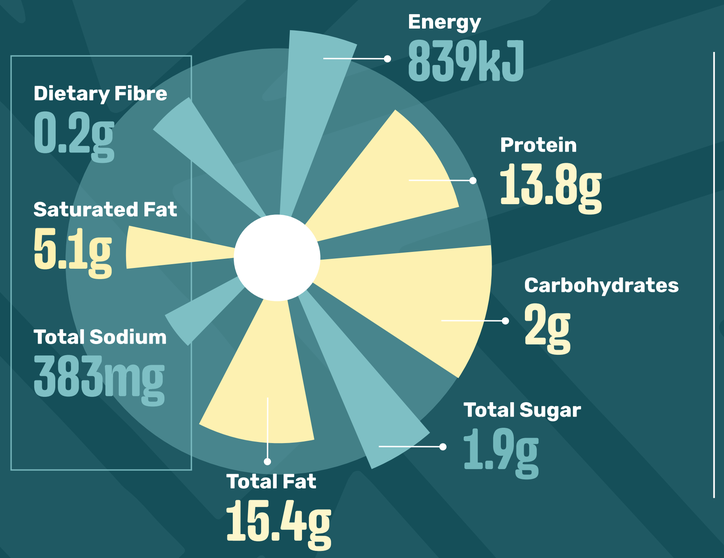
STARTERS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

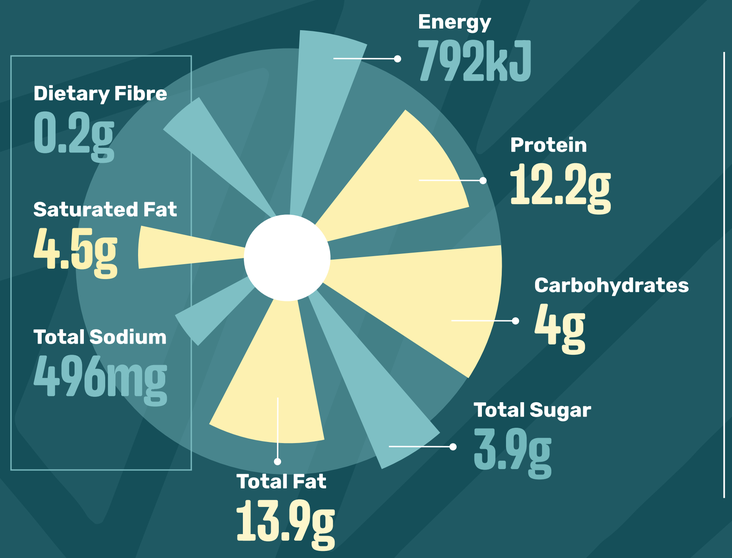
BUFFALO THIGHS – 500g

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



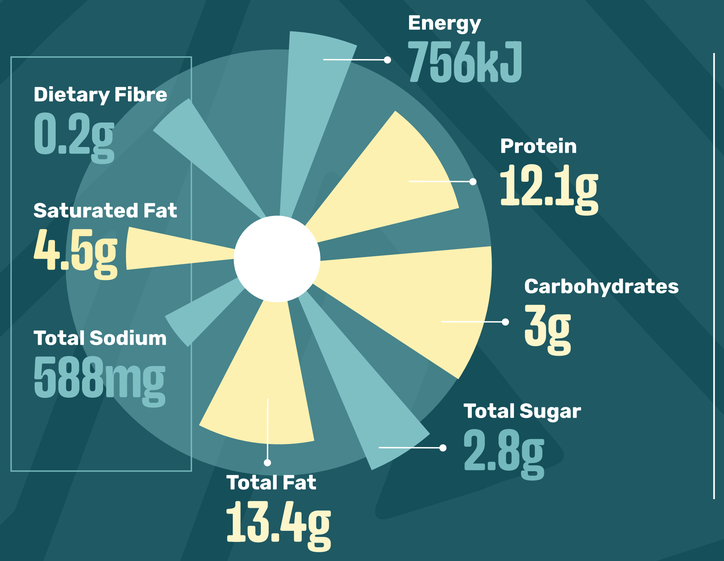
BUFFALO THIGHS – 500g
(Grill Basting)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



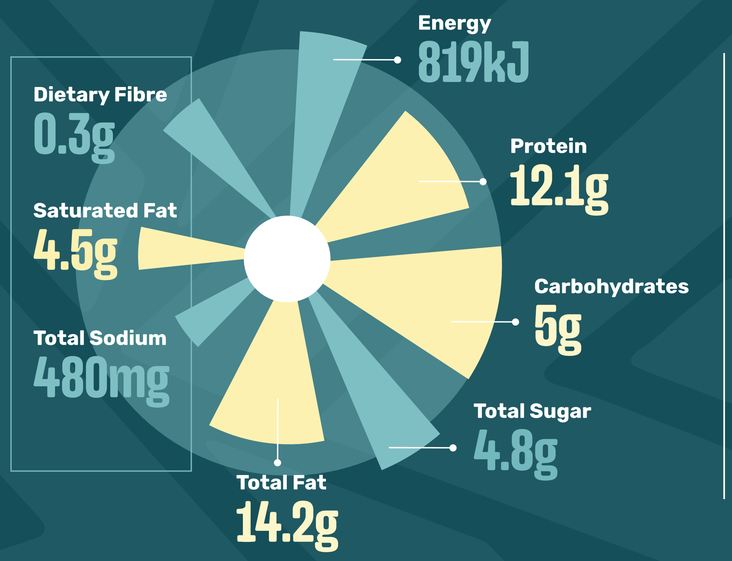
BUFFALO THIGHS – 500g
(Durky Sauce)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



BUFFALO THIGHS – 500g
(Sweet & Spicy Sauce)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



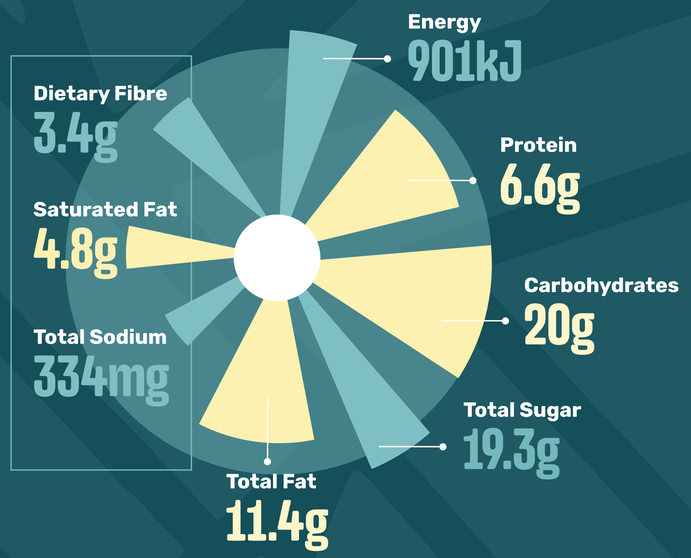
STARTERS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

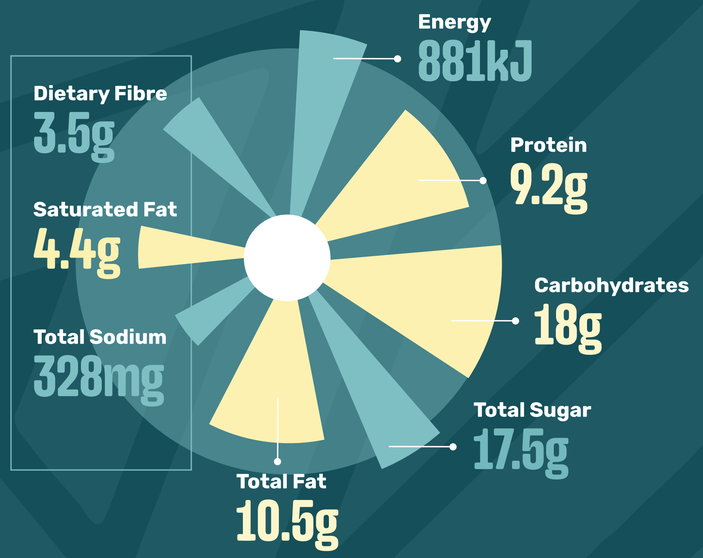
NACHOS MEXICANA - FULL

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



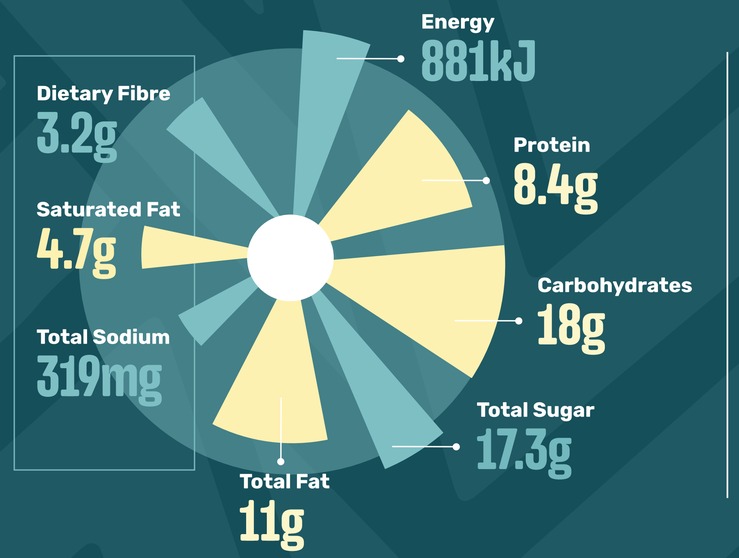
NACHOS MEXICANA - FULL CHICKEN

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



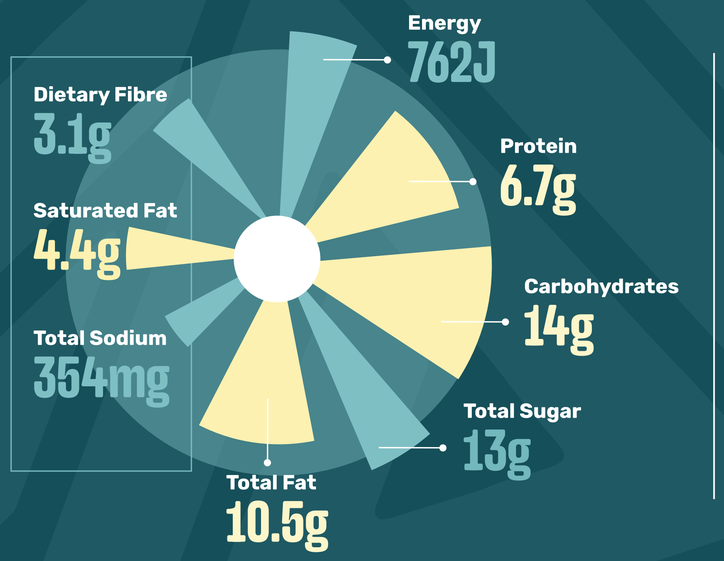
NACHOS MEXICANA - FULL BEEF

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



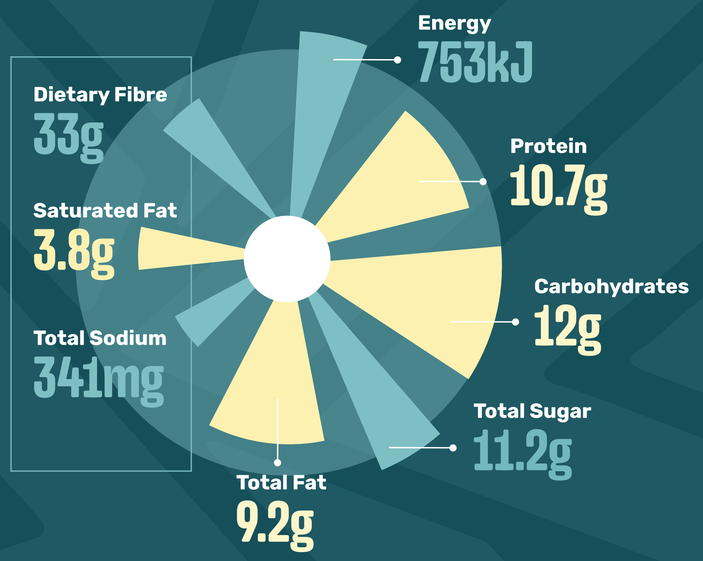
NACHOS MEXICANA - HALF

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



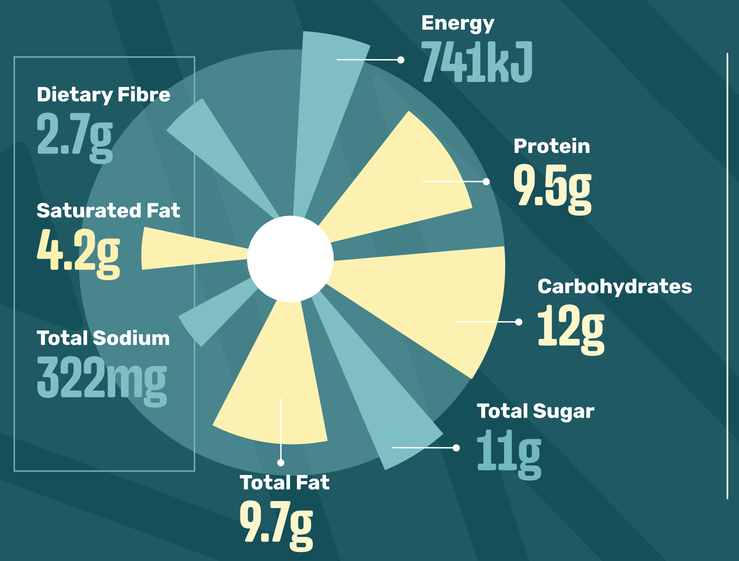
NACHOS MEXICANA - HALF CHICKEN

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



NACHOS MEXICANA - HALF BEEF

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



SHAREABLES & SALADS

*Spur Steak Ranches are not a gluten or allergen-free environment, and while the utmost care is taken to minimise contact with allergens when requested, traces of gluten or other allergens may appear in the final dish served. Our meals are produced in kitchens containing allergens including nuts, gluten, wheat, shellfish, lactose and egg. Every effort is made to ensure vegan meals are cooked on separate surfaces, keep in mind that our plant-based meals are prepared in a kitchen that does handle animal products. Please note our fish may contain small bones.

The allergen and nutritional information provided is accurate and up-to-date to the best of our knowledge. It is based on information provided by our manufacturers and suppliers and Spur Corporation (Pty) Limited will not be held liable for any omission or failure to provide updated or correct information nor negligence on the part of the supplier nor manufacturer.

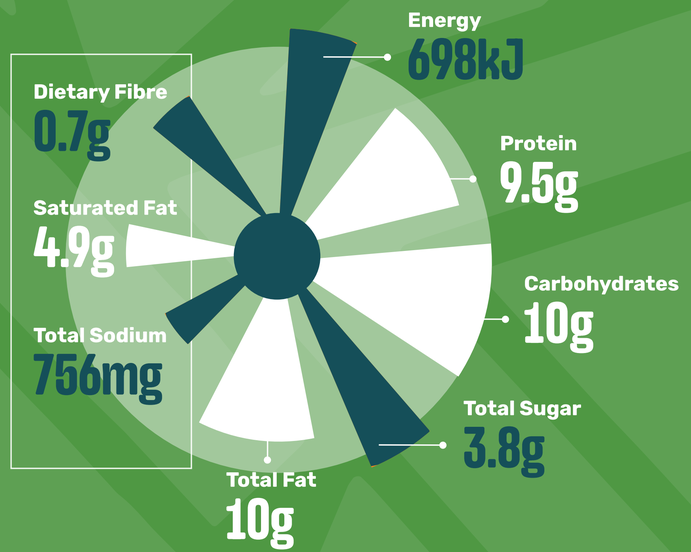
SHAREABLES

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

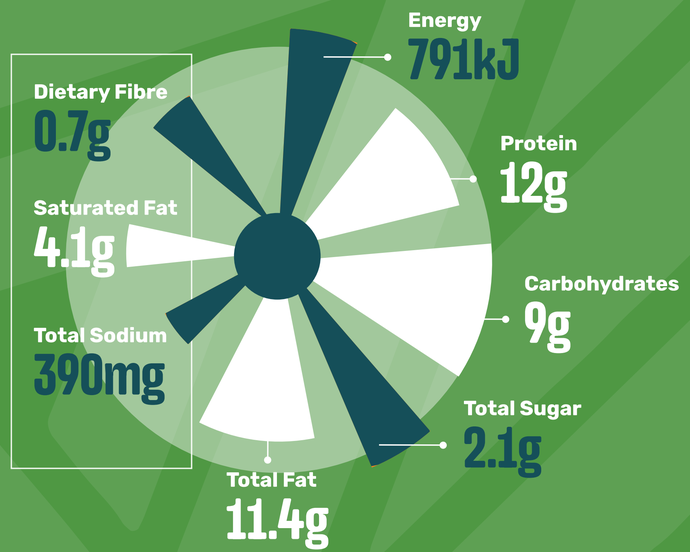
BUFFALO WINGS & CRUMBED MUSHROOMS

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



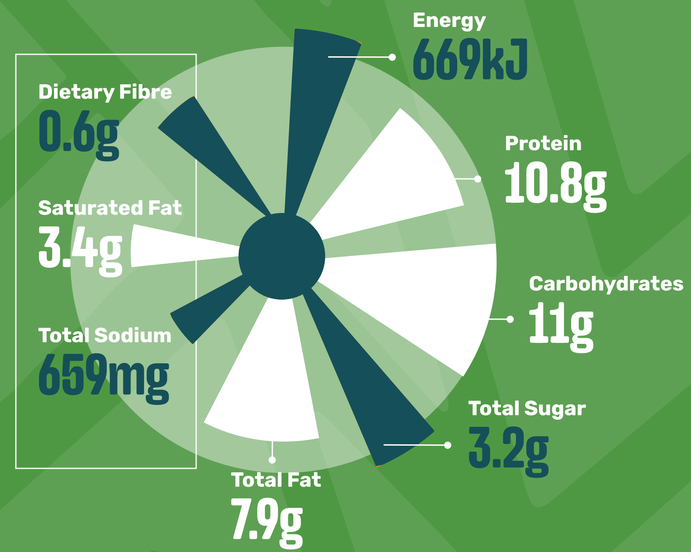
BUFFALO THIGHS & CRUMBED CALAMARI STRIPS

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



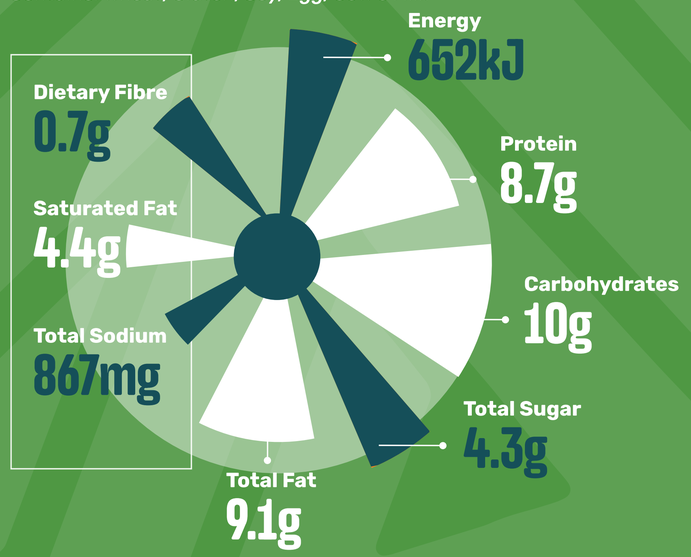
BUFFALO WINGS & CRUMBED CALAMARI STRIPS

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



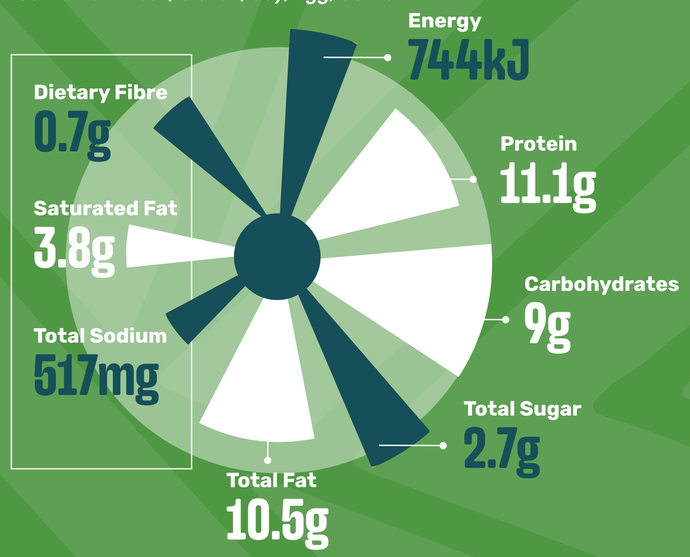
BUFFALO WINGS & CRUMBED MUSHROOMS (Hot)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



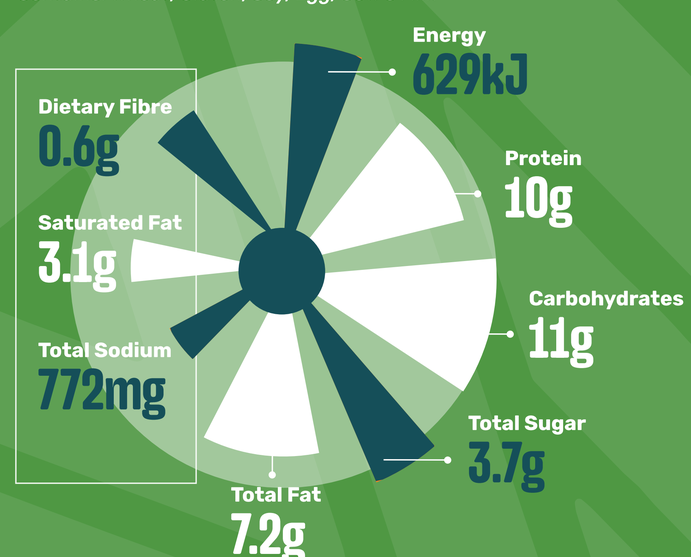
BUFFALO THIGHS & CRUMBED CALAMARI STRIPS (Hot)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



BUFFALO WINGS & CRUMBED CALAMARI STRIPS (Hot)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



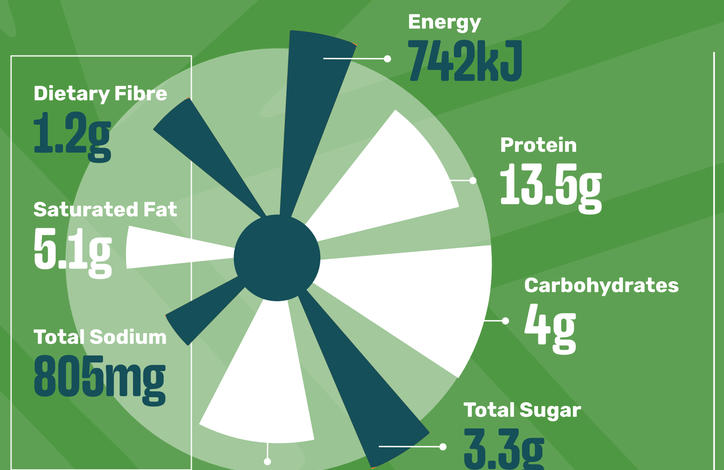
SHAREABLES

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

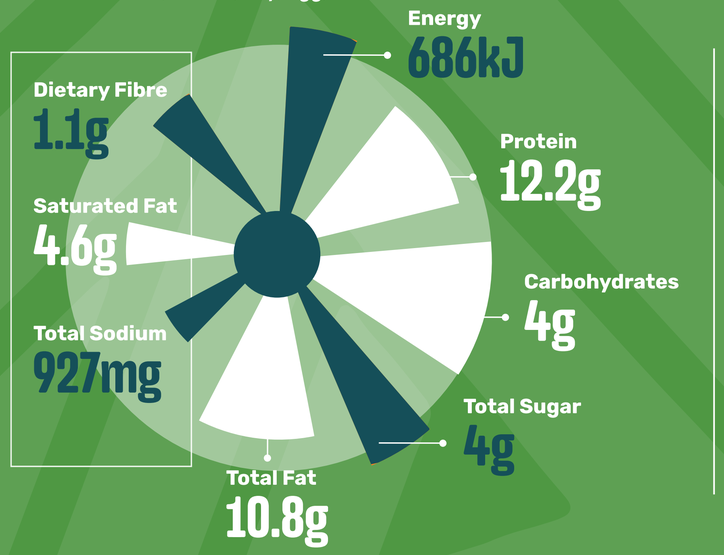
BUFFALO WINGS & RIBLETS

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



BUFFALO WINGS & RIBLETS
(Hot)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



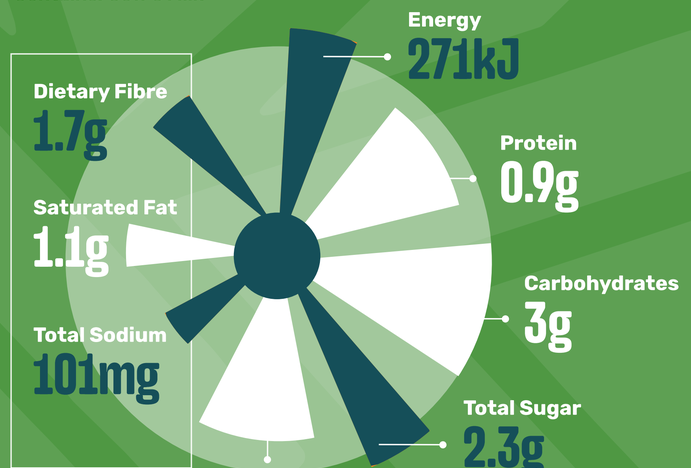
SALADS

Typical Nutritional Information for Ready-to-eat Product:

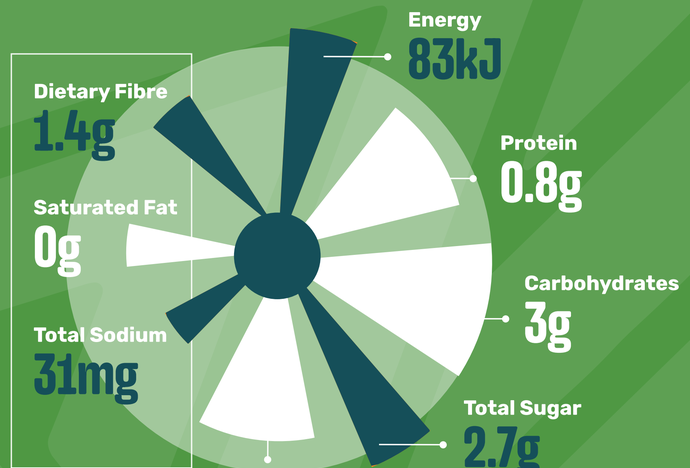
Per 100 g serving

GREEK SALAD – FULL

Contains: Cow's Milk

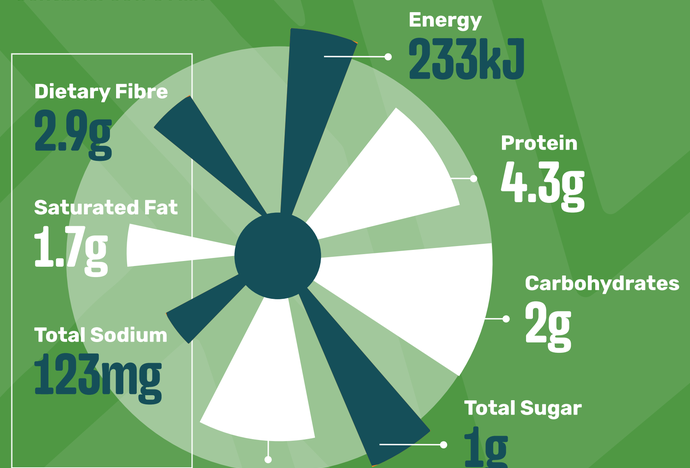


GARDEN SALAD – FULL



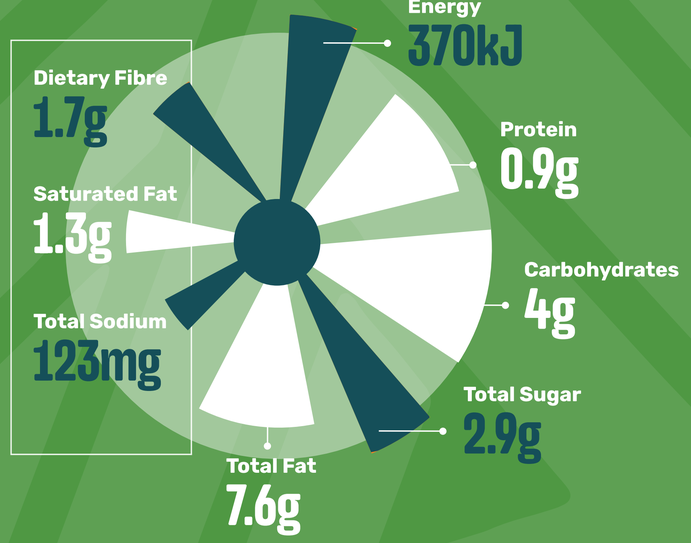
SPINACH

Contains: Cow's Milk

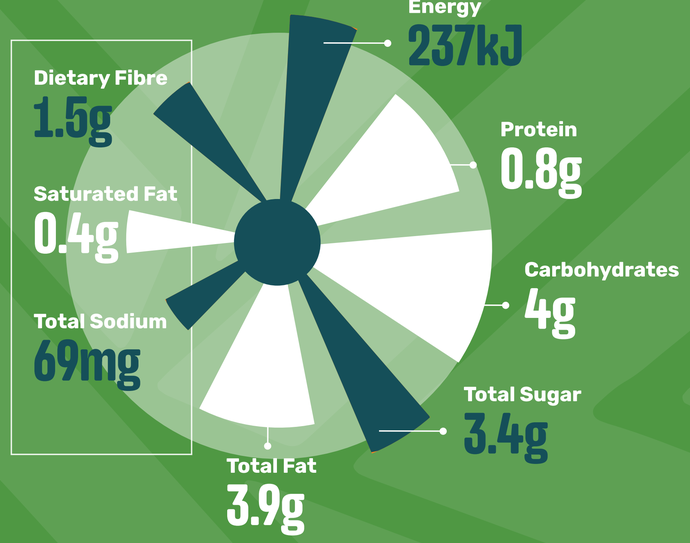


GREEK SALAD – SIDE

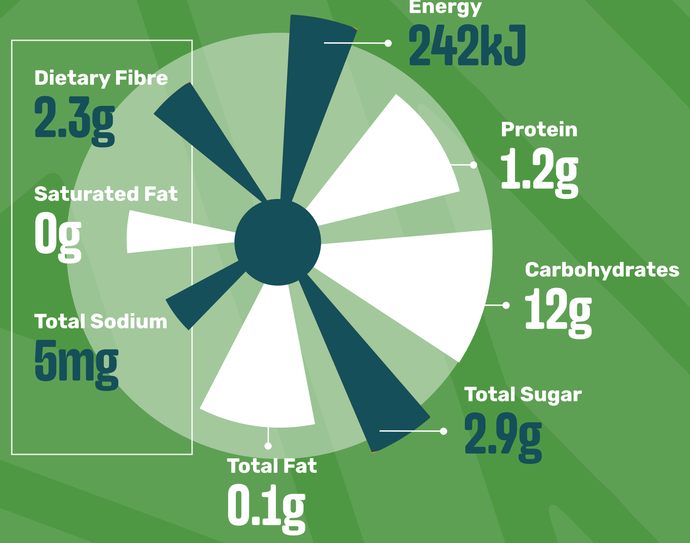
Contains: Cow's Milk



GARDEN SALAD – SIDE



BUTTERNUT



TOASTED SARMIES

*Spur Steak Ranches are not a gluten or allergen-free environment, and while the utmost care is taken to minimise contact with allergens when requested, traces of gluten or other allergens may appear in the final dish served. Our meals are produced in kitchens containing allergens including nuts, gluten, wheat, shellfish, lactose and egg. Every effort is made to ensure vegan meals are cooked on separate surfaces, keep in mind that our plant-based meals are prepared in a kitchen that does handle animal products. Please note our fish may contain small bones.

The allergen and nutritional information provided is accurate and up-to-date to the best of our knowledge. It is based on information provided by our manufacturers and suppliers and Spur Corporation (Pty) Limited will not be held liable for any omission or failure to provide updated or correct information nor negligence on the part of the supplier nor manufacturer.

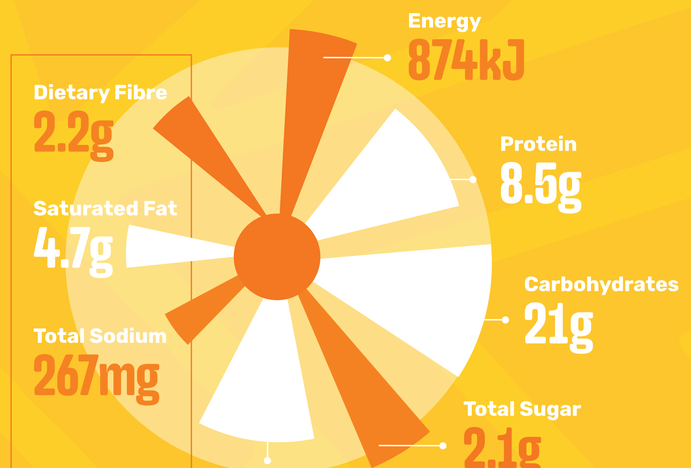
TOASTIES

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

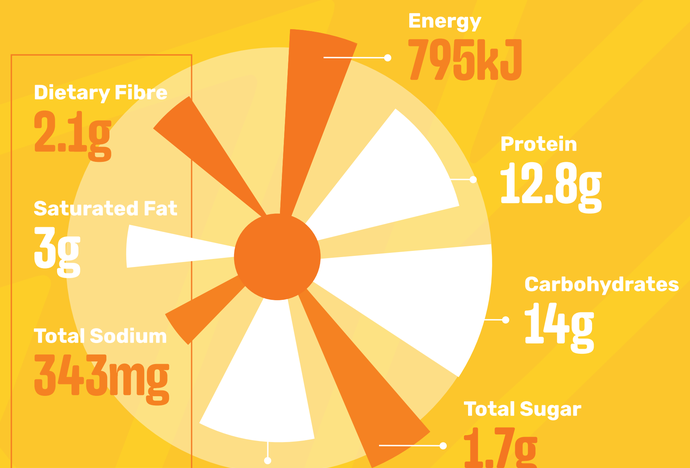
TANGY CHEESE & TOMATO
(White Bread)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



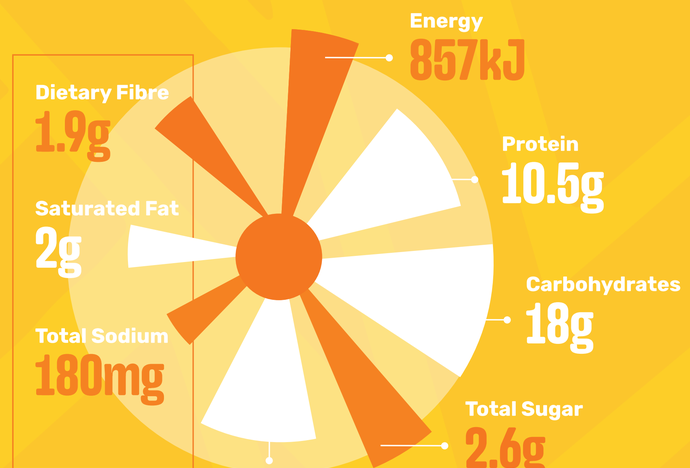
BACON & EGG
(White Bread)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



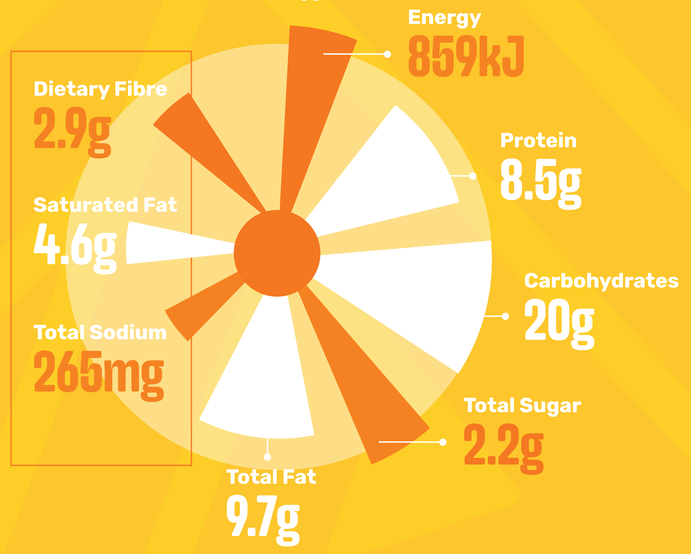
ROAST CHICKEN MAYO
(White Bread)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



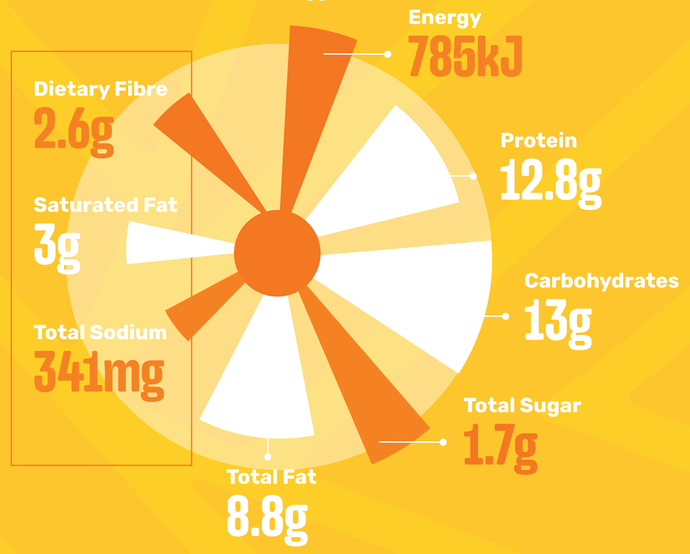
TANGY CHEESE & TOMATO
(Brown Bread)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



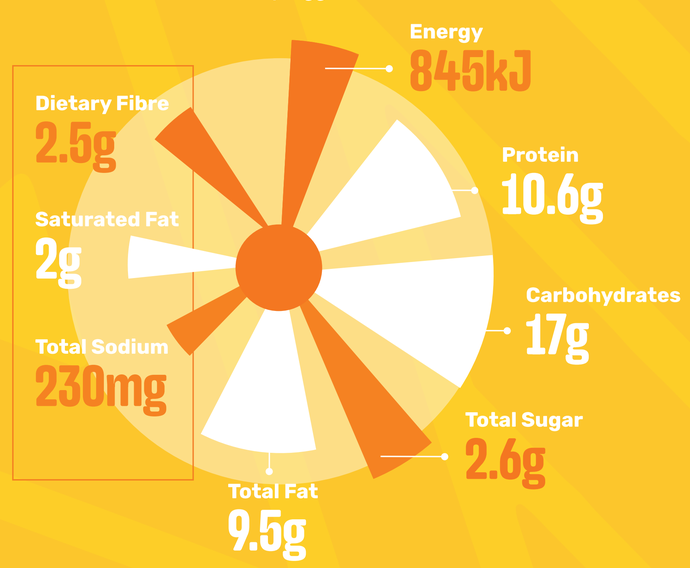
BACON & EGG
(Brown Bread)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



ROAST CHICKEN MAYO
(Brown Bread)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



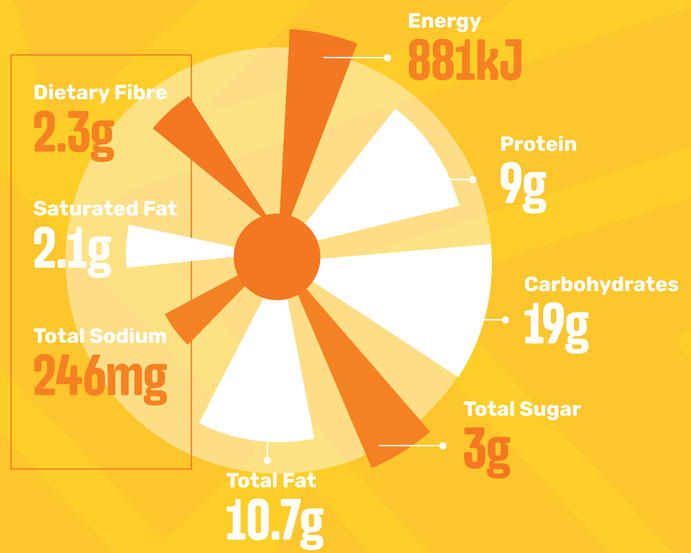
TOASTIES

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

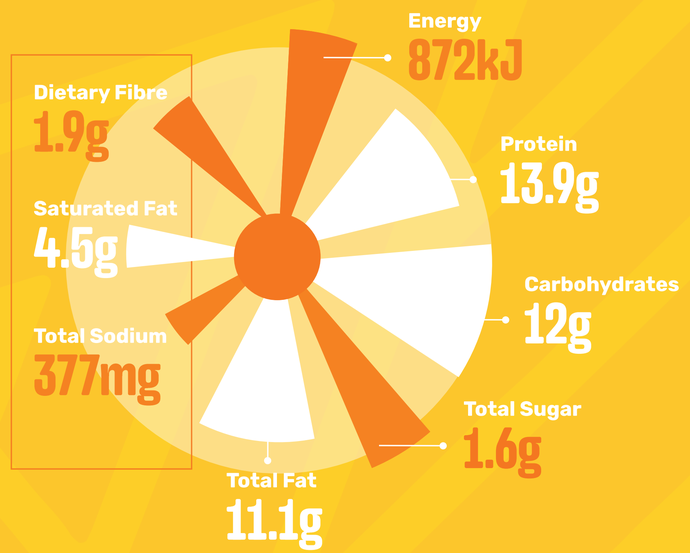
SPICY ROAST CHICKEN MAYO
(White Bread)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



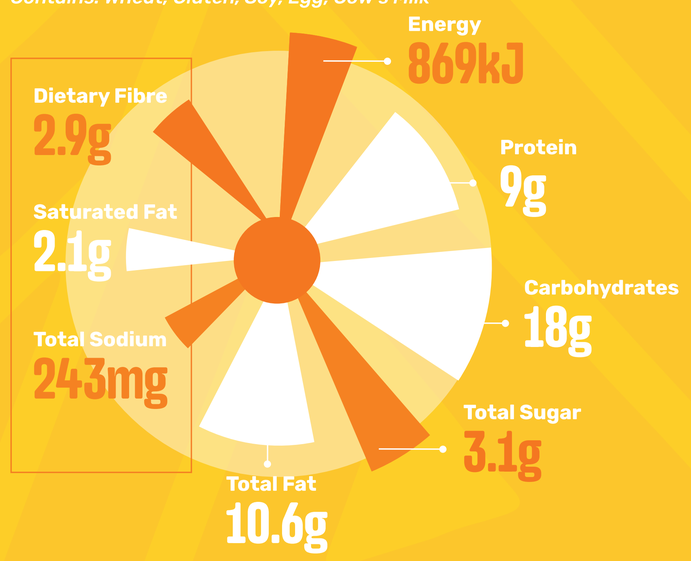
BACON, EGG & CHEESE
(White Bread)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



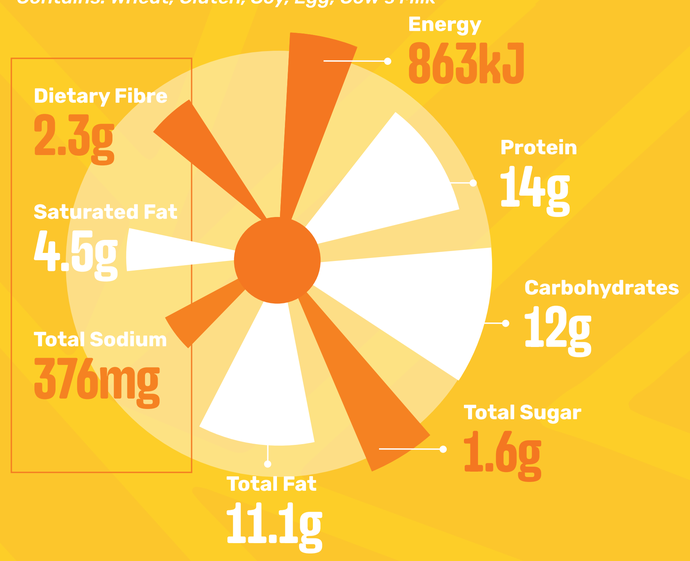
SPICY ROAST CHICKEN MAYO
(Brown Bread)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



BACON, EGG & CHEESE
(Brown Bread)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



BURGERS

*Spur Steak Ranches are not a gluten or allergen-free environment, and while the utmost care is taken to minimise contact with allergens when requested, traces of gluten or other allergens may appear in the final dish served. Our meals are produced in kitchens containing allergens including nuts, gluten, wheat, shellfish, lactose and egg. Every effort is made to ensure vegan meals are cooked on separate surfaces, keep in mind that our plant-based meals are prepared in a kitchen that does handle animal products. Please note our fish may contain small bones.

The allergen and nutritional information provided is accurate and up-to-date to the best of our knowledge. It is based on information provided by our manufacturers and suppliers and Spur Corporation (Pty) Limited will not be held liable for any omission or failure to provide updated or correct information nor negligence on the part of the supplier nor manufacturer.

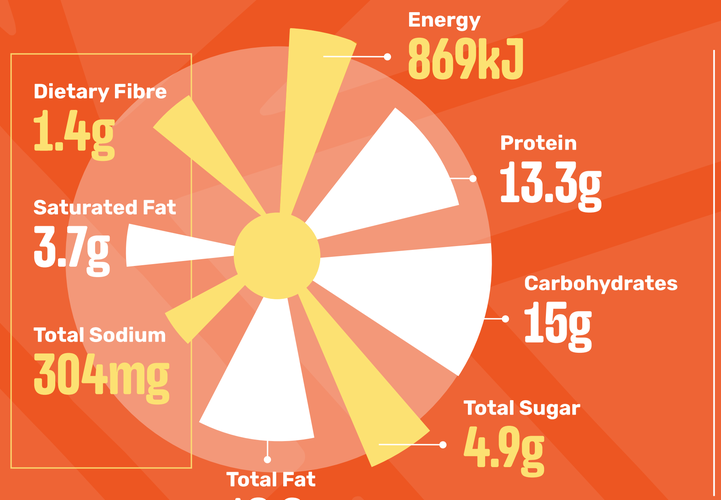
BEEF

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

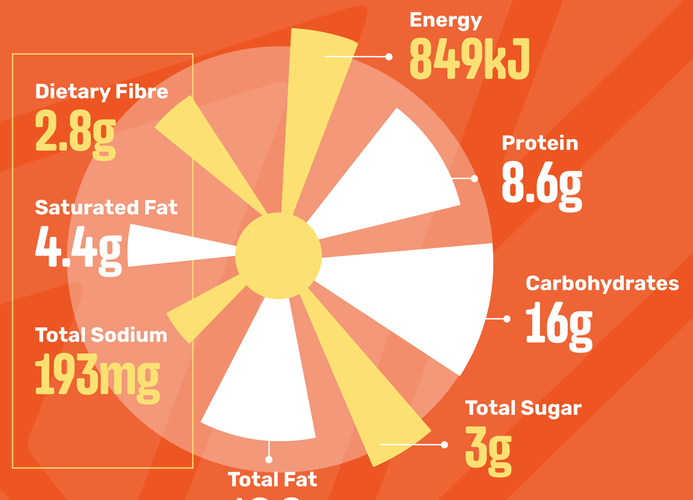
ORIGINAL SPUR BEEF BURGER
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



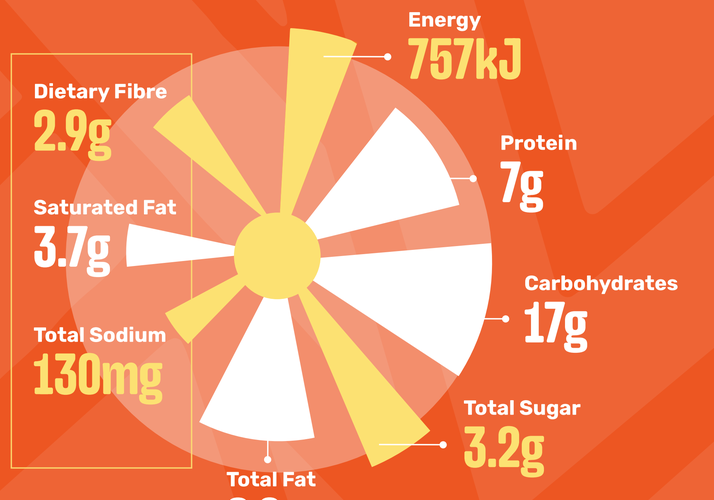
ORIGINAL SPUR BEEF BURGER
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



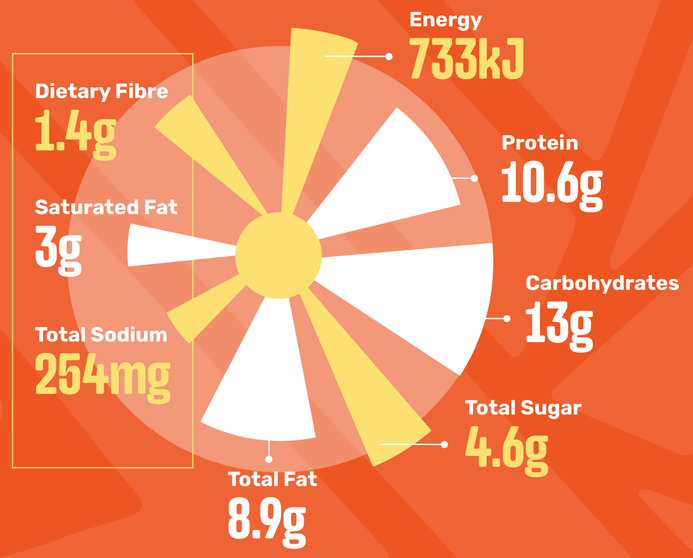
ORIGINAL SPUR BEEF BURGER
(Baked Potato with Sour Cream & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



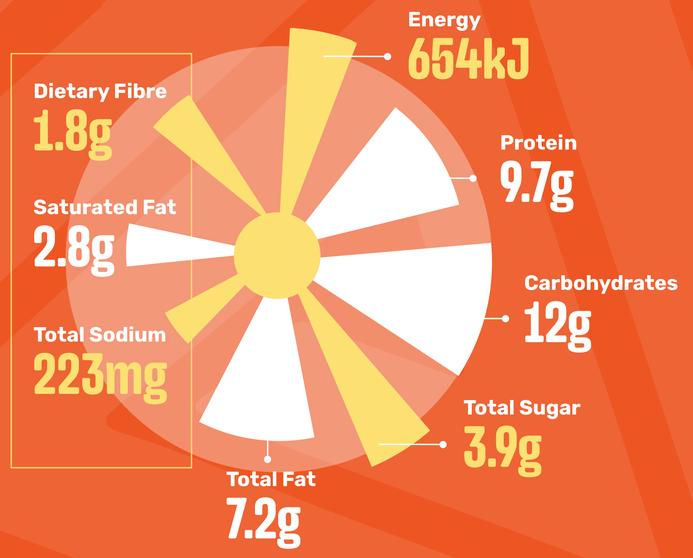
ORIGINAL SPUR BEEF BURGER
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



ORIGINAL SPUR BEEF BURGER
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



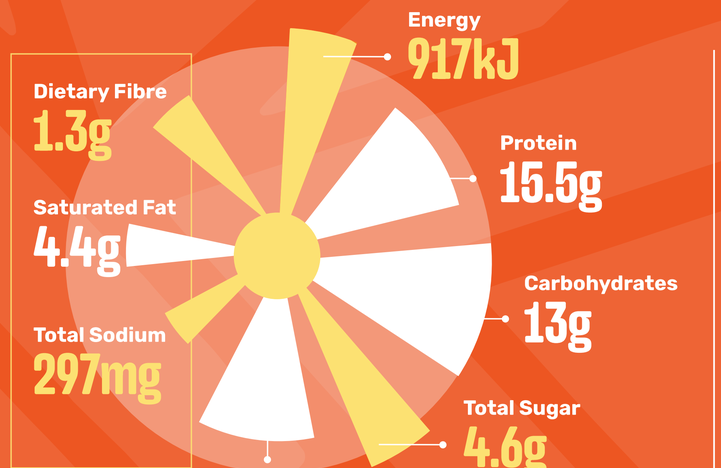
BEEF

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

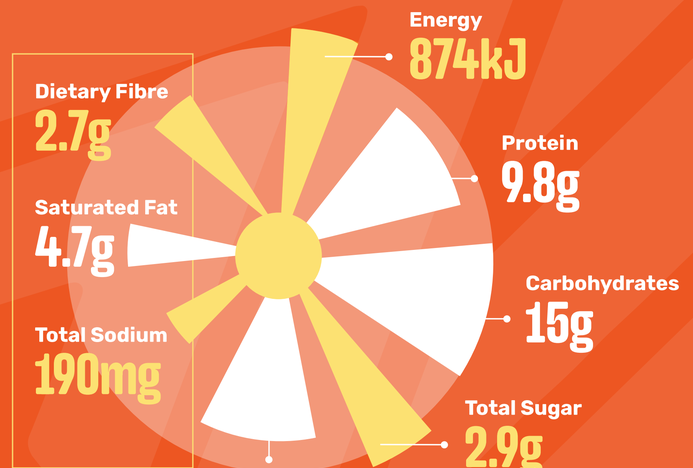
ORIGINAL SPUR DOUBLE BEEF BURGER
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



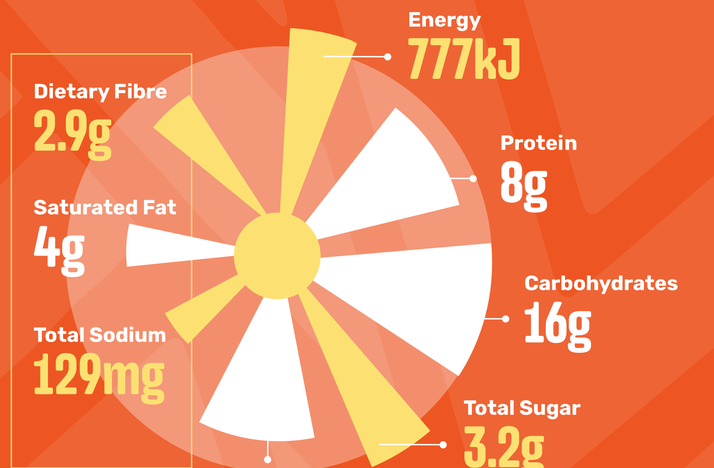
ORIGINAL SPUR DOUBLE BEEF BURGER
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



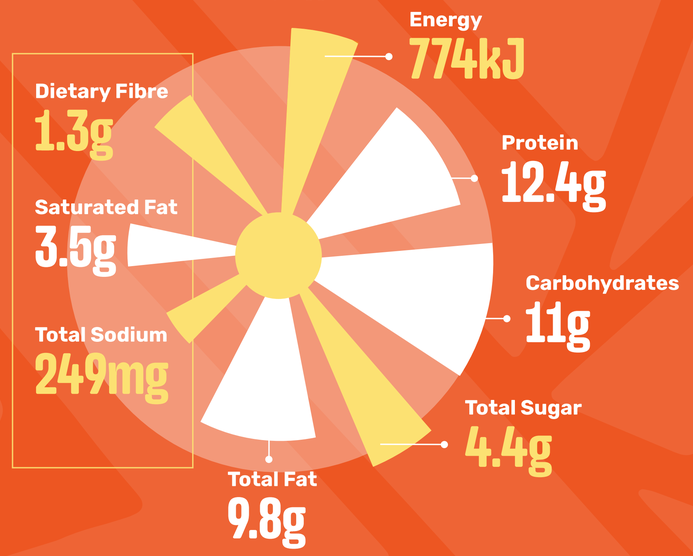
ORIGINAL SPUR DOUBLE BEEF BURGER
(Baked Potato with Sour Cream & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



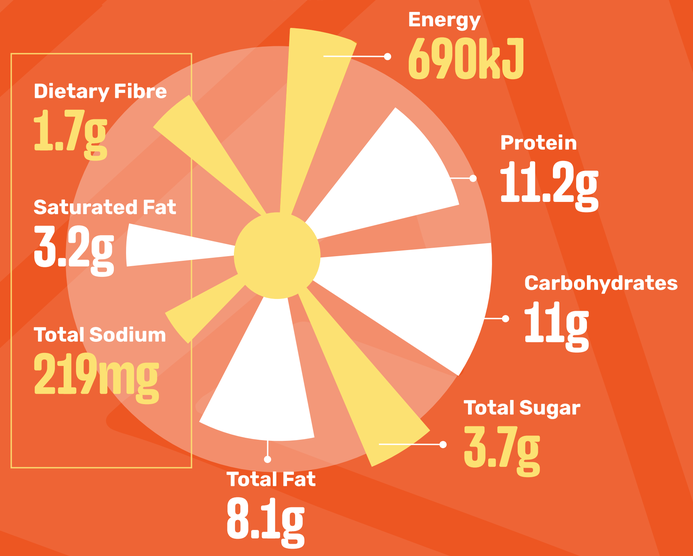
ORIGINAL SPUR DOUBLE BEEF BURGER
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



ORIGINAL SPUR DOUBLE BEEF BURGER
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



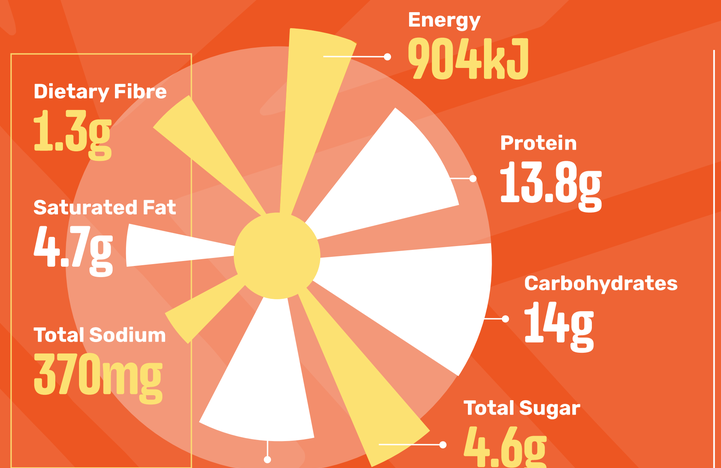
BEEF

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

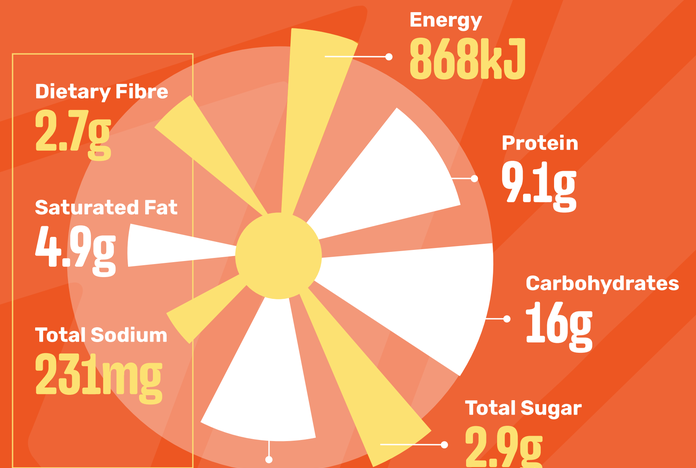
BEEF CHEESE BURGER
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



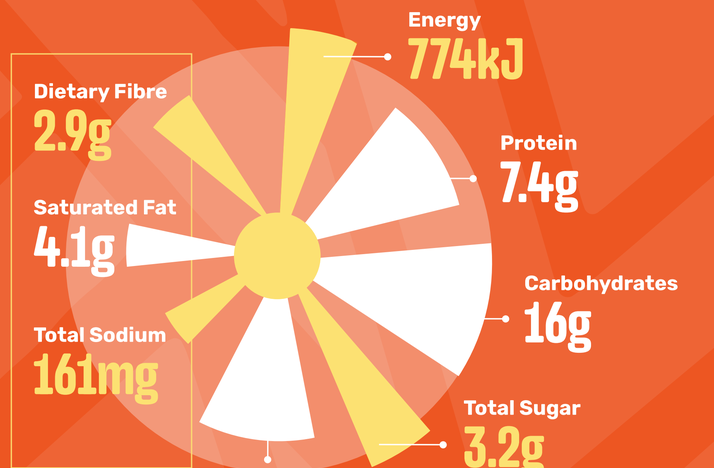
BEEF CHEESE BURGER
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



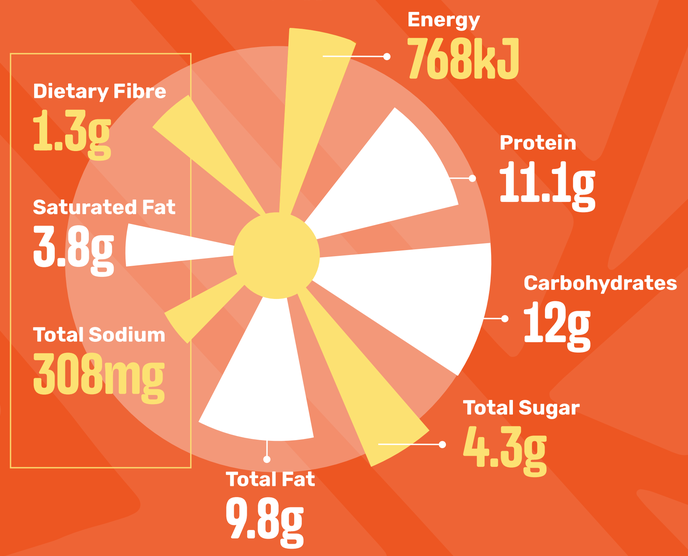
BEEF CHEESE BURGER
(Baked Potato with Sour Cream & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



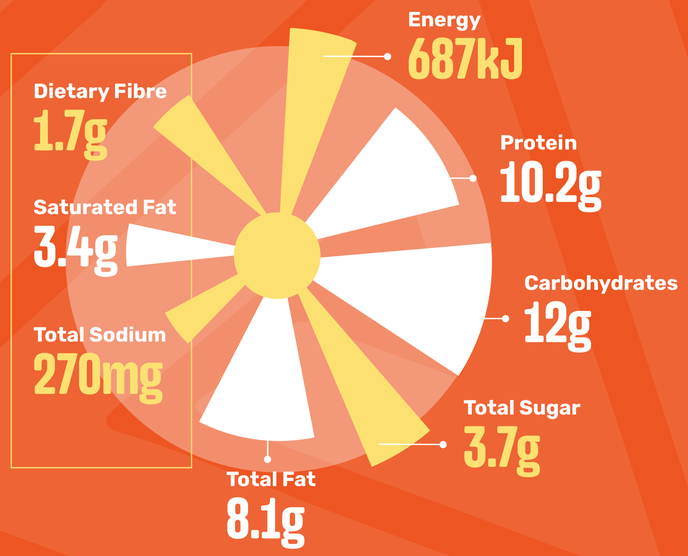
BEEF CHEESE BURGER
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



BEEF CHEESE BURGER
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



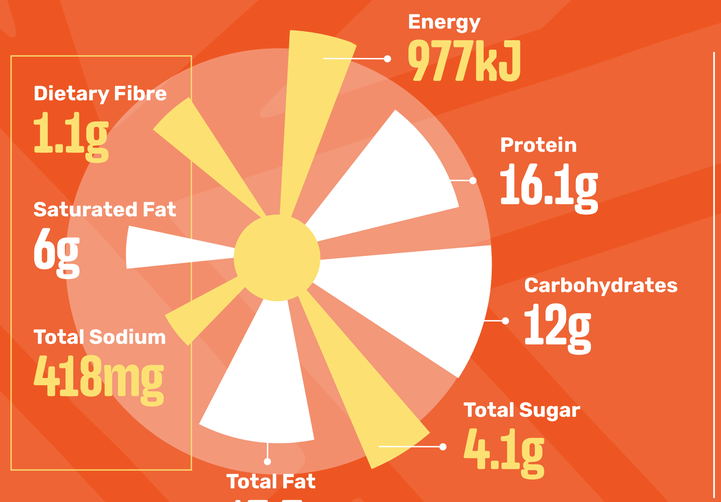
BEEF

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

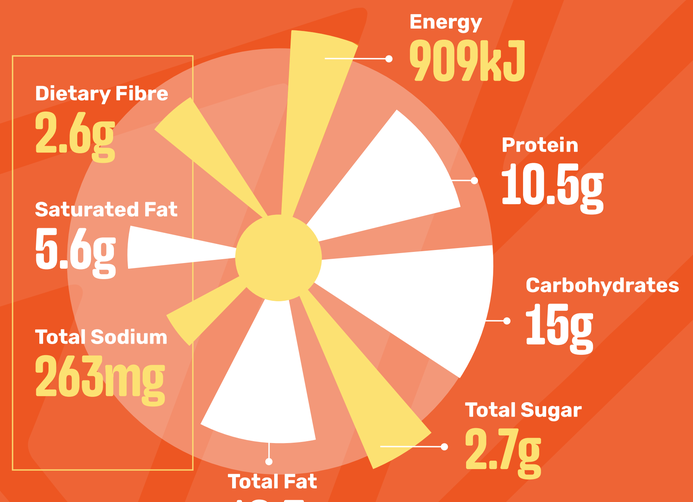
DOUBLE BEEF CHEESE BURGER
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



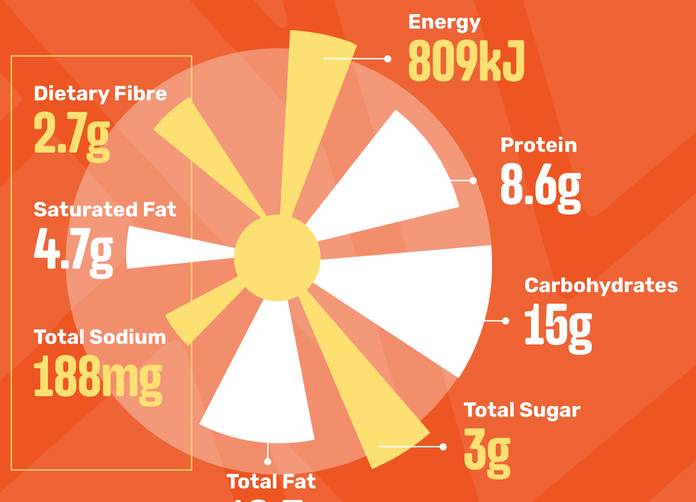
DOUBLE BEEF CHEESE BURGER
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



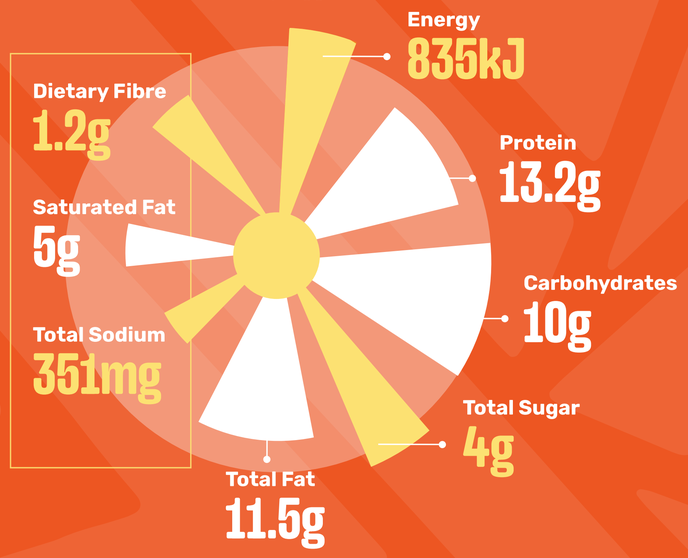
DOUBLE BEEF CHEESE BURGER
(Baked Potato with Sour Cream & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



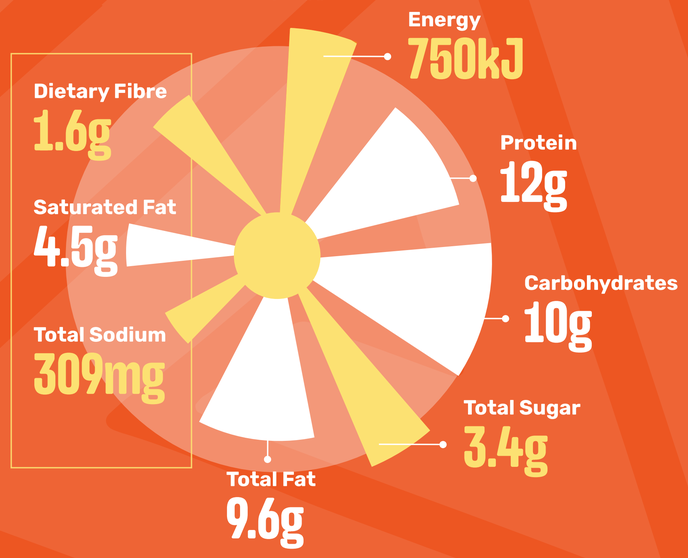
DOUBLE BEEF CHEESE BURGER
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



DOUBLE BEEF CHEESE BURGER
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



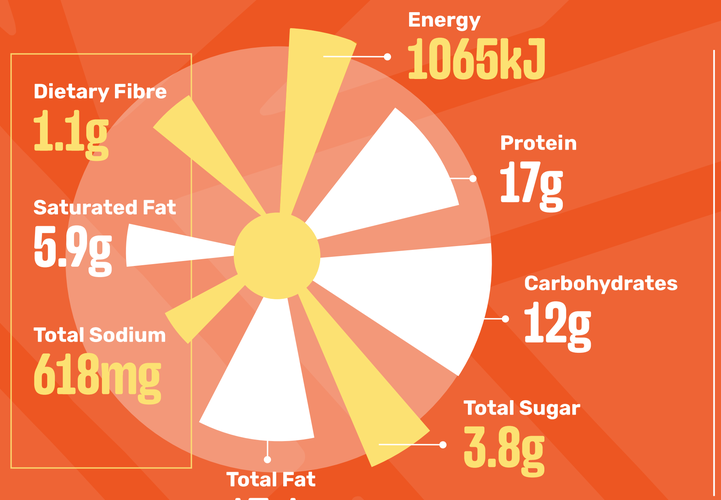
BEEF

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

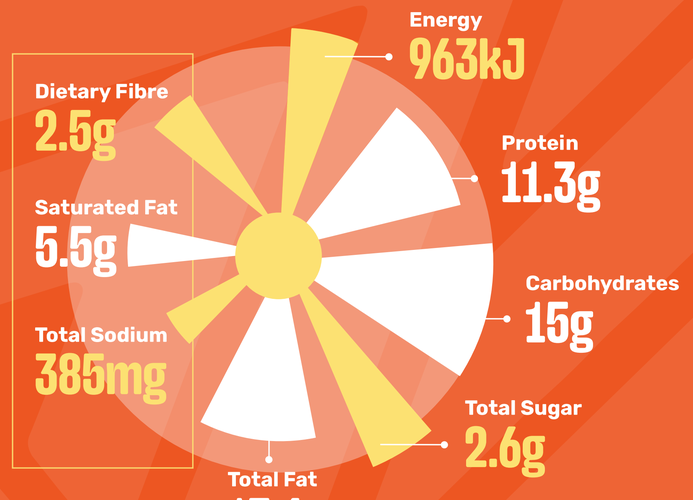
BEEF, BACON & CHEESE BURGER
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



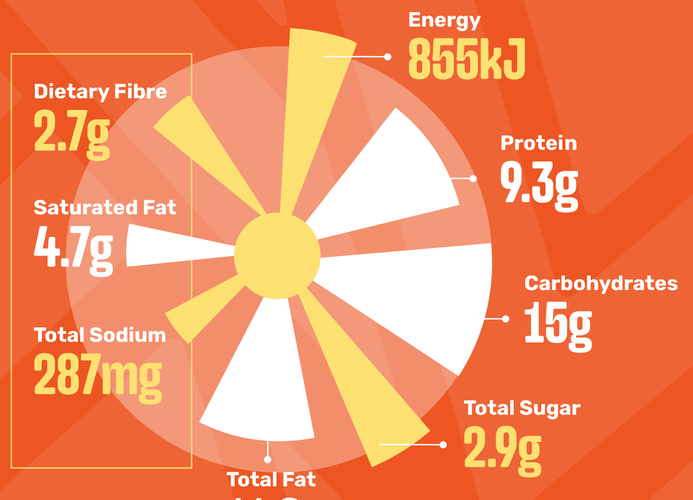
BEEF, BACON & CHEESE BURGER
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



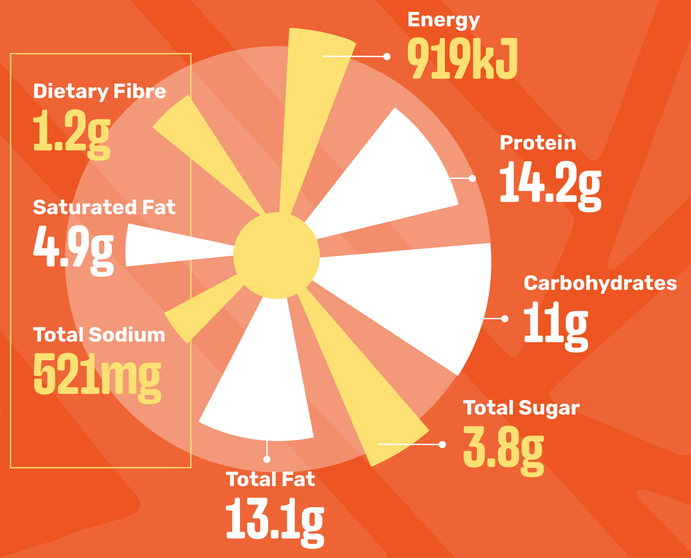
BEEF, BACON & CHEESE BURGER
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



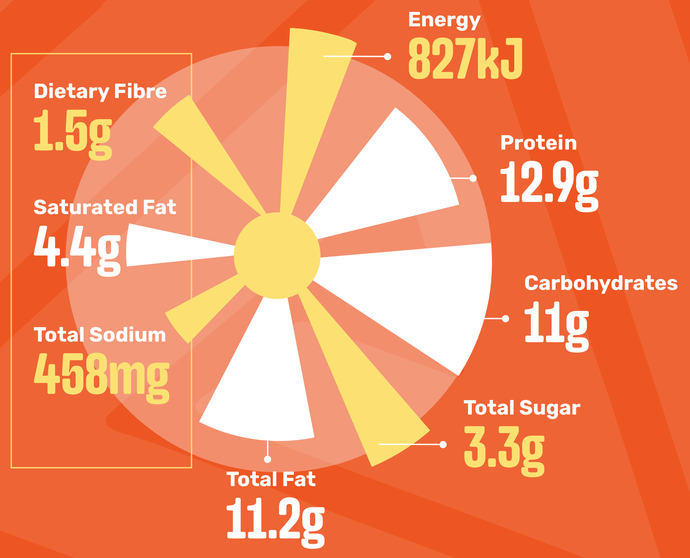
BEEF, BACON & CHEESE BURGER
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



BEEF, BACON & CHEESE BURGER
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



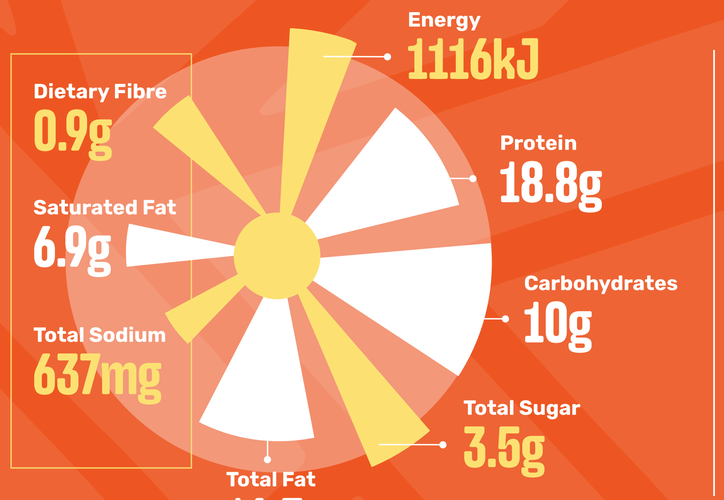
BEEF

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

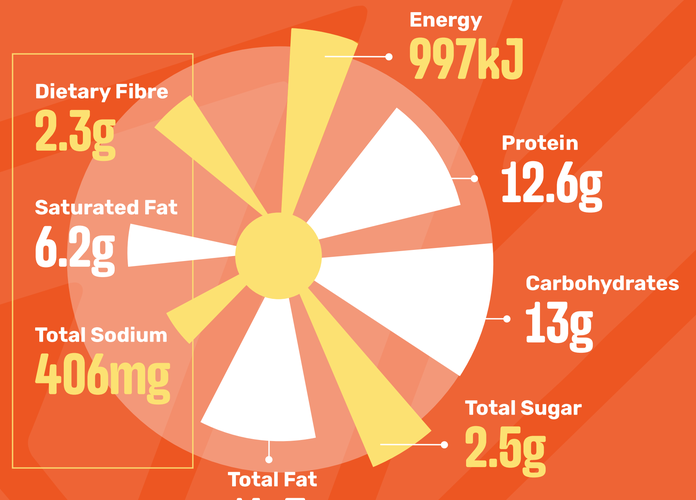
DOUBLE BEEF, BACON & CHEESE BURGER
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



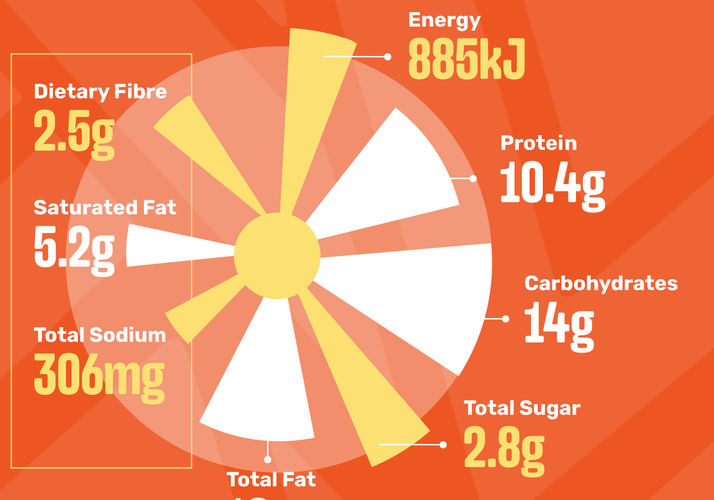
DOUBLE BEEF, BACON & CHEESE BURGER
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



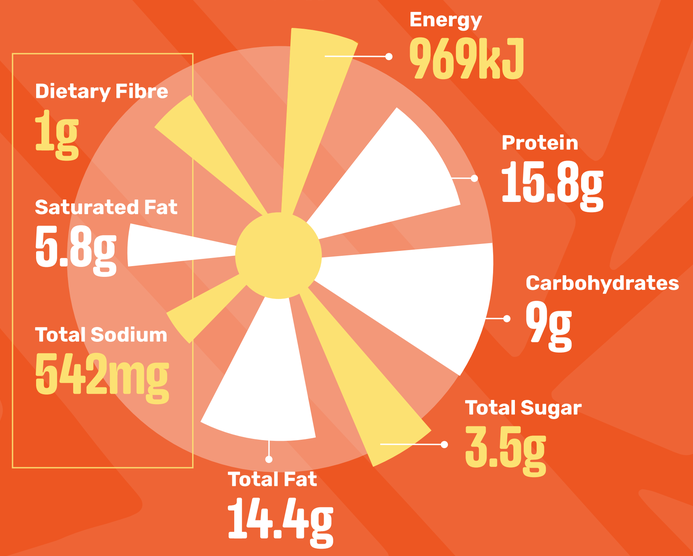
DOUBLE BEEF, BACON & CHEESE BURGER
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



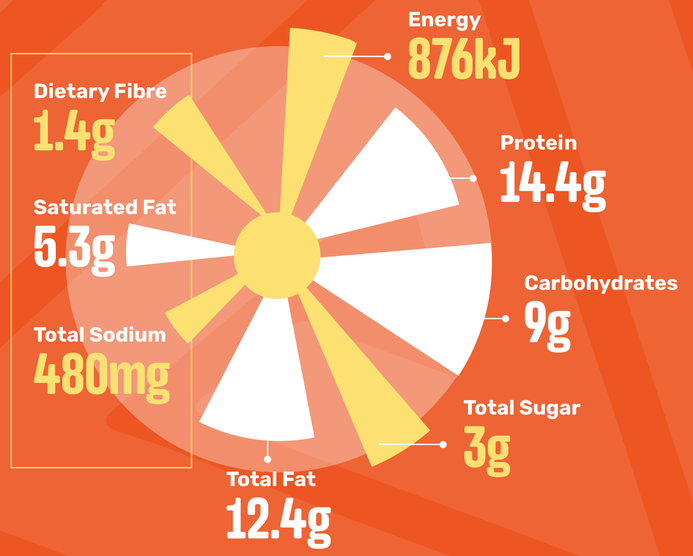
DOUBLE BEEF, BACON & CHEESE BURGER
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



DOUBLE BEEF, BACON & CHEESE BURGER
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



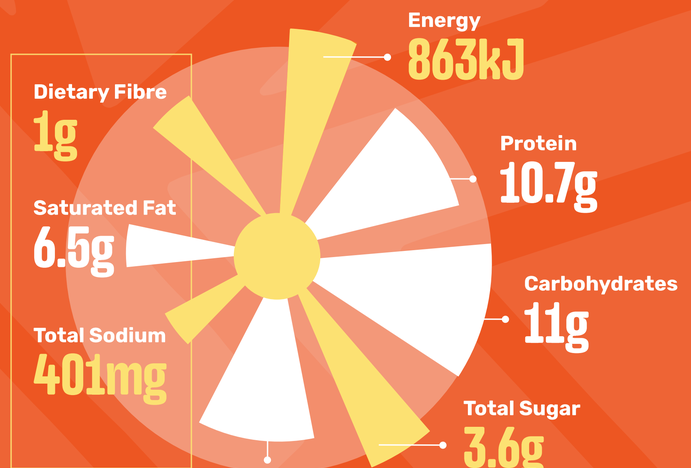
BEEF

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

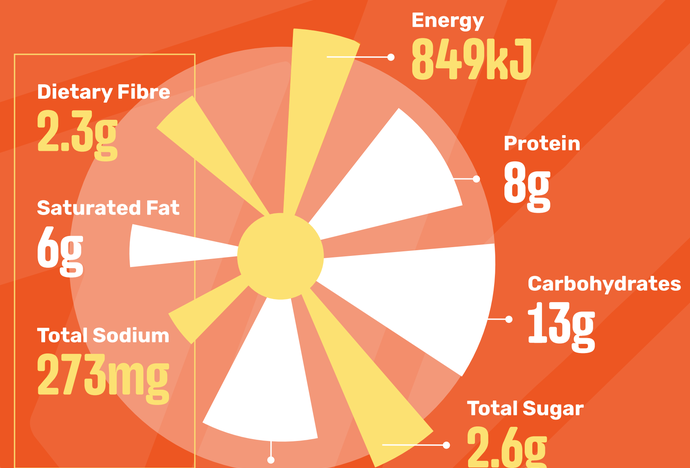
BEEF CHEDDAMELT BURGER – MUSHROOM SAUCE
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



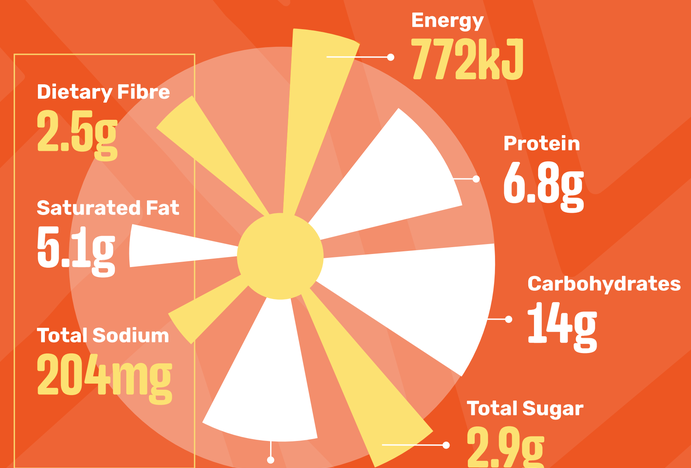
BEEF CHEDDAMELT BURGER – MUSHROOM SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



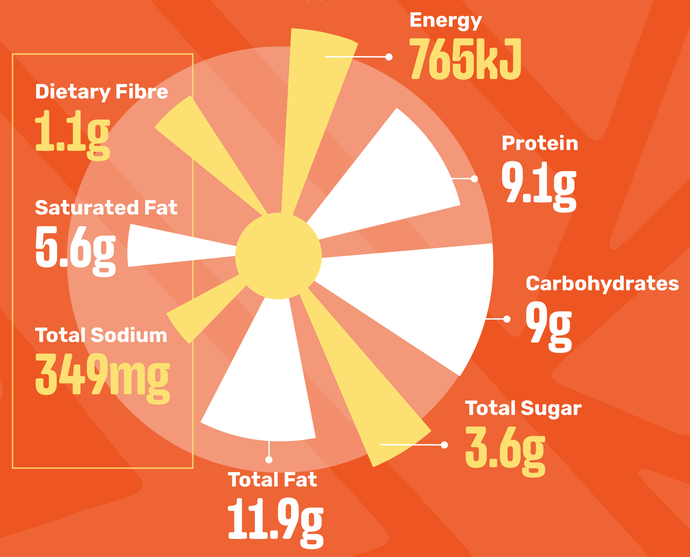
BEEF CHEDDAMELT BURGER – MUSHROOM SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



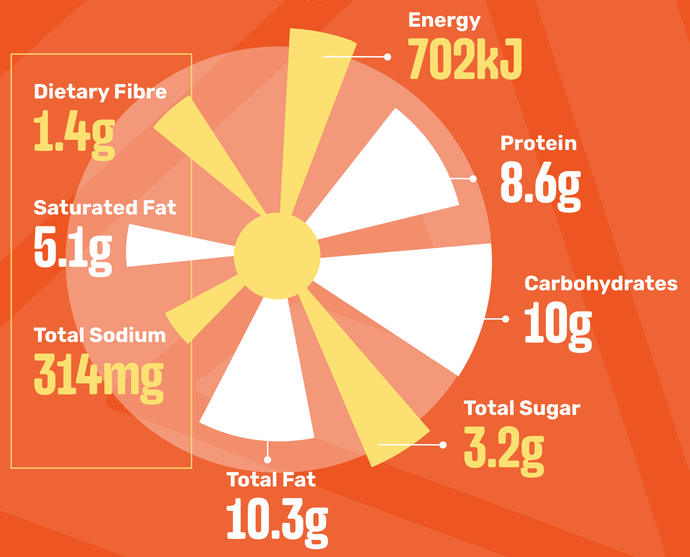
BEEF CHEDDAMELT BURGER – MUSHROOM SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



BEEF CHEDDAMELT BURGER – MUSHROOM SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



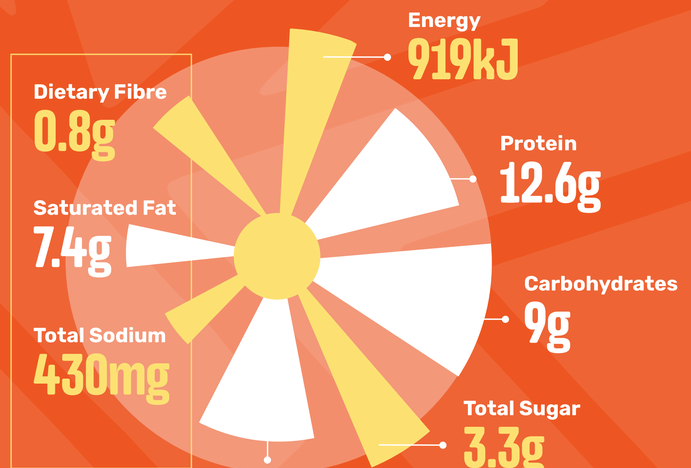
BEEF

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

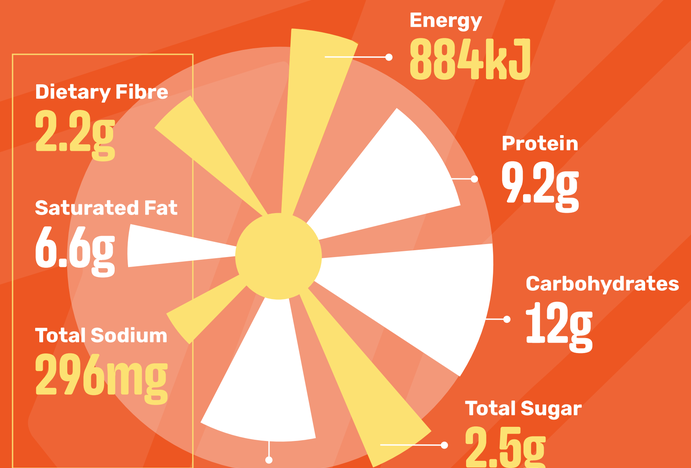
DOUBLE BEEF CHEDDAMELT BURGER – MUSHROOM SAUCE
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



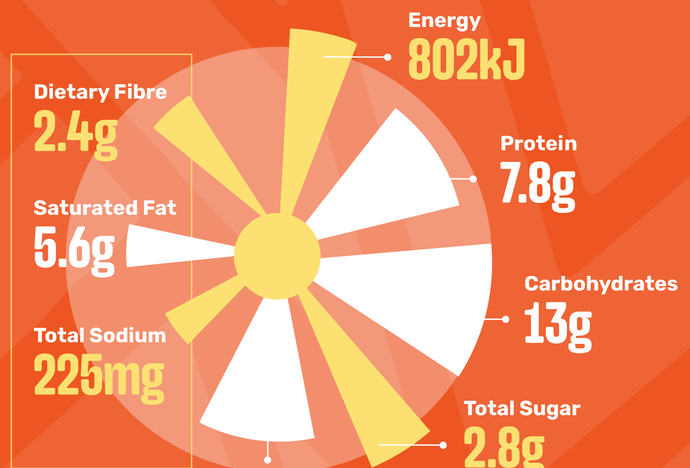
DOUBLE BEEF CHEDDAMELT BURGER – MUSHROOM SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



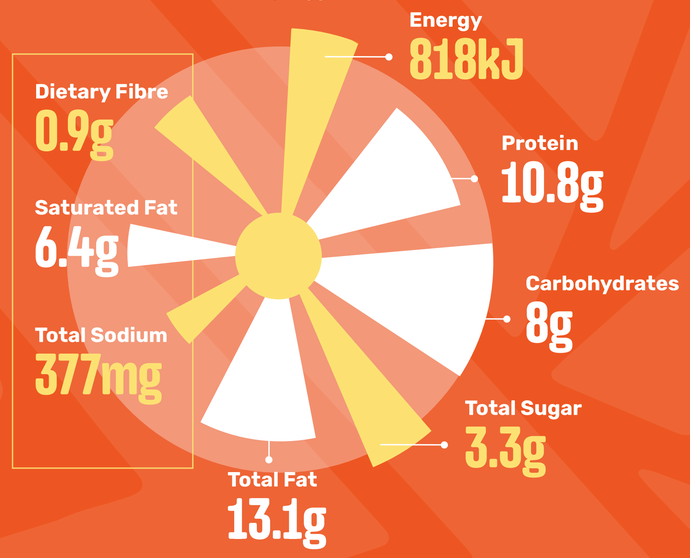
DOUBLE BEEF CHEDDAMELT BURGER – MUSHROOM SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



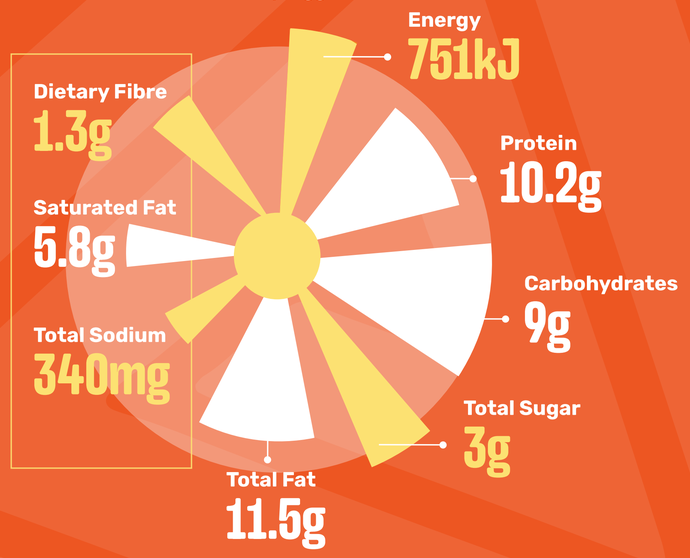
DOUBLE BEEF CHEDDAMELT BURGER – MUSHROOM SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



DOUBLE BEEF CHEDDAMELT BURGER – MUSHROOM SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



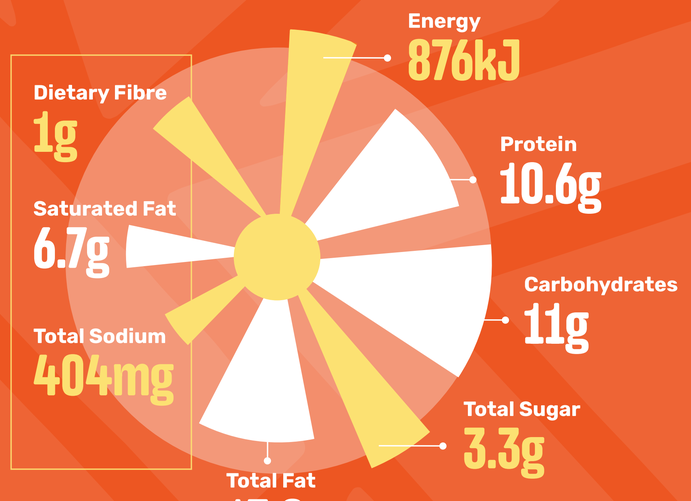
BEEF

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

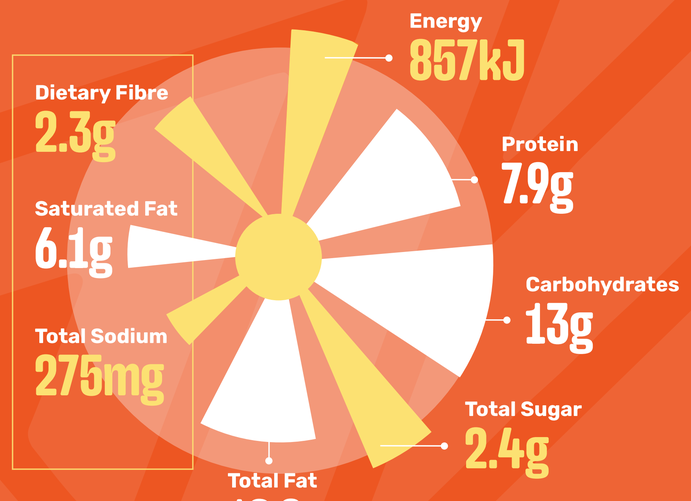
BEEF CHEDDAMELT BURGER – PEPPER SAUCE
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



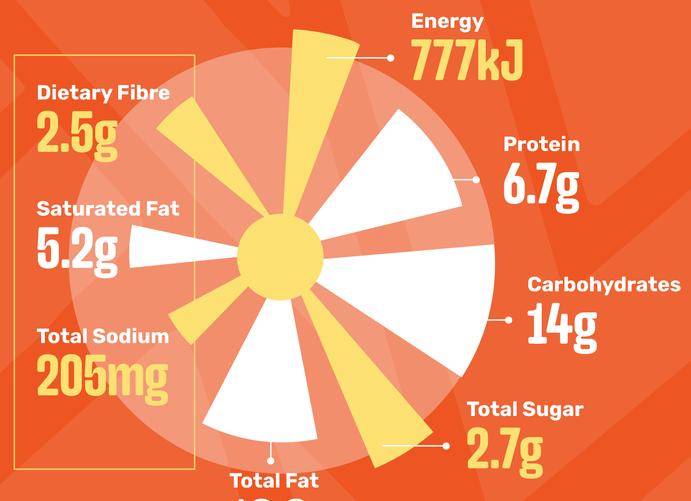
BEEF CHEDDAMELT BURGER – PEPPER SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



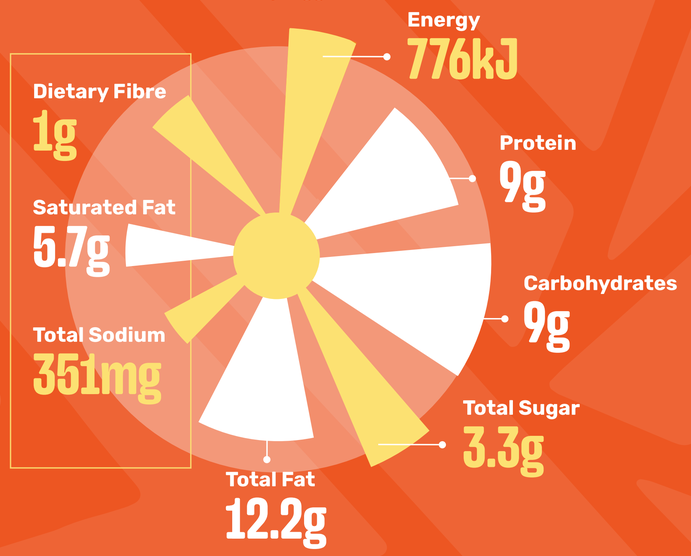
BEEF CHEDDAMELT BURGER – PEPPER SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



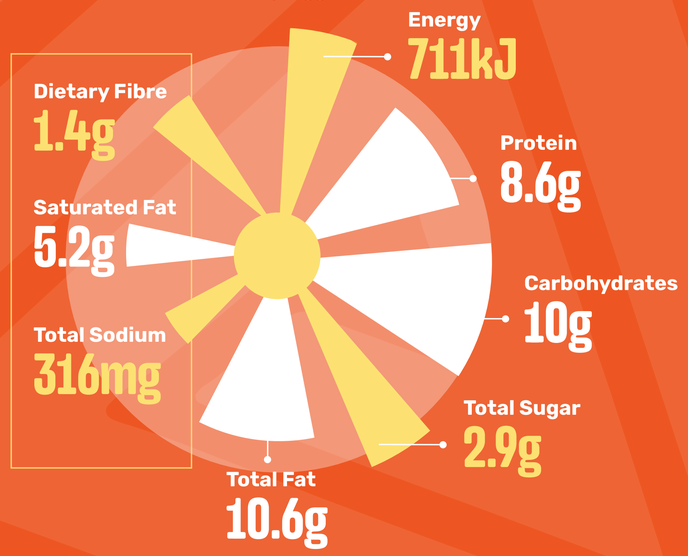
BEEF CHEDDAMELT BURGER – PEPPER SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



BEEF CHEDDAMELT BURGER – PEPPER SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



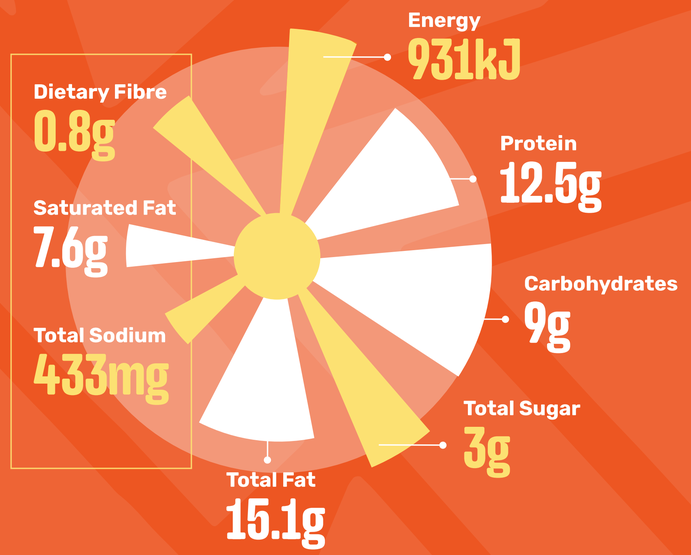
BEEF

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

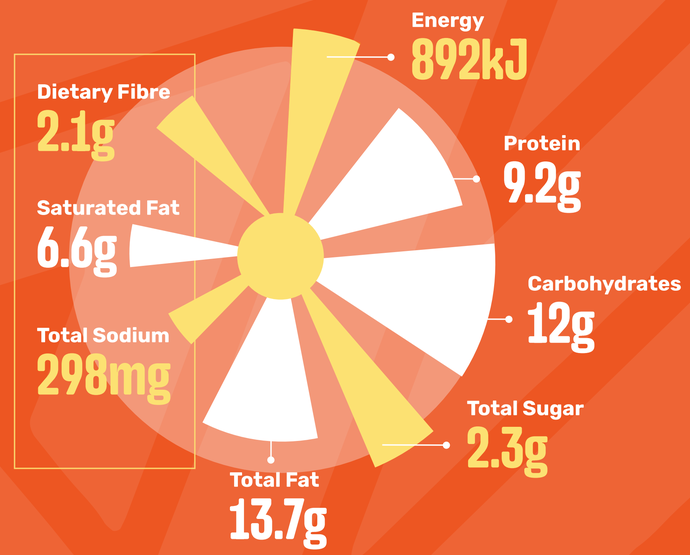
DOUBLE BEEF CHEDDAMELT BURGER – PEPPER SAUCE
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



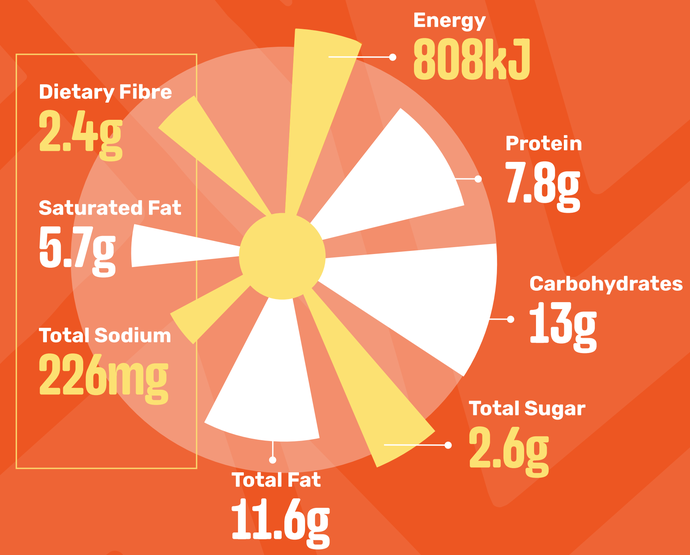
DOUBLE BEEF CHEDDAMELT BURGER – PEPPER SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



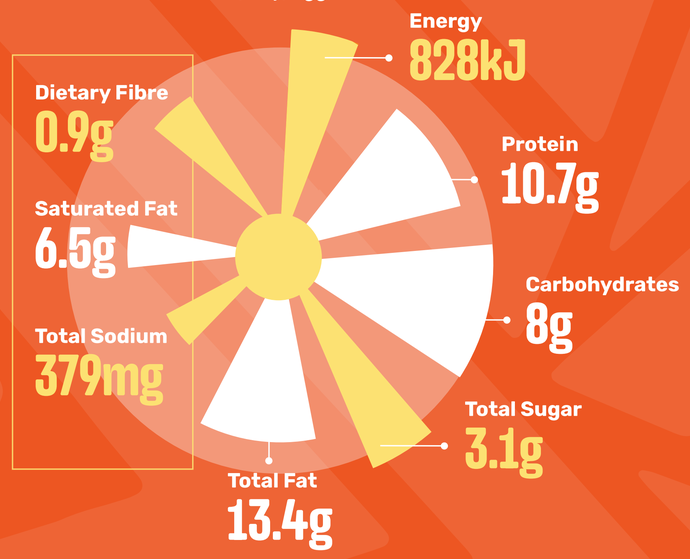
DOUBLE BEEF CHEDDAMELT BURGER – PEPPER SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



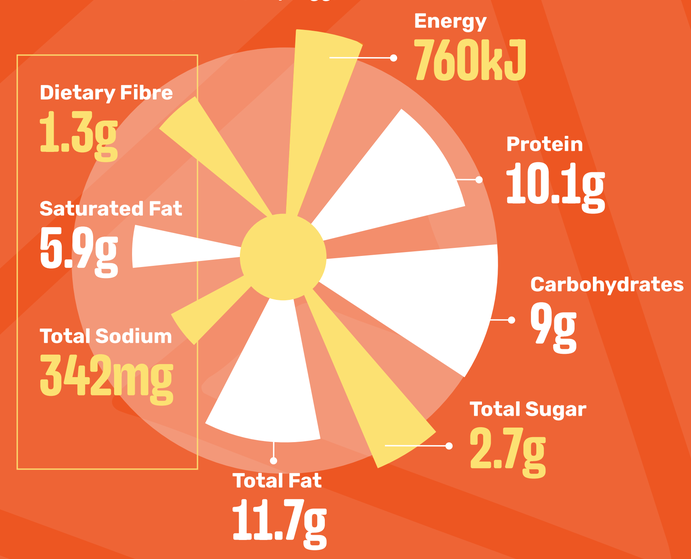
DOUBLE BEEF CHEDDAMELT BURGER – PEPPER SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



DOUBLE BEEF CHEDDAMELT BURGER – PEPPER SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



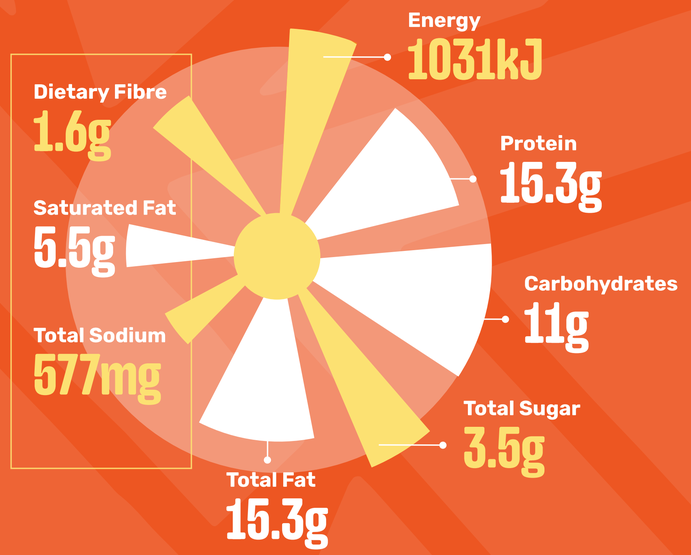
BEEF

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

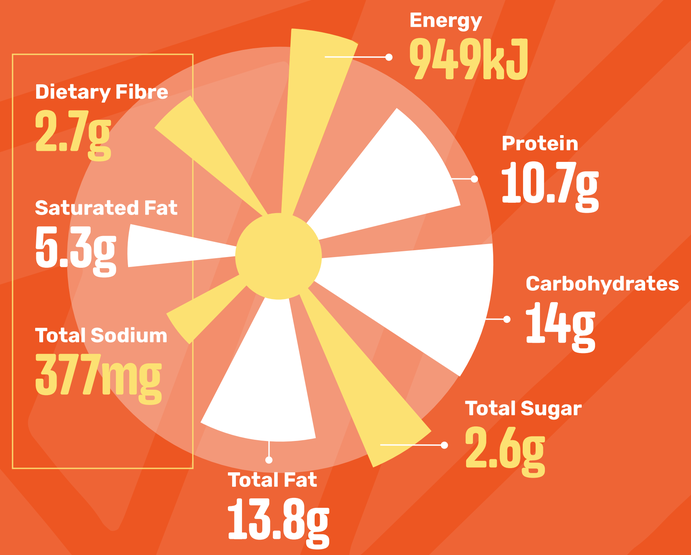
BEEF, BACON, CHEESE & GUACAMOLE BURGER
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



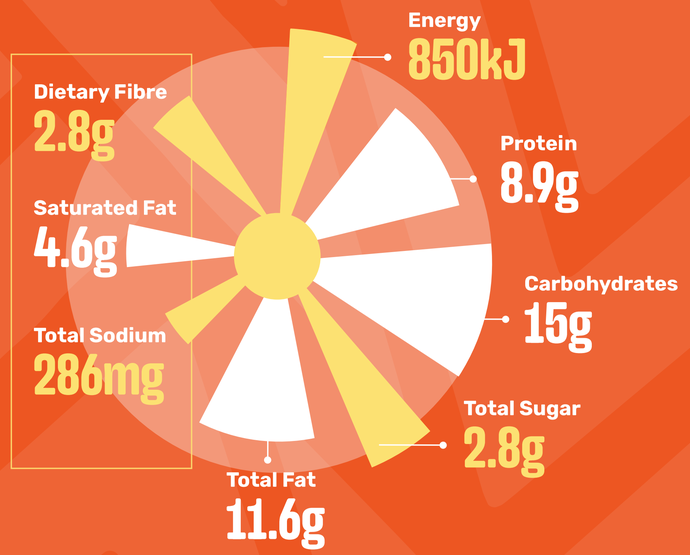
BEEF, BACON, CHEESE & GUACAMOLE BURGER
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



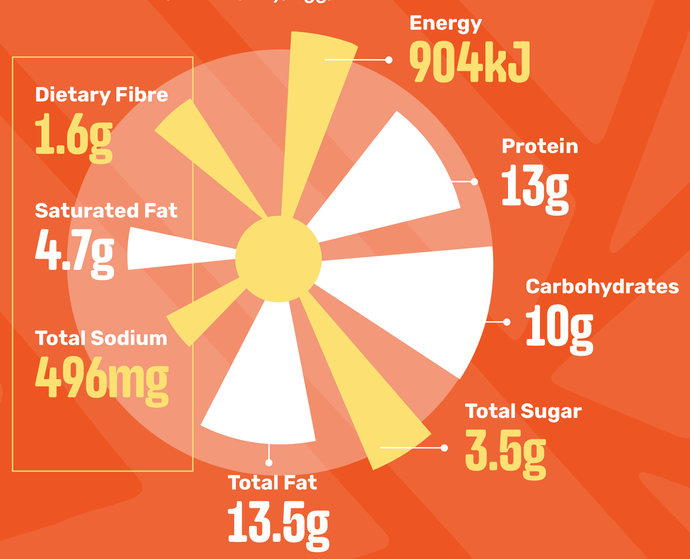
BEEF, BACON, CHEESE & GUACAMOLE BURGER
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



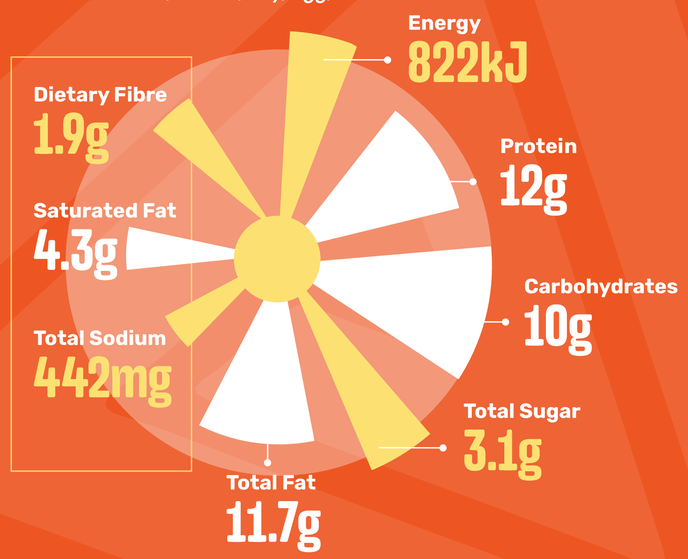
BEEF, BACON, CHEESE & GUACAMOLE BURGER
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



BEEF, BACON, CHEESE & GUACAMOLE BURGER
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



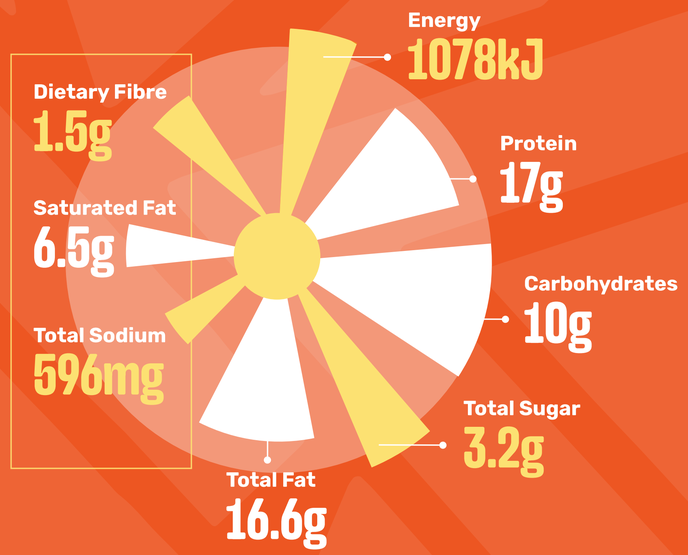
BEEF

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

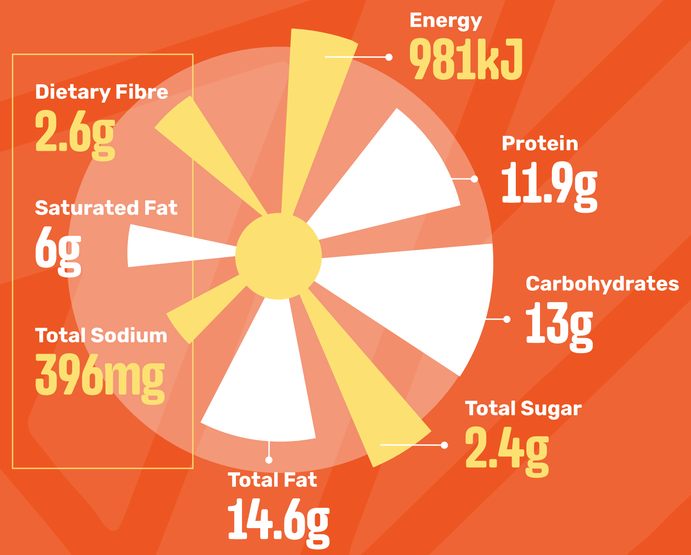
DOUBLE BEEF, BACON, CHEESE & GUACAMOLE BURGER
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



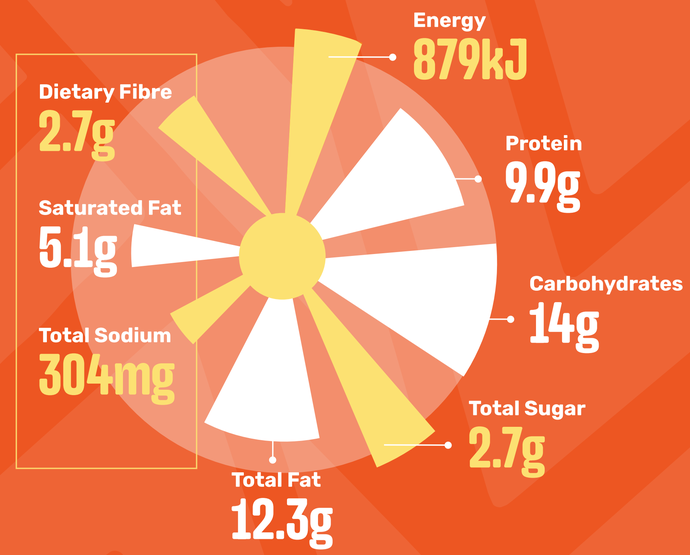
DOUBLE BEEF, BACON, CHEESE & GUACAMOLE BURGER
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



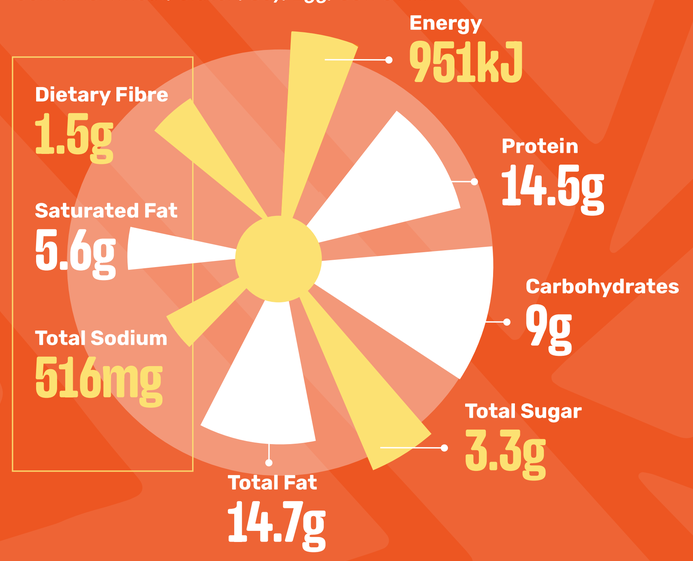
DOUBLE BEEF, BACON, CHEESE & GUACAMOLE BURGER
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



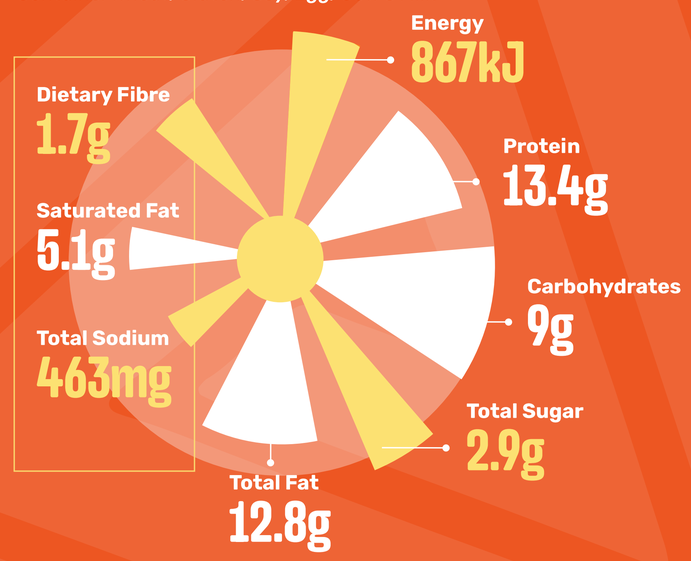
DOUBLE BEEF, BACON, CHEESE & GUACAMOLE BURGER
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



DOUBLE BEEF, BACON, CHEESE & GUACAMOLE BURGER
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



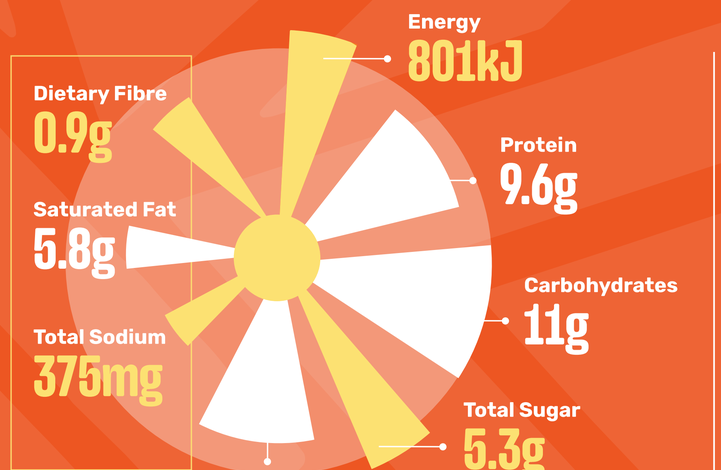
BEEF

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

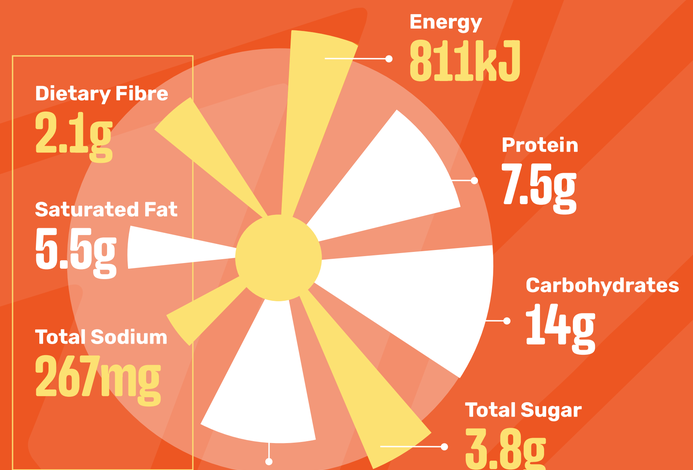
BEEF GOODIE BURGER
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



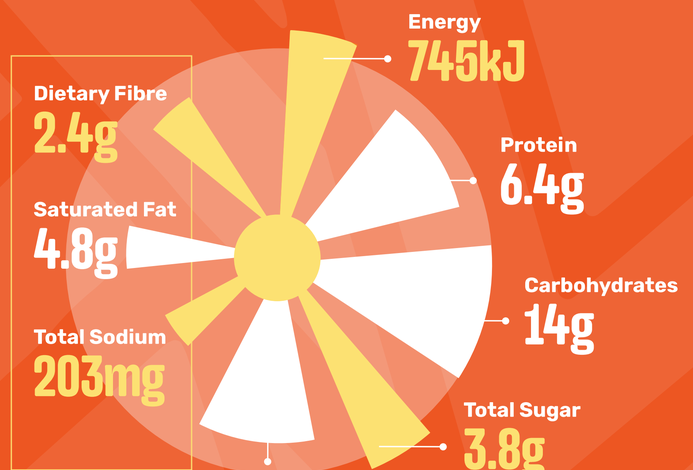
BEEF GOODIE BURGER
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



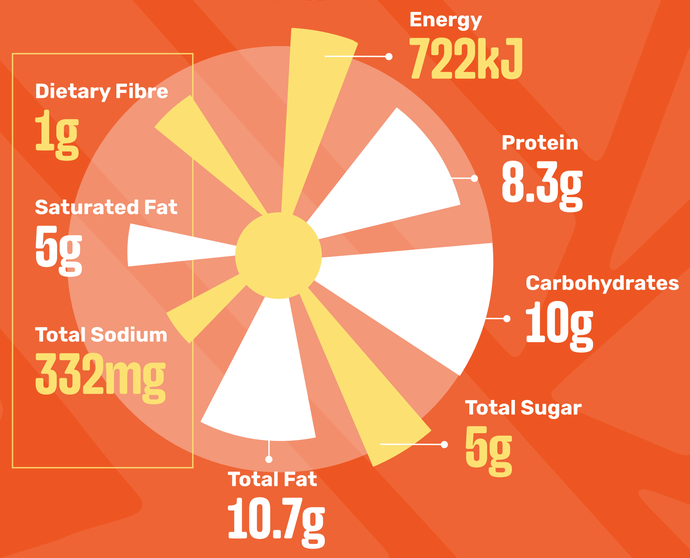
BEEF GOODIE BURGER
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



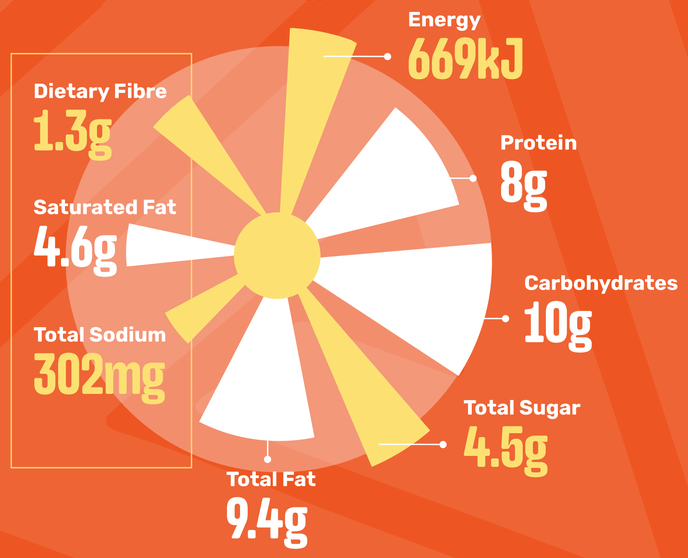
BEEF GOODIE BURGER
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



BEEF GOODIE BURGER
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



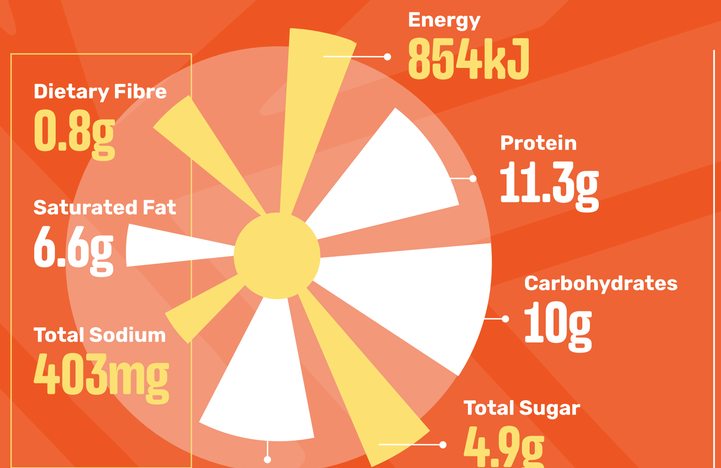
BEEF

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

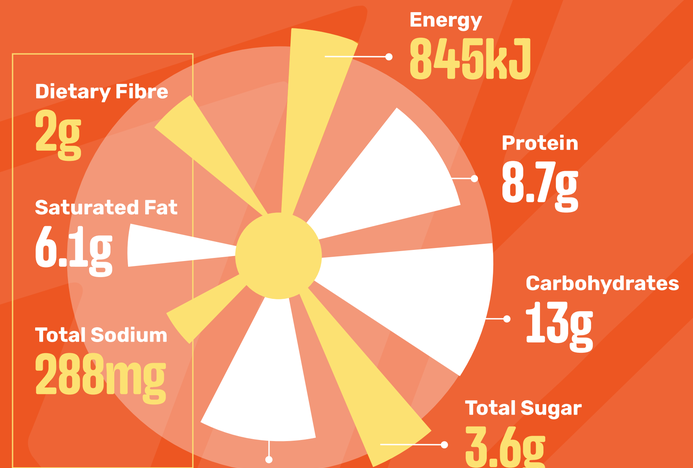
DOUBLE BEEF GOODIE BURGER
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



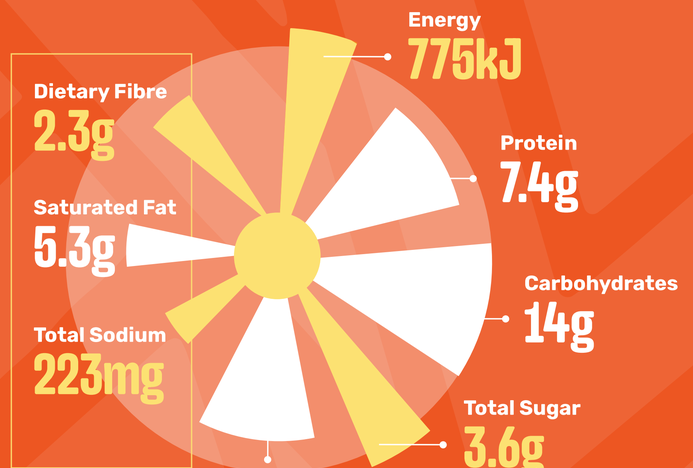
DOUBLE BEEF GOODIE BURGER
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



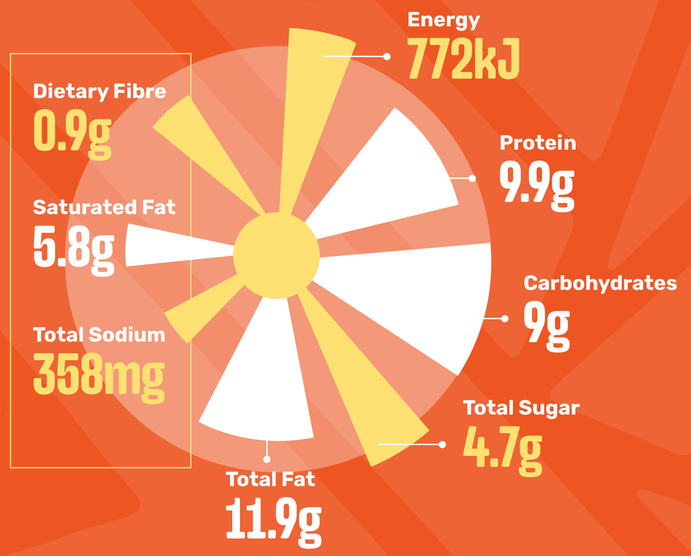
DOUBLE BEEF GOODIE BURGER
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



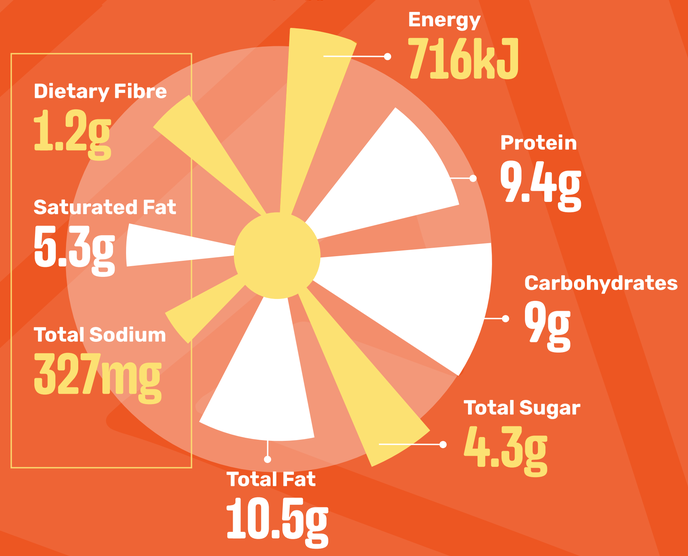
DOUBLE BEEF GOODIE BURGER
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



DOUBLE BEEF GOODIE BURGER
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



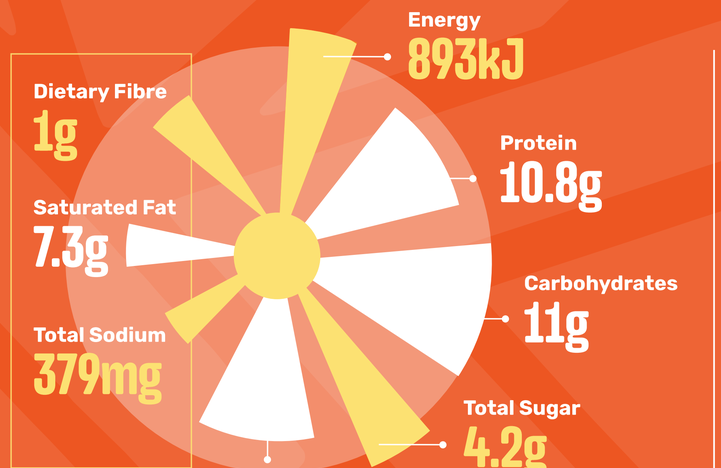
BEEF

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

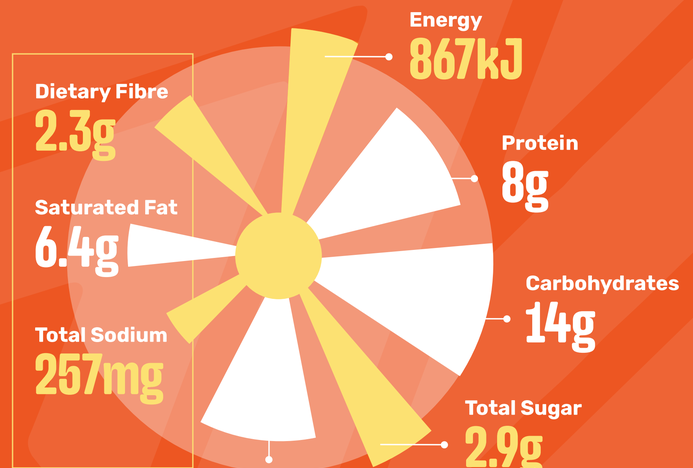
SAUCE BEEF BURGER – CHEESE SAUCE
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



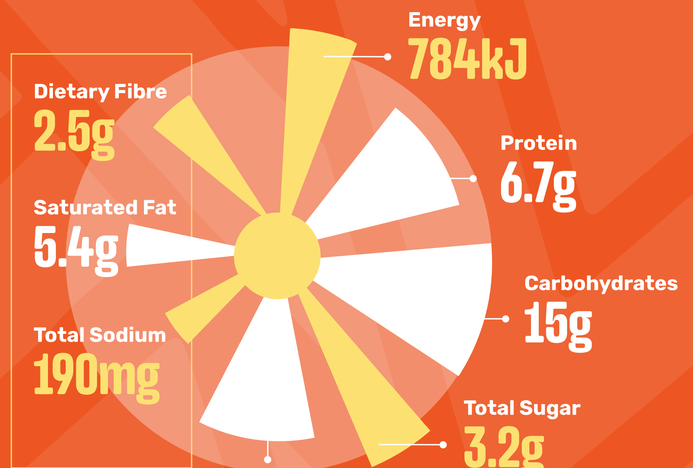
SAUCE BEEF BURGER – CHEESE SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



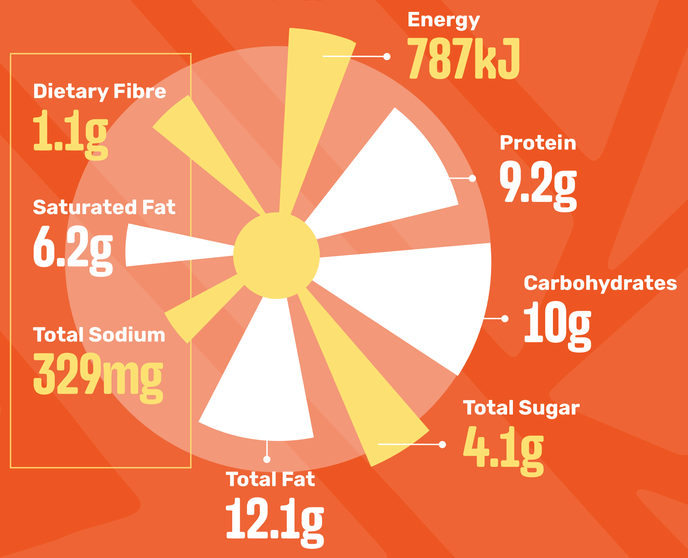
SAUCE BEEF BURGER – CHEESE SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



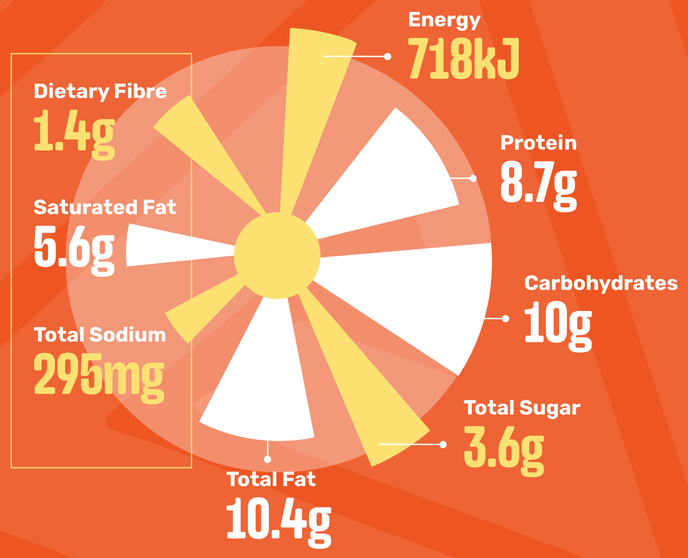
SAUCE BEEF BURGER – CHEESE SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



SAUCE BEEF BURGER – CHEESE SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



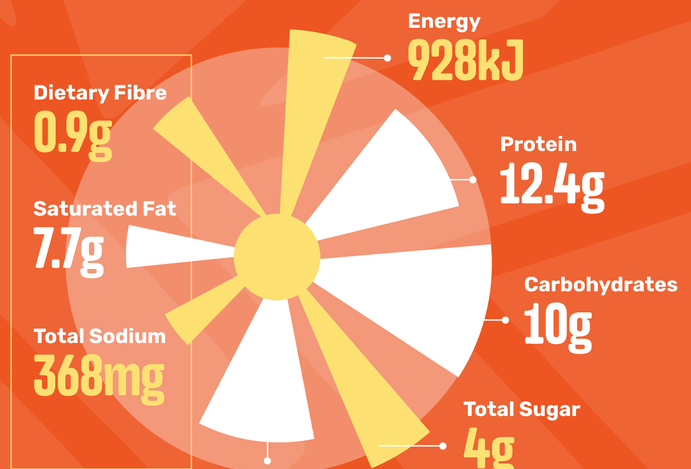
BEEF

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

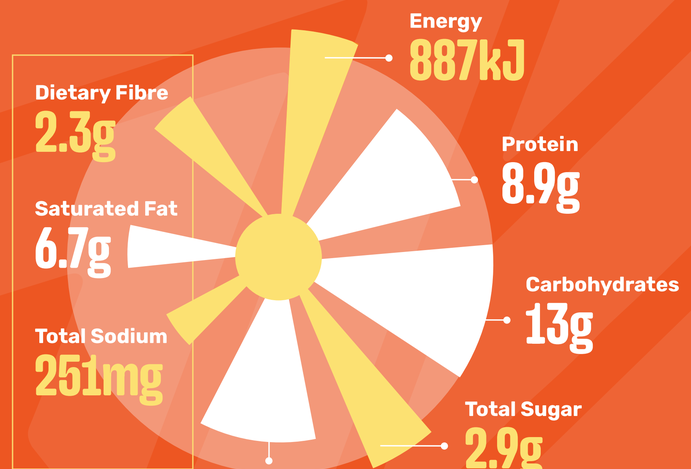
SAUCE DOUBLE BEEF BURGER - CHEESE SAUCE
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



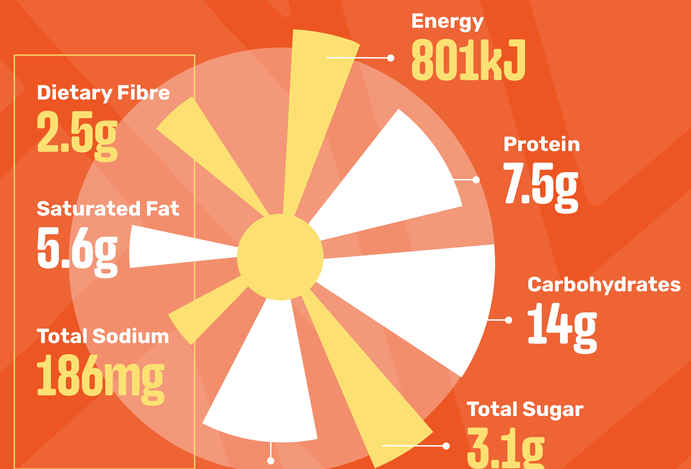
SAUCE DOUBLE BEEF BURGER - CHEESE SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



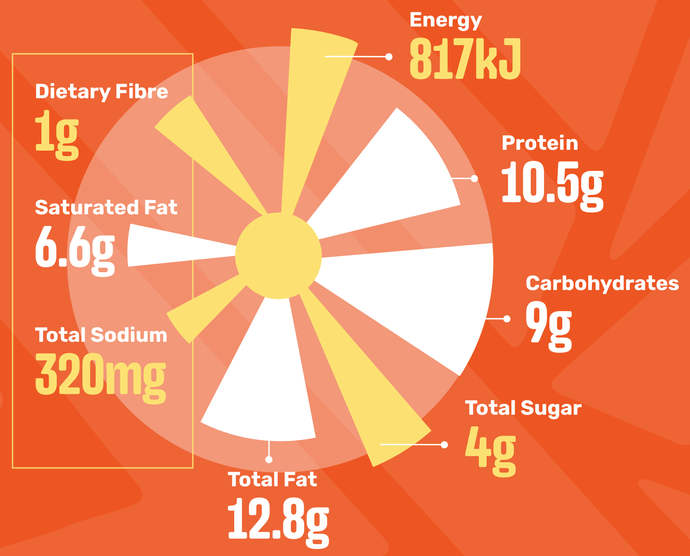
SAUCE DOUBLE BEEF BURGER - CHEESE SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



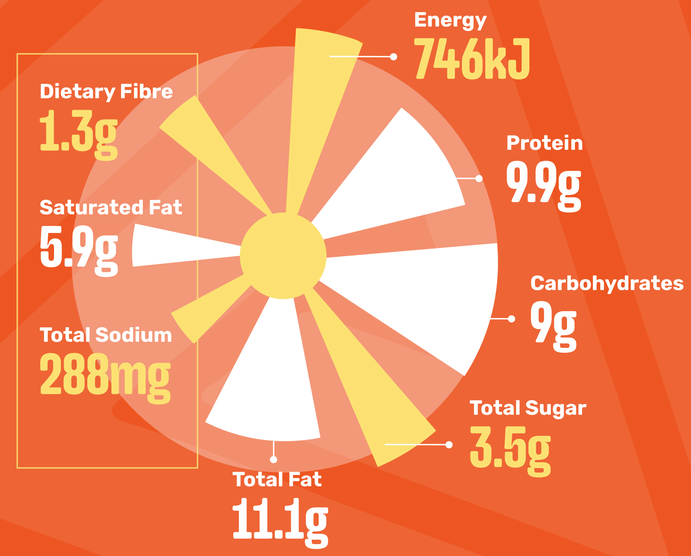
SAUCE DOUBLE BEEF BURGER - CHEESE SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



SAUCE DOUBLE BEEF BURGER - CHEESE SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



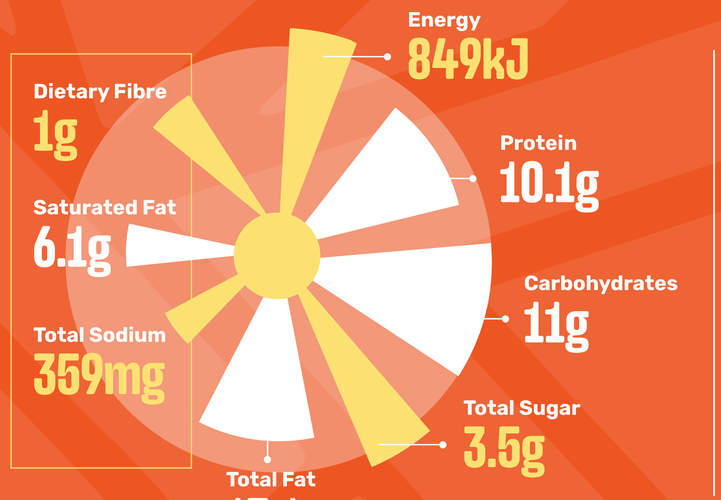
BEEF

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

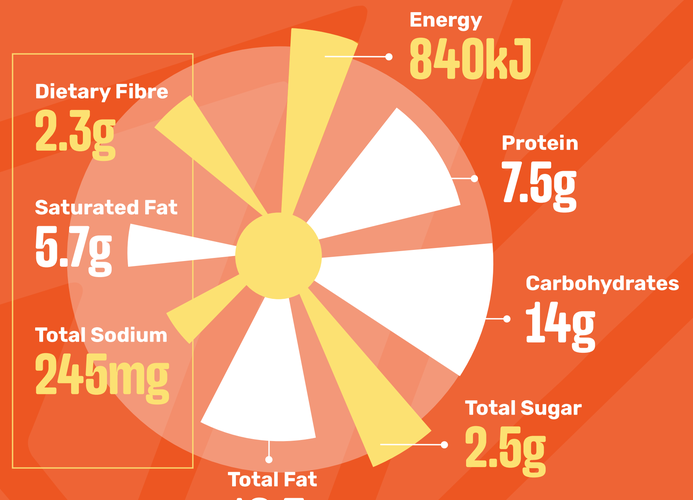
SAUCE BEEF BURGER – PEPPER SAUCE
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



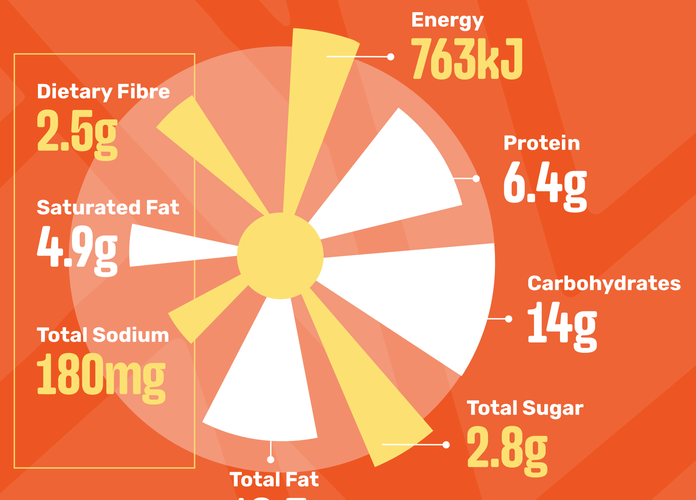
SAUCE BEEF BURGER – PEPPER SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



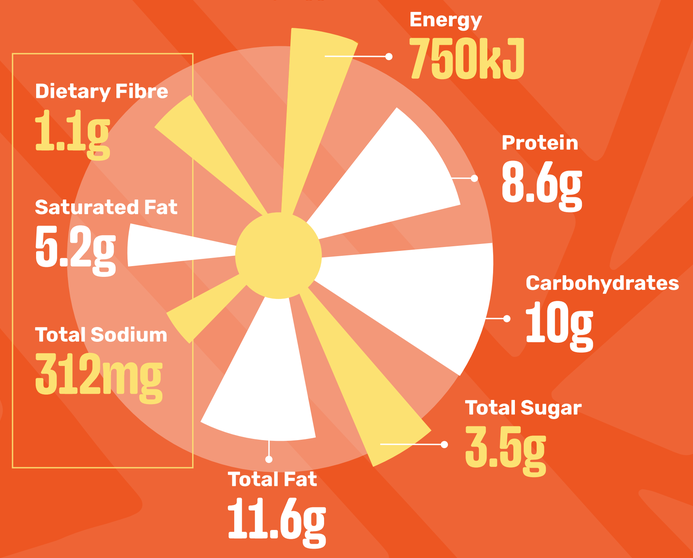
SAUCE BEEF BURGER – PEPPER SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



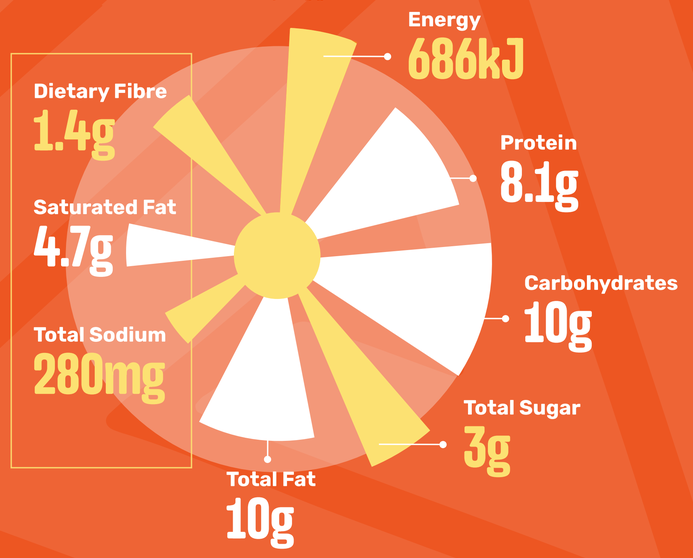
SAUCE BEEF BURGER – PEPPER SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



SAUCE BEEF BURGER – PEPPER SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



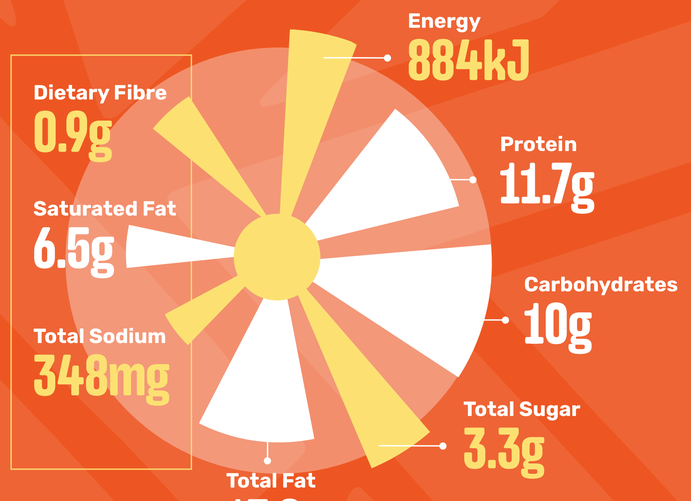
BEEF

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

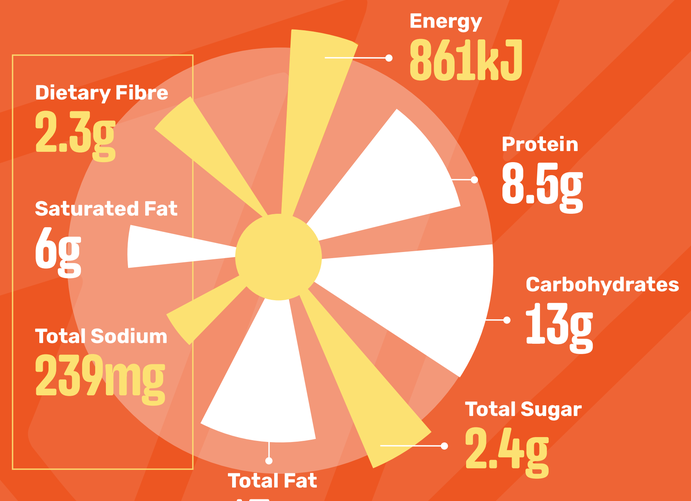
SAUCE DOUBLE BEEF BURGER – PEPPER SAUCE
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



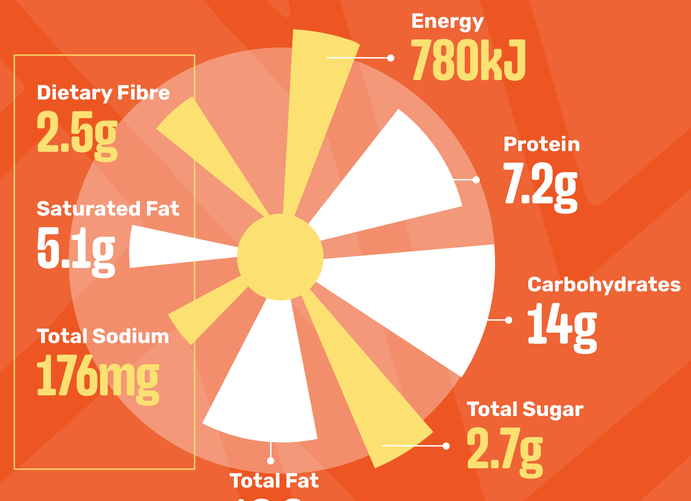
SAUCE DOUBLE BEEF BURGER – PEPPER SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



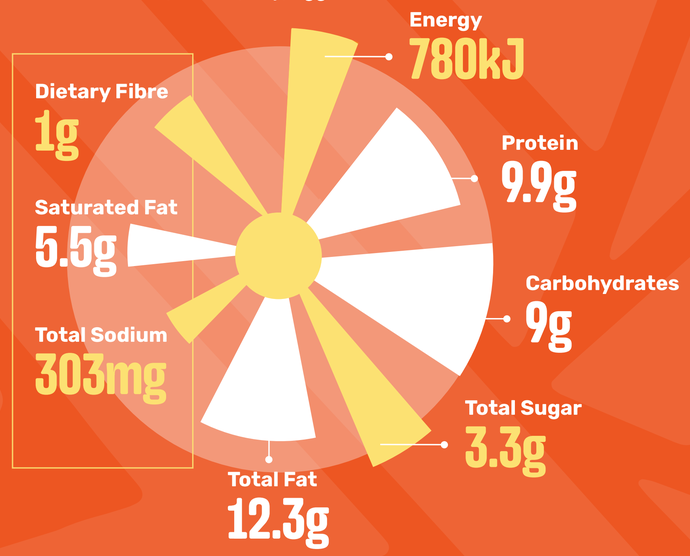
SAUCE DOUBLE BEEF BURGER – PEPPER SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



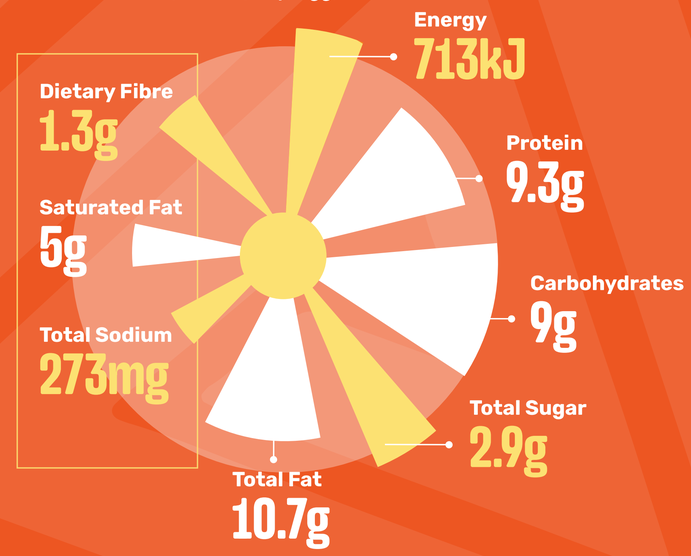
SAUCE DOUBLE BEEF BURGER – PEPPER SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



SAUCE DOUBLE BEEF BURGER – PEPPER SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



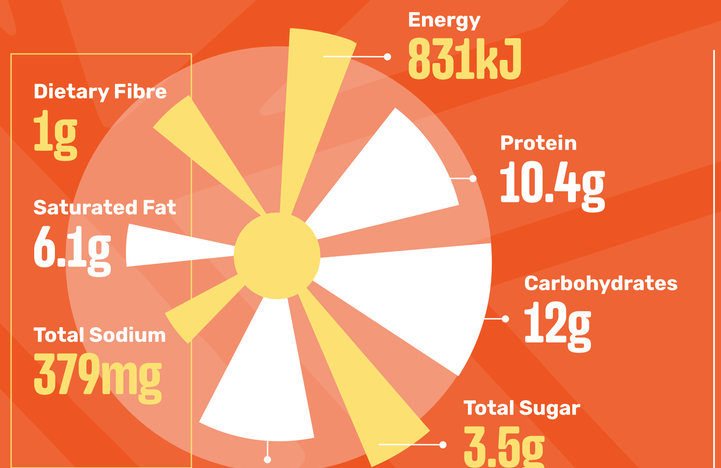
BEEF

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

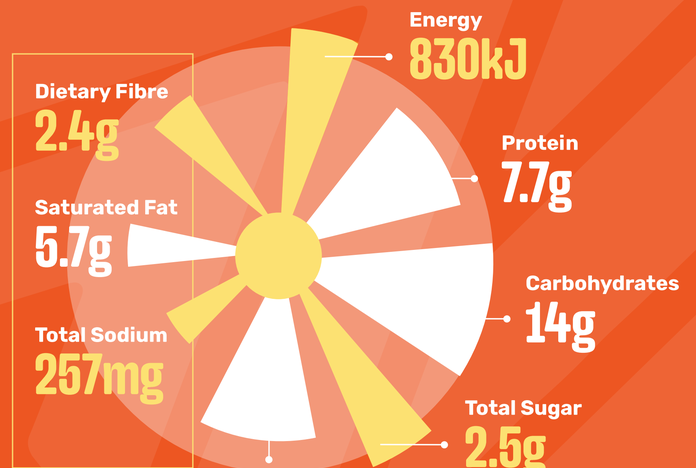
SAUCE BEEF BURGER – GARLIC SAUCE
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



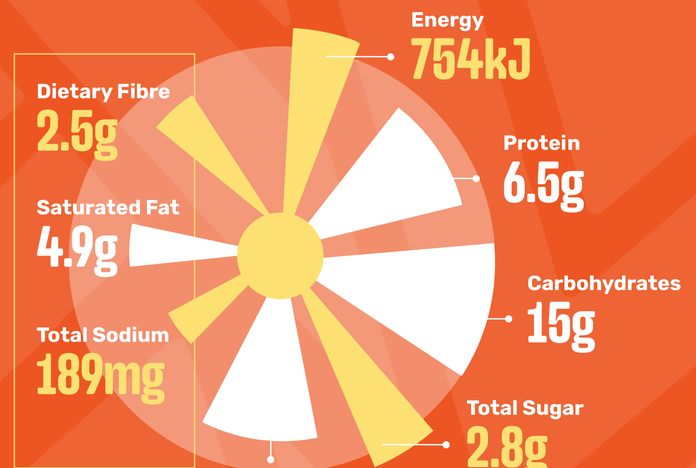
SAUCE BEEF BURGER – GARLIC SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



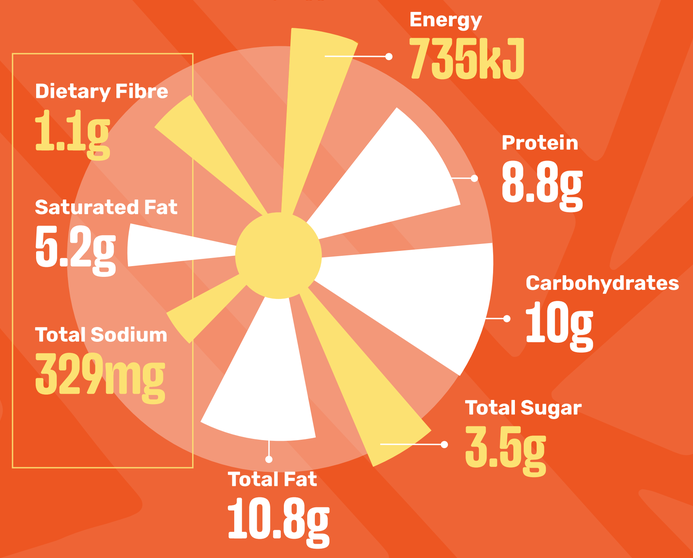
SAUCE BEEF BURGER – GARLIC SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



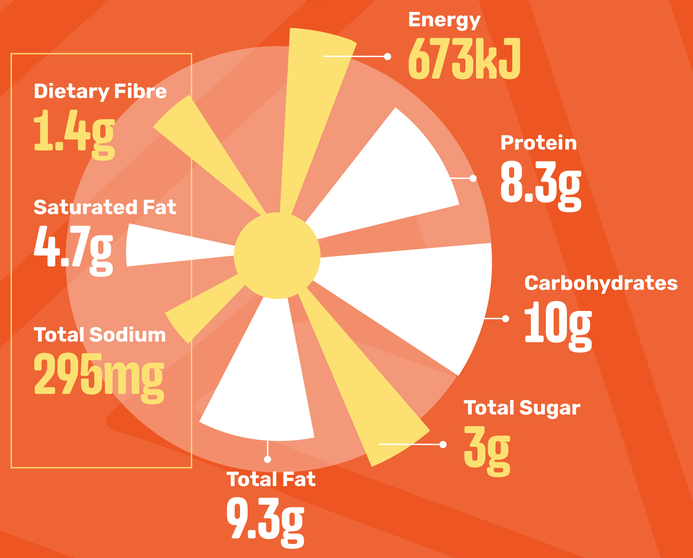
SAUCE BEEF BURGER – GARLIC SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



SAUCE BEEF BURGER – GARLIC SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



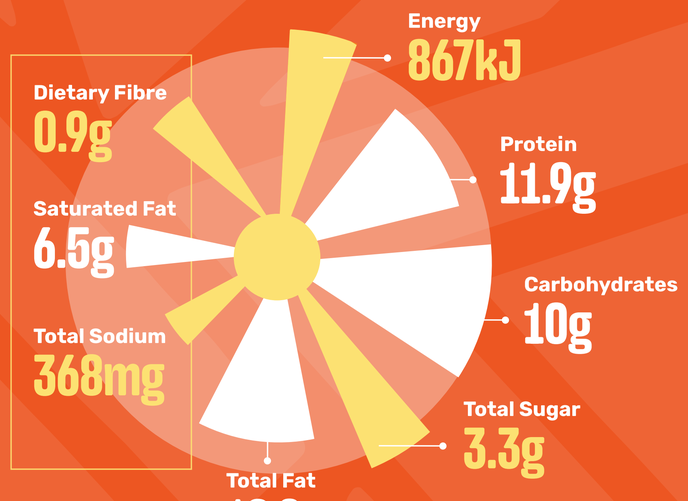
BEEF

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

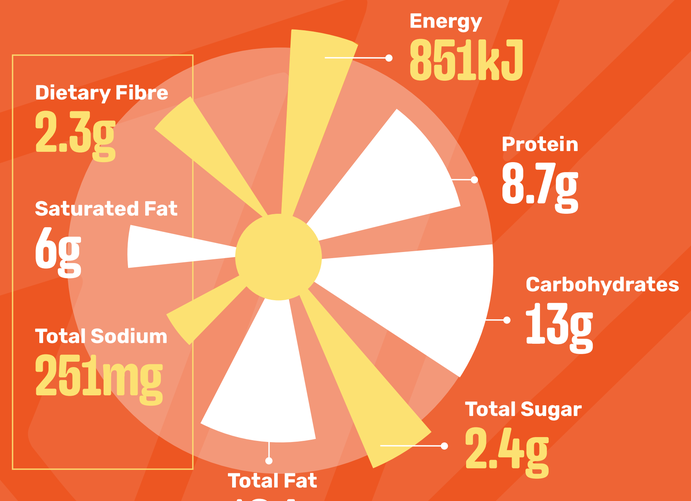
SAUCE DOUBLE BEEF BURGER – GARLIC SAUCE
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



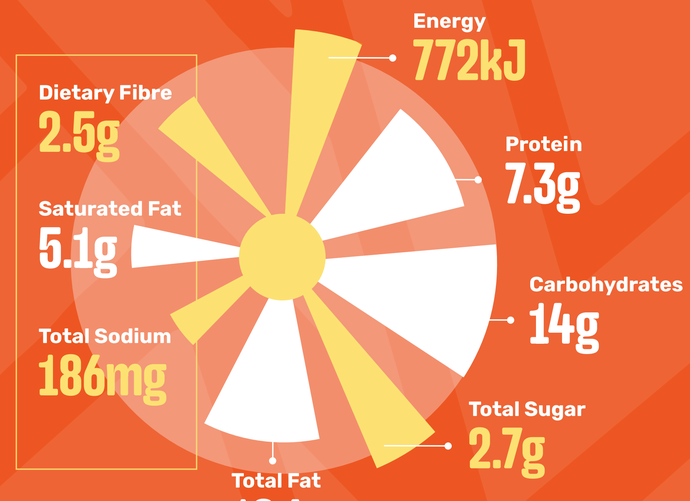
SAUCE DOUBLE BEEF BURGER – GARLIC SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



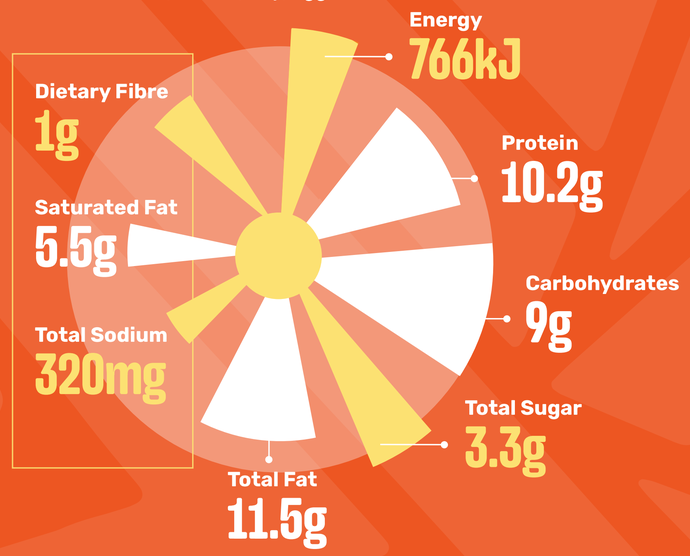
SAUCE DOUBLE BEEF BURGER – GARLIC SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



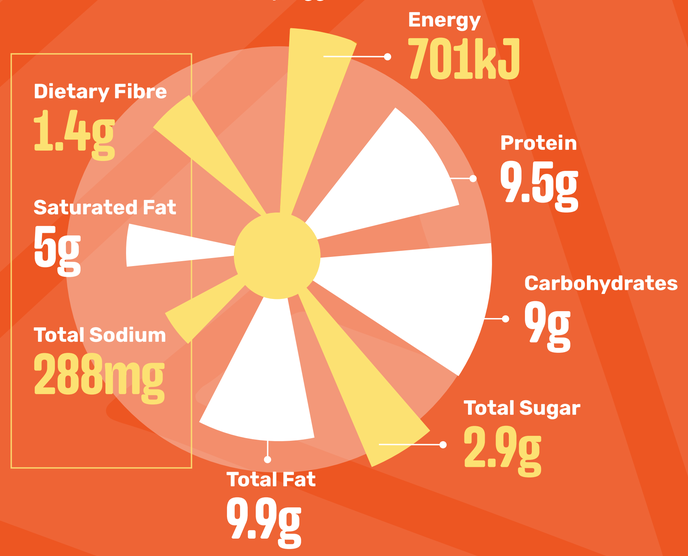
SAUCE DOUBLE BEEF BURGER – GARLIC SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



SAUCE DOUBLE BEEF BURGER – GARLIC SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



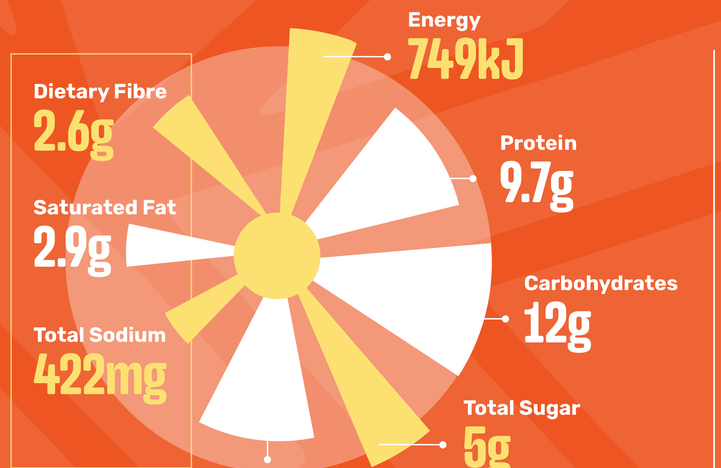
BEEF

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

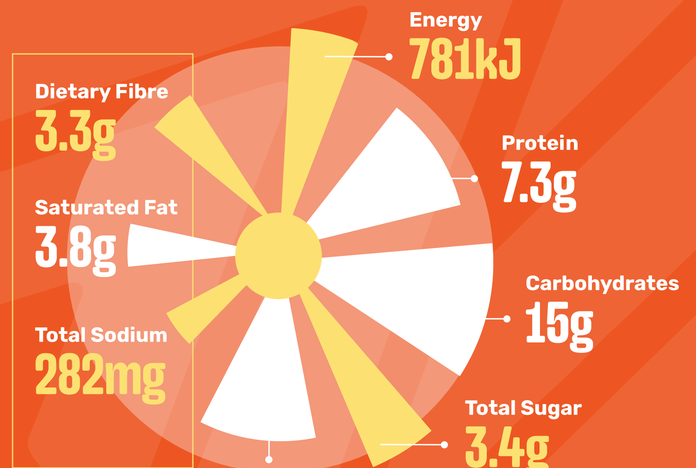
SAUCE BEEF BURGER – PERI-PERI SAUCE
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



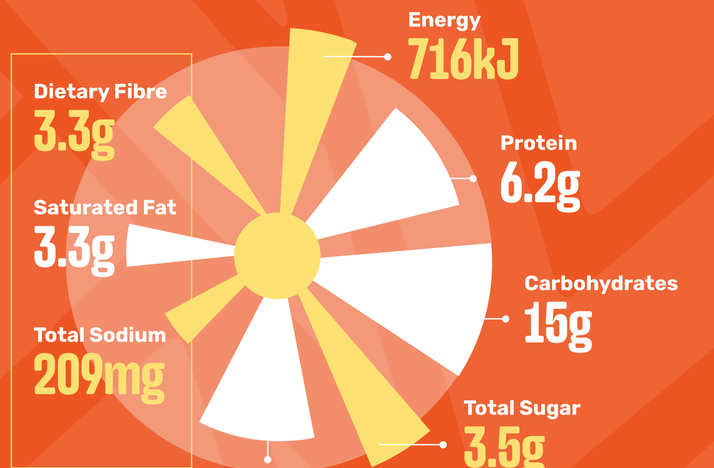
SAUCE BEEF BURGER – PERI-PERI SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



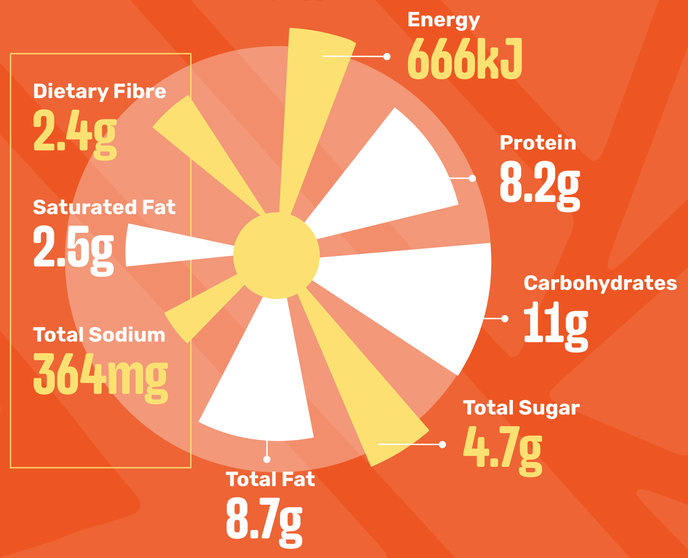
SAUCE BEEF BURGER – PERI-PERI SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



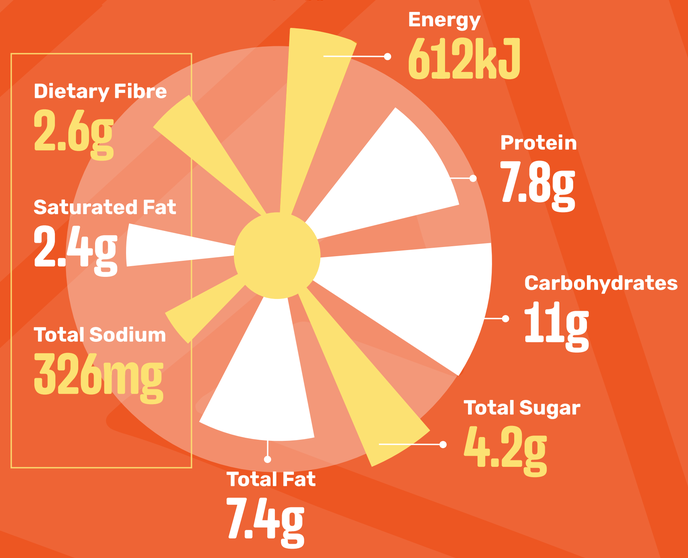
SAUCE BEEF BURGER – PERI-PERI SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



SAUCE BEEF BURGER – PERI-PERI SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



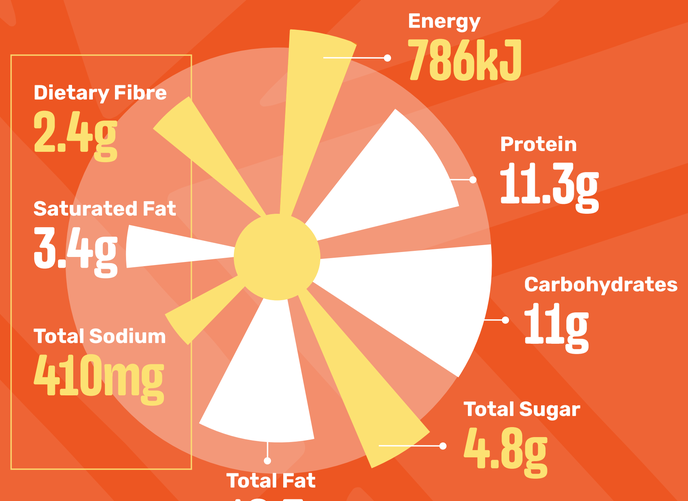
BEEF

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

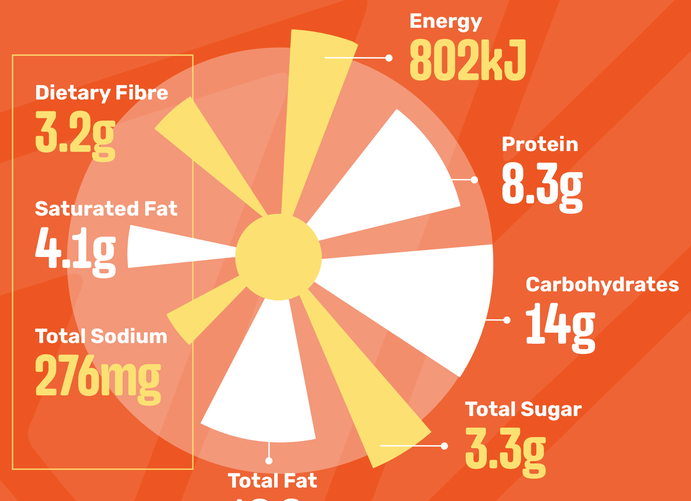
SAUCE DOUBLE BEEF BURGER – PERI-PERI SAUCE
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



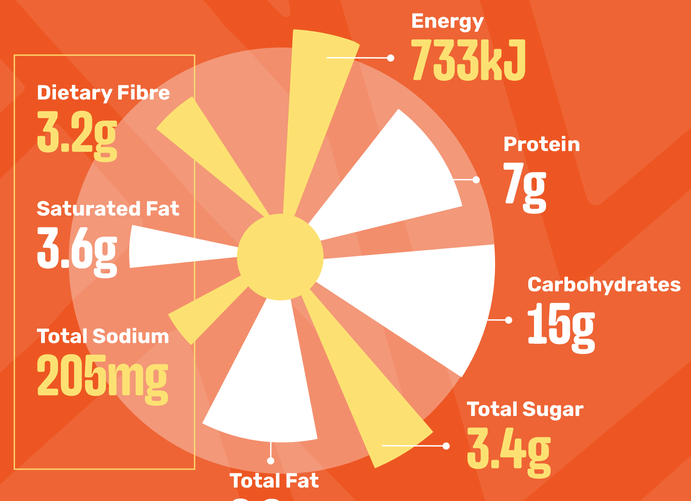
SAUCE DOUBLE BEEF BURGER – PERI-PERI SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



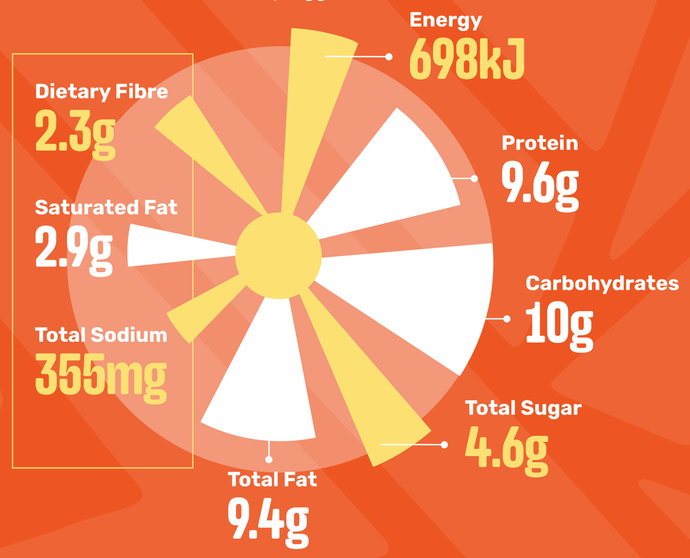
SAUCE DOUBLE BEEF BURGER – PERI-PERI SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



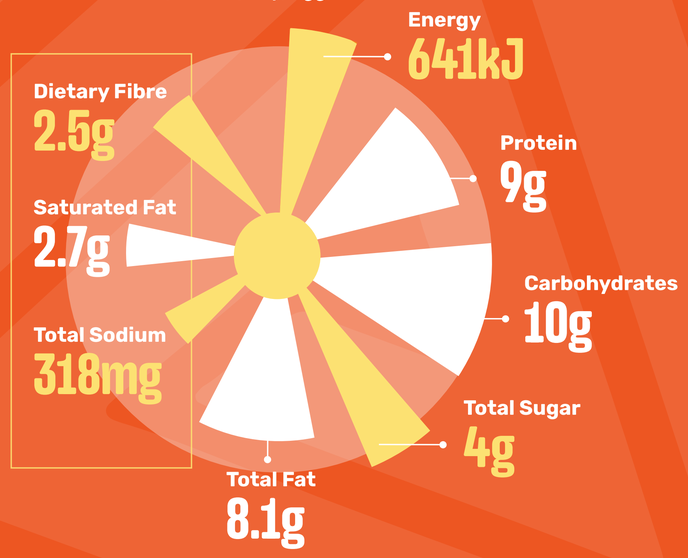
SAUCE DOUBLE BEEF BURGER – PERI-PERI SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



SAUCE DOUBLE BEEF BURGER – PERI-PERI SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



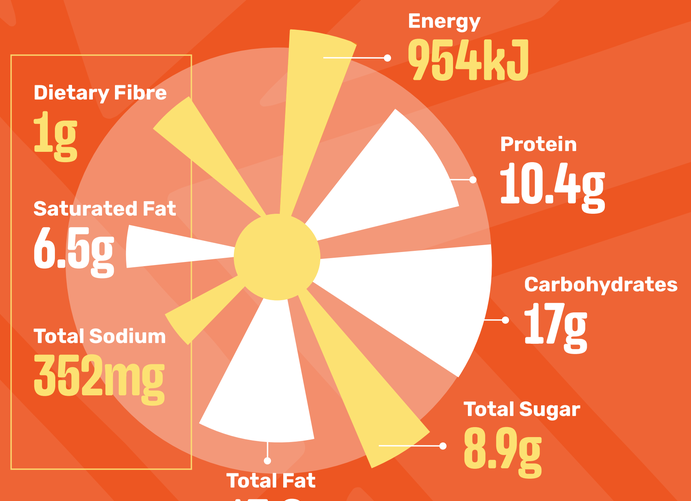
BEEF

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

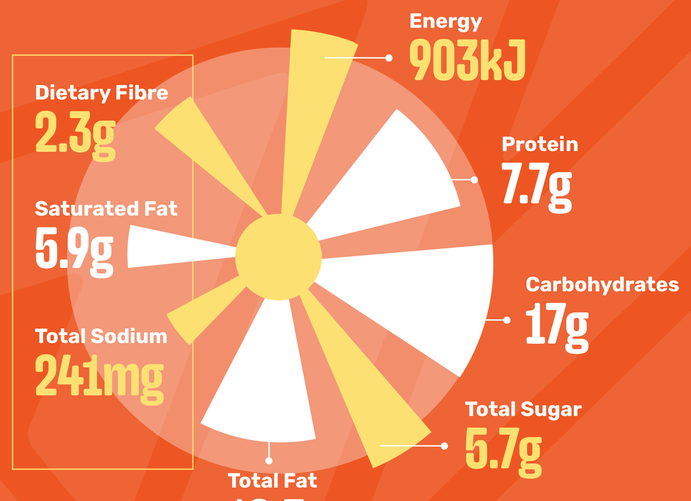
SAUCE BEEF BURGER – CHEESY GARLIC SAUCE
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



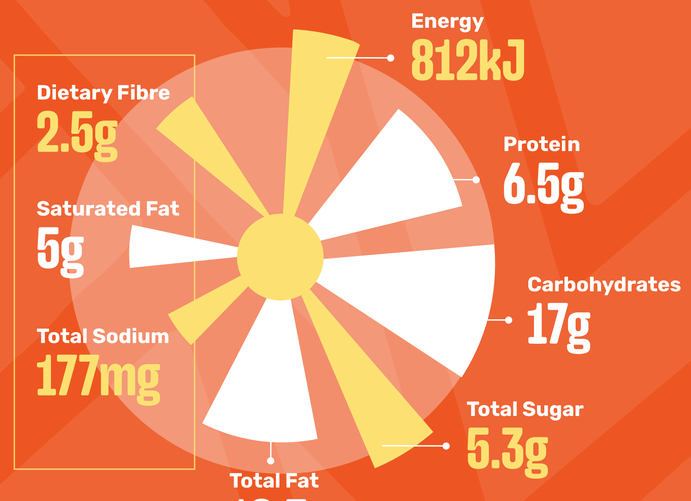
SAUCE BEEF BURGER – CHEESY GARLIC SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



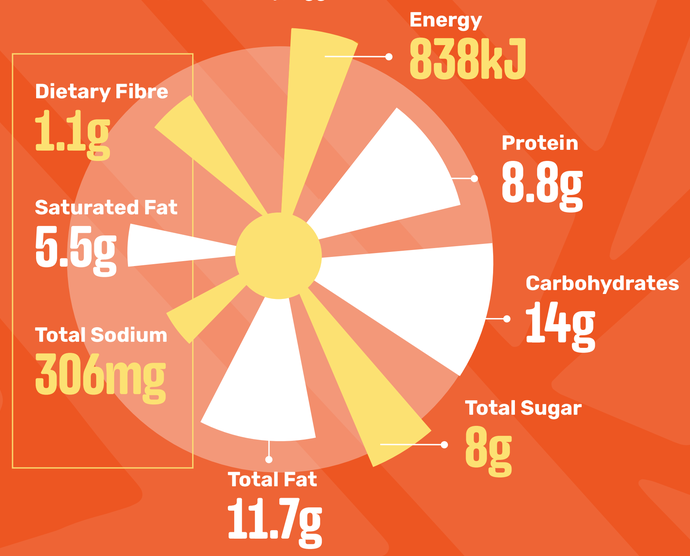
SAUCE BEEF BURGER – CHEESY GARLIC SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



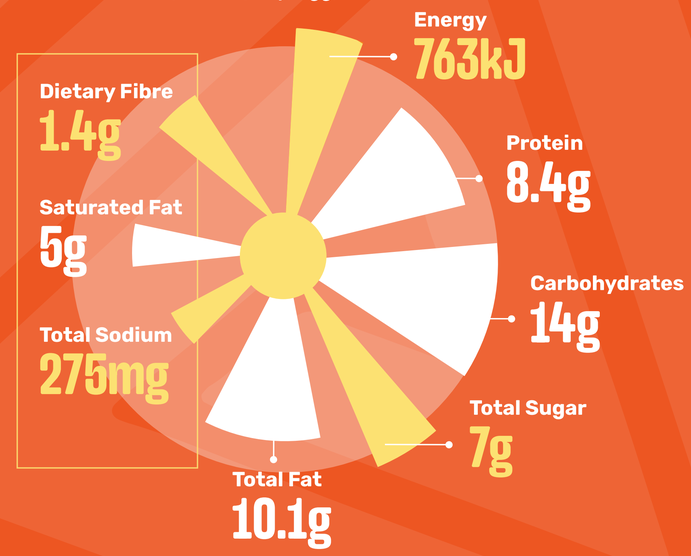
SAUCE BEEF BURGER – CHEESY GARLIC SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



SAUCE BEEF BURGER – CHEESY GARLIC SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



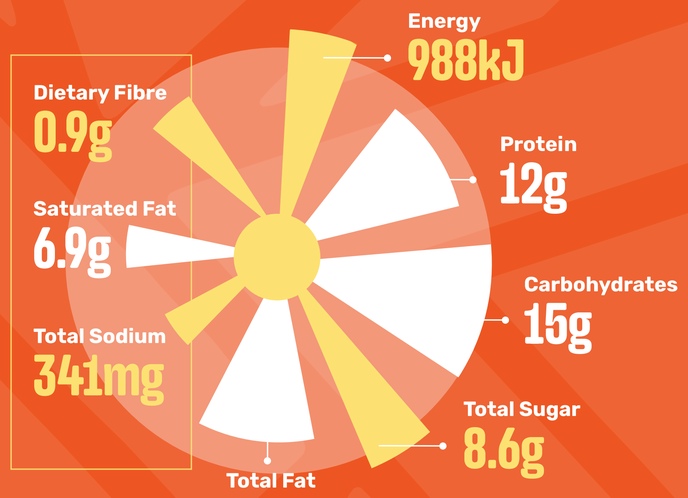
BEEF

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

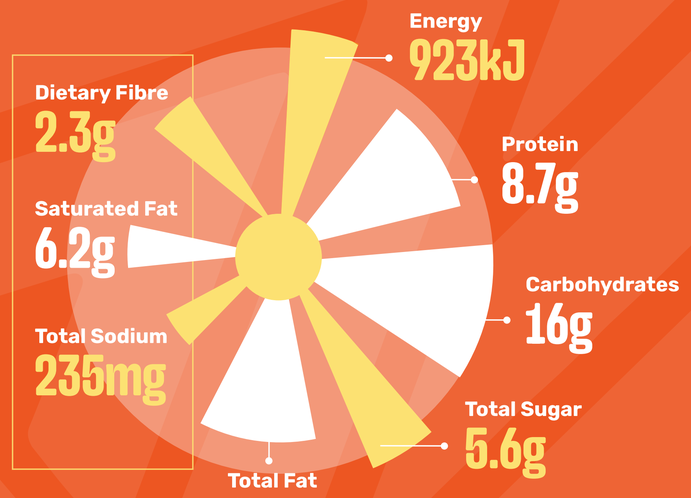
SAUCE DOUBLE BEEF BURGER – CHEESY GARLIC SAUCE
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



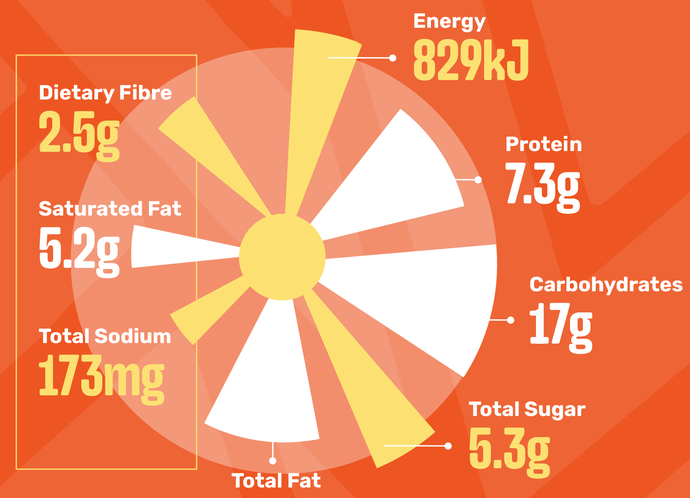
SAUCE DOUBLE BEEF BURGER – CHEESY GARLIC SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



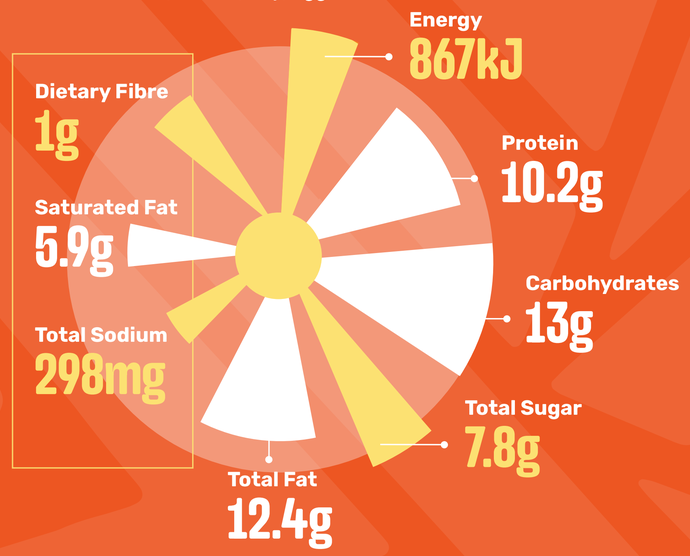
SAUCE DOUBLE BEEF BURGER – CHEESY GARLIC SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



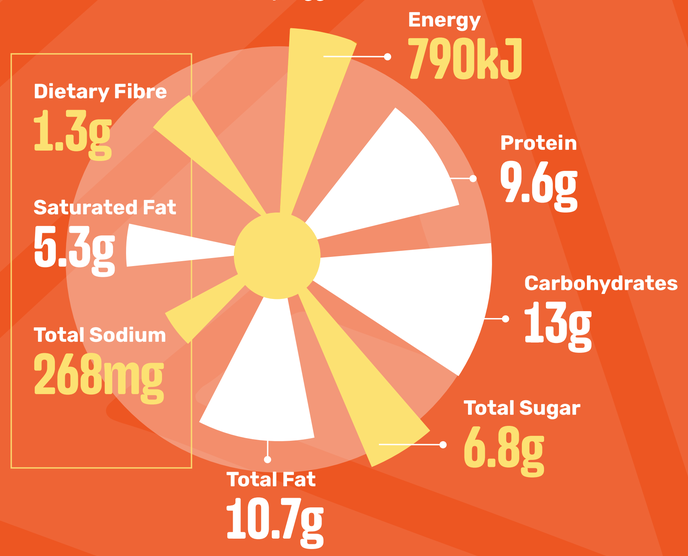
SAUCE DOUBLE BEEF BURGER – CHEESY GARLIC SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



SAUCE DOUBLE BEEF BURGER – CHEESY GARLIC SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



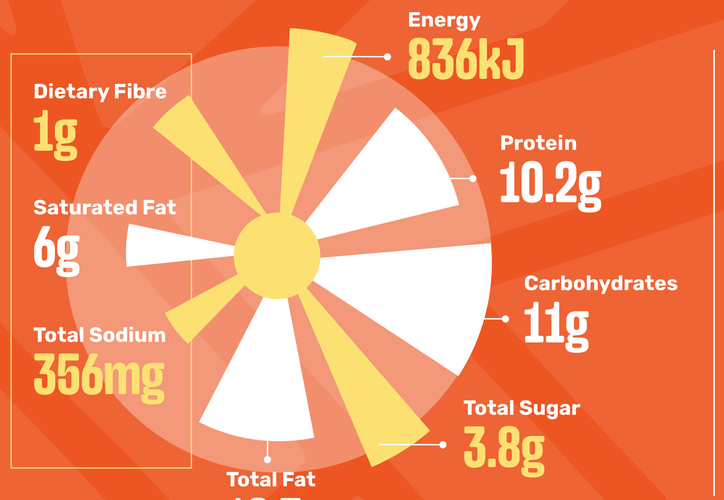
BEEF

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

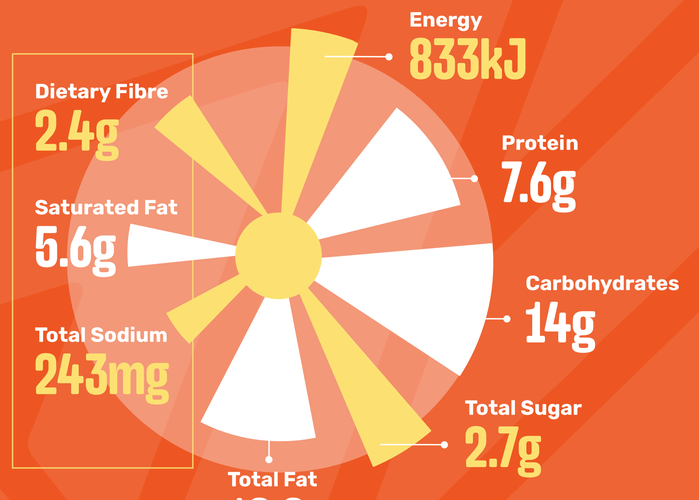
SAUCE BEEF BURGER – MUSHROOM SAUCE
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



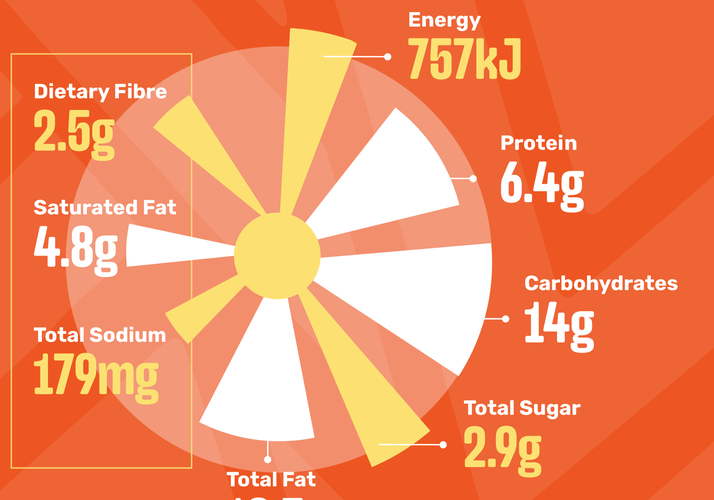
SAUCE BEEF BURGER – MUSHROOM SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



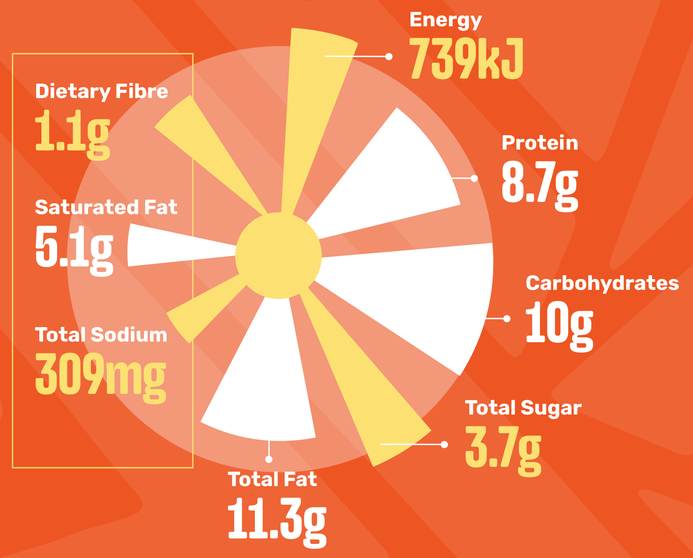
SAUCE BEEF BURGER – MUSHROOM SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



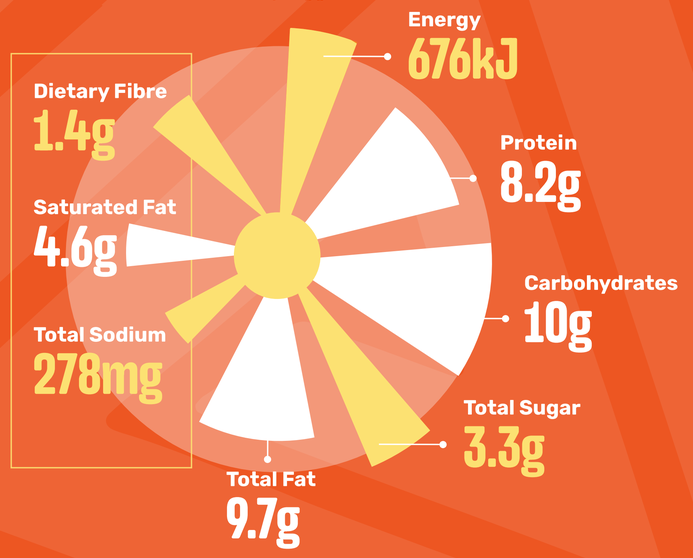
SAUCE BEEF BURGER – MUSHROOM SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



SAUCE BEEF BURGER – MUSHROOM SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



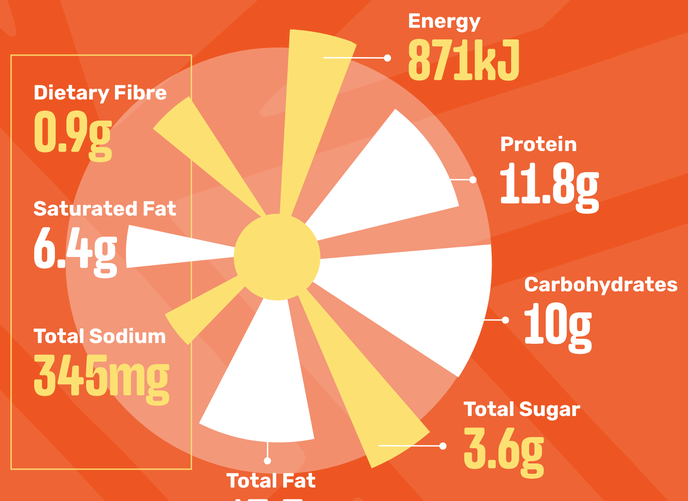
BEEF

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

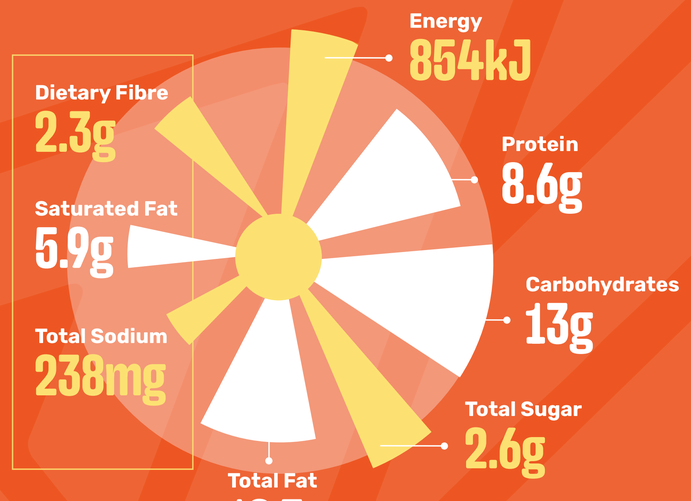
SAUCE DOUBLE BEEF BURGER – MUSHROOM SAUCE
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



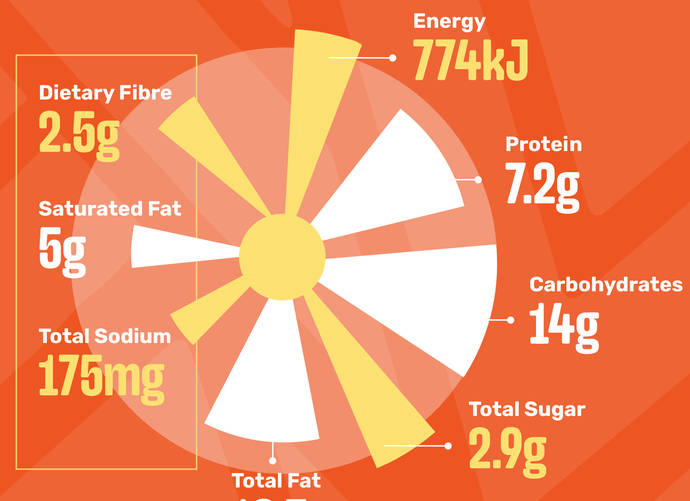
SAUCE DOUBLE BEEF BURGER – MUSHROOM SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



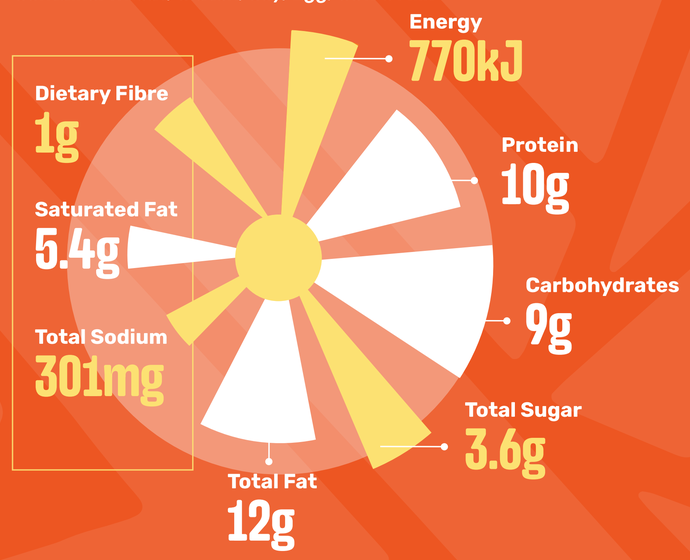
SAUCE DOUBLE BEEF BURGER – MUSHROOM SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



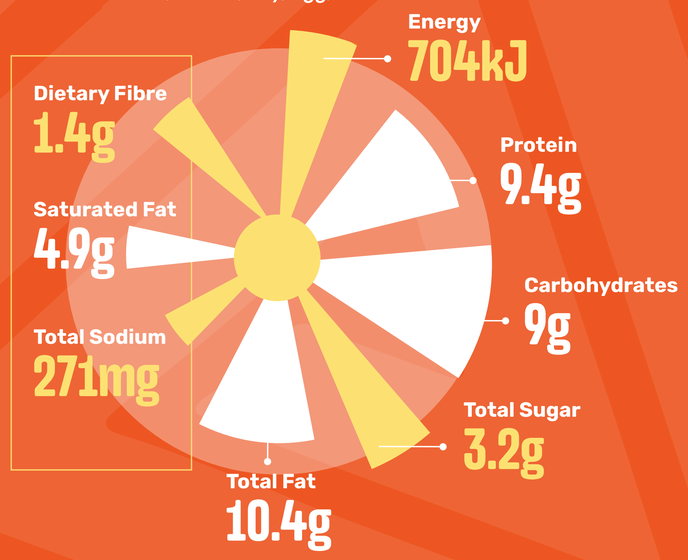
SAUCE DOUBLE BEEF BURGER – MUSHROOM SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



SAUCE DOUBLE BEEF BURGER – MUSHROOM SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



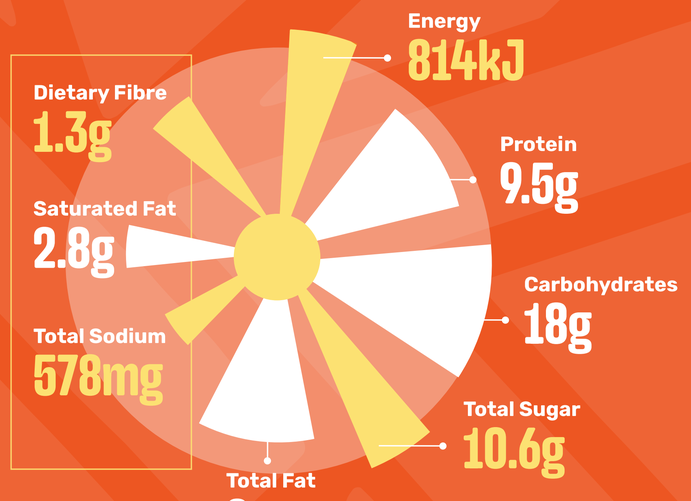
BEEF

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

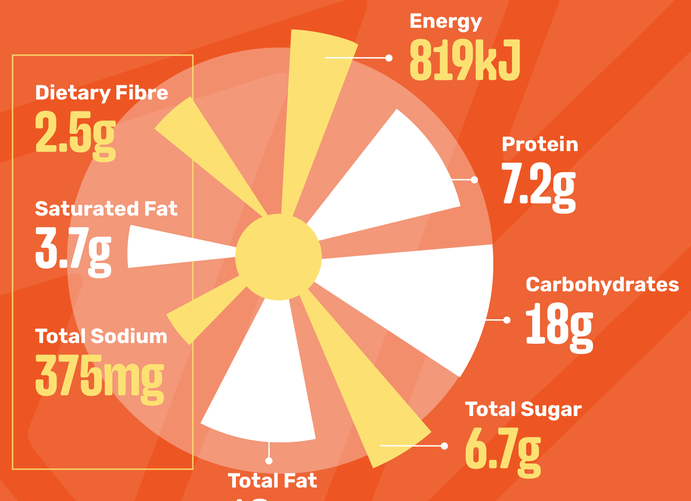
SAUCE BEEF BURGER – SWEET & SPICY SAUCE
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



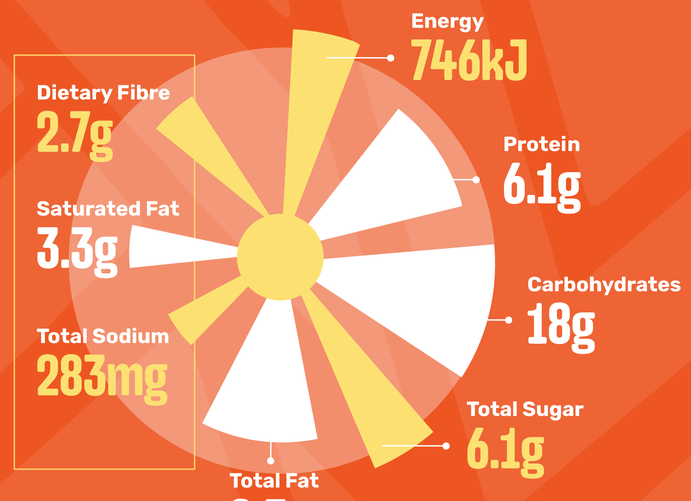
SAUCE BEEF BURGER – SWEET & SPICY SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



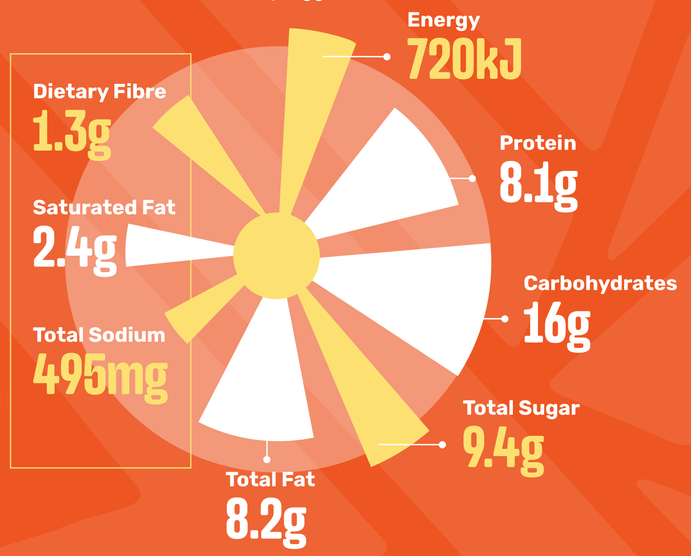
SAUCE BEEF BURGER – SWEET & SPICY SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



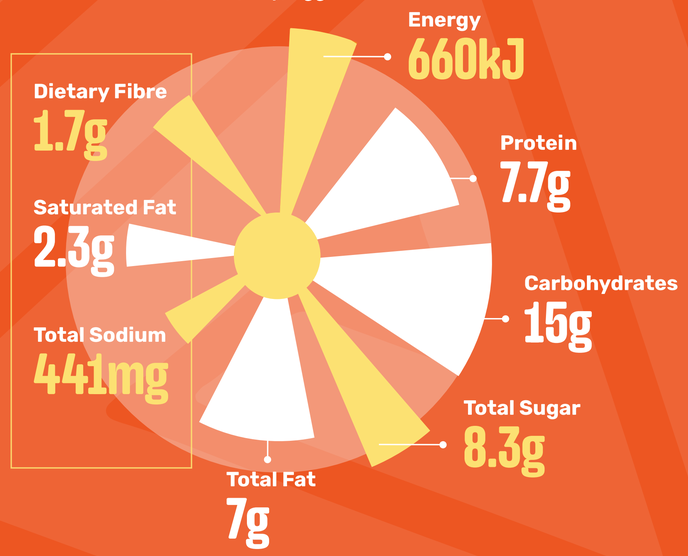
SAUCE BEEF BURGER – SWEET & SPICY SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



SAUCE BEEF BURGER – SWEET & SPICY SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



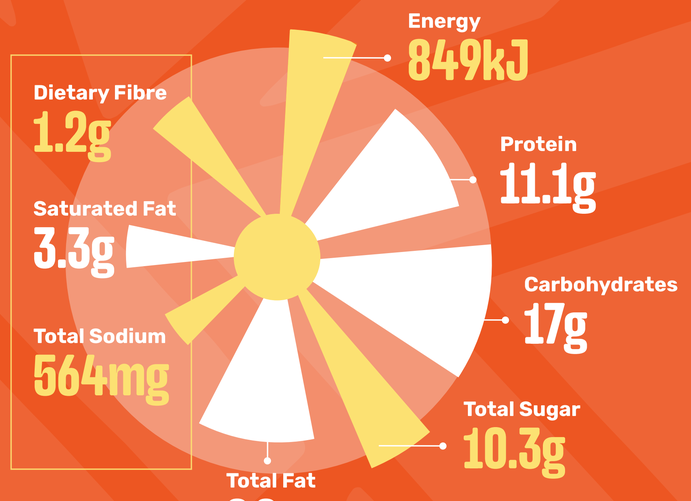
BEEF

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

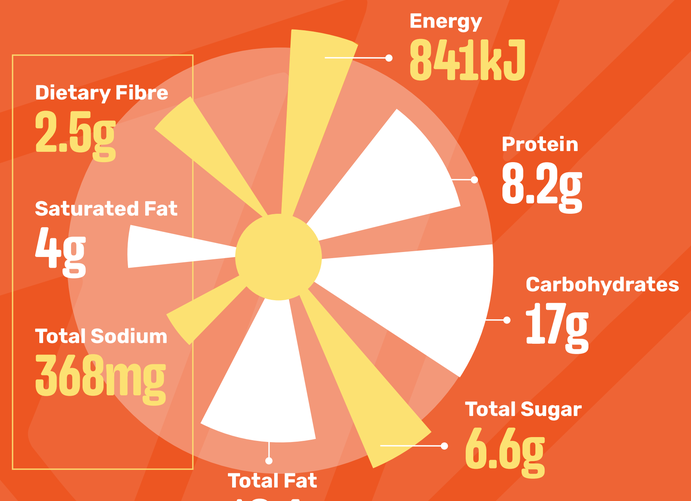
SAUCE DOUBLE BEEF BURGER – SWEET & SPICY SAUCE
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



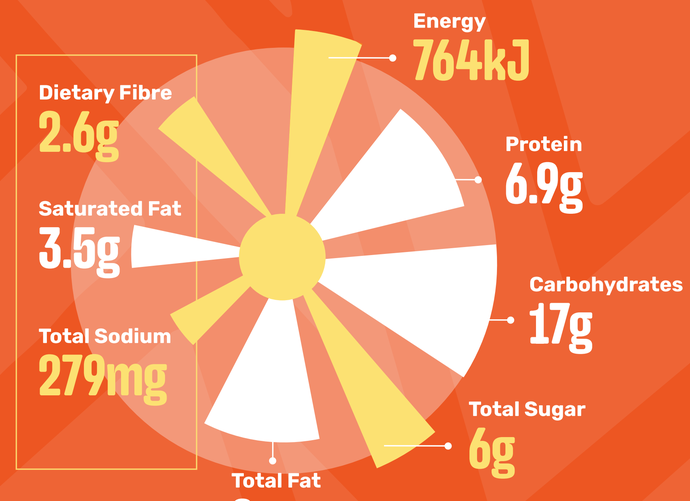
SAUCE DOUBLE BEEF BURGER – SWEET & SPICY SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



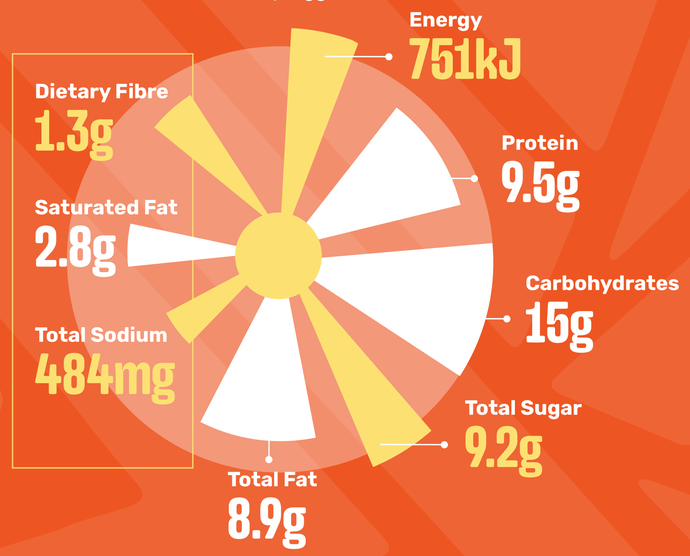
SAUCE DOUBLE BEEF BURGER – SWEET & SPICY SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



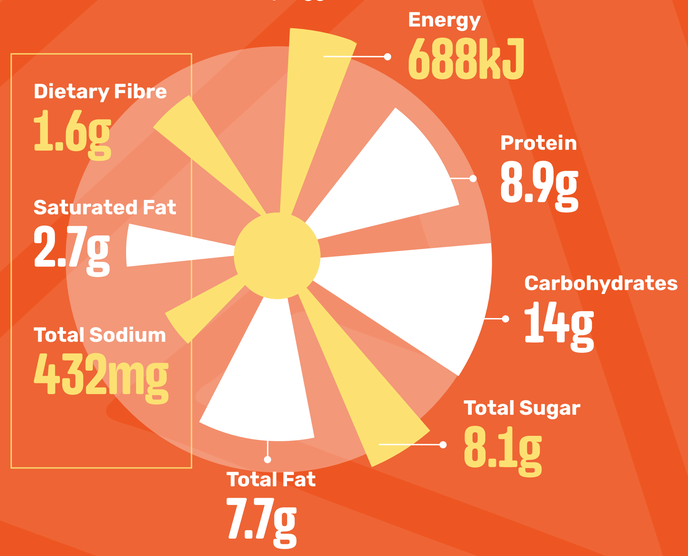
SAUCE DOUBLE BEEF BURGER – SWEET & SPICY SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



SAUCE DOUBLE BEEF BURGER – SWEET & SPICY SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



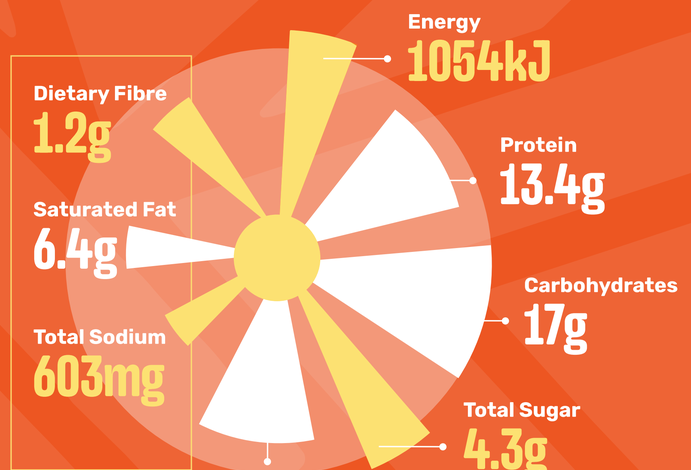
RIB

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

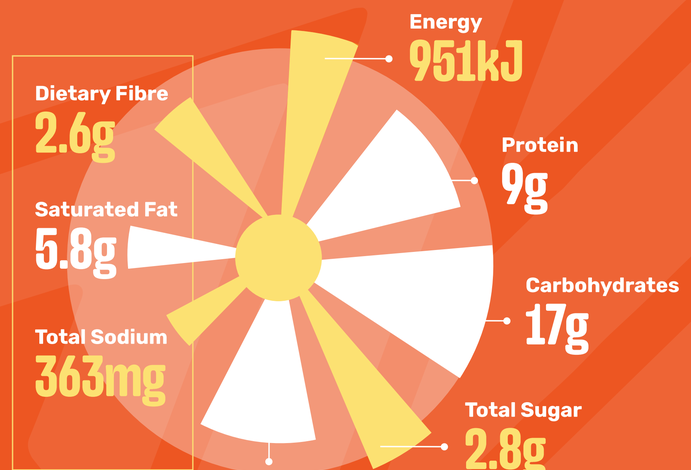
RIB BURGER
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



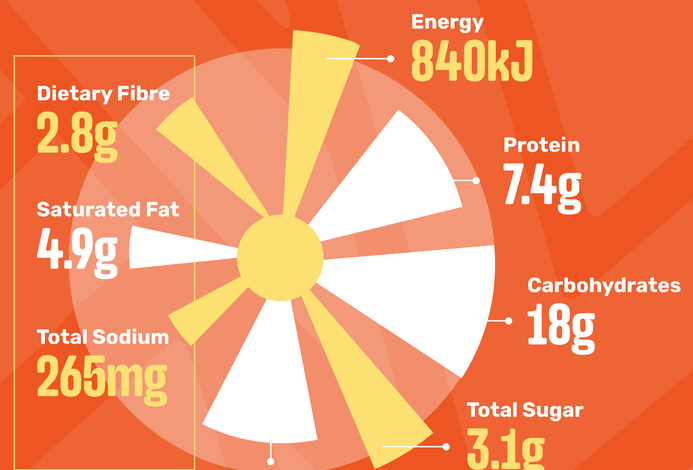
RIB BURGER
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



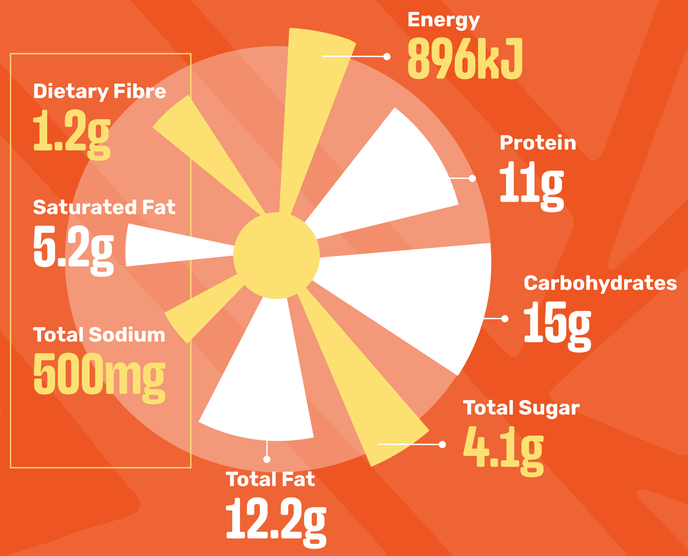
RIB BURGER
(Baked Potato with Sour Cream & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



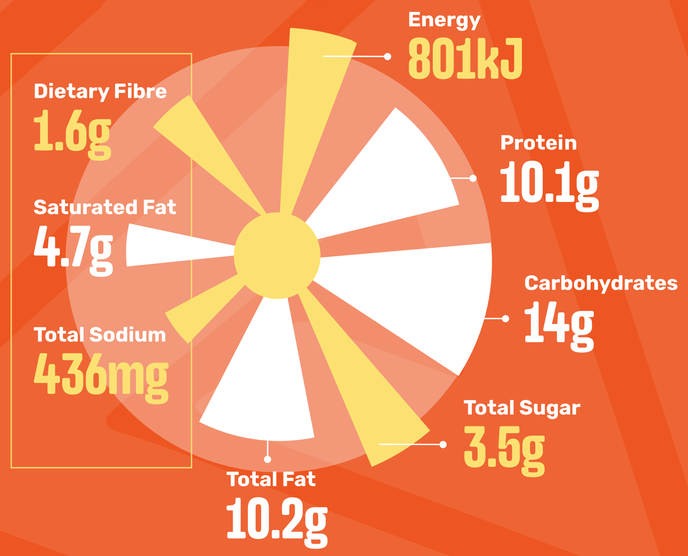
RIB BURGER
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



RIB BURGER
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



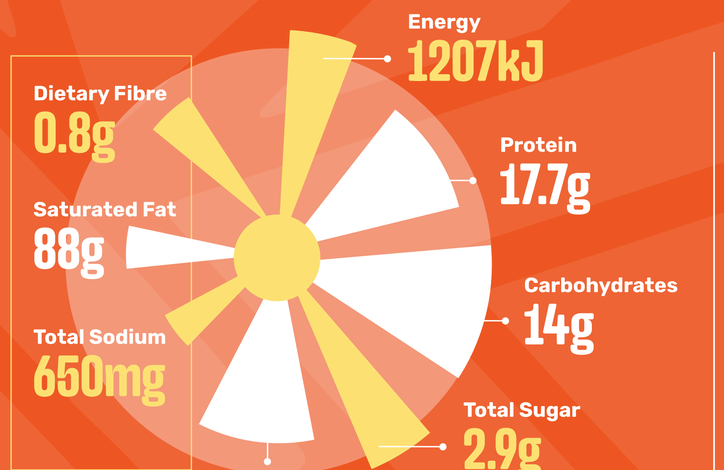
RIB

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

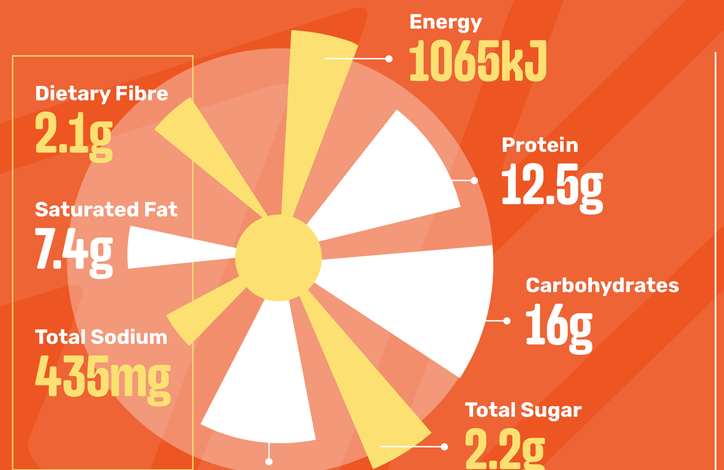
DOUBLE RIB BURGER – 4 X 100g
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



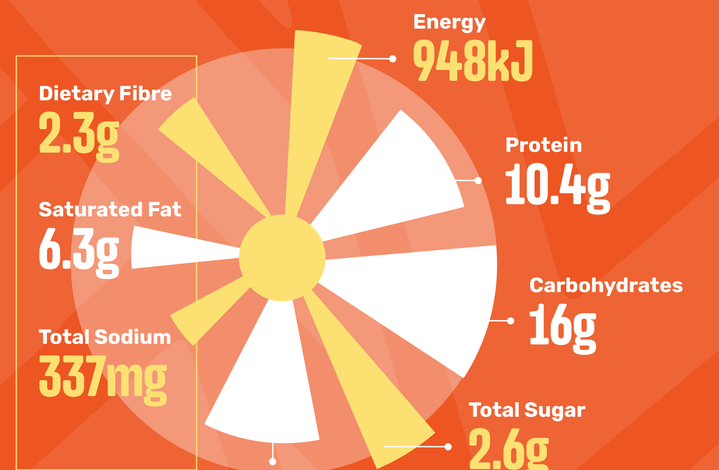
DOUBLE RIB BURGER – 4 X 100g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



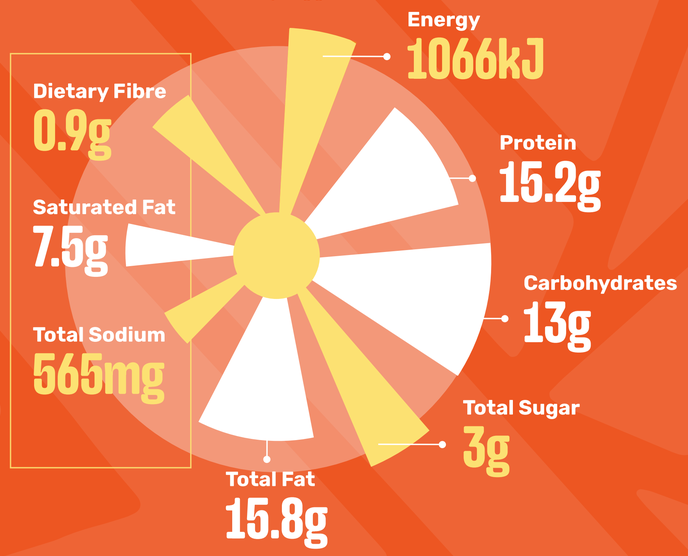
DOUBLE RIB BURGER – 4 X 100g
(Baked Potato with Sour Cream & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



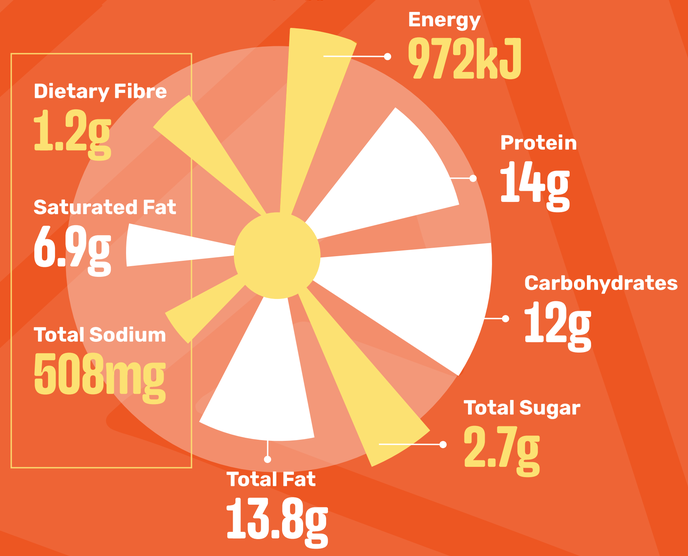
DOUBLE RIB BURGER – 4 X 100g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



DOUBLE RIB BURGER – 4 X 100g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



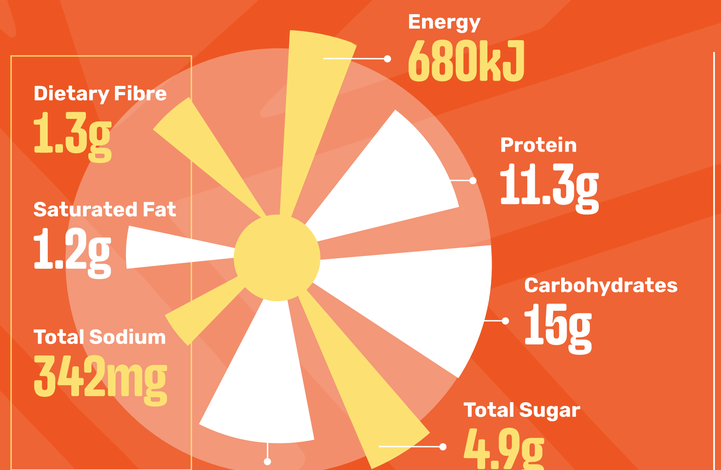
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

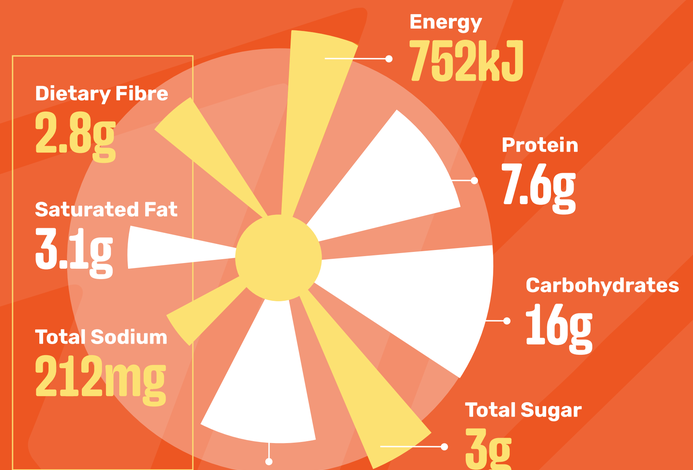
ORIGINAL GRILLED CHICKEN BURGER
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



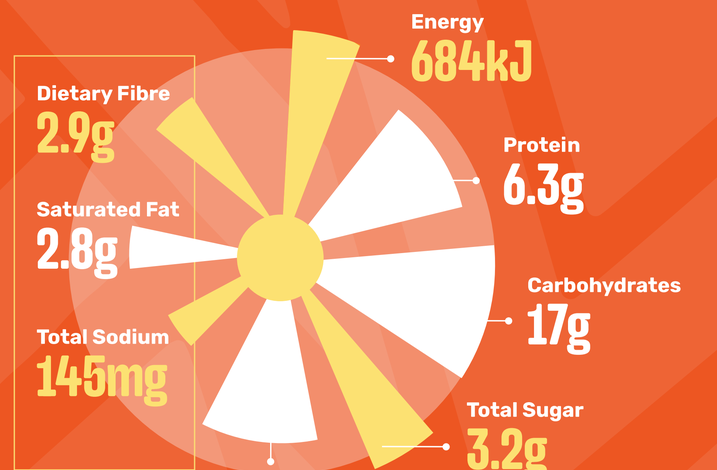
ORIGINAL GRILLED CHICKEN BURGER
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



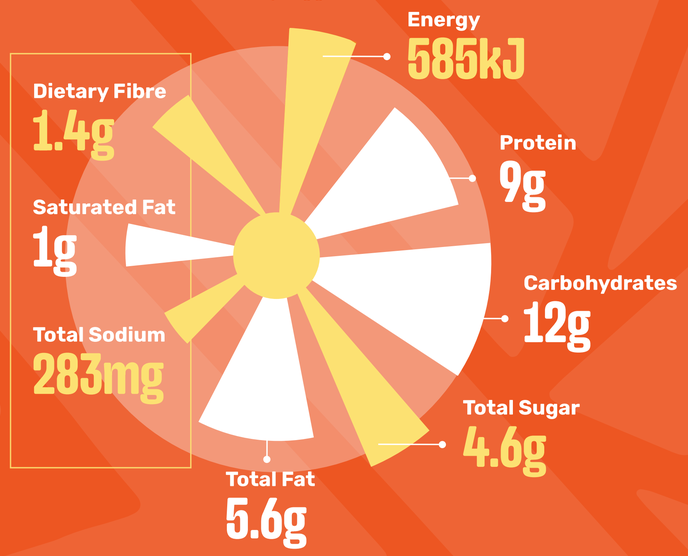
ORIGINAL GRILLED CHICKEN BURGER
(Baked Potato with Sour Cream & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



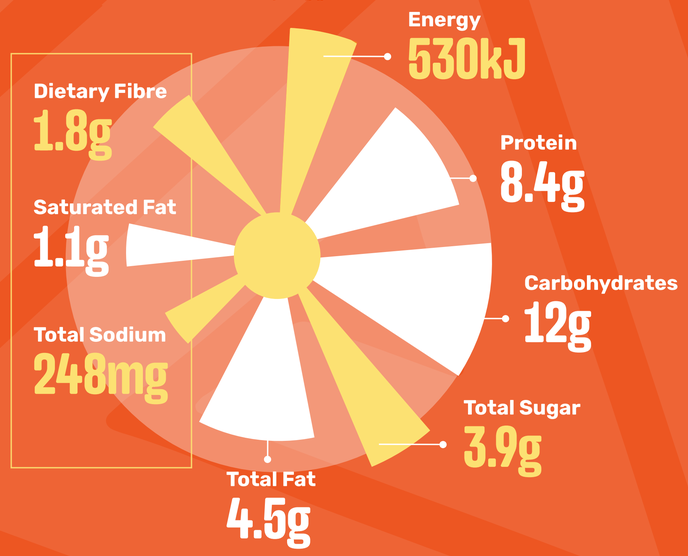
ORIGINAL GRILLED CHICKEN BURGER
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



ORIGINAL GRILLED CHICKEN BURGER
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



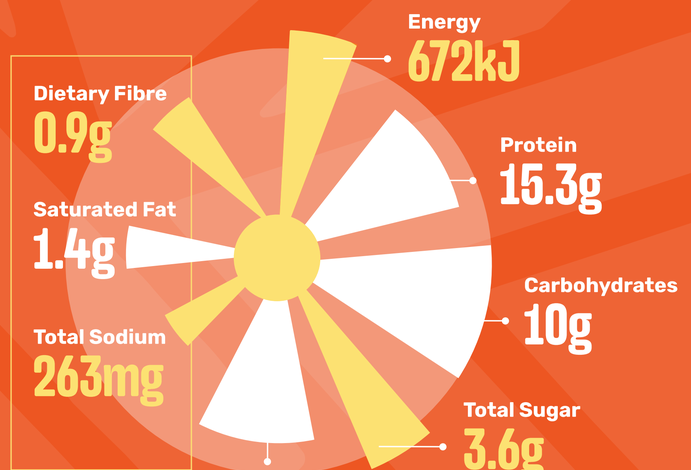
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

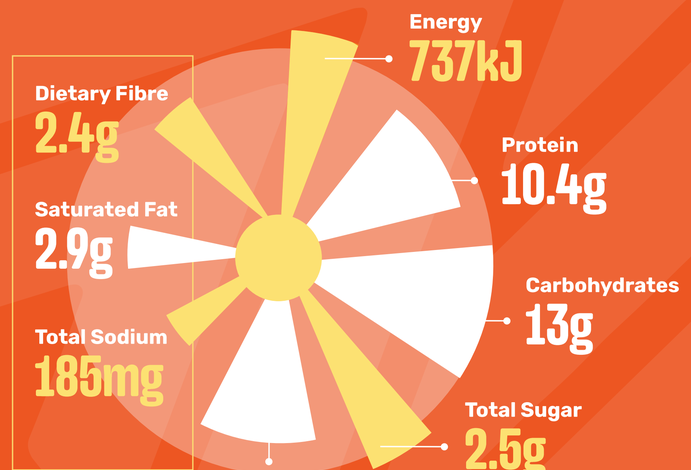
GRILLED DOUBLE CHICKEN BURGER
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



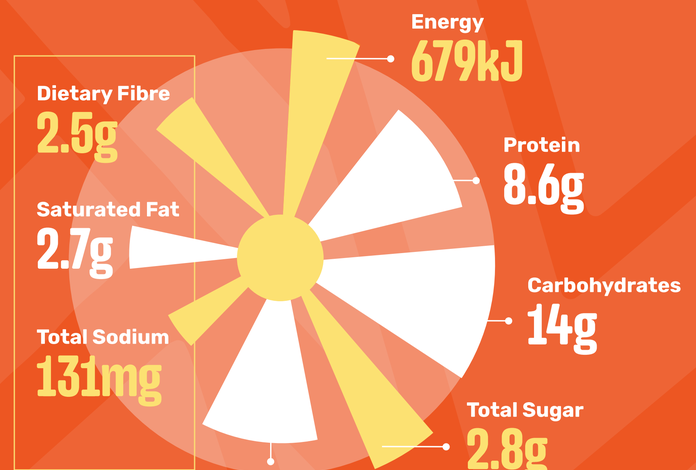
GRILLED DOUBLE CHICKEN BURGER
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



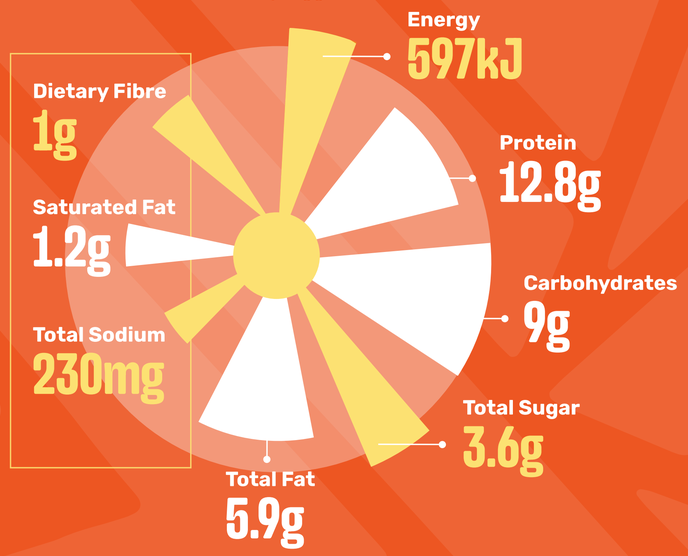
GRILLED DOUBLE CHICKEN BURGER
(Baked Potato with Sour Cream & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



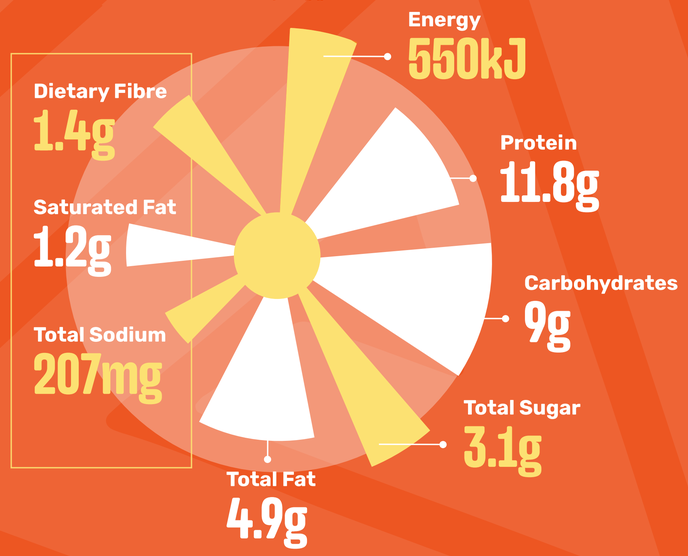
GRILLED DOUBLE CHICKEN BURGER
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



GRILLED DOUBLE CHICKEN BURGER
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



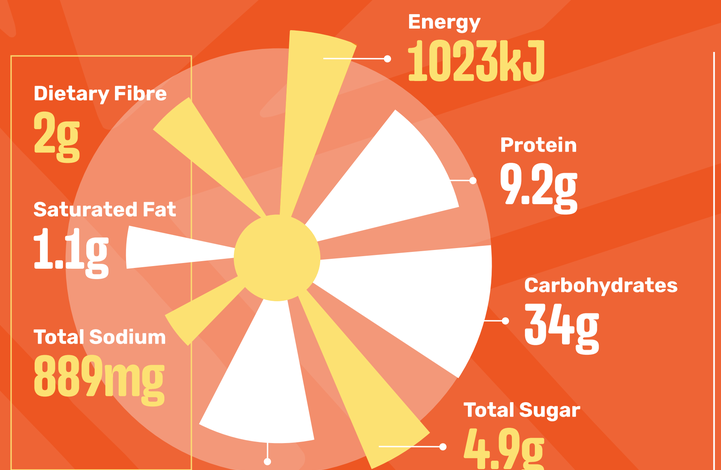
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

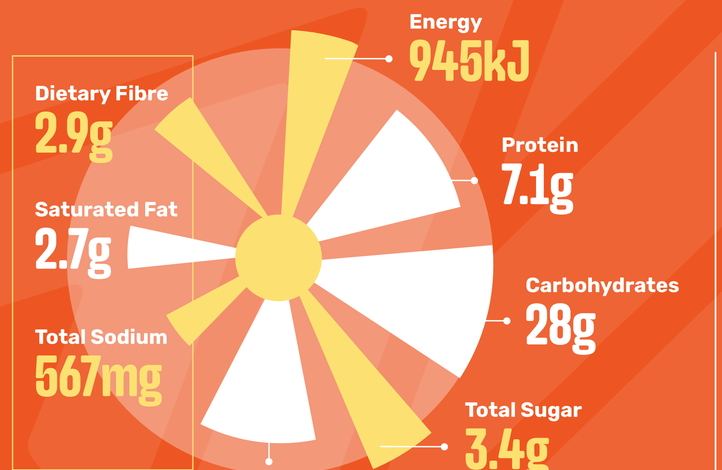
TEXAN-CHILLI CRUMBED CHICKEN BURGER
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



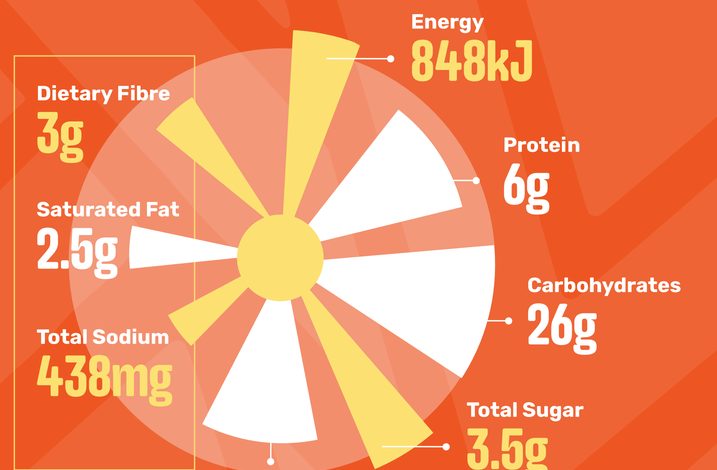
TEXAN-CHILLI CRUMBED CHICKEN BURGER
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



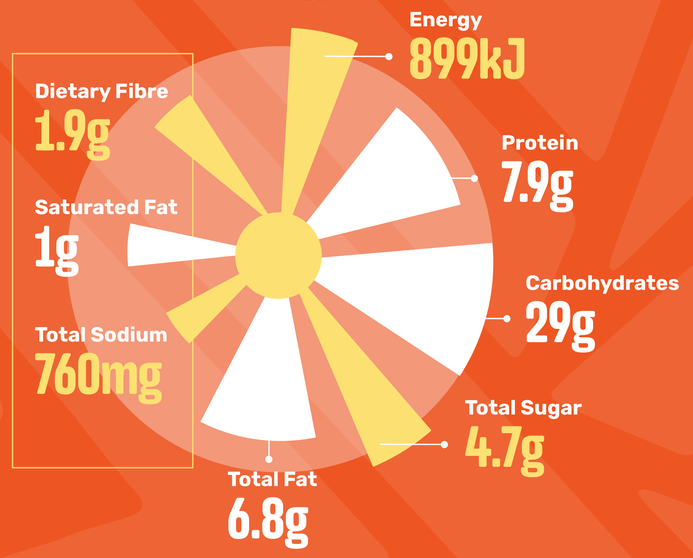
TEXAN-CHILLI CRUMBED CHICKEN BURGER
(Baked Potato with Sour Cream & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



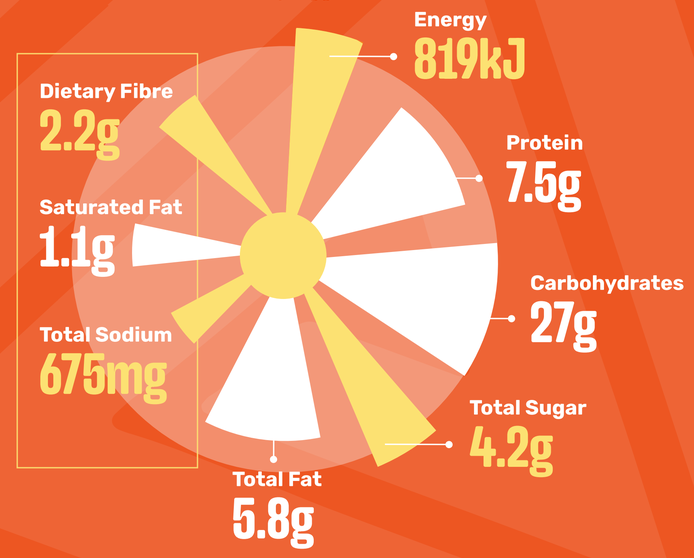
TEXAN-CHILLI CRUMBED CHICKEN BURGER
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



TEXAN-CHILLI CRUMBED CHICKEN BURGER
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



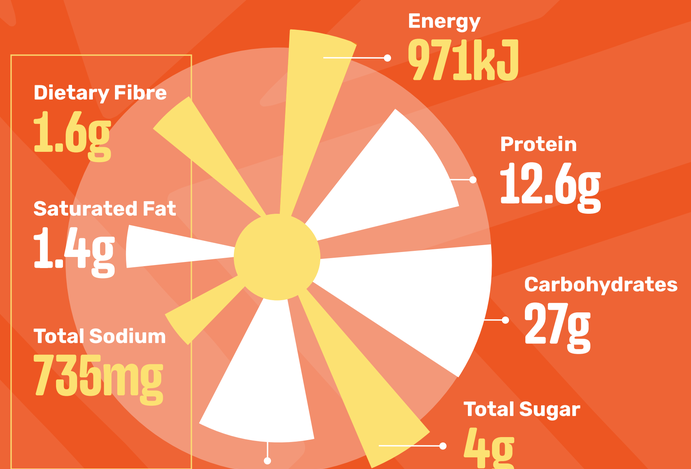
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

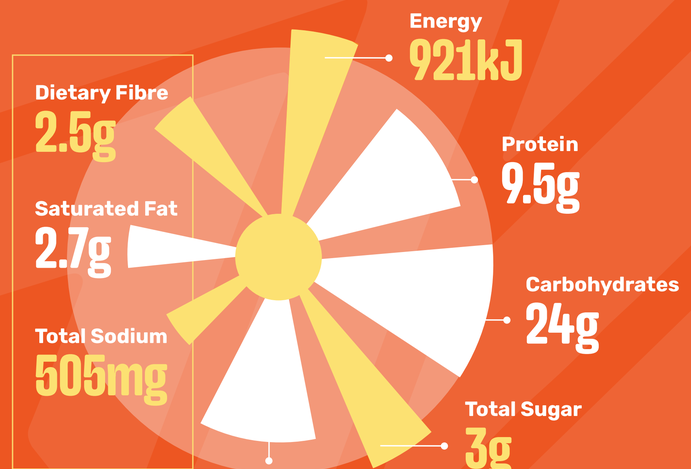
TEXAN-CHILLI CRUMBED DOUBLE CHICKEN BURGER
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



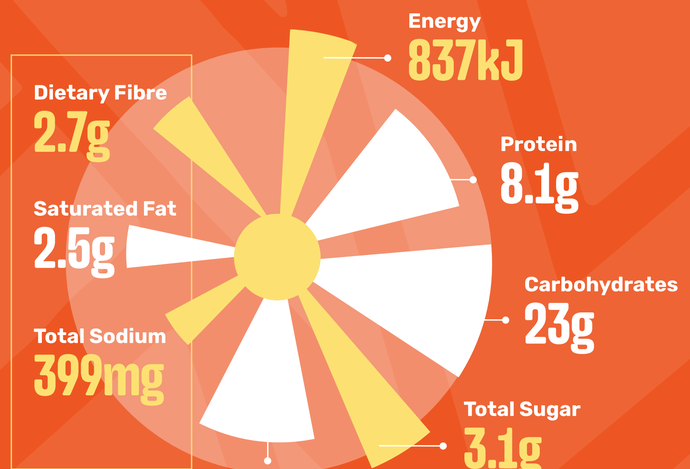
TEXAN-CHILLI CRUMBED DOUBLE CHICKEN BURGER
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



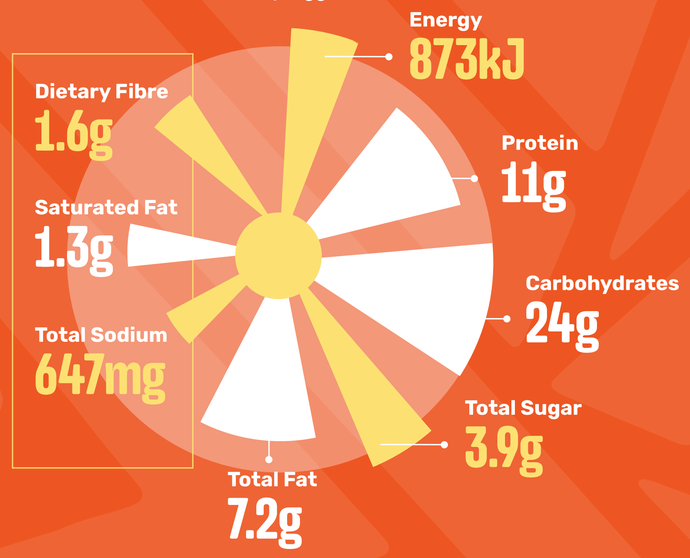
TEXAN-CHILLI CRUMBED DOUBLE CHICKEN BURGER
(Baked Potato with Sour Cream & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



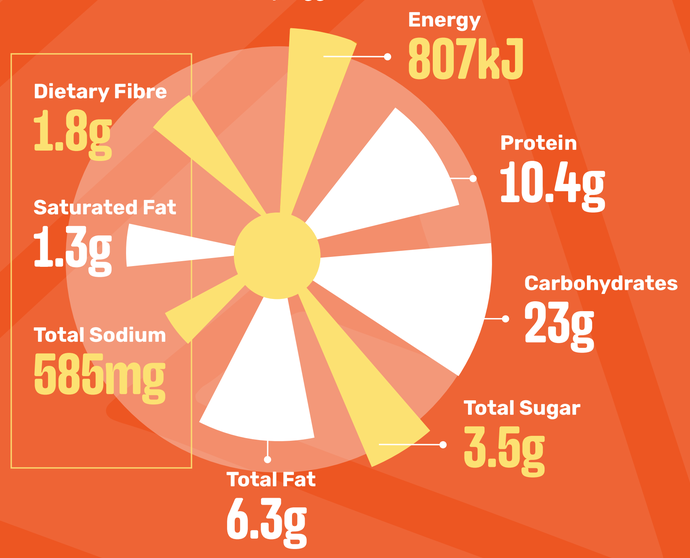
TEXAN-CHILLI CRUMBED DOUBLE CHICKEN BURGER
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



TEXAN-CHILLI CRUMBED DOUBLE CHICKEN BURGER
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



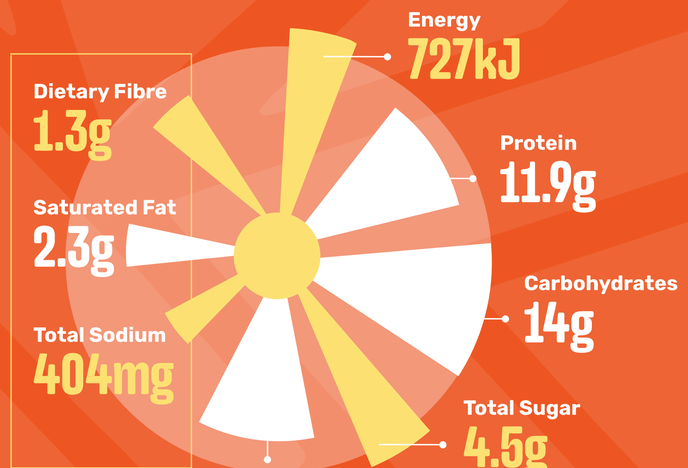
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

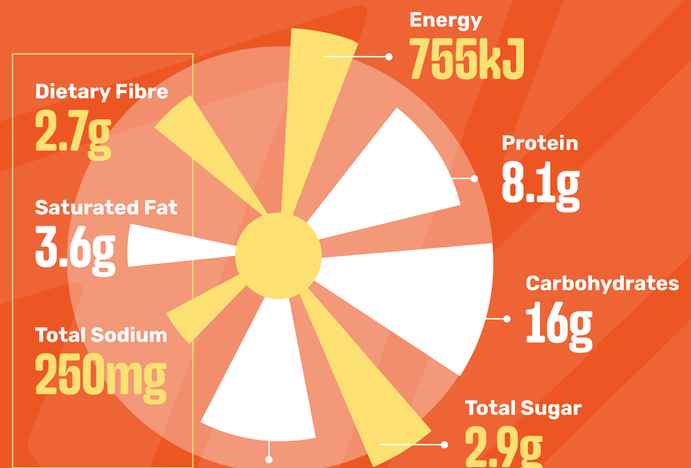
CHICKEN CHEESE BURGER
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



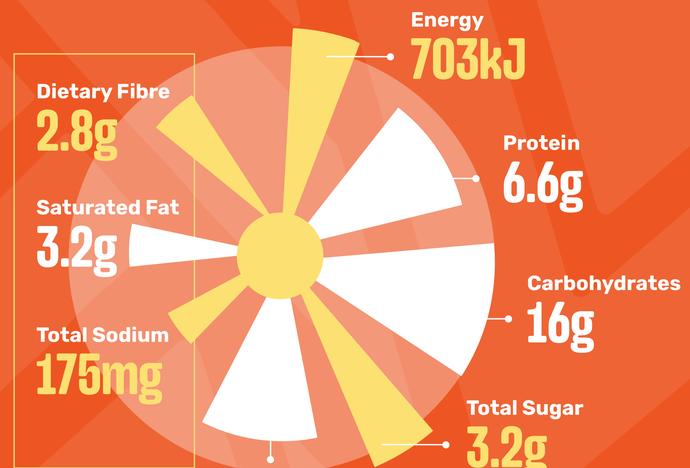
CHICKEN CHEESE BURGER
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



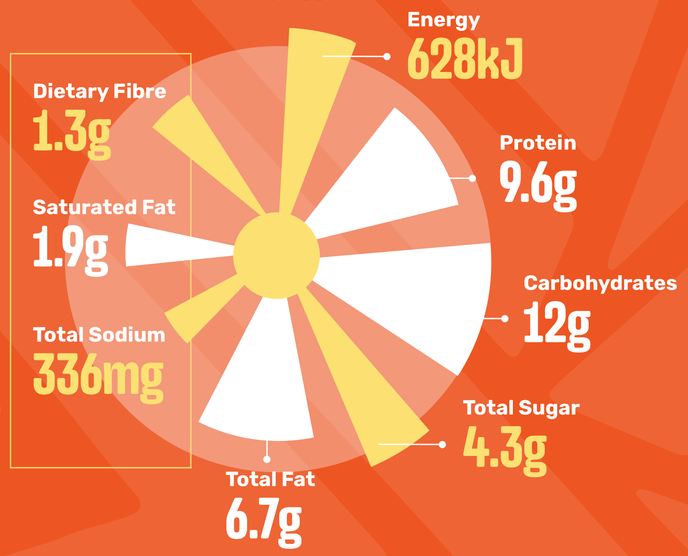
CHICKEN CHEESE BURGER
(Baked Potato with Sour Cream & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



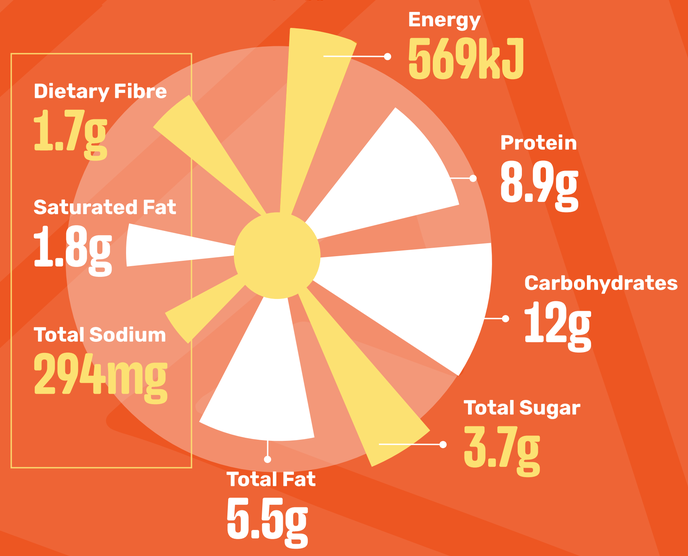
CHICKEN CHEESE BURGER
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHICKEN CHEESE BURGER
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



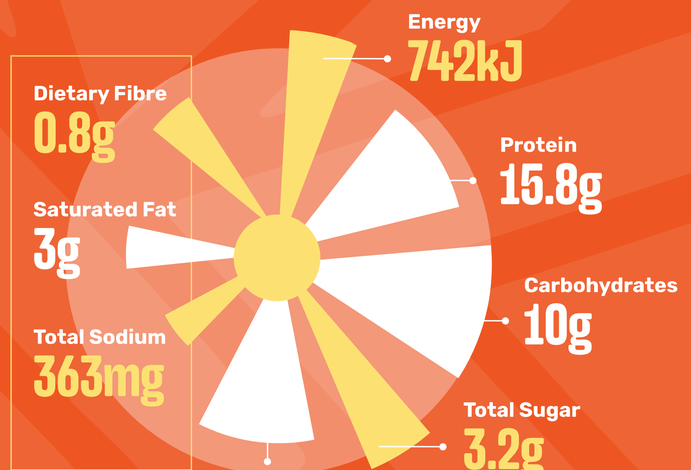
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving*

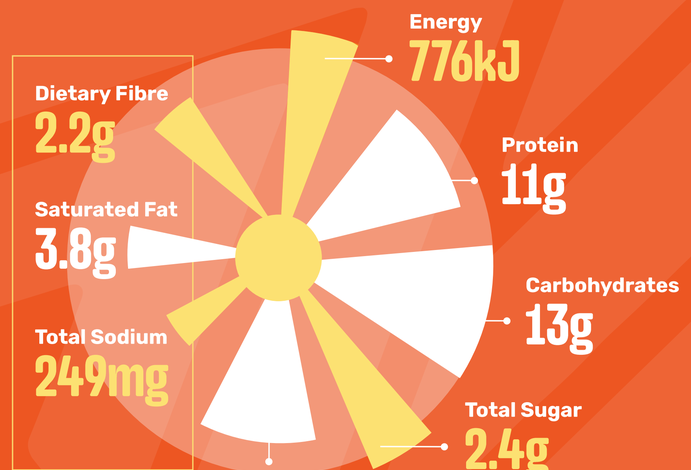
DOUBLE CHICKEN CHEESE BURGER
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



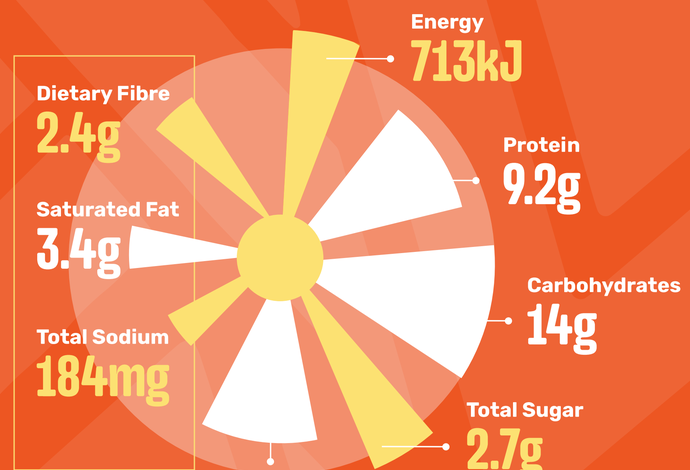
DOUBLE CHICKEN CHEESE BURGER
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



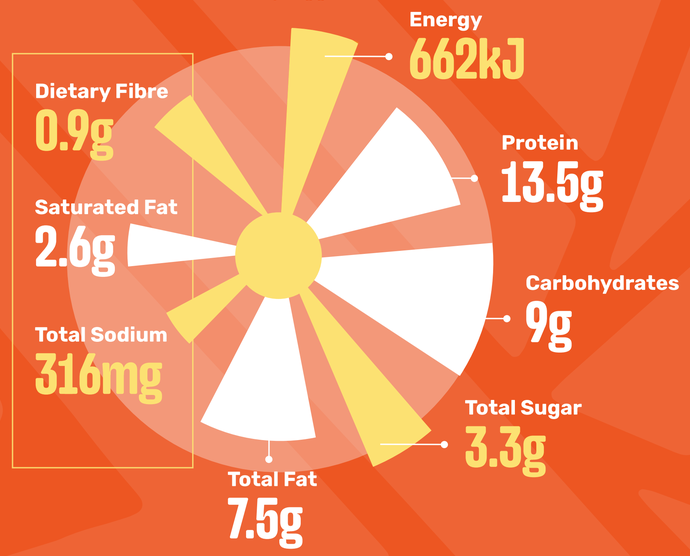
DOUBLE CHICKEN CHEESE BURGER
(Baked Potato with Sour Cream & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



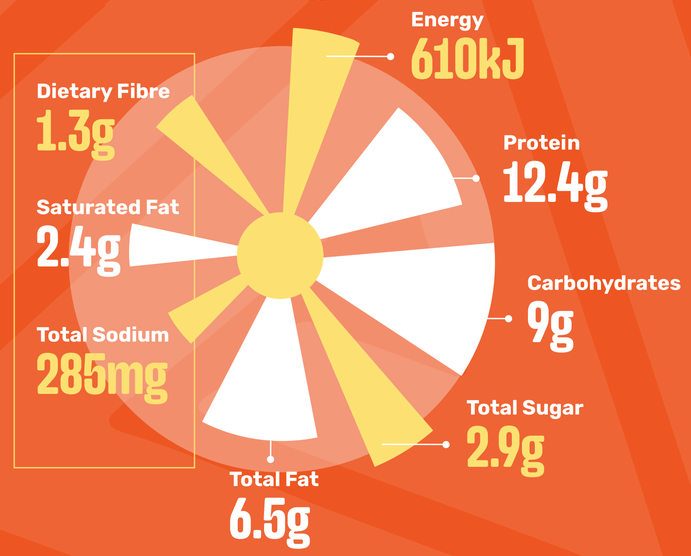
DOUBLE CHICKEN CHEESE BURGER
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



DOUBLE CHICKEN CHEESE BURGER
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



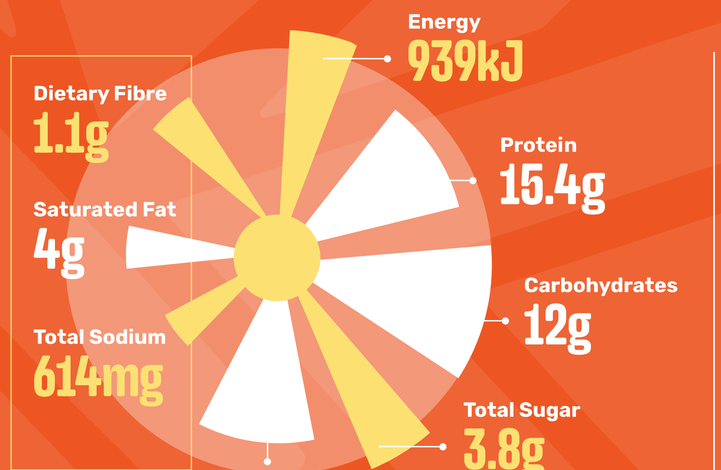
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

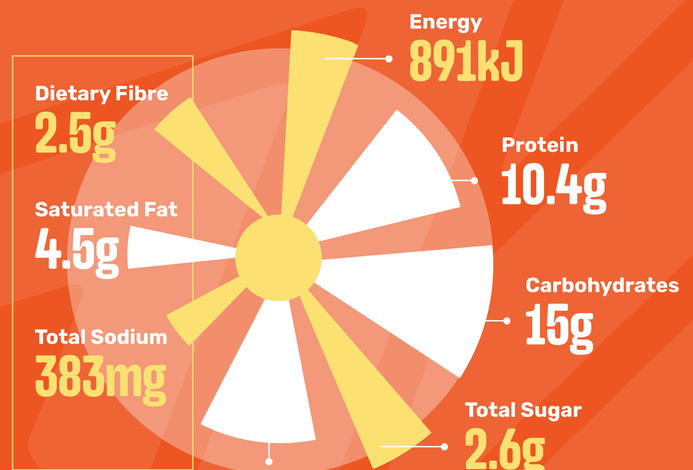
CHICKEN, BACON & CHEESE BURGER
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



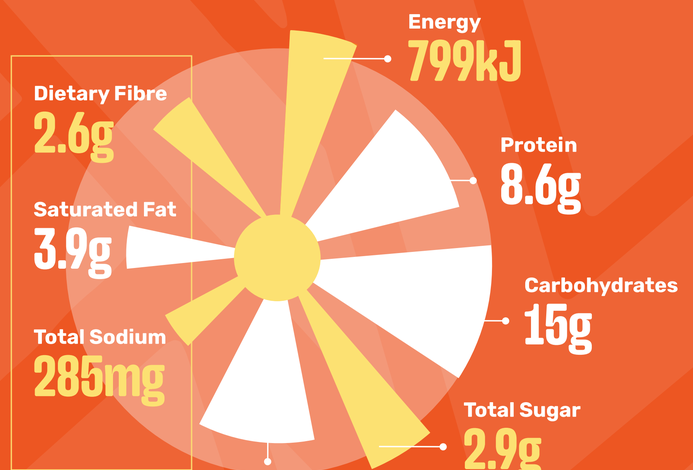
CHICKEN, BACON & CHEESE BURGER
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



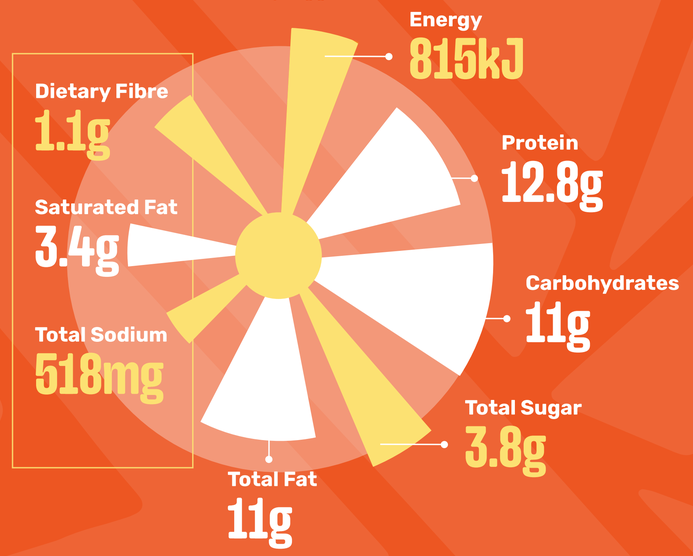
CHICKEN, BACON & CHEESE BURGER
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



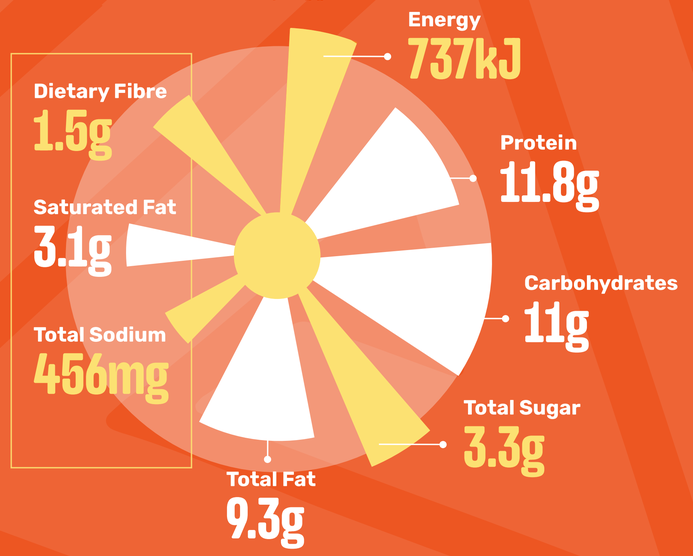
CHICKEN, BACON & CHEESE BURGER
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHICKEN, BACON & CHEESE BURGER
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



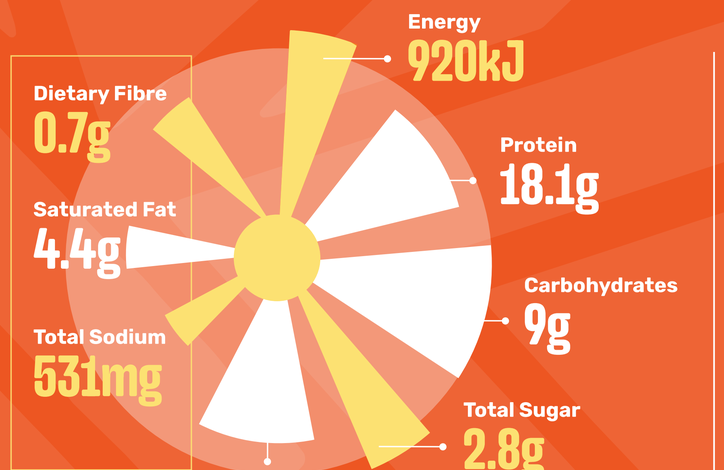
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

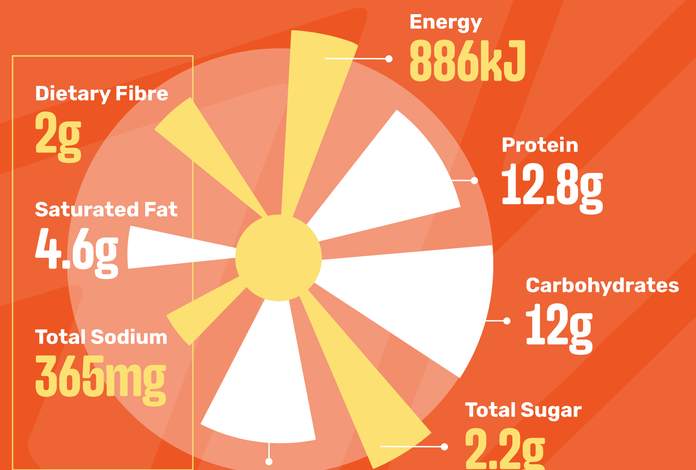
DOUBLE CHICKEN, BACON & CHEESE BURGER
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



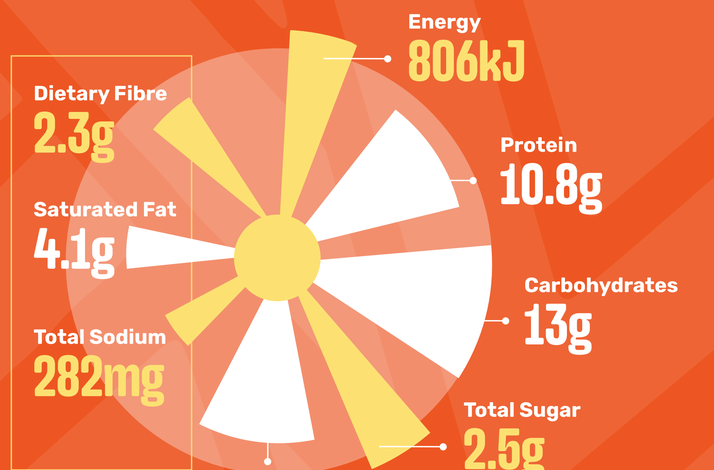
DOUBLE CHICKEN, BACON & CHEESE BURGER
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



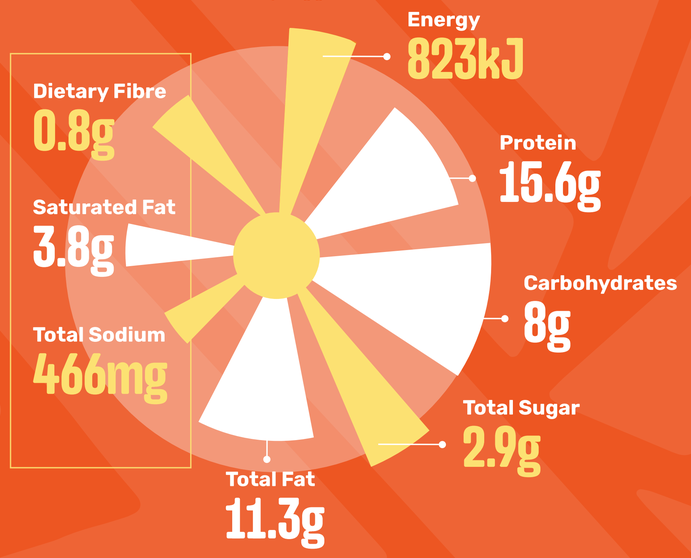
DOUBLE CHICKEN, BACON & CHEESE BURGER
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



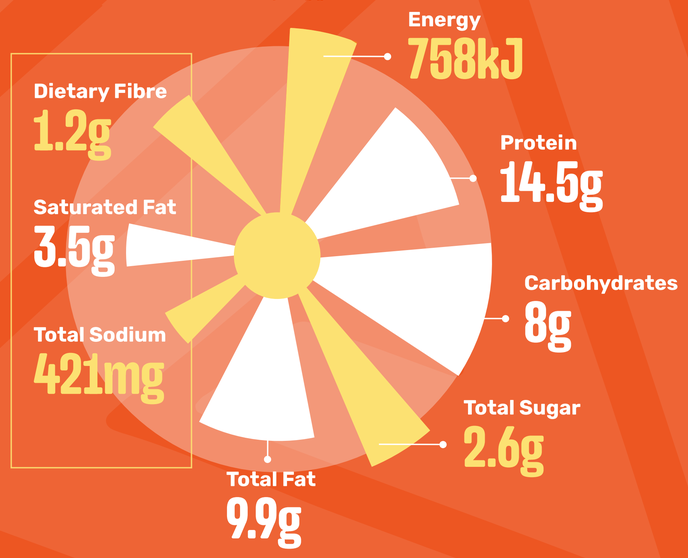
DOUBLE CHICKEN, BACON & CHEESE BURGER
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



DOUBLE CHICKEN, BACON & CHEESE BURGER
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



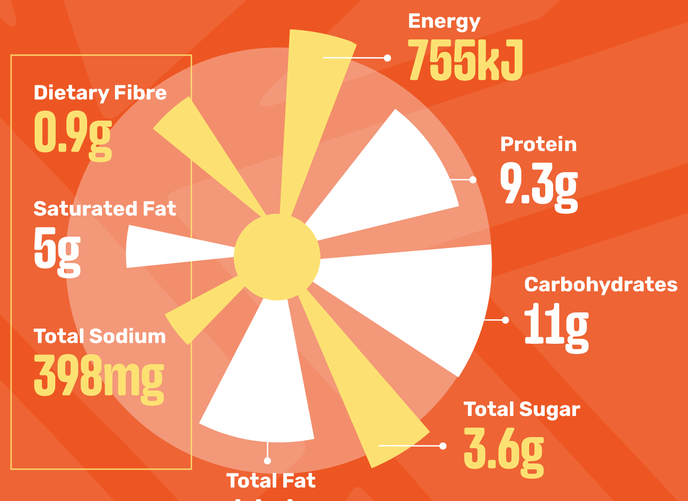
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

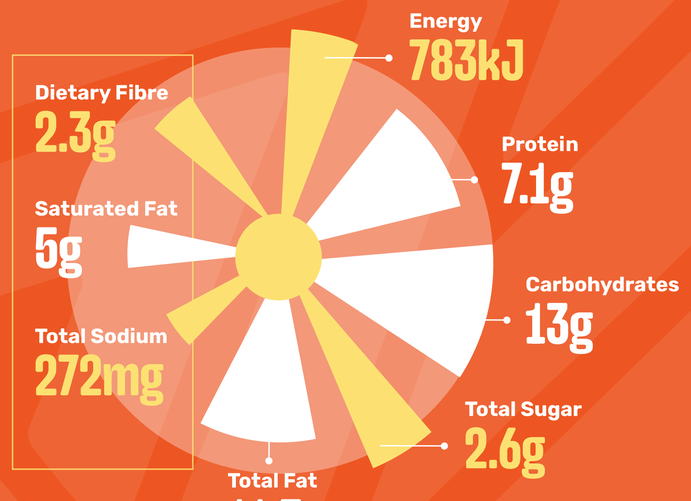
CHICKEN CHEDDAMELT BURGER – MUSHROOM SAUCE
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



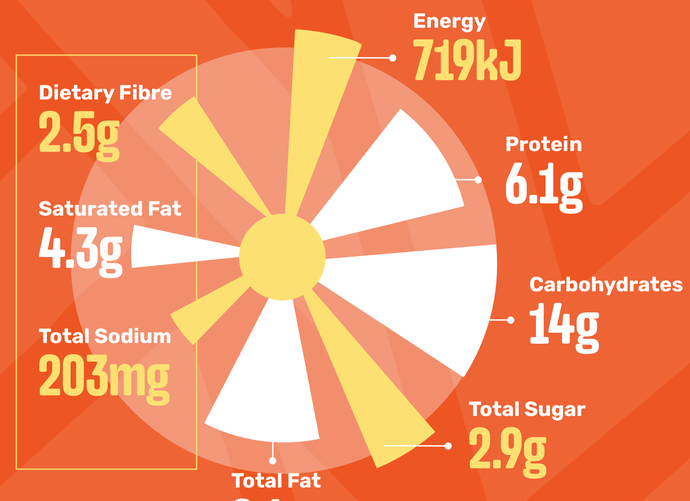
CHICKEN CHEDDAMELT BURGER – MUSHROOM SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



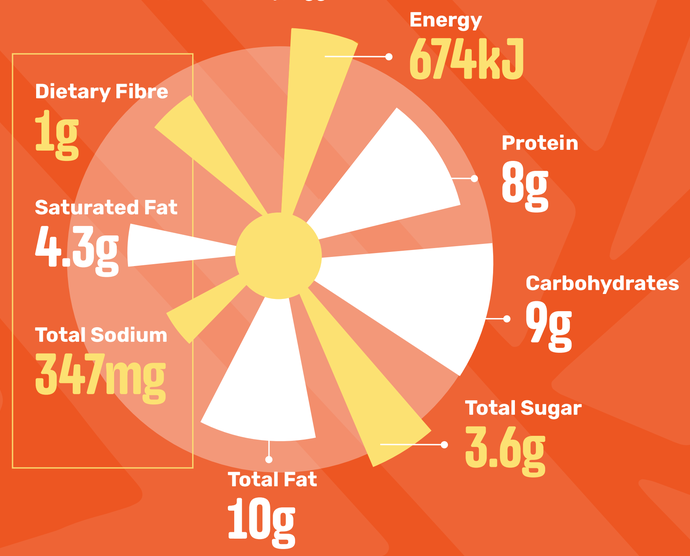
CHICKEN CHEDDAMELT BURGER – MUSHROOM SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



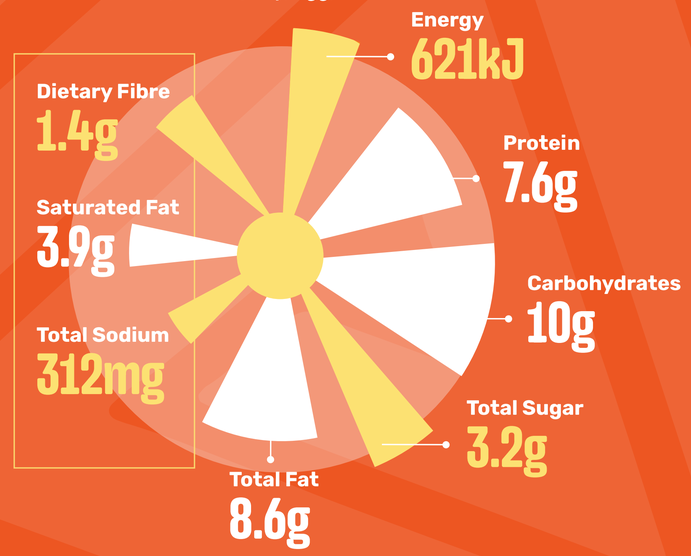
CHICKEN CHEDDAMELT BURGER – MUSHROOM SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHICKEN CHEDDAMELT BURGER – MUSHROOM SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



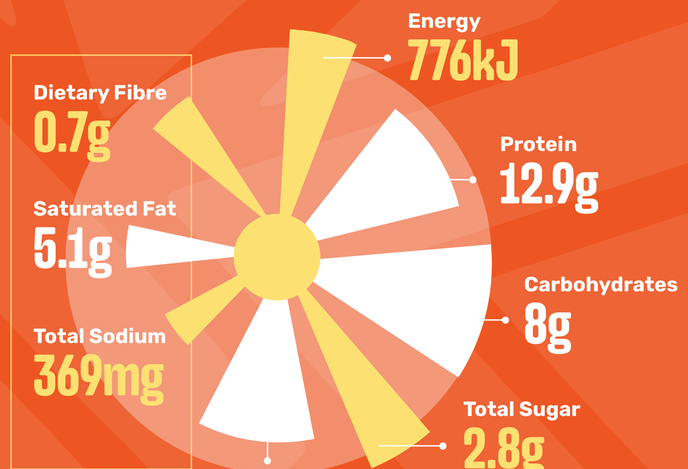
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

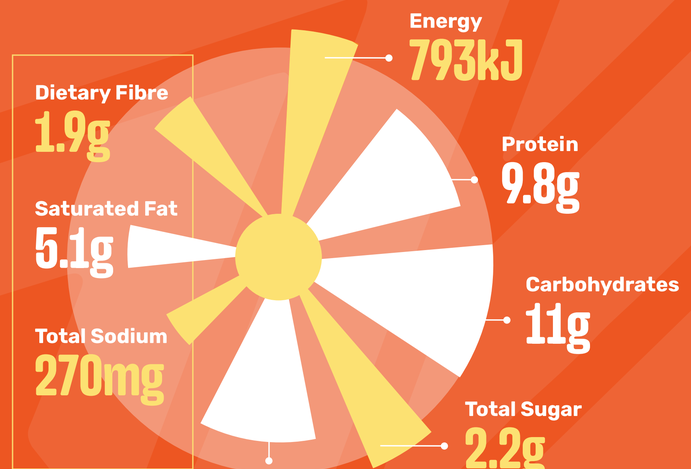
DOUBLE CHICKEN CHEDDAMELT BURGER – MUSHROOM SAUCE
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



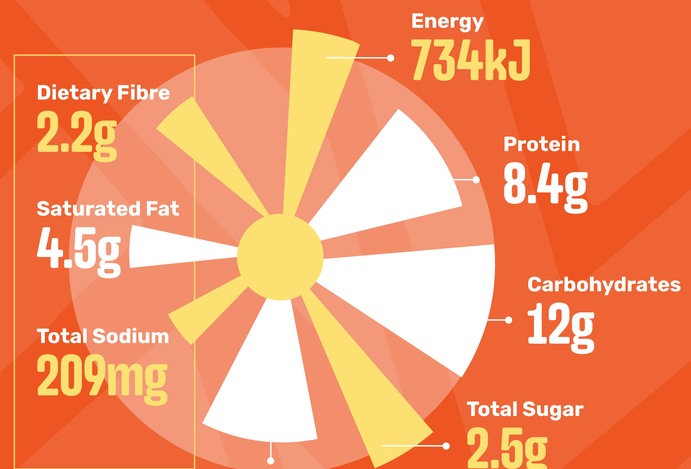
DOUBLE CHICKEN CHEDDAMELT BURGER – MUSHROOM SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



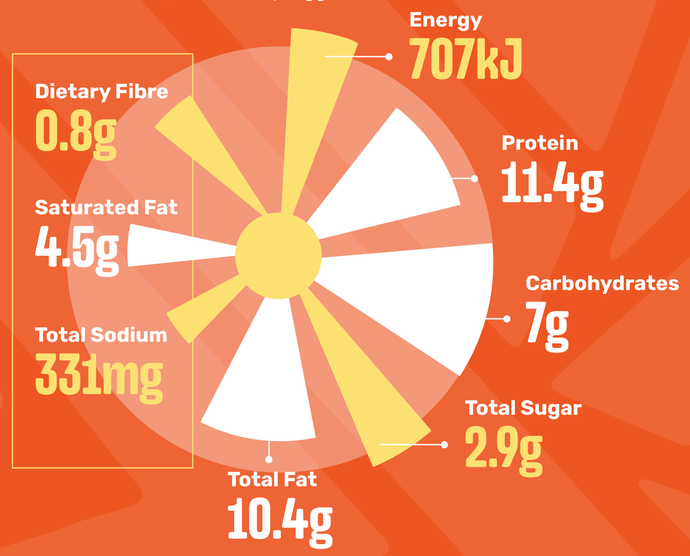
DOUBLE CHICKEN CHEDDAMELT BURGER – MUSHROOM SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



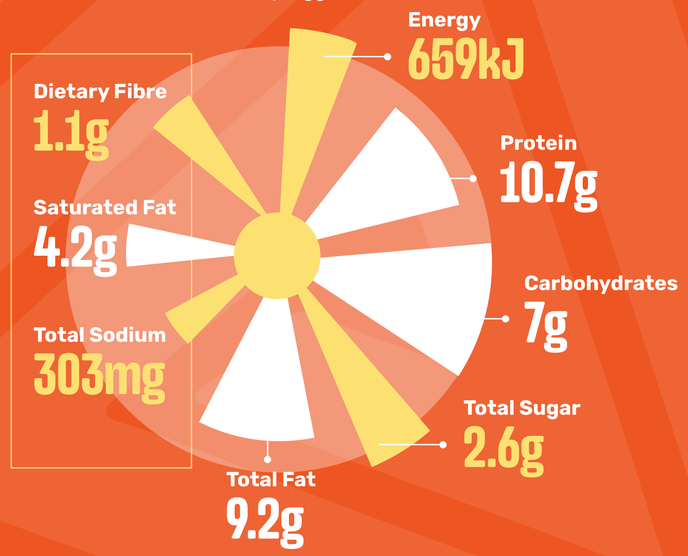
DOUBLE CHICKEN CHEDDAMELT BURGER – MUSHROOM SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



DOUBLE CHICKEN CHEDDAMELT BURGER – MUSHROOM SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



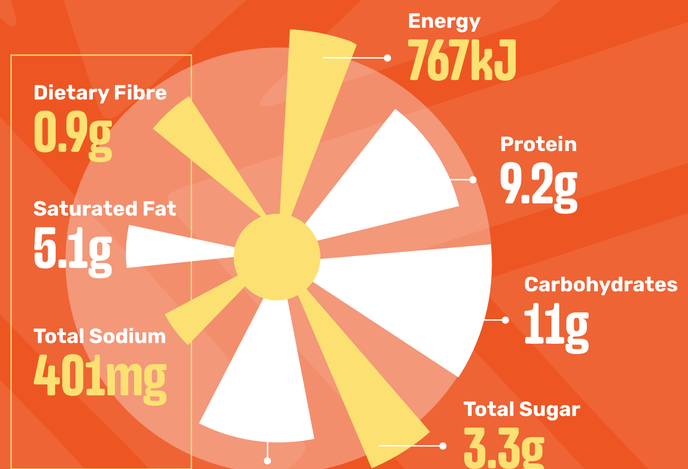
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

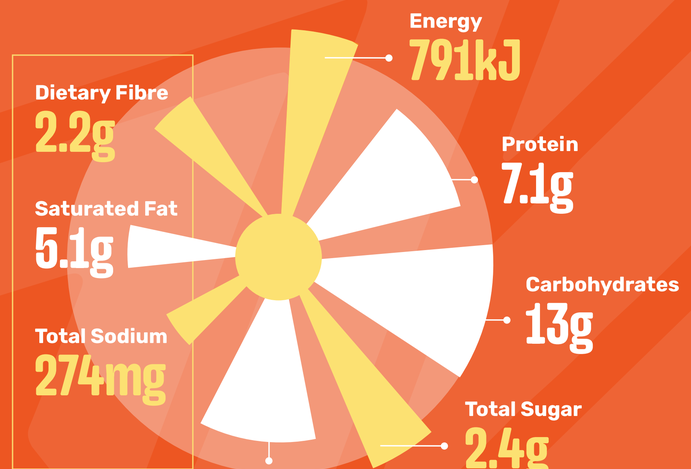
CHICKEN CHEDDAMELT BURGER – PEPPER SAUCE
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



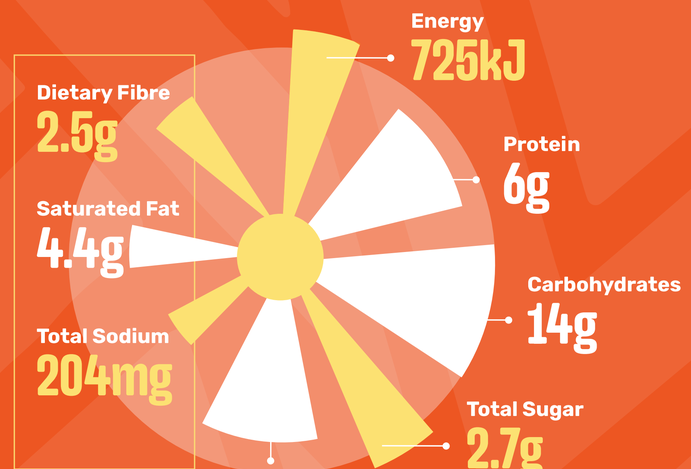
CHICKEN CHEDDAMELT BURGER – PEPPER SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



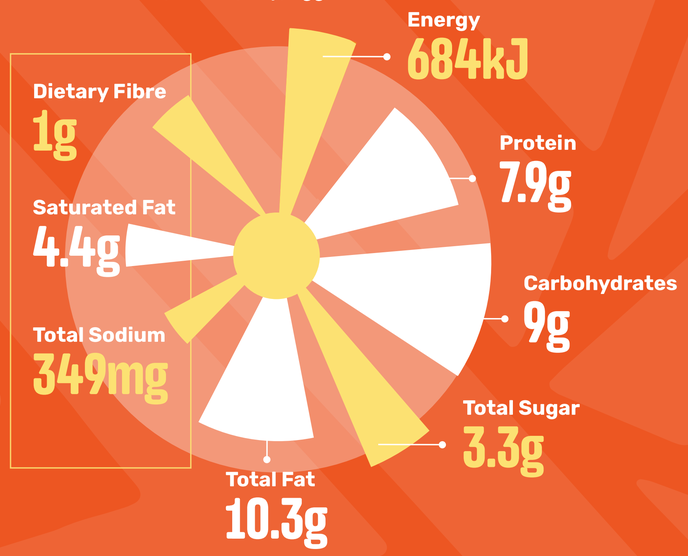
CHICKEN CHEDDAMELT BURGER – PEPPER SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



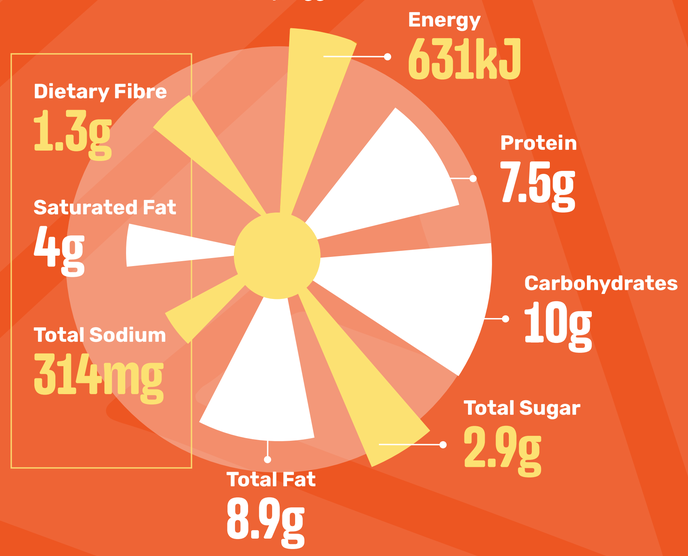
CHICKEN CHEDDAMELT BURGER – PEPPER SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHICKEN CHEDDAMELT BURGER – PEPPER SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



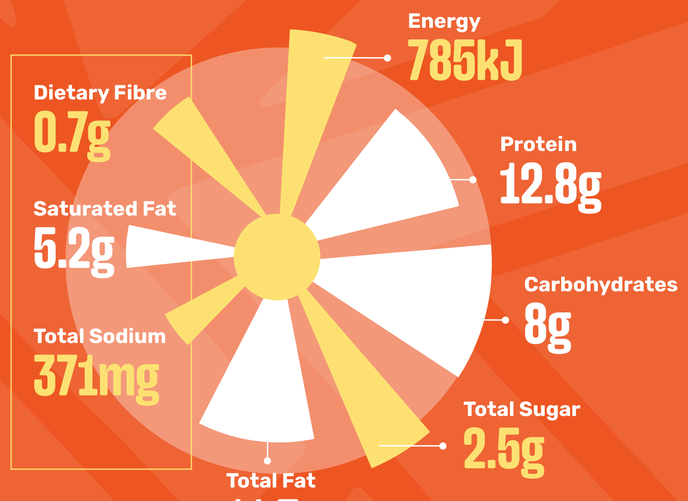
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

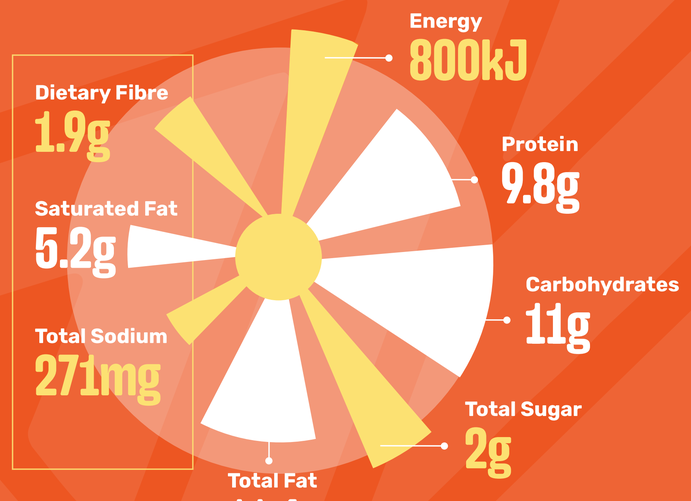
DOUBLE CHICKEN CHEDDAMELT BURGER – PEPPER SAUCE
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



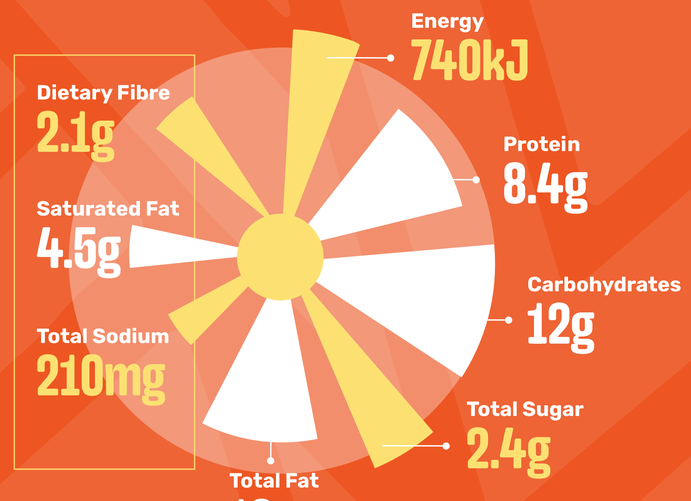
DOUBLE CHICKEN CHEDDAMELT BURGER – PEPPER SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



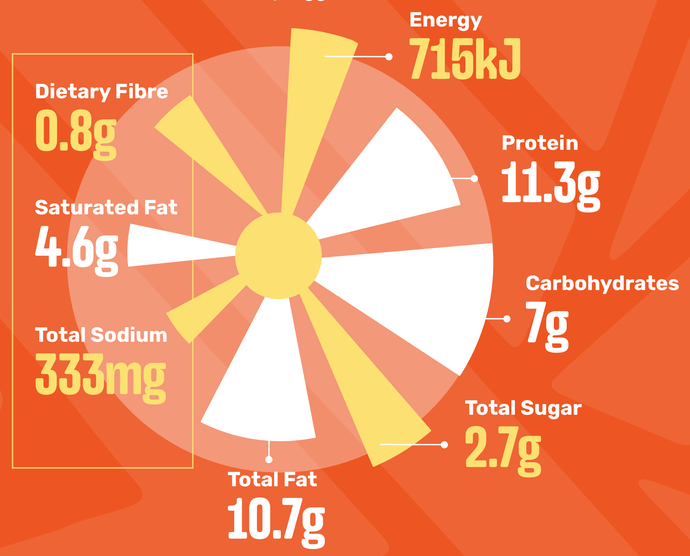
DOUBLE CHICKEN CHEDDAMELT BURGER – PEPPER SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



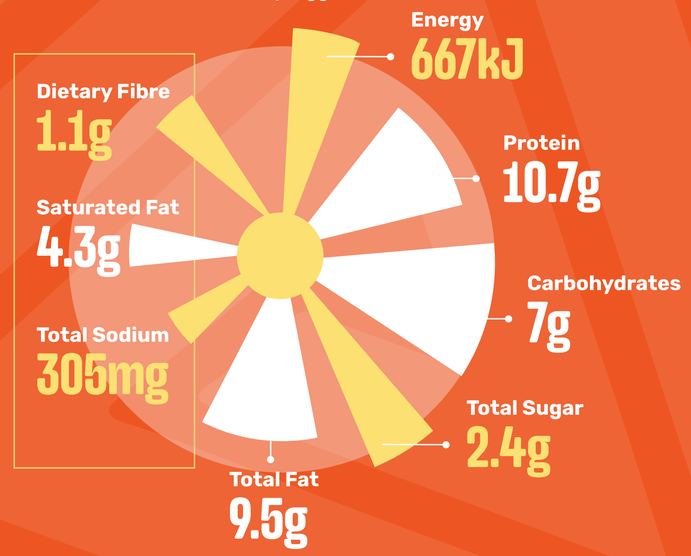
DOUBLE CHICKEN CHEDDAMELT BURGER – PEPPER SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



DOUBLE CHICKEN CHEDDAMELT BURGER – PEPPER SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



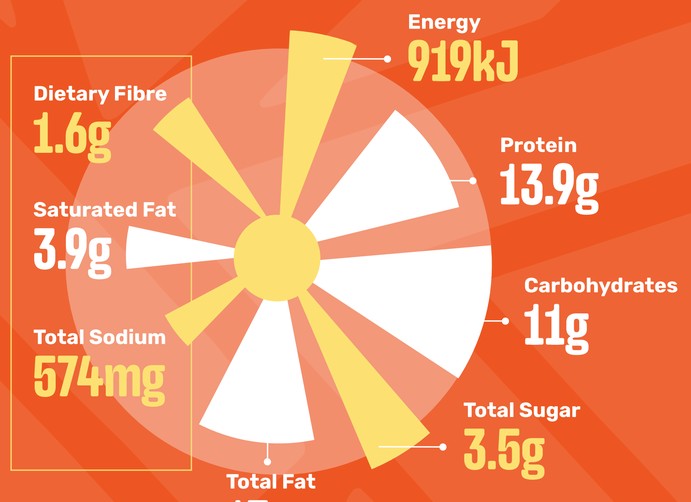
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

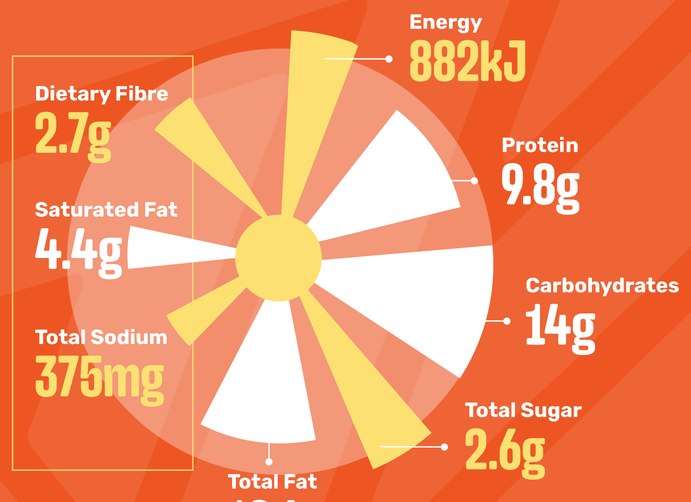
CHICKEN, BACON, CHEESE & GUACAMOLE BURGER
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



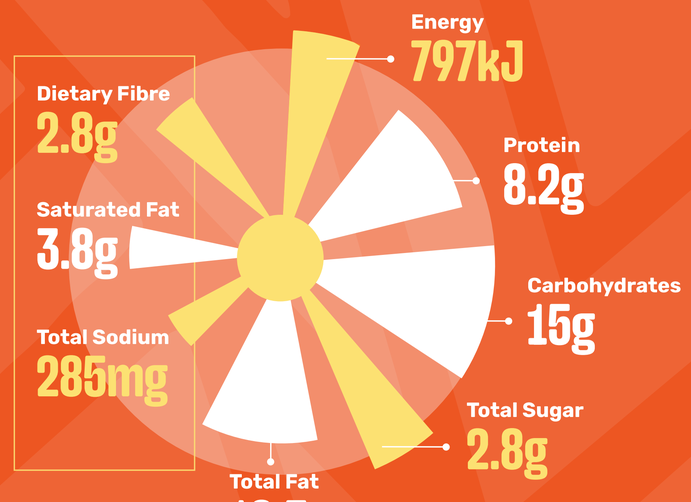
CHICKEN, BACON, CHEESE & GUACAMOLE BURGER
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



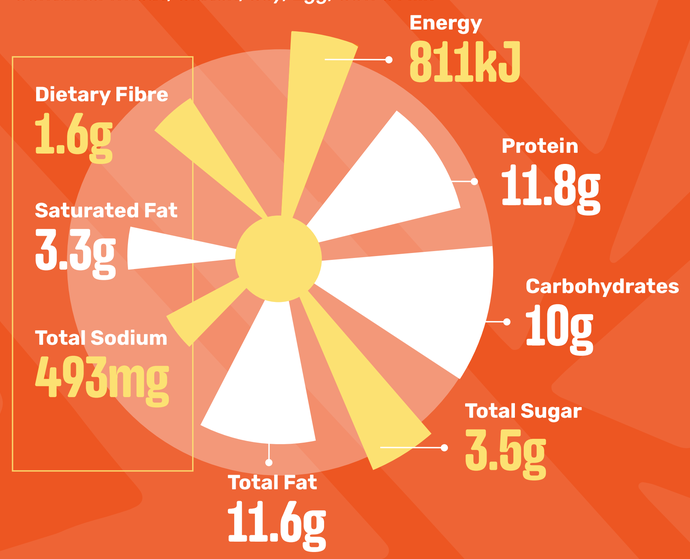
CHICKEN, BACON, CHEESE & GUACAMOLE BURGER
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



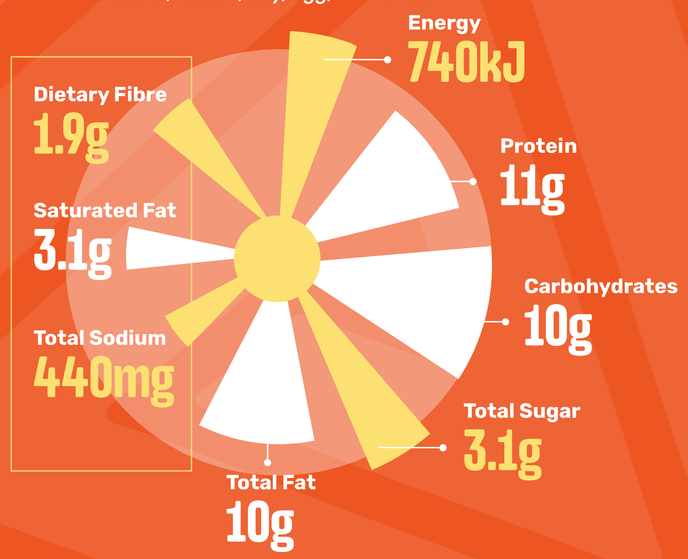
CHICKEN, BACON, CHEESE & GUACAMOLE BURGER
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHICKEN, BACON, CHEESE & GUACAMOLE BURGER
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



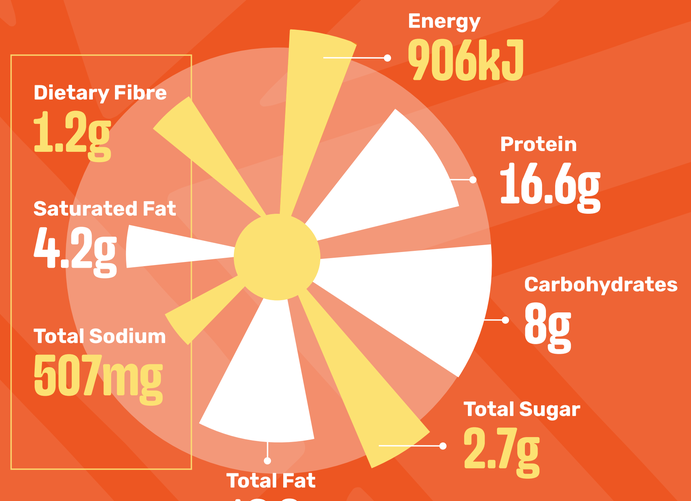
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

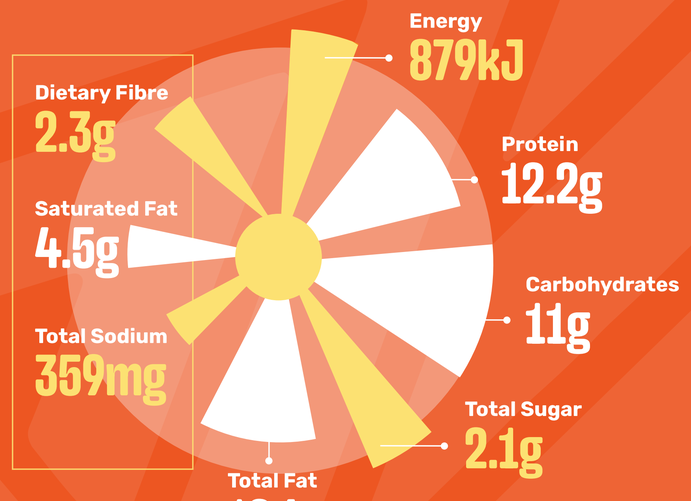
DOUBLE CHICKEN, BACON, CHEESE & GUACAMOLE BURGER
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



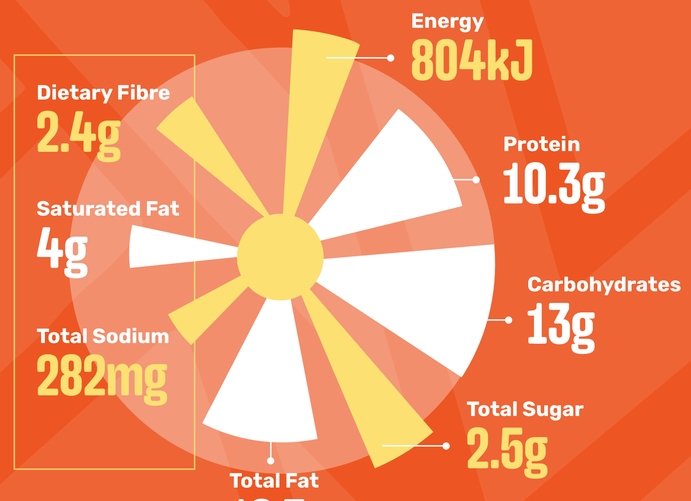
DOUBLE CHICKEN, BACON, CHEESE & GUACAMOLE BURGER
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



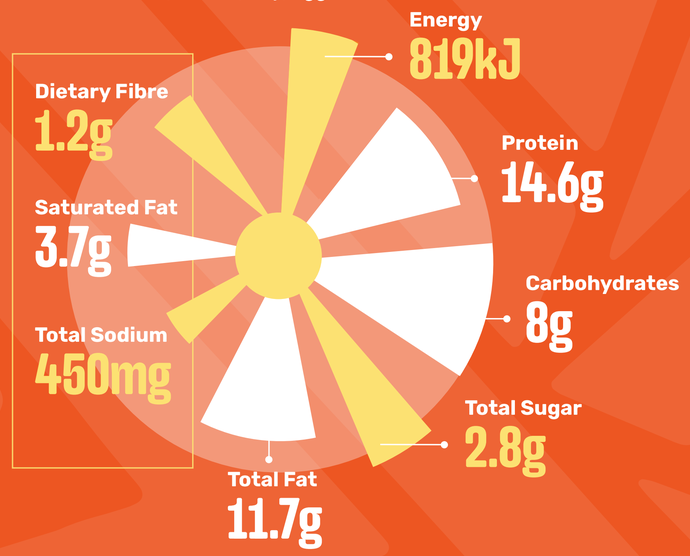
DOUBLE CHICKEN, BACON, CHEESE & GUACAMOLE BURGER
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



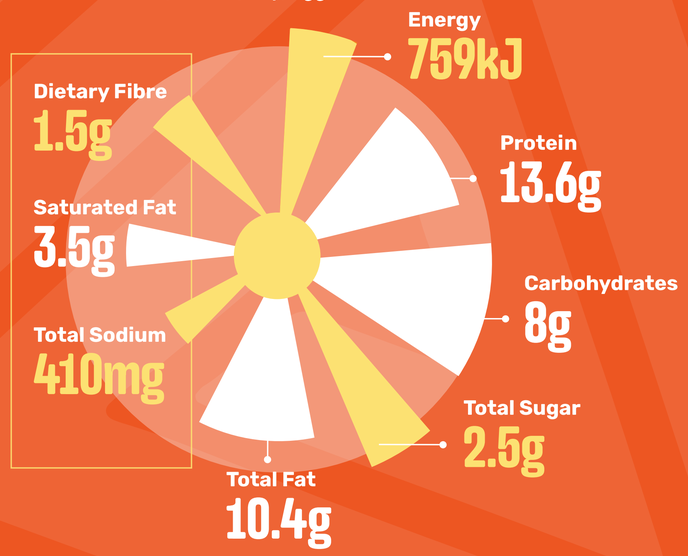
DOUBLE CHICKEN, BACON, CHEESE & GUACAMOLE BURGER
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



DOUBLE CHICKEN, BACON, CHEESE & GUACAMOLE BURGER
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



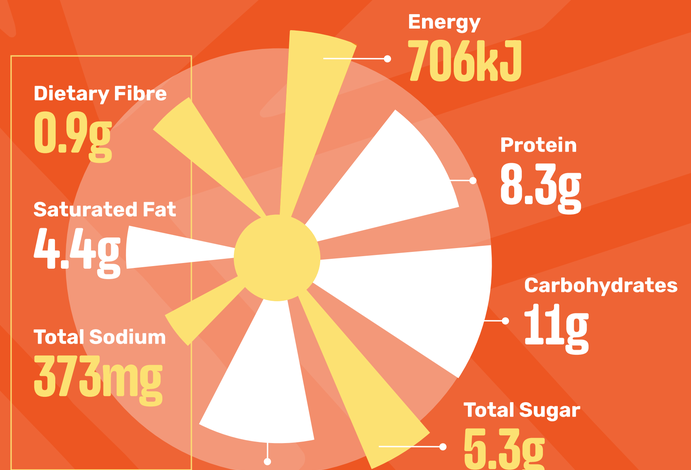
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

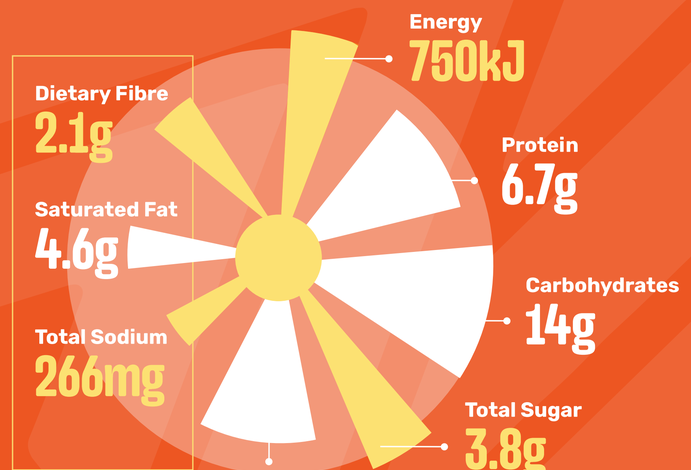
CHICKEN GOODIE BURGER
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



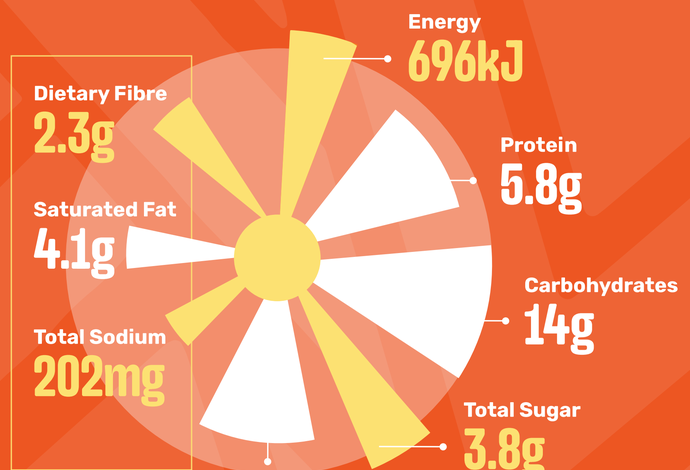
CHICKEN GOODIE BURGER
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



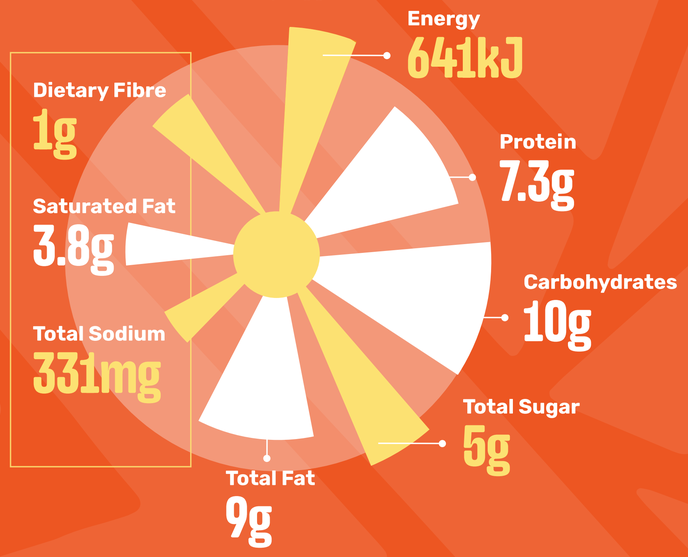
CHICKEN GOODIE BURGER
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



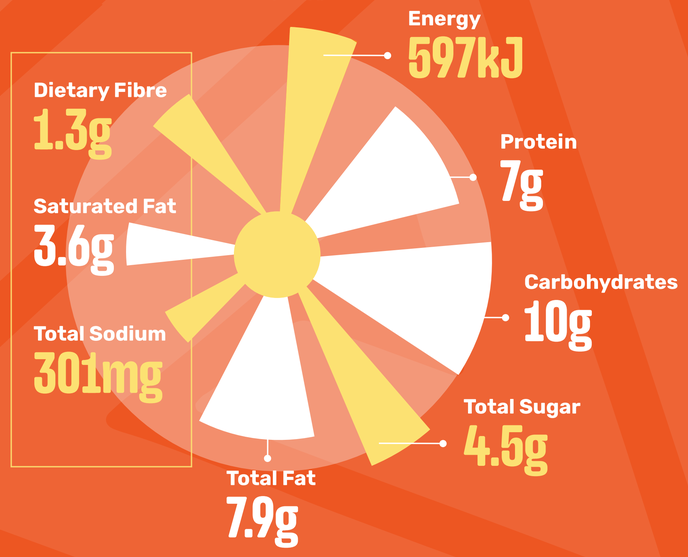
CHICKEN GOODIE BURGER
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHICKEN GOODIE BURGER
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



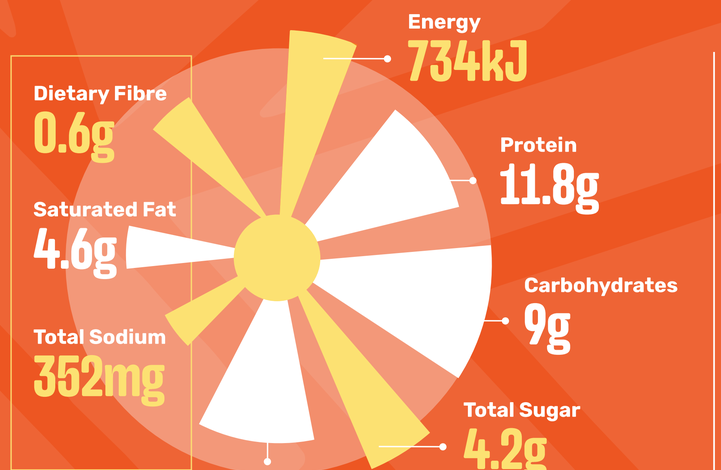
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

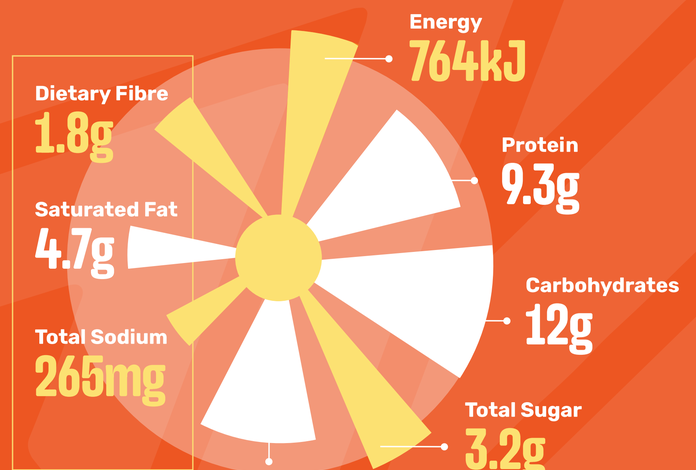
DOUBLE CHICKEN GOODIE BURGER
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



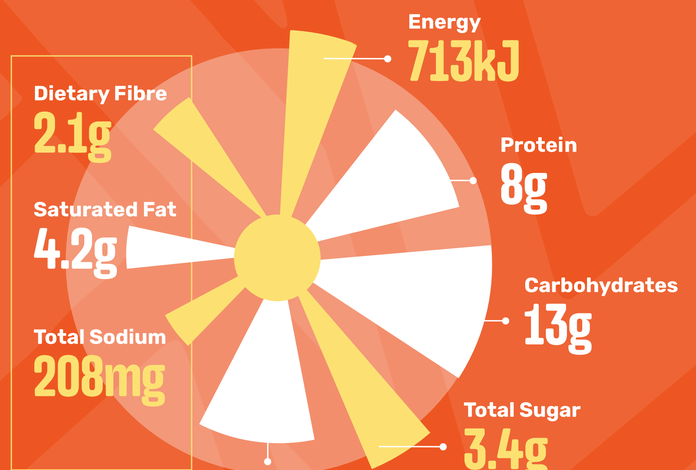
DOUBLE CHICKEN GOODIE BURGER
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



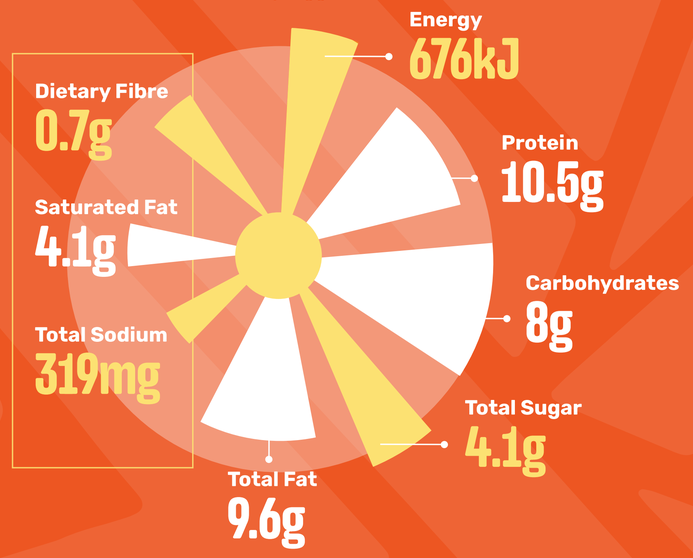
DOUBLE CHICKEN GOODIE BURGER
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



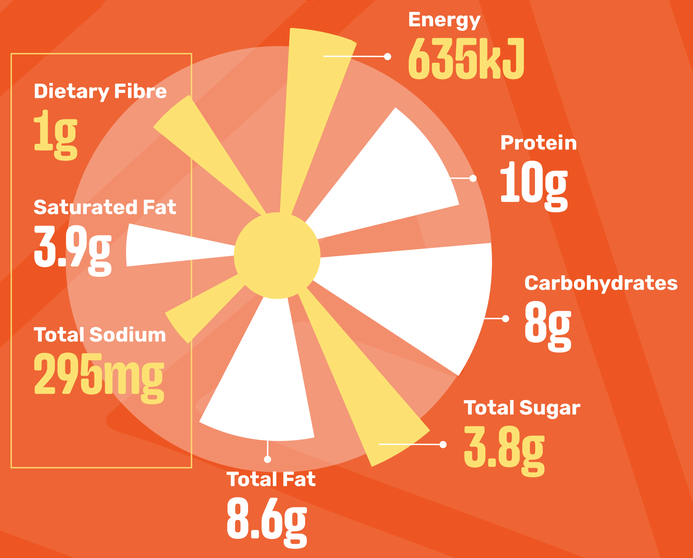
DOUBLE CHICKEN GOODIE BURGER
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



DOUBLE CHICKEN GOODIE BURGER
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



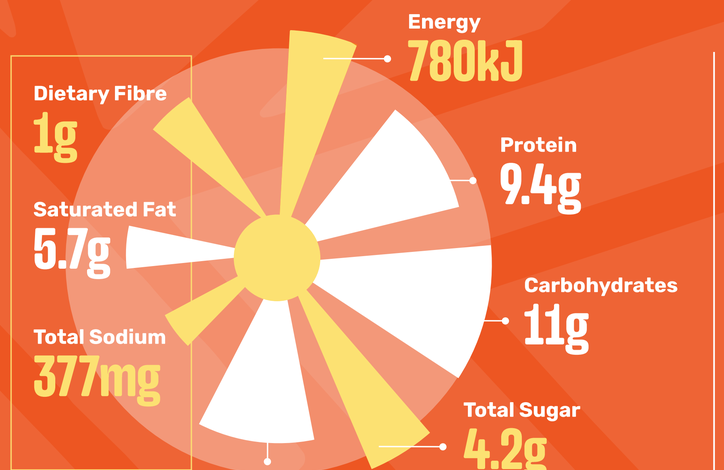
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

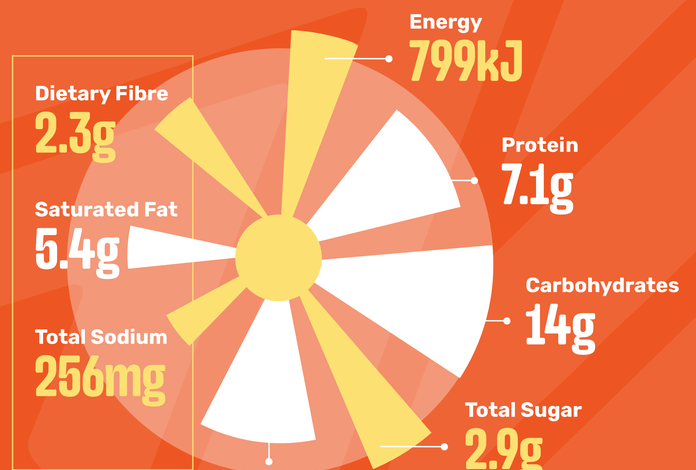
SAUCE CHICKEN BURGER – CHEESE SAUCE
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



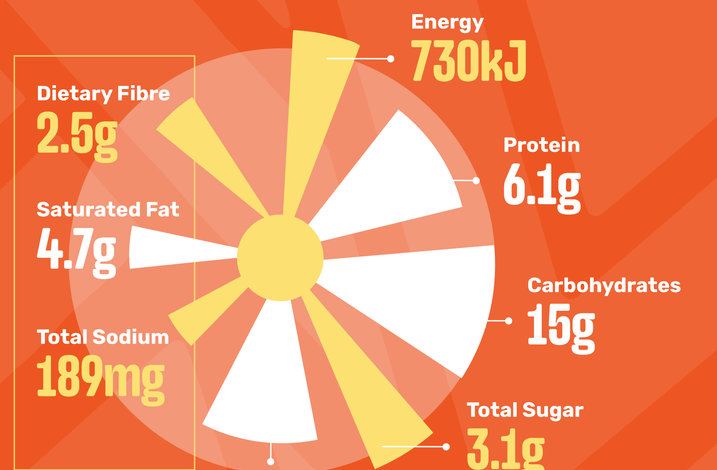
SAUCE CHICKEN BURGER – CHEESE SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



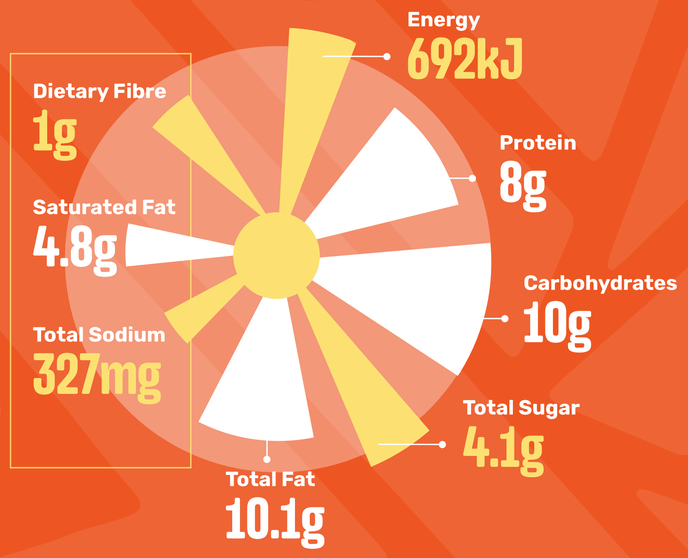
SAUCE CHICKEN BURGER – CHEESE SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



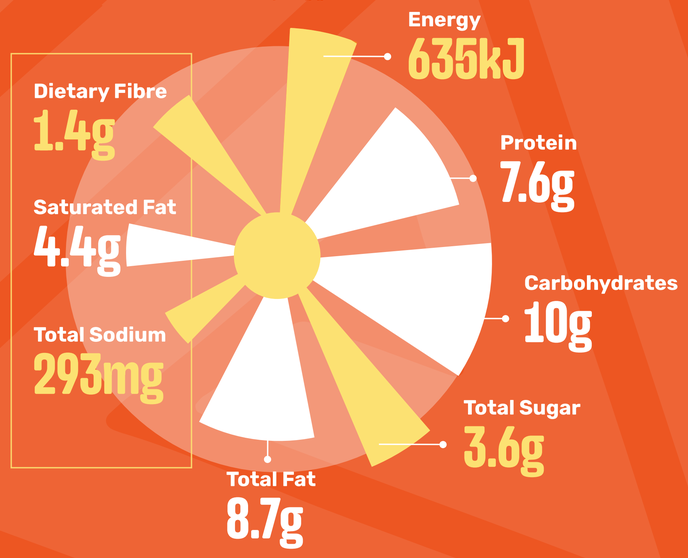
SAUCE CHICKEN BURGER – CHEESE SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



SAUCE CHICKEN BURGER – CHEESE SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



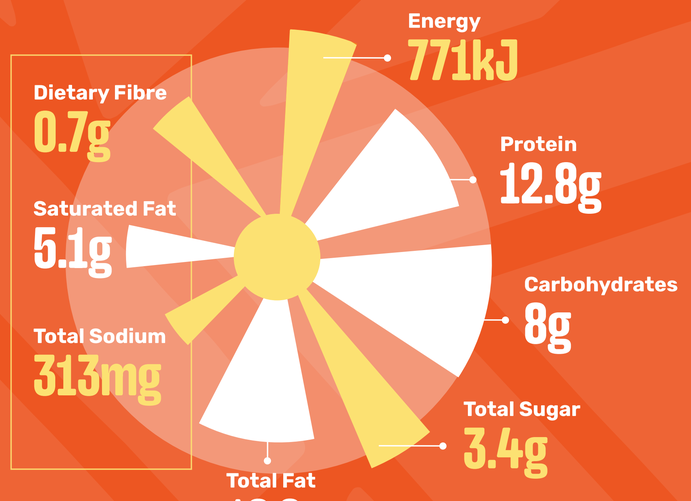
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

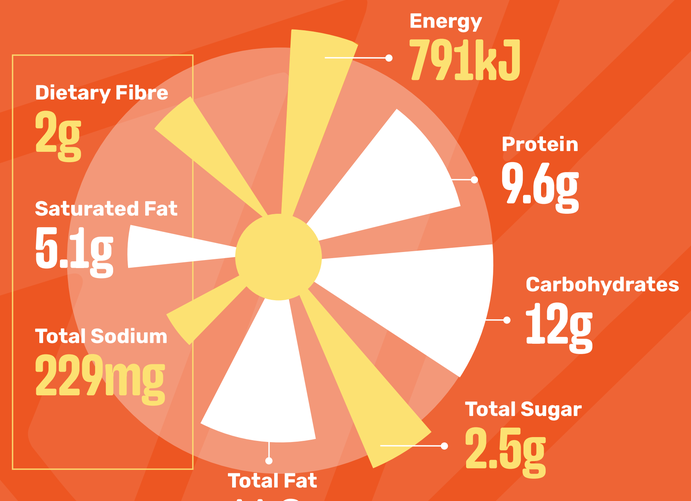
SAUCE DOUBLE CHICKEN BURGER – CHEESE SAUCE
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



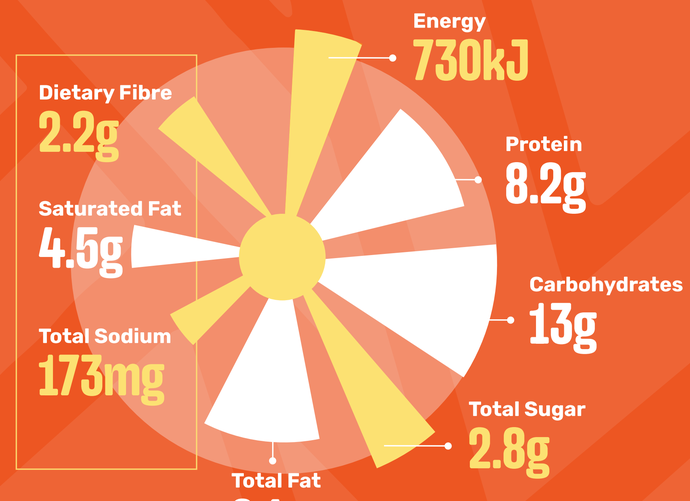
SAUCE DOUBLE CHICKEN BURGER – CHEESE SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



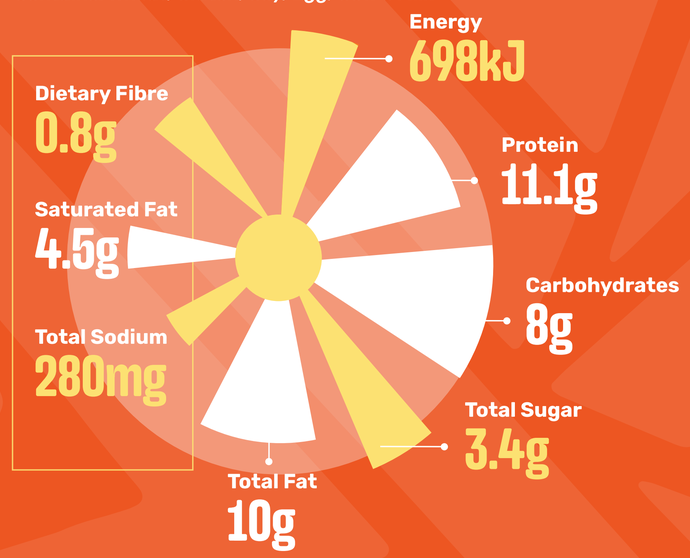
SAUCE DOUBLE CHICKEN BURGER – CHEESE SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



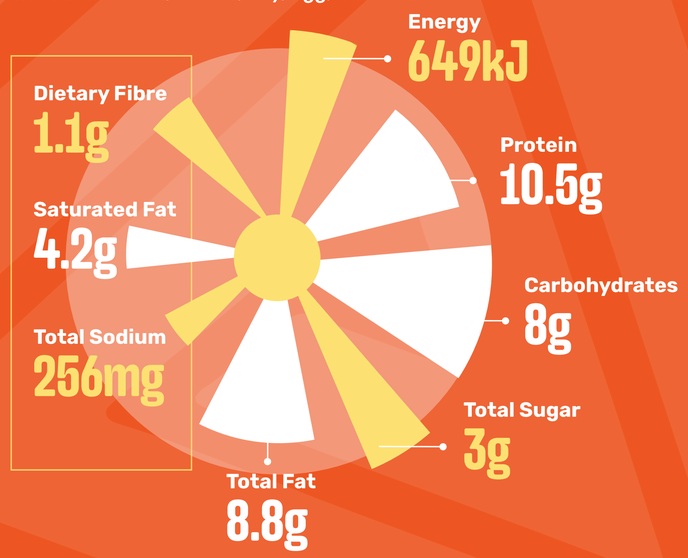
SAUCE DOUBLE CHICKEN BURGER – CHEESE SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



SAUCE DOUBLE CHICKEN BURGER – CHEESE SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



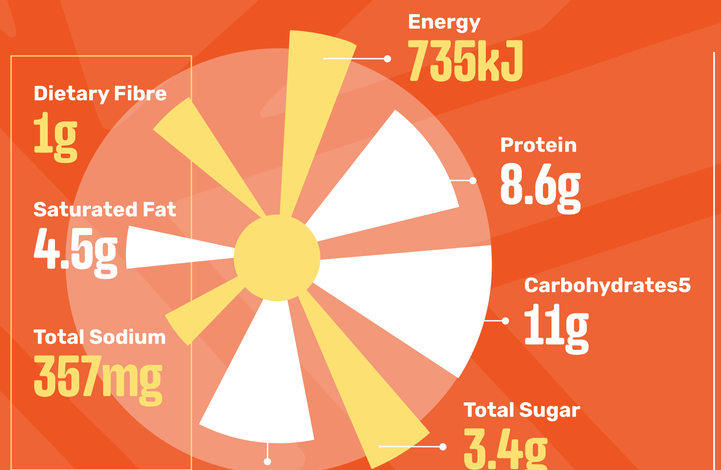
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

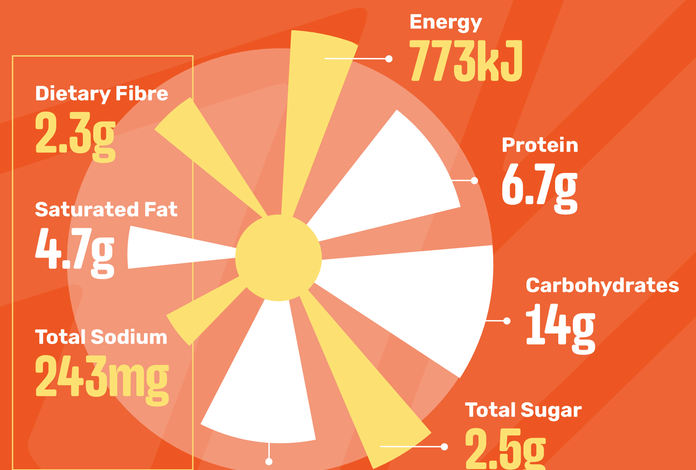
SAUCE CHICKEN BURGER – PEPPER SAUCE
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



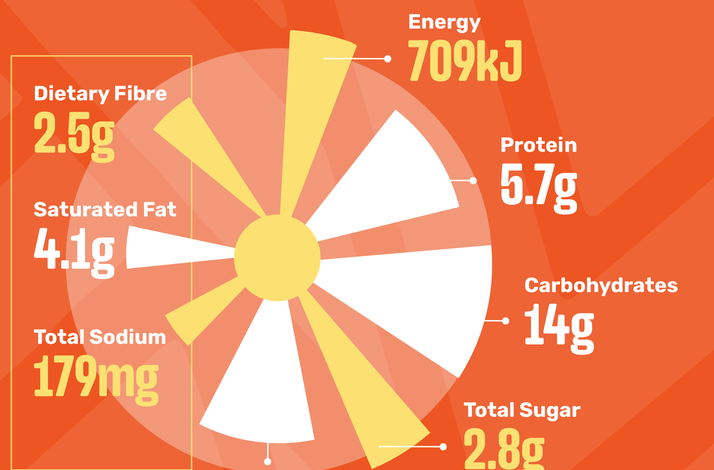
SAUCE CHICKEN BURGER – PEPPER SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



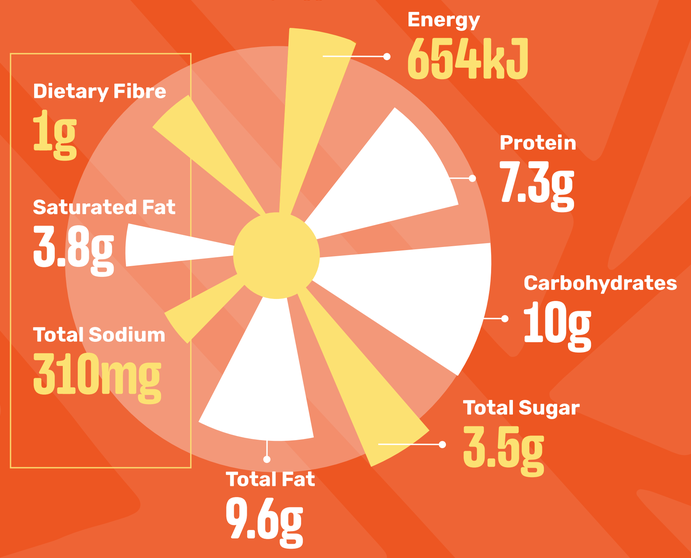
SAUCE CHICKEN BURGER – PEPPER SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



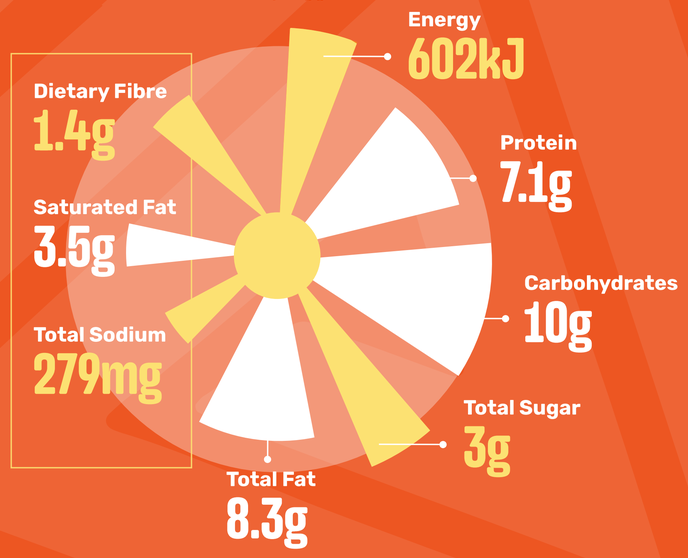
SAUCE CHICKEN BURGER – PEPPER SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



SAUCE CHICKEN BURGER – PEPPER SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



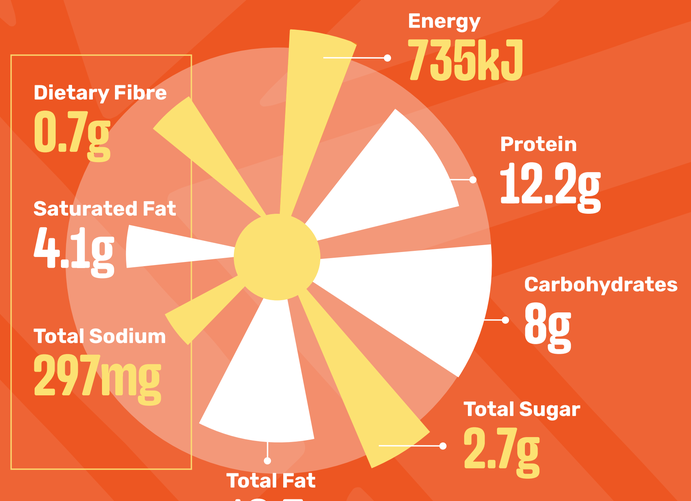
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

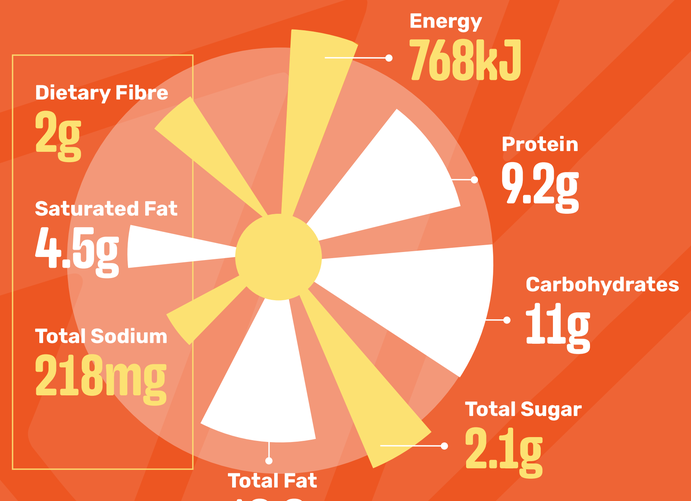
SAUCE DOUBLE CHICKEN BURGER – PEPPER SAUCE
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



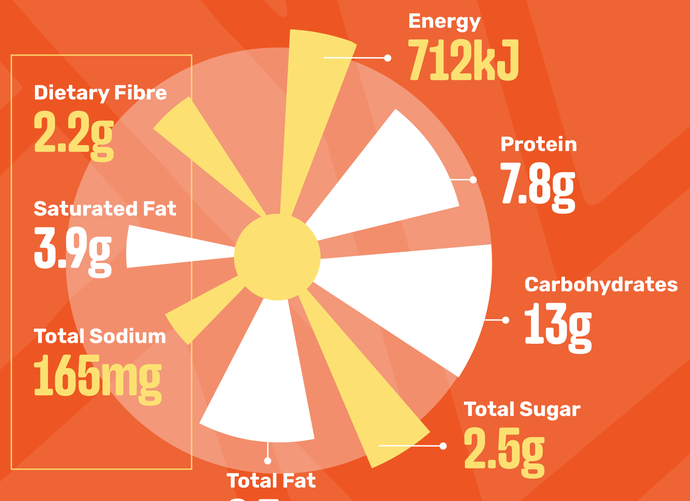
SAUCE DOUBLE CHICKEN BURGER – PEPPER SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



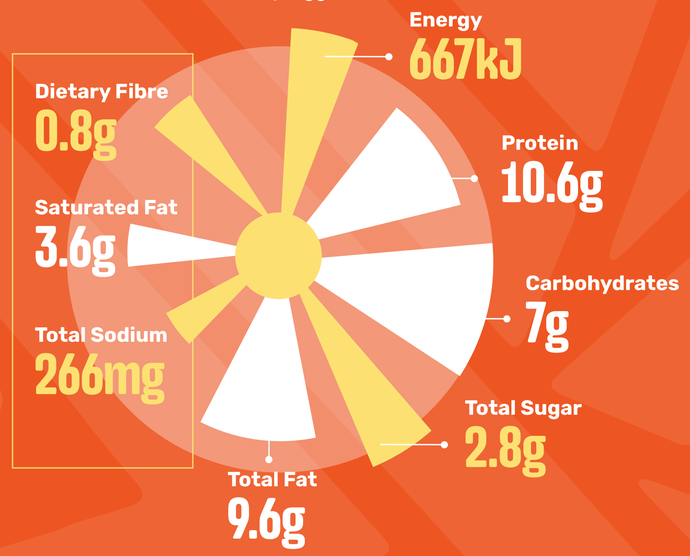
SAUCE DOUBLE CHICKEN BURGER – PEPPER SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



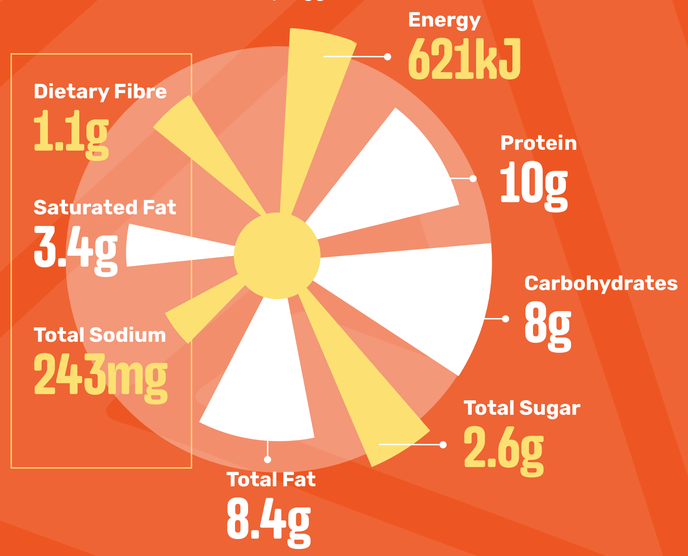
SAUCE DOUBLE CHICKEN BURGER – PEPPER SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



SAUCE DOUBLE CHICKEN BURGER – PEPPER SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



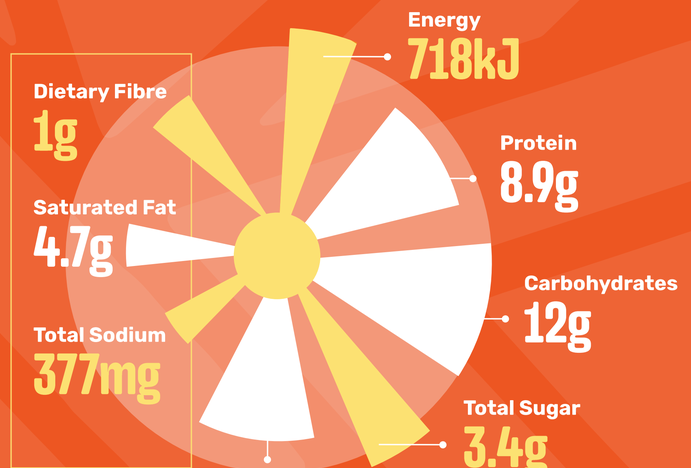
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

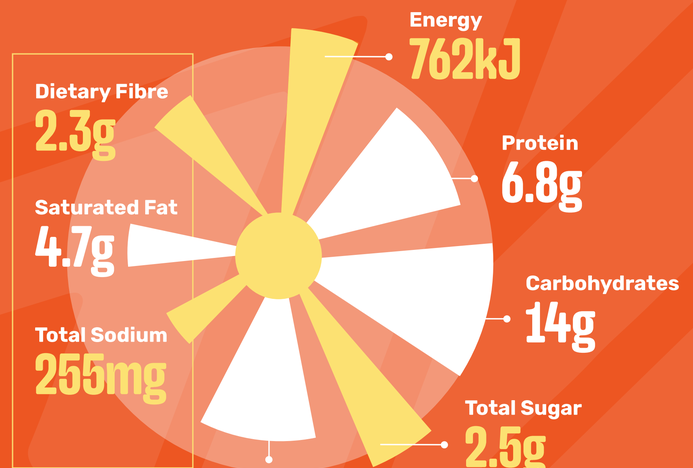
SAUCE CHICKEN BURGER – GARLIC SAUCE
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



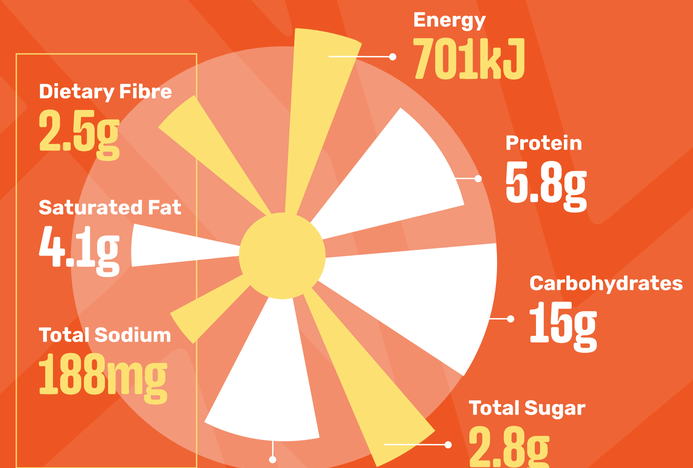
SAUCE CHICKEN BURGER – GARLIC SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



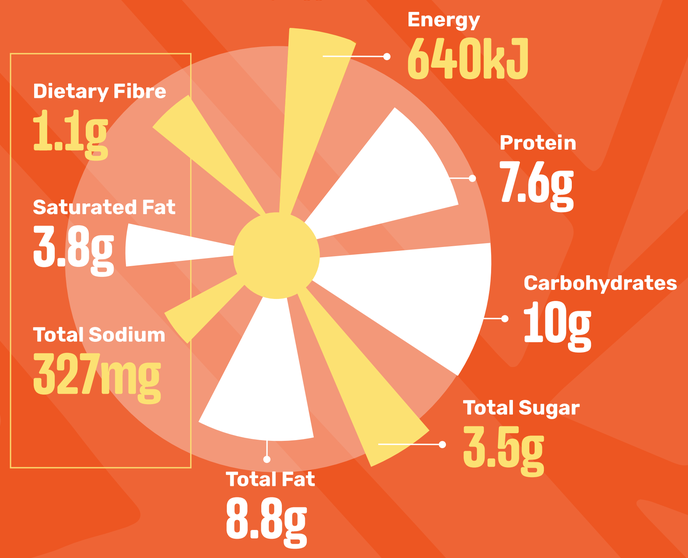
SAUCE CHICKEN BURGER – GARLIC SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



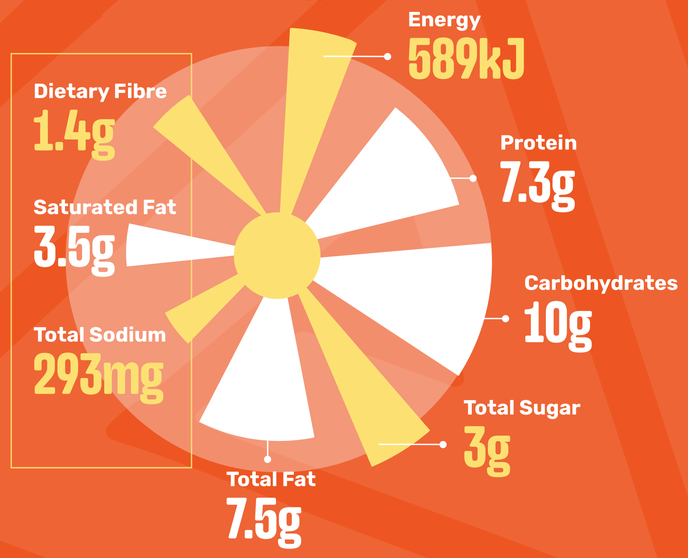
SAUCE CHICKEN BURGER – GARLIC SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



SAUCE CHICKEN BURGER – GARLIC SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



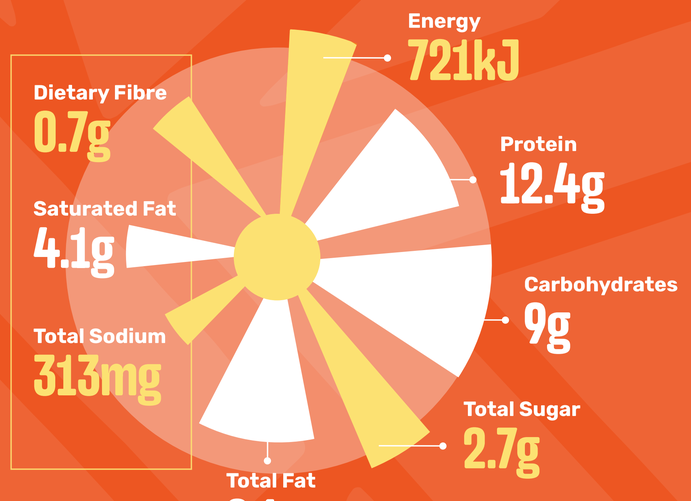
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

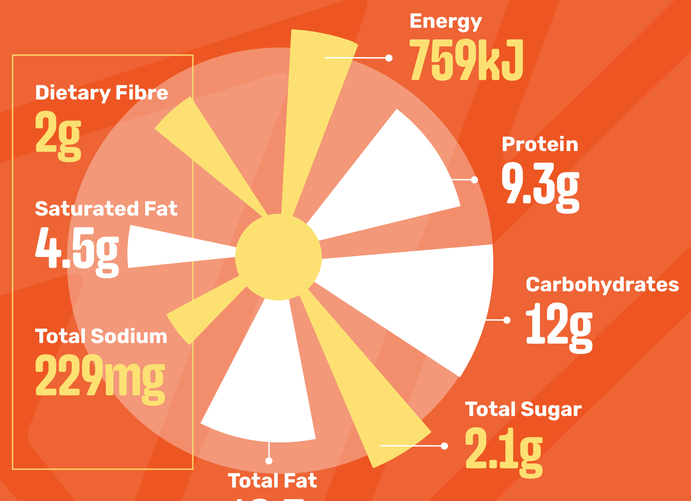
SAUCE DOUBLE CHICKEN BURGER – GARLIC SAUCE
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



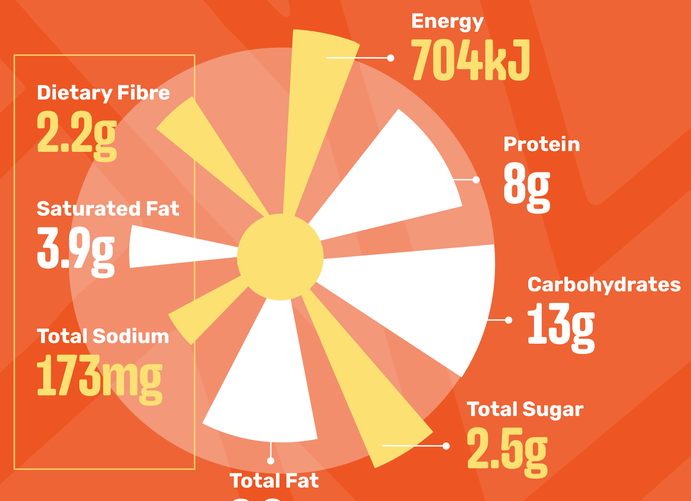
SAUCE DOUBLE CHICKEN BURGER – GARLIC SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



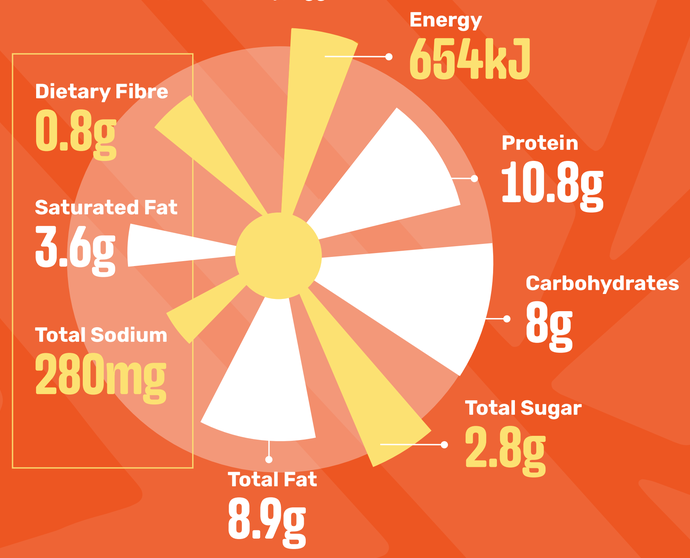
SAUCE DOUBLE CHICKEN BURGER – GARLIC SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



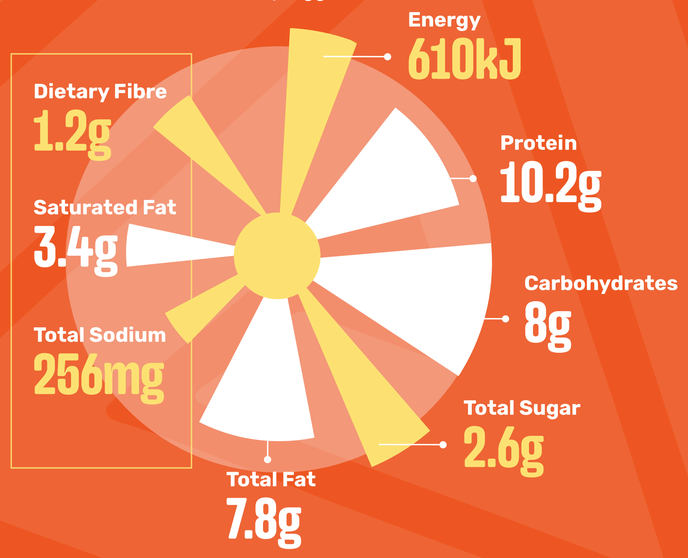
SAUCE DOUBLE CHICKEN BURGER – GARLIC SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



SAUCE DOUBLE CHICKEN BURGER – GARLIC SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



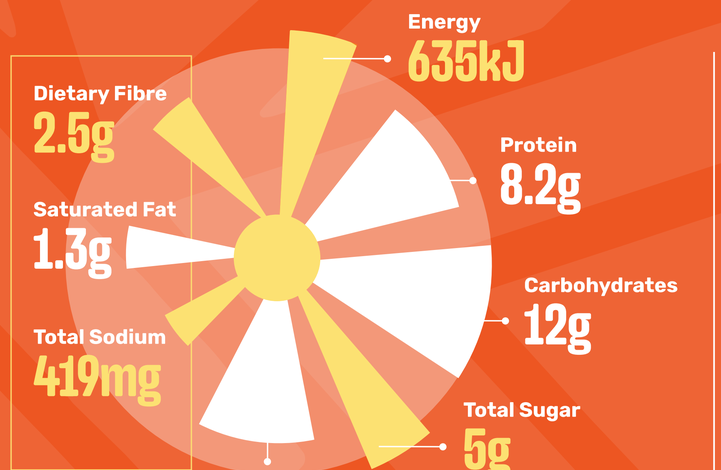
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

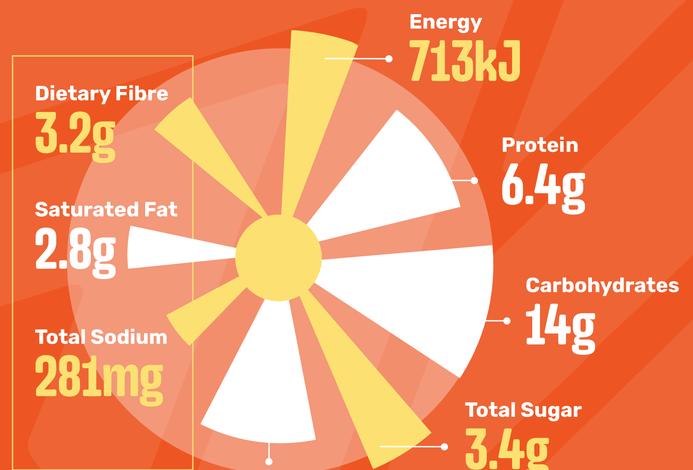
SAUCE CHICKEN BURGER – PERI-PERI SAUCE
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



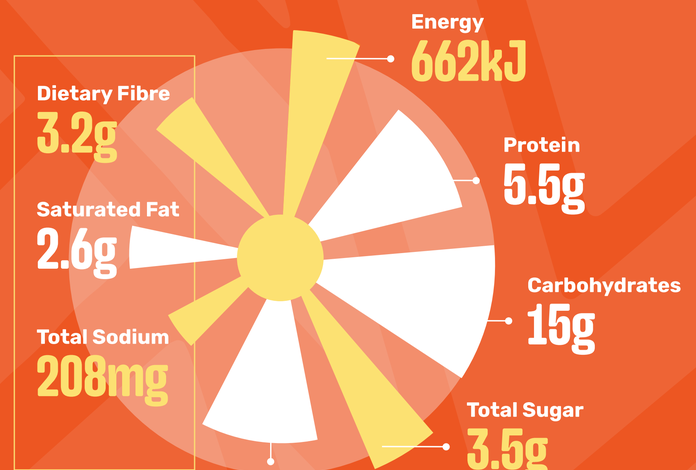
SAUCE CHICKEN BURGER – PERI-PERI SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



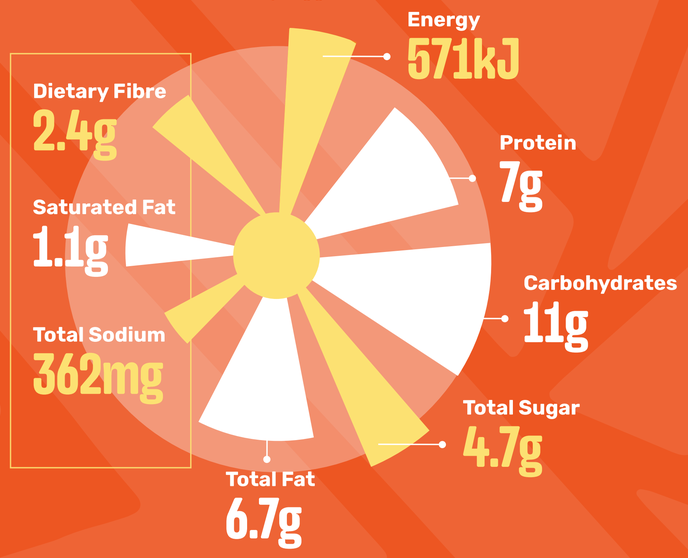
SAUCE CHICKEN BURGER – PERI-PERI SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



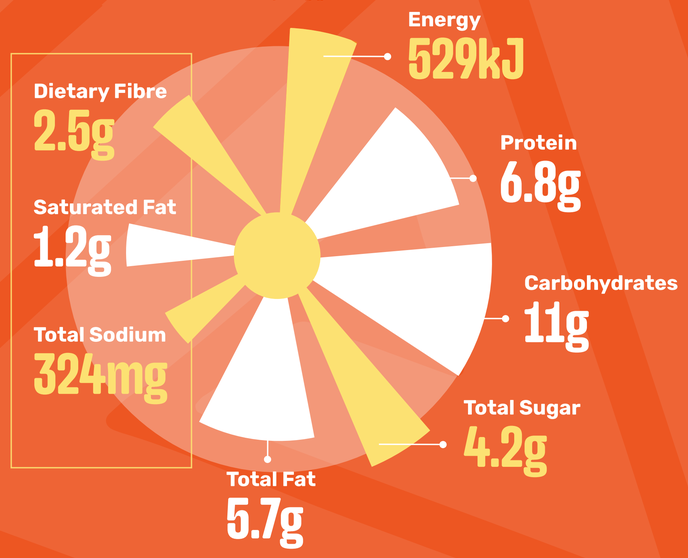
SAUCE CHICKEN BURGER – PERI-PERI SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



SAUCE CHICKEN BURGER – PERI-PERI SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



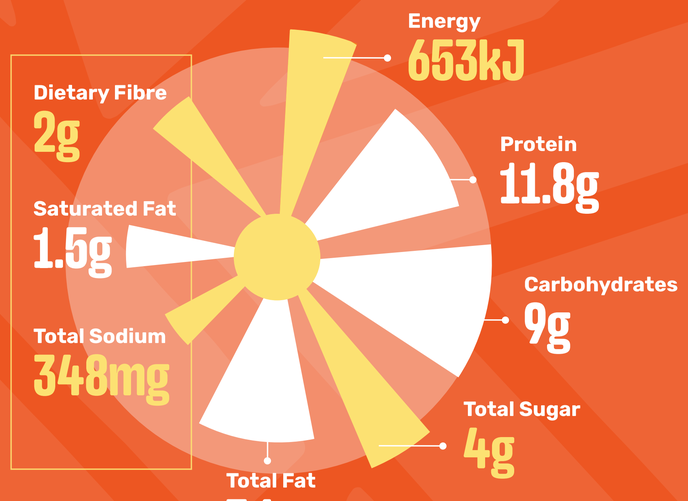
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

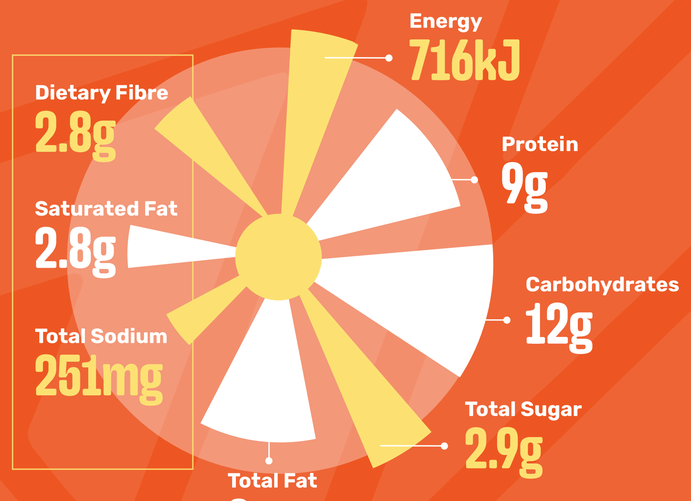
SAUCE DOUBLE CHICKEN BURGER – PERI-PERI SAUCE
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



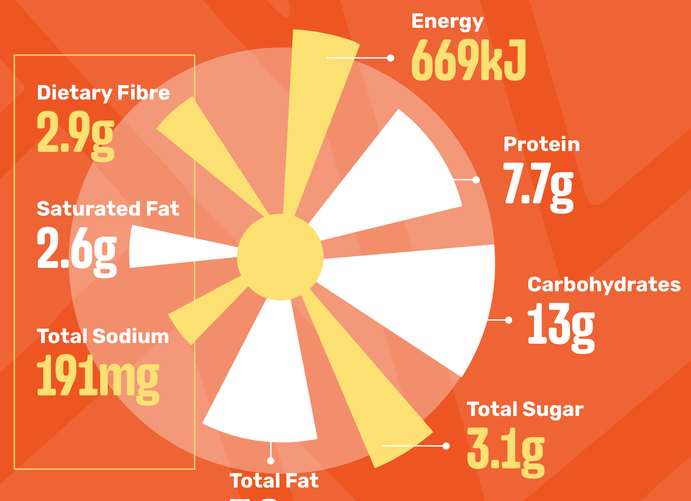
SAUCE DOUBLE CHICKEN BURGER – PERI-PERI SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



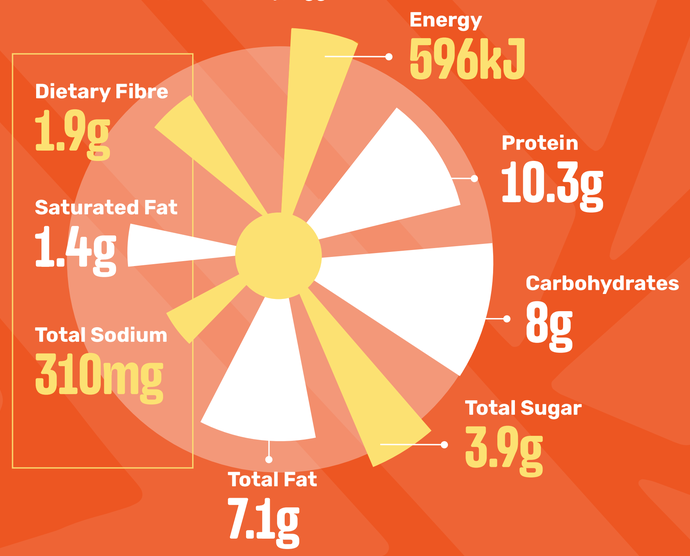
SAUCE DOUBLE CHICKEN BURGER – PERI-PERI SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



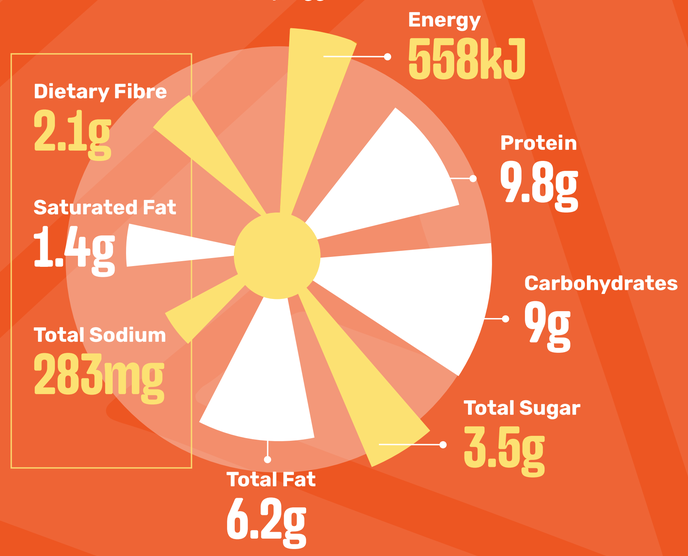
SAUCE DOUBLE CHICKEN BURGER – PERI-PERI SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



SAUCE DOUBLE CHICKEN BURGER – PERI-PERI SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



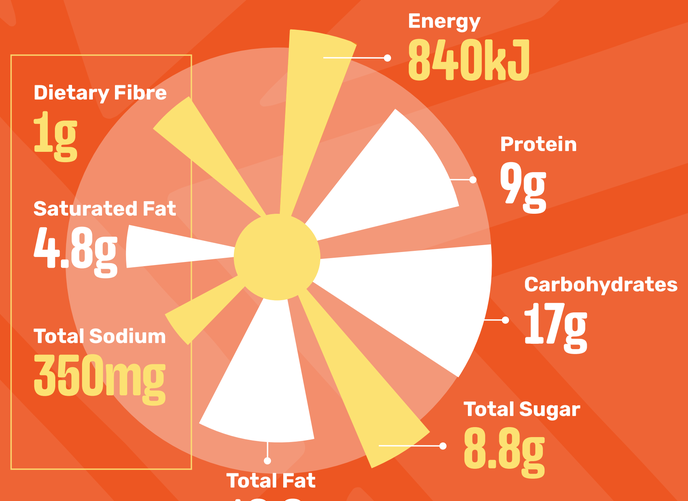
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

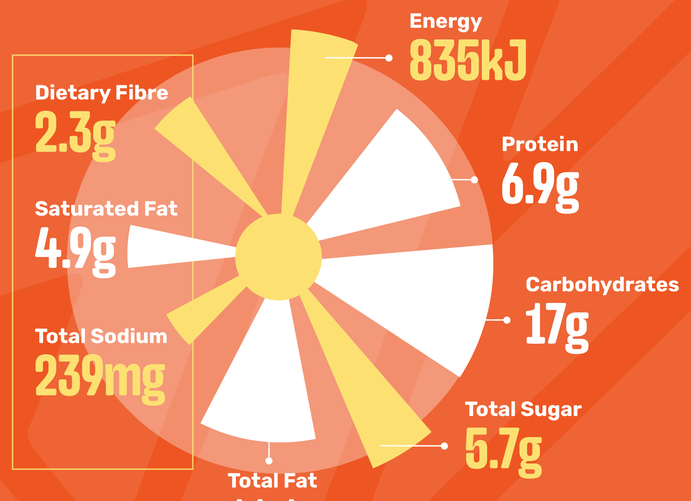
SAUCE CHICKEN BURGER – CHEESY GARLIC SAUCE
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



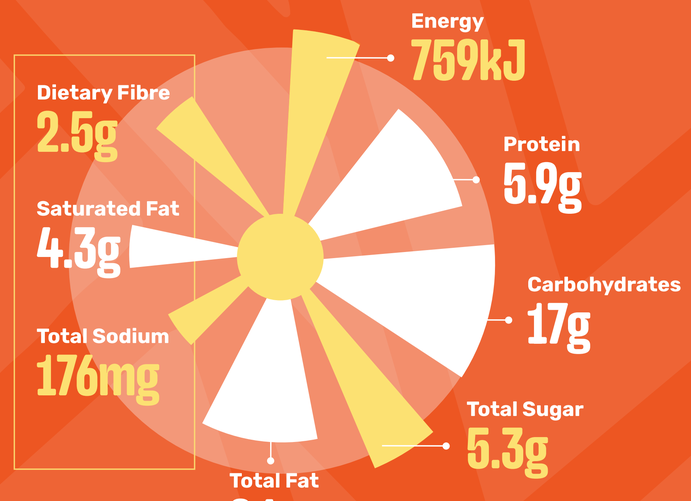
SAUCE CHICKEN BURGER – CHEESY GARLIC SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



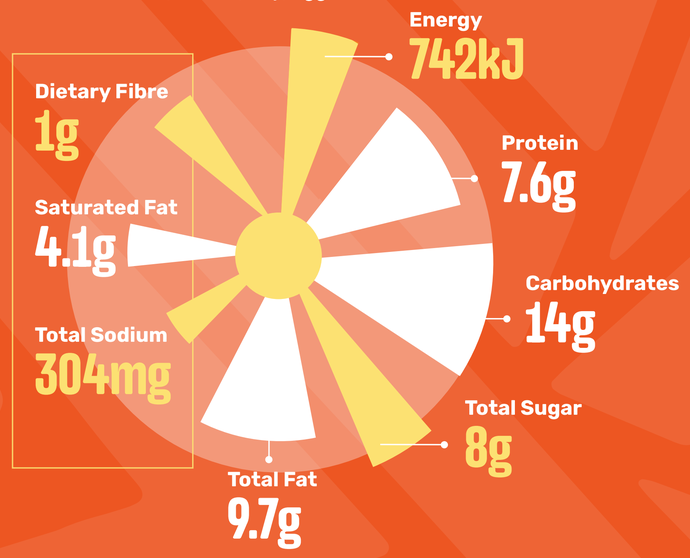
SAUCE CHICKEN BURGER – CHEESY GARLIC SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



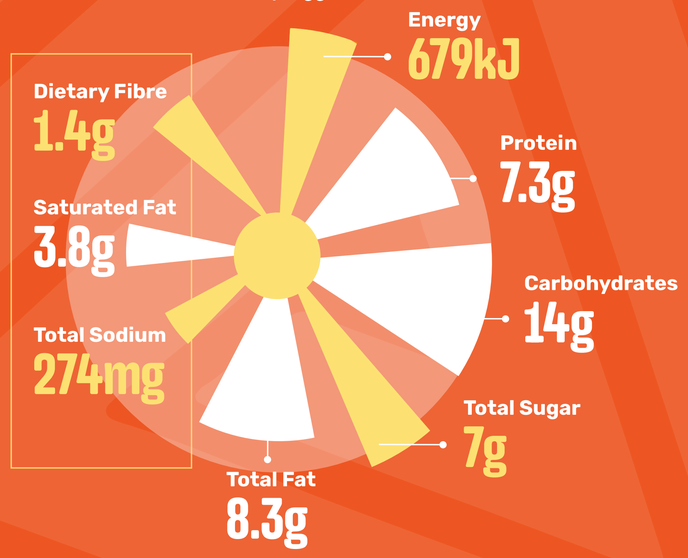
SAUCE CHICKEN BURGER – CHEESY GARLIC SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



SAUCE CHICKEN BURGER – CHEESY GARLIC SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



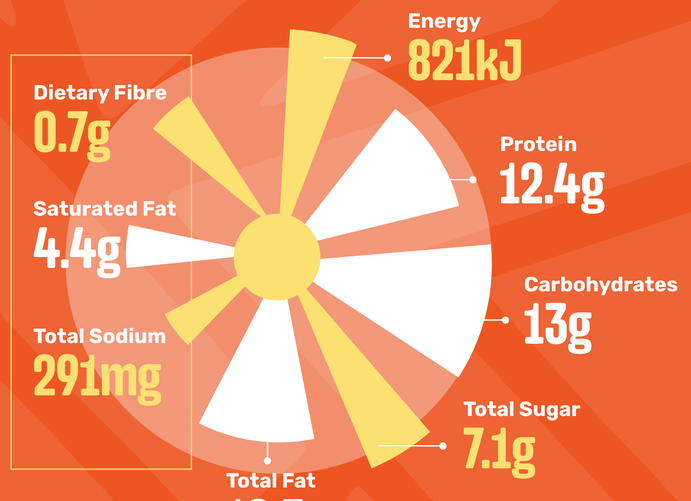
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

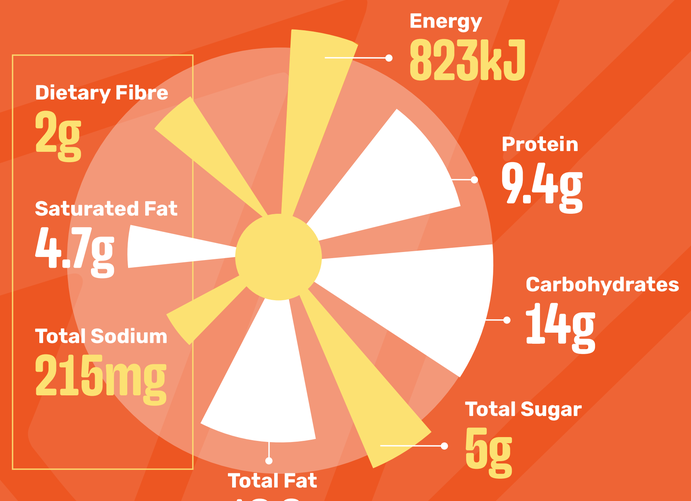
SAUCE DOUBLE CHICKEN BURGER – CHEESY GARLIC SAUCE
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



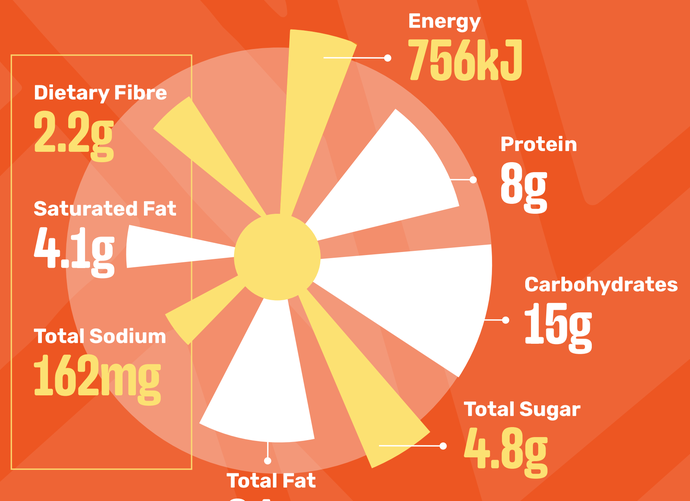
SAUCE DOUBLE CHICKEN BURGER – CHEESY GARLIC SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



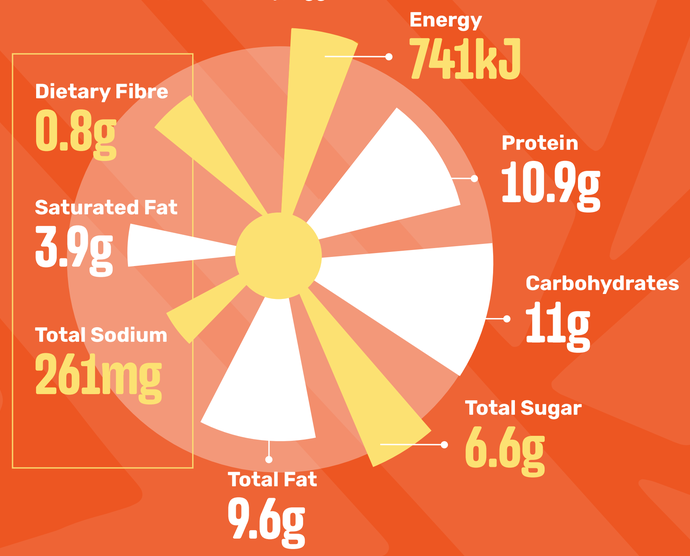
SAUCE DOUBLE CHICKEN BURGER – CHEESY GARLIC SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



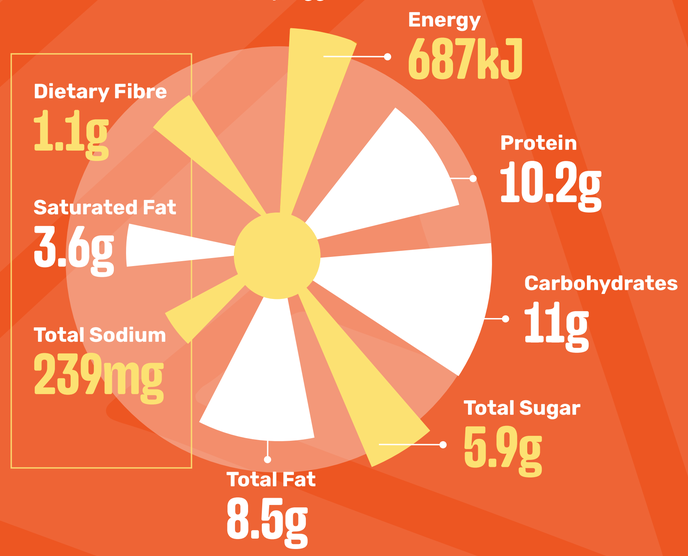
SAUCE DOUBLE CHICKEN BURGER – CHEESY GARLIC SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



SAUCE DOUBLE CHICKEN BURGER – CHEESY GARLIC SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



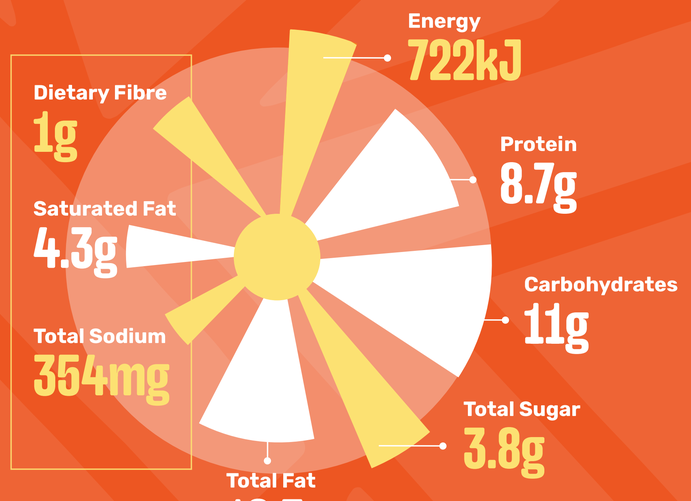
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

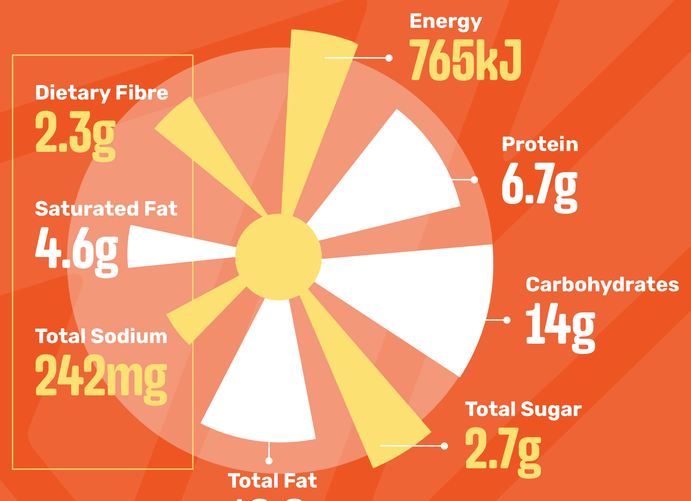
SAUCE CHICKEN BURGER – MUSHROOM SAUCE
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



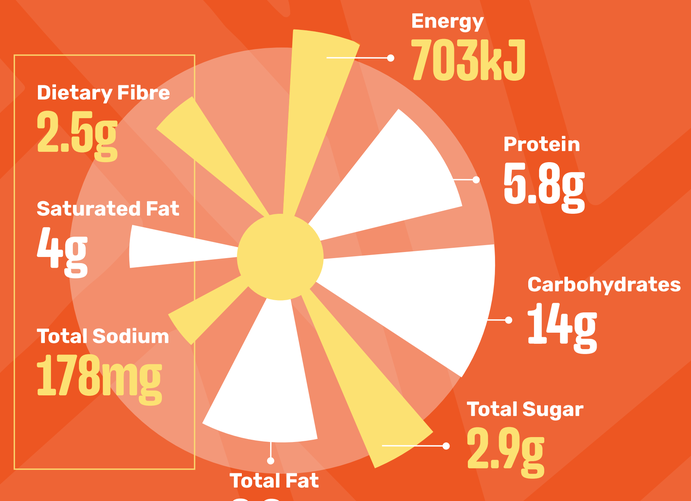
SAUCE CHICKEN BURGER – MUSHROOM SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



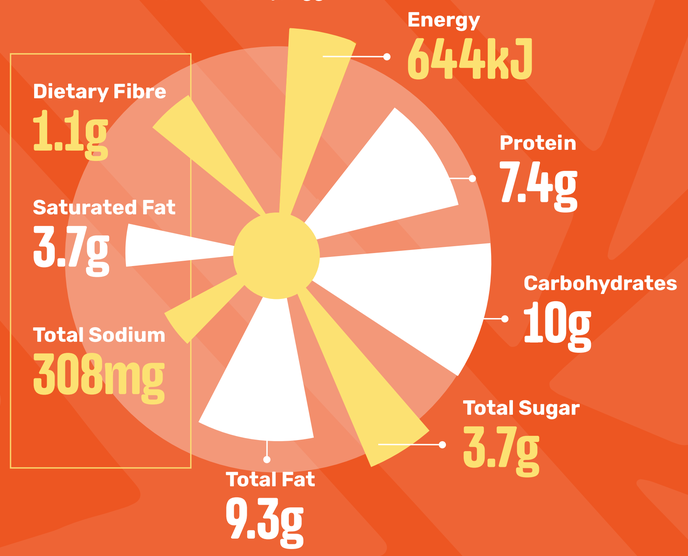
SAUCE CHICKEN BURGER – MUSHROOM SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



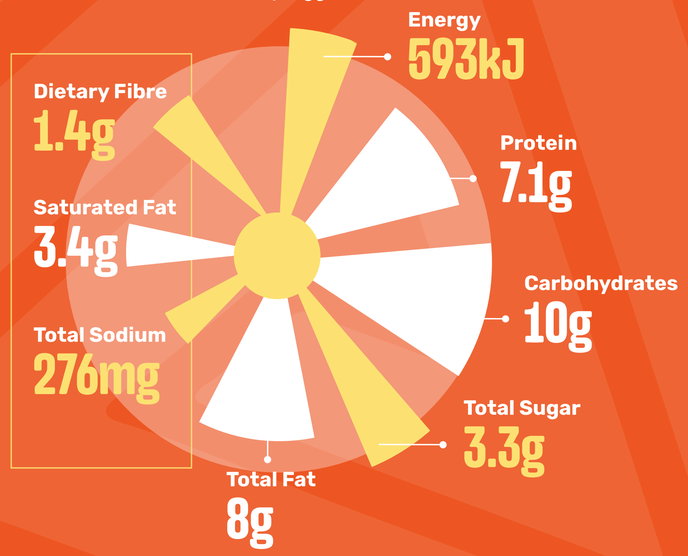
SAUCE CHICKEN BURGER – MUSHROOM SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



SAUCE CHICKEN BURGER – MUSHROOM SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



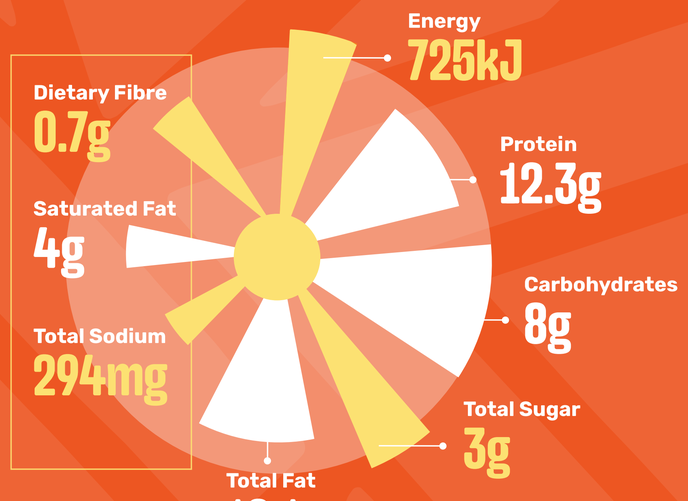
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

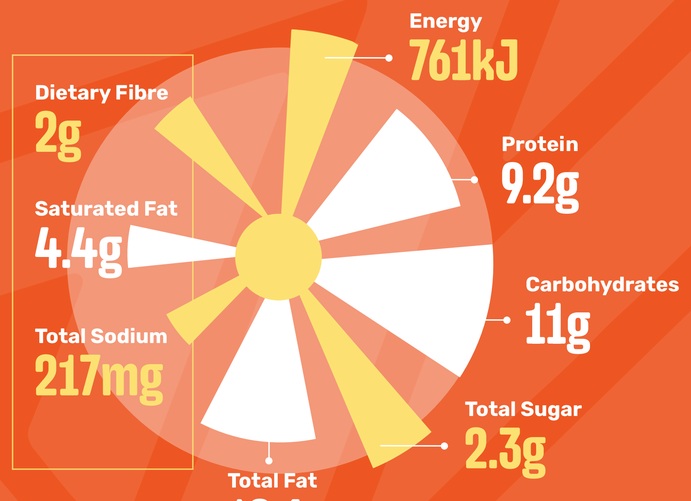
SAUCE DOUBLE CHICKEN BURGER – MUSHROOM SAUCE
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



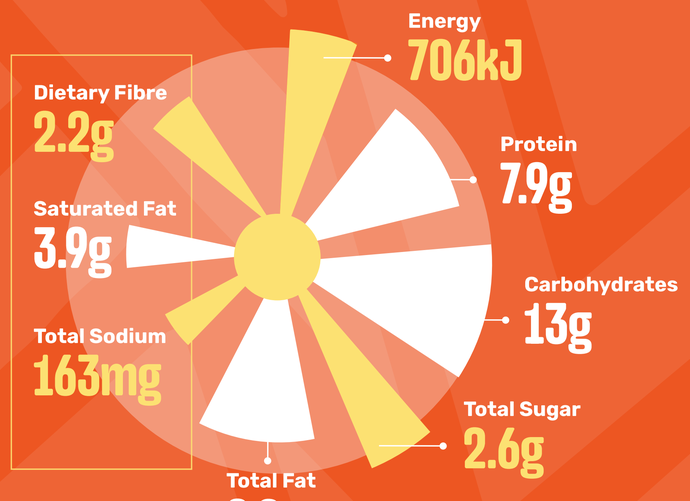
SAUCE DOUBLE CHICKEN BURGER – MUSHROOM SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



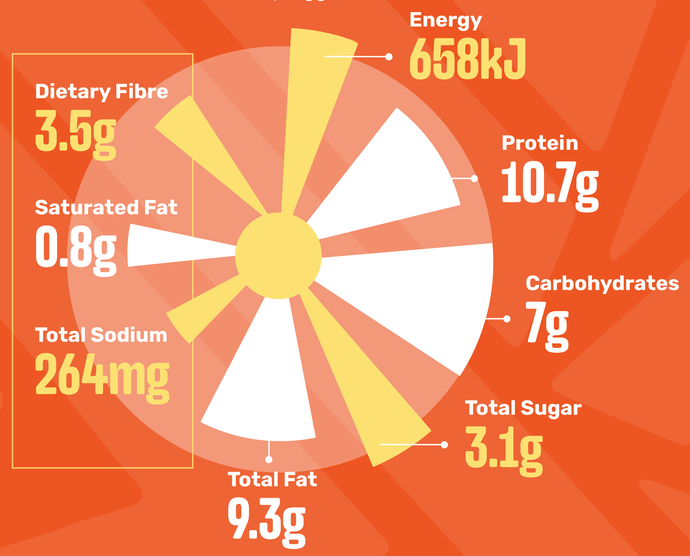
SAUCE DOUBLE CHICKEN BURGER – MUSHROOM SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



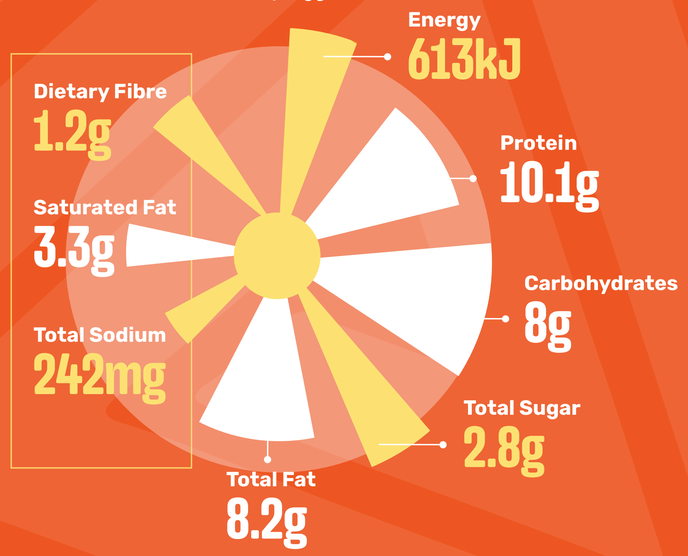
SAUCE DOUBLE CHICKEN BURGER – MUSHROOM SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



SAUCE DOUBLE CHICKEN BURGER – MUSHROOM SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



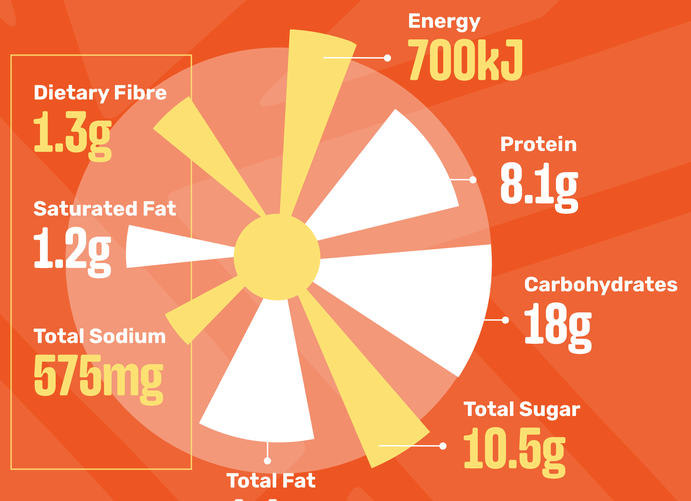
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

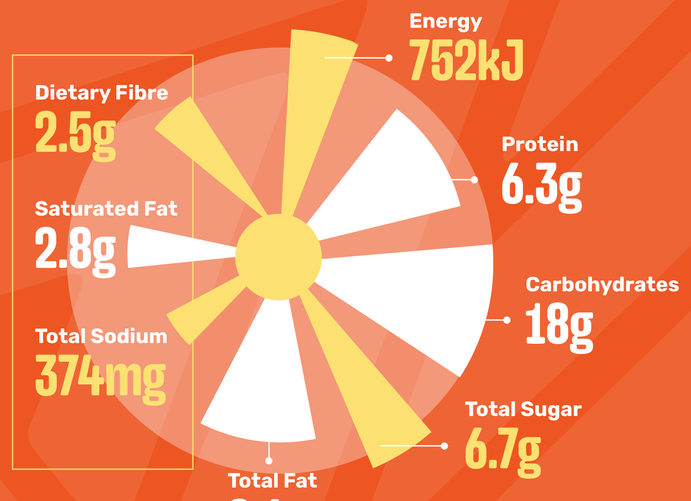
SAUCE CHICKEN BURGER – SWEET & SPICY SAUCE
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



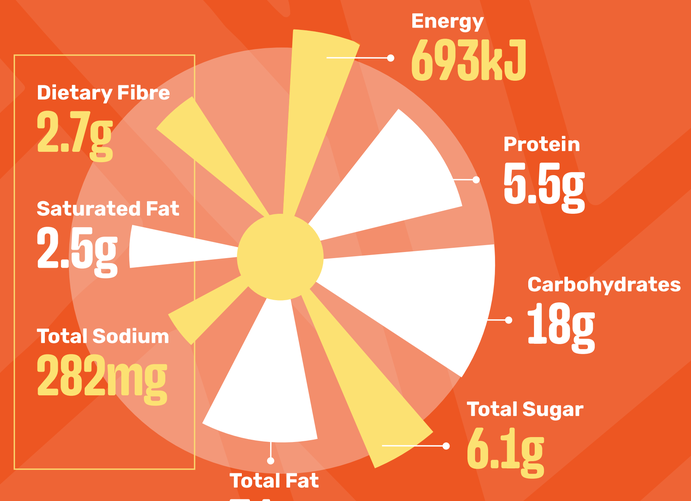
SAUCE CHICKEN BURGER – SWEET & SPICY SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



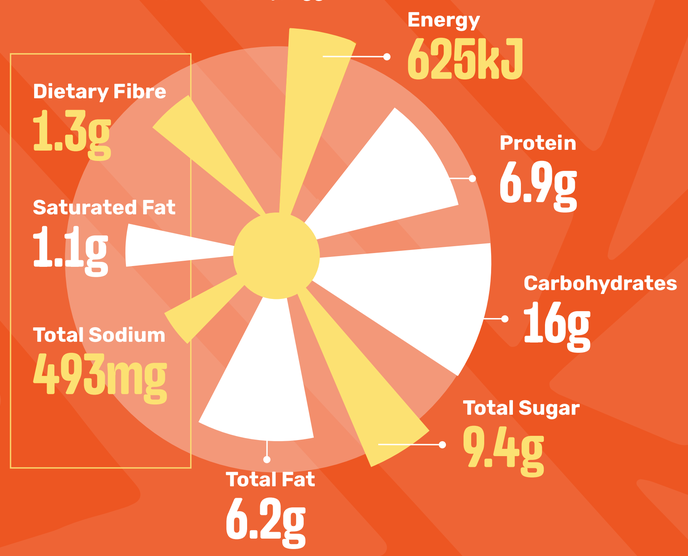
SAUCE CHICKEN BURGER – SWEET & SPICY SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



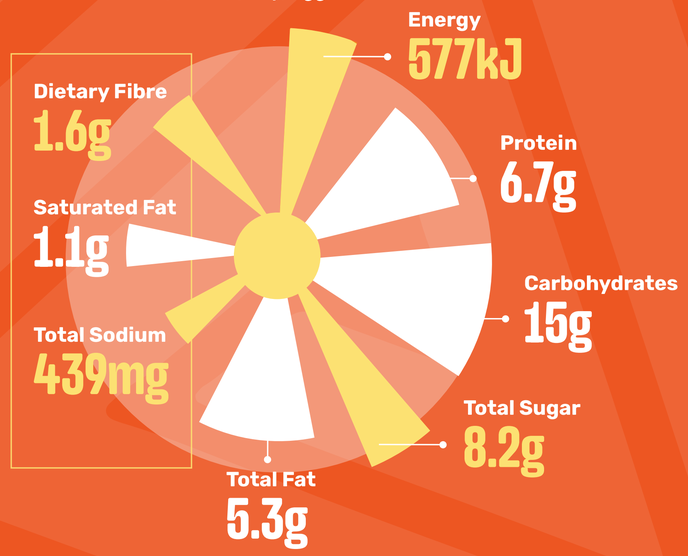
SAUCE CHICKEN BURGER – SWEET & SPICY SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



SAUCE CHICKEN BURGER – SWEET & SPICY SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



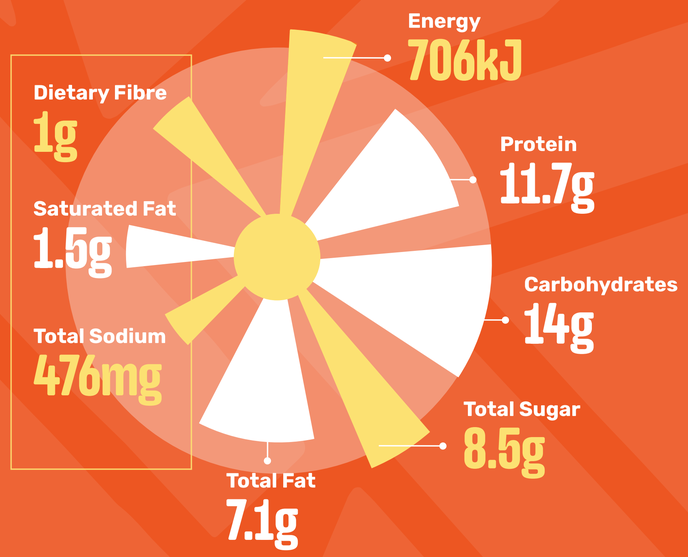
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

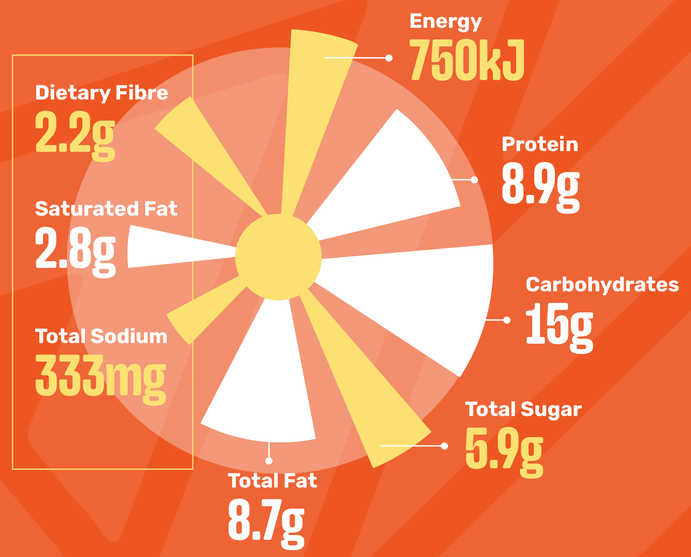
SAUCE DOUBLE CHICKEN BURGER – SWEET & SPICY SAUCE
(Standard)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



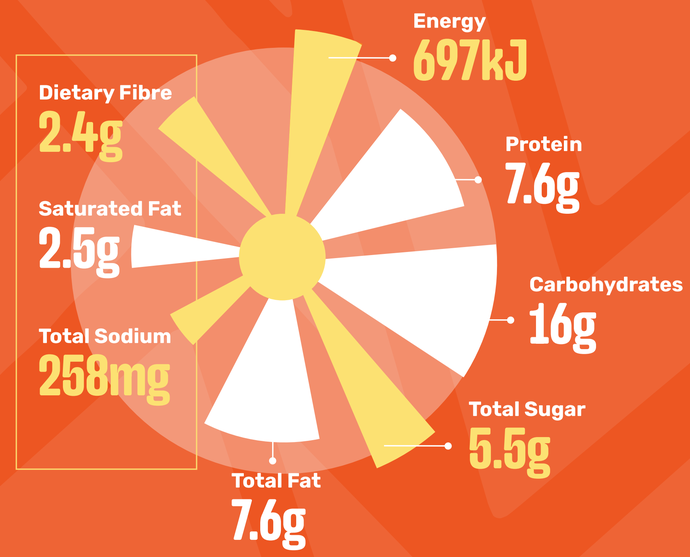
SAUCE DOUBLE CHICKEN BURGER – SWEET & SPICY SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



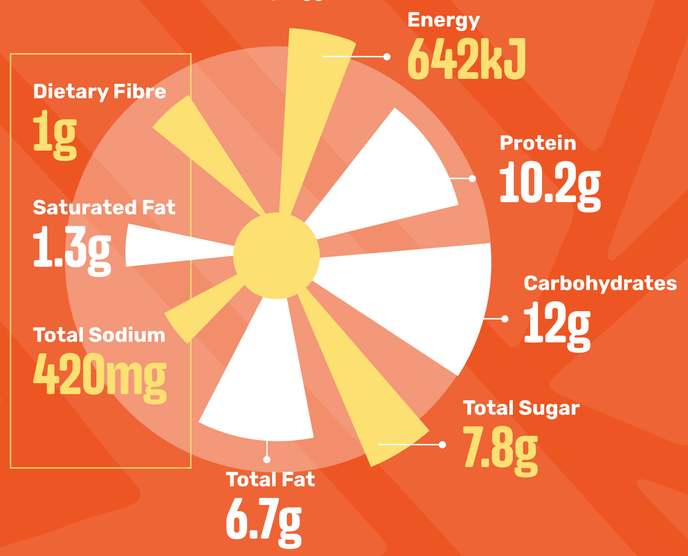
SAUCE DOUBLE CHICKEN BURGER – SWEET & SPICY SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



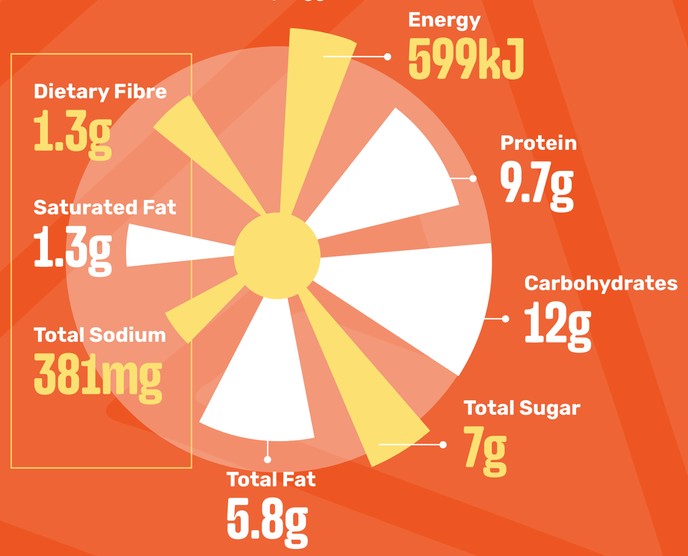
SAUCE DOUBLE CHICKEN BURGER – SWEET & SPICY SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



SAUCE DOUBLE CHICKEN BURGER – SWEET & SPICY SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



STEAKS

Spur Steak Ranches are not a gluten or allergen-free environment, and while the utmost care is taken to minimise contact with allergens when requested, traces of gluten or other allergens may appear in the final dish served. Our meals are produced in kitchens containing allergens including nuts, gluten, wheat, shellfish, lactose and egg. Every effort is made to ensure vegan meals are cooked on separate surfaces, keep in mind that our plant-based meals are prepared in a kitchen that does handle animal products. Please note our fish may contain small bones.

The allergen and nutritional information provided is accurate and up-to-date to the best of our knowledge. It is based on information provided by our manufacturers and suppliers and Spur Corporation (Pty) Limited will not be held liable for any omission or failure to provide updated or correct information nor negligence on the part of the supplier nor manufacturer.

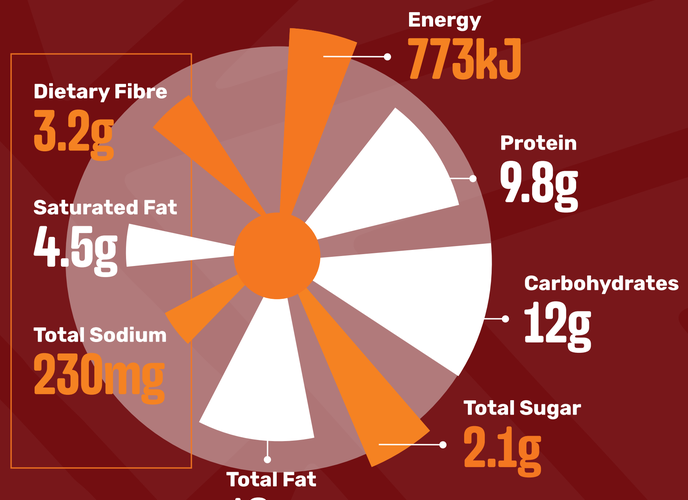
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

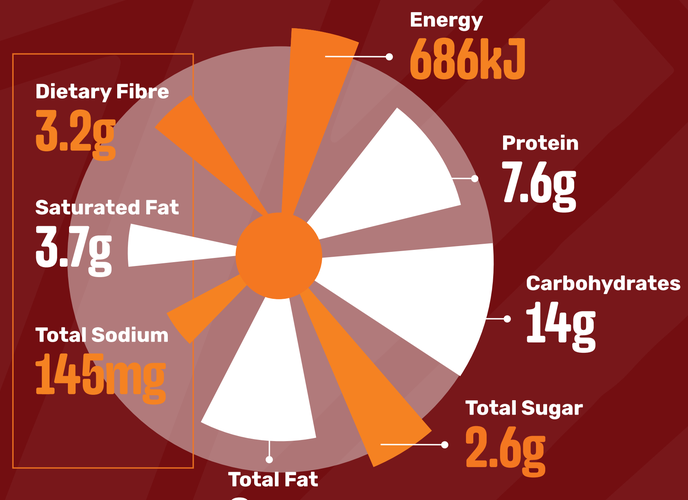
CHARGRILLED RUMP – 200g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



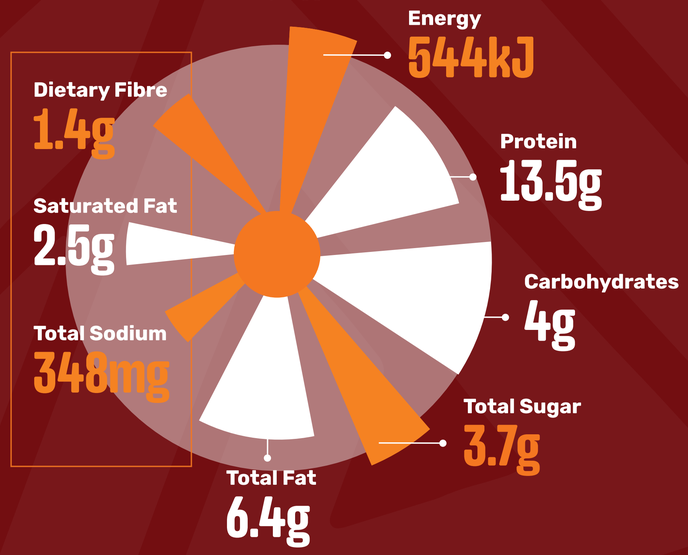
CHARGRILLED RUMP – 200g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



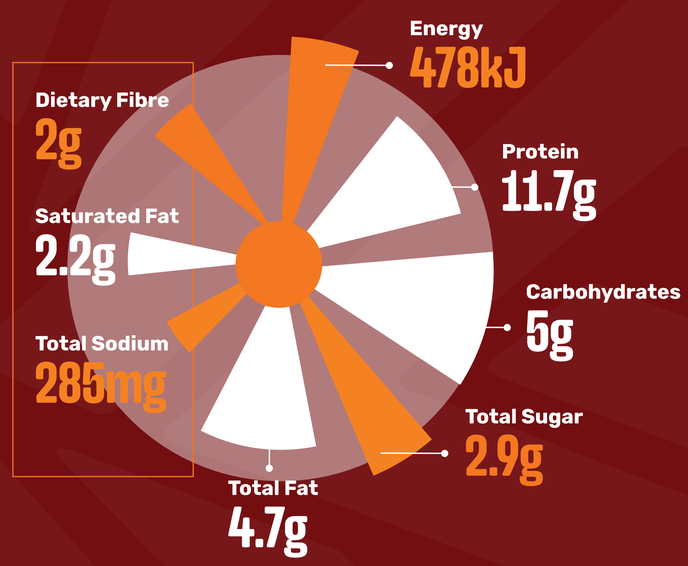
CHARGRILLED RUMP – 200g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHARGRILLED RUMP – 200g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



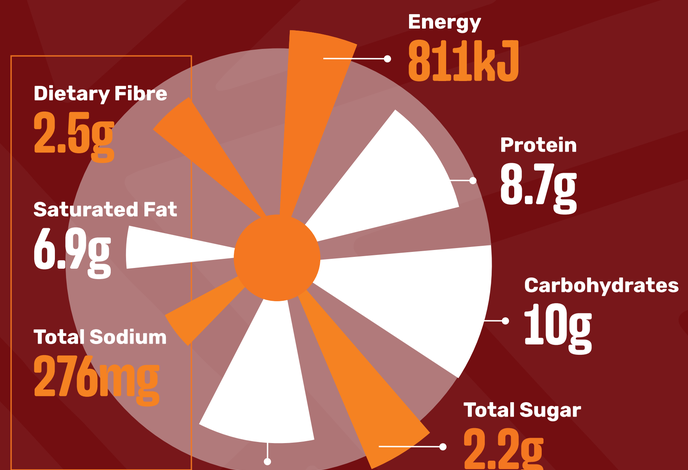
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

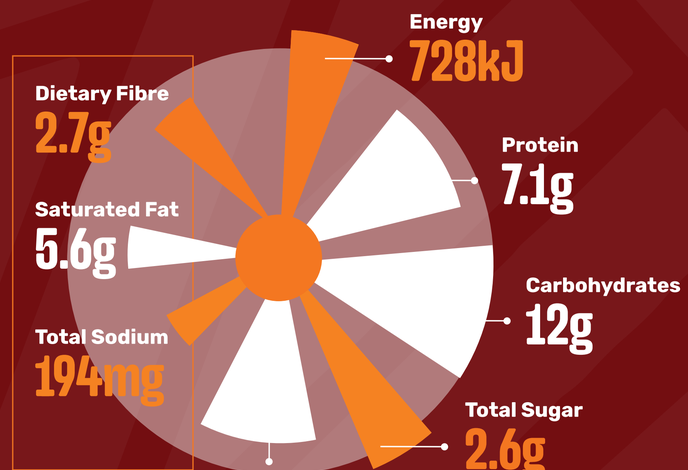
CHARGRILLED RUMP WITH CHEESE SAUCE – 200g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



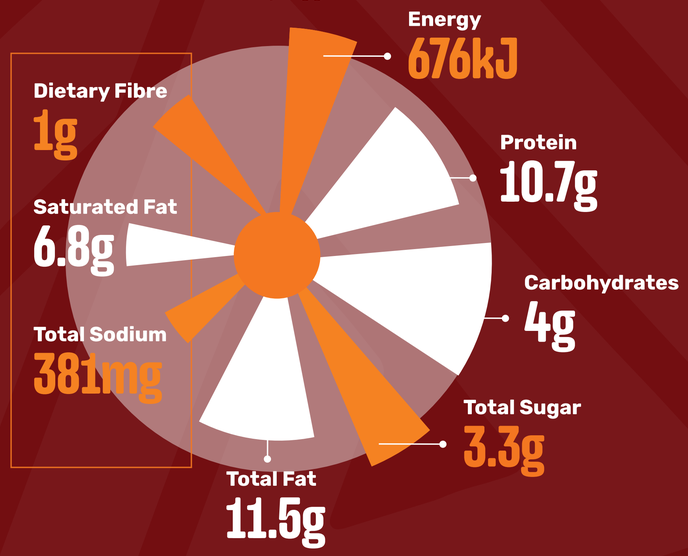
CHARGRILLED RUMP WITH CHEESE SAUCE – 200g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



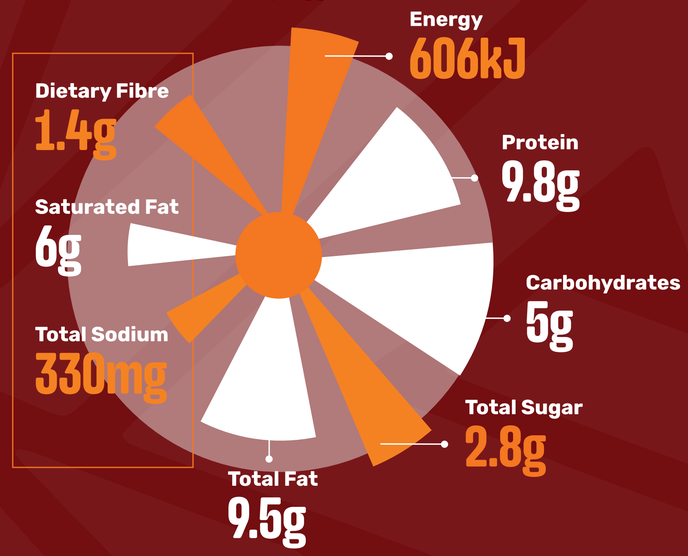
CHARGRILLED RUMP WITH CHEESE SAUCE – 200g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHARGRILLED RUMP WITH CHEESE SAUCE – 200g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



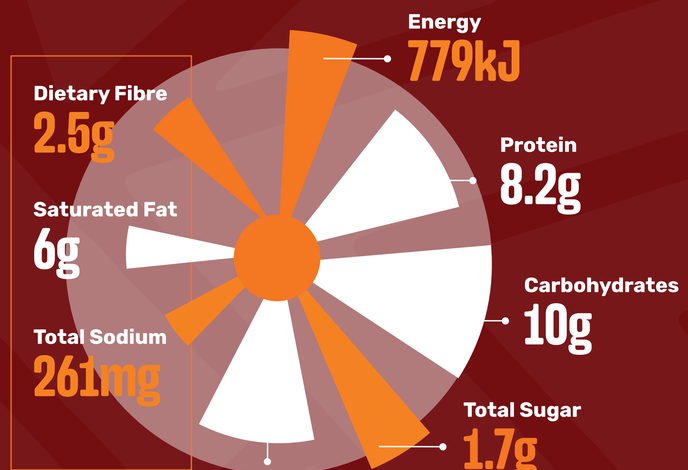
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

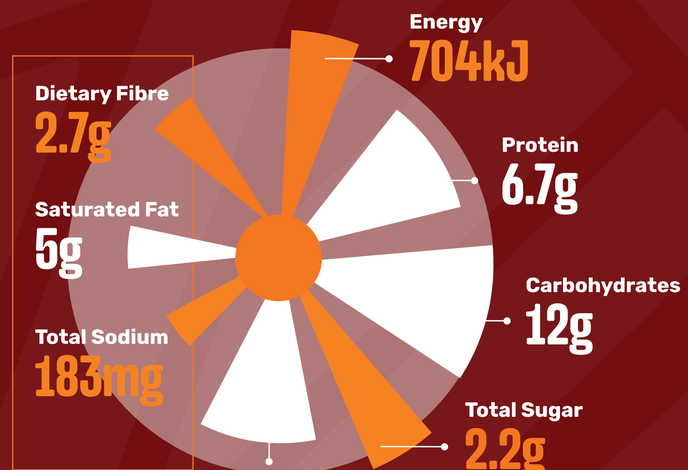
CHARGRILLED RUMP WITH PEPPER SAUCE – 200g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



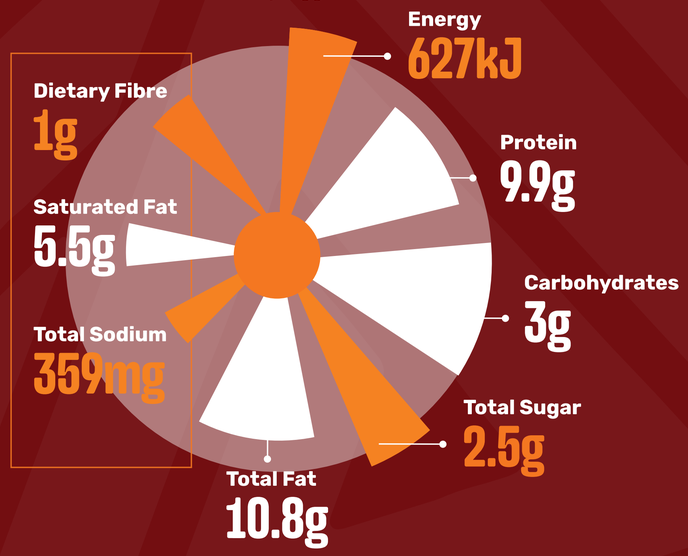
CHARGRILLED RUMP WITH PEPPER SAUCE – 200g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



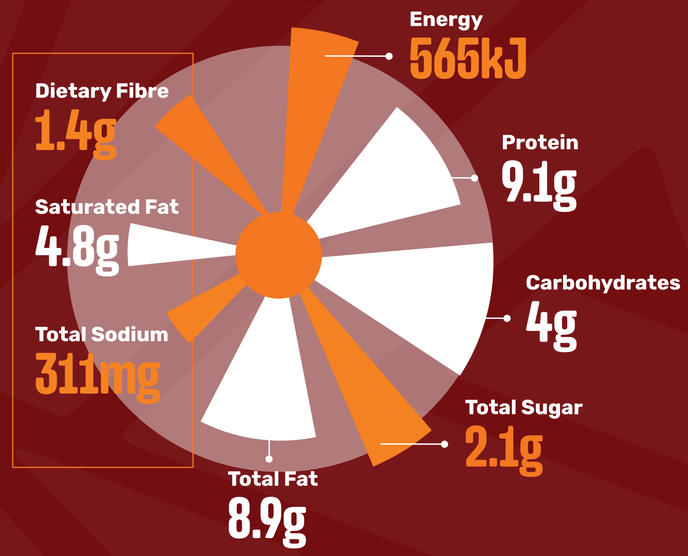
CHARGRILLED RUMP WITH PEPPER SAUCE – 200g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHARGRILLED RUMP WITH PEPPER SAUCE – 200g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



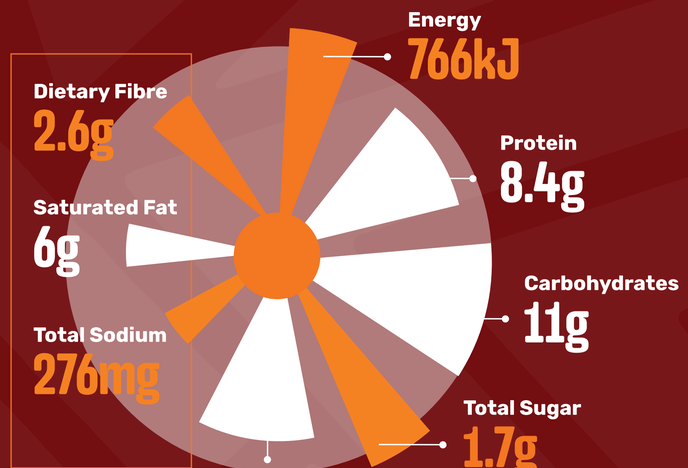
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

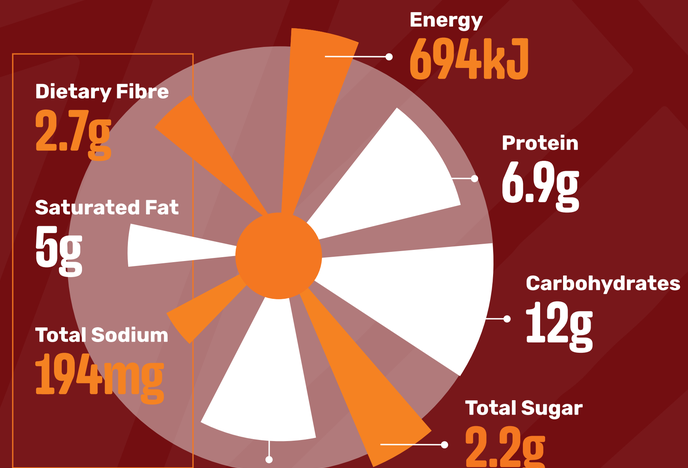
CHARGRILLED RUMP WITH GARLIC SAUCE – 200g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



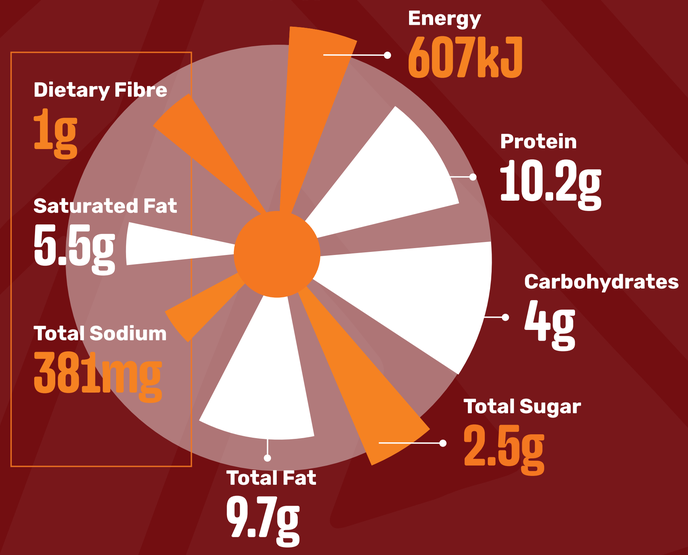
CHARGRILLED RUMP WITH GARLIC SAUCE – 200g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



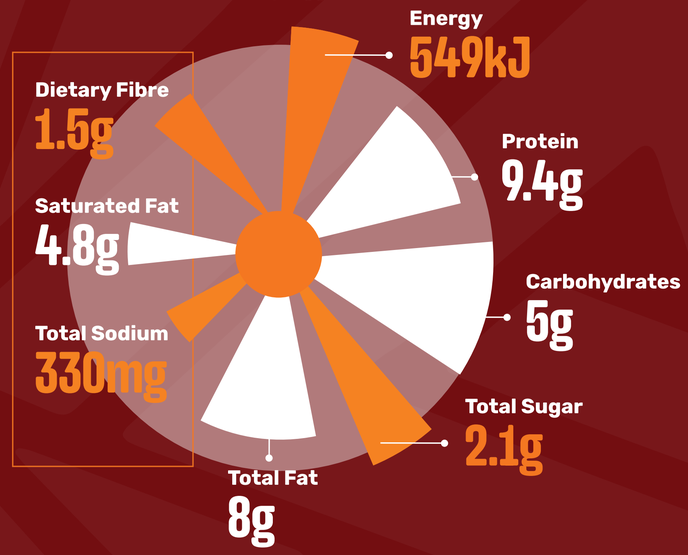
CHARGRILLED RUMP WITH GARLIC SAUCE – 200g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHARGRILLED RUMP WITH GARLIC SAUCE – 200g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



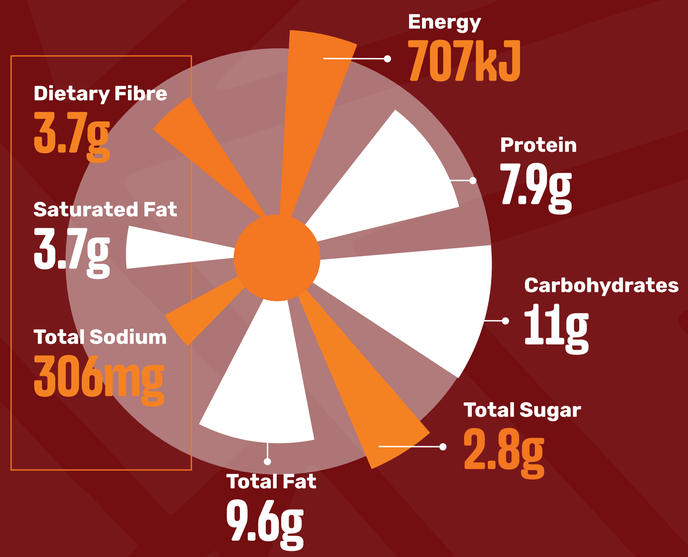
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

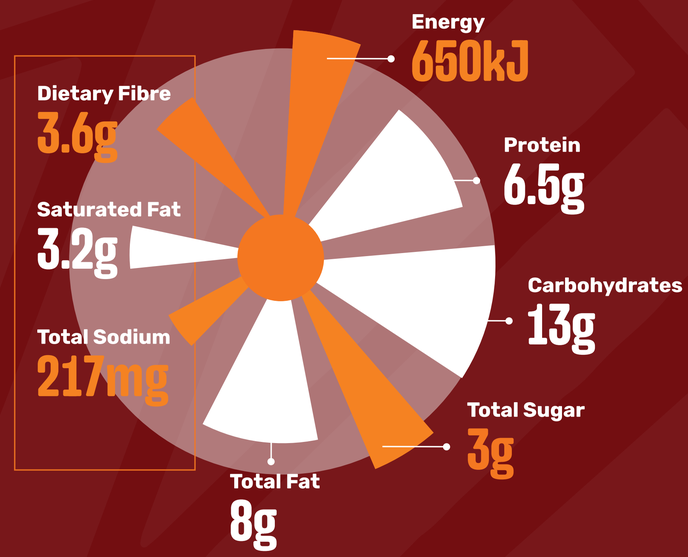
CHARGRILLED RUMP WITH PERI-PERI SAUCE – 200g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



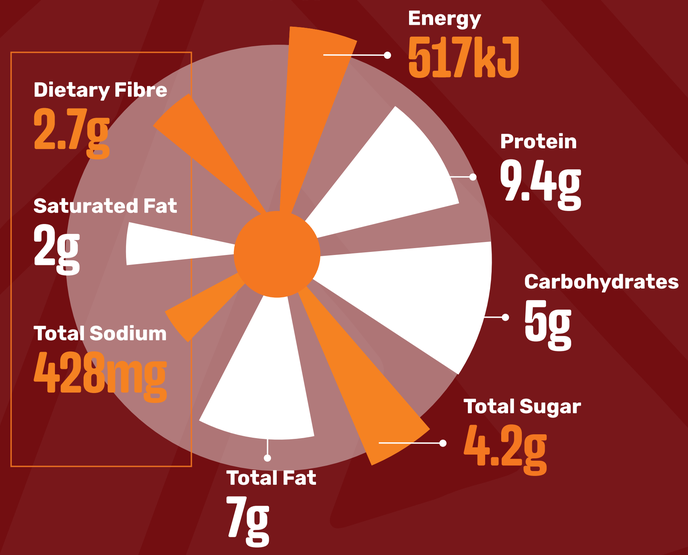
CHARGRILLED RUMP WITH PERI-PERI SAUCE – 200g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



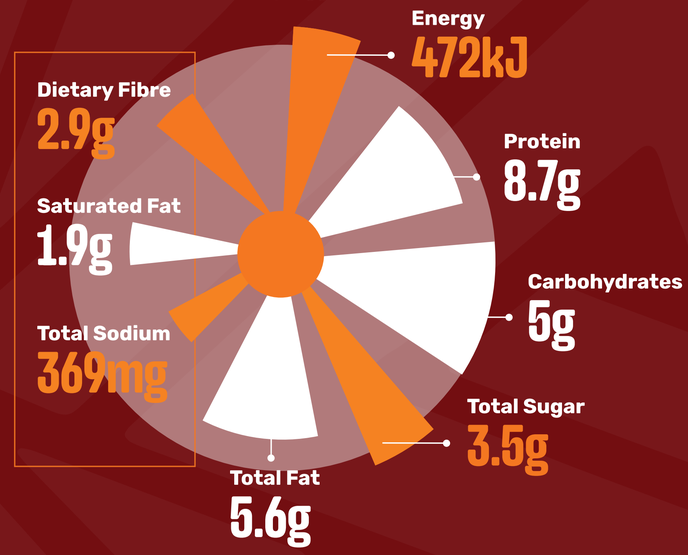
CHARGRILLED RUMP WITH PERI-PERI SAUCE – 200g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHARGRILLED RUMP WITH PERI-PERI SAUCE – 200g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



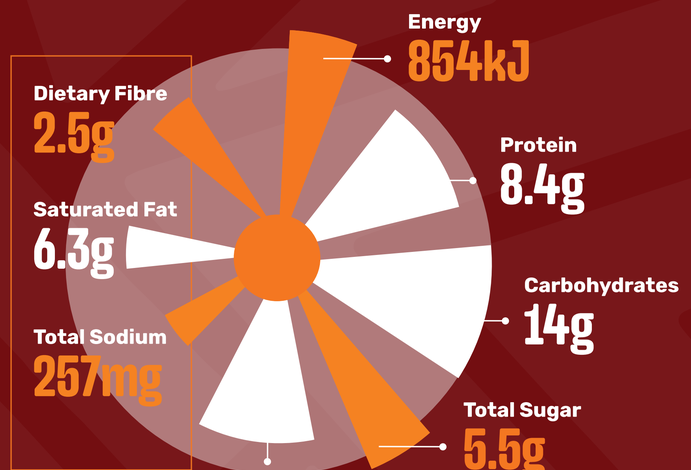
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

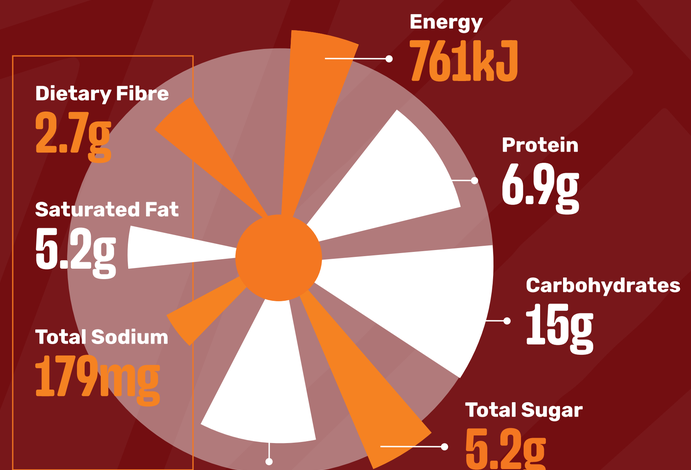
CHARGRILLED RUMP WITH CHEESY GARLIC SAUCE – 200g (Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



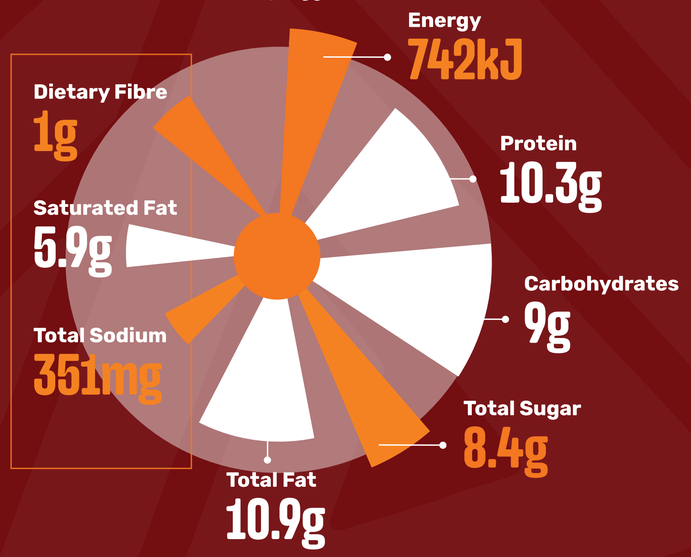
CHARGRILLED RUMP WITH CHEESY GARLIC SAUCE – 200g (Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



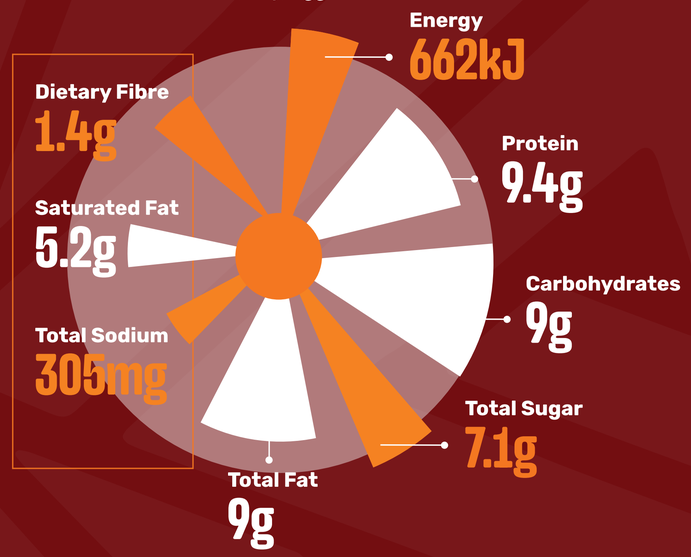
CHARGRILLED RUMP WITH CHEESY GARLIC SAUCE – 200g (Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHARGRILLED RUMP WITH CHEESY GARLIC SAUCE – 200g (Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



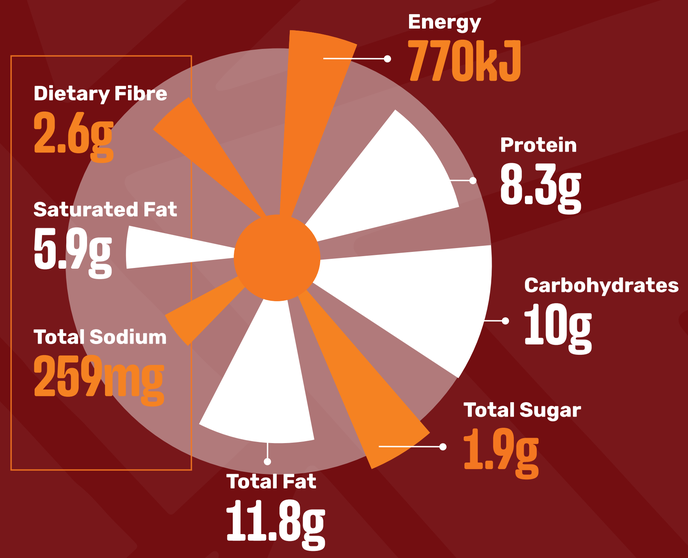
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

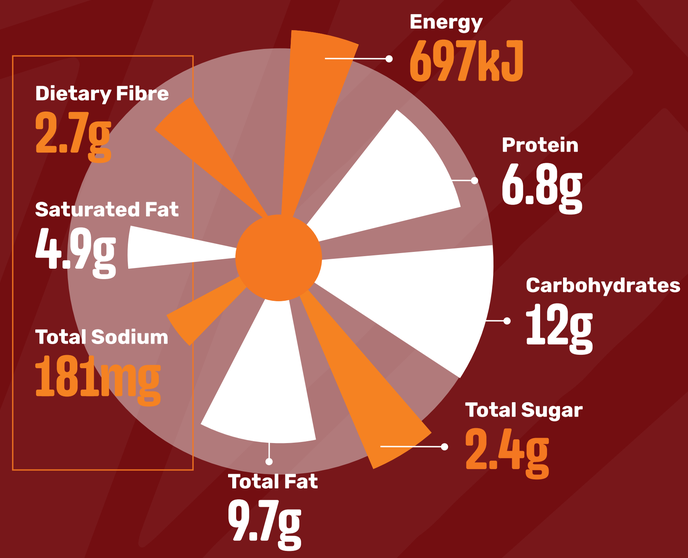
CHARGRILLED RUMP WITH MUSHROOM SAUCE – 200g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



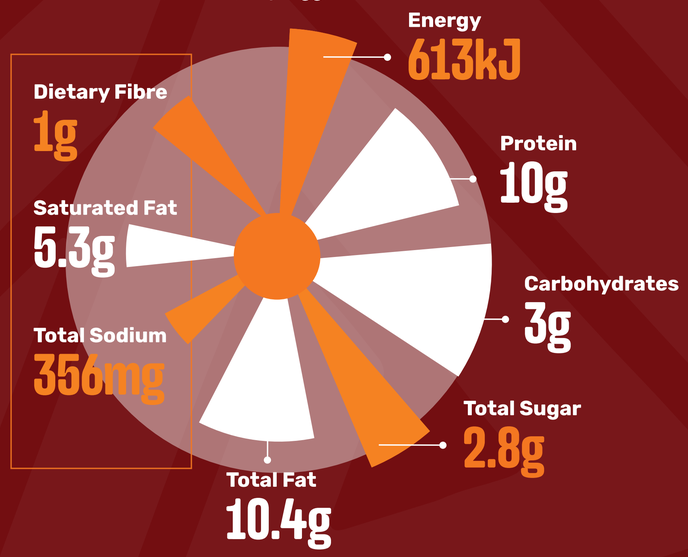
CHARGRILLED RUMP WITH MUSHROOM SAUCE – 200g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



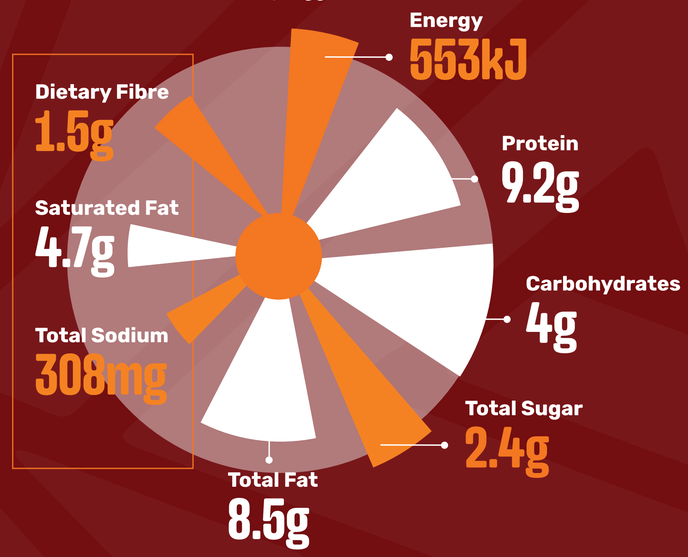
CHARGRILLED RUMP WITH MUSHROOM SAUCE – 200g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHARGRILLED RUMP WITH MUSHROOM SAUCE – 200g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



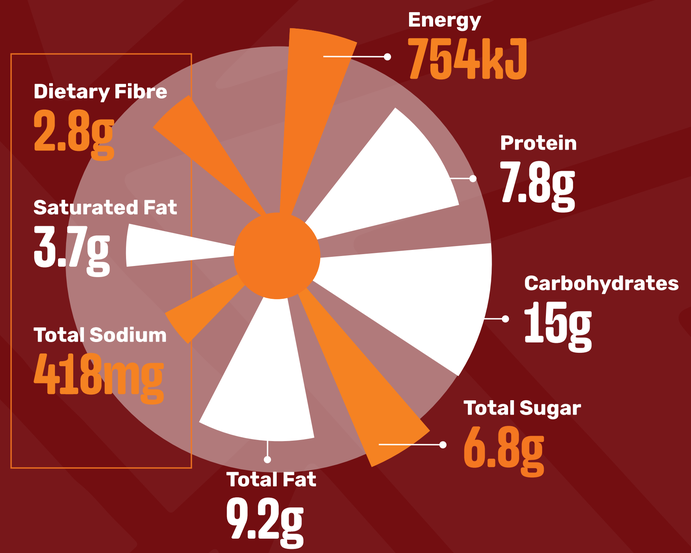
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

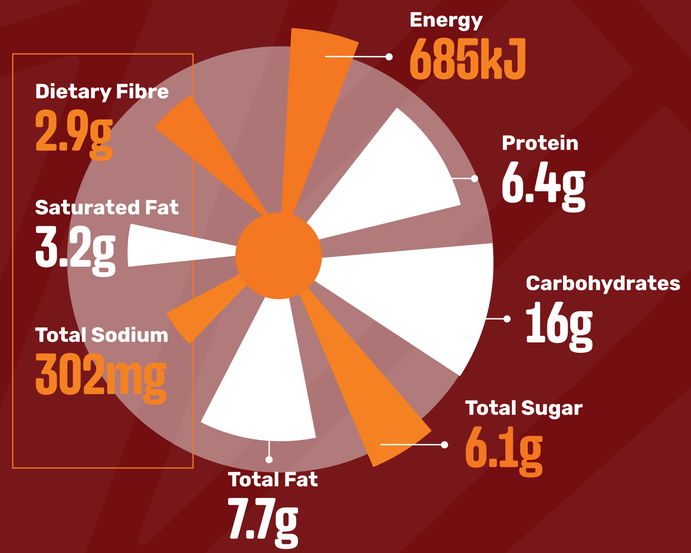
CHARGRILLED RUMP WITH SWEET & SPICY SAUCE – 200g (Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



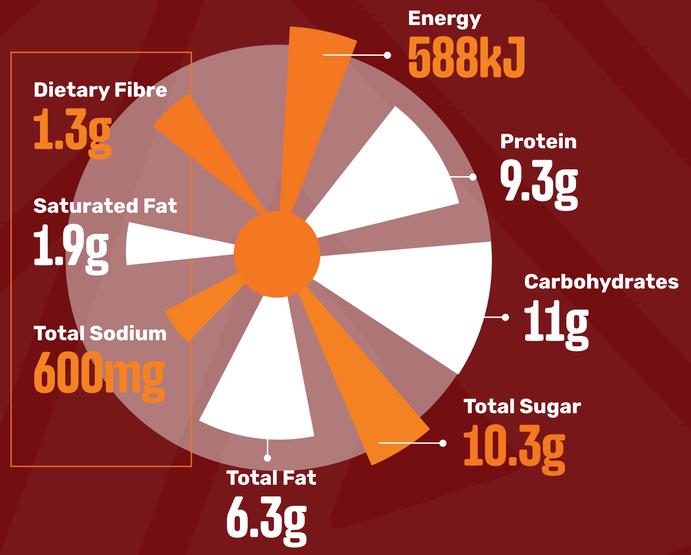
CHARGRILLED RUMP WITH SWEET & SPICY SAUCE – 200g (Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



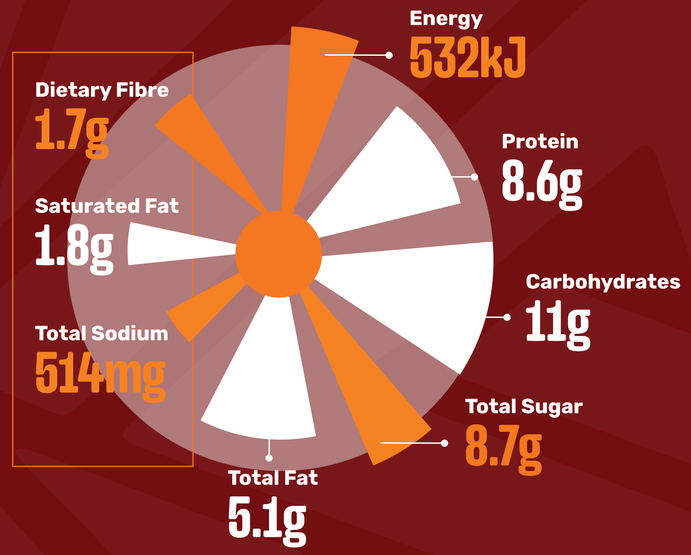
CHARGRILLED RUMP WITH SWEET & SPICY SAUCE – 200g (Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHARGRILLED RUMP WITH SWEET & SPICY SAUCE – 200g (Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



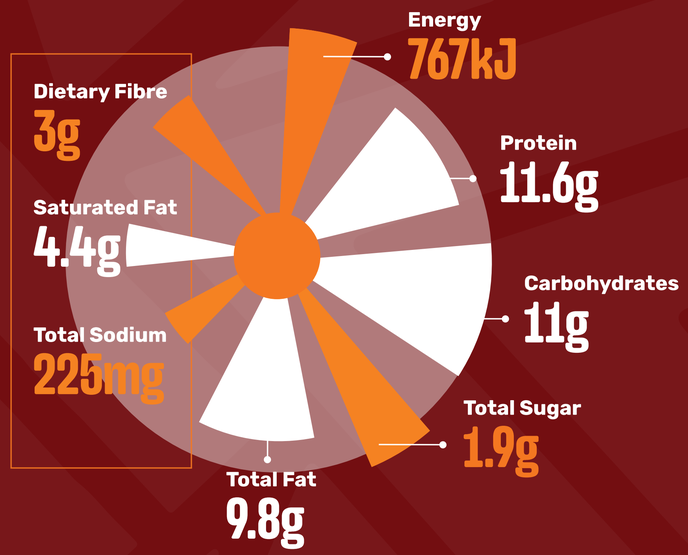
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

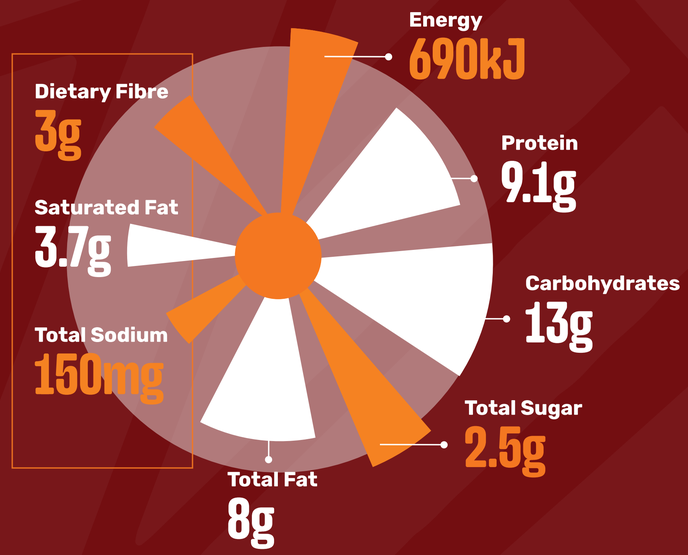
CHARGRILLED RUMP – 300g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



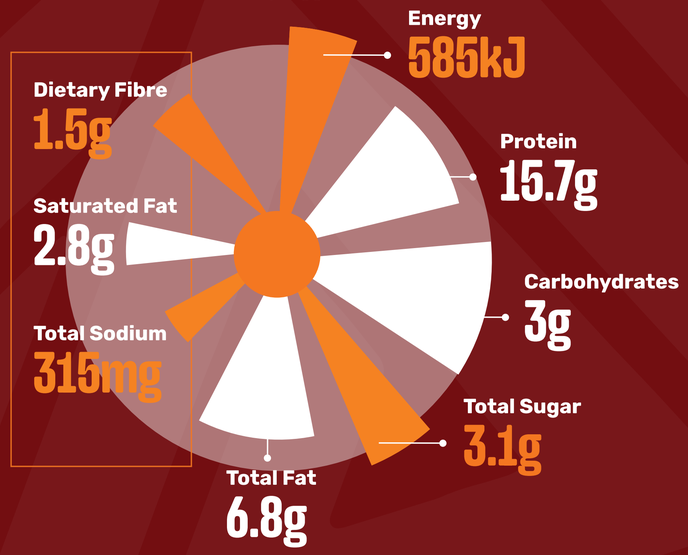
CHARGRILLED RUMP – 300g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



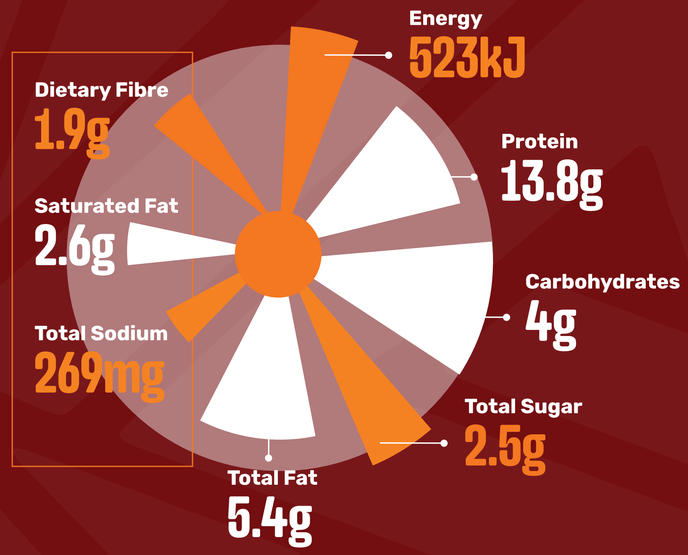
CHARGRILLED RUMP – 300g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHARGRILLED RUMP – 300g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



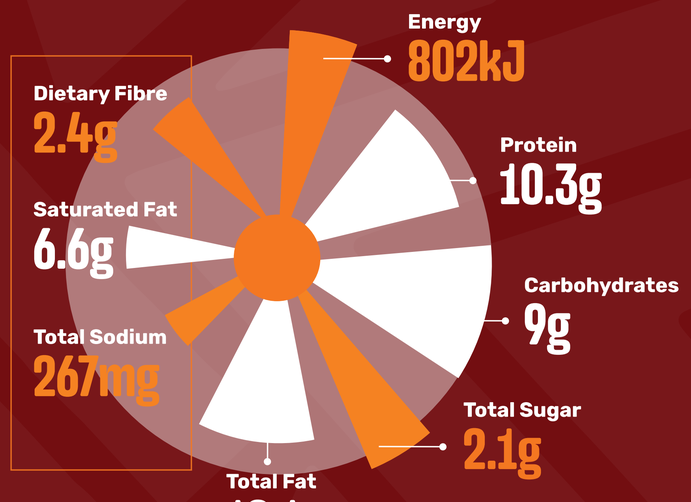
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

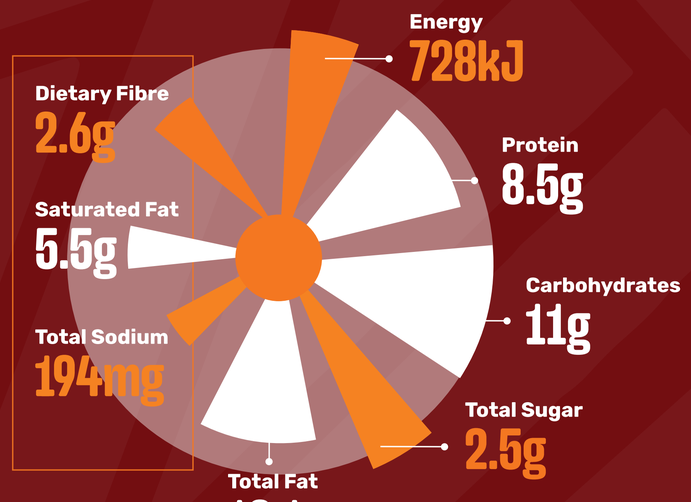
CHARGRILLED RUMP WITH CHEESE SAUCE – 300g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



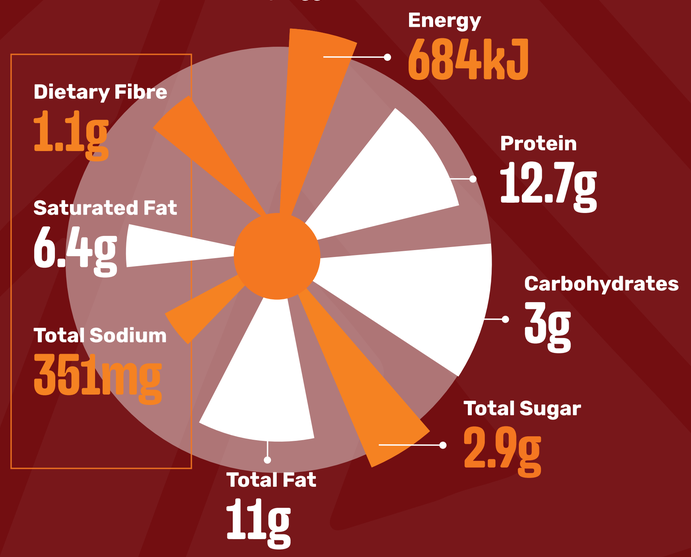
CHARGRILLED RUMP WITH CHEESE SAUCE – 300g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



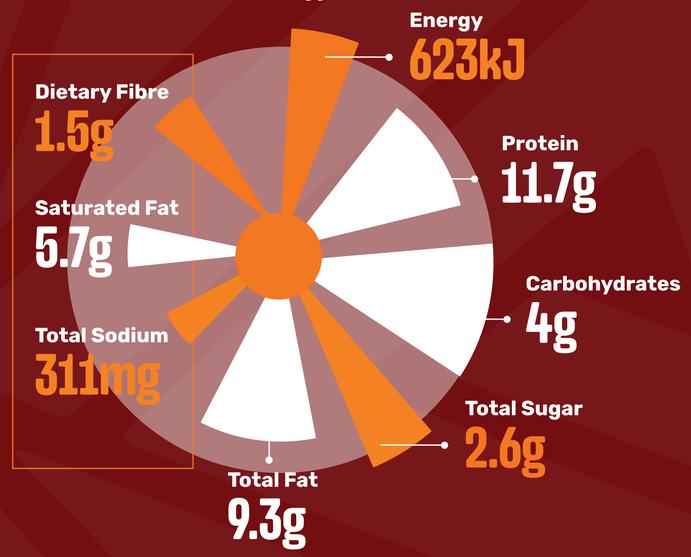
CHARGRILLED RUMP WITH CHEESE SAUCE – 300g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHARGRILLED RUMP WITH CHEESE SAUCE – 300g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



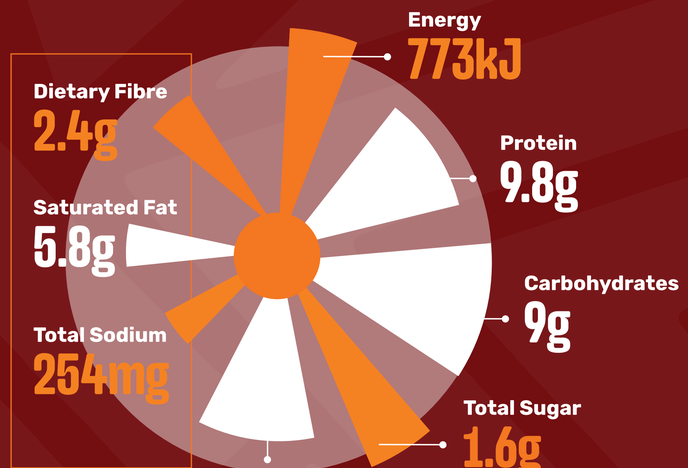
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

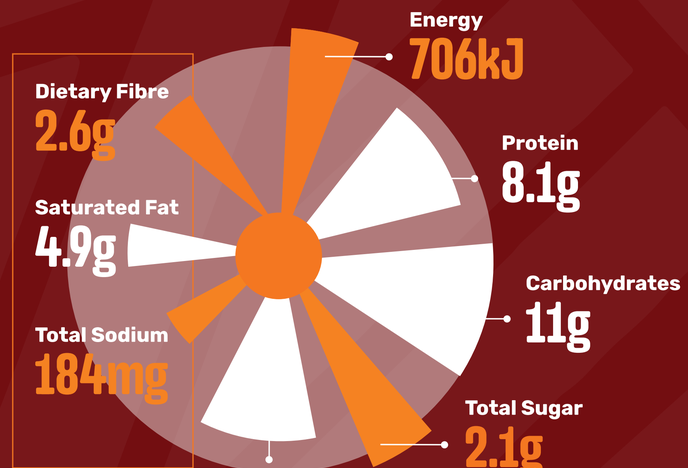
CHARGRILLED RUMP WITH PEPPER SAUCE – 300g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



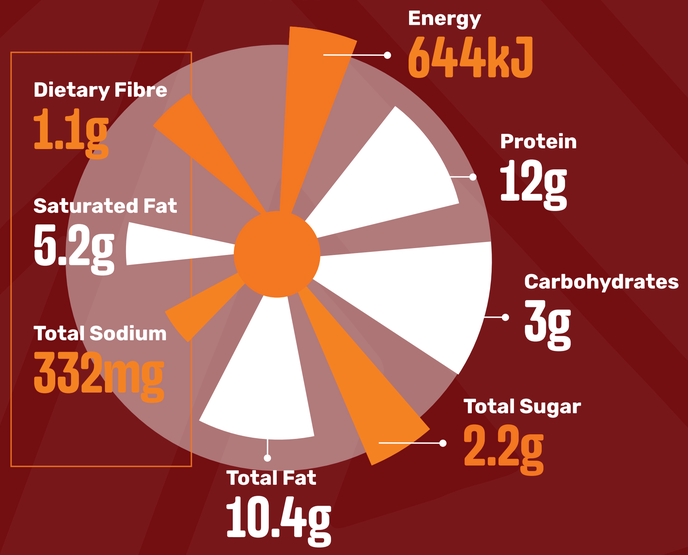
CHARGRILLED RUMP WITH PEPPER SAUCE – 300g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



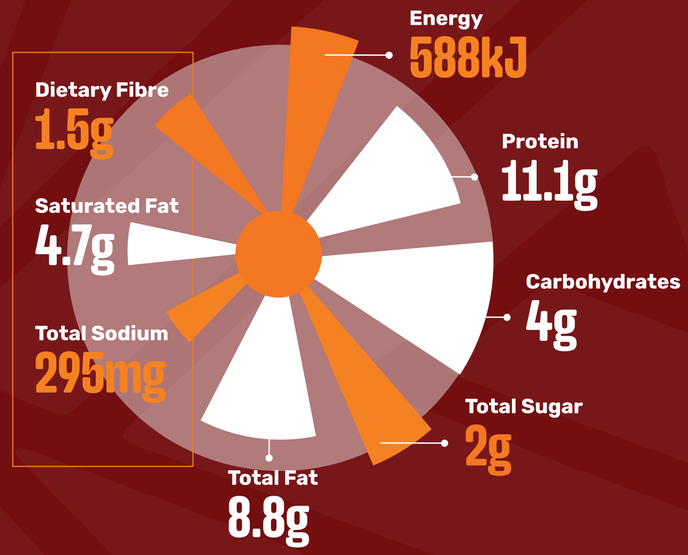
CHARGRILLED RUMP WITH PEPPER SAUCE – 300g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHARGRILLED RUMP WITH PEPPER SAUCE – 300g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



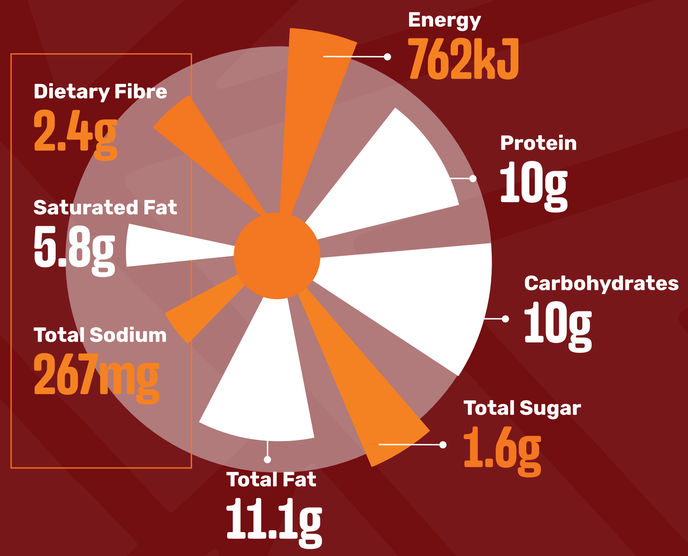
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

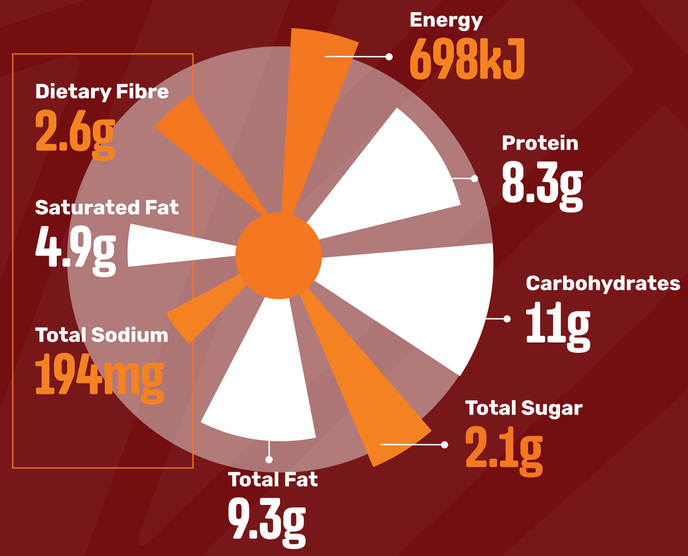
CHARGRILLED RUMP WITH GARLIC SAUCE – 300g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



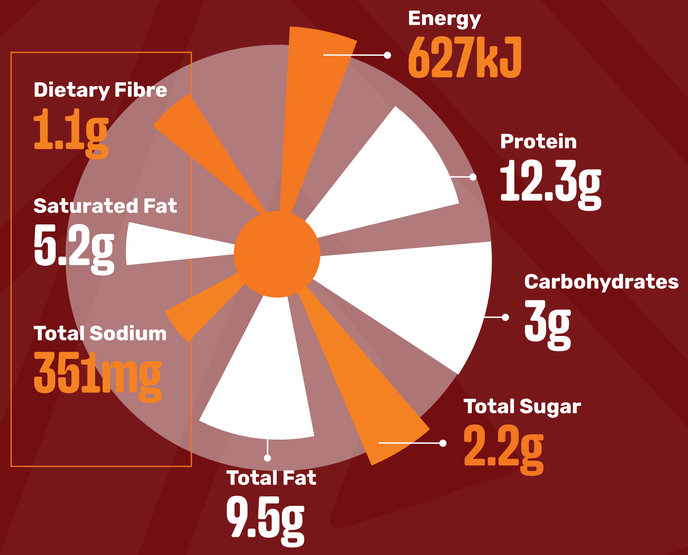
CHARGRILLED RUMP WITH GARLIC SAUCE – 300g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



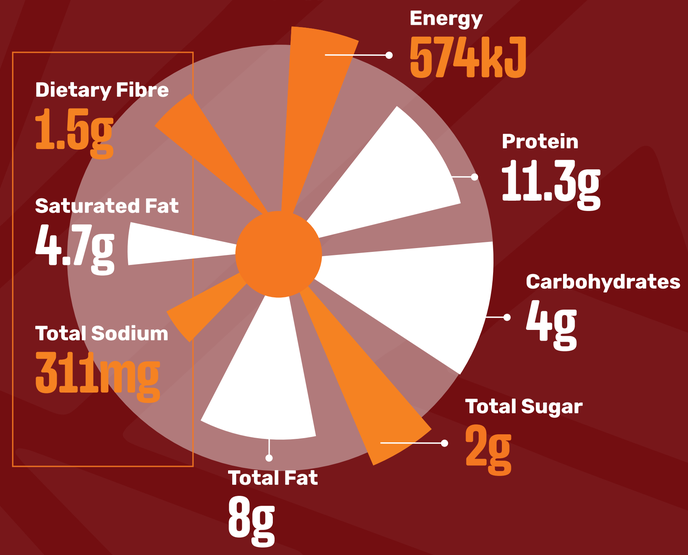
CHARGRILLED RUMP WITH GARLIC SAUCE – 300g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHARGRILLED RUMP WITH GARLIC SAUCE – 300g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



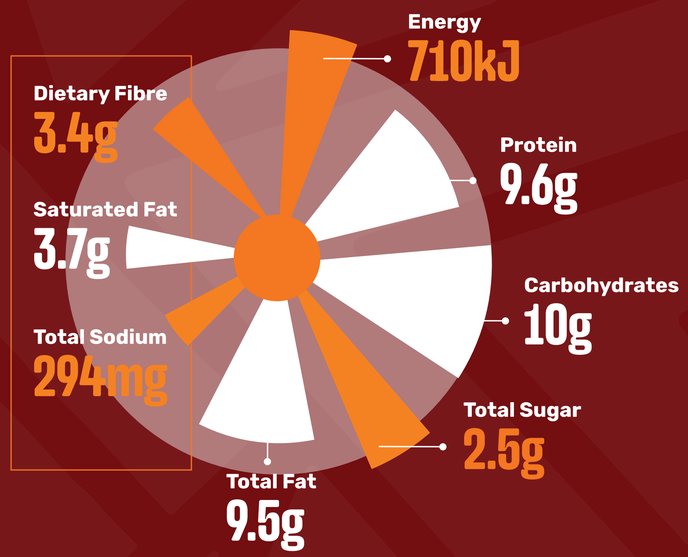
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

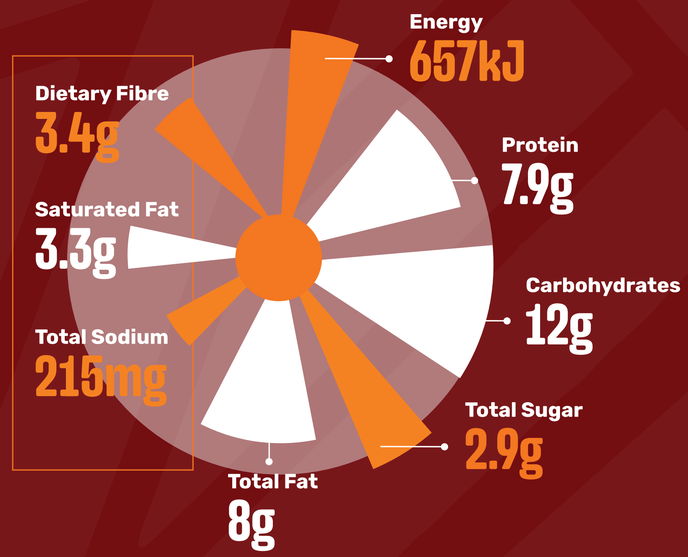
CHARGRILLED RUMP WITH PERI-PERI SAUCE – 300g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



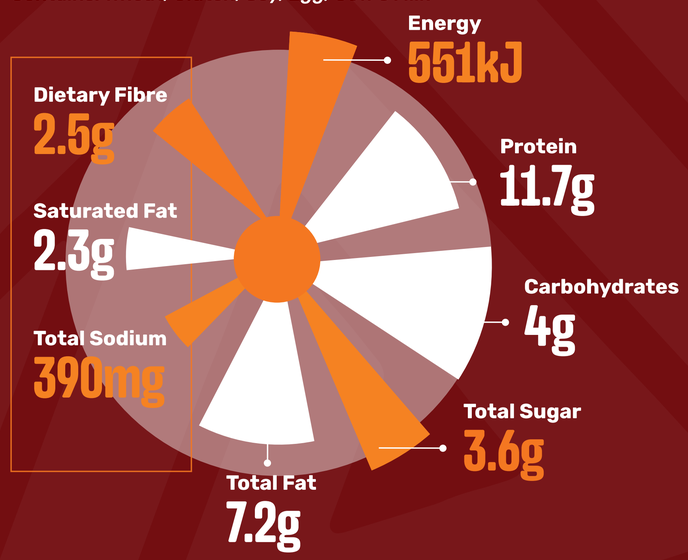
CHARGRILLED RUMP WITH PERI-PERI SAUCE – 300g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



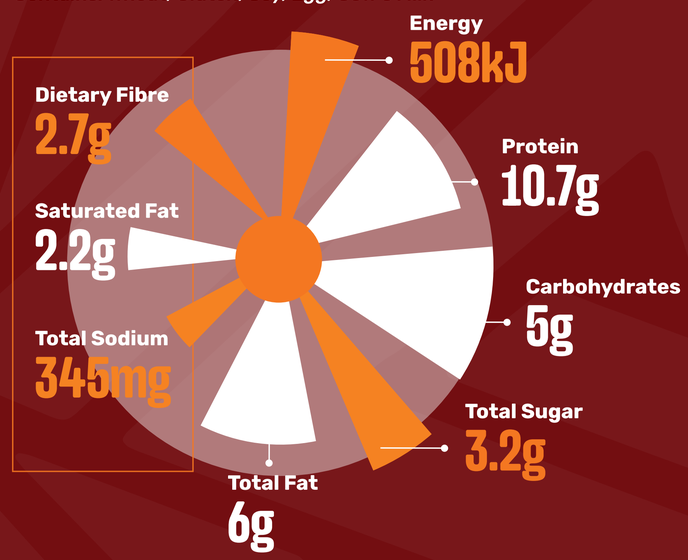
CHARGRILLED RUMP WITH PERI-PERI SAUCE – 300g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHARGRILLED RUMP WITH PERI-PERI SAUCE – 300g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



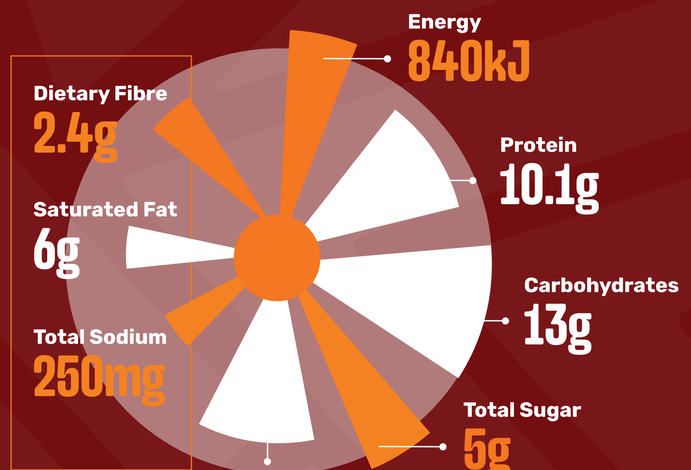
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

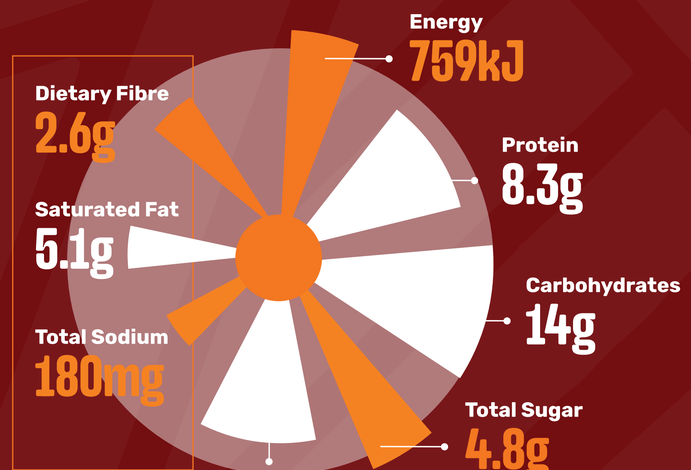
CHARGRILLED RUMP WITH CHEESY GARLIC SAUCE – 300g (Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



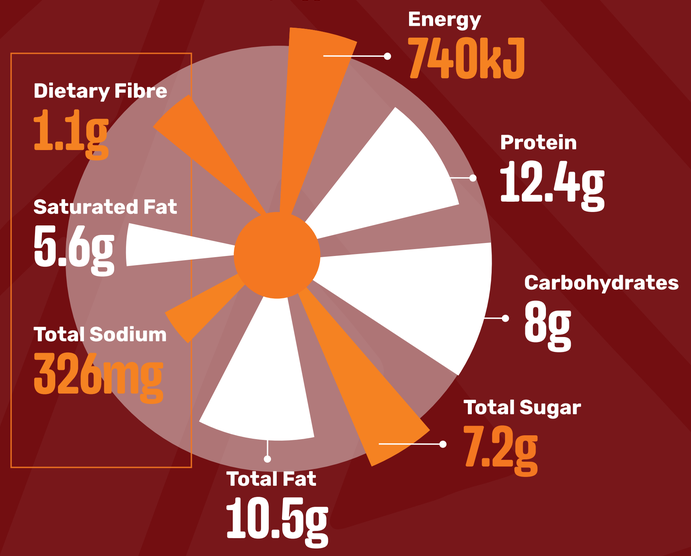
CHARGRILLED RUMP WITH CHEESY GARLIC SAUCE – 300g (Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



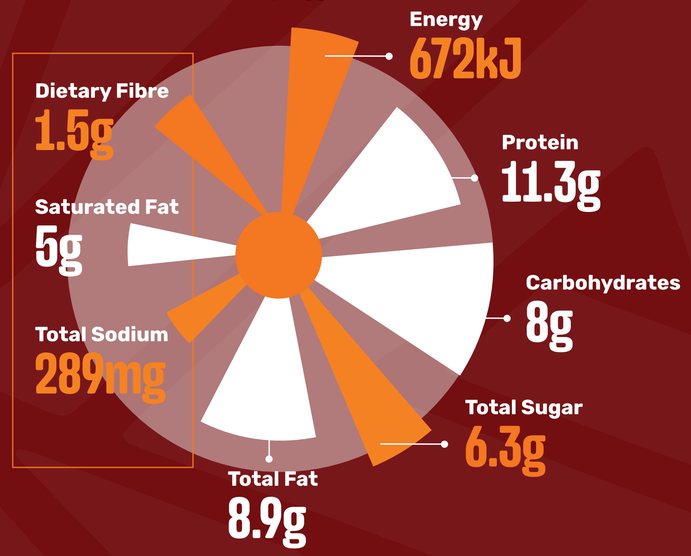
CHARGRILLED RUMP WITH CHEESY GARLIC SAUCE – 300g (Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHARGRILLED RUMP WITH CHEESY GARLIC SAUCE – 300g (Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



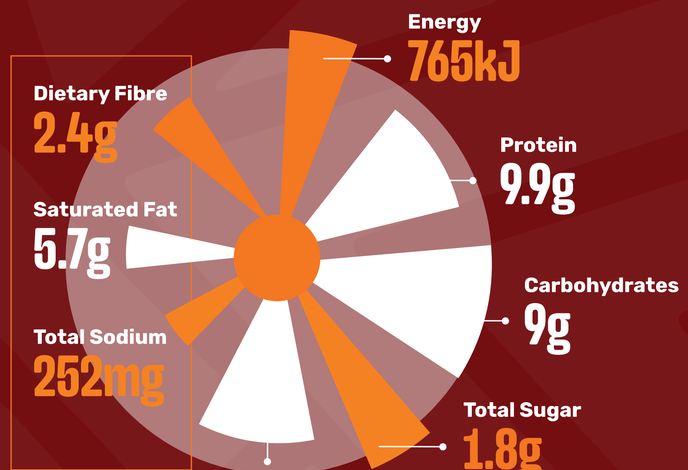
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

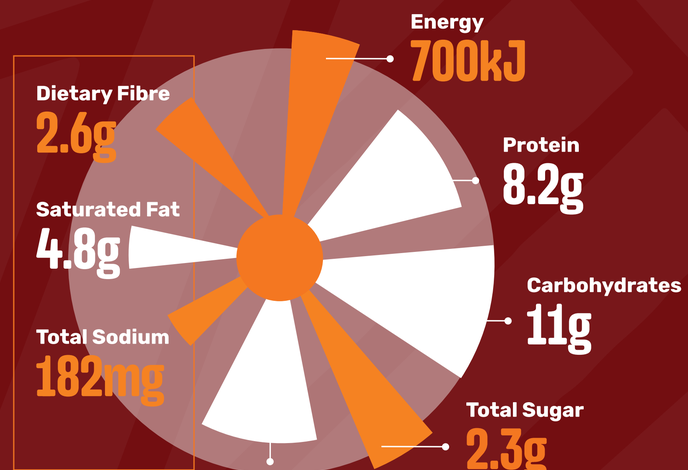
CHARGRILLED RUMP WITH MUSHROOM SAUCE – 300g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



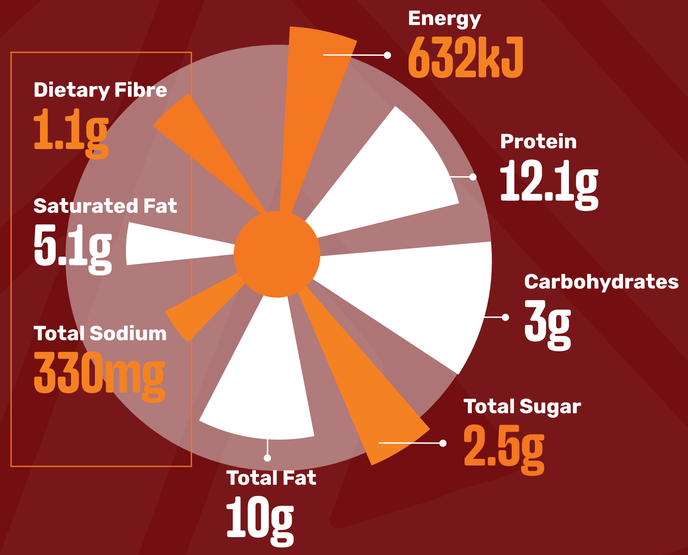
CHARGRILLED RUMP WITH MUSHROOM SAUCE – 300g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



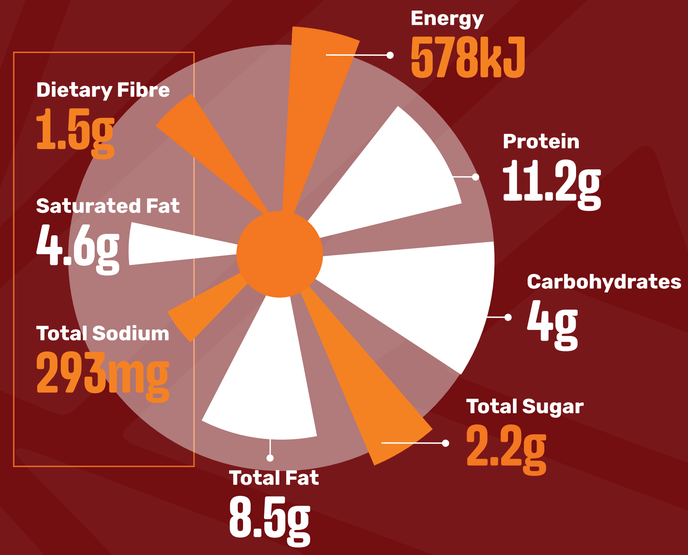
CHARGRILLED RUMP WITH MUSHROOM SAUCE – 300g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHARGRILLED RUMP WITH MUSHROOM SAUCE – 300g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



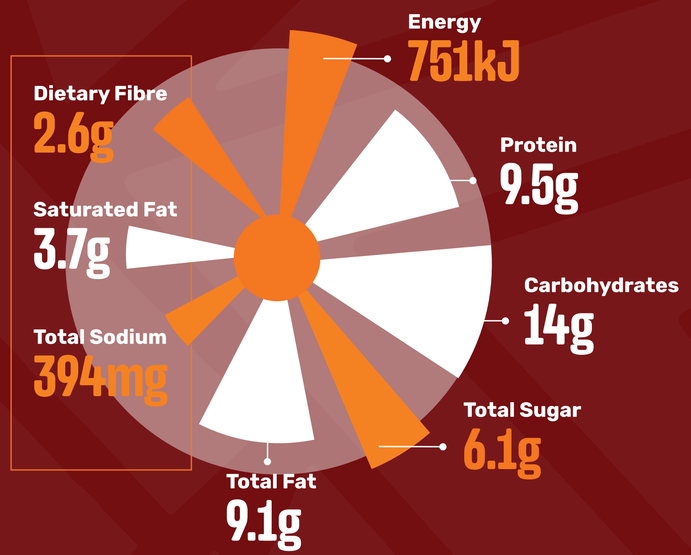
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

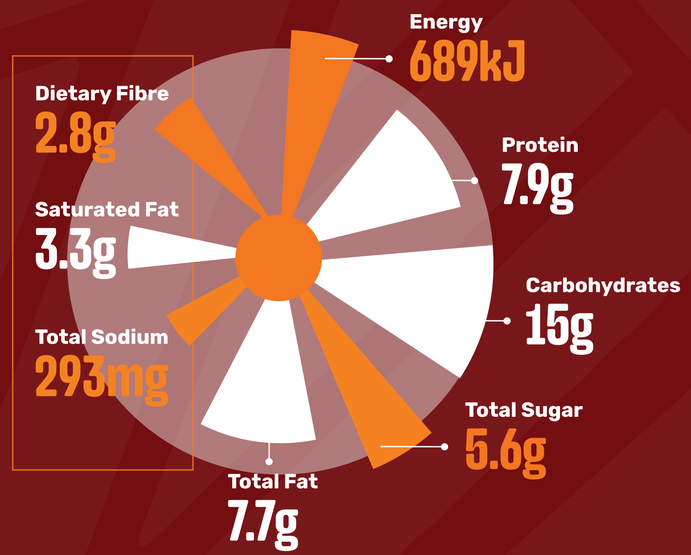
CHARGRILLED RUMP WITH SWEET & SPICY SAUCE – 300g (Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



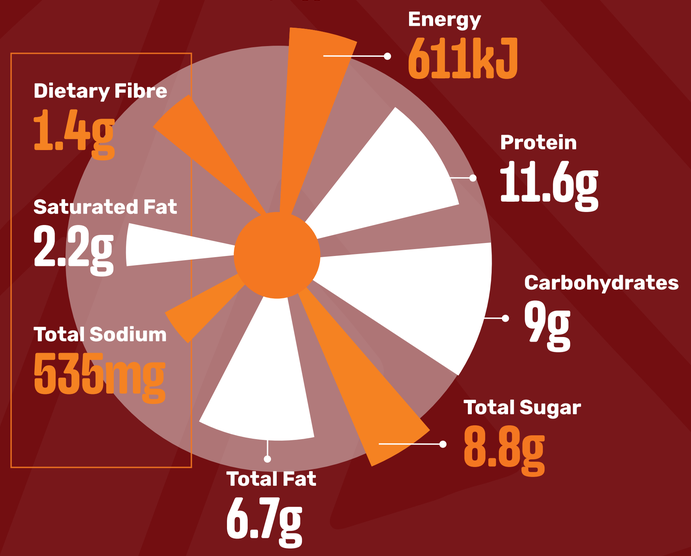
CHARGRILLED RUMP WITH SWEET & SPICY SAUCE – 300g (Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



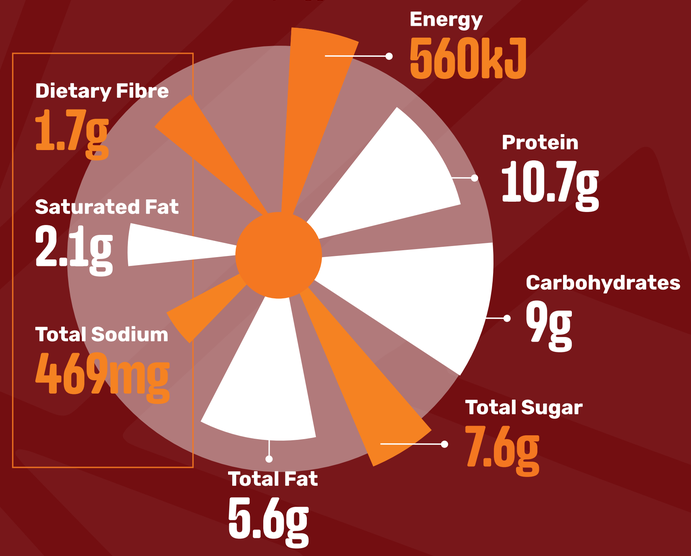
CHARGRILLED RUMP WITH SWEET & SPICY SAUCE – 300g (Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHARGRILLED RUMP WITH SWEET & SPICY SAUCE – 300g (Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



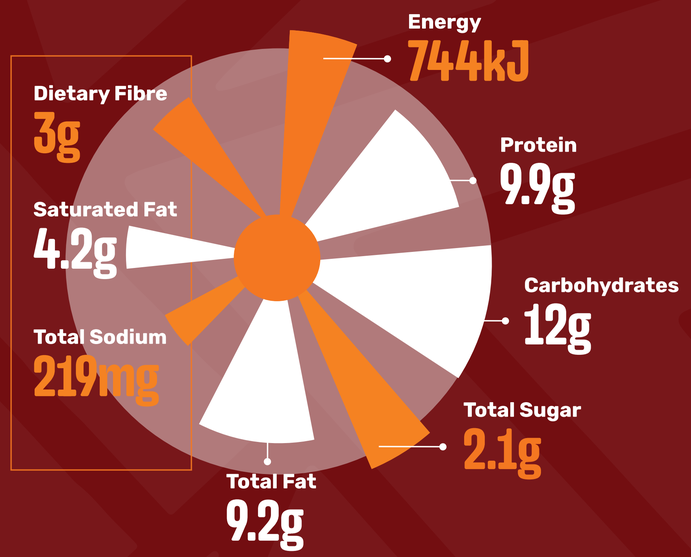
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

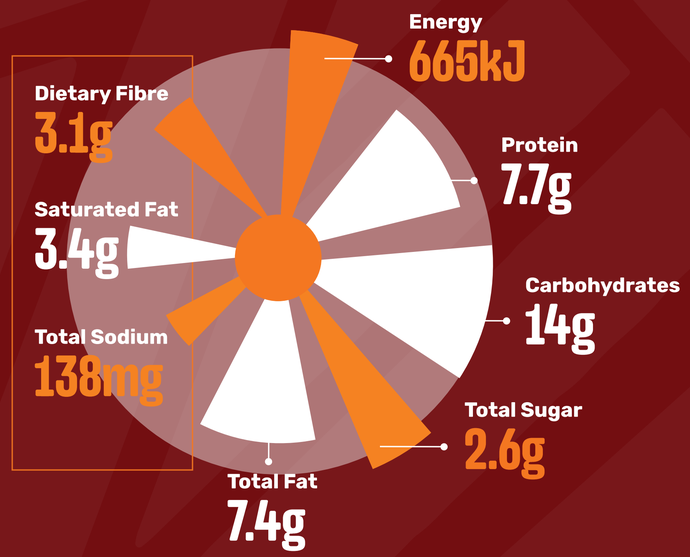
NEW YORK SIRLOIN – 200g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



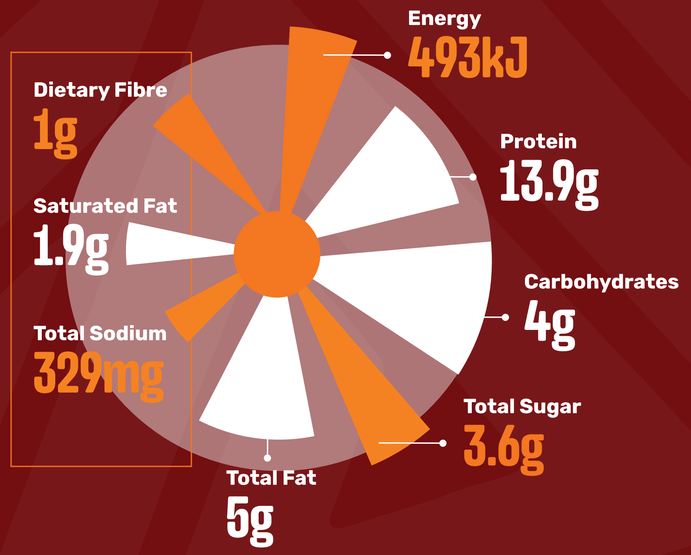
NEW YORK SIRLOIN – 200g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



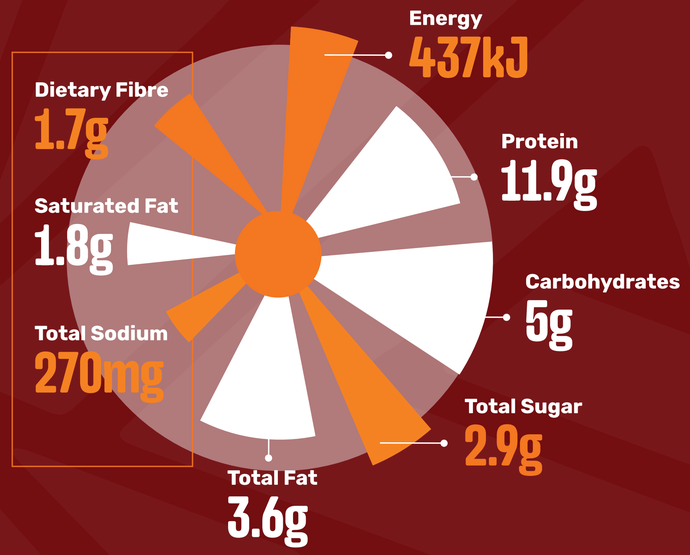
NEW YORK SIRLOIN – 200g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



NEW YORK SIRLOIN – 200g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



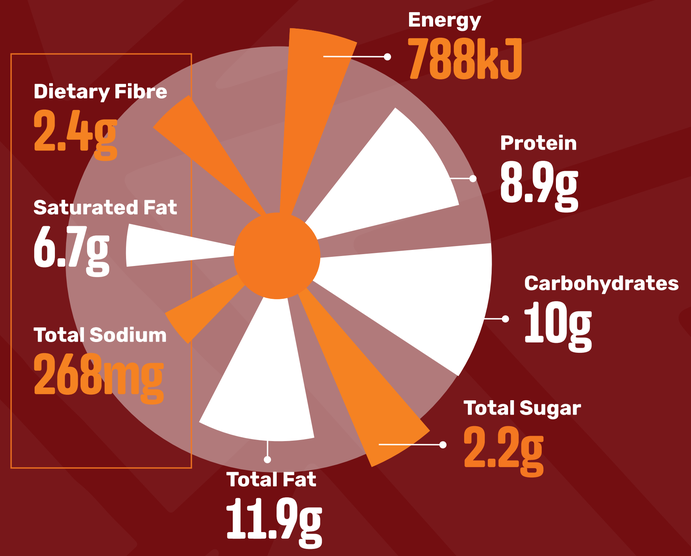
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

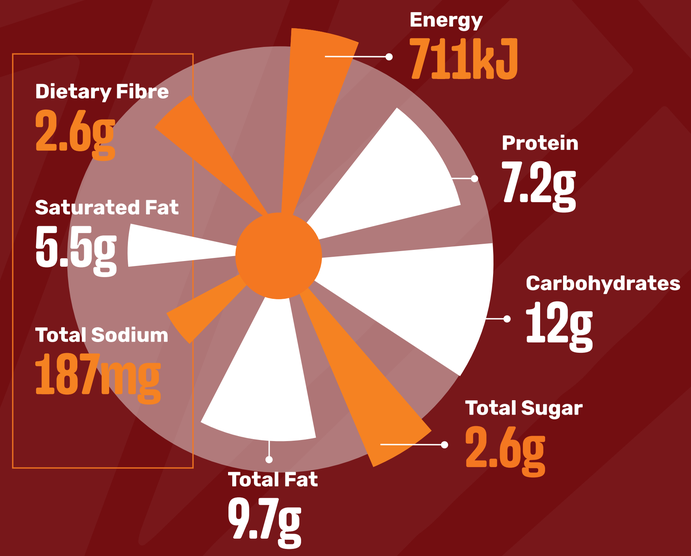
NEW YORK SIRLOIN WITH CHEESE SAUCE – 200g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



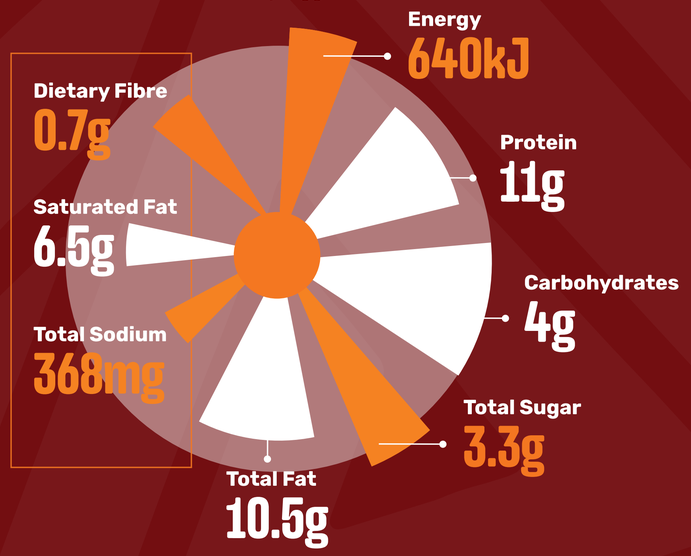
NEW YORK SIRLOIN WITH CHEESE SAUCE – 200g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



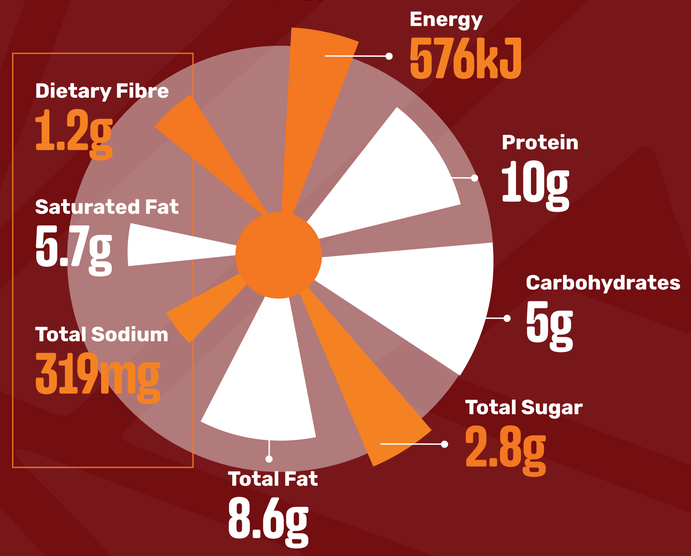
NEW YORK SIRLOIN WITH CHEESE SAUCE – 200g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



NEW YORK SIRLOIN WITH CHEESE SAUCE – 200g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



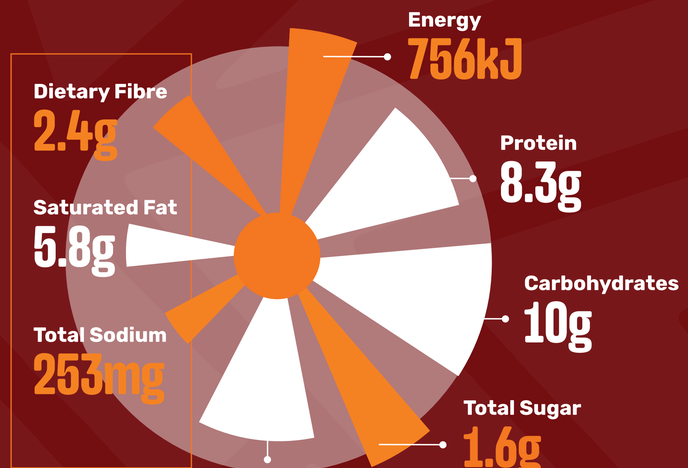
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

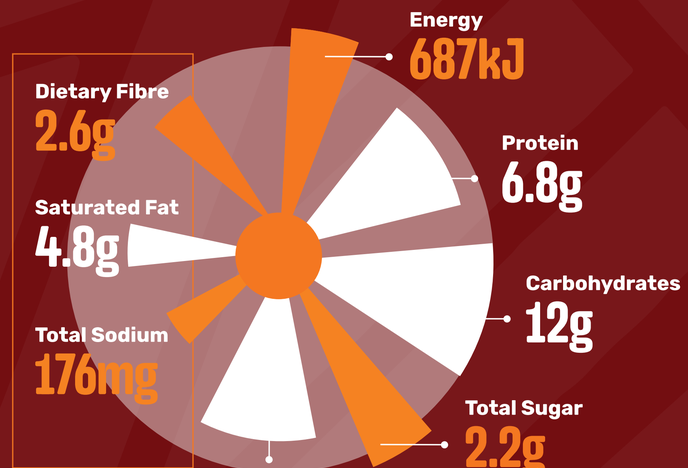
NEW YORK SIRLOIN WITH PEPPER SAUCE – 200g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



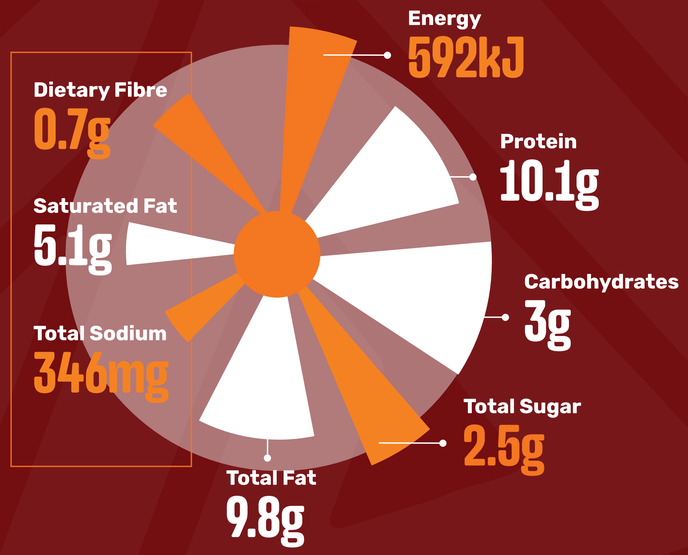
NEW YORK SIRLOIN WITH PEPPER SAUCE – 200g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



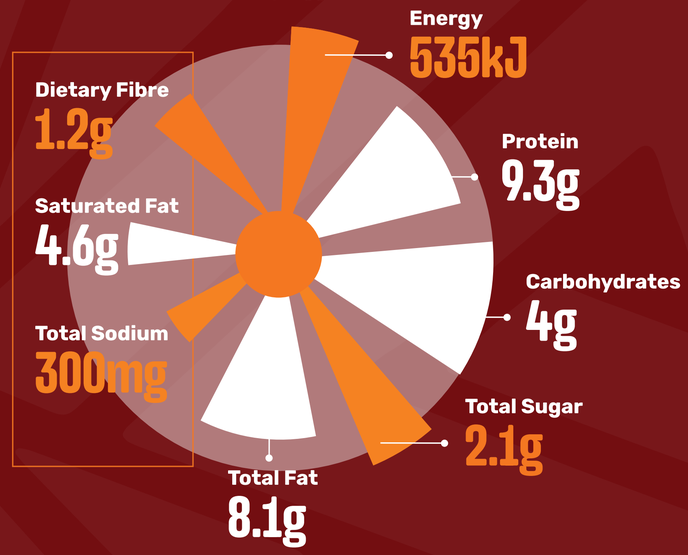
NEW YORK SIRLOIN WITH PEPPER SAUCE – 200g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



NEW YORK SIRLOIN WITH PEPPER SAUCE – 200g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



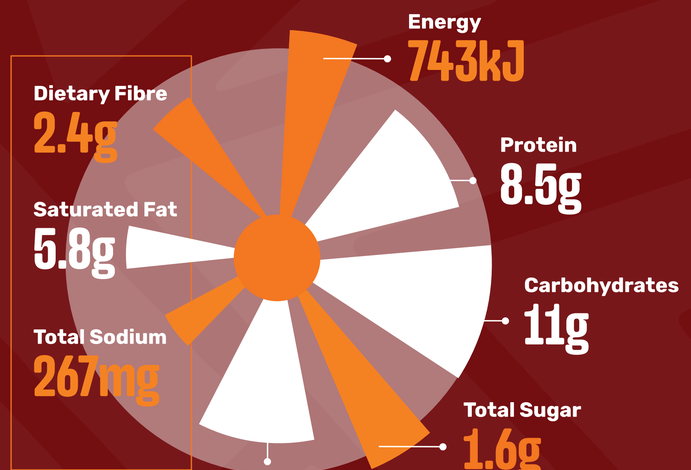
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

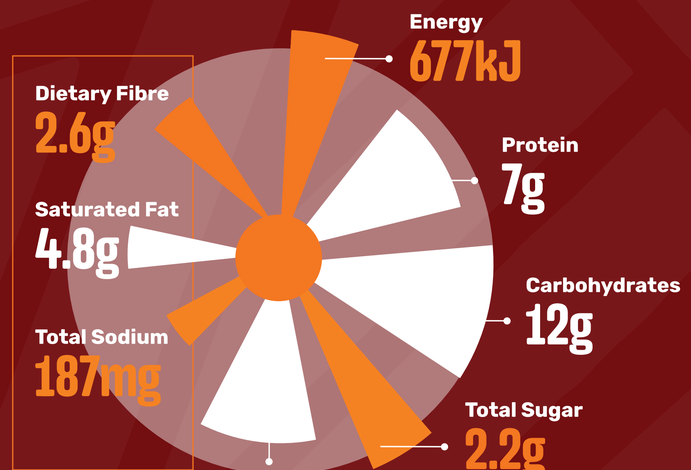
NEW YORK SIRLOIN WITH GARLIC SAUCE – 200g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



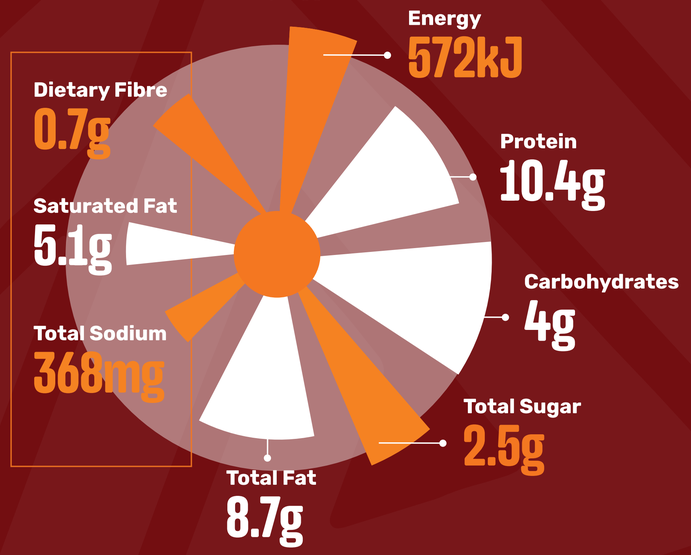
NEW YORK SIRLOIN WITH GARLIC SAUCE – 200g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



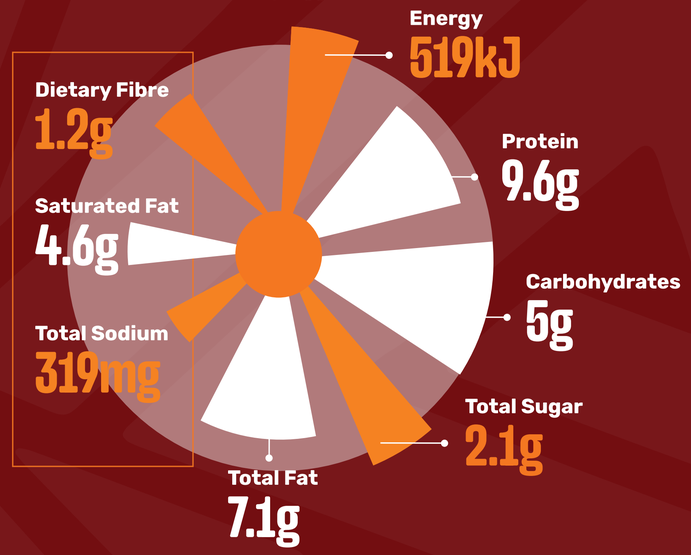
NEW YORK SIRLOIN WITH GARLIC SAUCE – 200g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



NEW YORK SIRLOIN WITH GARLIC SAUCE – 200g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



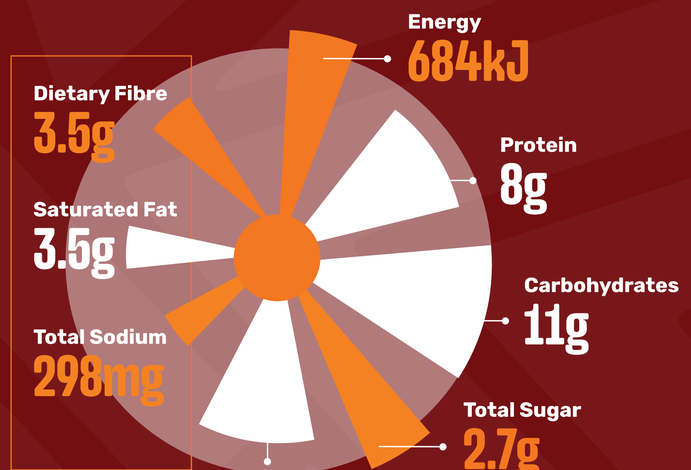
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

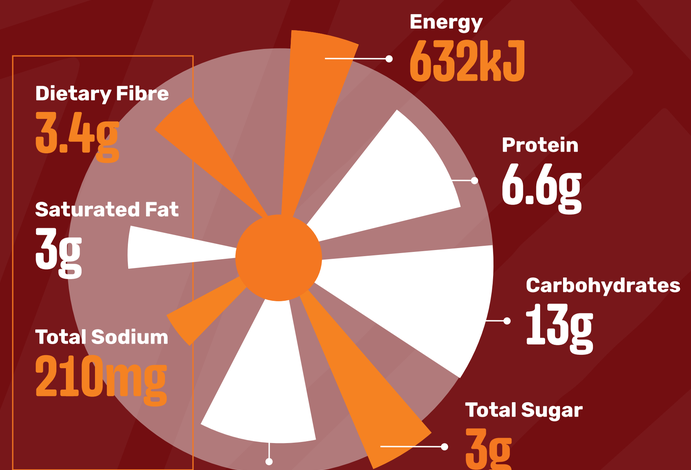
NEW YORK SIRLOIN WITH PERI-PERI SAUCE – 200g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



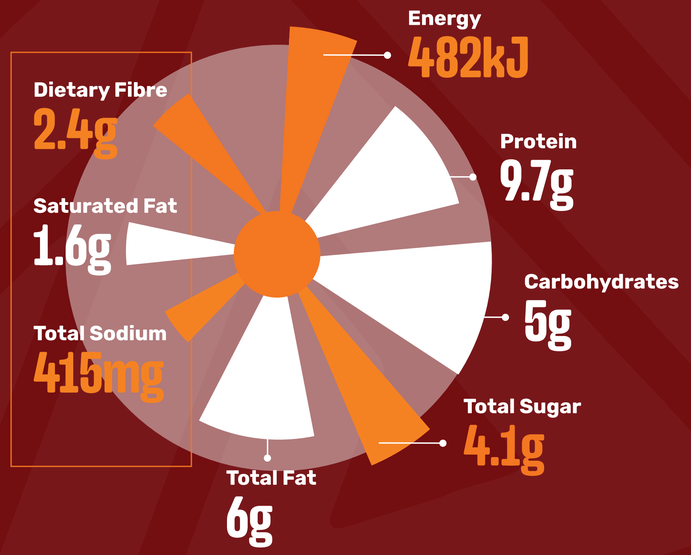
NEW YORK SIRLOIN WITH PERI-PERI SAUCE – 200g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



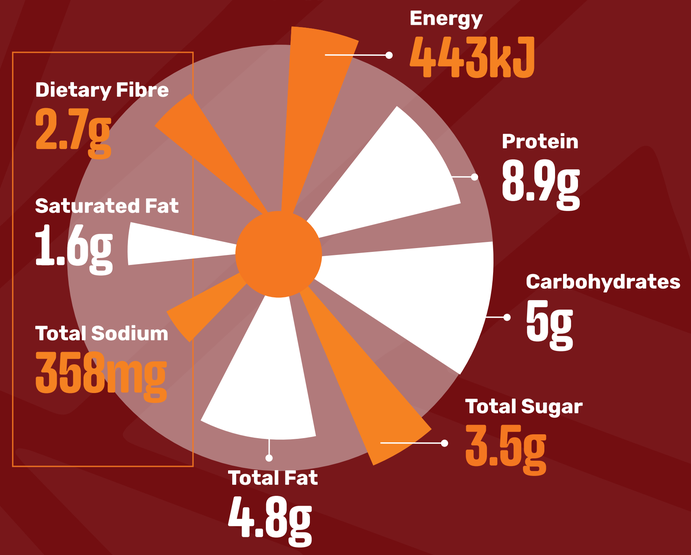
NEW YORK SIRLOIN WITH PERI-PERI SAUCE – 200g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



NEW YORK SIRLOIN WITH PERI-PERI SAUCE – 200g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



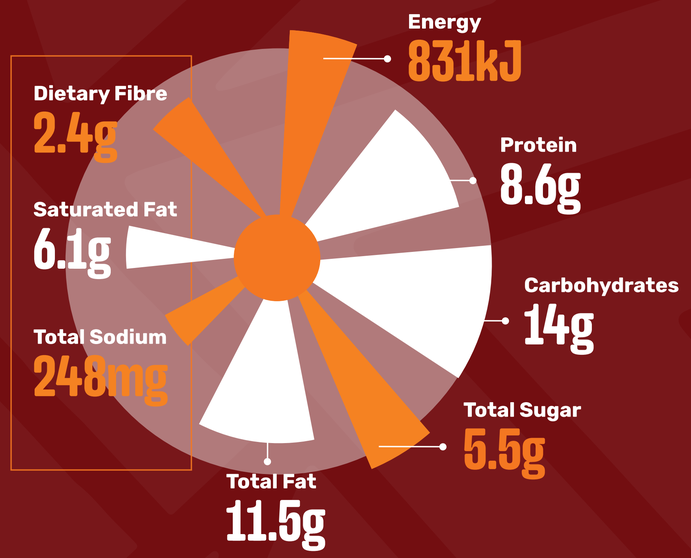
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

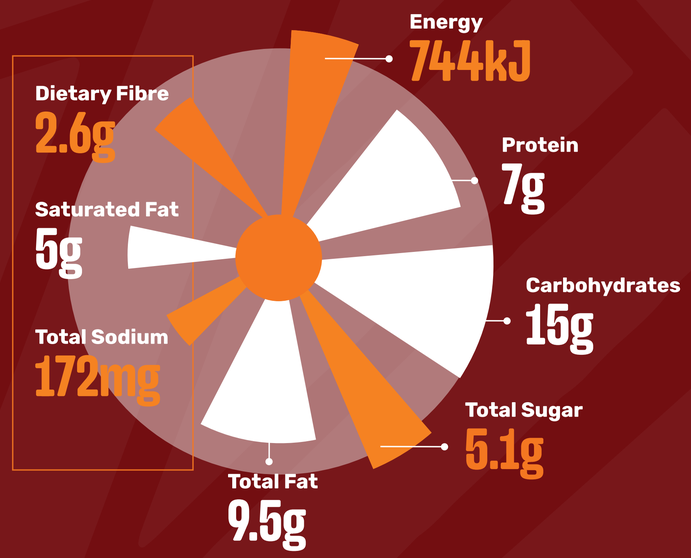
NEW YORK SIRLOIN WITH CHEESY GARLIC SAUCE – 200g (Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



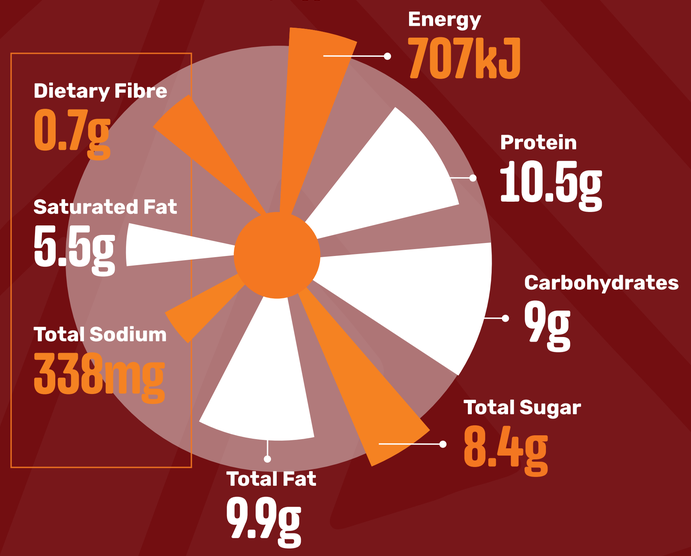
NEW YORK SIRLOIN WITH CHEESY GARLIC SAUCE – 200g (Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



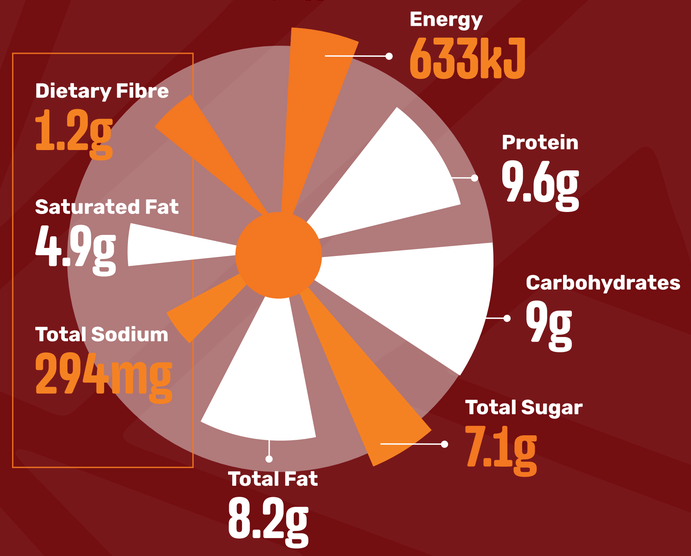
NEW YORK SIRLOIN WITH CHEESY GARLIC SAUCE – 200g (Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



NEW YORK SIRLOIN WITH CHEESY GARLIC SAUCE – 200g (Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



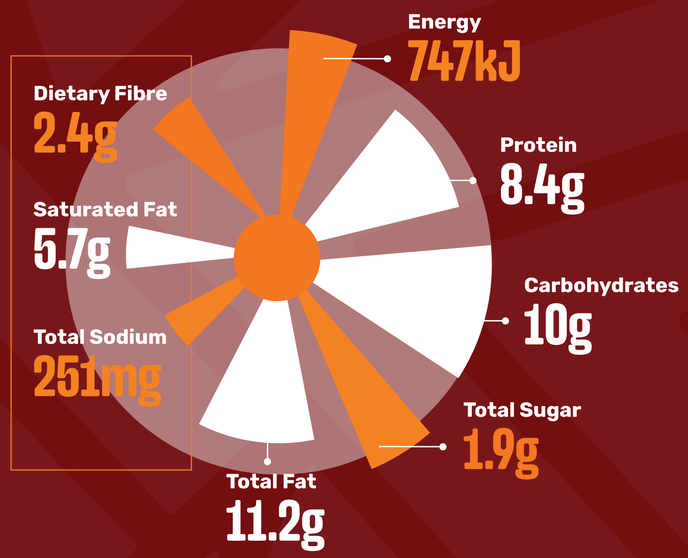
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

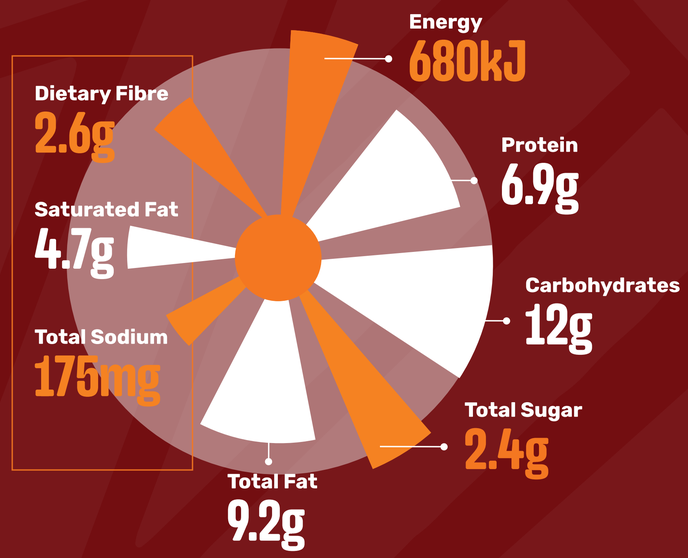
NEW YORK SIRLOIN WITH MUSHROOM SAUCE – 200g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



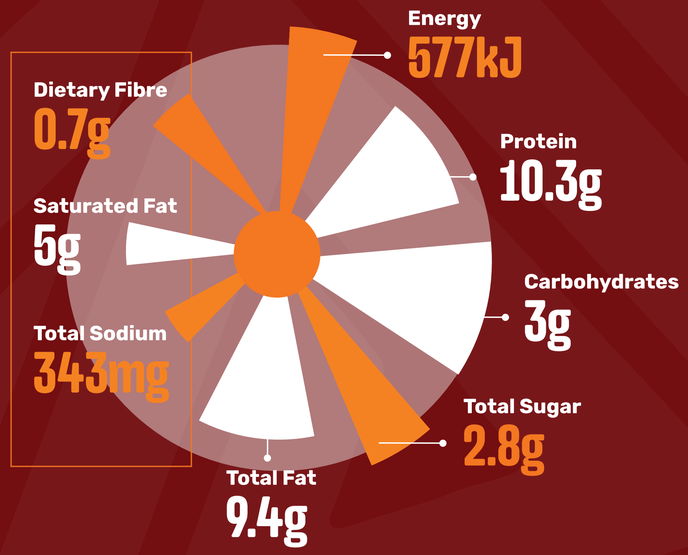
NEW YORK SIRLOIN WITH MUSHROOM SAUCE – 200g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



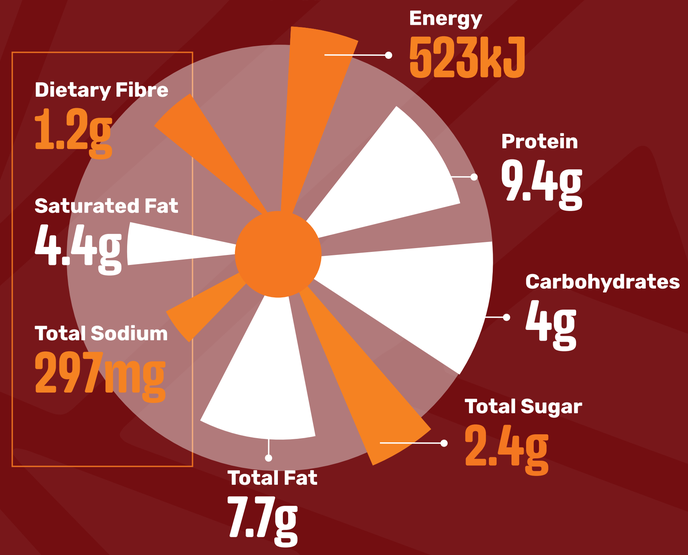
NEW YORK SIRLOIN WITH MUSHROOM SAUCE – 200g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



NEW YORK SIRLOIN WITH MUSHROOM SAUCE – 200g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



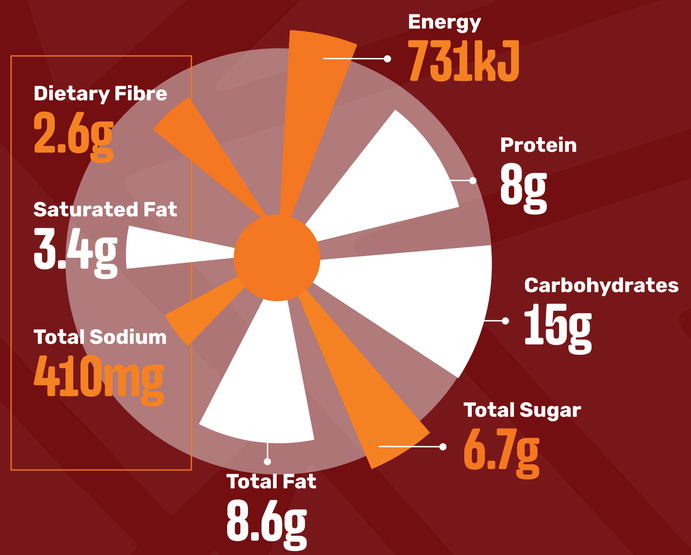
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

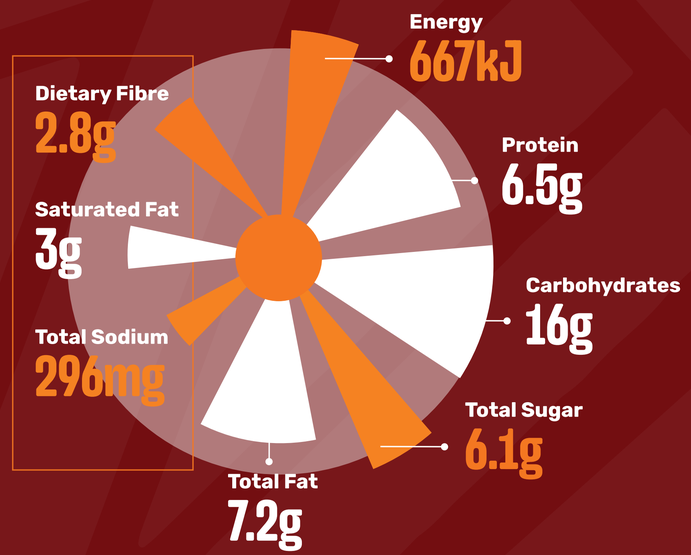
NEW YORK SIRLOIN WITH SWEET & SPICY SAUCE – 200g (Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



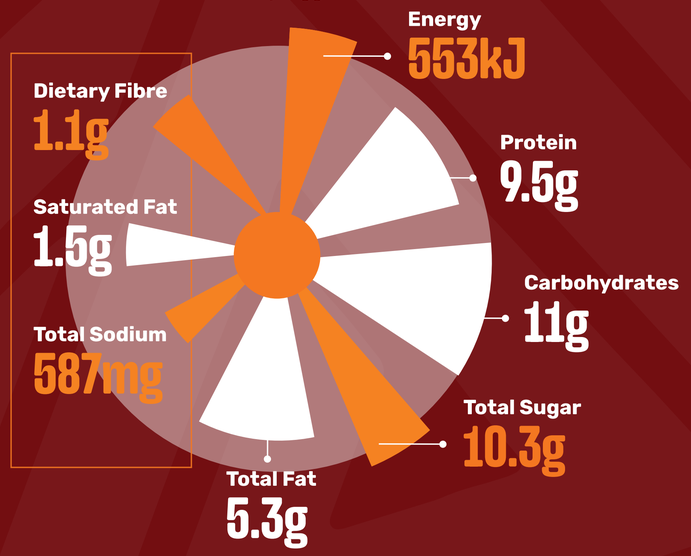
NEW YORK SIRLOIN WITH SWEET & SPICY SAUCE – 200g (Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



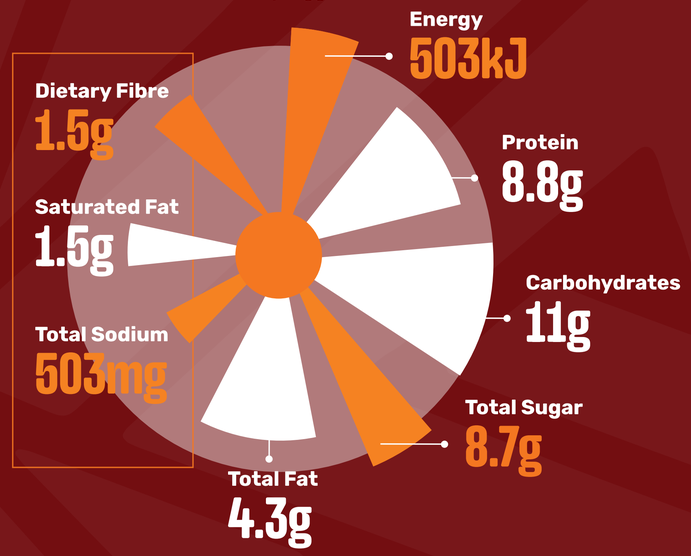
NEW YORK SIRLOIN WITH SWEET & SPICY SAUCE – 200g (Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



NEW YORK SIRLOIN WITH SWEET & SPICY SAUCE – 200g (Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



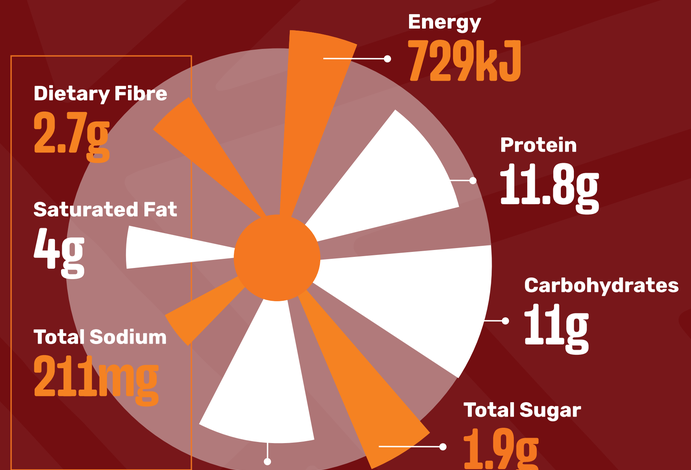
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

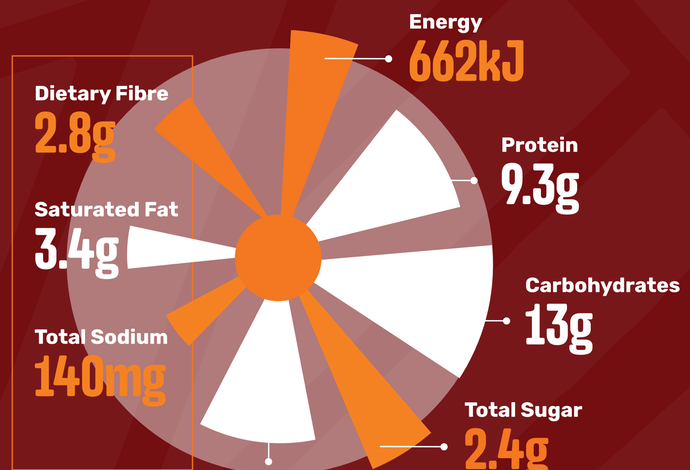
NEW YORK SIRLOIN – 300g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



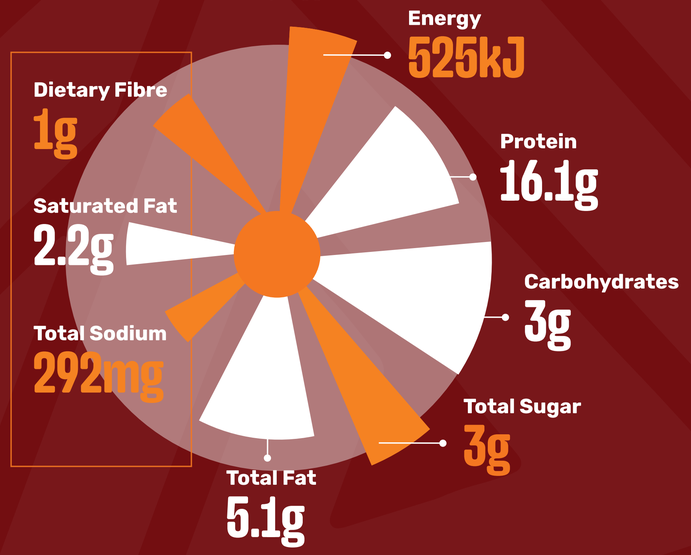
NEW YORK SIRLOIN – 300g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



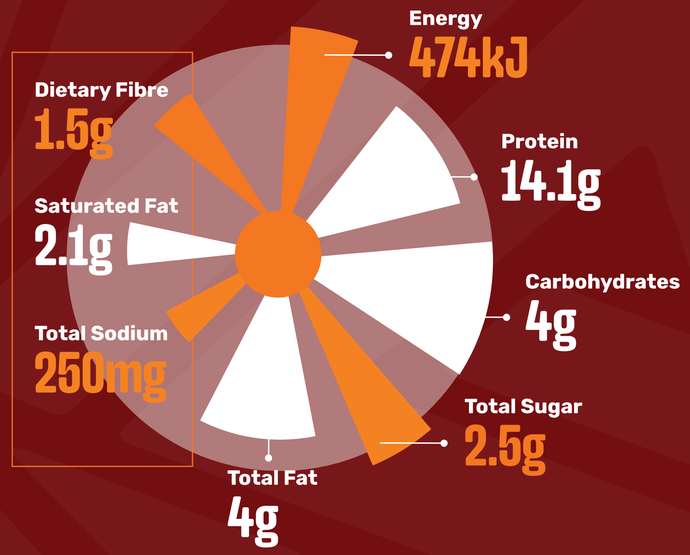
NEW YORK SIRLOIN – 300g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



NEW YORK SIRLOIN – 300g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



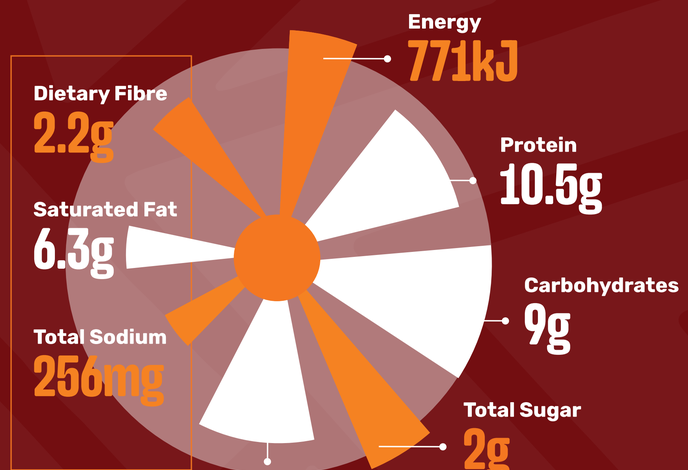
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

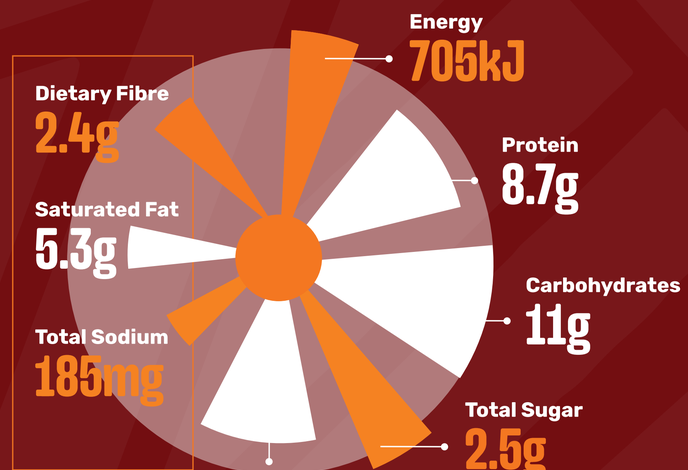
NEW YORK SIRLOIN WITH CHEESE SAUCE – 300g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



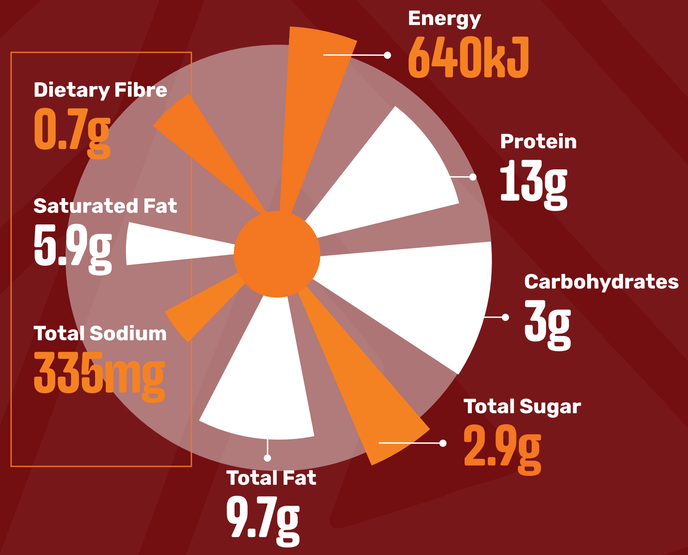
NEW YORK SIRLOIN WITH CHEESE SAUCE – 300g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



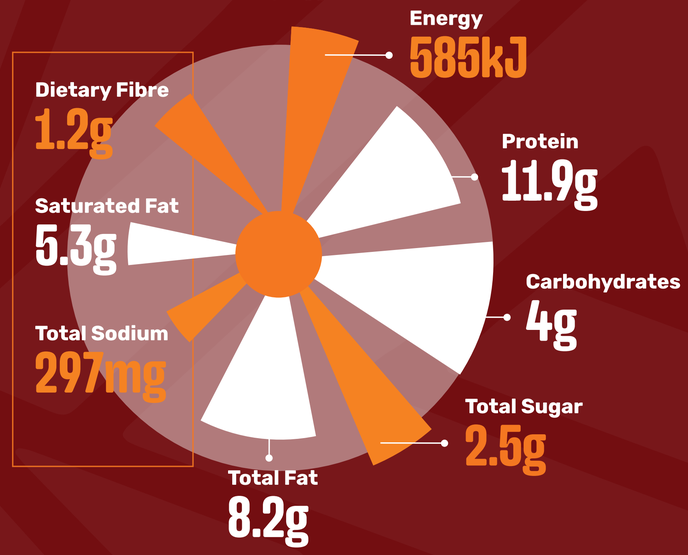
NEW YORK SIRLOIN WITH CHEESE SAUCE – 300g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



NEW YORK SIRLOIN WITH CHEESE SAUCE – 300g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



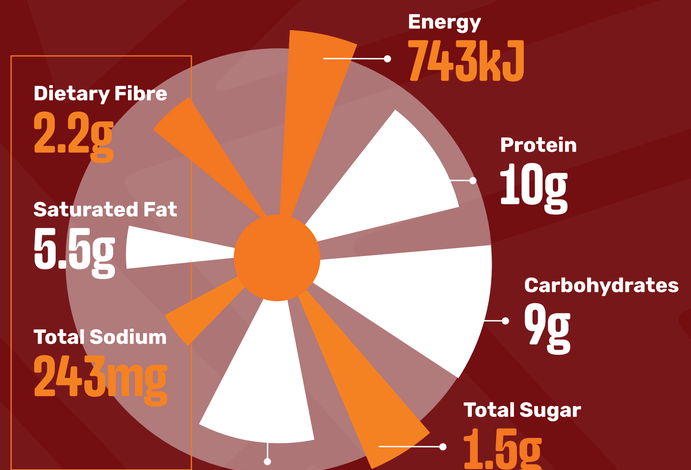
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

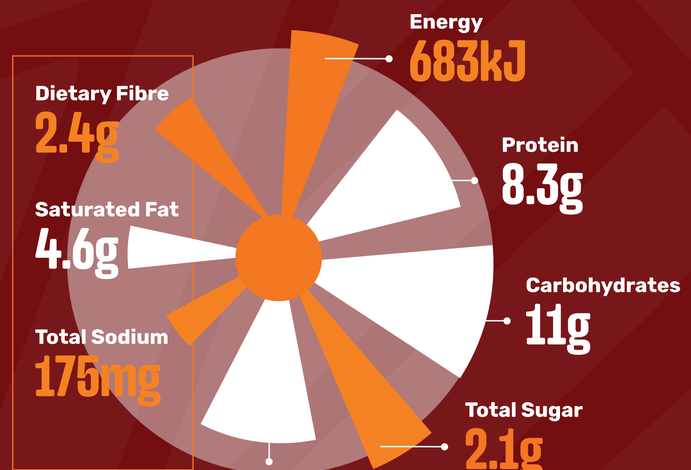
NEW YORK SIRLOIN WITH PEPPER SAUCE – 300g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



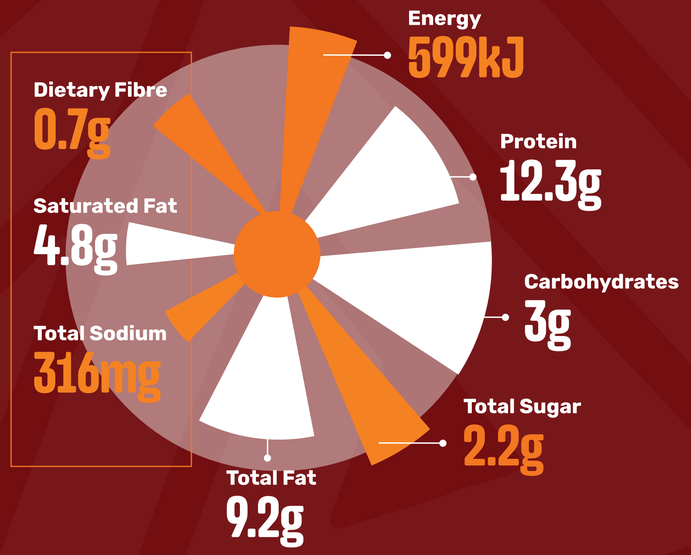
NEW YORK SIRLOIN WITH PEPPER SAUCE – 300g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



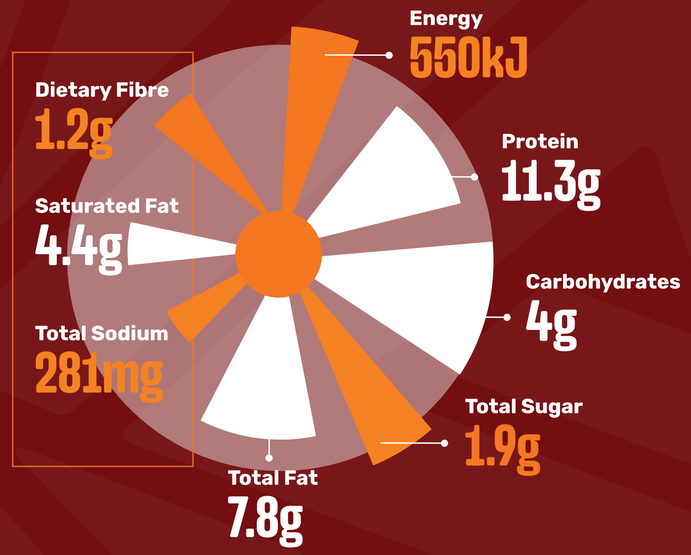
NEW YORK SIRLOIN WITH PEPPER SAUCE – 300g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



NEW YORK SIRLOIN WITH PEPPER SAUCE – 300g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



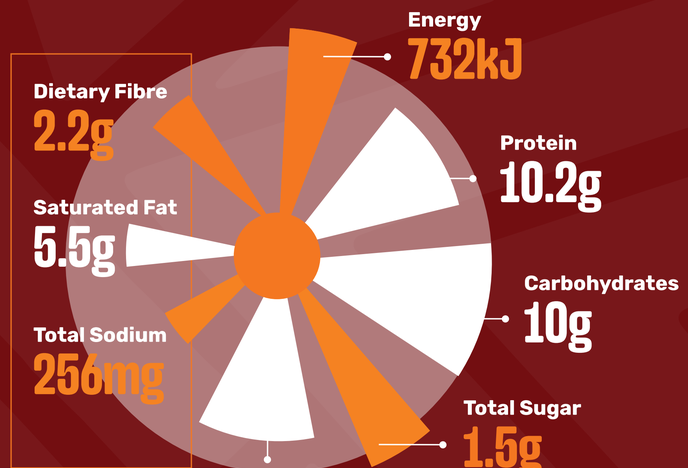
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

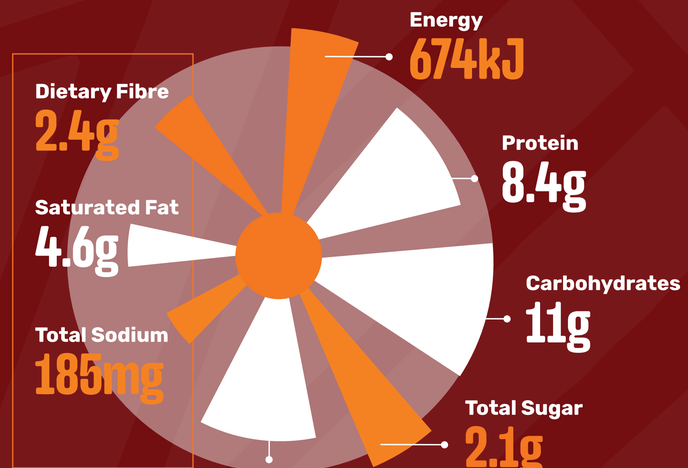
NEW YORK SIRLOIN WITH GARLIC SAUCE – 300g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



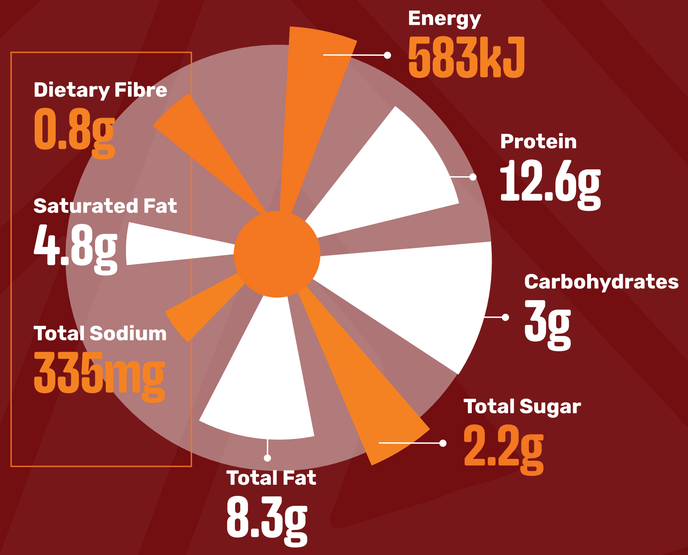
NEW YORK SIRLOIN WITH GARLIC SAUCE – 300g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



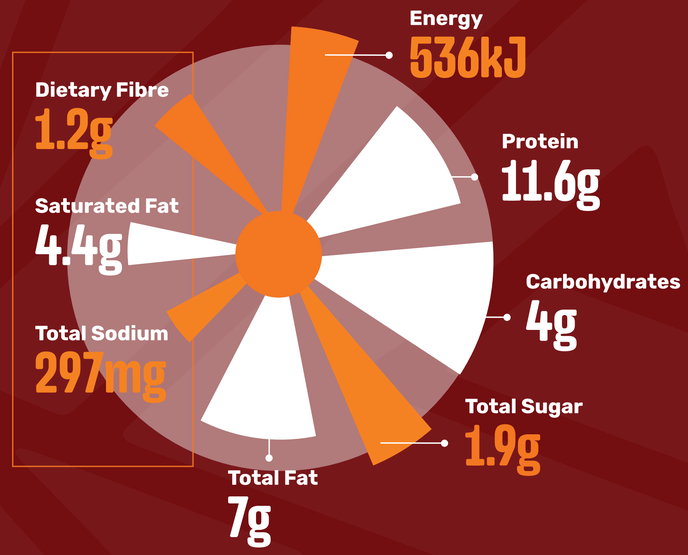
NEW YORK SIRLOIN WITH GARLIC SAUCE – 300g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



NEW YORK SIRLOIN WITH GARLIC SAUCE – 300g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



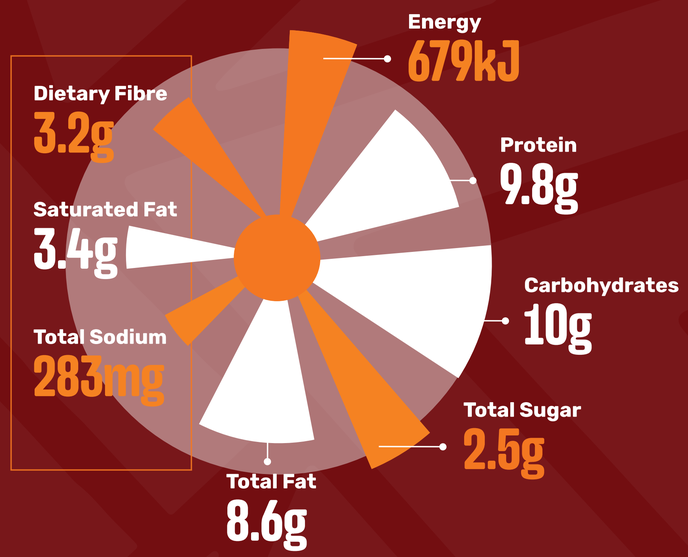
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

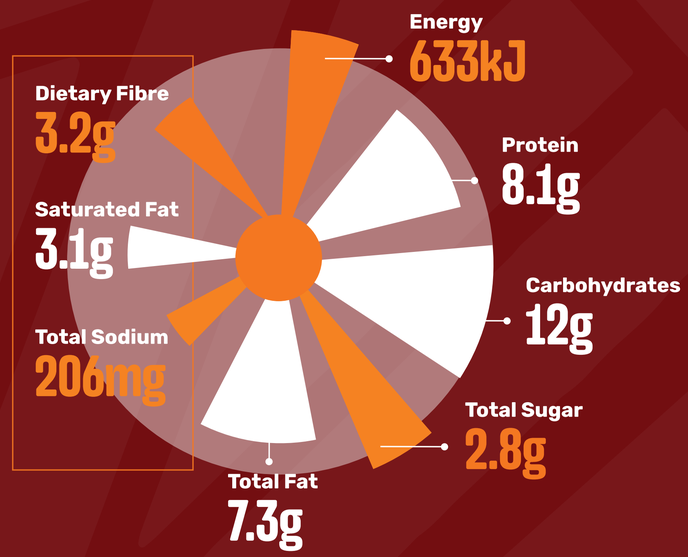
NEW YORK SIRLOIN WITH PERI-PERI SAUCE – 300g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



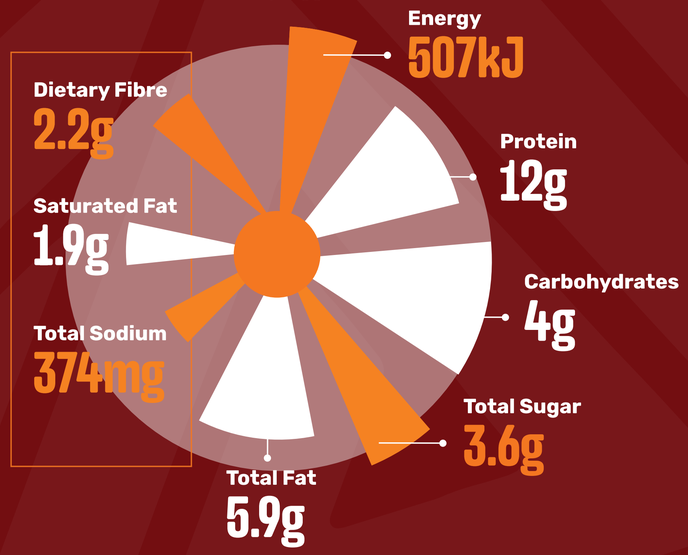
NEW YORK SIRLOIN WITH PERI-PERI SAUCE – 300g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



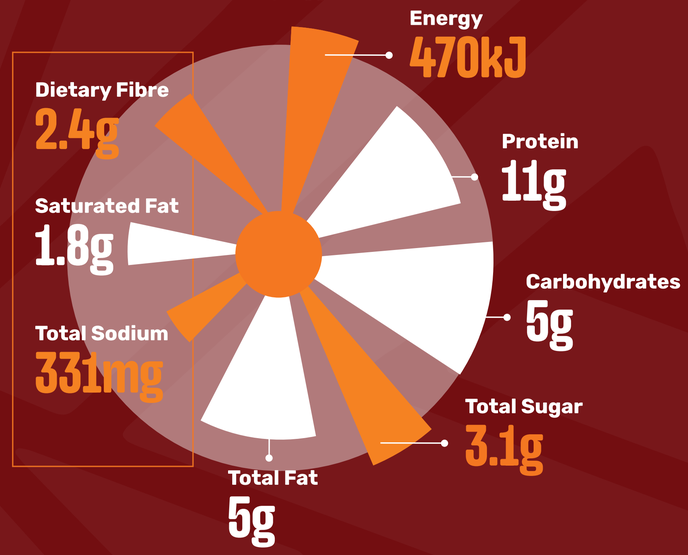
NEW YORK SIRLOIN WITH PERI-PERI SAUCE – 300g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



NEW YORK SIRLOIN WITH PERI-PERI SAUCE – 300g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



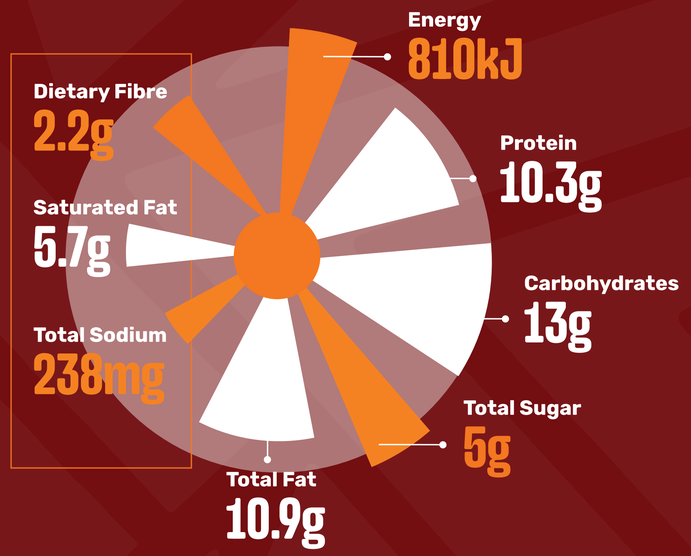
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

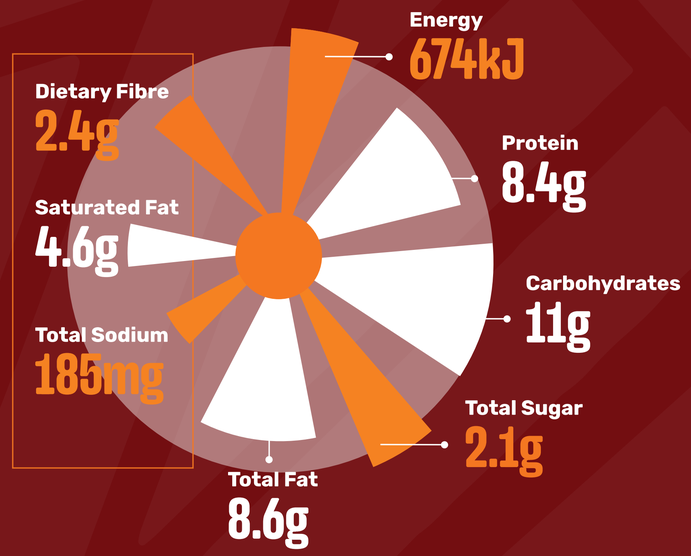
NEW YORK SIRLOIN WITH CHEESY GARLIC SAUCE – 300g (Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



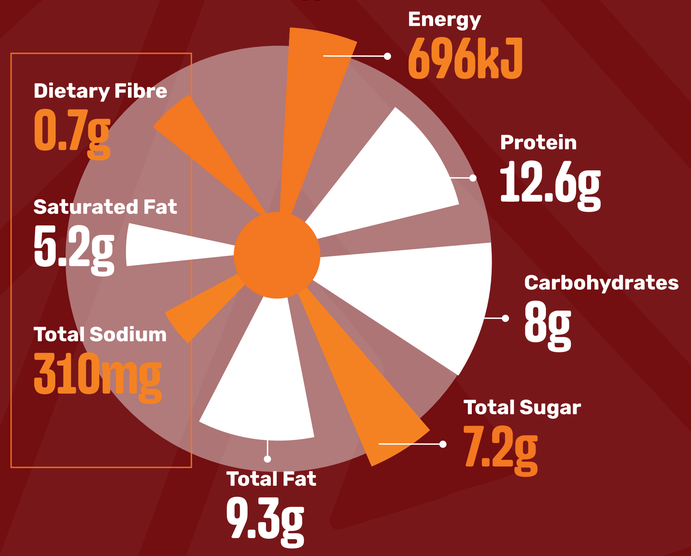
NEW YORK SIRLOIN WITH CHEESY GARLIC SAUCE – 300g (Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



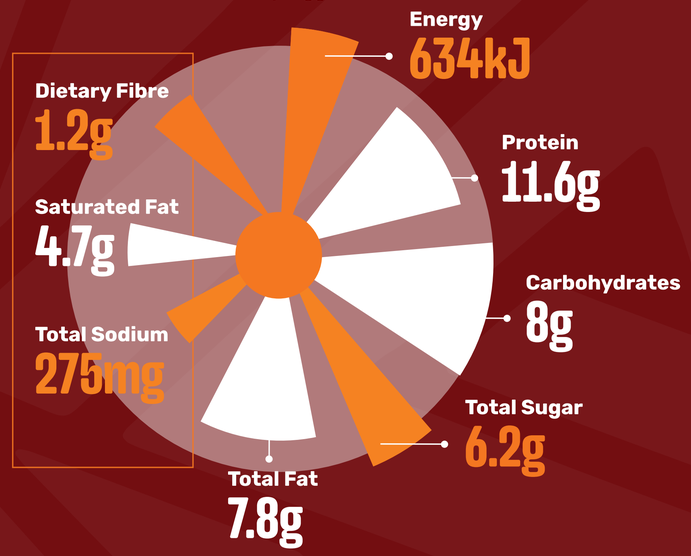
NEW YORK SIRLOIN WITH CHEESY GARLIC SAUCE – 300g (Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



NEW YORK SIRLOIN WITH CHEESY GARLIC SAUCE – 300g (Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



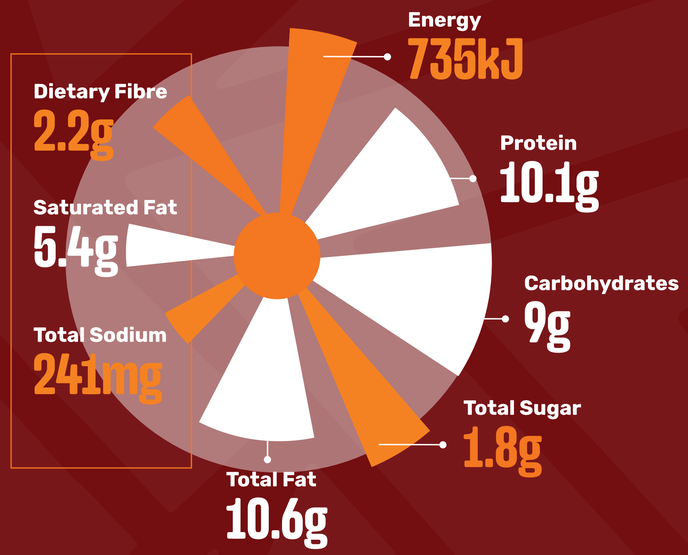
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

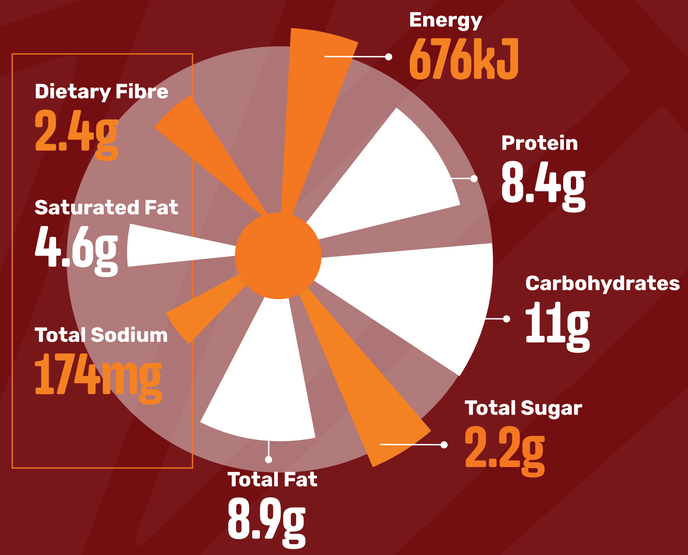
NEW YORK SIRLOIN WITH MUSHROOM SAUCE – 300g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



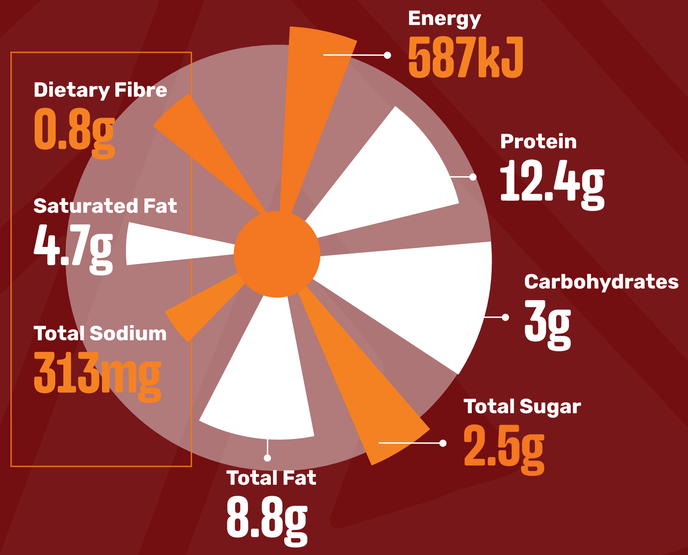
NEW YORK SIRLOIN WITH MUSHROOM SAUCE – 300g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



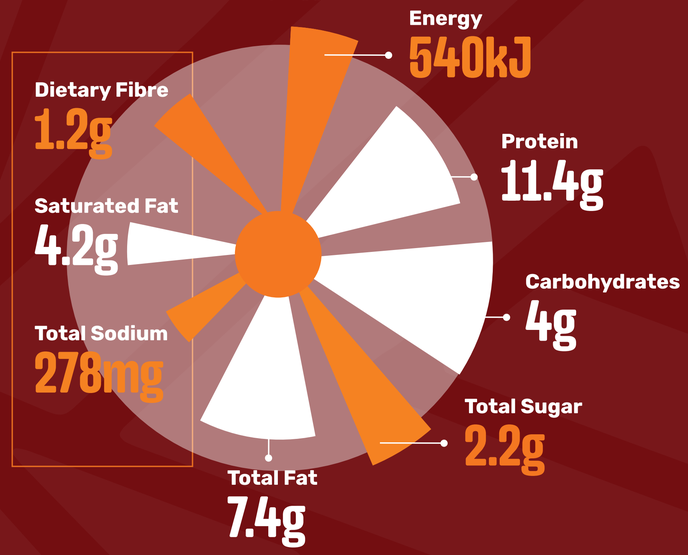
NEW YORK SIRLOIN WITH MUSHROOM SAUCE – 300g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



NEW YORK SIRLOIN WITH MUSHROOM SAUCE – 300g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



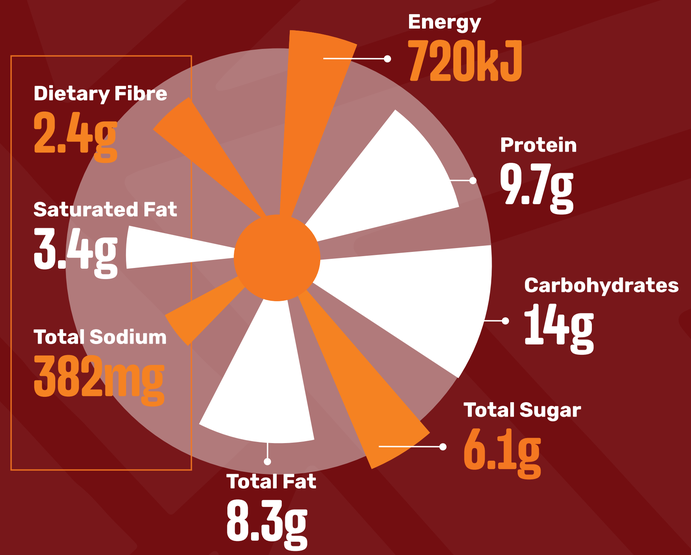
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

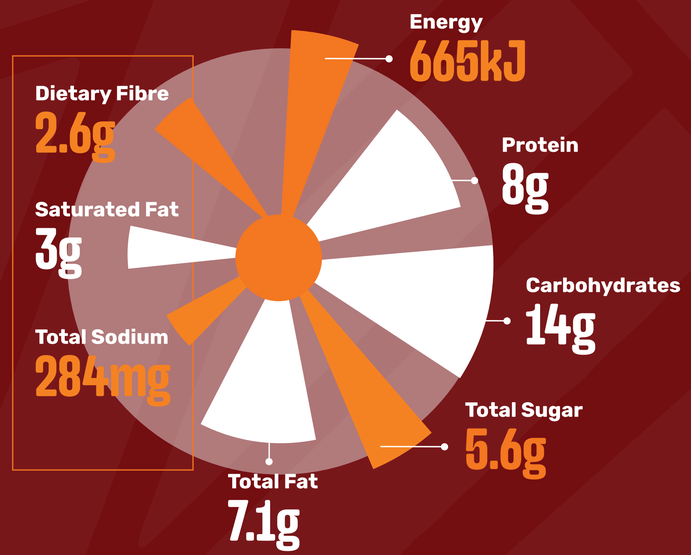
NEW YORK SIRLOIN WITH SWEET & SPICY SAUCE – 300g (Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



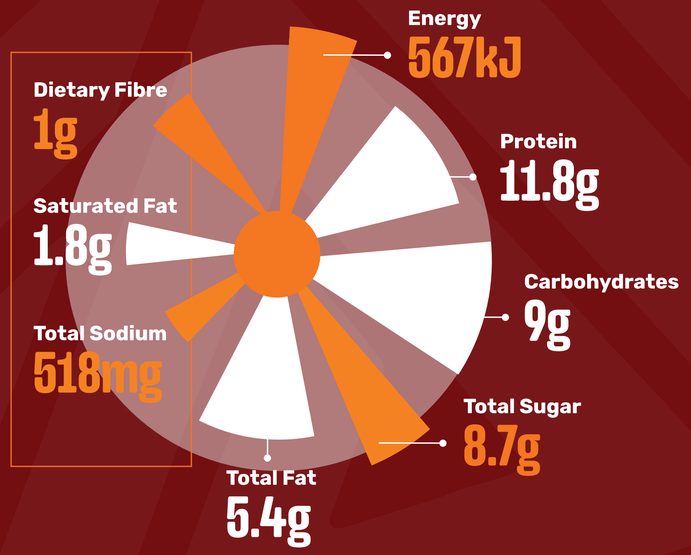
NEW YORK SIRLOIN WITH SWEET & SPICY SAUCE – 300g (Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



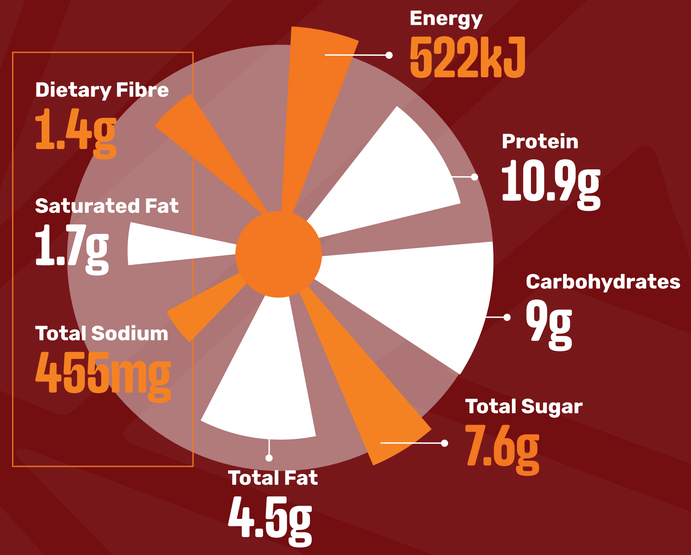
NEW YORK SIRLOIN WITH SWEET & SPICY SAUCE – 300g (Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



NEW YORK SIRLOIN WITH SWEET & SPICY SAUCE – 300g (Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



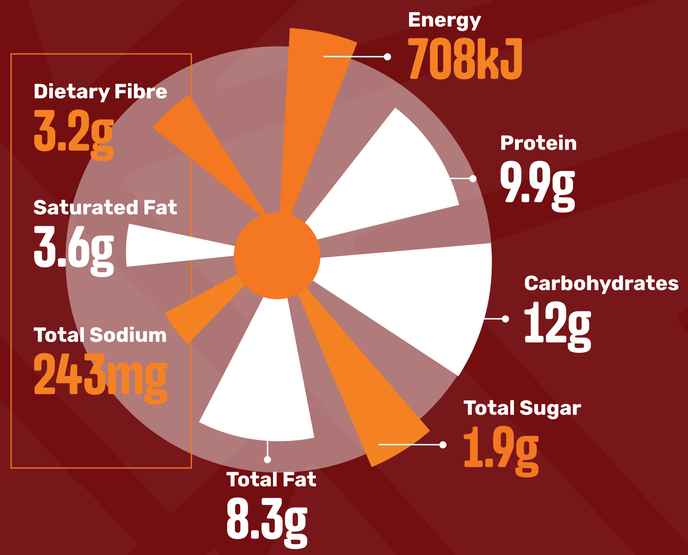
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

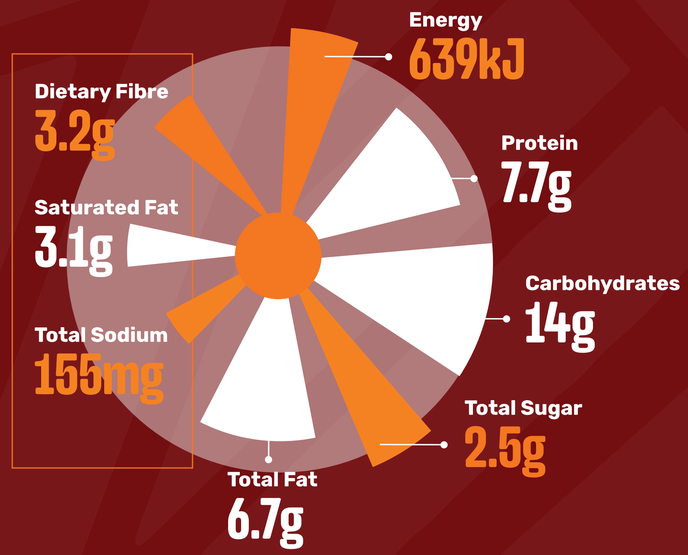
FILLET – 200g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



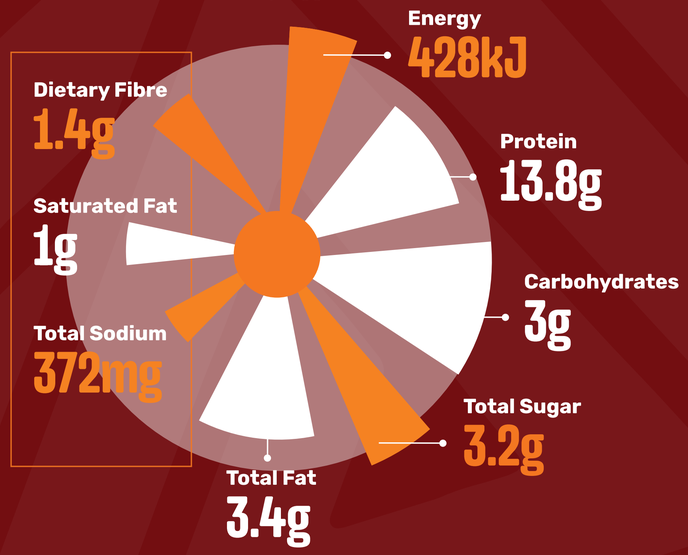
FILLET – 200g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



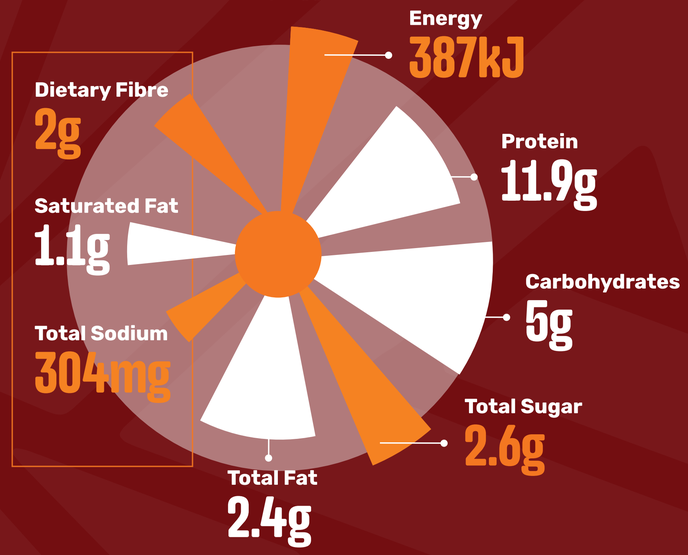
FILLET – 200g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



FILLET – 200g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



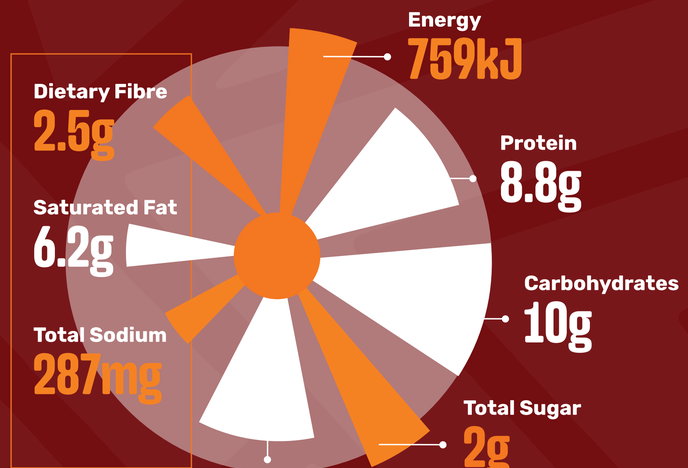
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

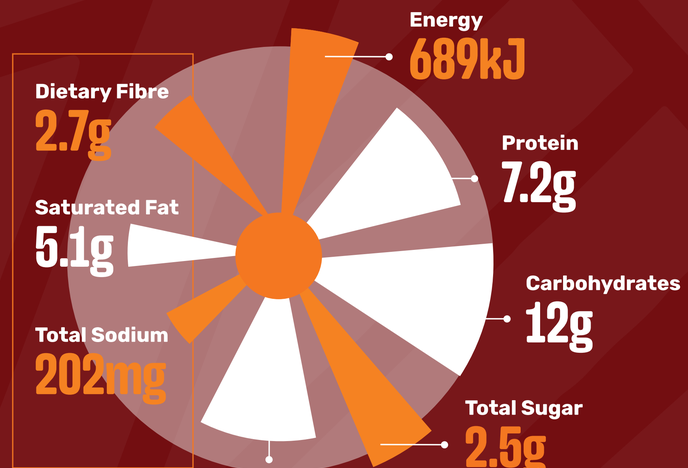
FILLET WITH CHEESE SAUCE – 200g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



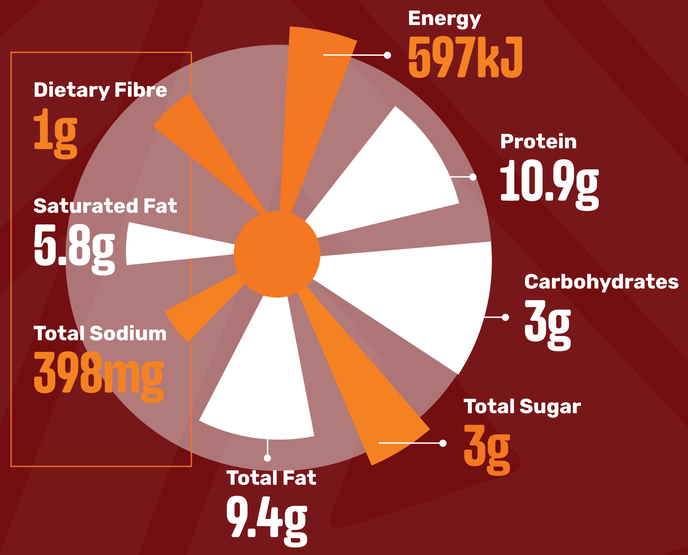
FILLET WITH CHEESE SAUCE – 200g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



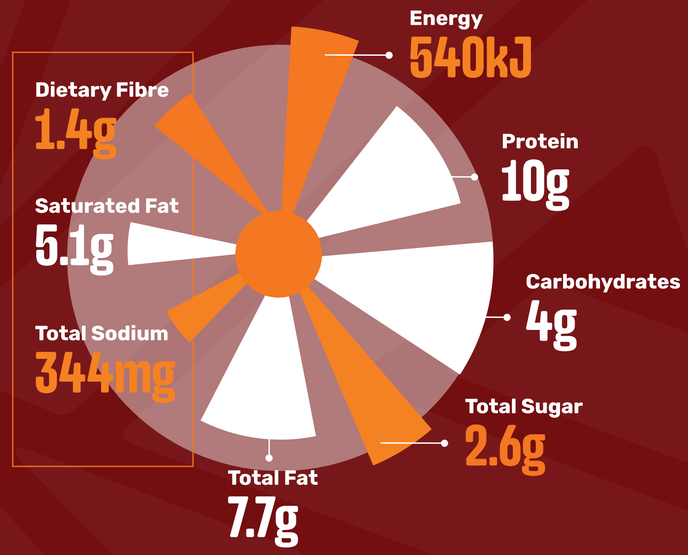
FILLET WITH CHEESE SAUCE – 200g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



FILLET WITH CHEESE SAUCE – 200g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



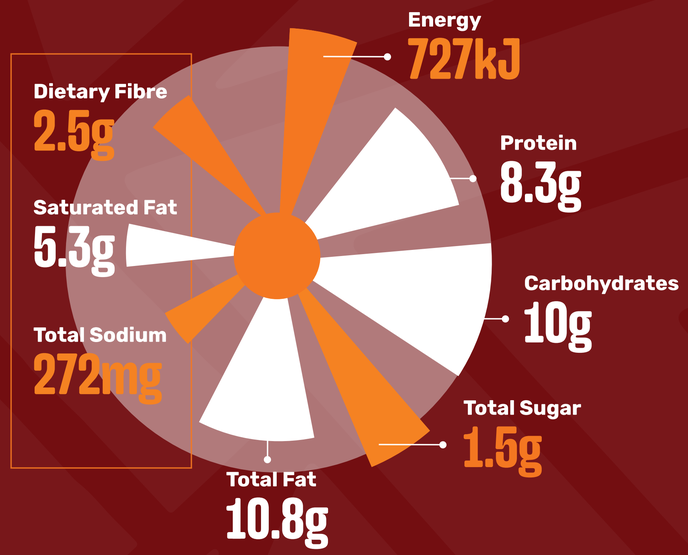
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

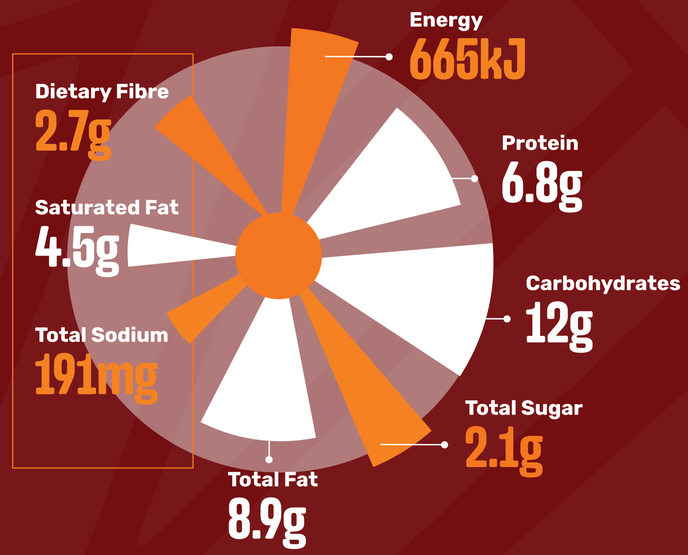
FILLET WITH PEPPER SAUCE – 200g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



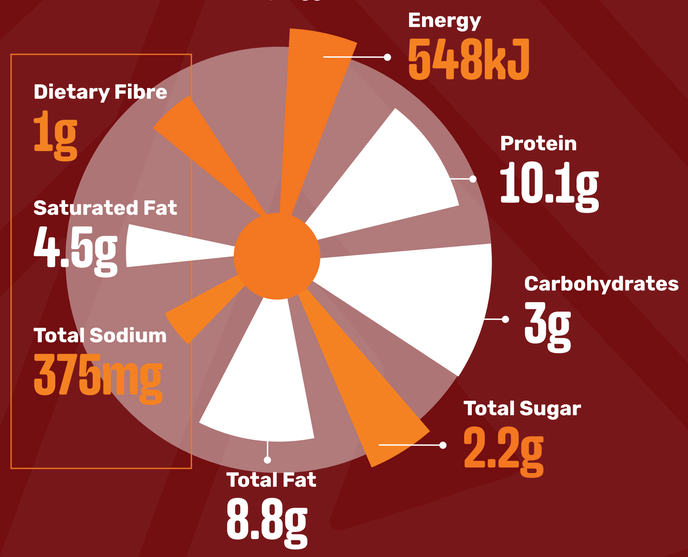
FILLET WITH PEPPER SAUCE – 200g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



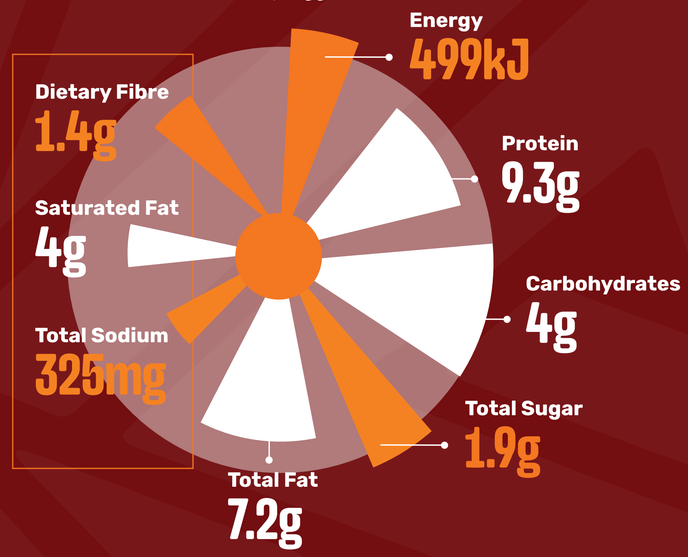
FILLET WITH PEPPER SAUCE – 200g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



FILLET WITH PEPPER SAUCE – 200g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



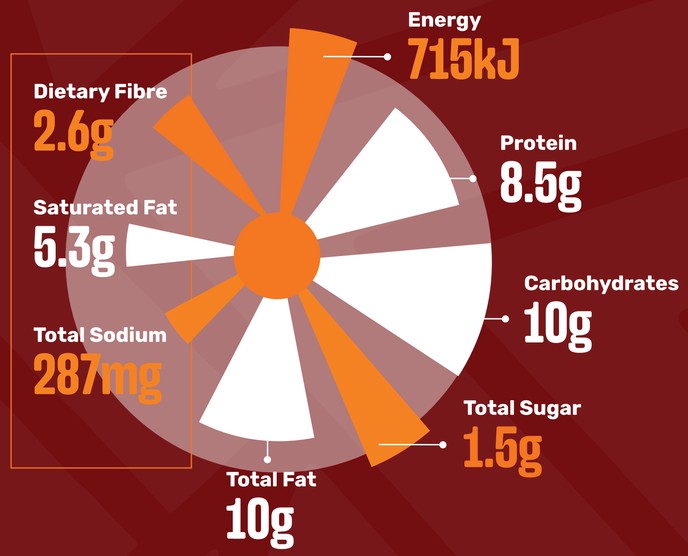
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

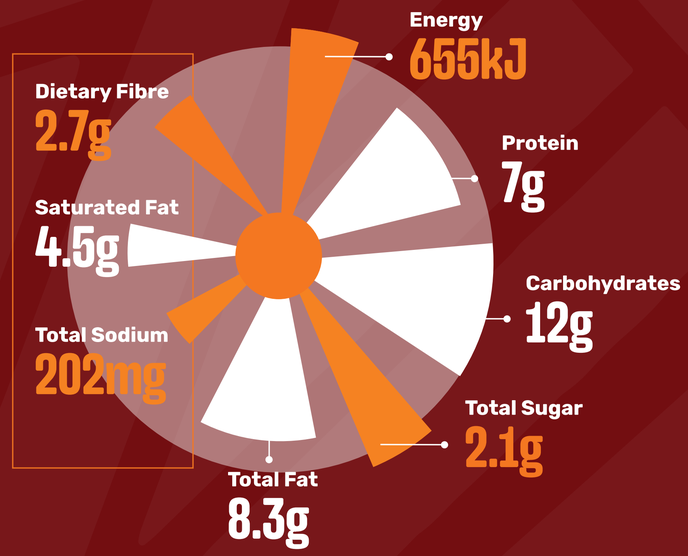
FILLET WITH GARLIC SAUCE – 200g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



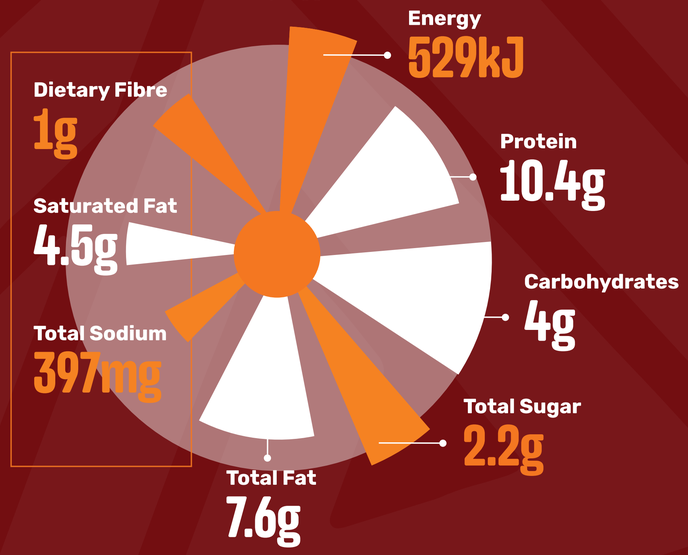
FILLET WITH GARLIC SAUCE – 200g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



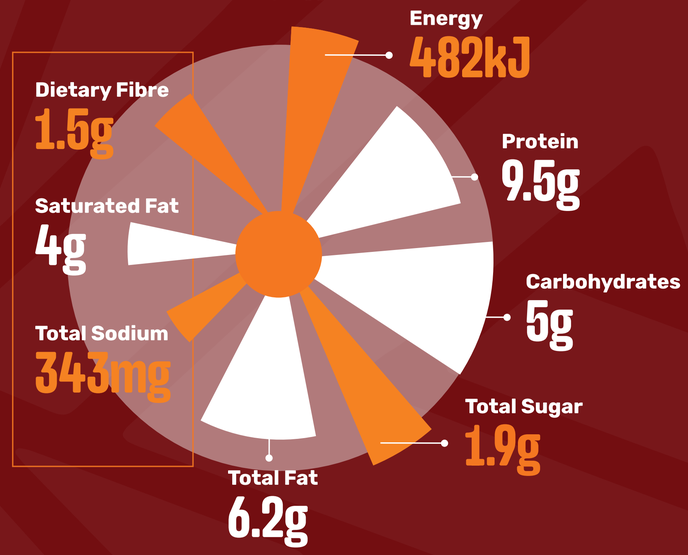
FILLET WITH GARLIC SAUCE – 200g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



FILLET WITH GARLIC SAUCE – 200g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



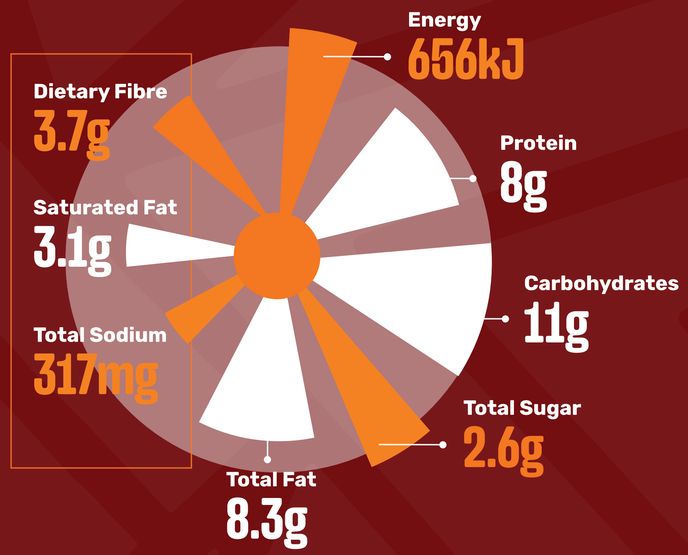
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

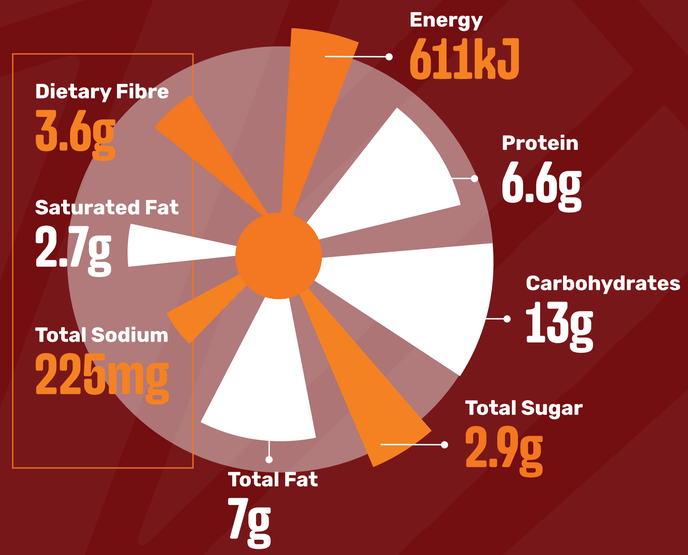
FILLET WITH PERI-PERI SAUCE – 200g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



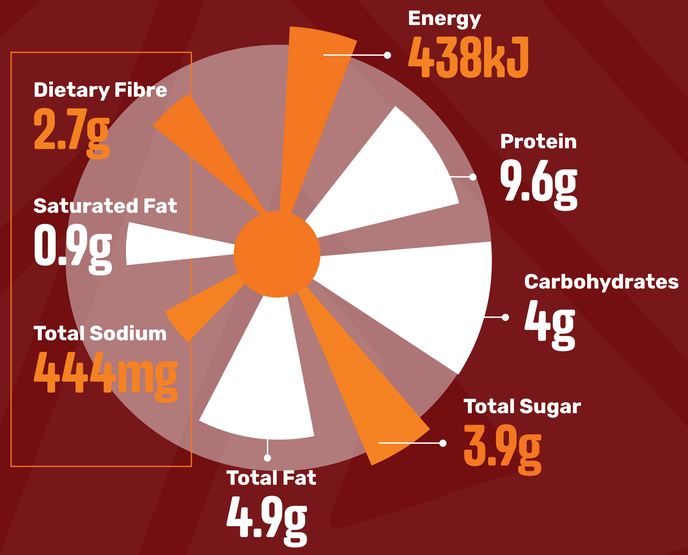
FILLET WITH PERI-PERI SAUCE – 200g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



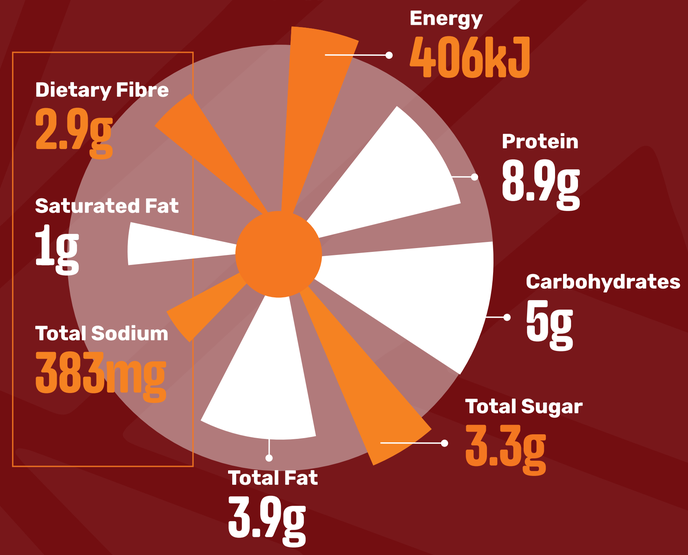
FILLET WITH PERI-PERI SAUCE – 200g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



FILLET WITH PERI-PERI SAUCE – 200g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



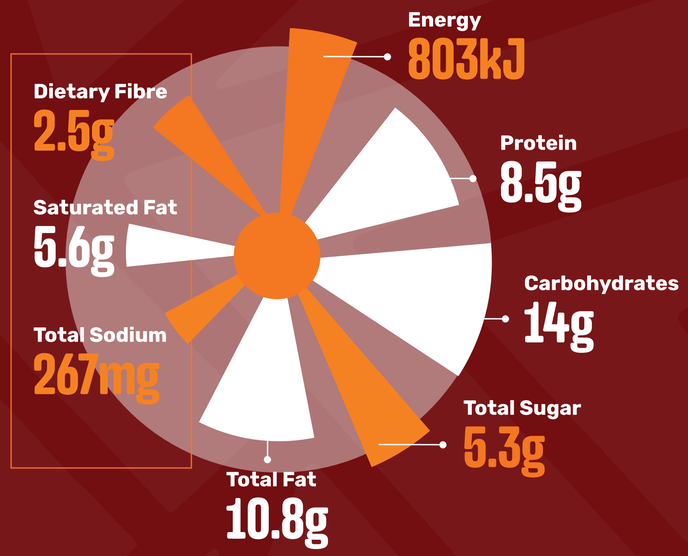
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

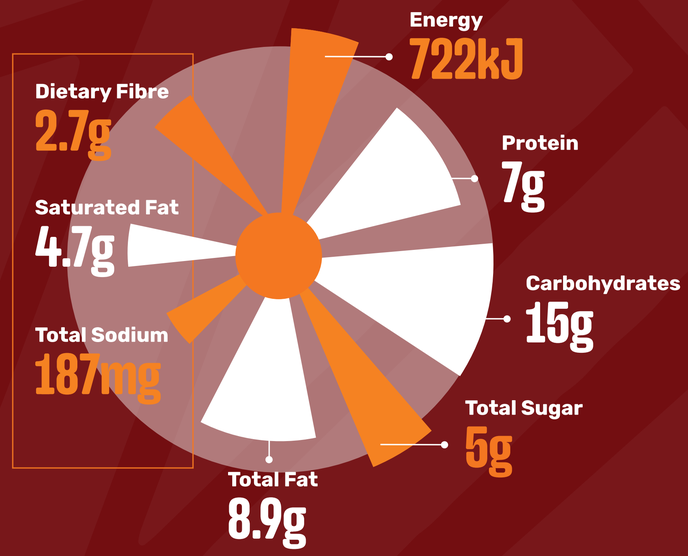
FILLET WITH CHEESY GARLIC SAUCE – 200g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



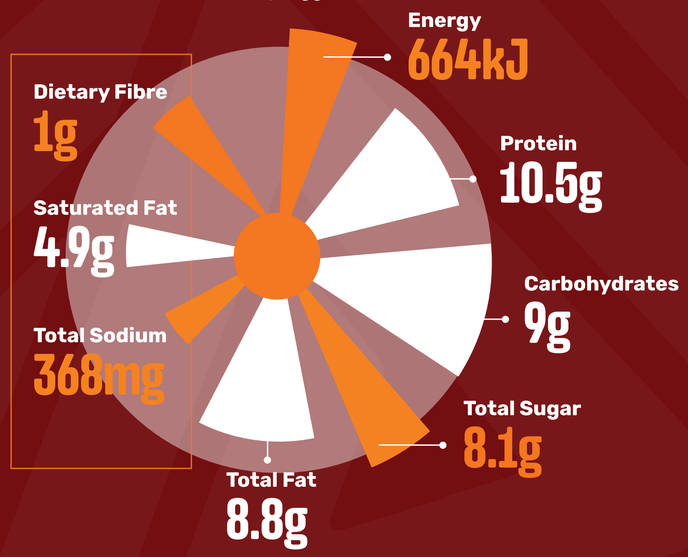
FILLET WITH CHEESY GARLIC SAUCE – 200g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



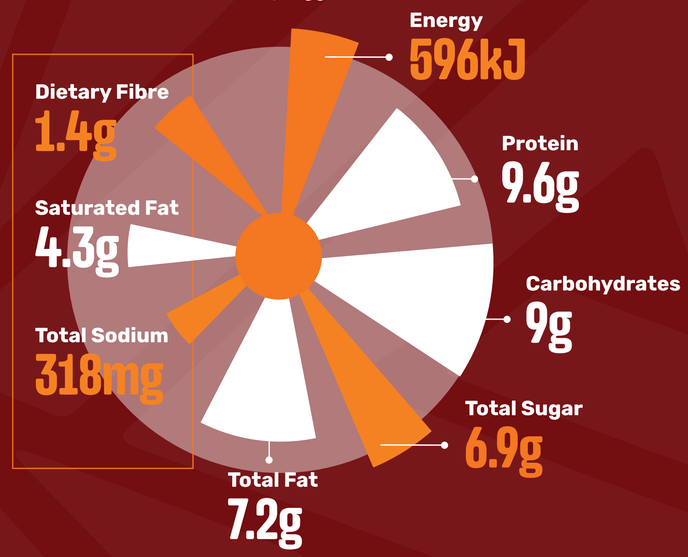
FILLET WITH CHEESY GARLIC SAUCE – 200g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



FILLET WITH CHEESY GARLIC SAUCE – 200g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



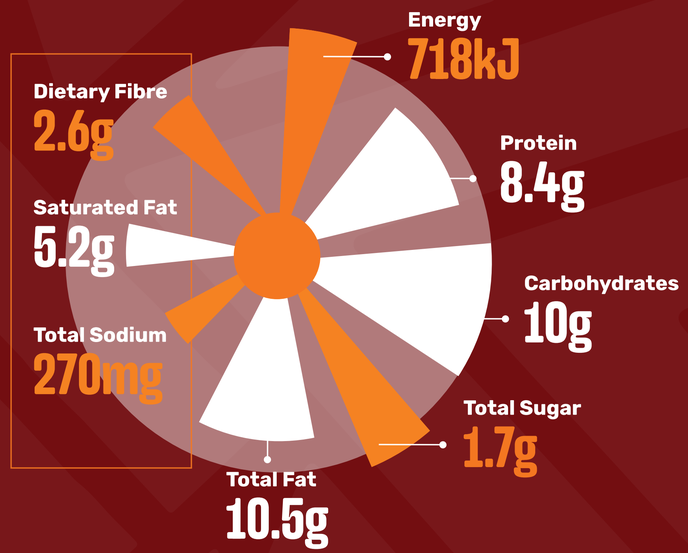
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

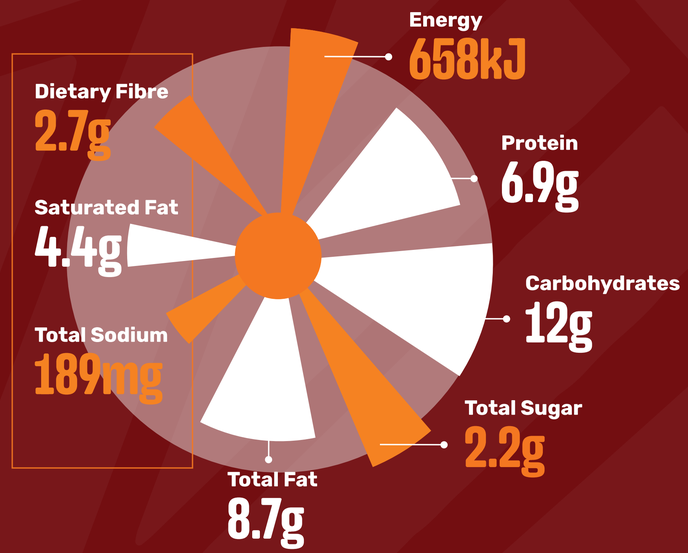
FILLET WITH MUSHROOM SAUCE – 200g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



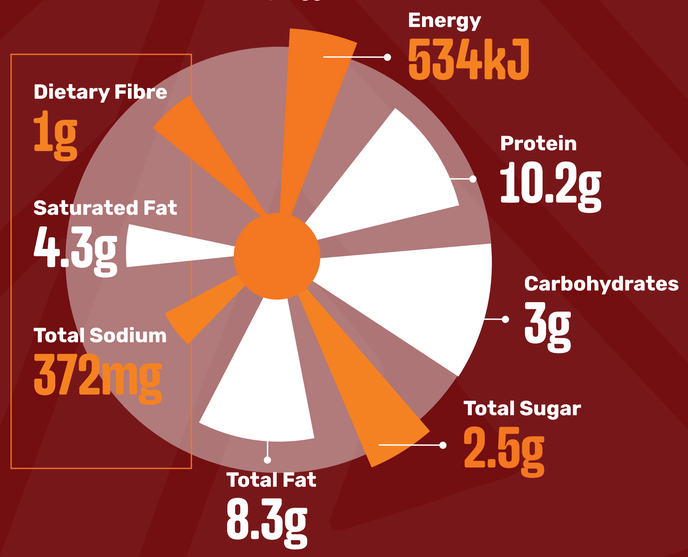
FILLET WITH MUSHROOM SAUCE – 200g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



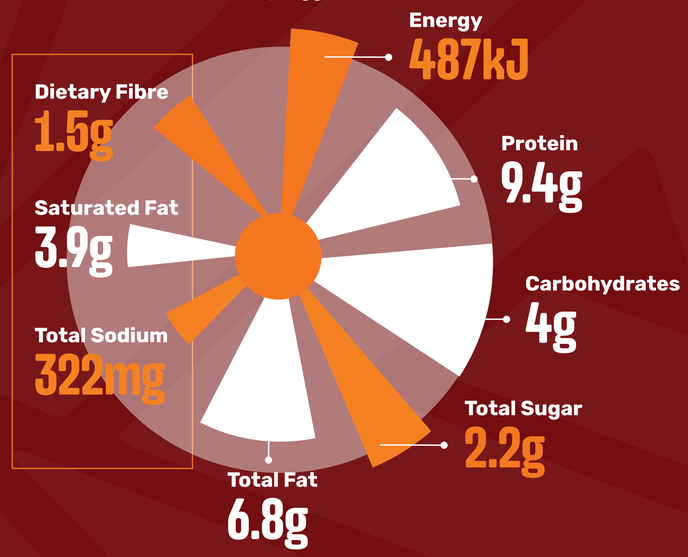
FILLET WITH MUSHROOM SAUCE – 200g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



FILLET WITH MUSHROOM SAUCE – 200g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



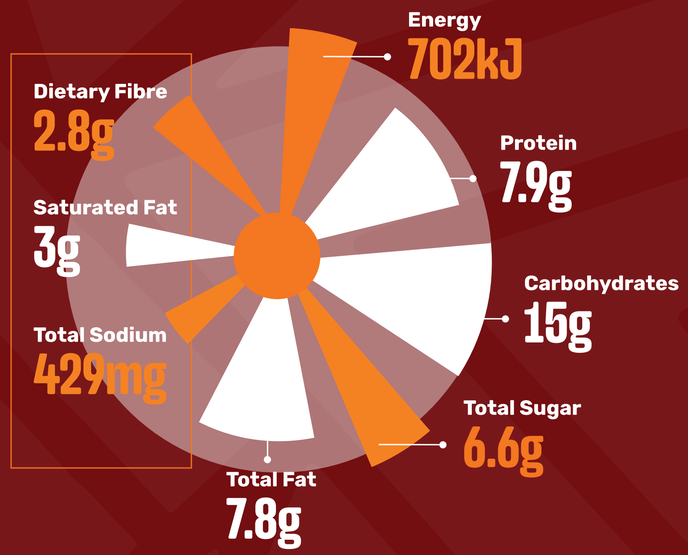
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

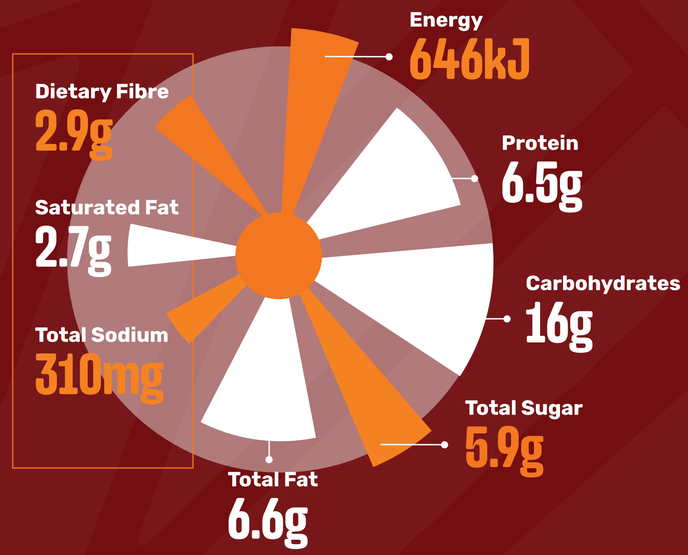
FILLET WITH SWEET & SPICY SAUCE – 200g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



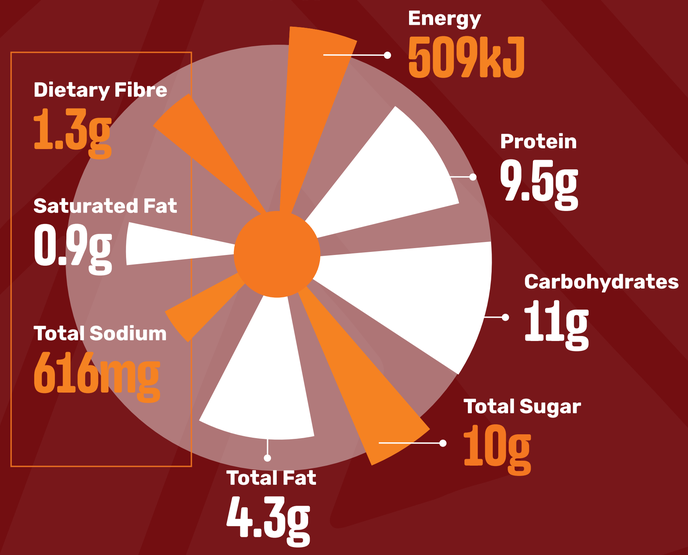
FILLET WITH SWEET & SPICY SAUCE – 200g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



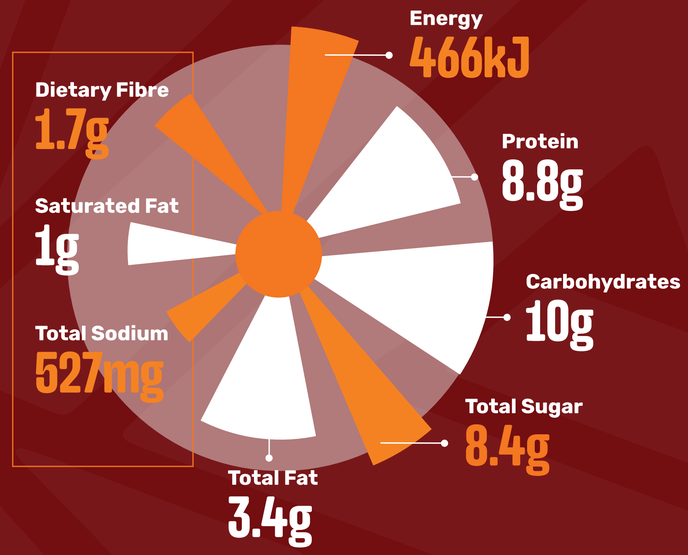
FILLET WITH SWEET & SPICY SAUCE – 200g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



FILLET WITH SWEET & SPICY SAUCE – 200g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



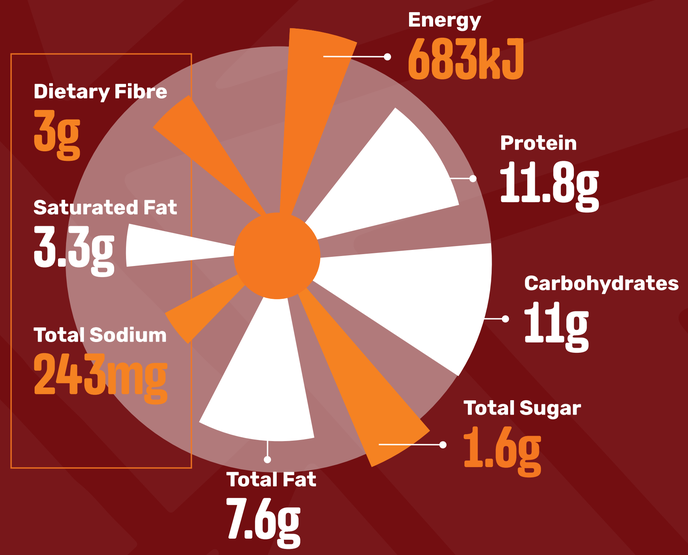
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

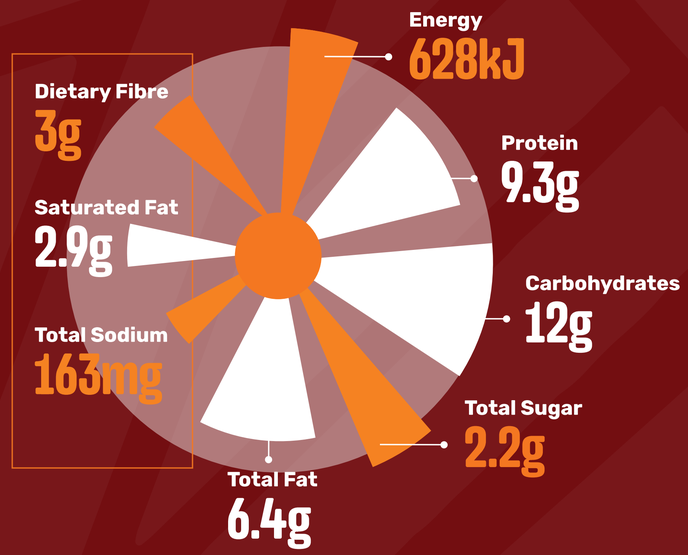
FILLET – 300g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



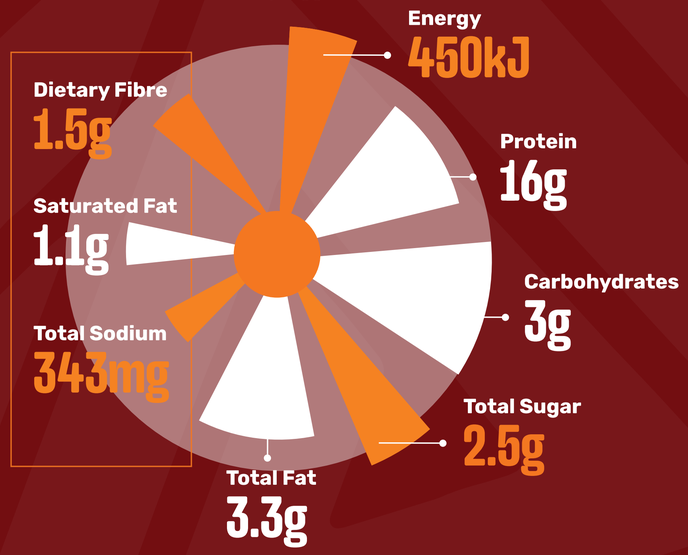
FILLET – 300g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



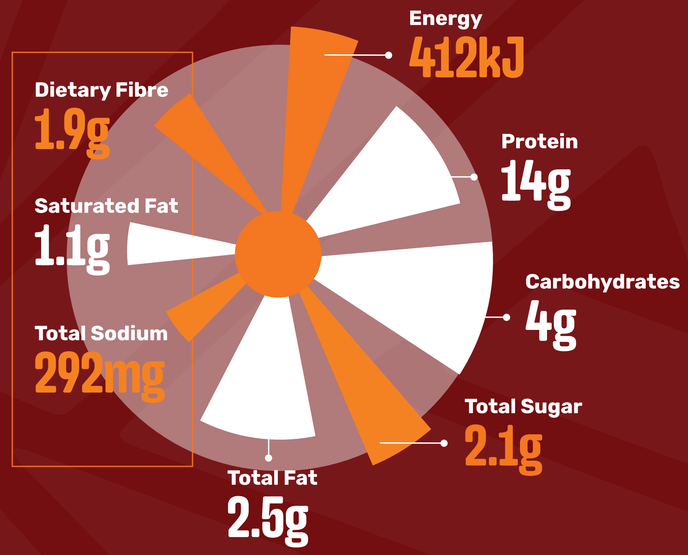
FILLET – 300g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



FILLET – 300g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



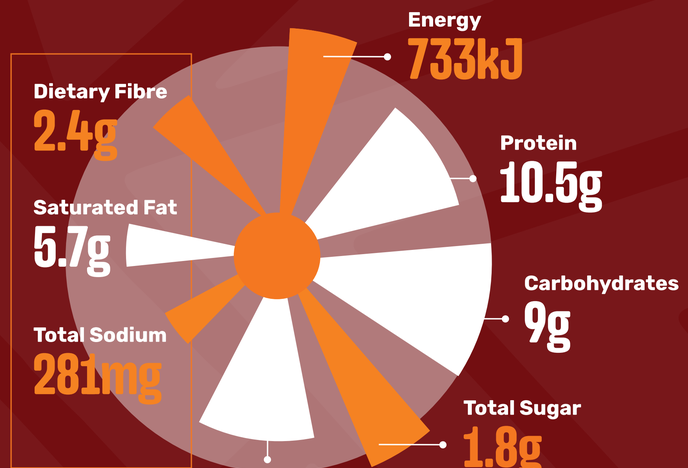
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

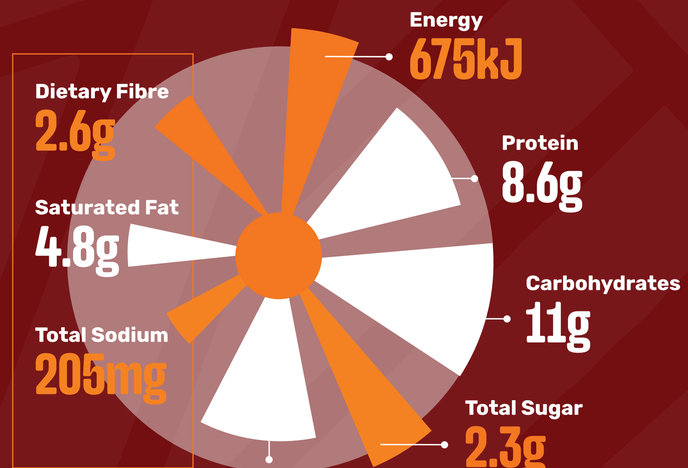
FILLET WITH CHEESE SAUCE – 300g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



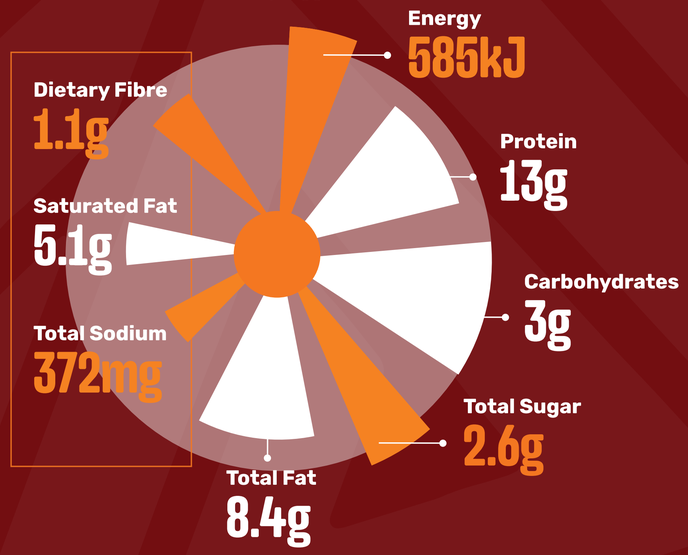
FILLET WITH CHEESE SAUCE – 300g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



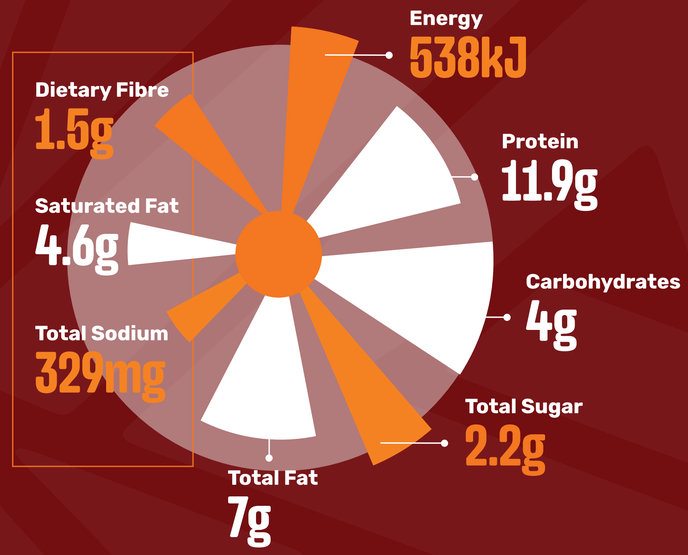
FILLET WITH CHEESE SAUCE – 300g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



FILLET WITH CHEESE SAUCE – 300g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



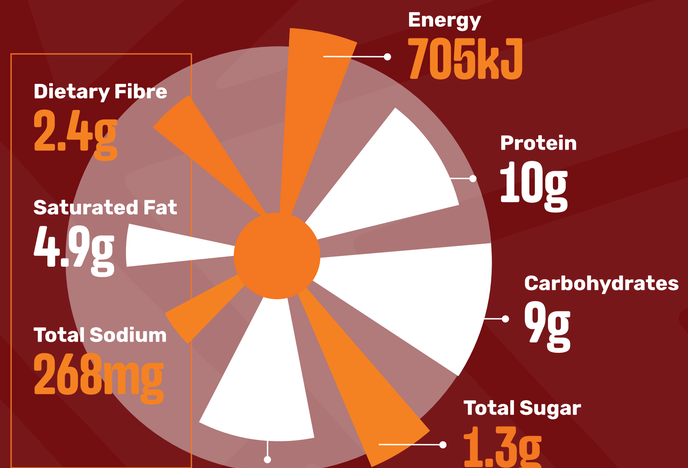
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

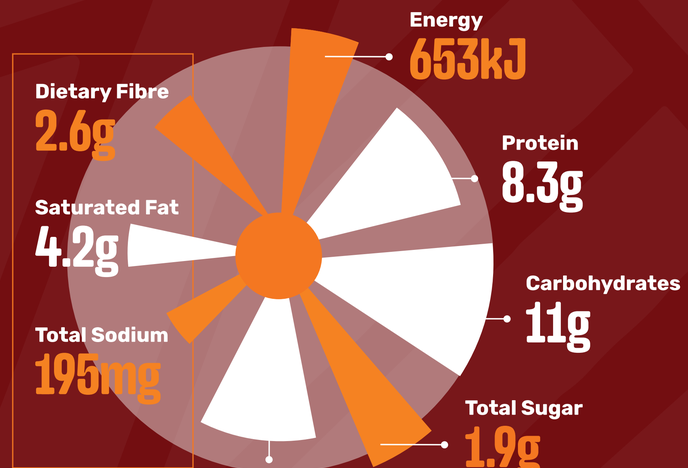
FILLET WITH PEPPER SAUCE – 300g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



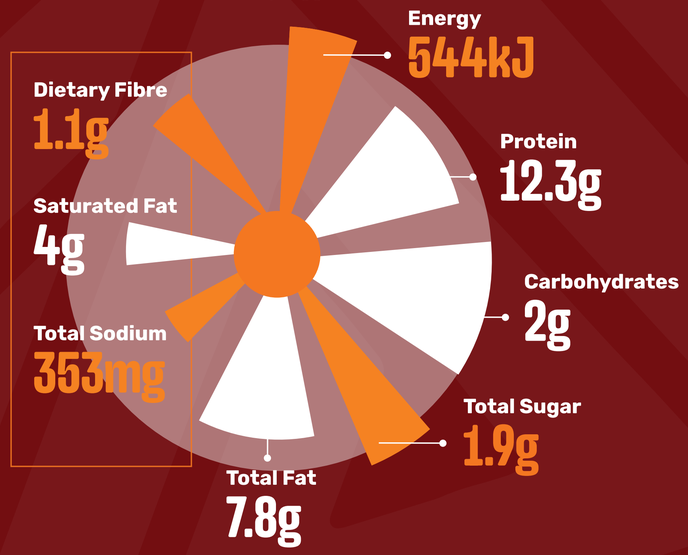
FILLET WITH PEPPER SAUCE – 300g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



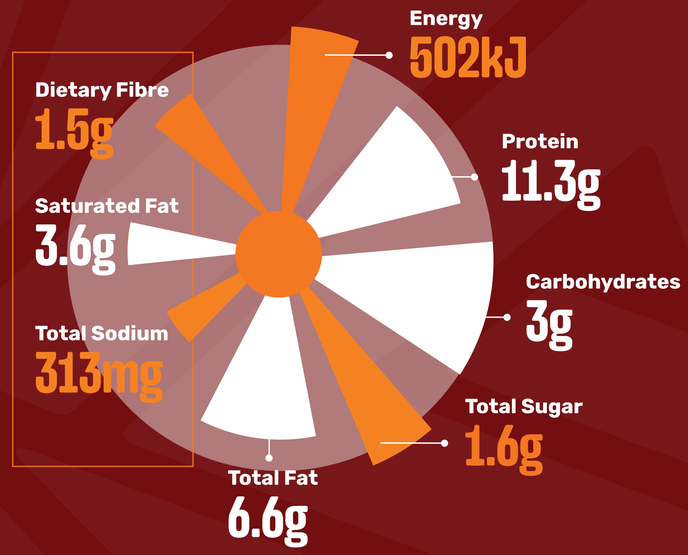
FILLET WITH PEPPER SAUCE – 300g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



FILLET WITH PEPPER SAUCE – 300g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



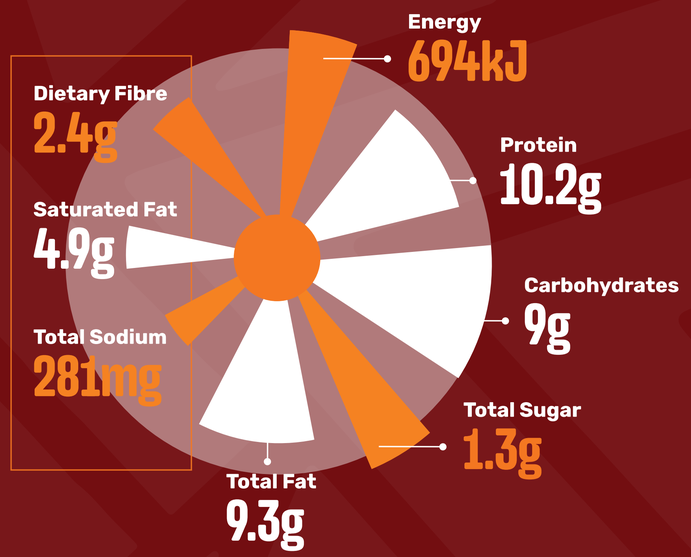
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

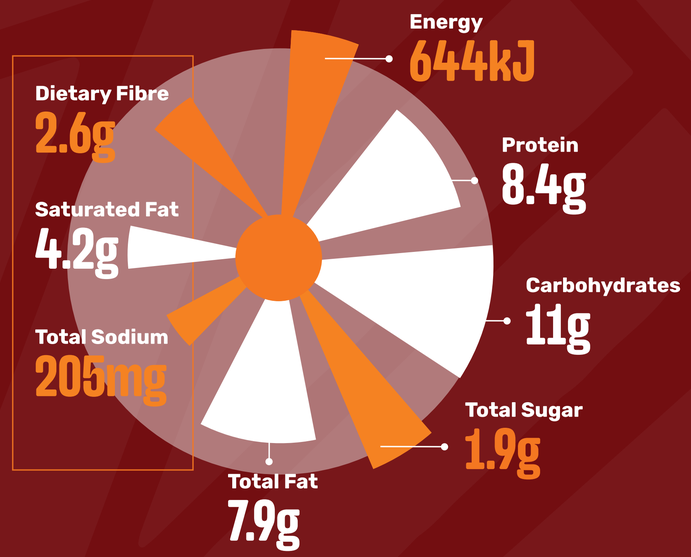
FILLET WITH GARLIC SAUCE – 300g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



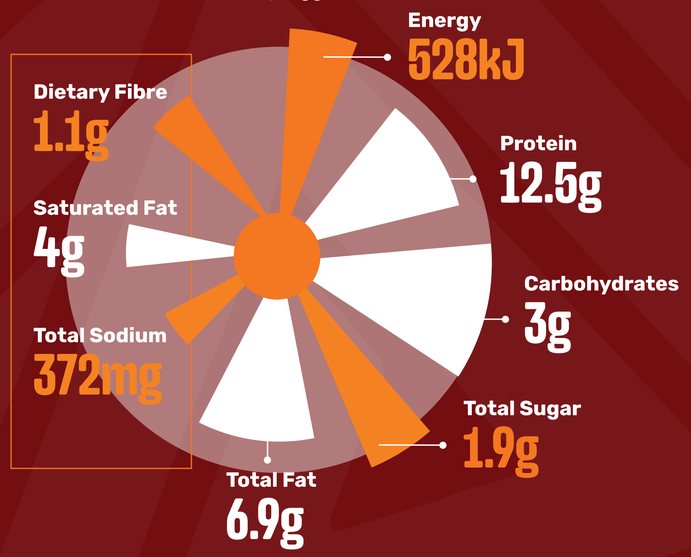
FILLET WITH GARLIC SAUCE – 300g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



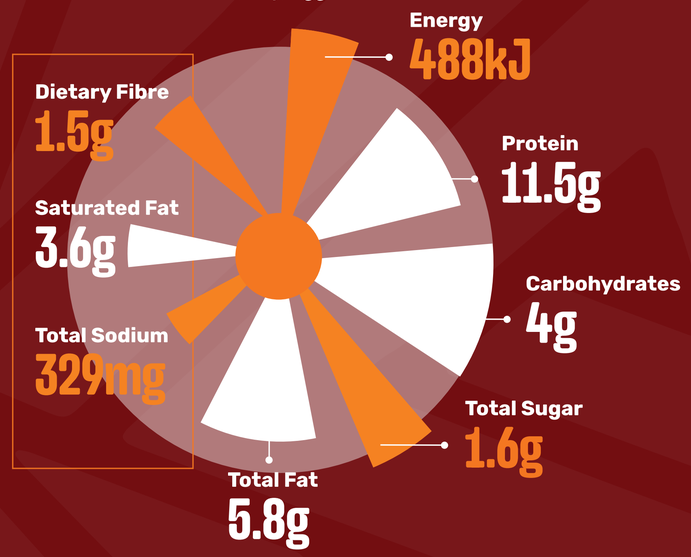
FILLET WITH GARLIC SAUCE – 300g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



FILLET WITH GARLIC SAUCE – 300g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



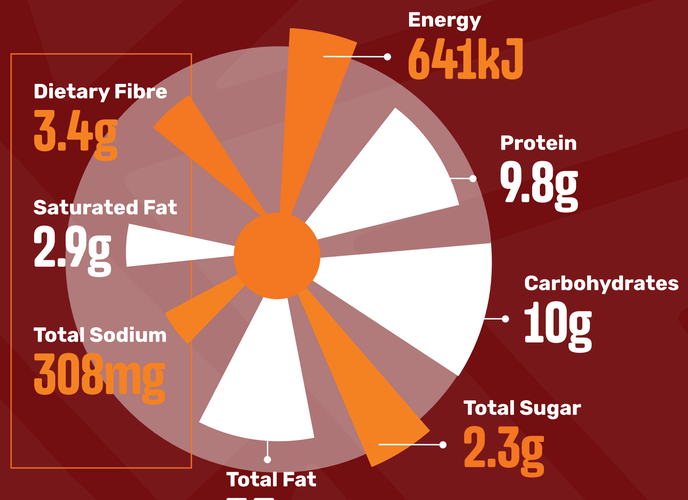
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

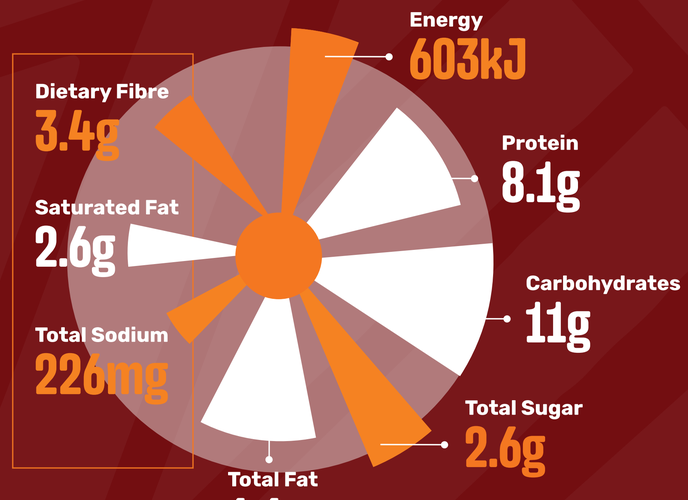
FILLET WITH PERI-PERI SAUCE – 300g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



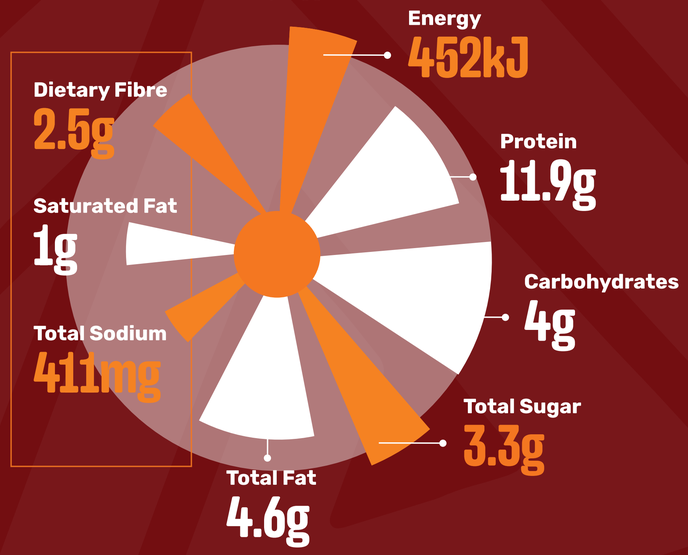
FILLET WITH PERI-PERI SAUCE – 300g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



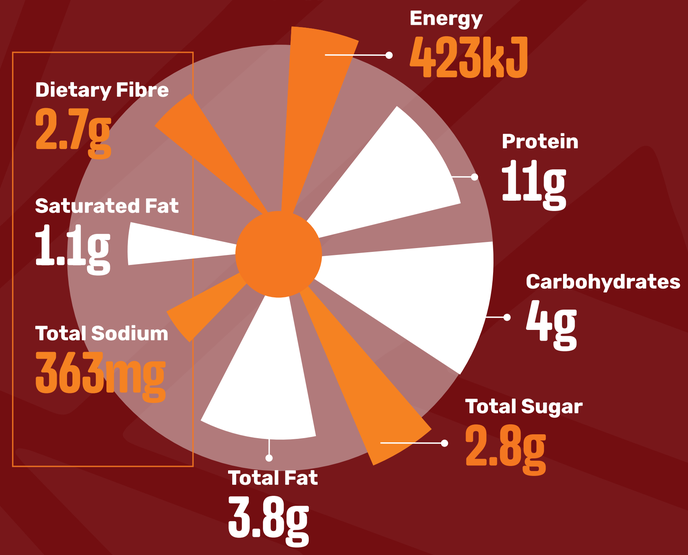
FILLET WITH PERI-PERI SAUCE – 300g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



FILLET WITH PERI-PERI SAUCE – 300g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



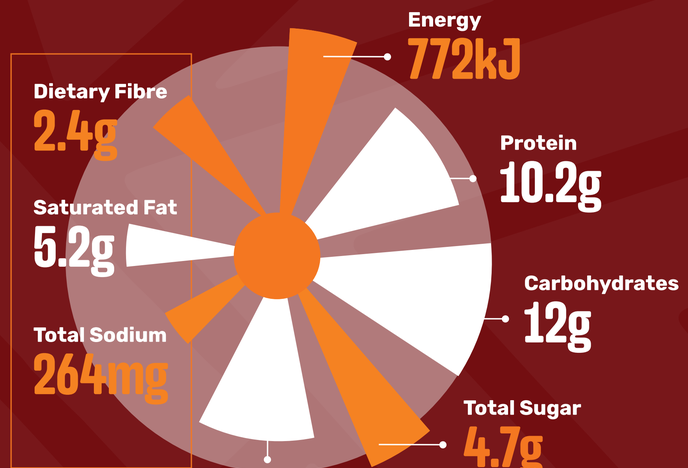
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

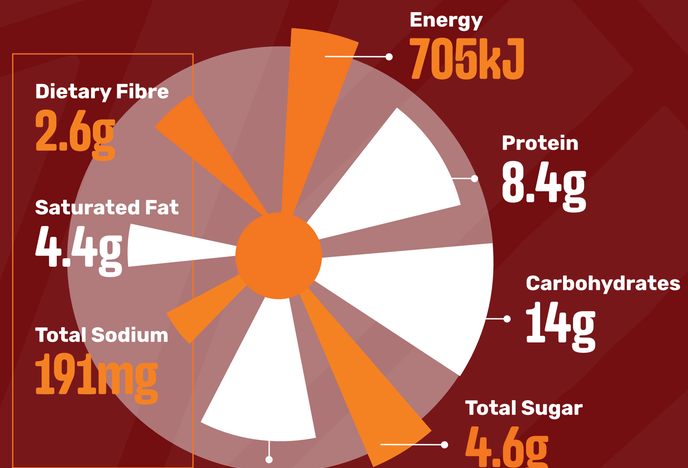
FILLET WITH CHEESY GARLIC SAUCE – 300g (Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



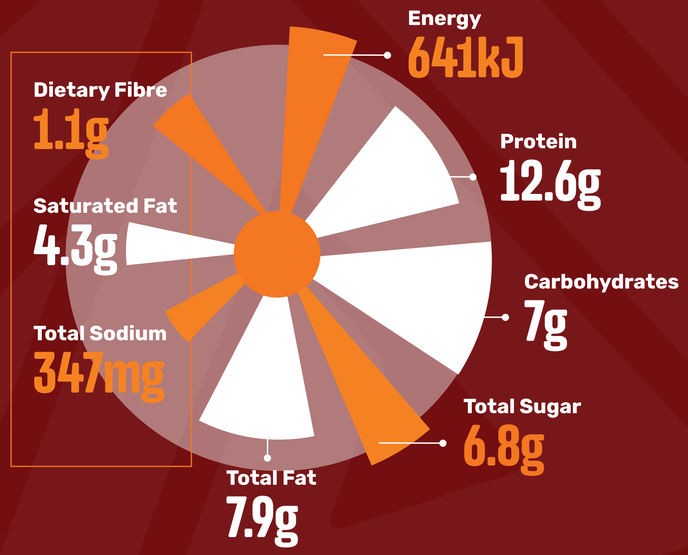
FILLET WITH CHEESY GARLIC SAUCE – 300g (Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



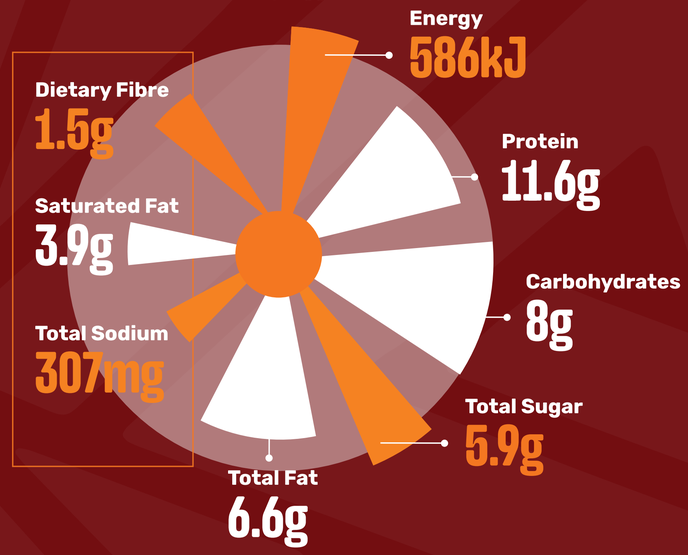
FILLET WITH CHEESY GARLIC SAUCE – 300g (Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



FILLET WITH CHEESY GARLIC SAUCE – 300g (Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



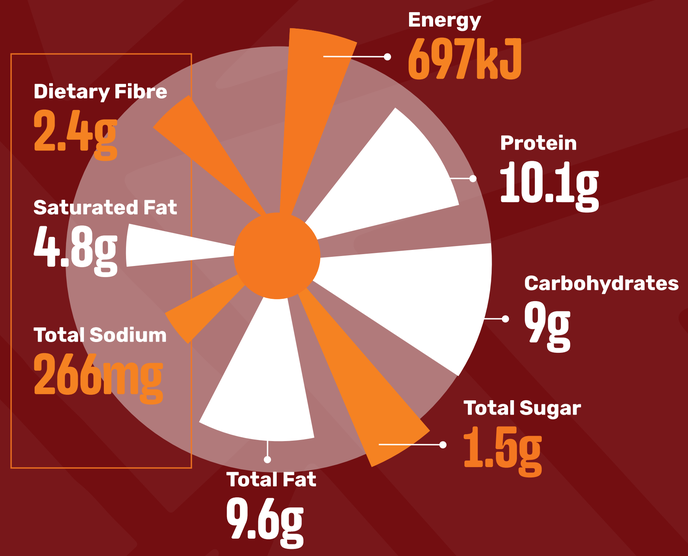
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

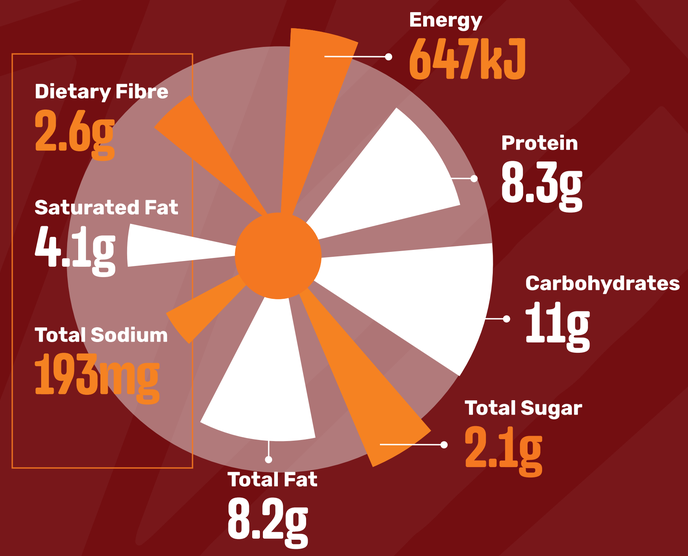
FILLET WITH MUSHROOM SAUCE – 300g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



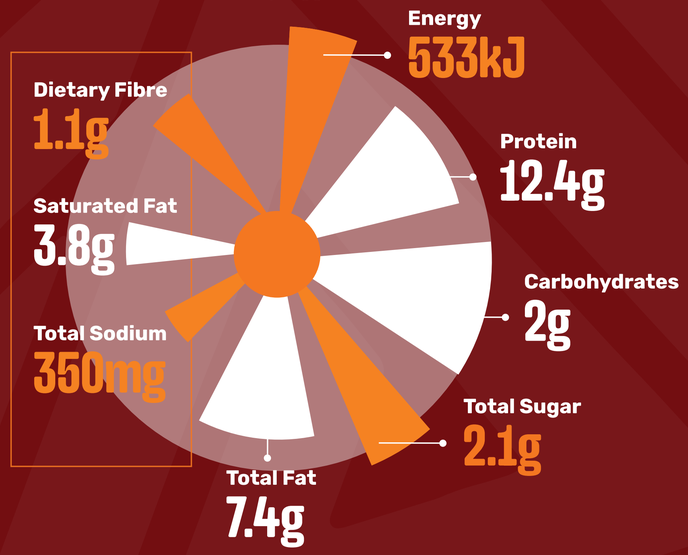
FILLET WITH MUSHROOM SAUCE – 300g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



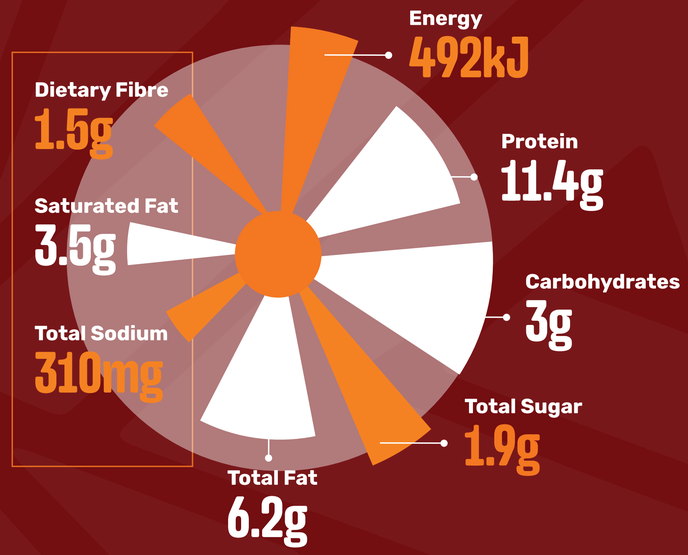
FILLET WITH MUSHROOM SAUCE – 300g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



FILLET WITH MUSHROOM SAUCE – 300g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



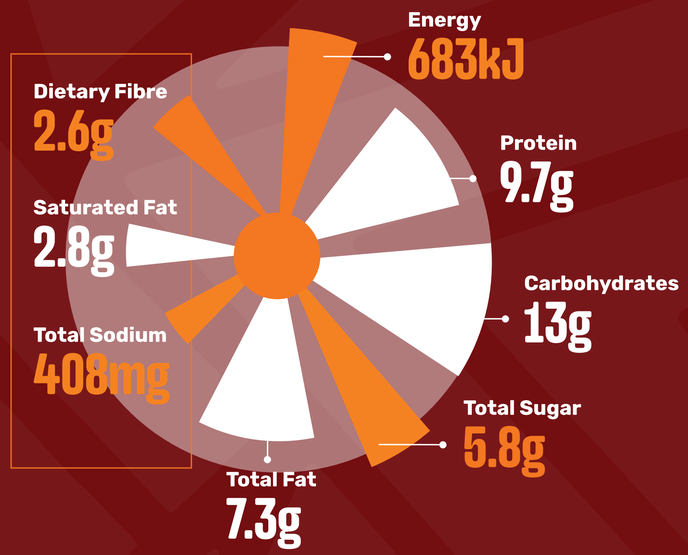
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

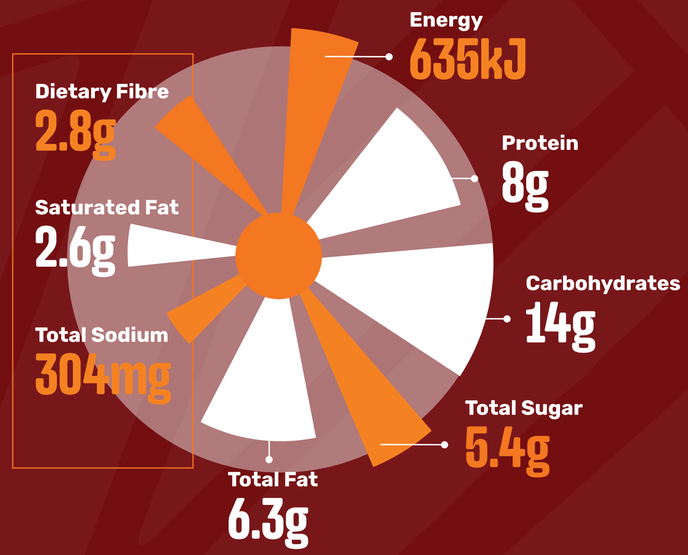
FILLET WITH SWEET & SPICY SAUCE – 300g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



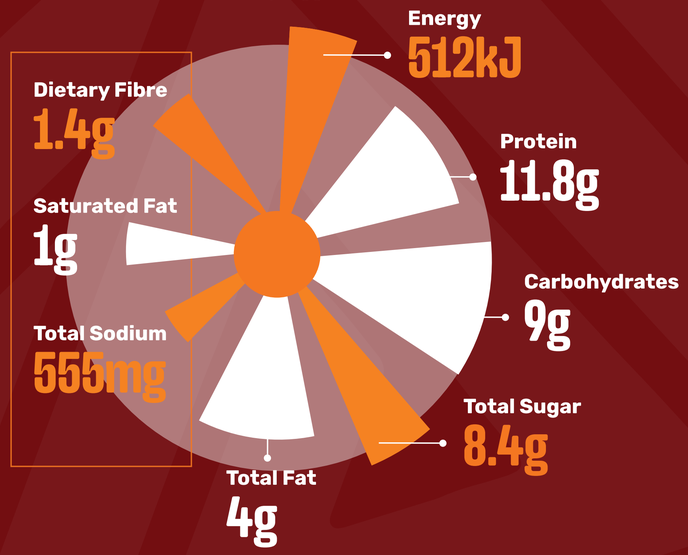
FILLET WITH SWEET & SPICY SAUCE – 300g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



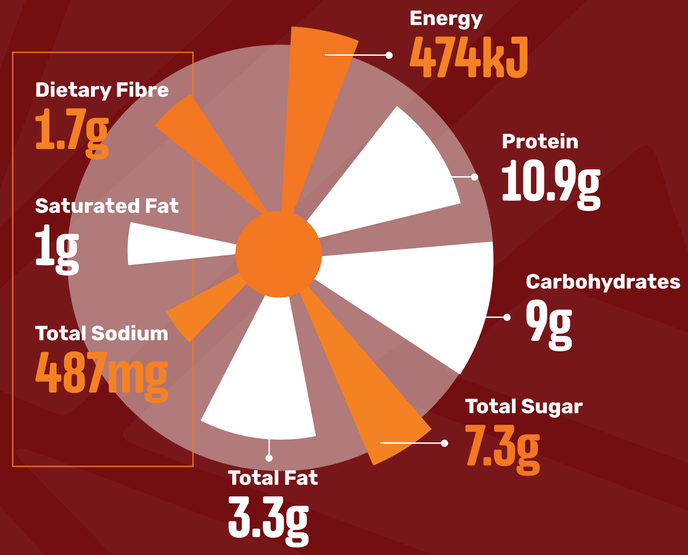
FILLET WITH SWEET & SPICY SAUCE – 300g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



FILLET WITH SWEET & SPICY SAUCE – 300g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



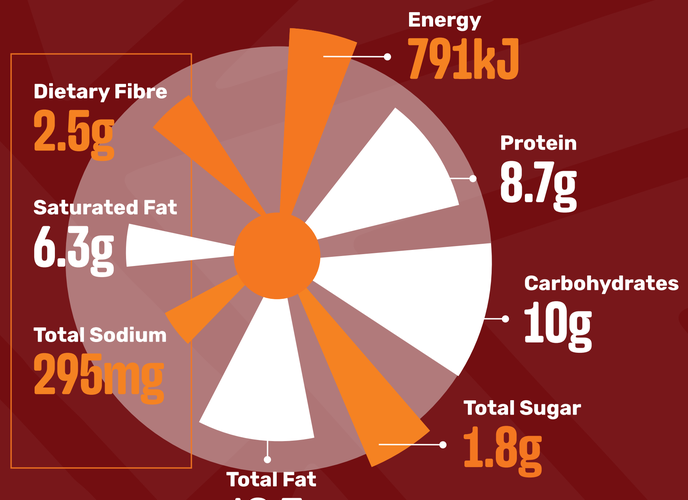
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

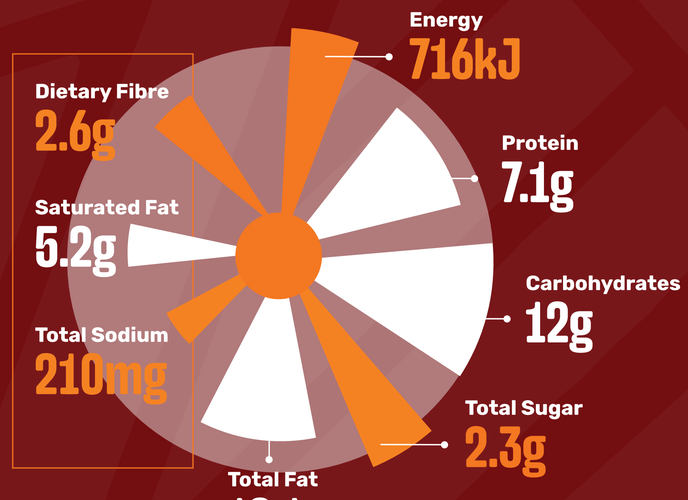
CHEDDAMELT RUMP – MUSHROOM SAUCE – 200g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



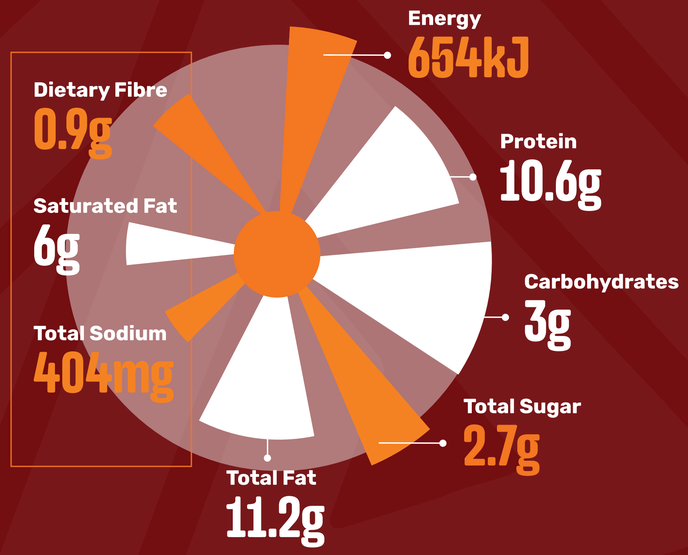
CHEDDAMELT RUMP – MUSHROOM SAUCE – 200g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



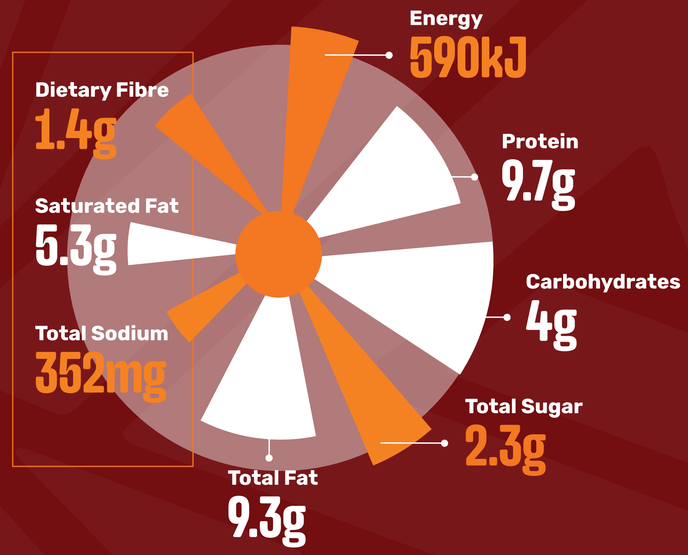
CHEDDAMELT RUMP – MUSHROOM SAUCE – 200g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHEDDAMELT RUMP – MUSHROOM SAUCE – 200g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



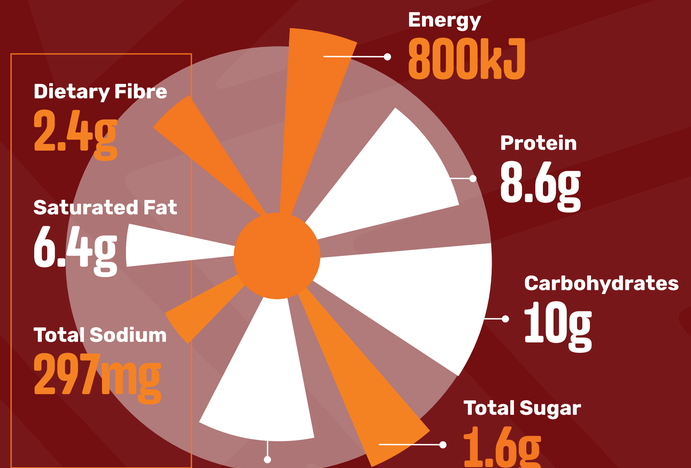
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

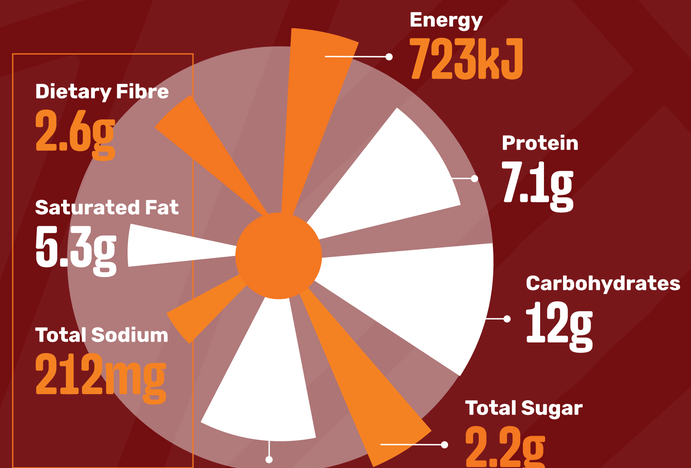
CHEDDAMELT RUMP – PEPPER SAUCE – 200g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



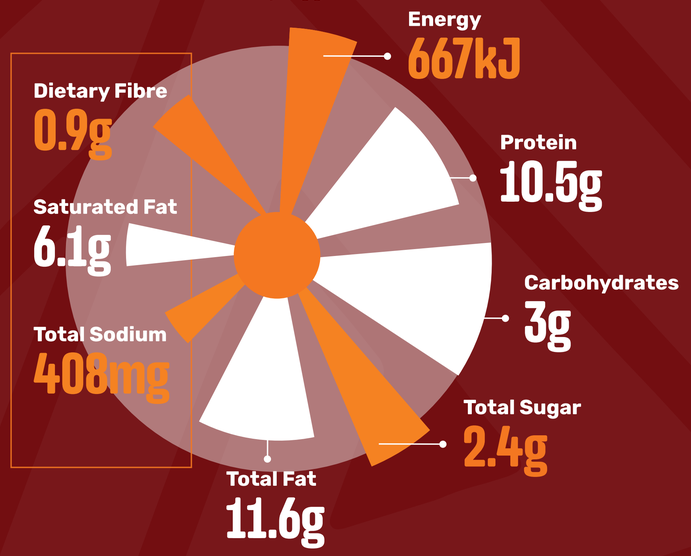
CHEDDAMELT RUMP – PEPPER SAUCE – 200g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



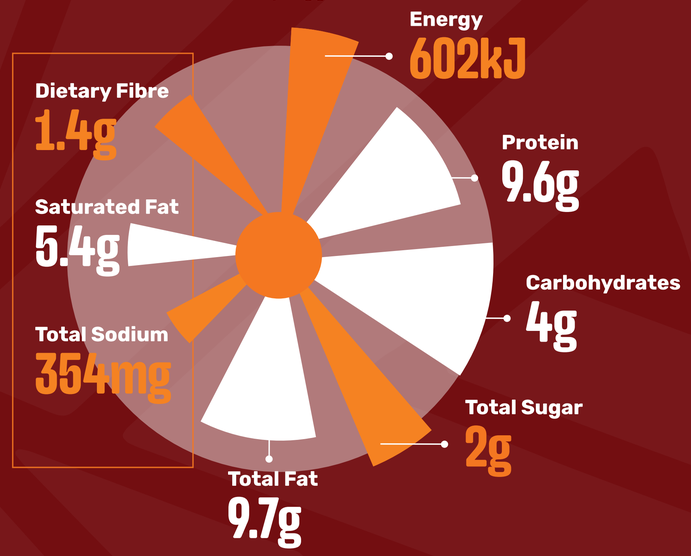
CHEDDAMELT RUMP – PEPPER SAUCE – 200g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHEDDAMELT RUMP – PEPPER SAUCE – 200g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



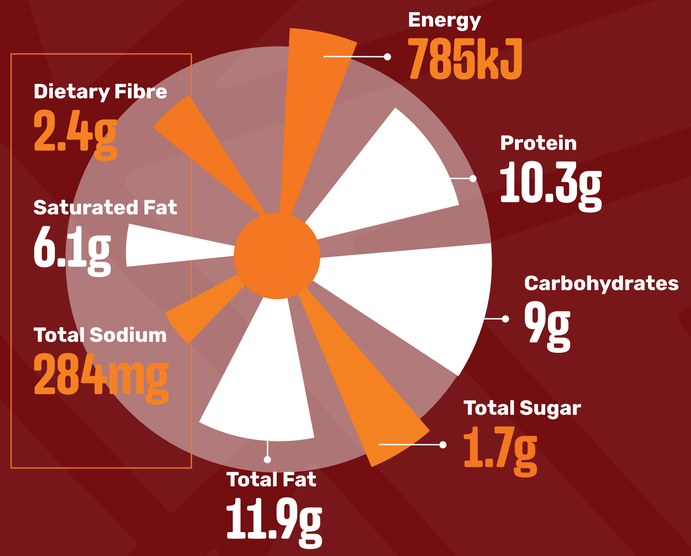
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

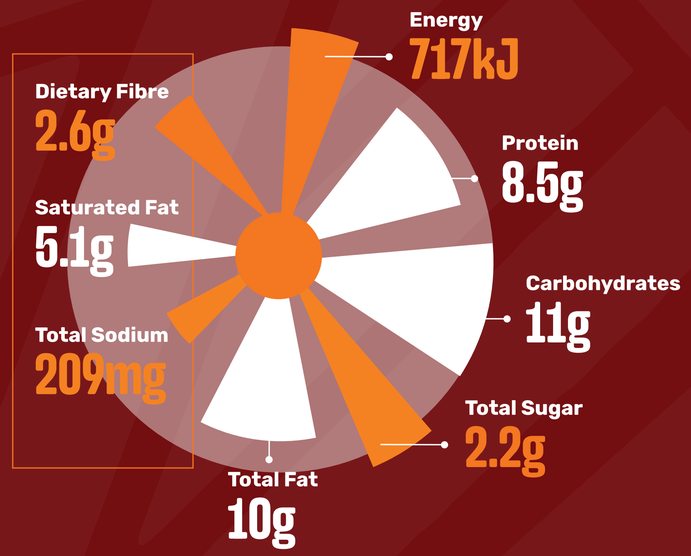
CHEDDAMELT RUMP – MUSHROOM SAUCE – 300g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



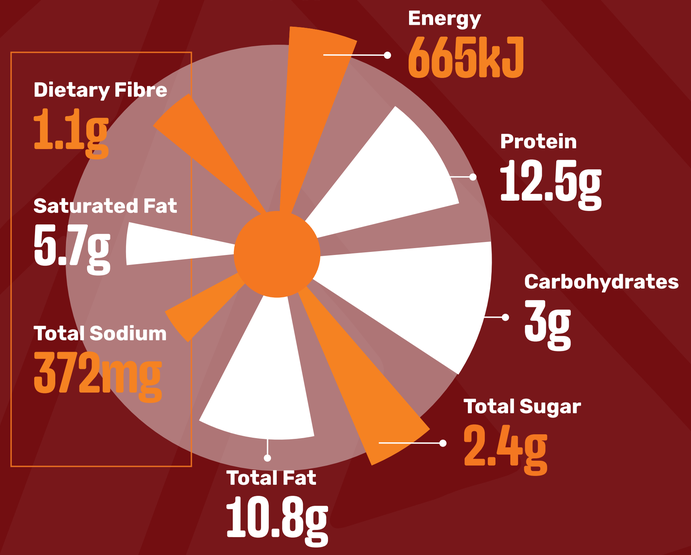
CHEDDAMELT RUMP – MUSHROOM SAUCE – 300g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



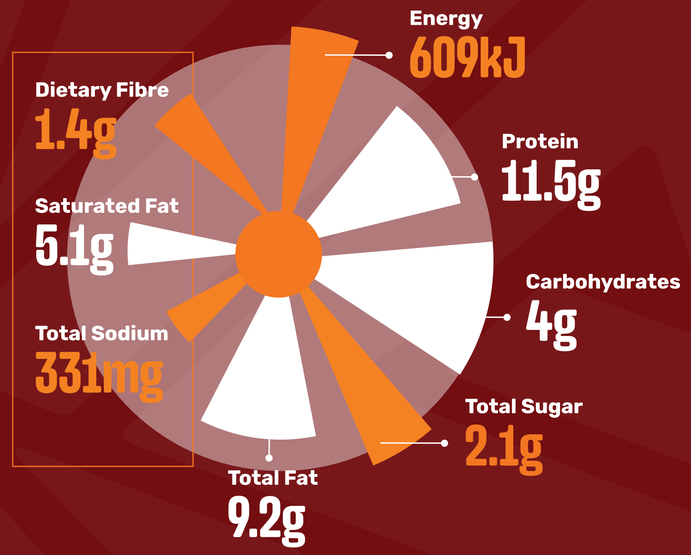
CHEDDAMELT RUMP – MUSHROOM SAUCE – 300g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHEDDAMELT RUMP – MUSHROOM SAUCE – 300g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



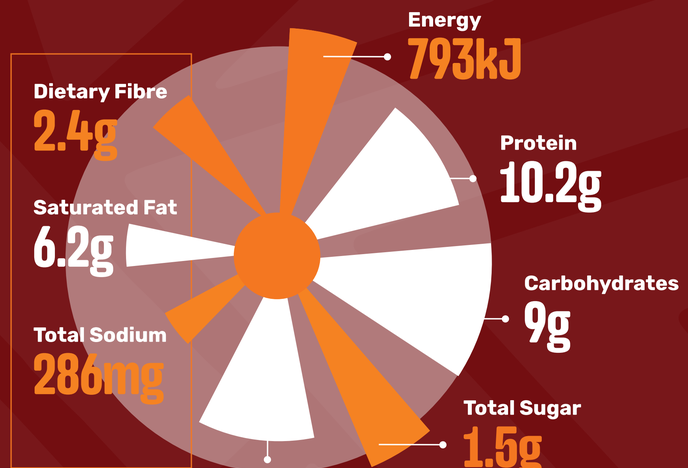
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

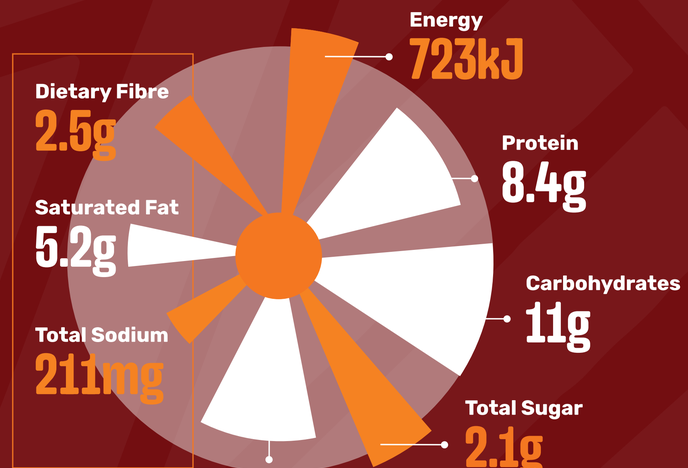
CHEDDAMELT RUMP – PEPPER SAUCE – 300g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



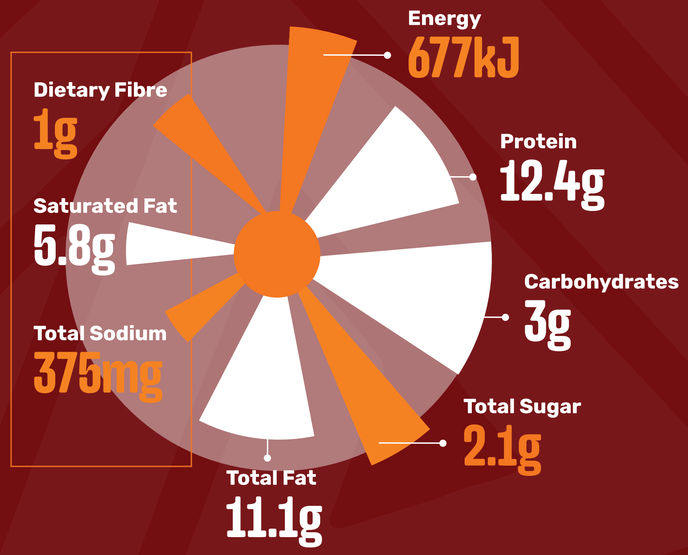
CHEDDAMELT RUMP – PEPPER SAUCE – 300g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



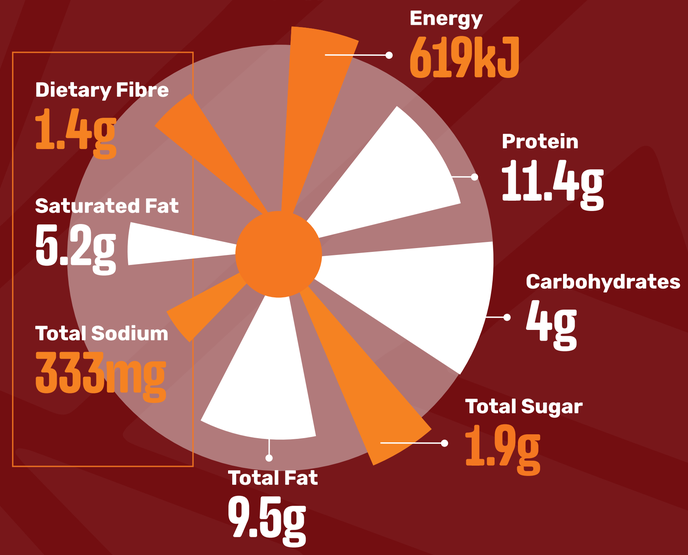
CHEDDAMELT RUMP – PEPPER SAUCE – 300g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHEDDAMELT RUMP – PEPPER SAUCE – 300g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



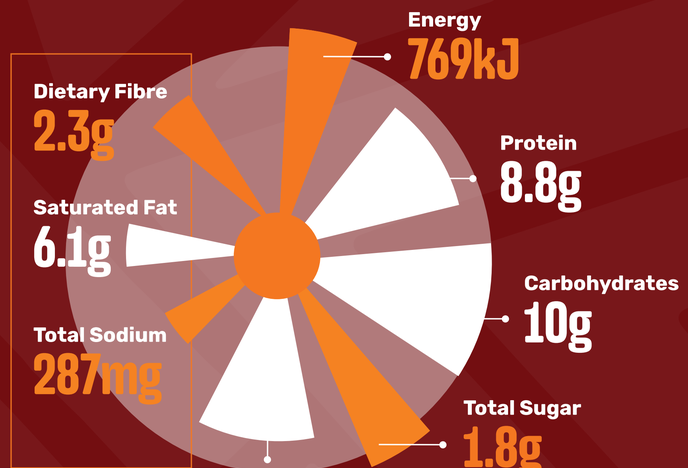
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

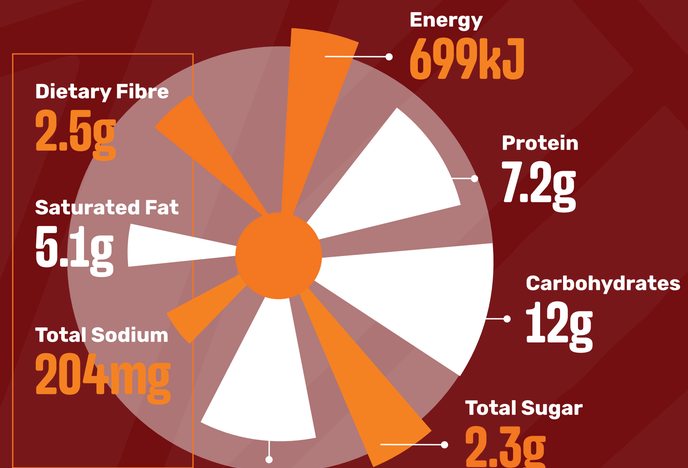
CHEDDAMELT SIRLOIN – MUSHROOM SAUCE – 200g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



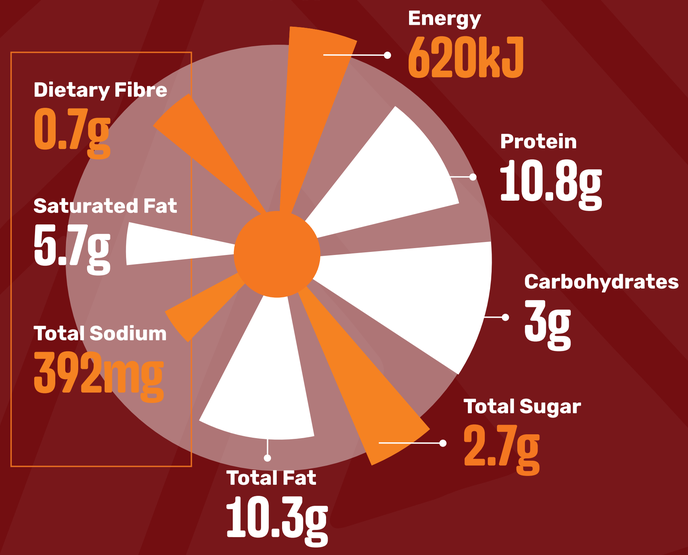
CHEDDAMELT SIRLOIN – MUSHROOM SAUCE – 200g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



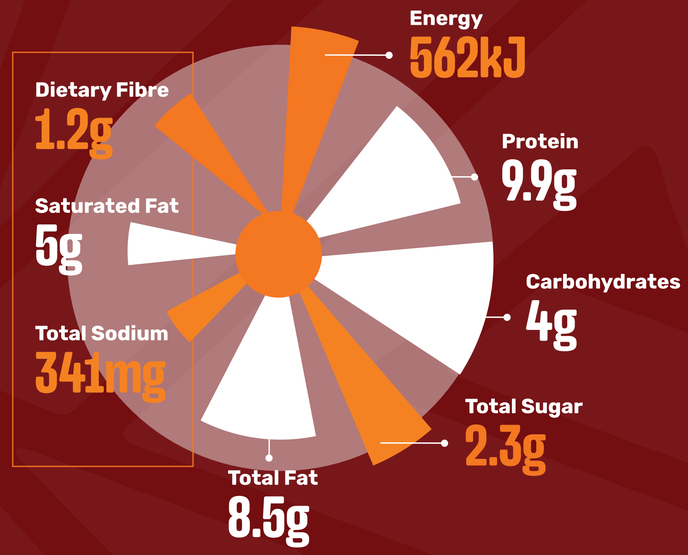
CHEDDAMELT SIRLOIN – MUSHROOM SAUCE – 200g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHEDDAMELT SIRLOIN – MUSHROOM SAUCE – 200g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



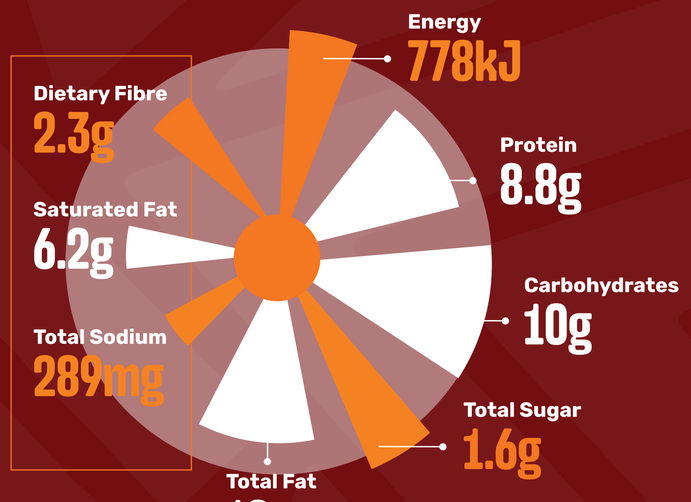
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

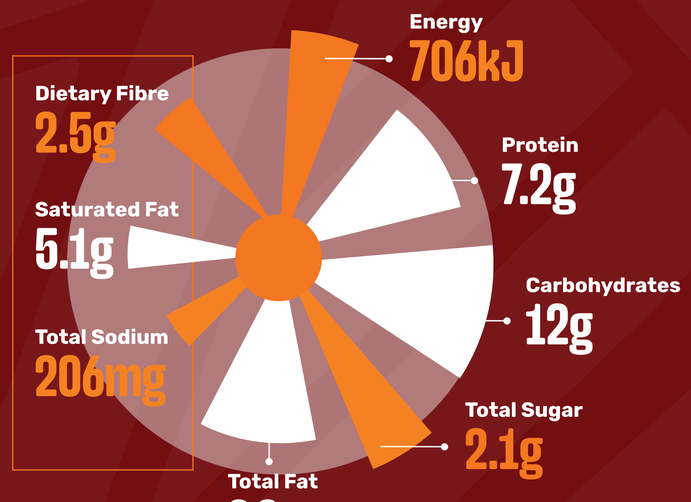
CHEDDAMELT SIRLOIN – PEPPER SAUCE – 200g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



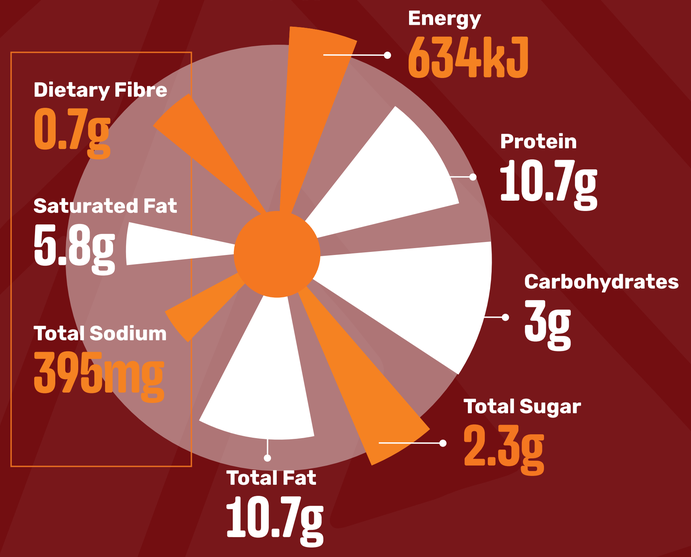
CHEDDAMELT SIRLOIN – PEPPER SAUCE – 200g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



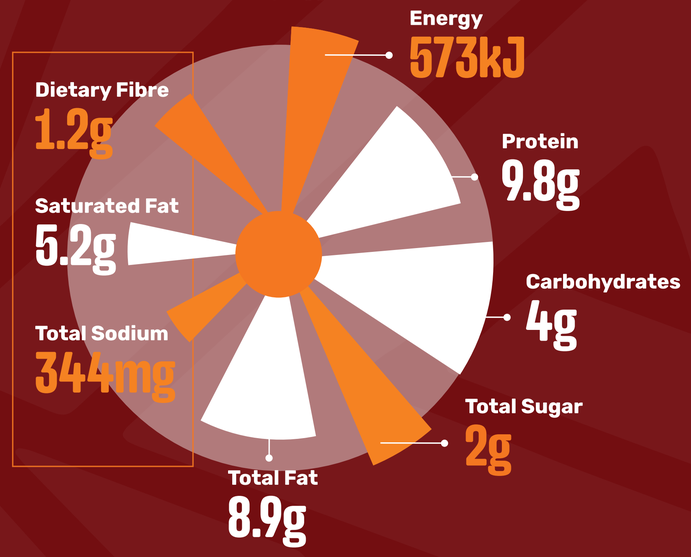
CHEDDAMELT SIRLOIN – PEPPER SAUCE – 200g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHEDDAMELT SIRLOIN – PEPPER SAUCE – 200g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



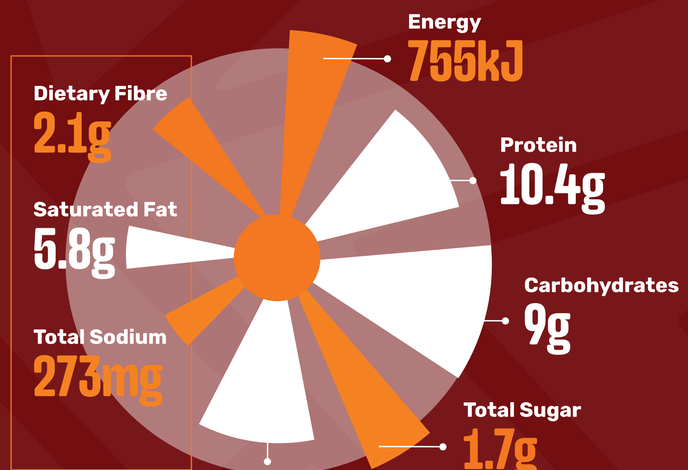
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

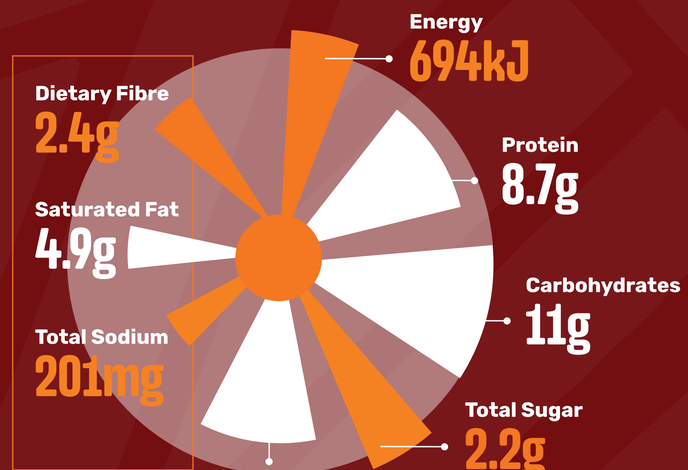
CHEDDAMELT SIRLOIN – MUSHROOM SAUCE – 300g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



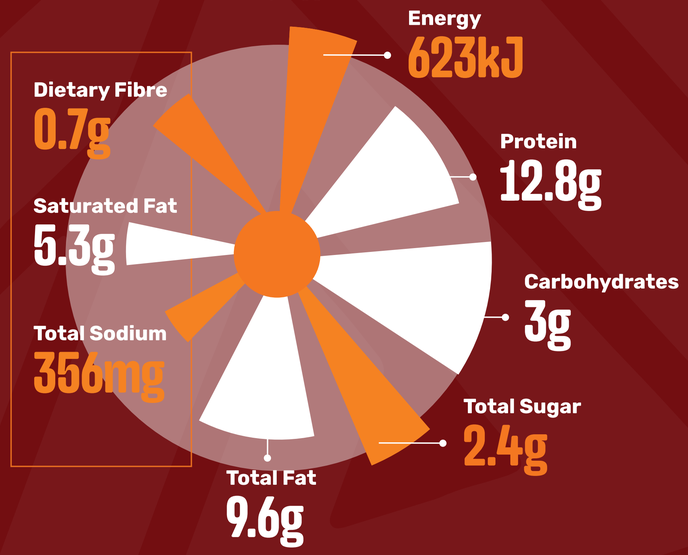
CHEDDAMELT SIRLOIN – MUSHROOM SAUCE – 300g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



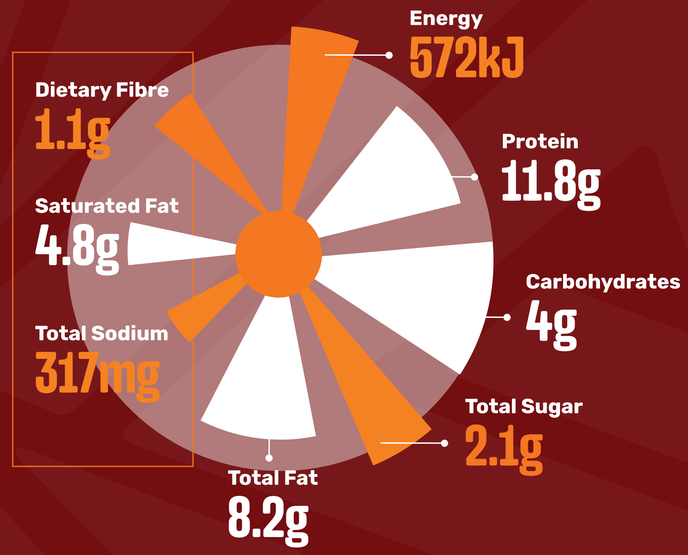
CHEDDAMELT SIRLOIN – MUSHROOM SAUCE – 300g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHEDDAMELT SIRLOIN – MUSHROOM SAUCE – 300g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



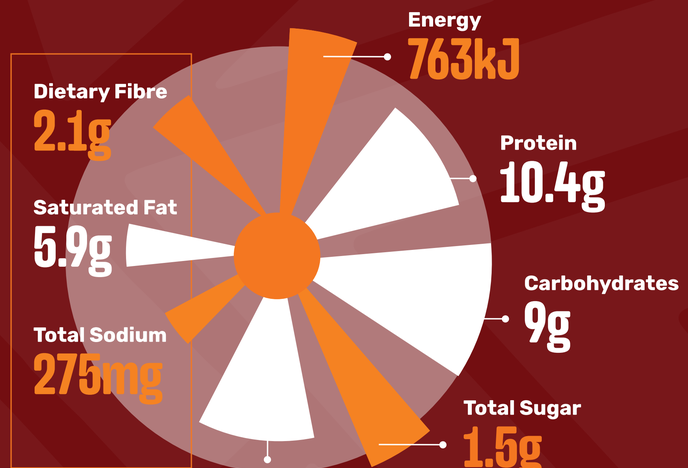
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

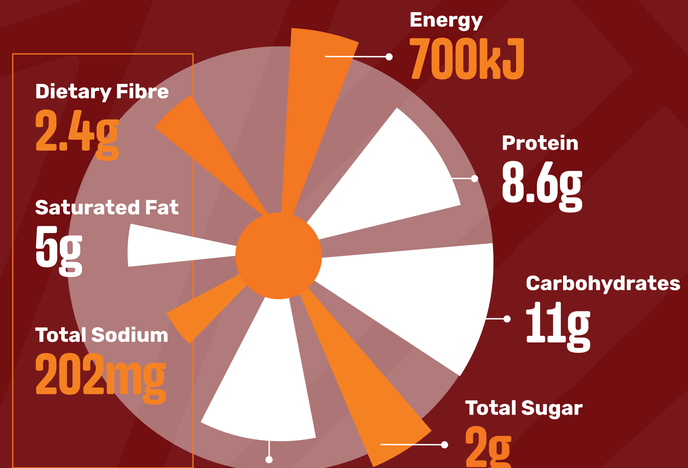
CHEDDAMELT SIRLOIN – PEPPER SAUCE – 300g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



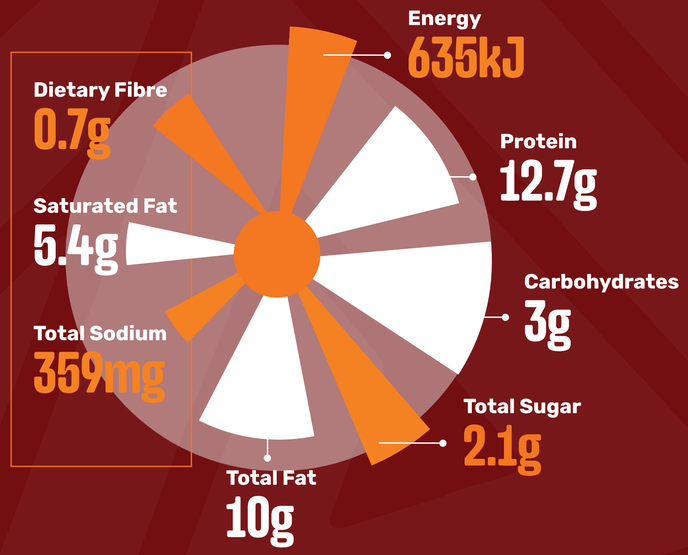
CHEDDAMELT SIRLOIN – PEPPER SAUCE – 300g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



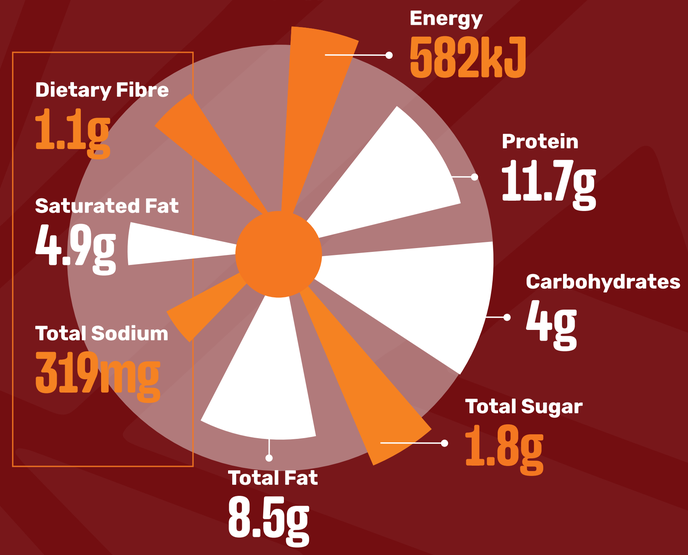
CHEDDAMELT SIRLOIN – PEPPER SAUCE – 300g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHEDDAMELT SIRLOIN – PEPPER SAUCE – 300g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



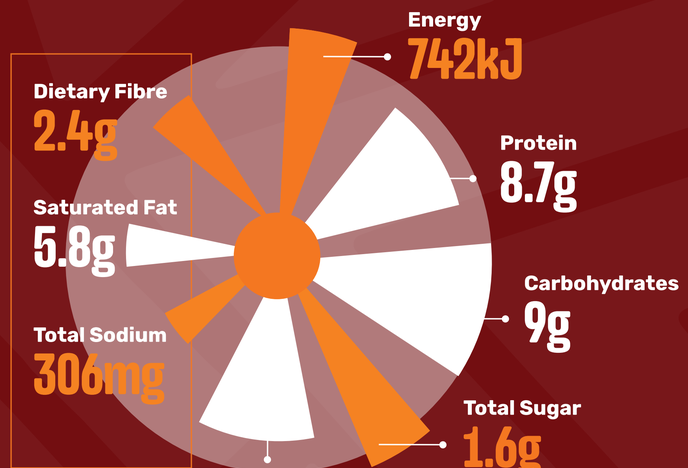
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

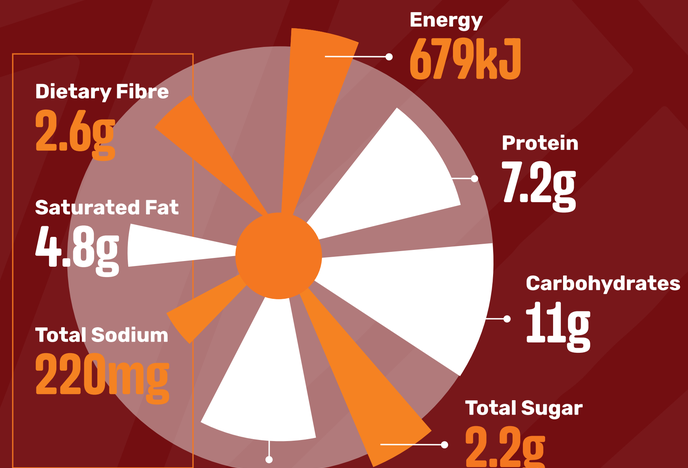
CHEDDAMELT FILLET – MUSHROOM SAUCE – 200g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



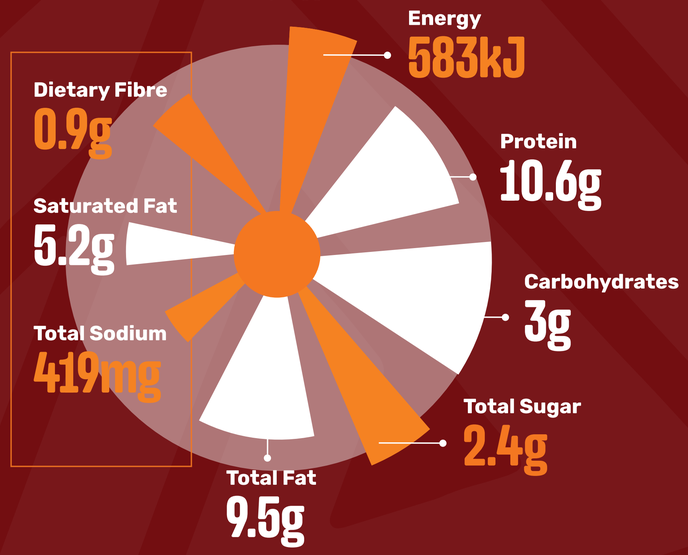
CHEDDAMELT FILLET – MUSHROOM SAUCE – 200g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



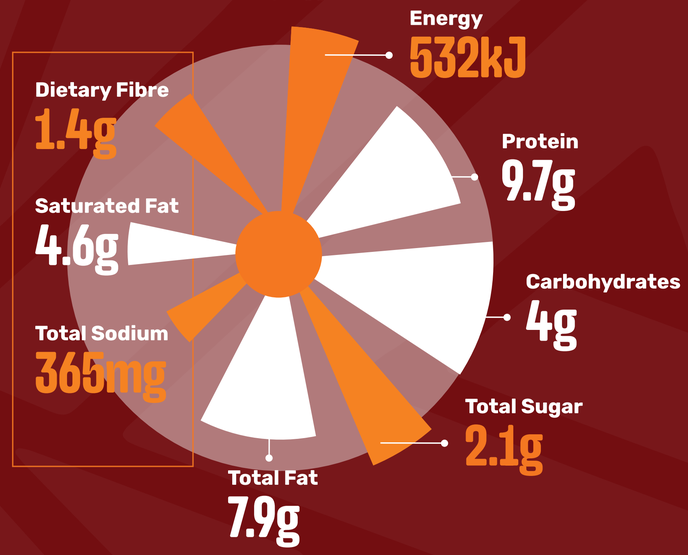
CHEDDAMELT FILLET – MUSHROOM SAUCE – 200g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHEDDAMELT FILLET – MUSHROOM SAUCE – 200g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



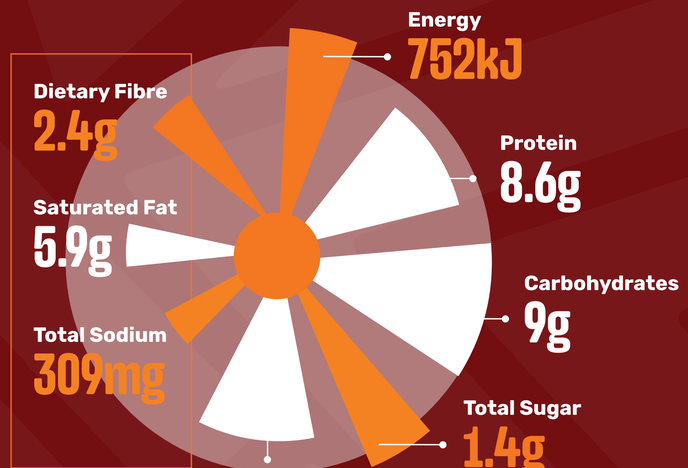
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

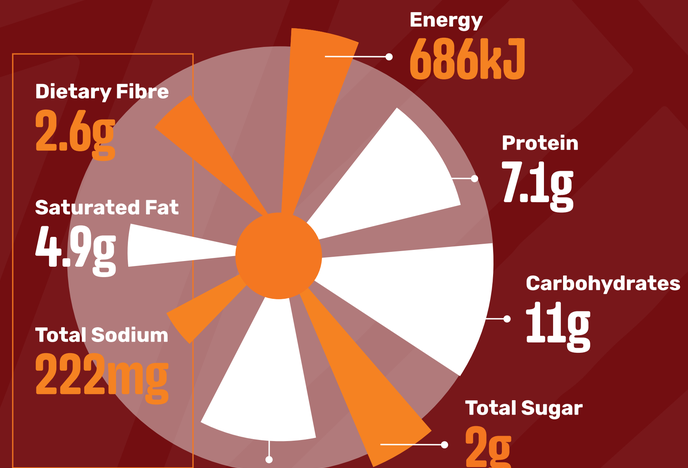
CHEDDAMELT FILLET – PEPPER SAUCE – 200g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



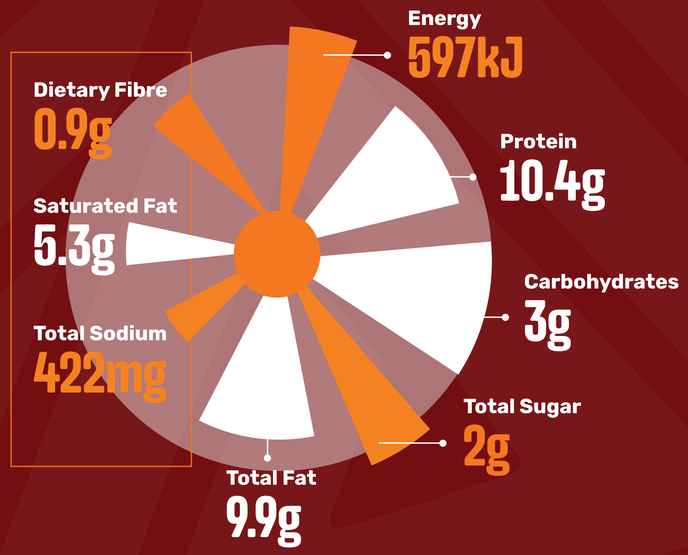
CHEDDAMELT FILLET – PEPPER SAUCE – 200g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



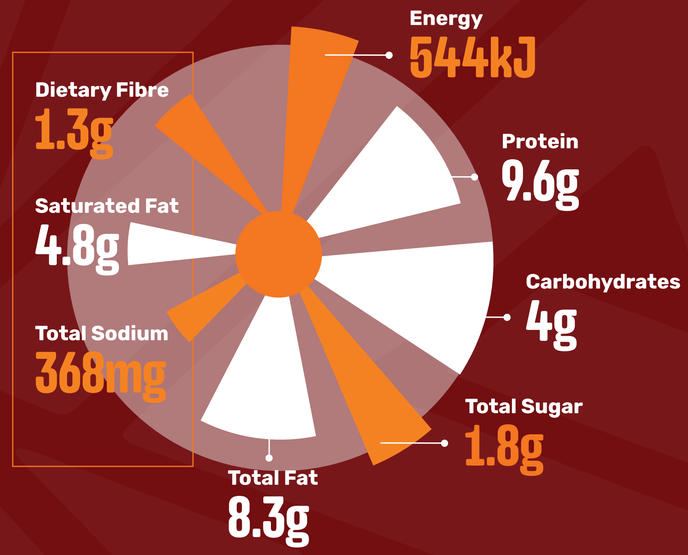
CHEDDAMELT FILLET – PEPPER SAUCE – 200g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHEDDAMELT FILLET – PEPPER SAUCE – 200g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



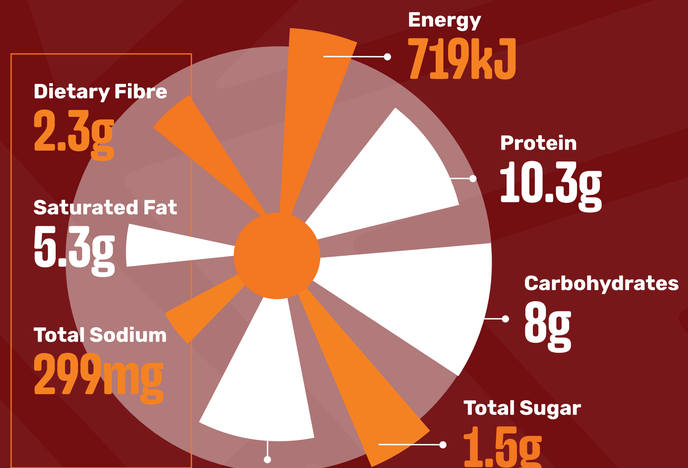
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

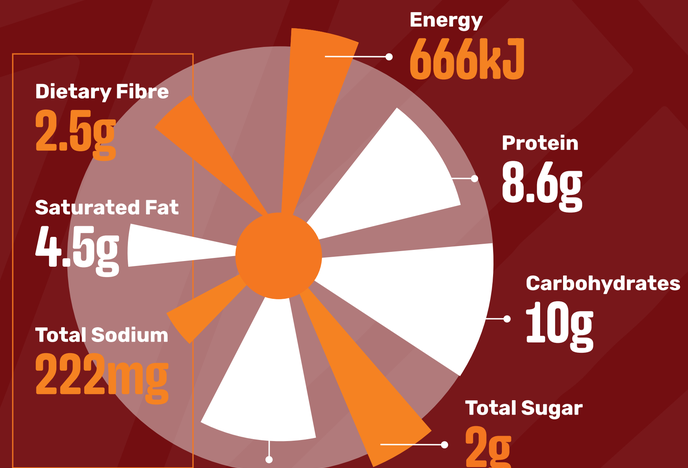
CHEDDAMELT FILLET – MUSHROOM SAUCE – 300g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



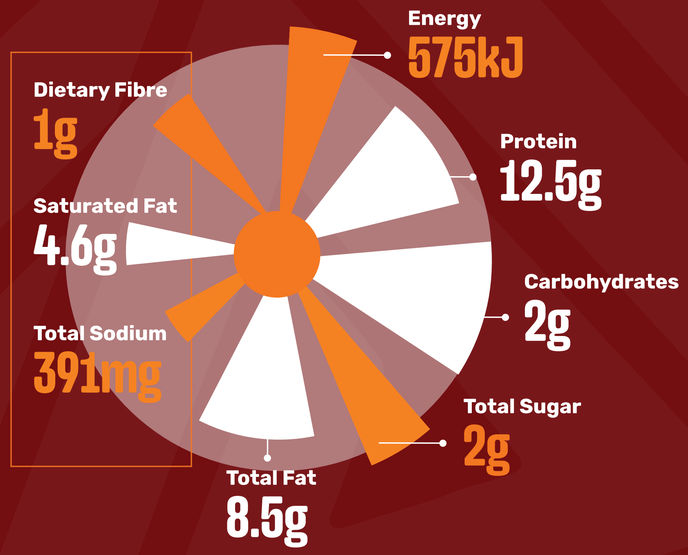
CHEDDAMELT FILLET – MUSHROOM SAUCE – 300g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



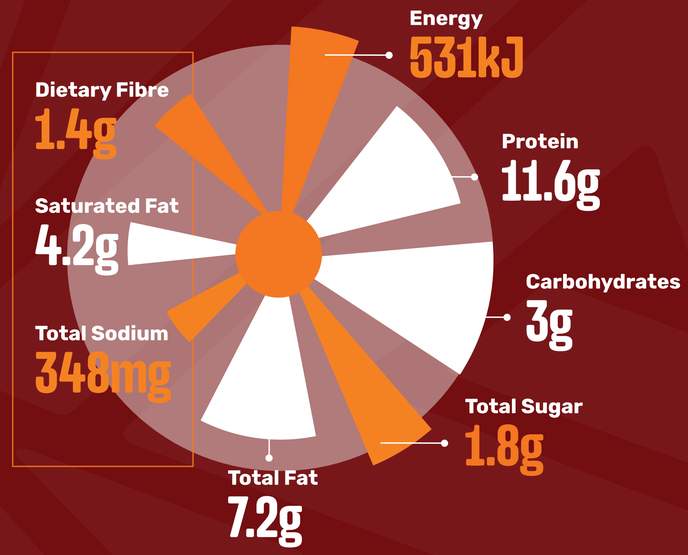
CHEDDAMELT FILLET – MUSHROOM SAUCE – 300g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHEDDAMELT FILLET – MUSHROOM SAUCE – 300g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



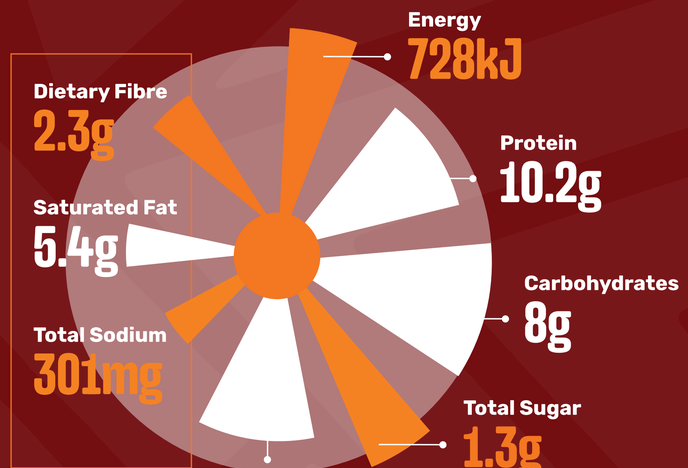
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

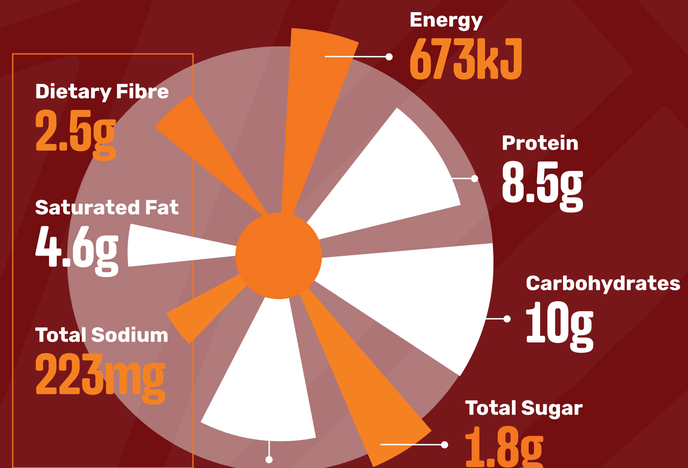
CHEDDAMELT FILLET – PEPPER SAUCE – 300g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



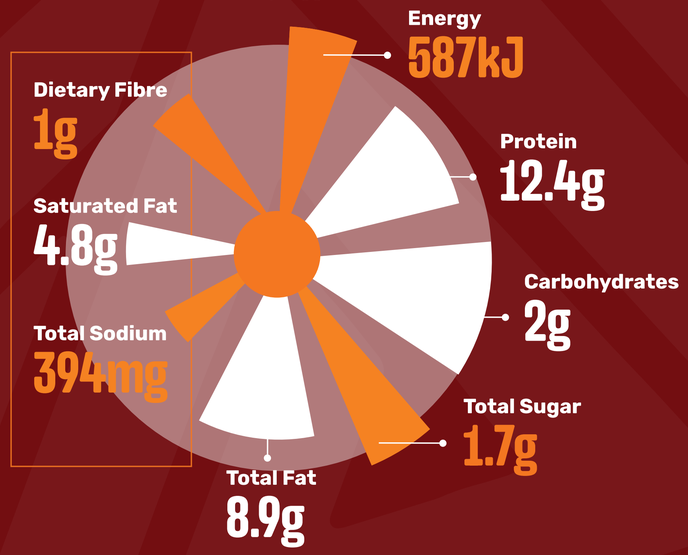
CHEDDAMELT FILLET – PEPPER SAUCE – 300g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



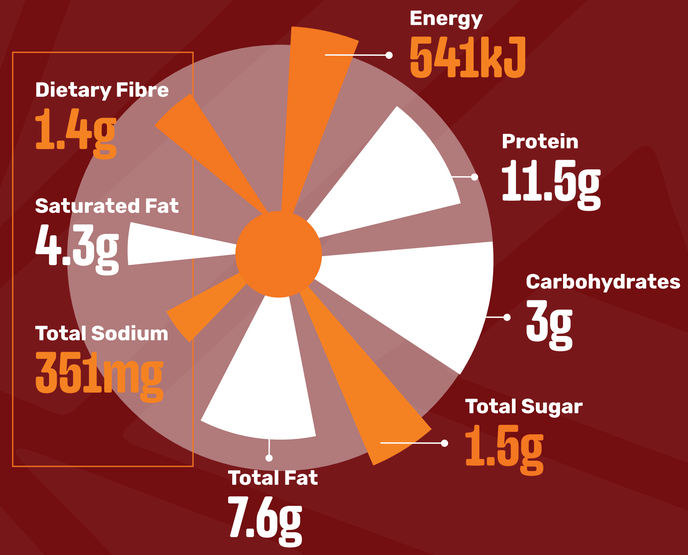
CHEDDAMELT FILLET – PEPPER SAUCE – 300g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHEDDAMELT FILLET – PEPPER SAUCE – 300g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



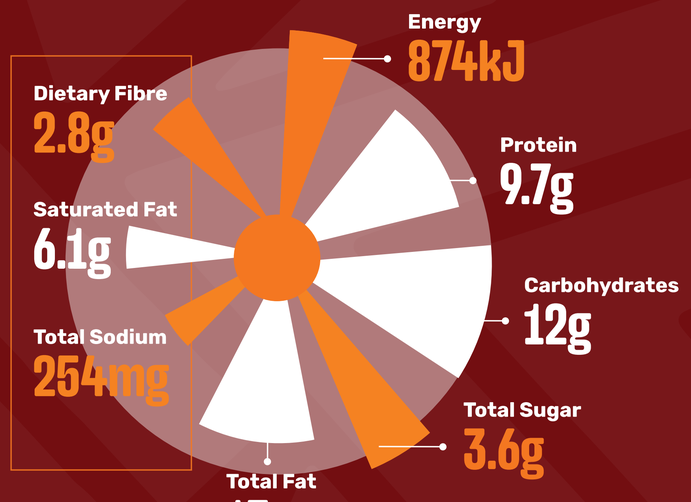
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

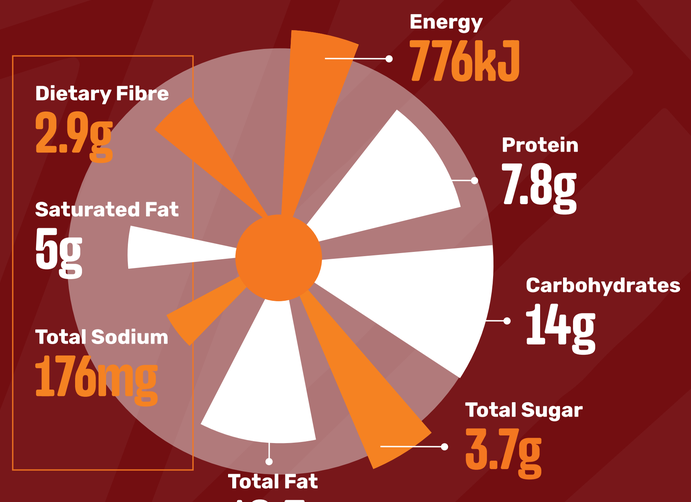
CHEESY GARLIC PRAWN RUMP – 200g
(Chips & Onion Rings)

Contains: Gluten, Wheat, Soy, Egg, Cow's Milk, Crustacean



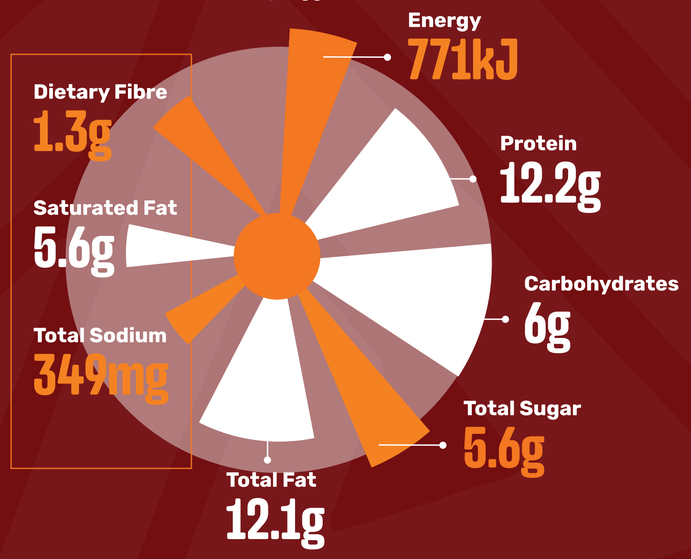
CHEESY GARLIC PRAWN RUMP – 200g
(Baked Potato & Onion Rings)

Contains: Gluten, Wheat, Soy, Egg, Cow's Milk, Crustacean



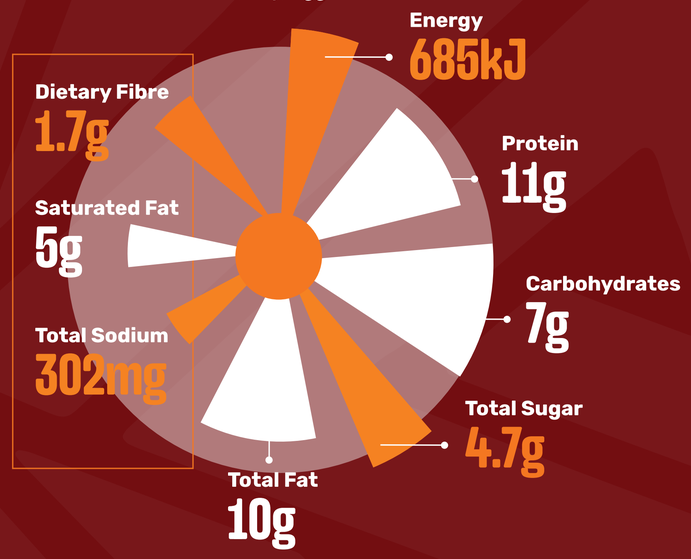
CHEESY GARLIC PRAWN RUMP – 200g
(Side Salad)

Contains: Gluten, Wheat, Soy, Egg, Cow's Milk, Crustacean



CHEESY GARLIC PRAWN RUMP – 200g
(Hot Veg)

Contains: Gluten, Wheat, Soy, Egg, Cow's Milk, Crustacean



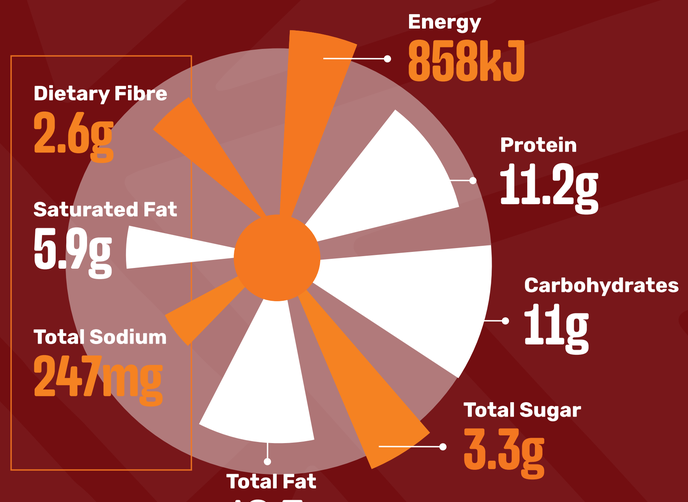
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

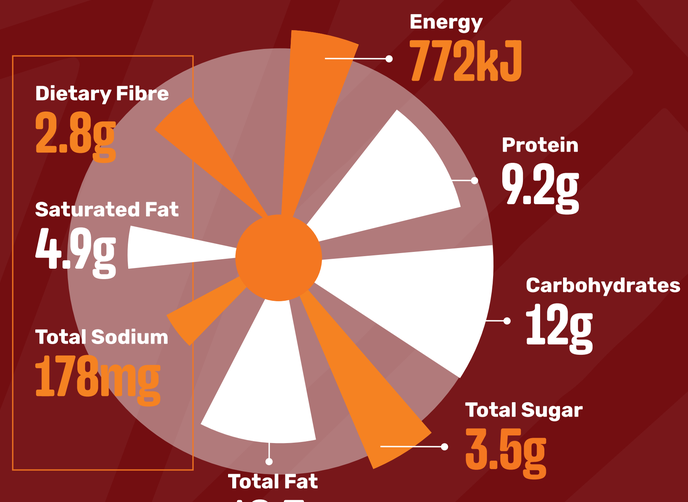
CHEESY GARLIC PRAWN RUMP – 300g
(Chips & Onion Rings)

Contains: Gluten, Wheat, Soy, Egg, Cow's Milk, Crustacean



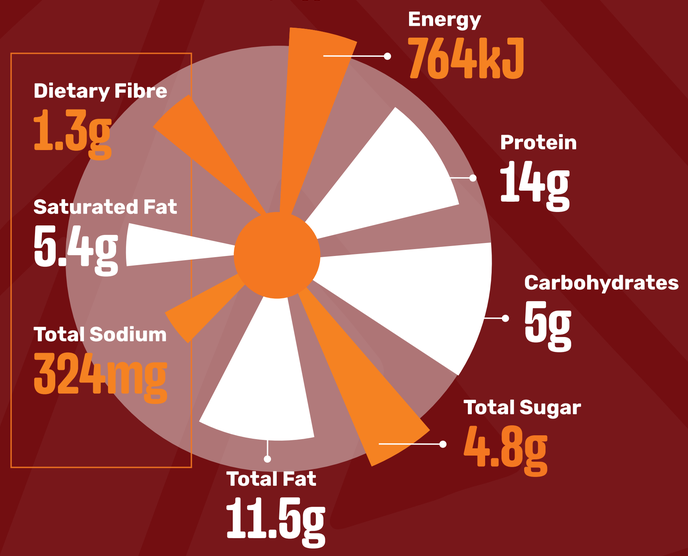
CHEESY GARLIC PRAWN RUMP – 300g
(Baked Potato & Onion Rings)

Contains: Gluten, Wheat, Soy, Egg, Cow's Milk, Crustacean



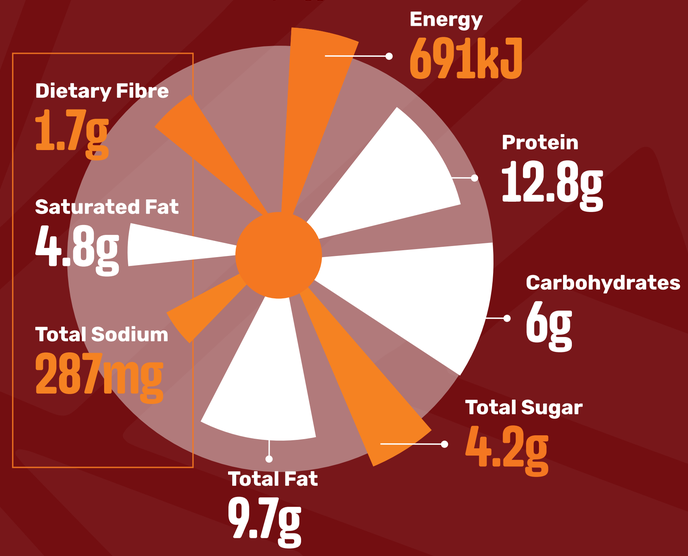
CHEESY GARLIC PRAWN RUMP – 300g
(Side Salad)

Contains: Gluten, Wheat, Soy, Egg, Cow's Milk, Crustacean



CHEESY GARLIC PRAWN RUMP – 300g
(Hot Veg)

Contains: Gluten, Wheat, Soy, Egg, Cow's Milk, Crustacean



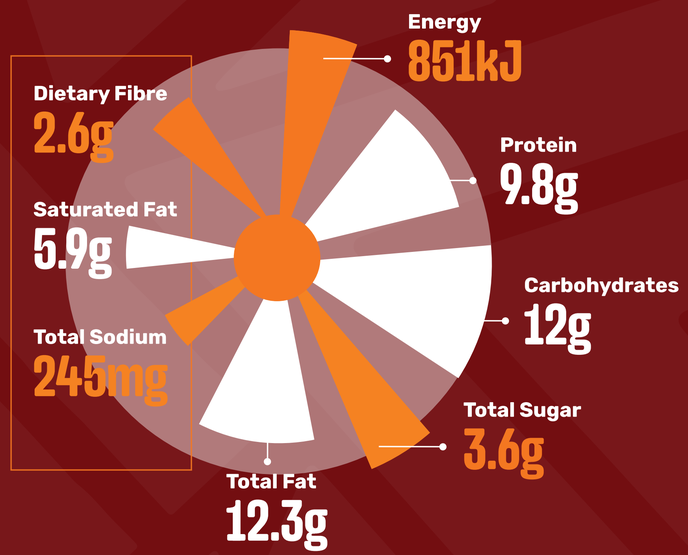
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

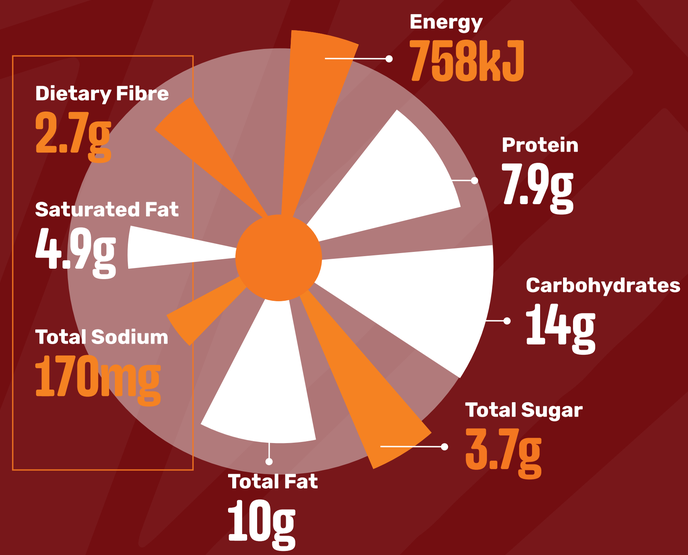
CHEESY GARLIC PRAWN SIRLOIN – 200g
(Chips & Onion Rings)

Contains: Gluten, Wheat, Soy, Egg, Cow's Milk, Crustacean



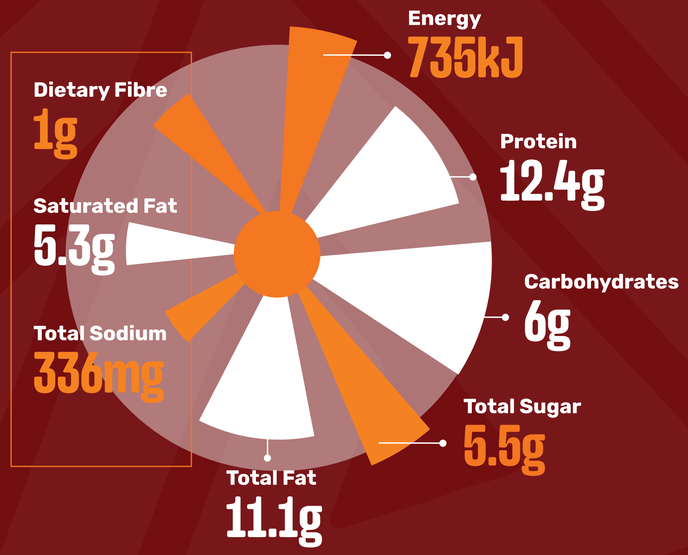
CHEESY GARLIC PRAWN SIRLOIN – 200g
(Baked Potato & Onion Rings)

Contains: Gluten, Wheat, Soy, Egg, Cow's Milk, Crustacean



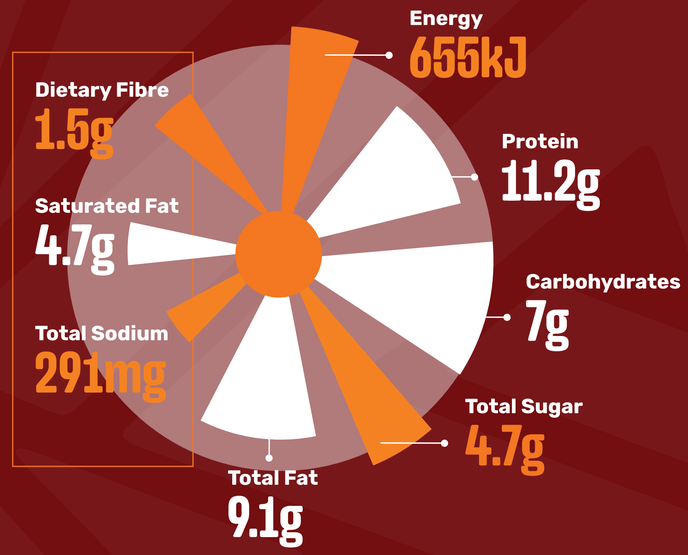
CHEESY GARLIC PRAWN SIRLOIN – 200g
(Side Salad)

Contains: Gluten, Wheat, Soy, Egg, Cow's Milk, Crustacean



CHEESY GARLIC PRAWN SIRLOIN – 200g
(Hot Veg)

Contains: Gluten, Wheat, Soy, Egg, Cow's Milk, Crustacean



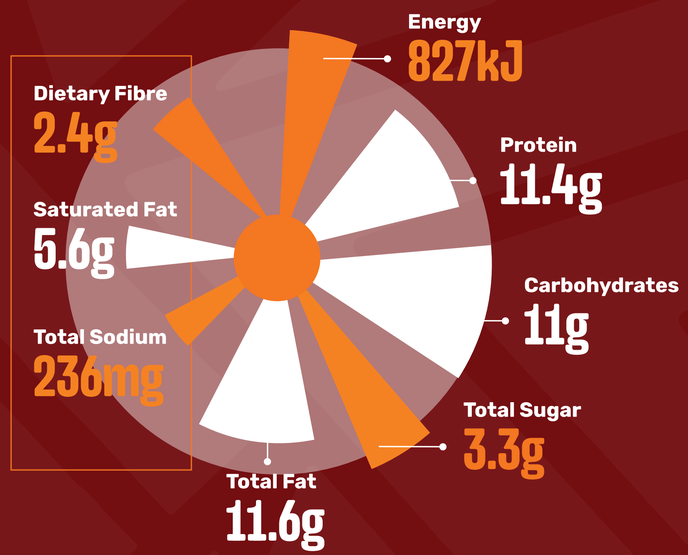
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

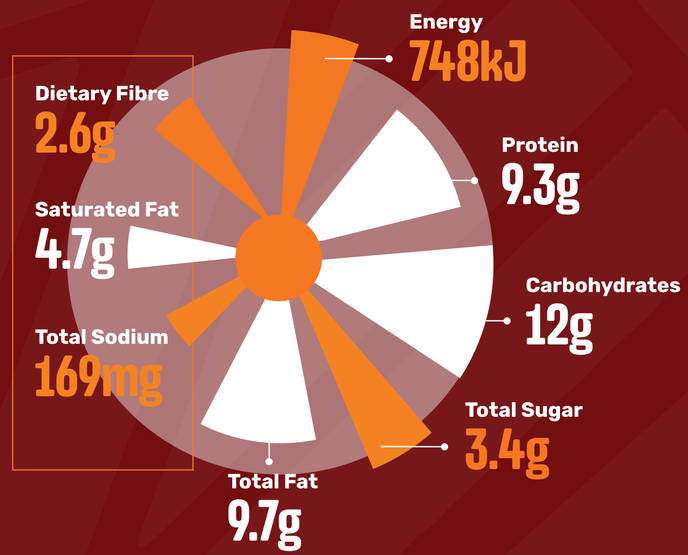
CHEESY GARLIC PRAWN SIRLOIN – 300g
(Chips & Onion Rings)

Contains: Gluten, Wheat, Soy, Egg, Cow's Milk, Crustacean



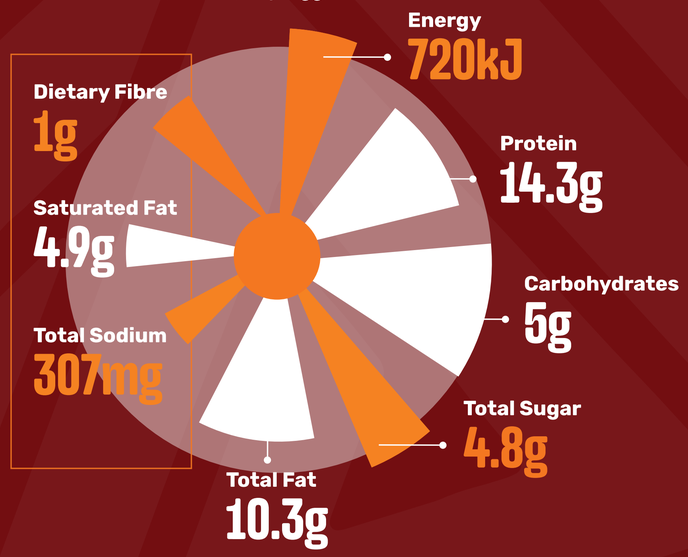
CHEESY GARLIC PRAWN SIRLOIN – 300g
(Baked Potato & Onion Rings)

Contains: Gluten, Wheat, Soy, Egg, Cow's Milk, Crustacean



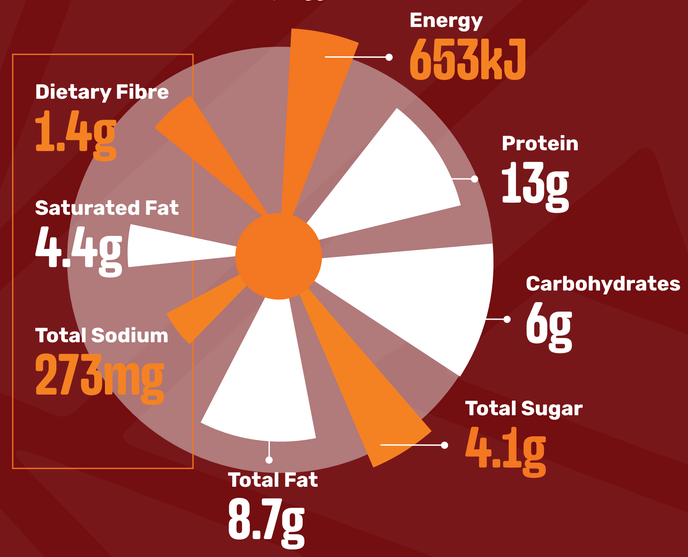
CHEESY GARLIC PRAWN SIRLOIN – 300g
(Side Salad)

Contains: Gluten, Wheat, Soy, Egg, Cow's Milk, Crustacean



CHEESY GARLIC PRAWN SIRLOIN – 300g
(Hot Veg)

Contains: Gluten, Wheat, Soy, Egg, Cow's Milk, Crustacean



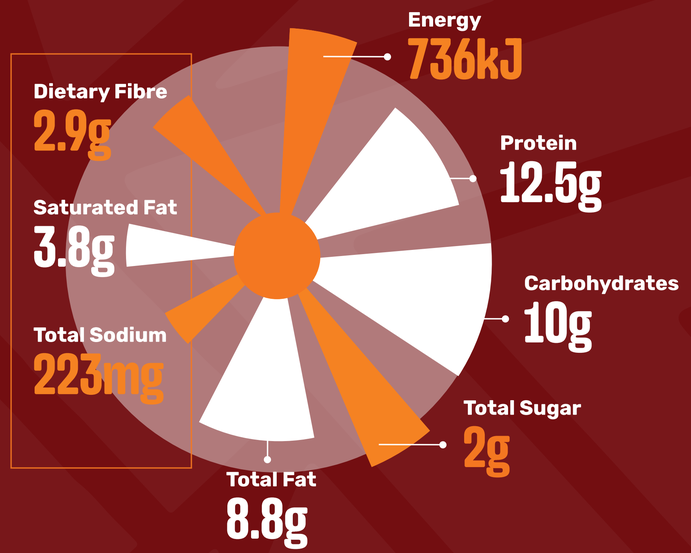
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

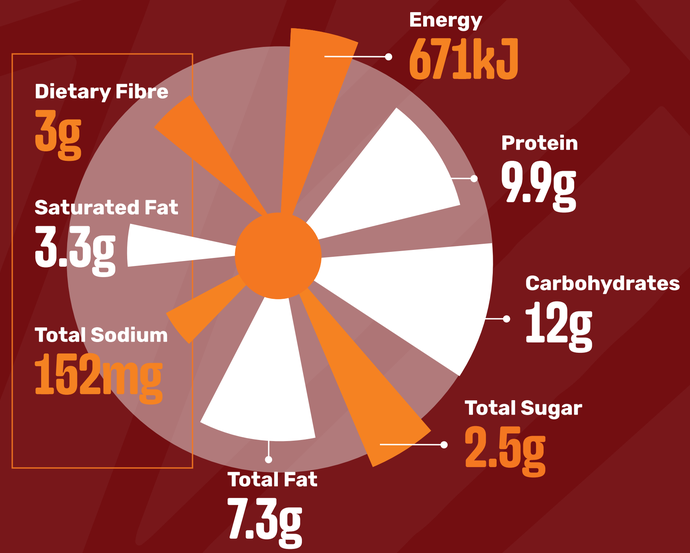
T-BONE STEAK – 350g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



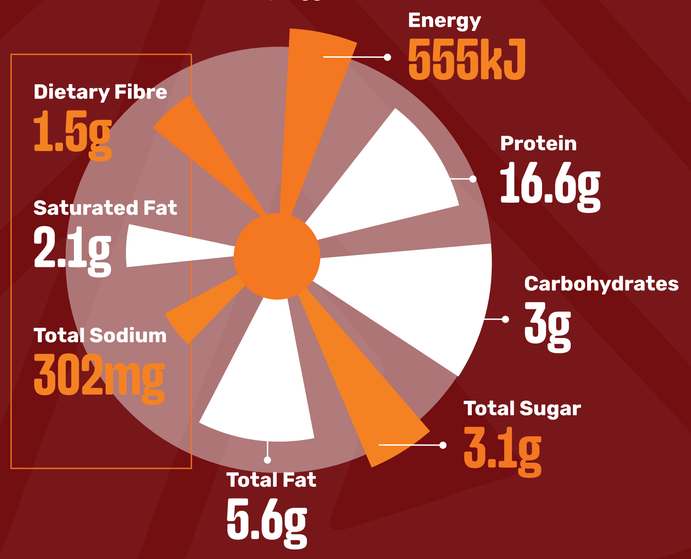
T-BONE STEAK – 350g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



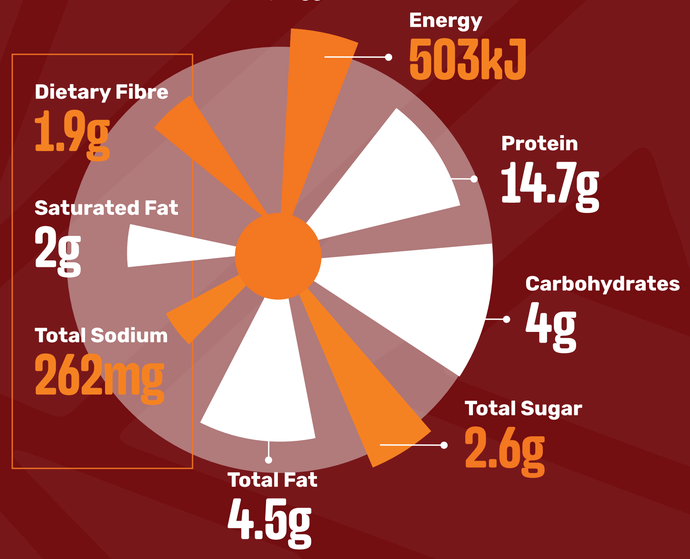
T-BONE STEAK – 350g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



T-BONE STEAK – 350g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



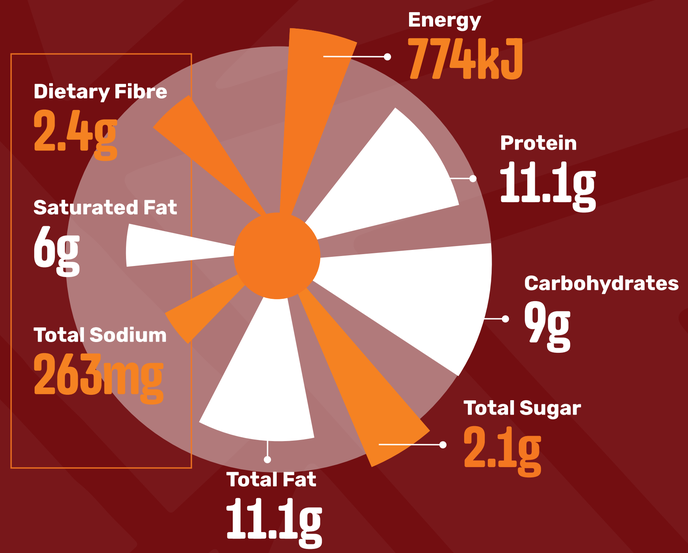
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

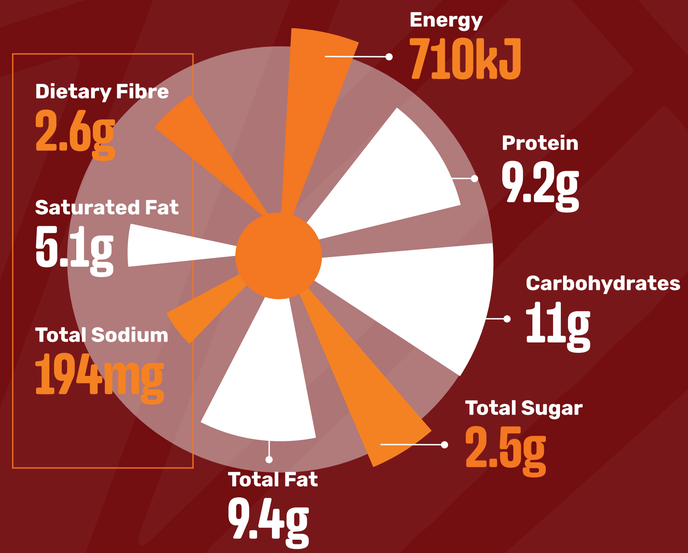
T-BONE STEAK WITH CHEESE SAUCE – 350g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



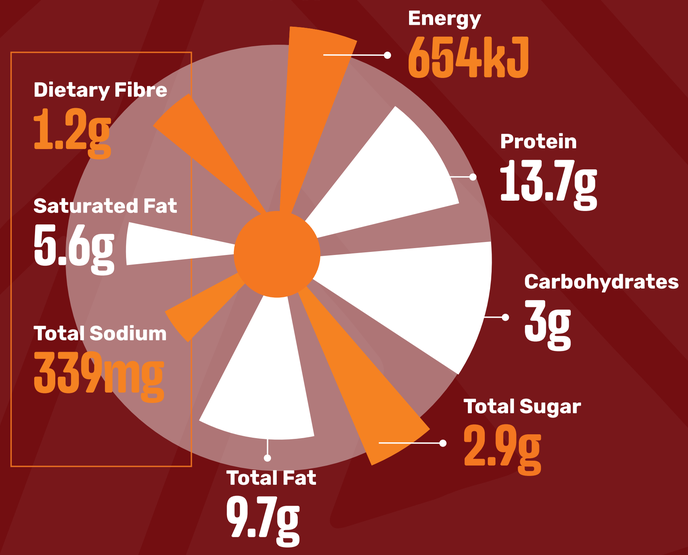
T-BONE STEAK WITH CHEESE SAUCE – 350g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



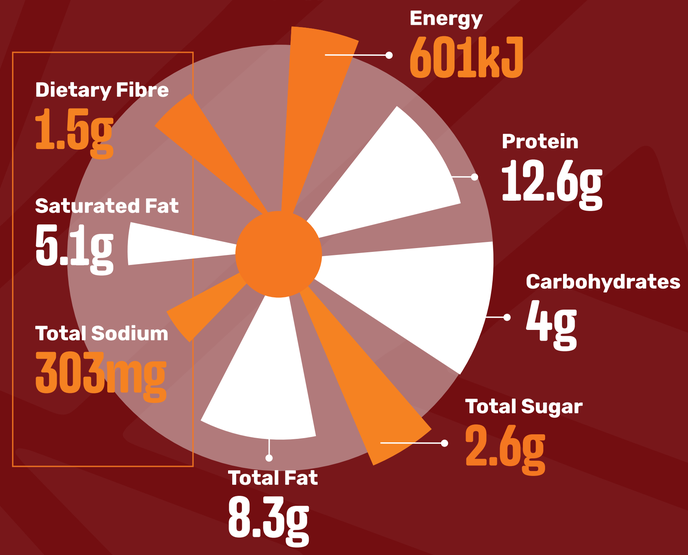
T-BONE STEAK WITH CHEESE SAUCE – 350g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



T-BONE STEAK WITH CHEESE SAUCE – 350g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



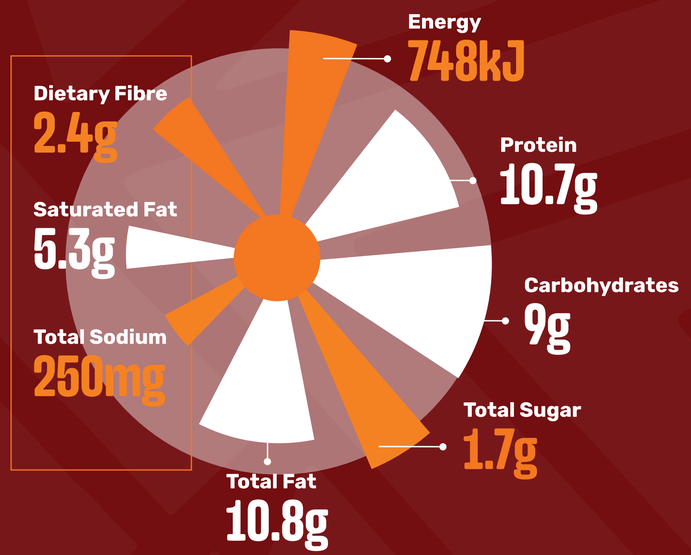
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

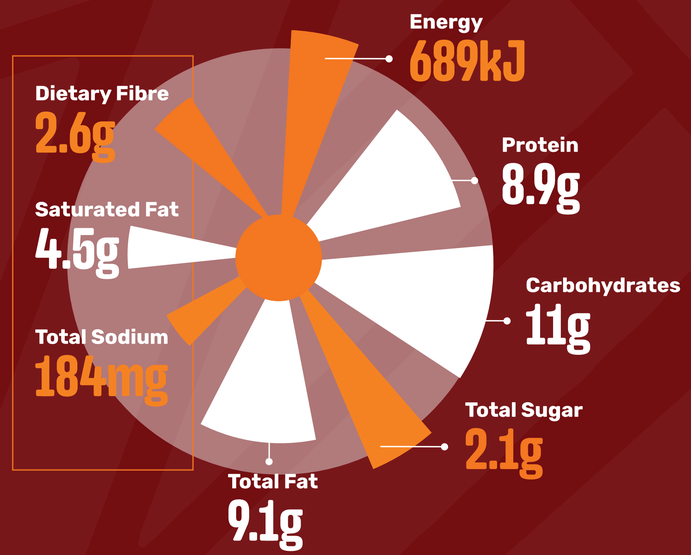
T-BONE STEAK WITH PEPPER SAUCE – 350g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



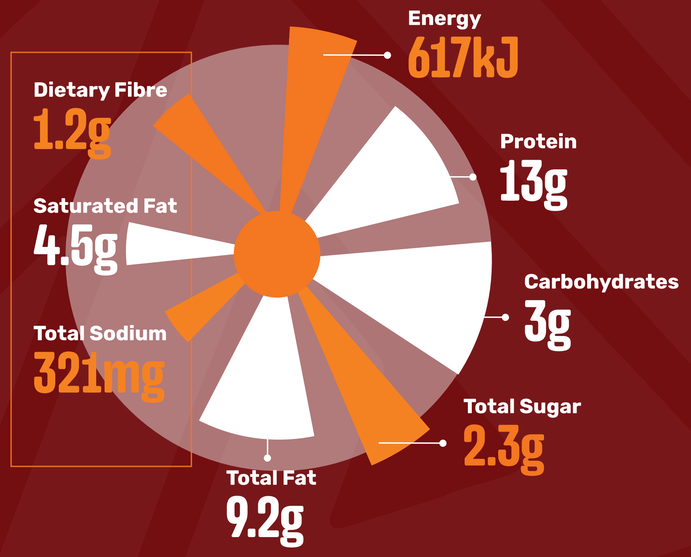
T-BONE STEAK WITH PEPPER SAUCE – 350g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



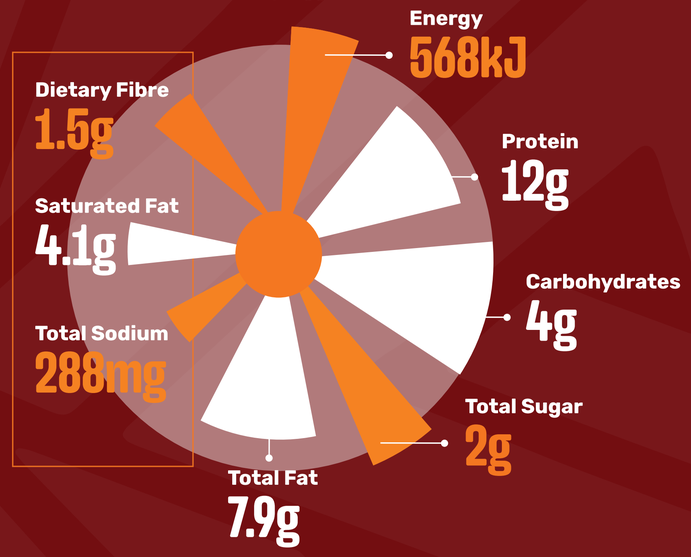
T-BONE STEAK WITH PEPPER SAUCE – 350g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



T-BONE STEAK WITH PEPPER SAUCE – 350g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



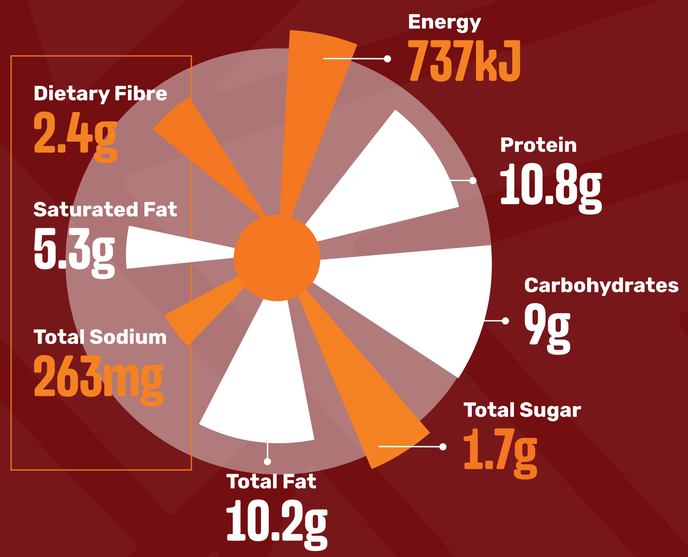
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

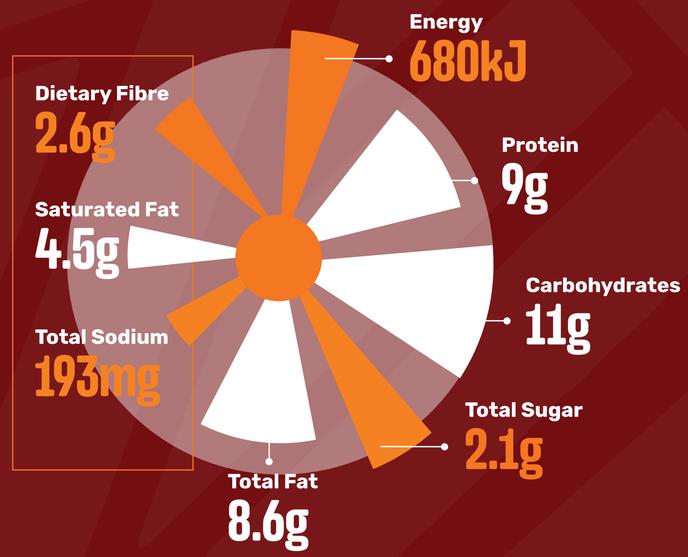
T-BONE STEAK WITH GARLIC SAUCE – 350g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



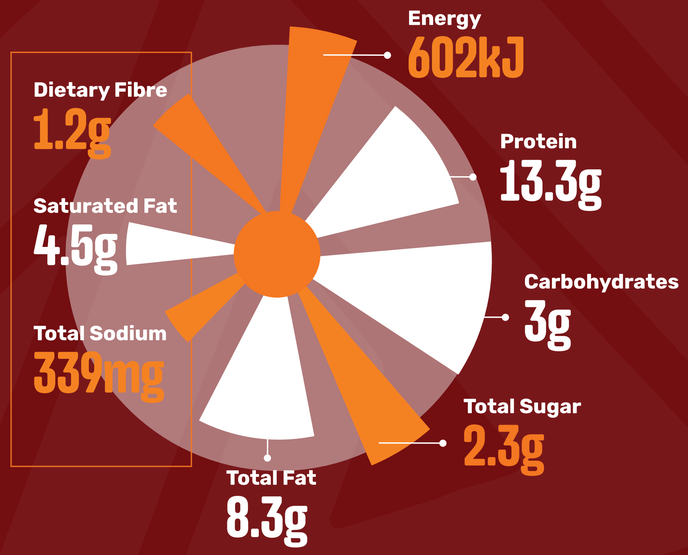
T-BONE STEAK WITH GARLIC SAUCE – 350g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



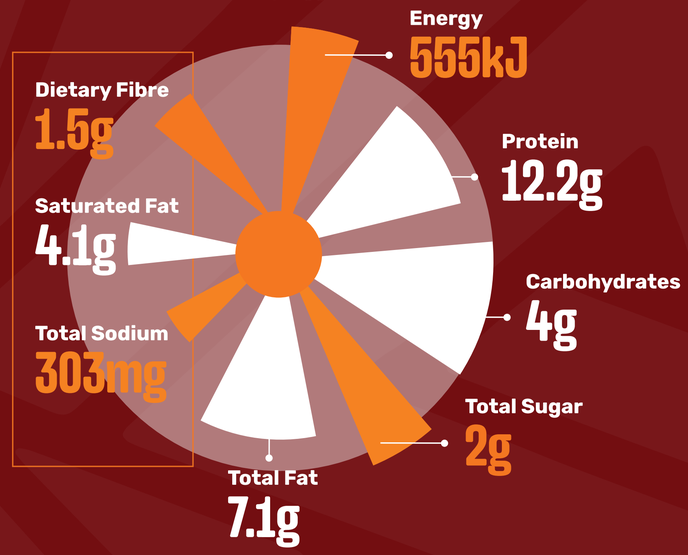
T-BONE STEAK WITH GARLIC SAUCE – 350g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



T-BONE STEAK WITH GARLIC SAUCE – 350g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



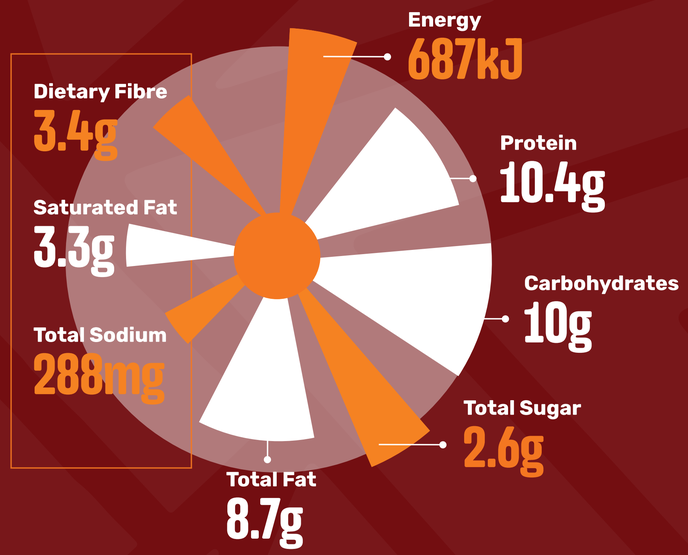
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

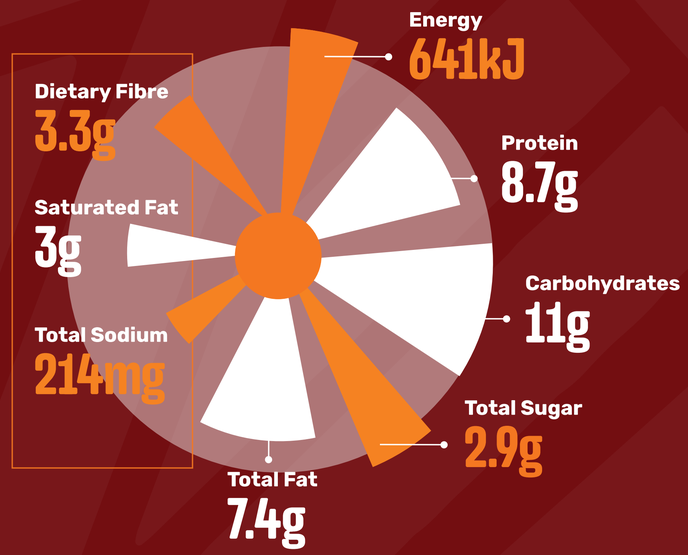
T-BONE STEAK WITH PERI-PERI SAUCE – 350g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



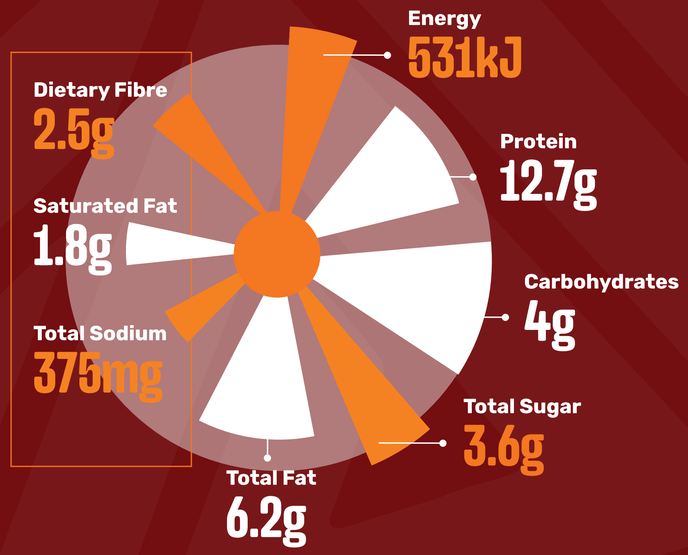
T-BONE STEAK WITH PERI-PERI SAUCE – 350g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



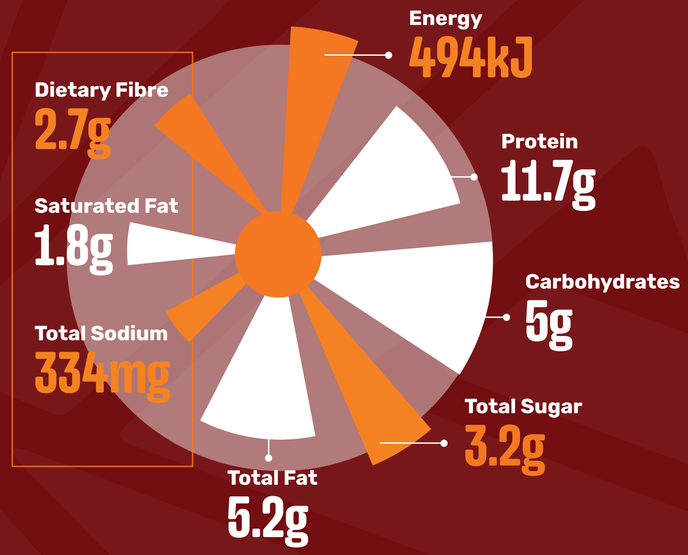
T-BONE STEAK WITH PERI-PERI SAUCE – 350g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



T-BONE STEAK WITH PERI-PERI SAUCE – 350g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



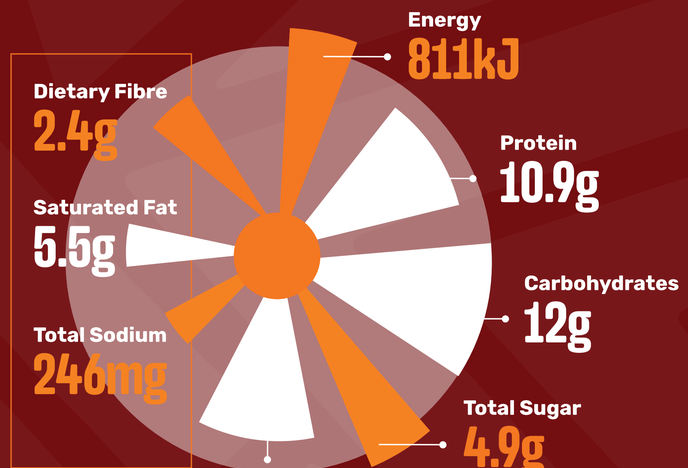
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

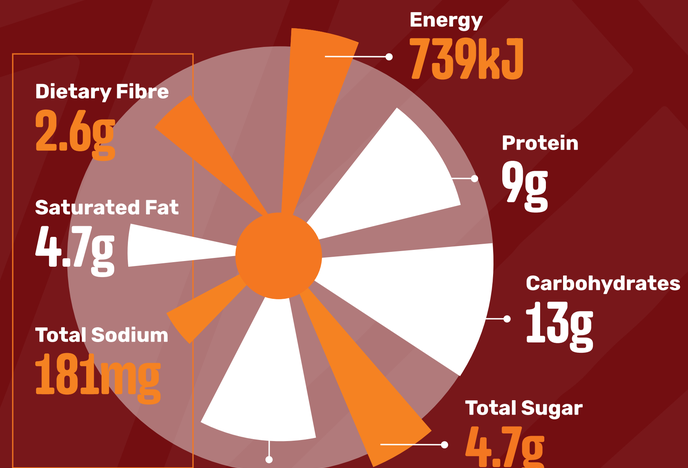
T-BONE STEAK WITH CHEESY GARLIC SAUCE – 350g (Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



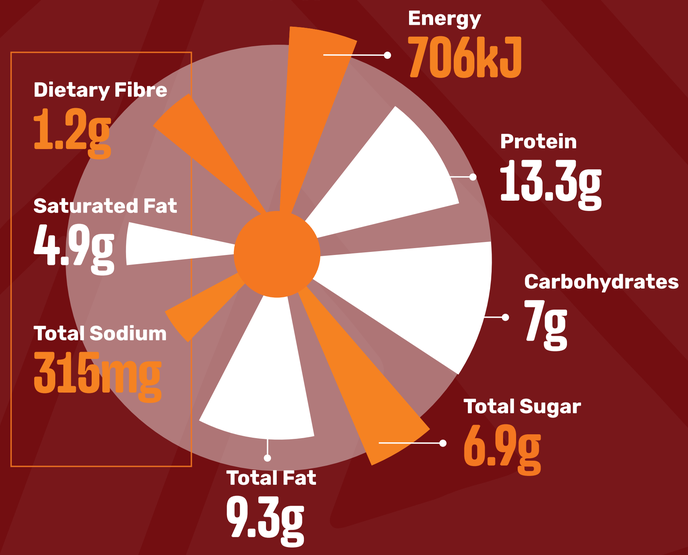
T-BONE STEAK WITH CHEESY GARLIC SAUCE – 350g (Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



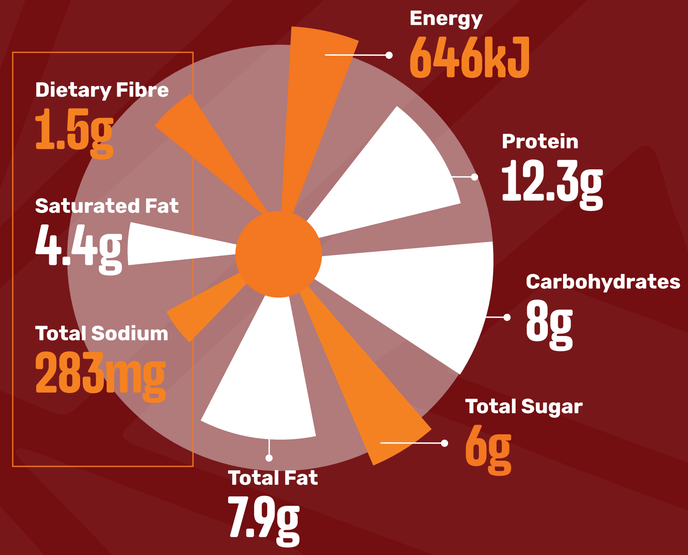
T-BONE STEAK WITH CHEESY GARLIC SAUCE – 350g (Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



T-BONE STEAK WITH CHEESY GARLIC SAUCE – 350g (Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



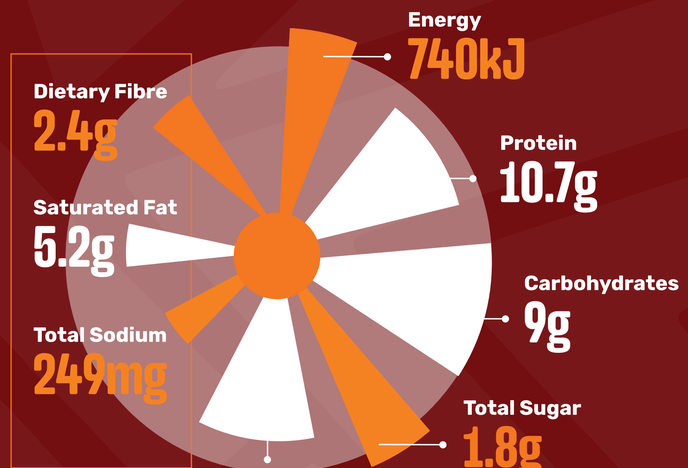
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

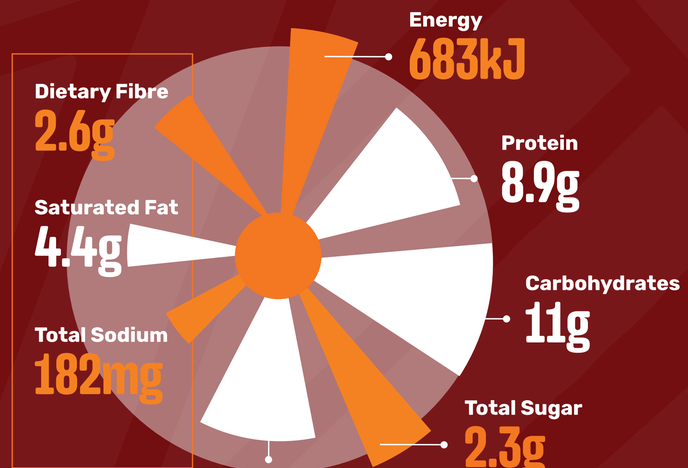
T-BONE STEAK WITH MUSHROOM SAUCE – 350g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



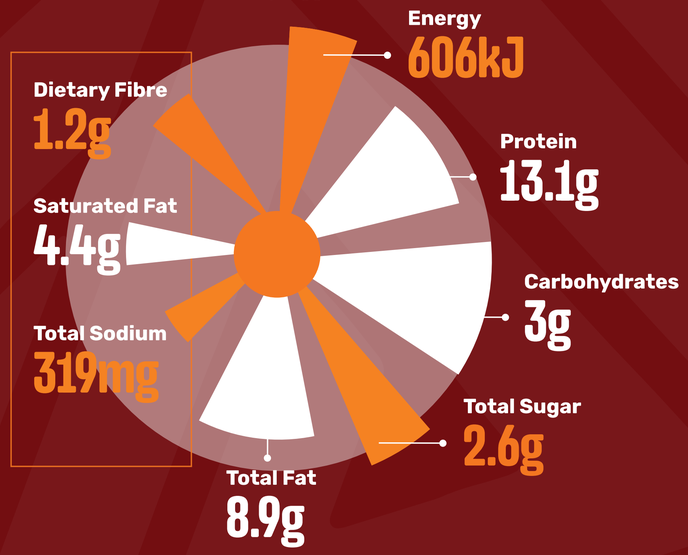
T-BONE STEAK WITH MUSHROOM SAUCE – 350g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



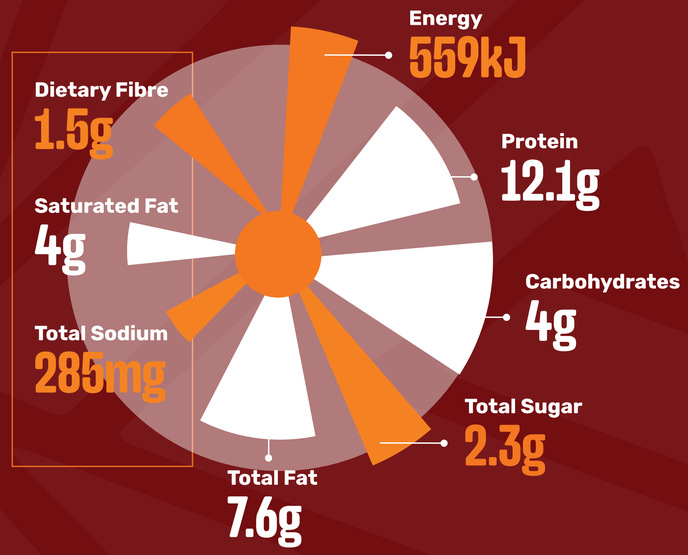
T-BONE STEAK WITH MUSHROOM SAUCE – 350g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



T-BONE STEAK WITH MUSHROOM SAUCE – 350g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



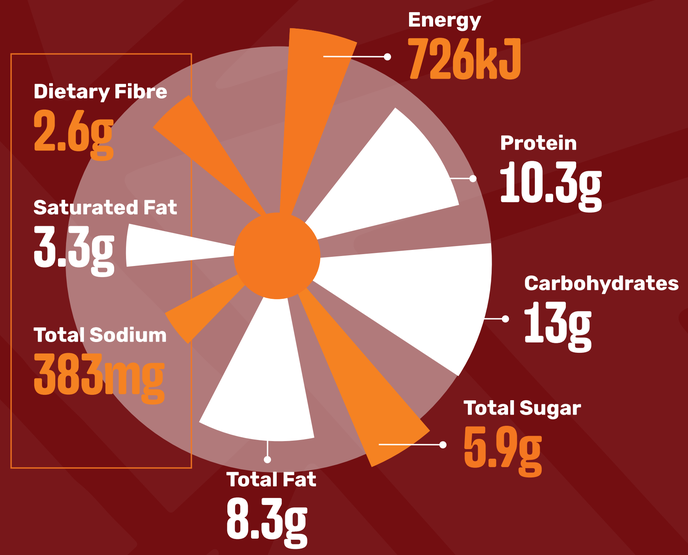
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

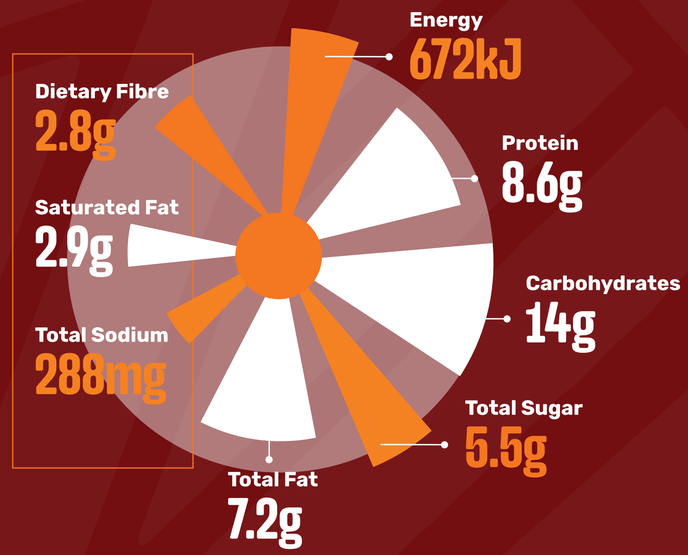
T-BONE STEAK WITH SWEET & SPICY SAUCE – 350g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



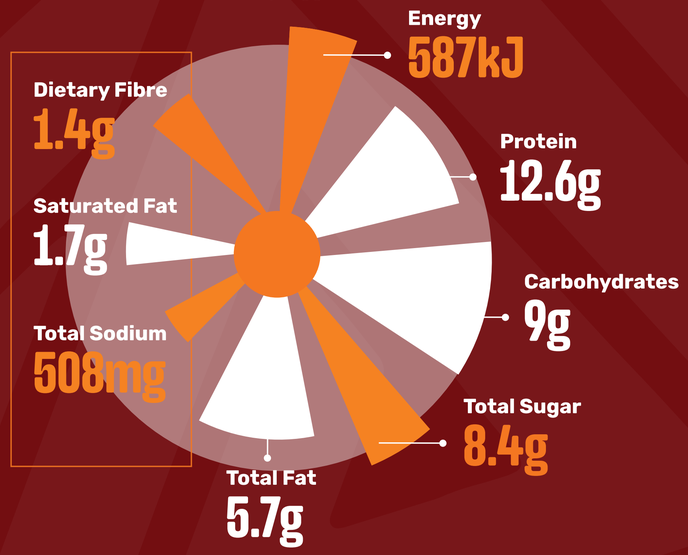
T-BONE STEAK WITH SWEET & SPICY SAUCE – 350g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



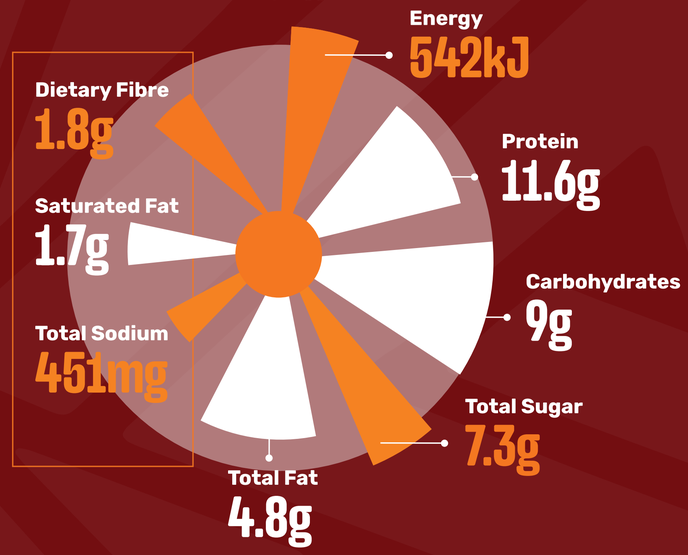
T-BONE STEAK WITH SWEET & SPICY SAUCE – 350g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



T-BONE STEAK WITH SWEET & SPICY SAUCE – 350g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



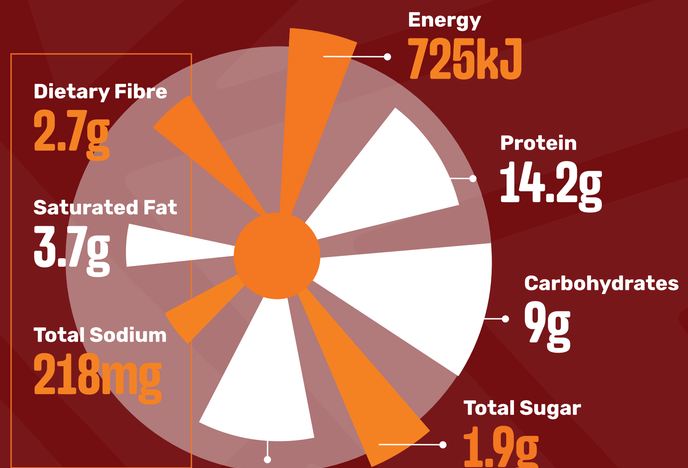
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

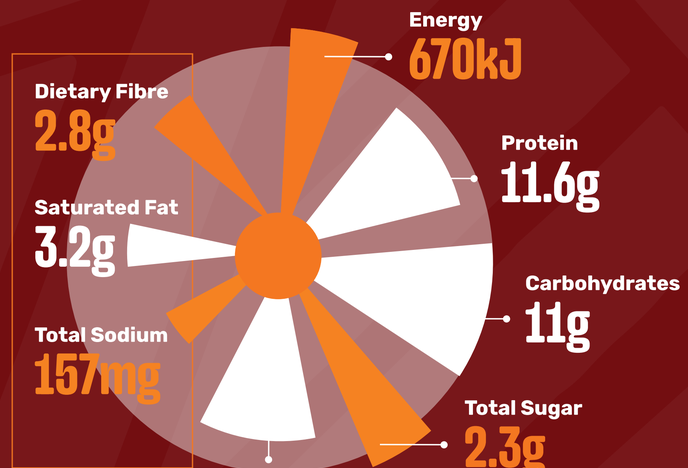
T-BONE STEAK – 500g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



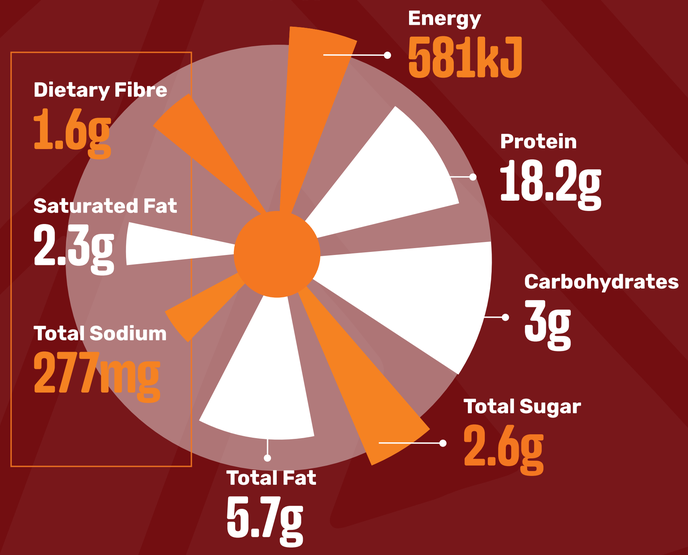
T-BONE STEAK – 500g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



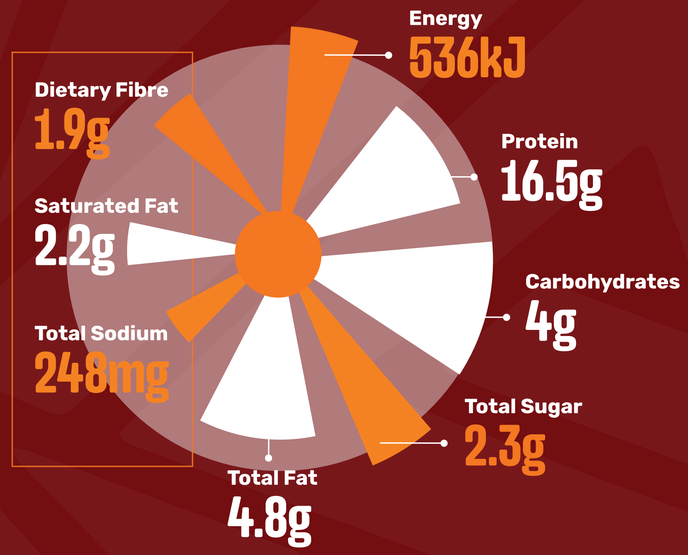
T-BONE STEAK – 500g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



T-BONE STEAK – 500g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



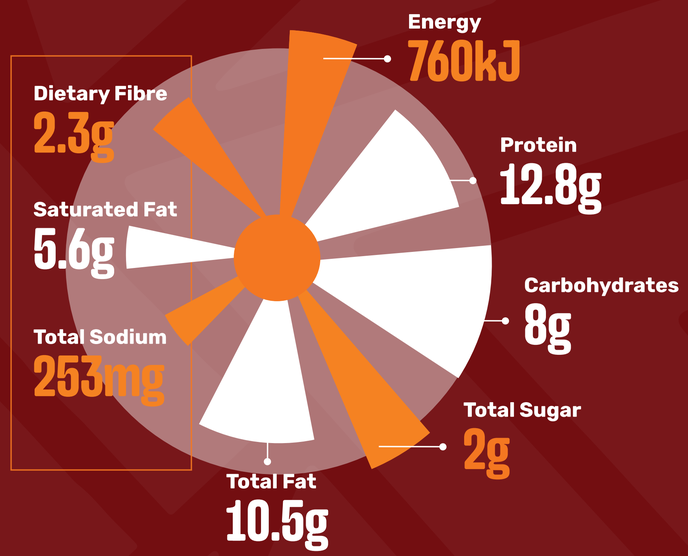
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

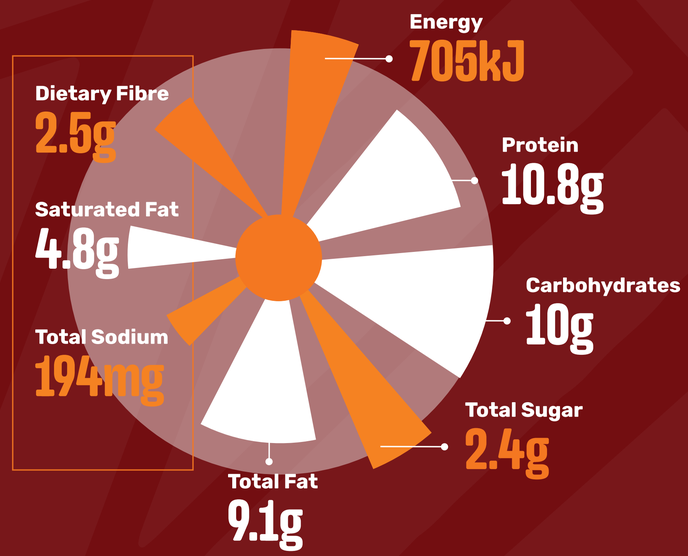
T-BONE STEAK WITH CHEESE SAUCE – 500g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



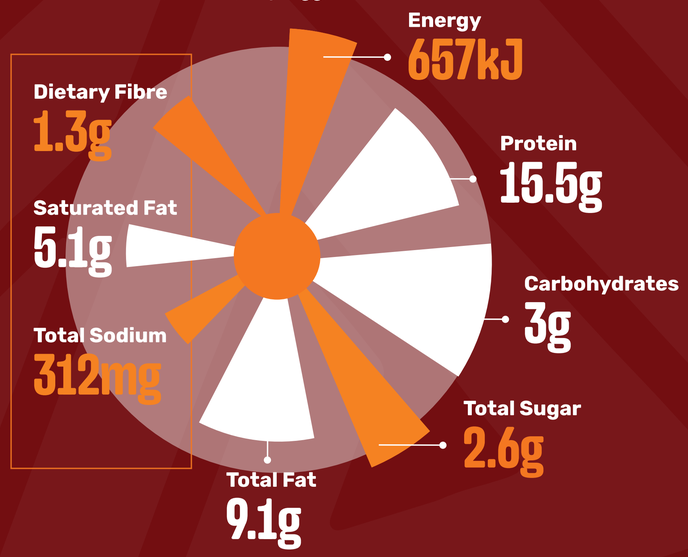
T-BONE STEAK WITH CHEESE SAUCE – 500g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



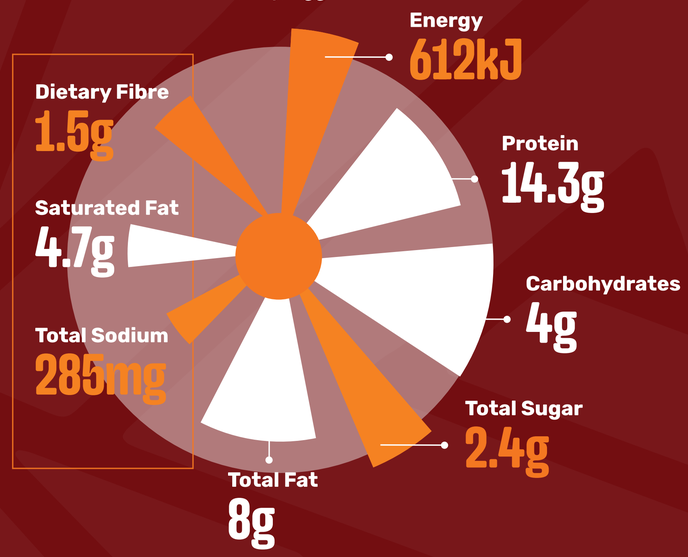
T-BONE STEAK WITH CHEESE SAUCE – 500g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



T-BONE STEAK WITH CHEESE SAUCE – 500g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



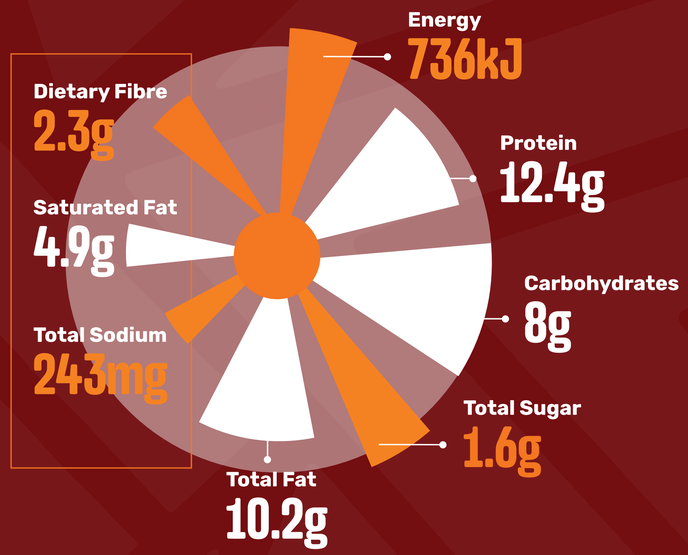
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

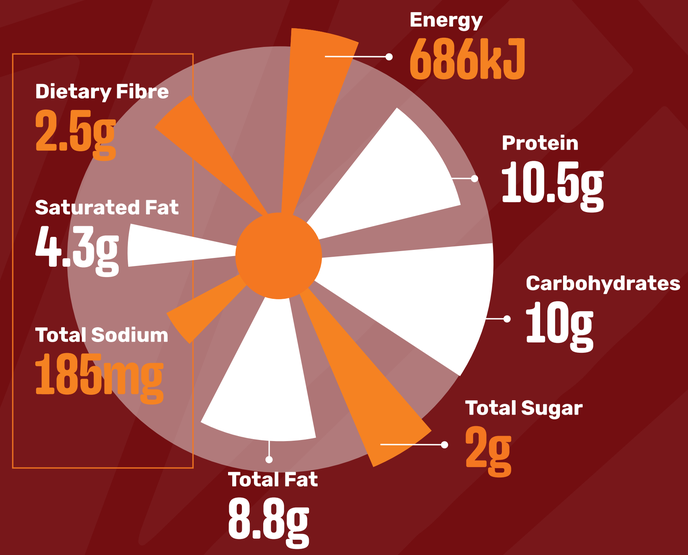
T-BONE STEAK WITH PEPPER SAUCE – 500g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



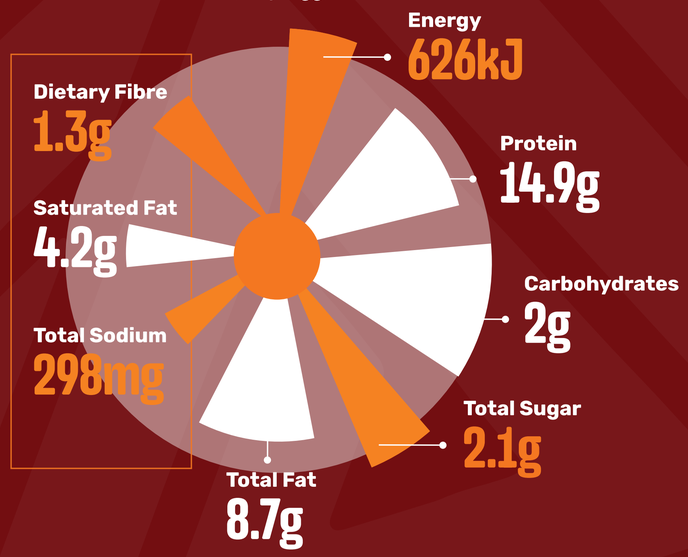
T-BONE STEAK WITH PEPPER SAUCE – 500g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



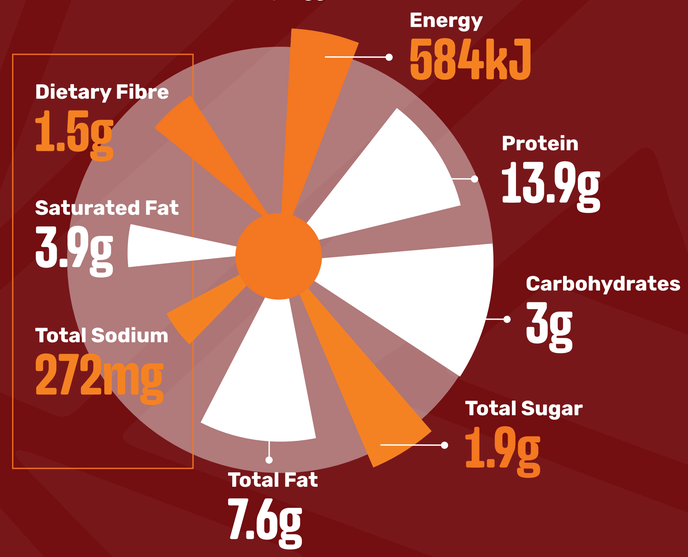
T-BONE STEAK WITH PEPPER SAUCE – 500g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



T-BONE STEAK WITH PEPPER SAUCE – 500g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



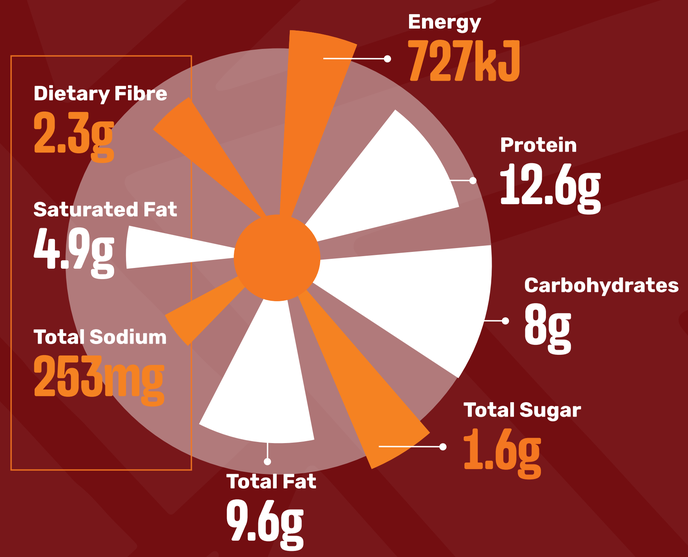
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

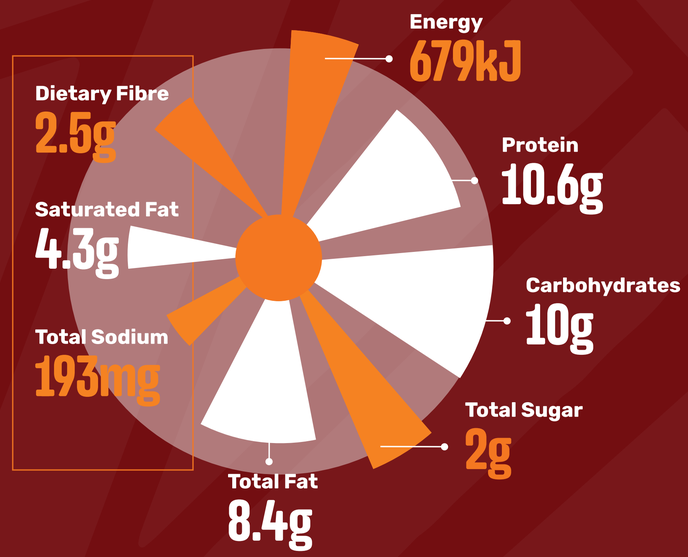
T-BONE STEAK WITH GARLIC SAUCE – 500g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



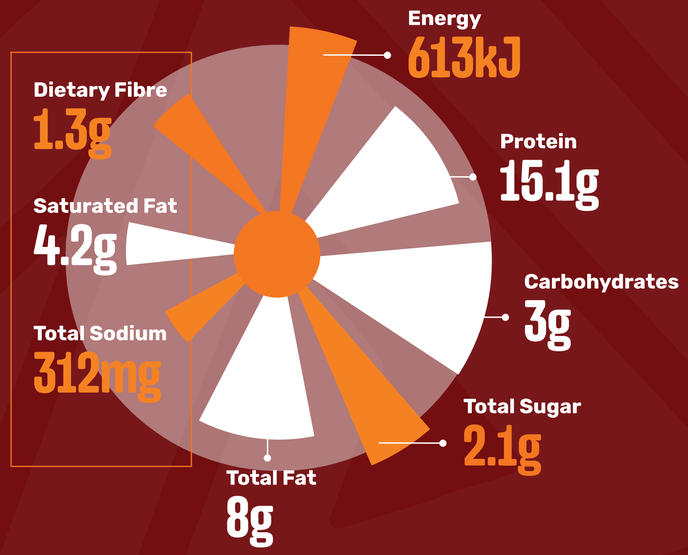
T-BONE STEAK WITH GARLIC SAUCE – 500g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



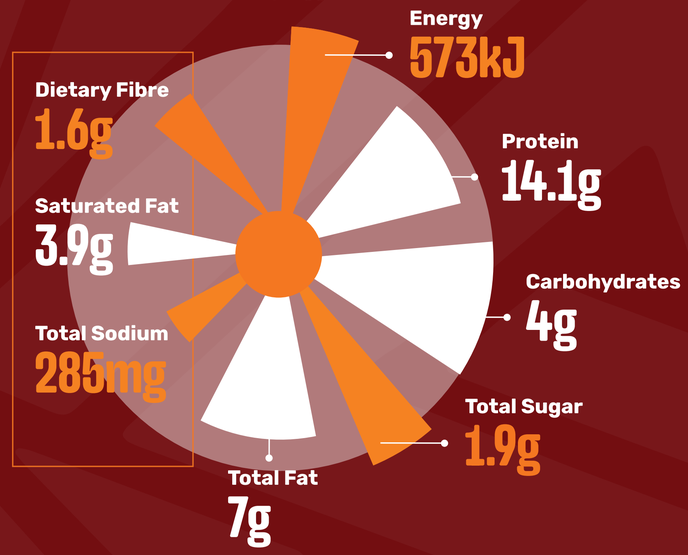
T-BONE STEAK WITH GARLIC SAUCE – 500g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



T-BONE STEAK WITH GARLIC SAUCE – 500g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



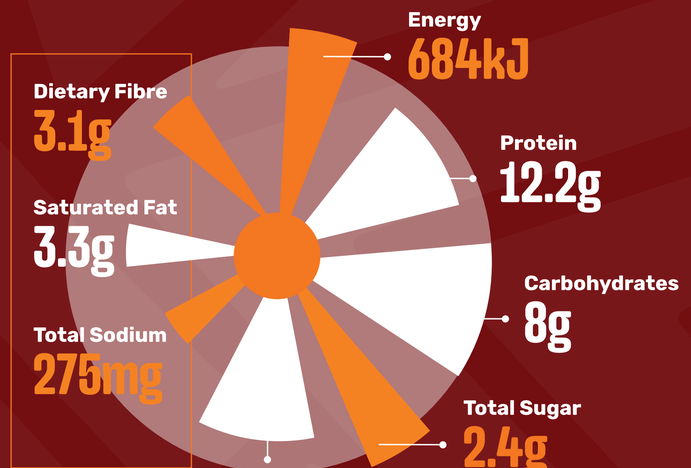
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

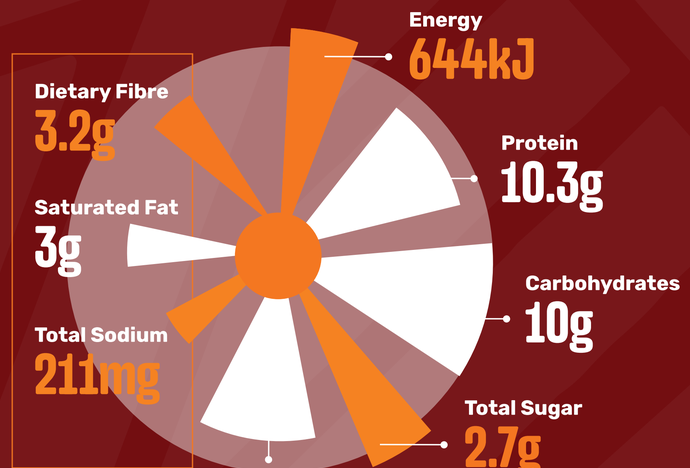
T-BONE STEAK WITH PERI-PERI SAUCE – 500g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



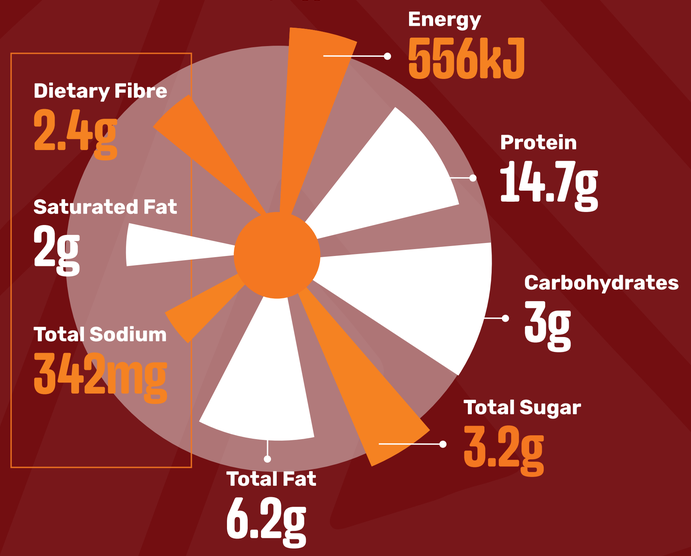
T-BONE STEAK WITH PERI-PERI SAUCE – 500g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



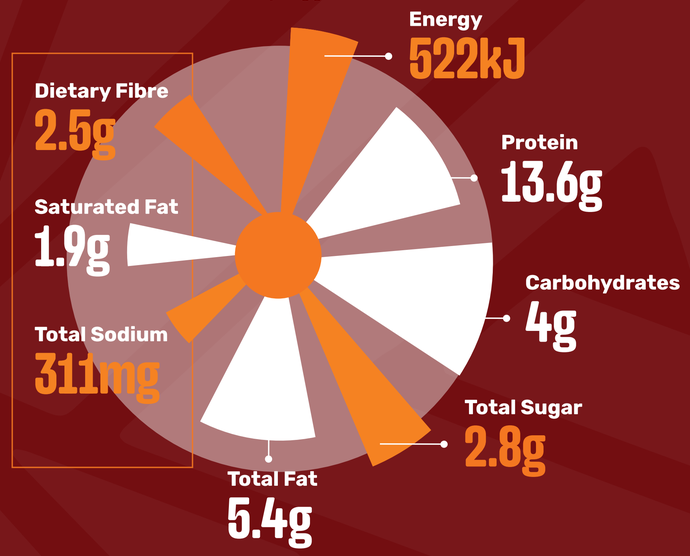
T-BONE STEAK WITH PERI-PERI SAUCE – 500g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



T-BONE STEAK WITH PERI-PERI SAUCE – 500g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



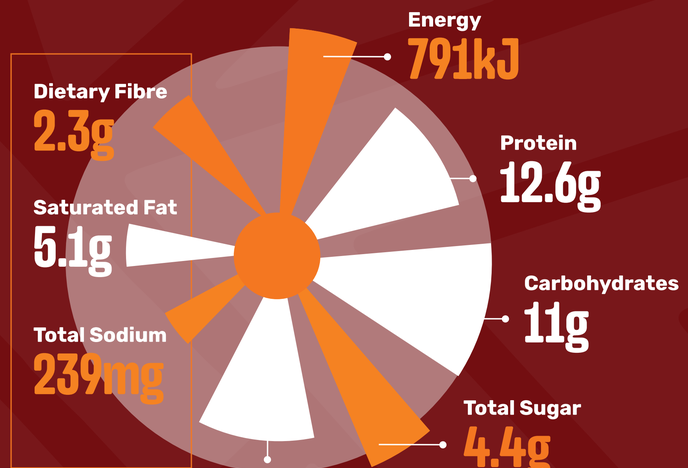
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

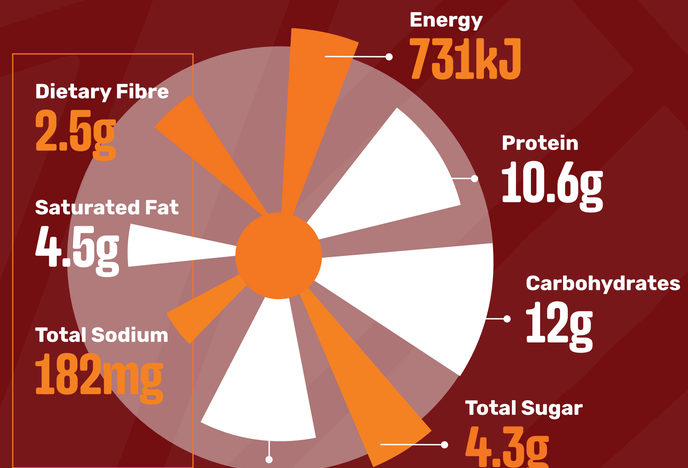
T-BONE STEAK WITH CHEESY GARLIC SAUCE – 500g (Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



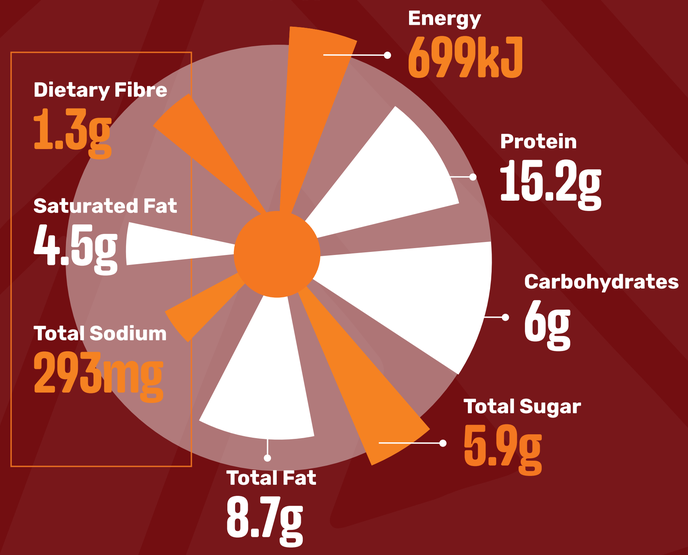
T-BONE STEAK WITH CHEESY GARLIC SAUCE – 500g (Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



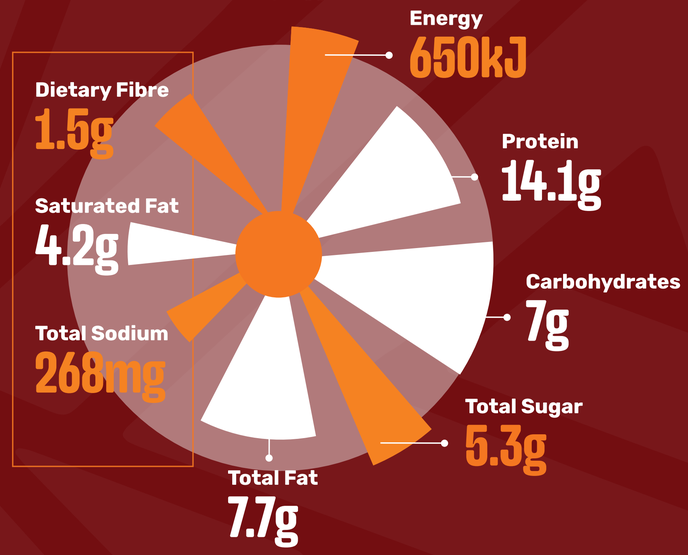
T-BONE STEAK WITH CHEESY GARLIC SAUCE – 500g (Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



T-BONE STEAK WITH CHEESY GARLIC SAUCE – 500g (Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



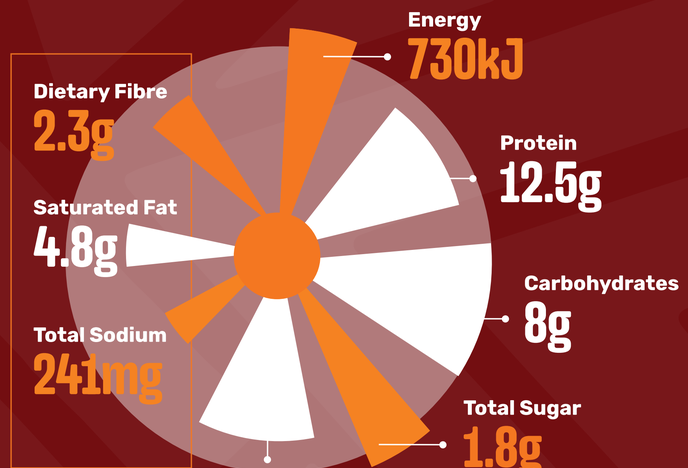
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

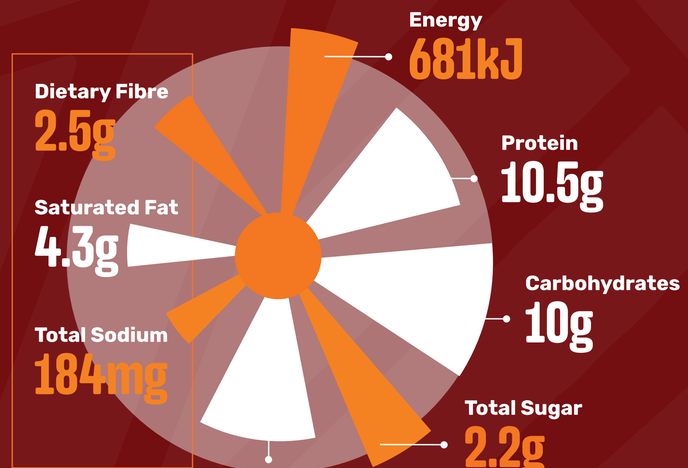
T-BONE STEAK WITH MUSHROOM SAUCE – 500g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



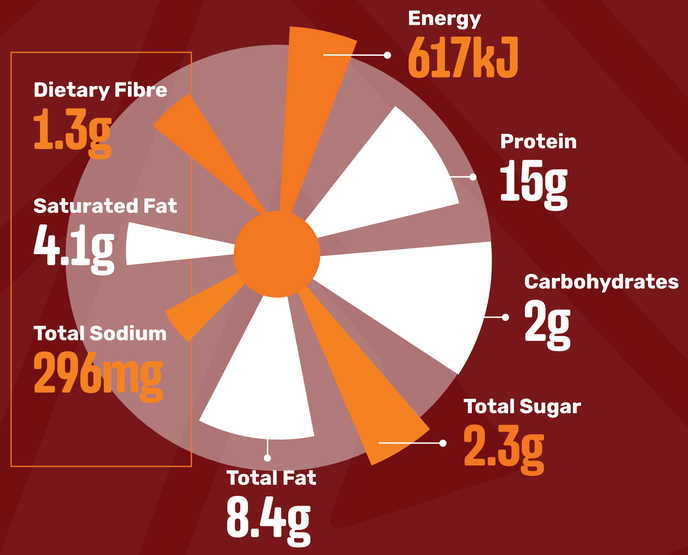
T-BONE STEAK WITH MUSHROOM SAUCE – 500g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



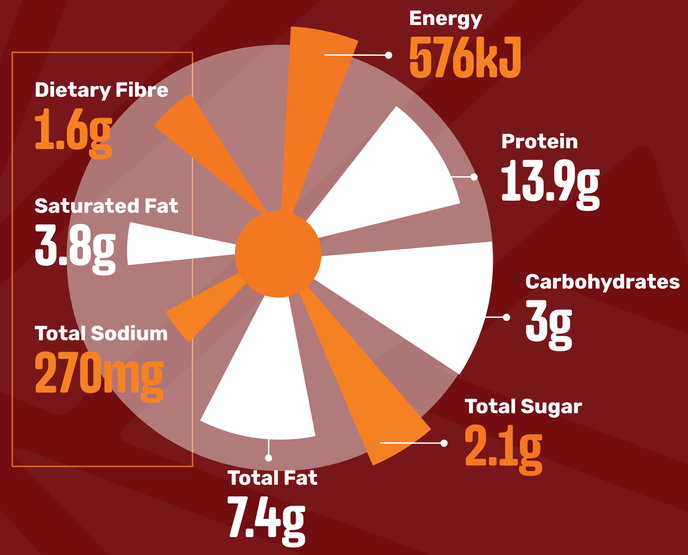
T-BONE STEAK WITH MUSHROOM SAUCE – 500g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



T-BONE STEAK WITH MUSHROOM SAUCE – 500g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



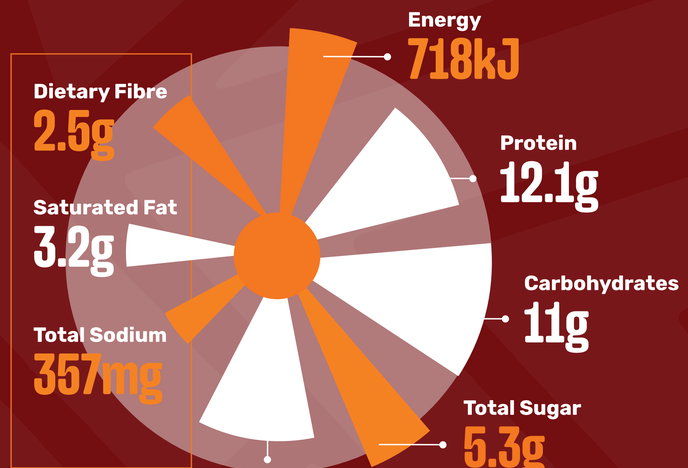
STEAKS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

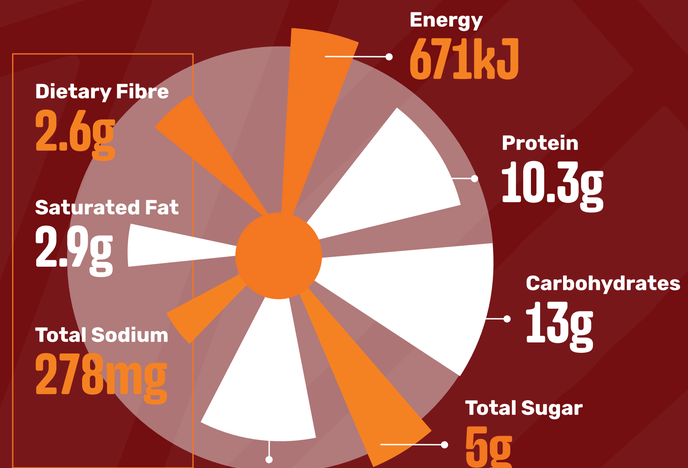
T-BONE STEAK WITH SWEET & SPICY SAUCE – 500g (Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



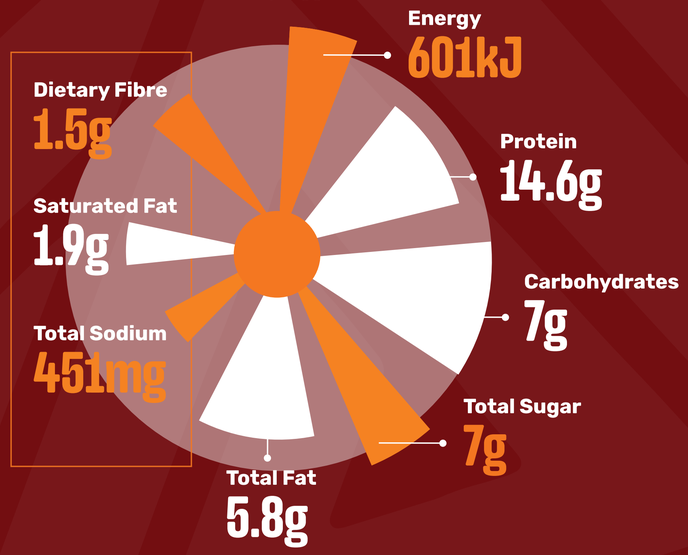
T-BONE STEAK WITH SWEET & SPICY SAUCE – 500g (Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



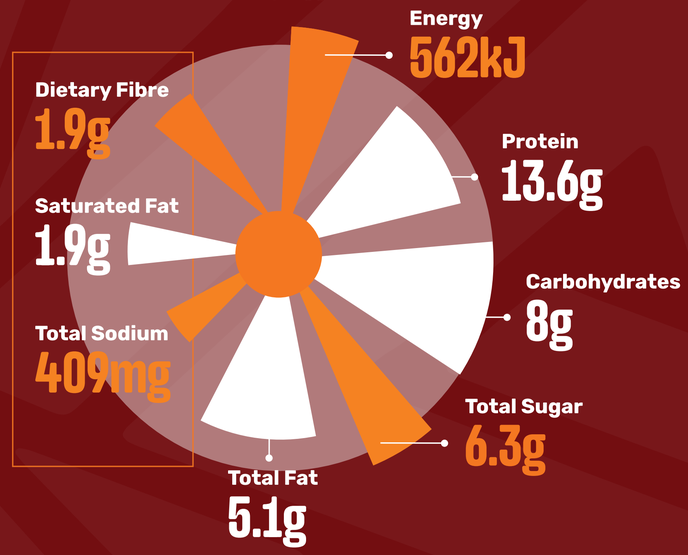
T-BONE STEAK WITH SWEET & SPICY SAUCE – 500g (Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



T-BONE STEAK WITH SWEET & SPICY SAUCE – 500g (Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHICKEN & SCHNITZELS

Spur Steak Ranches are not a gluten or allergen-free environment, and while the utmost care is taken to minimise contact with allergens when requested, traces of gluten or other allergens may appear in the final dish served. Our meals are produced in kitchens containing allergens including nuts, gluten, wheat, shellfish, lactose and egg. Every effort is made to ensure vegan meals are cooked on separate surfaces, keep in mind that our plant-based meals are prepared in a kitchen that does handle animal products. Please note our fish may contain small bones.

The allergen and nutritional information provided is accurate and up-to-date to the best of our knowledge. It is based on information provided by our manufacturers and suppliers and Spur Corporation (Pty) Limited will not be held liable for any omission or failure to provide updated or correct information nor negligence on the part of the supplier nor manufacturer.

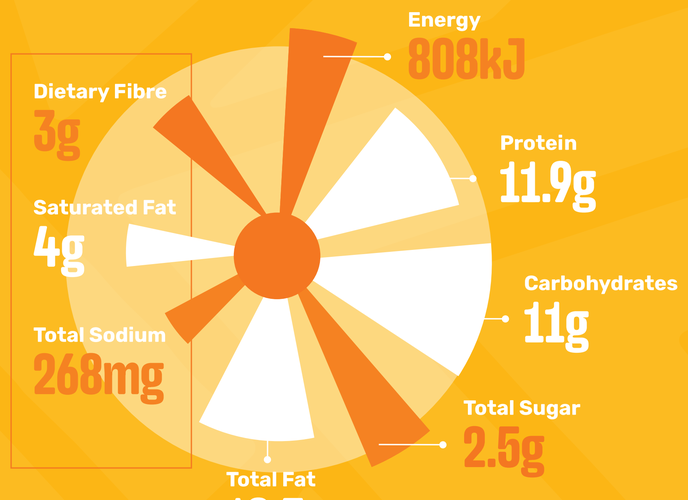
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

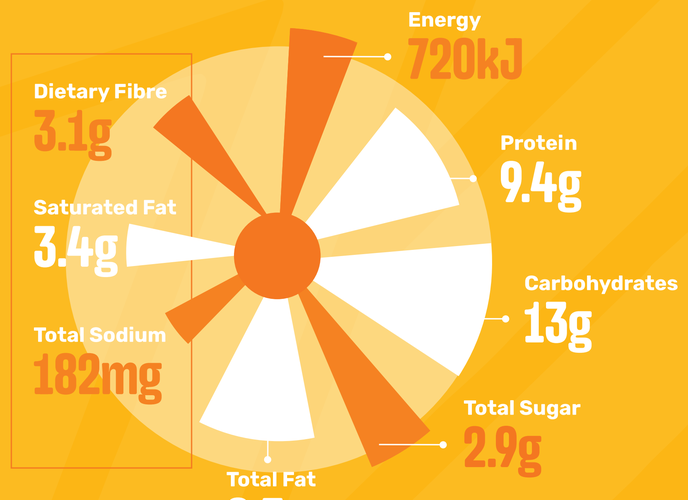
QUARTER CHICKEN – GRILL BASTING
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



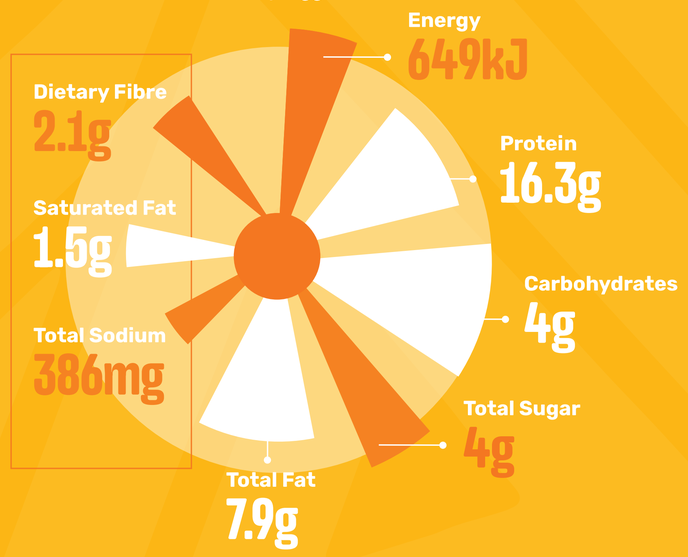
QUARTER CHICKEN – GRILL BASTING
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



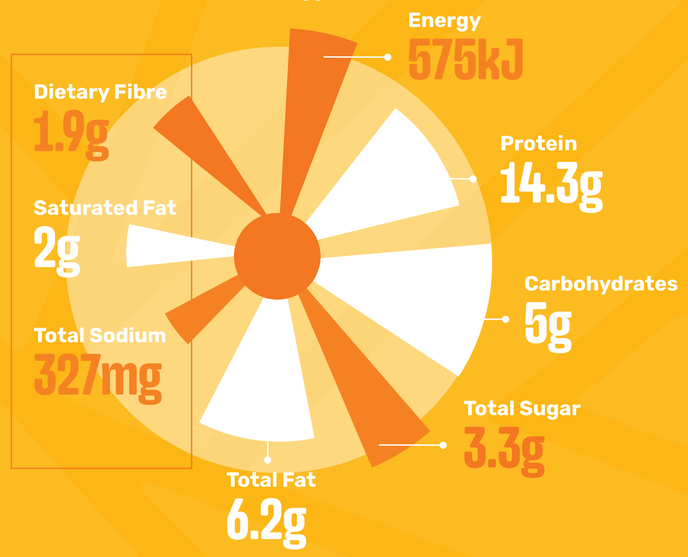
QUARTER CHICKEN – GRILL BASTING
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



QUARTER CHICKEN – GRILL BASTING
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



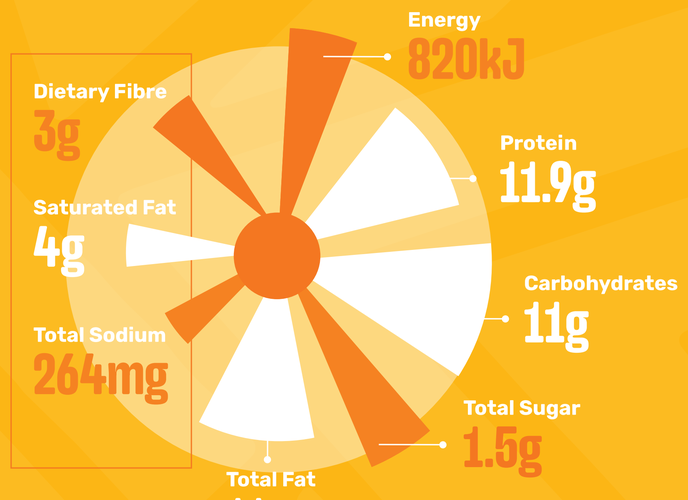
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

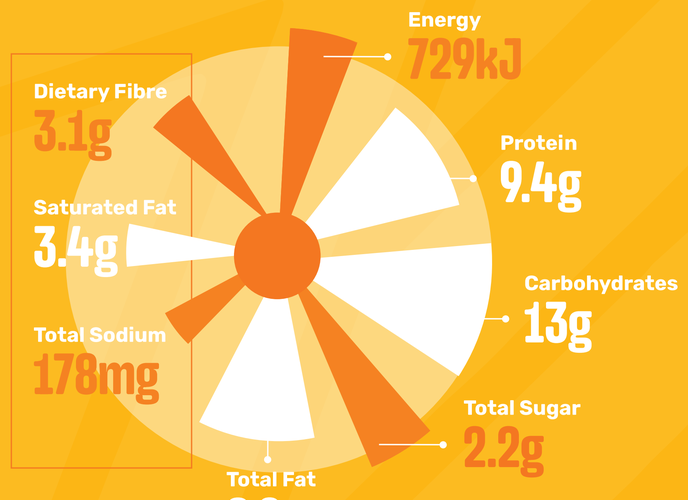
QUARTER CHICKEN – PERI-PERI
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



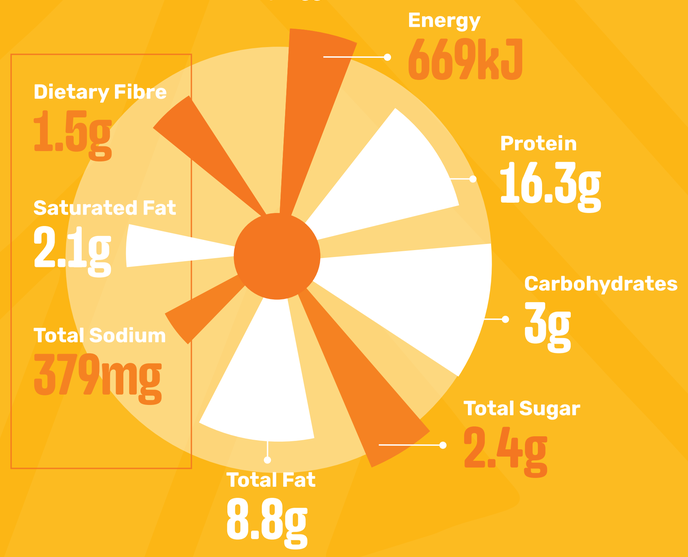
QUARTER CHICKEN – PERI-PERI
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



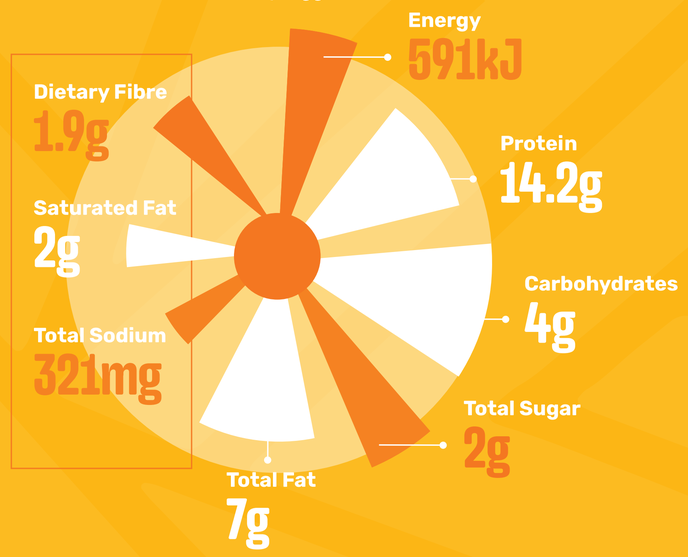
QUARTER CHICKEN – PERI-PERI
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



QUARTER CHICKEN – PERI-PERI
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



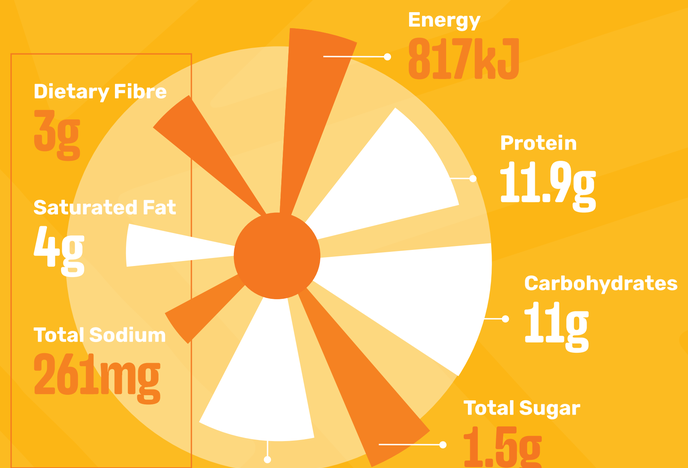
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

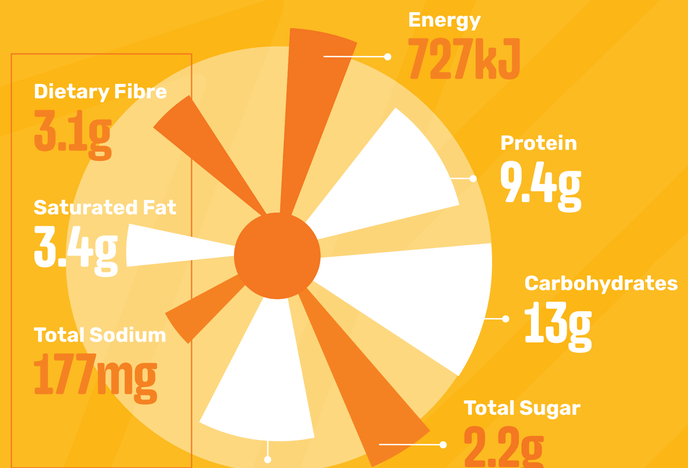
QUARTER CHICKEN – LEMON & HERB BASTING
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



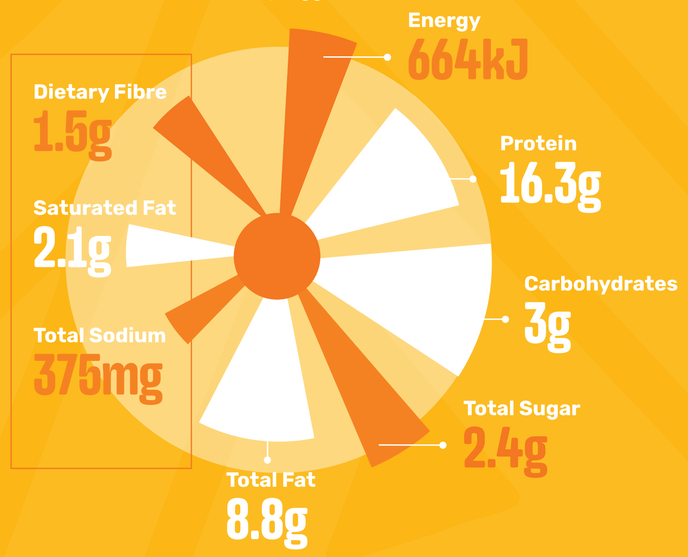
QUARTER CHICKEN – LEMON & HERB BASTING
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



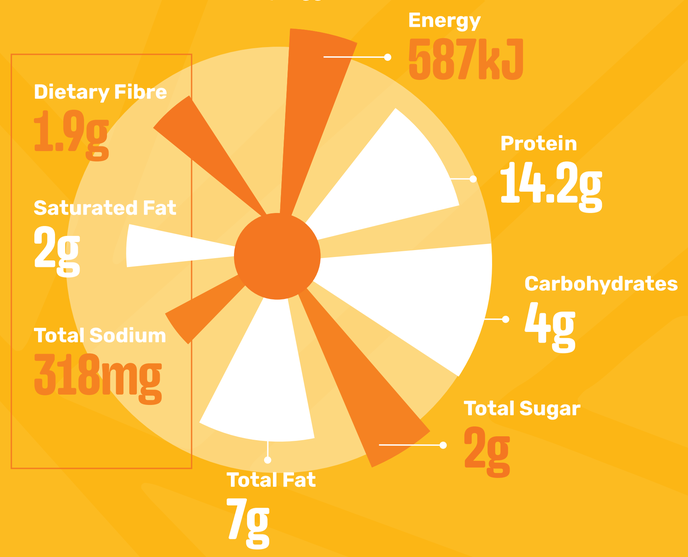
QUARTER CHICKEN – LEMON & HERB BASTING
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



QUARTER CHICKEN – LEMON & HERB BASTING
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



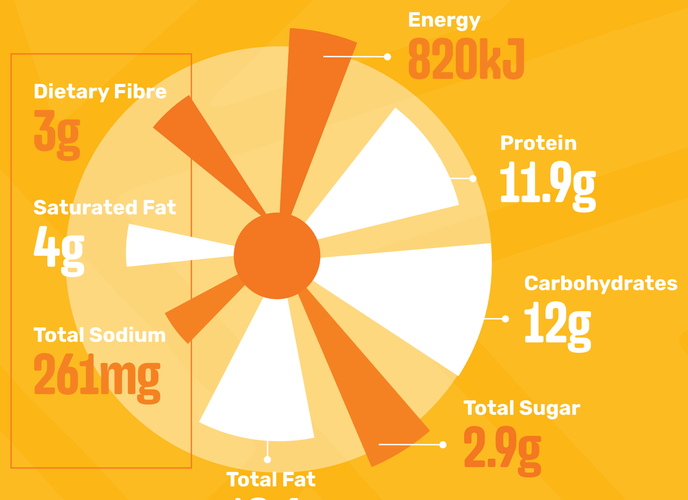
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

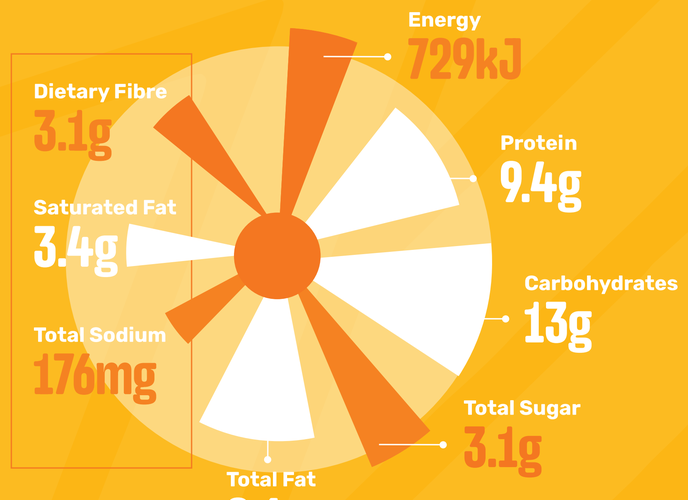
QUARTER CHICKEN – SWEET & SPICY SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



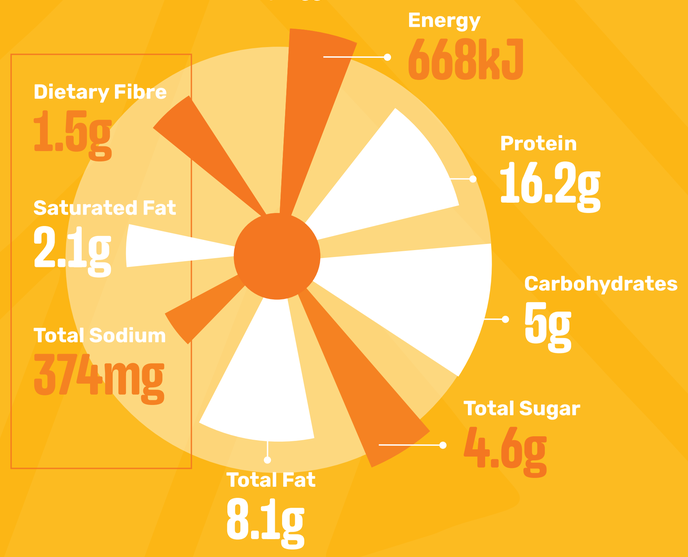
QUARTER CHICKEN – SWEET & SPICY SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



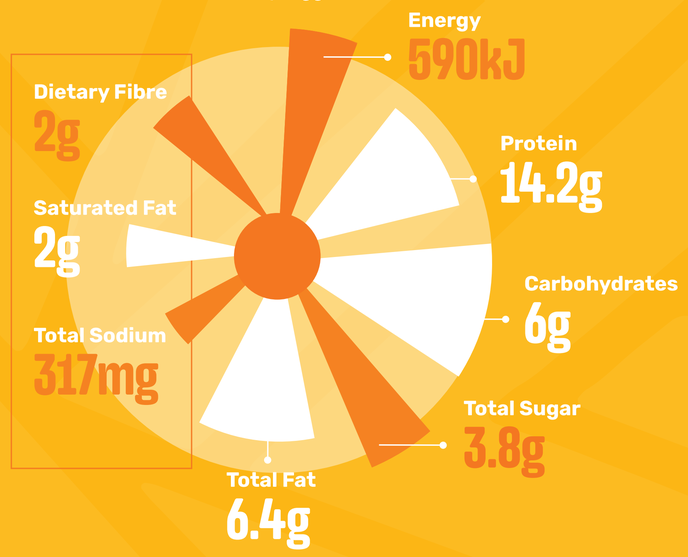
QUARTER CHICKEN – SWEET & SPICY SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



QUARTER CHICKEN – SWEET & SPICY SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



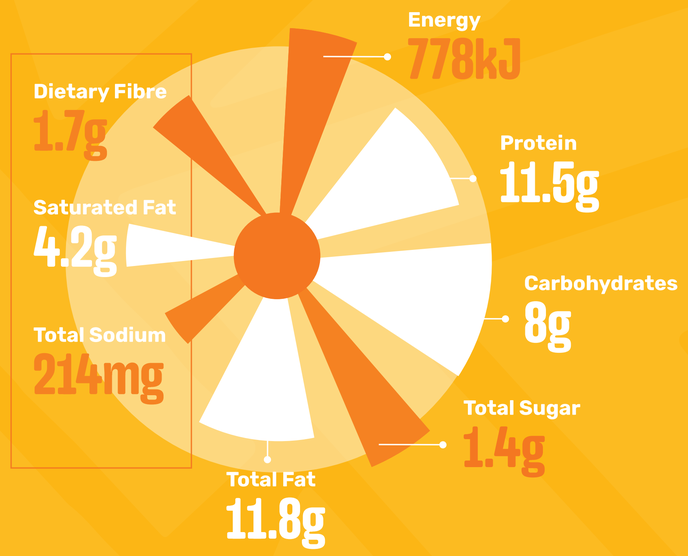
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

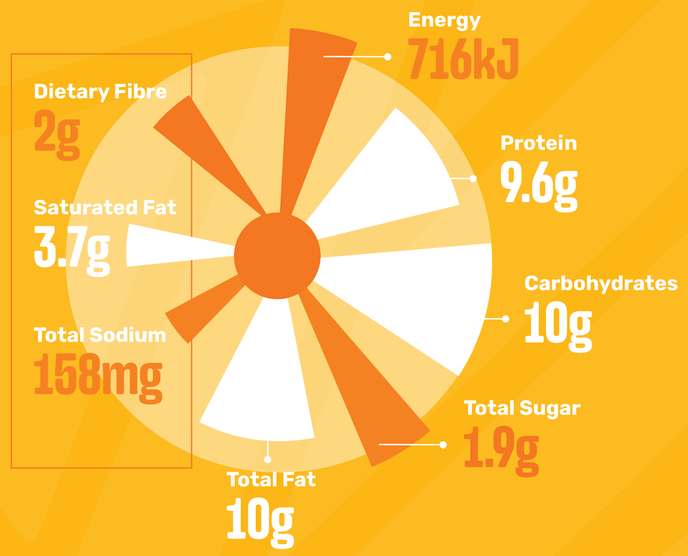
HALF RANCH CHICKEN – GRILL BASTING
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



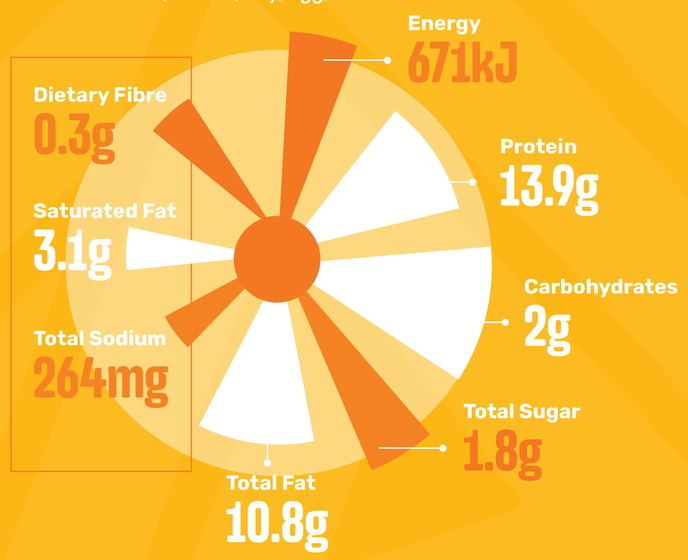
HALF RANCH CHICKEN – GRILL BASTING
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



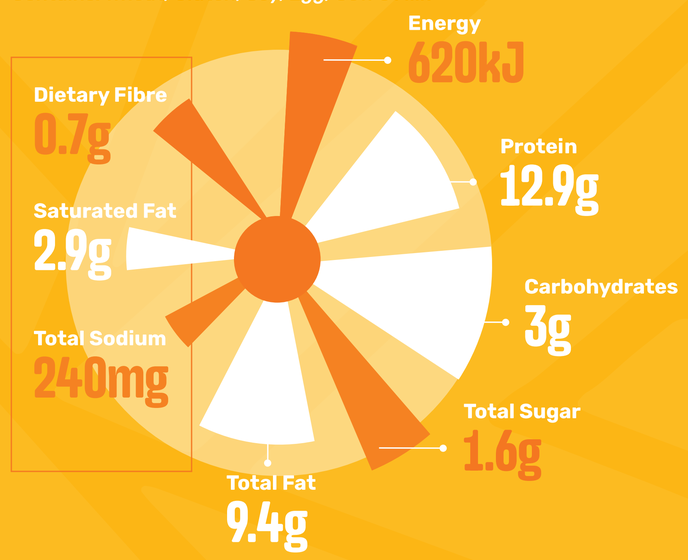
HALF RANCH CHICKEN – GRILL BASTING
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



HALF RANCH CHICKEN – GRILL BASTING
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



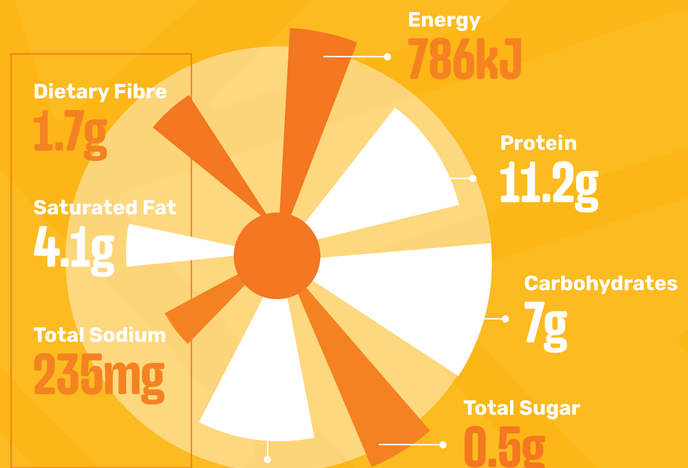
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

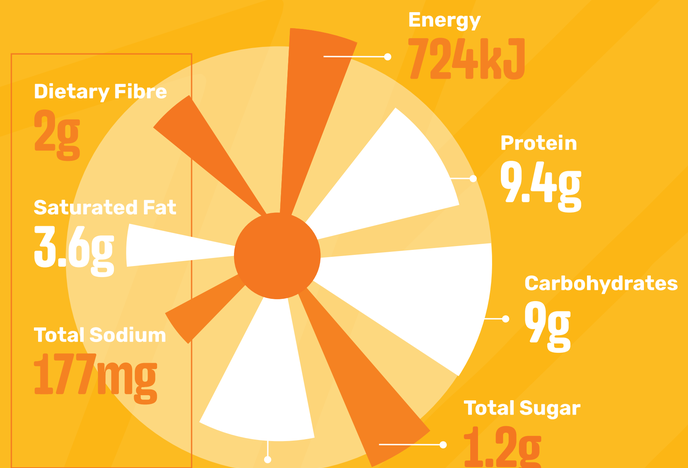
HALF RANCH CHICKEN – PERI-PERI BASTING
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



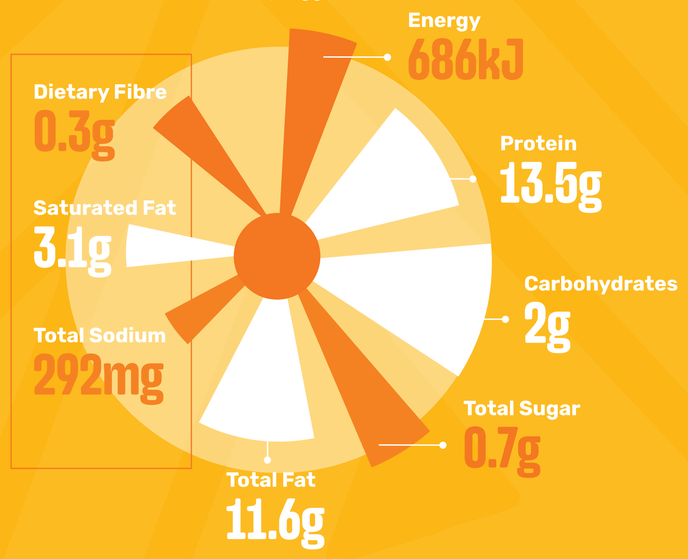
HALF RANCH CHICKEN – PERI-PERI BASTING
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



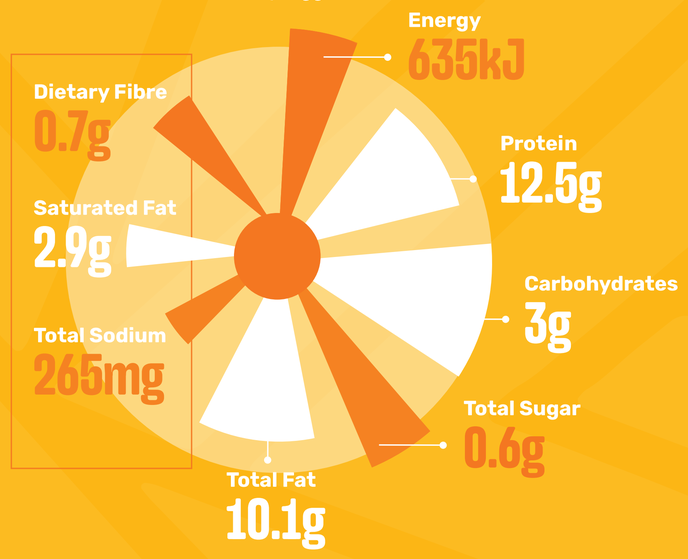
HALF RANCH CHICKEN – PERI-PERI BASTING
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



HALF RANCH CHICKEN – PERI-PERI BASTING
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



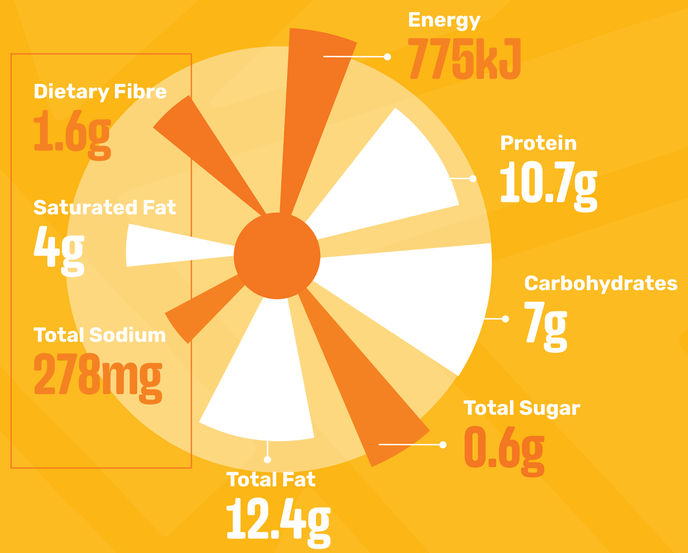
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

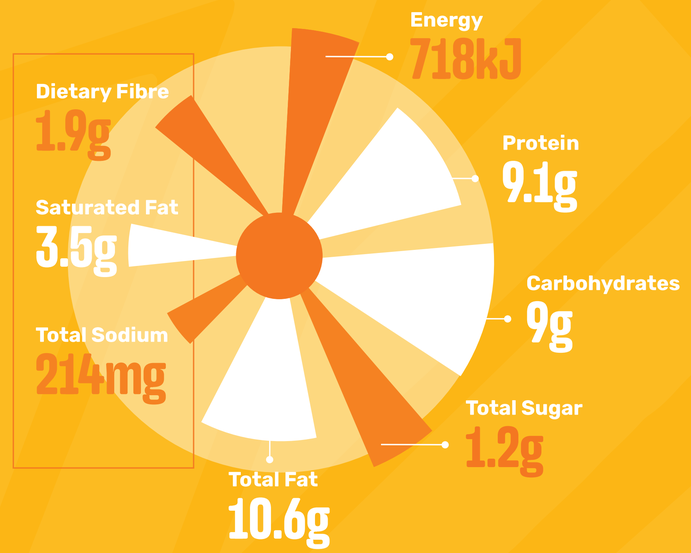
HALF RANCH CHICKEN – LEMON & HERB BASTING
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



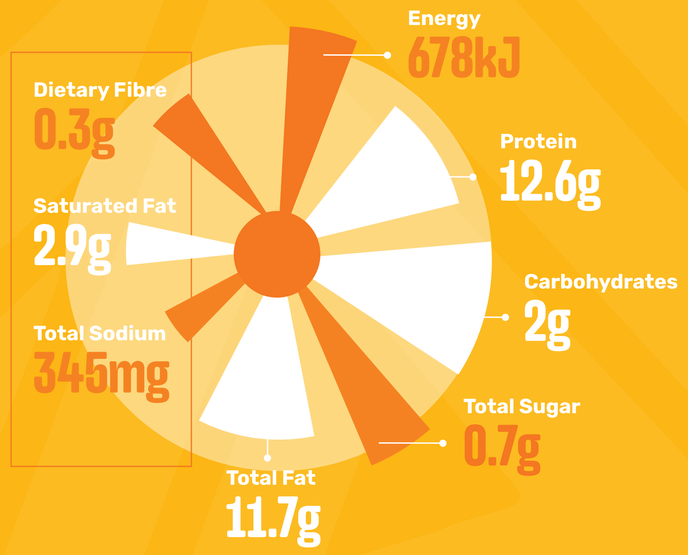
HALF RANCH CHICKEN – LEMON & HERB BASTING
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



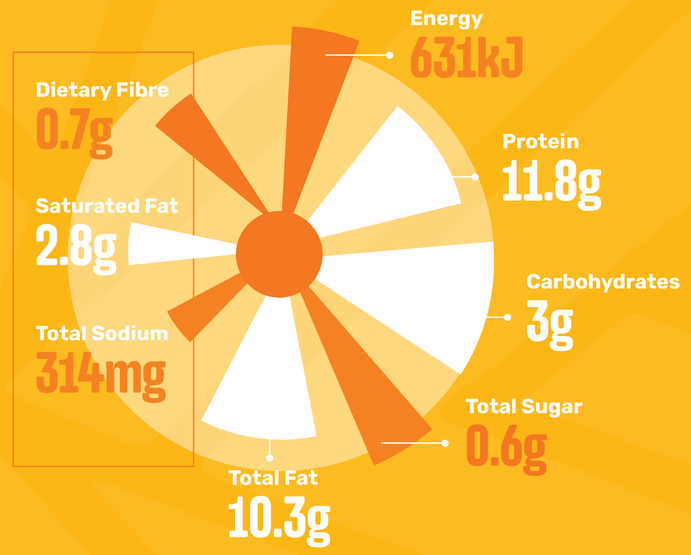
HALF RANCH CHICKEN – LEMON & HERB BASTING
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



HALF RANCH CHICKEN – LEMON & HERB BASTING
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



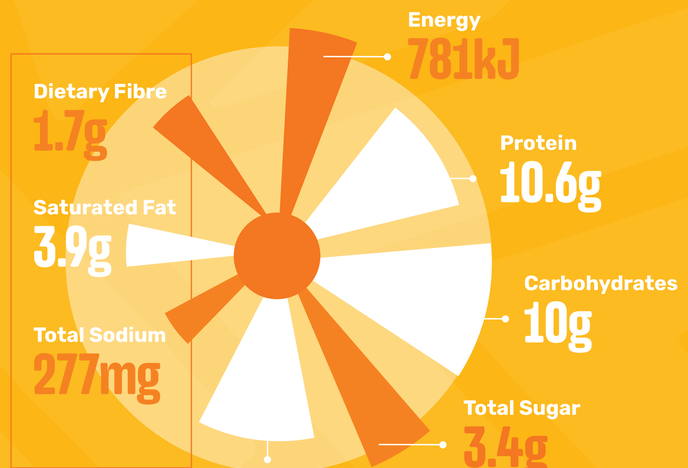
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

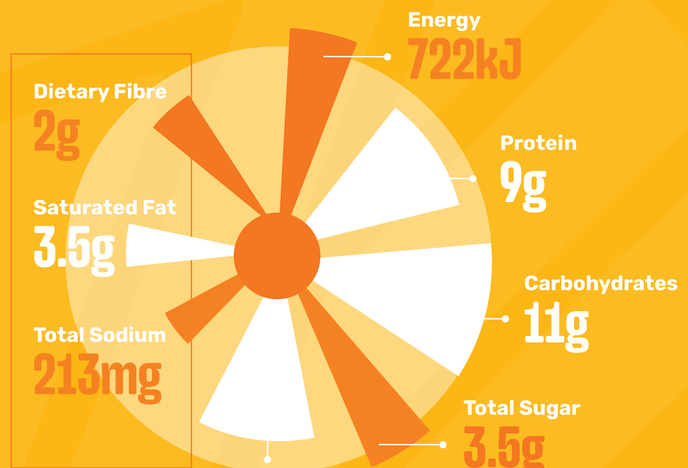
HALF RANCH CHICKEN – SWEET & SPICY SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



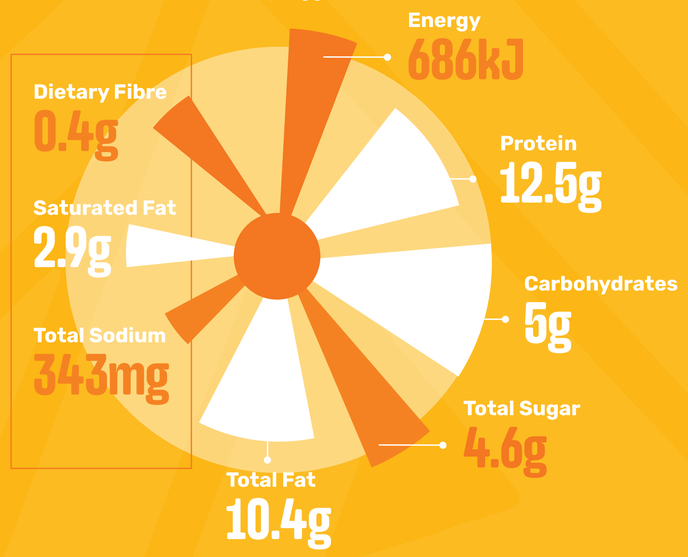
HALF RANCH CHICKEN – SWEET & SPICY SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



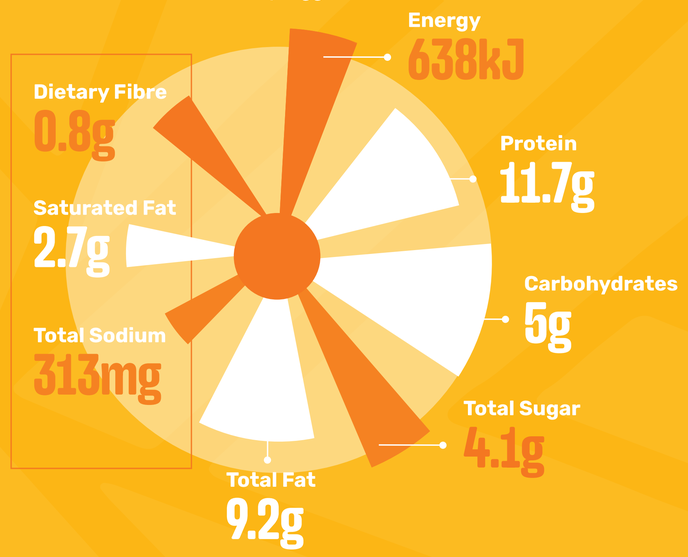
HALF RANCH CHICKEN – SWEET & SPICY SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



HALF RANCH CHICKEN – SWEET & SPICY SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



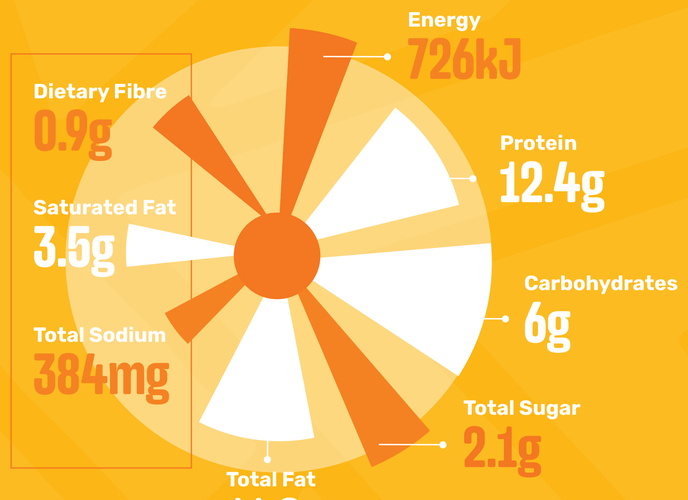
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

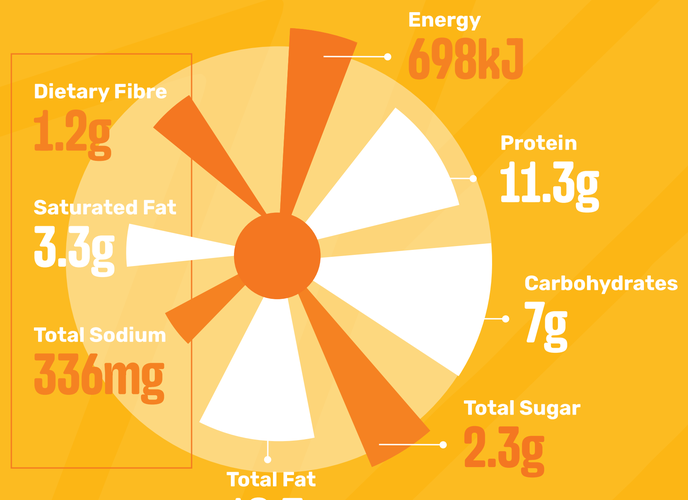
SPATCHCOCK CHICKEN – GRILL BASTING
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



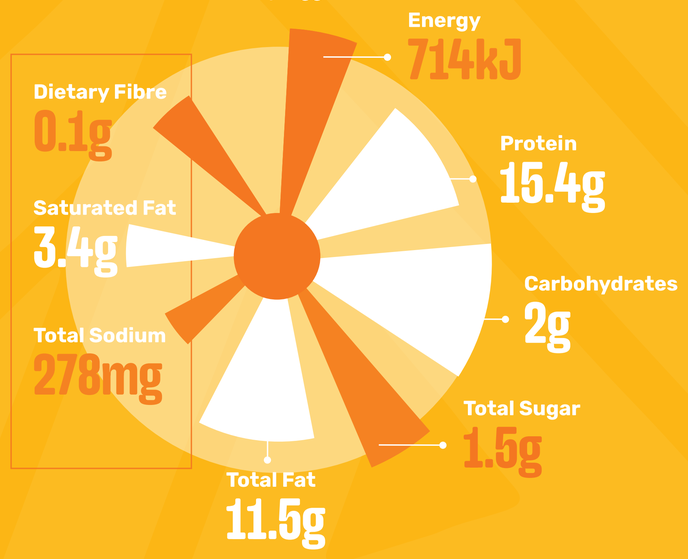
SPATCHCOCK CHICKEN– GRILL BASTING
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



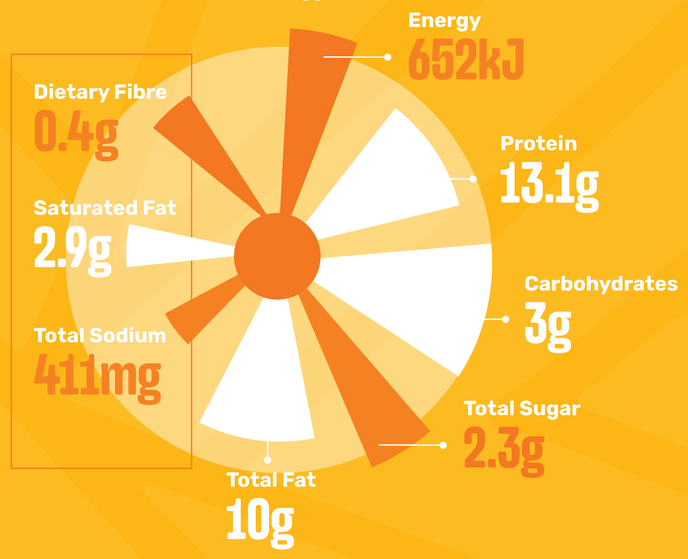
SPATCHCOCK CHICKEN – GRILL BASTING
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



SPATCHCOCK CHICKEN – GRILL BASTING
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



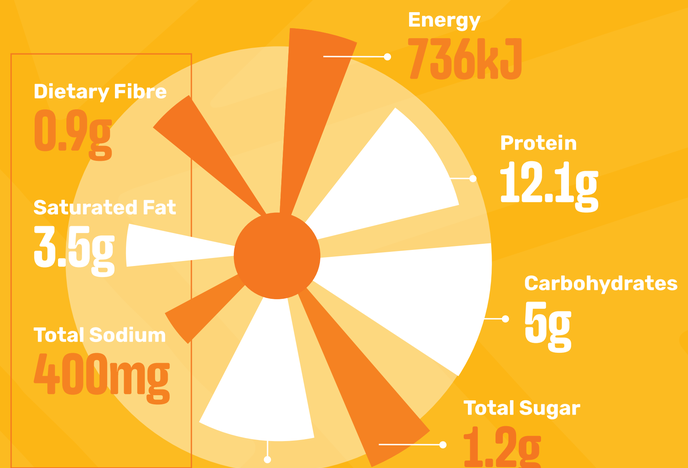
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

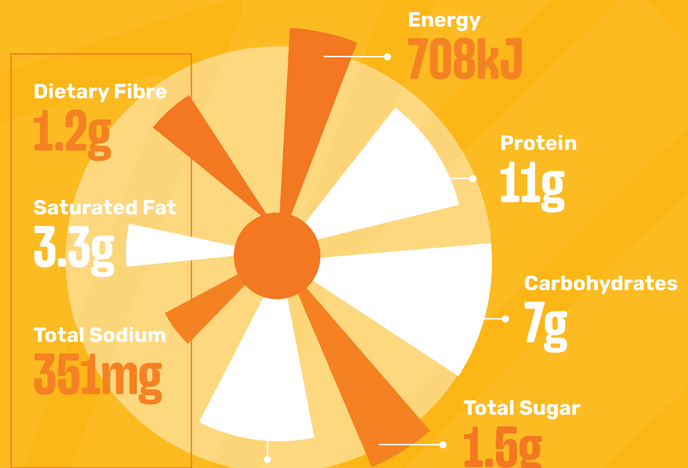
SPATCHCOCK CHICKEN – PERI-PERI BASTING
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



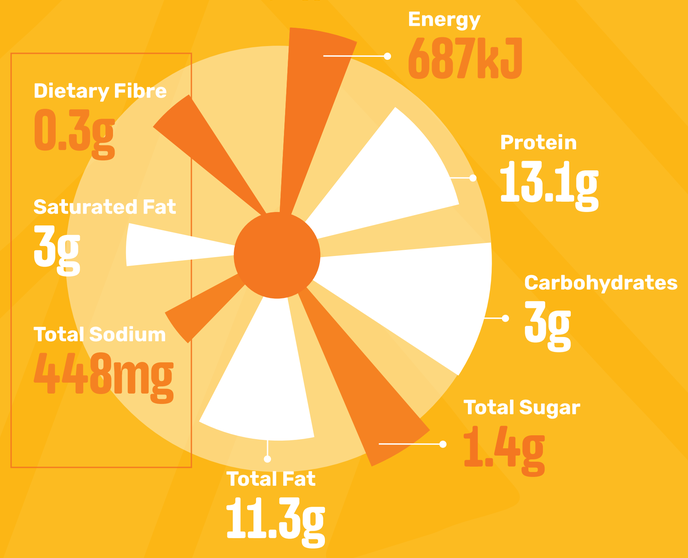
SPATCHCOCK CHICKEN – PERI-PERI BASTING
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



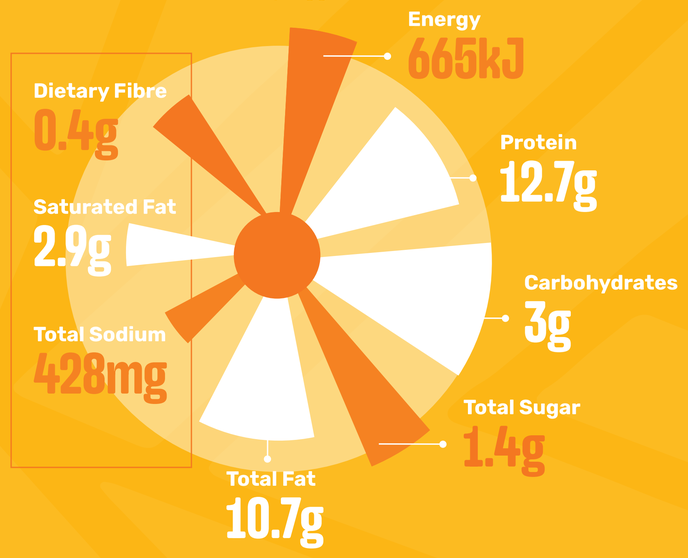
SPATCHCOCK CHICKEN – PERI-PERI BASTING
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



SPATCHCOCK CHICKEN – PERI-PERI BASTING
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



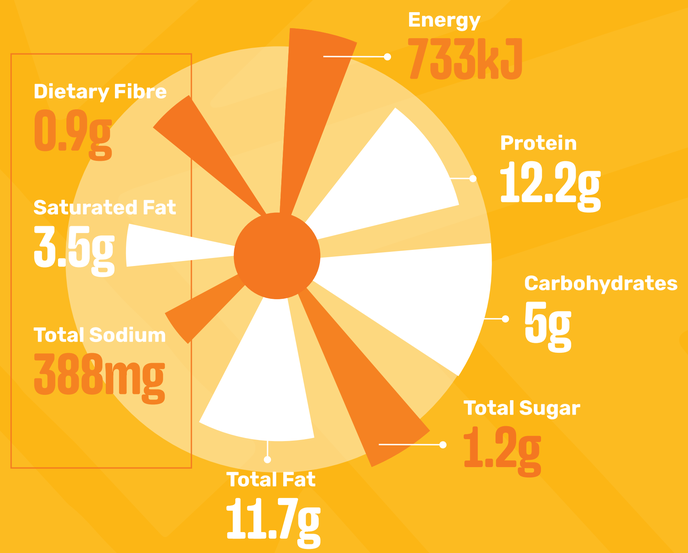
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

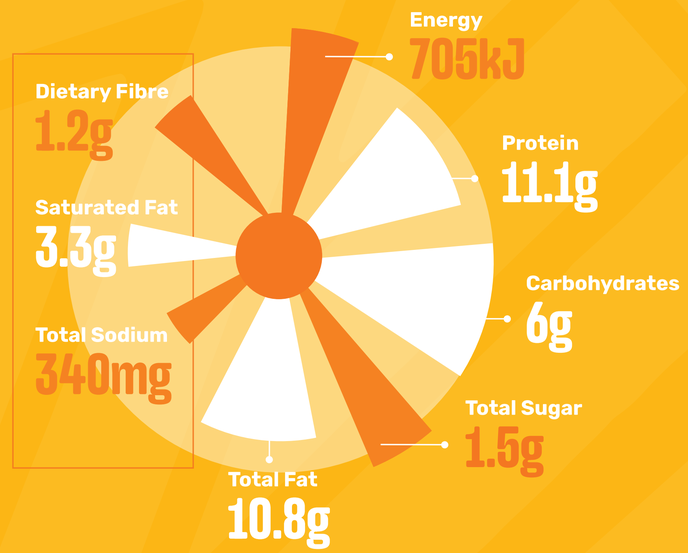
SPATCHCOCK CHICKEN – LEMON & HERB BASTING
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



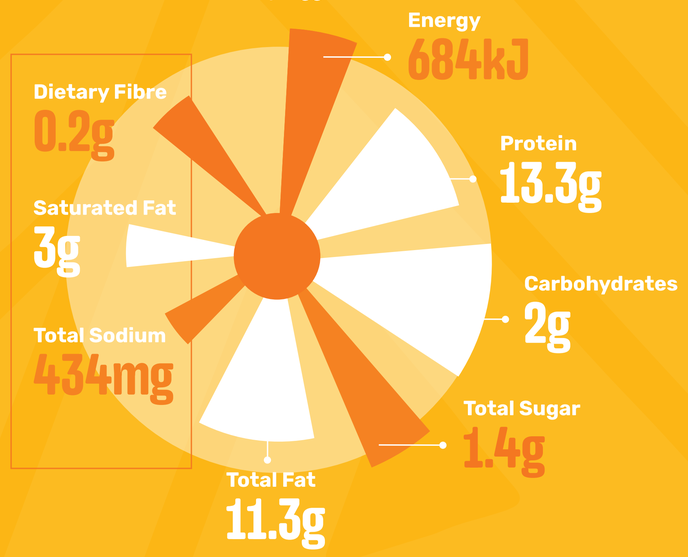
SPATCHCOCK CHICKEN – LEMON & HERB BASTING
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



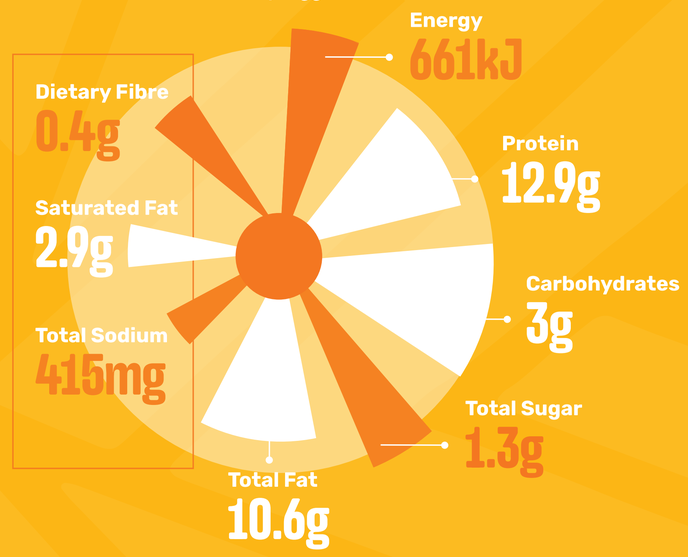
SPATCHCOCK CHICKEN – LEMON & HERB BASTING
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



SPATCHCOCK CHICKEN – LEMON & HERB BASTING
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



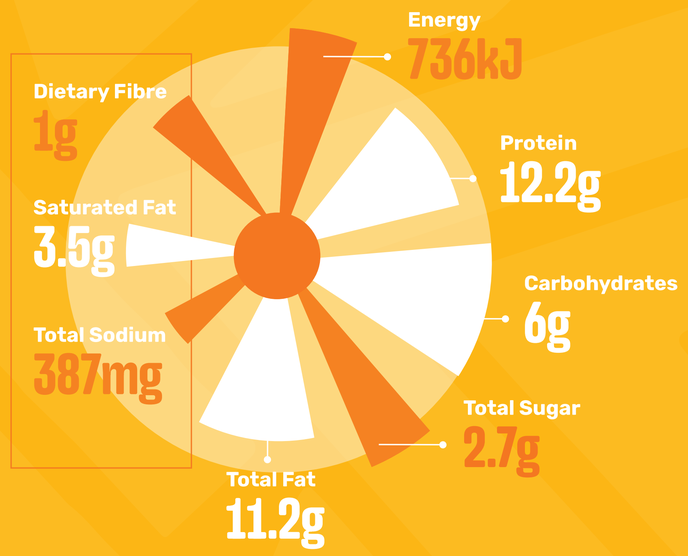
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

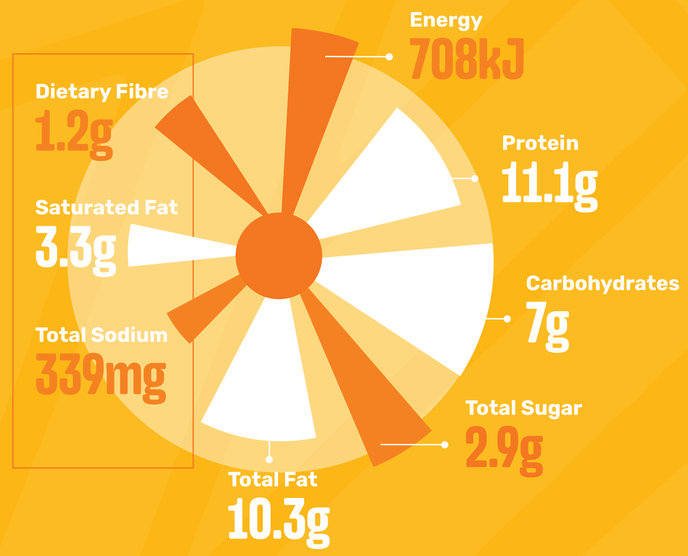
SPATCHCOCK CHICKEN – SWEET & SPICY SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



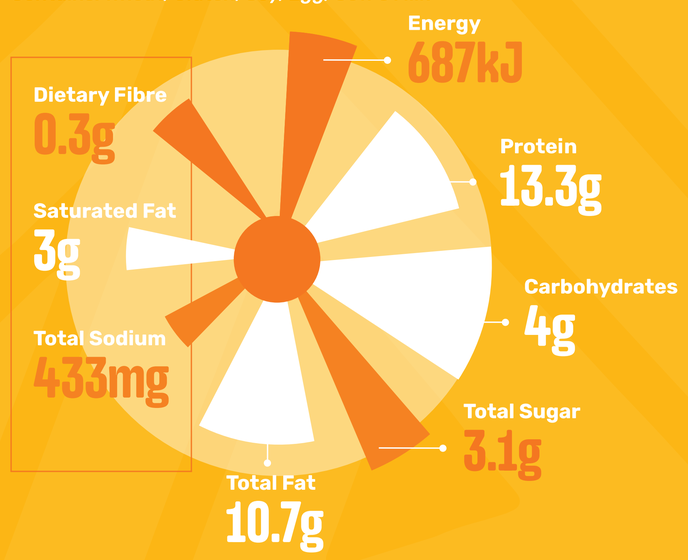
SPATCHCOCK CHICKEN – SWEET & SPICY SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



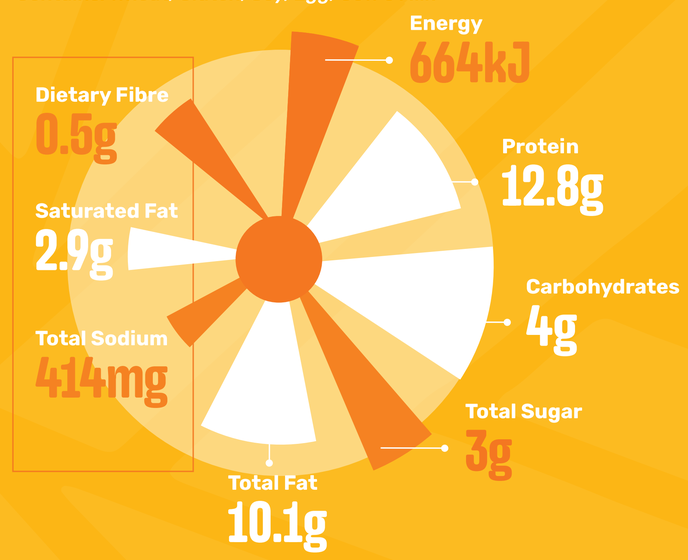
SPATCHCOCK CHICKEN – SWEET & SPICY SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



SPATCHCOCK CHICKEN – SWEET & SPICY SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



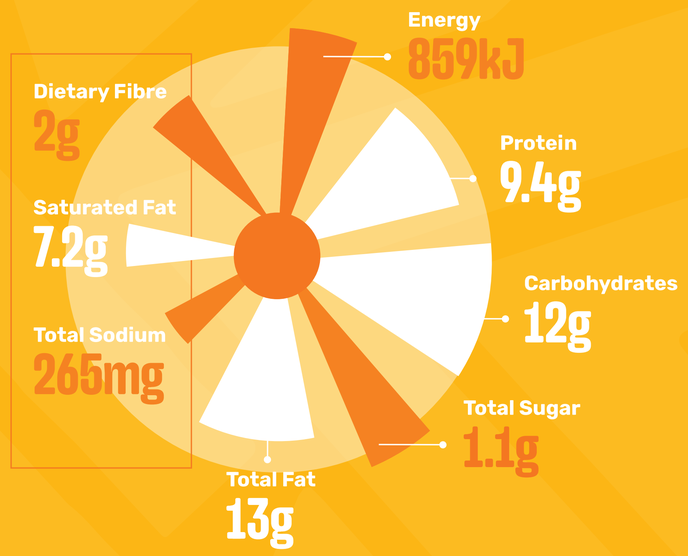
SCHNITZELS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

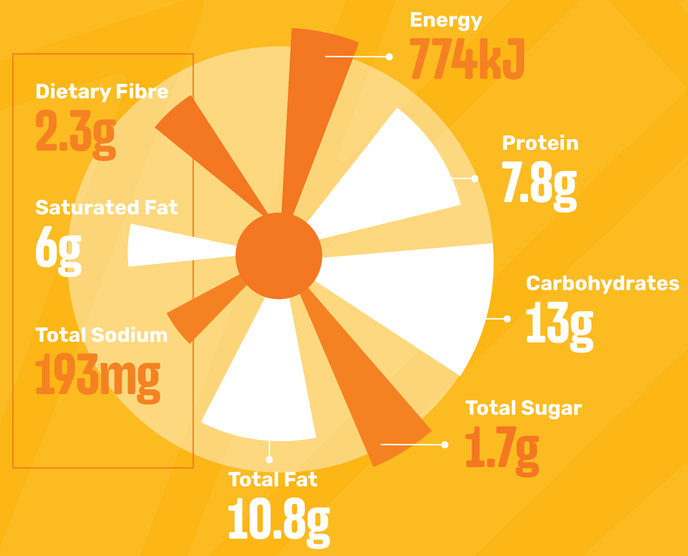
FULL CHEDDAMELT SCHNITZEL – MUSHROOM SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



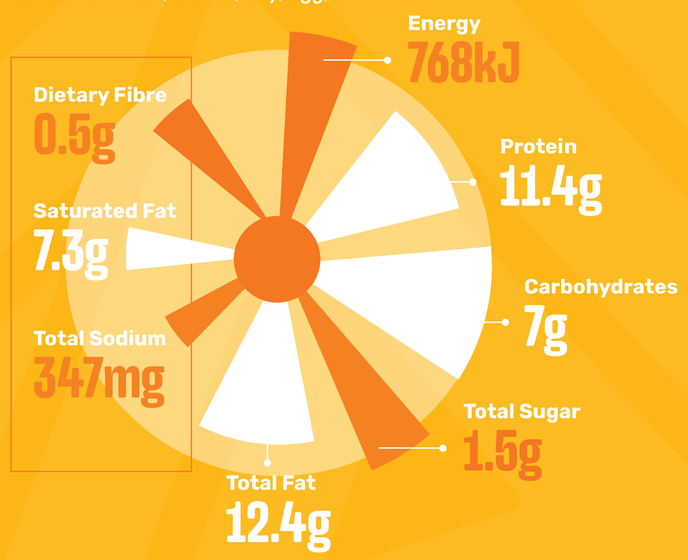
FULL CHEDDAMELT SCHNITZEL – MUSHROOM SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



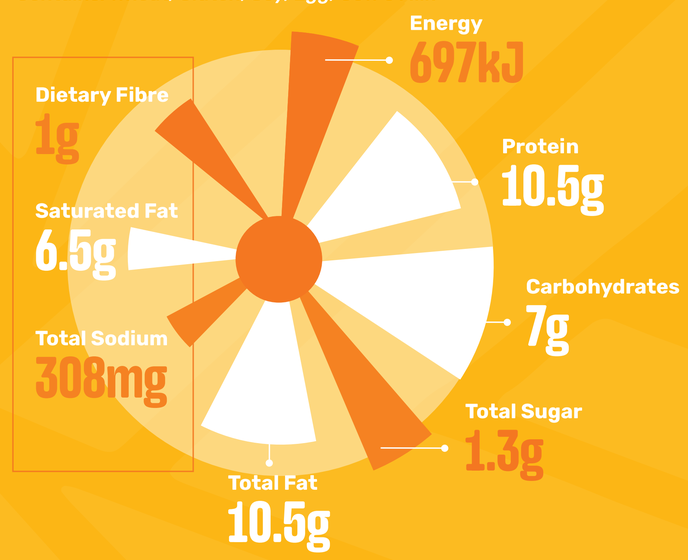
FULL CHEDDAMELT SCHNITZEL – MUSHROOM SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



FULL CHEDDAMELT SCHNITZEL – MUSHROOM SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



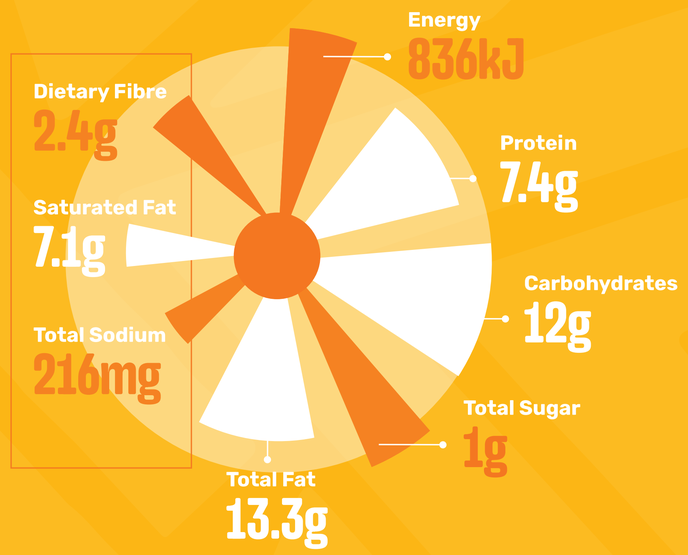
SCHNITZELS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

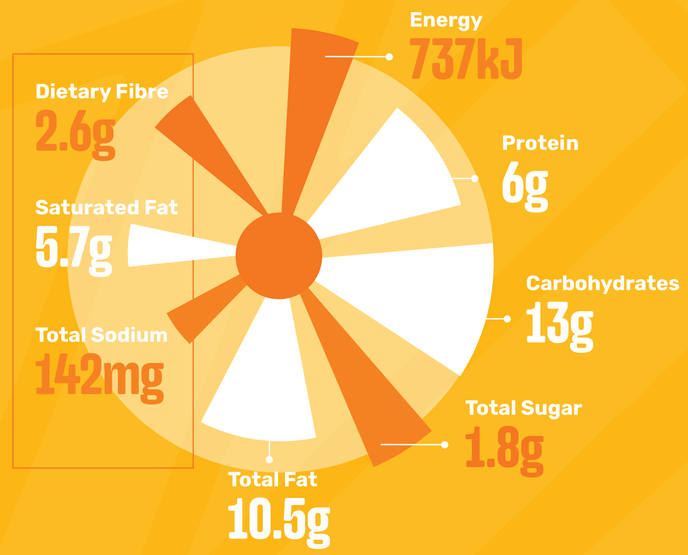
HALF CHEDDAMELT SCHNITZEL – MUSHROOM SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



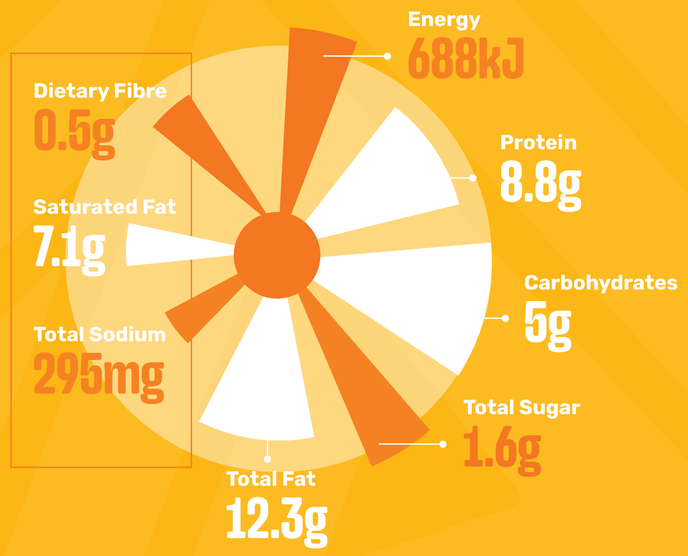
HALF CHEDDAMELT SCHNITZEL – MUSHROOM SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



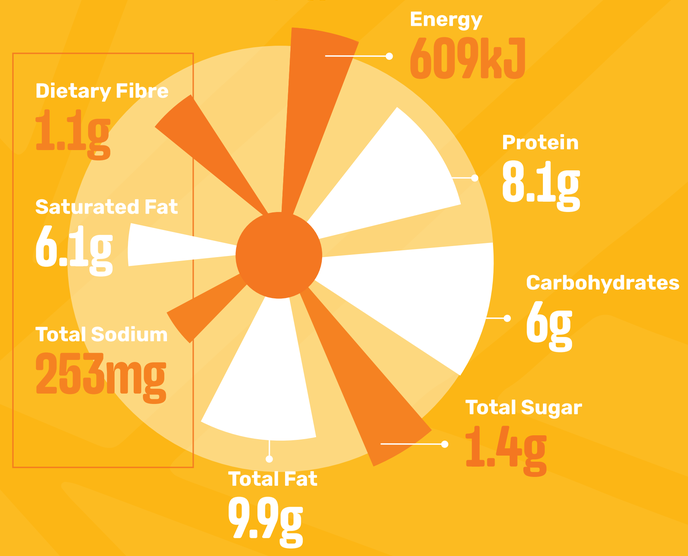
HALF CHEDDAMELT SCHNITZEL – MUSHROOM SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



HALF CHEDDAMELT SCHNITZEL – MUSHROOM SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



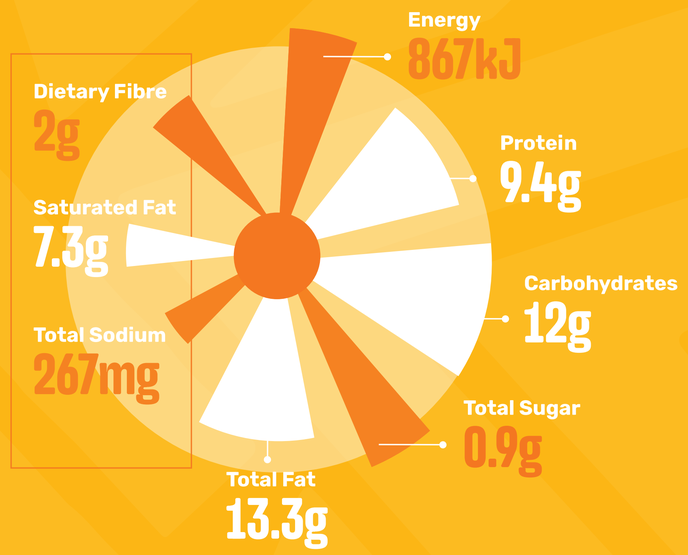
SCHNITZELS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

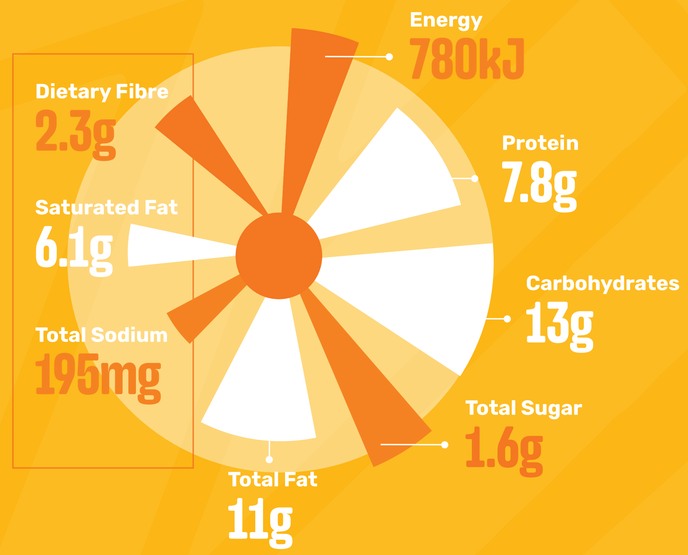
FULL CHEDDAMELT SCHNITZEL – PEPPER SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



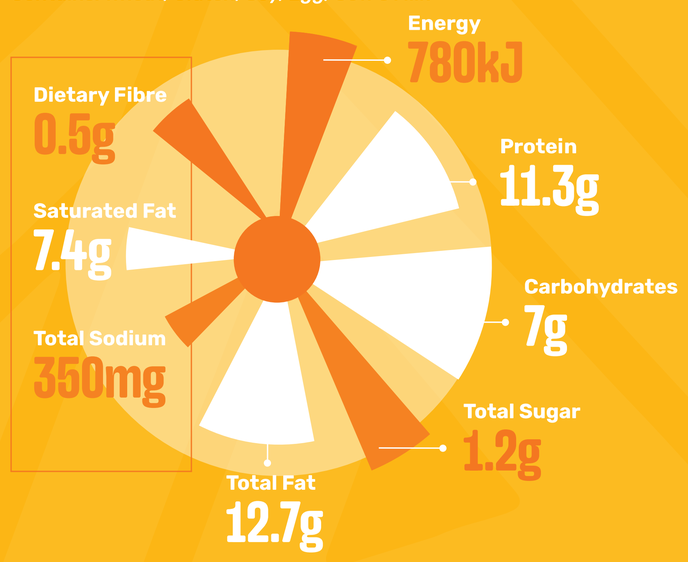
FULL CHEDDAMELT SCHNITZEL – PEPPER SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



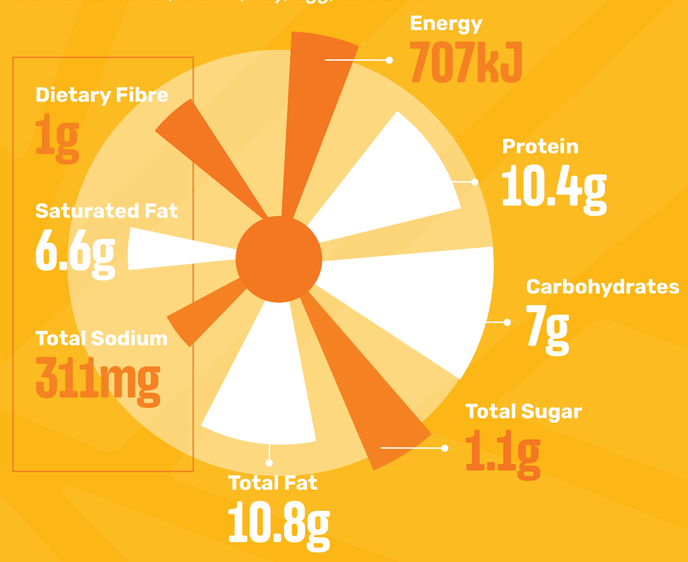
FULL CHEDDAMELT SCHNITZEL – PEPPER SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



FULL CHEDDAMELT SCHNITZEL – PEPPER SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



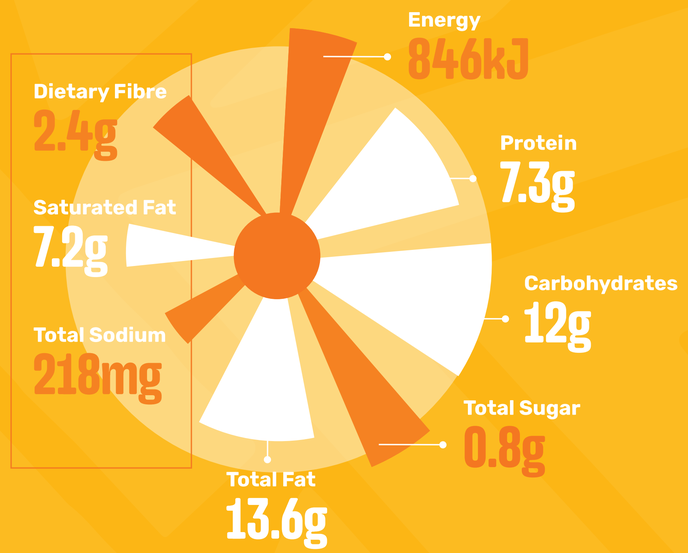
SCHNITZELS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

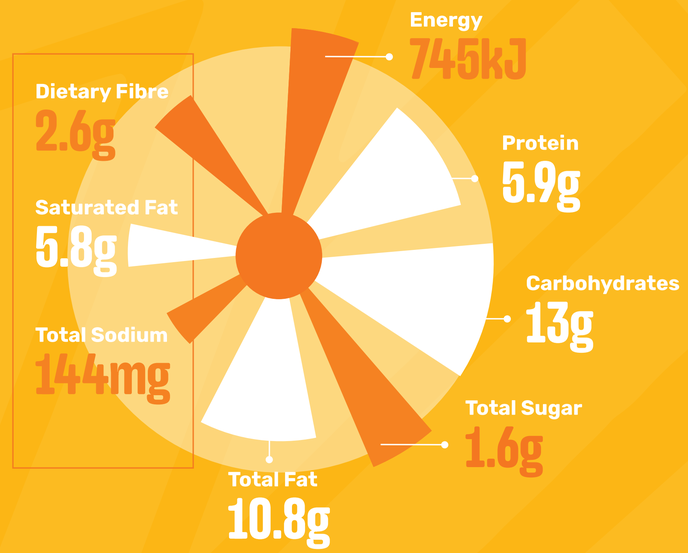
HALF CHEDDAMELT SCHNITZEL – PEPPER SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



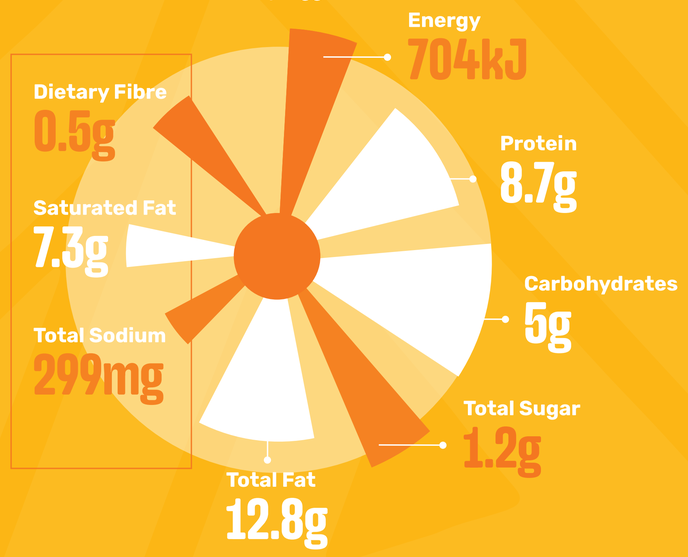
HALF CHEDDAMELT SCHNITZEL – PEPPER SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



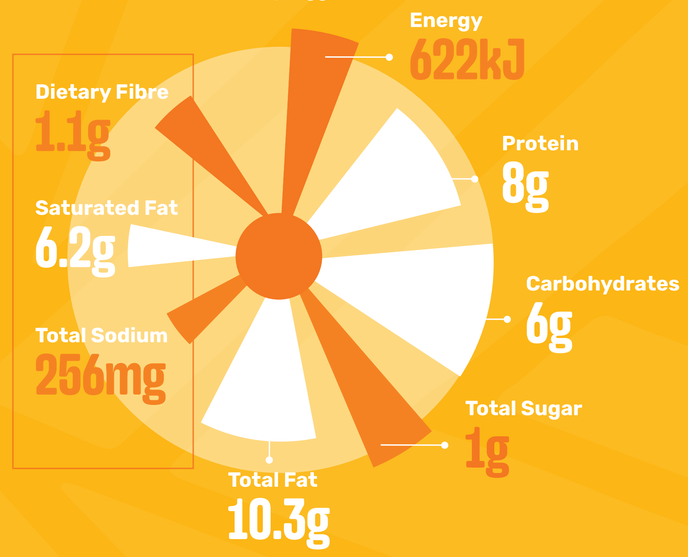
HALF CHEDDAMELT SCHNITZEL – PEPPER SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



HALF CHEDDAMELT SCHNITZEL – PEPPER SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



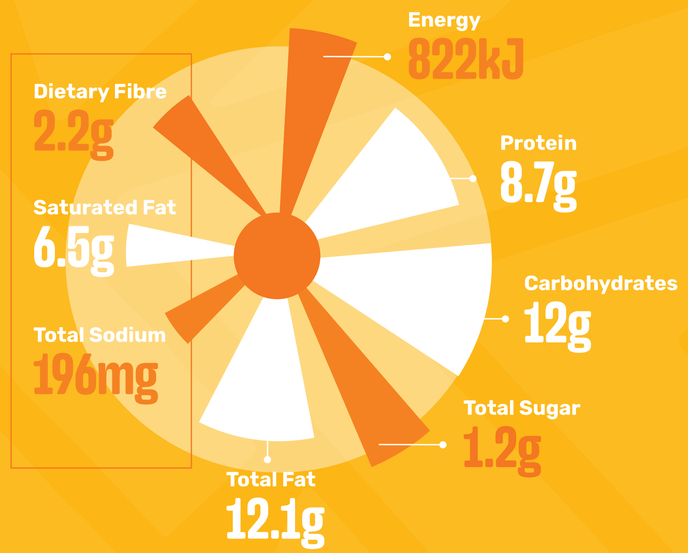
SCHNITZELS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

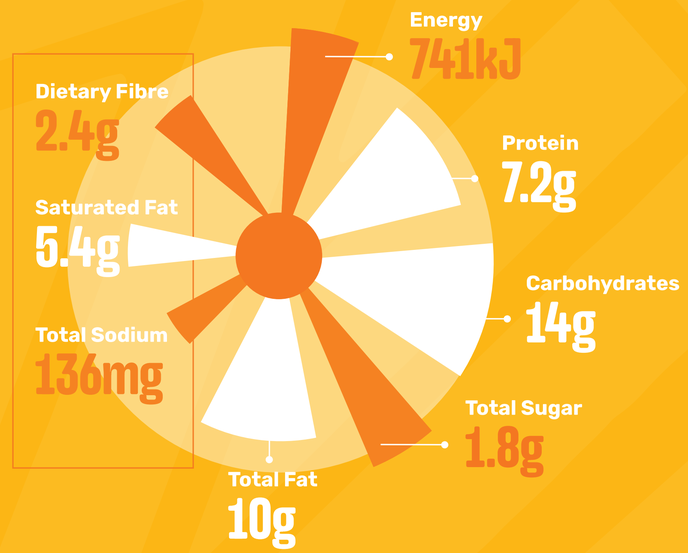
FULL CHICKEN SCHNITZEL – MUSHROOM SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



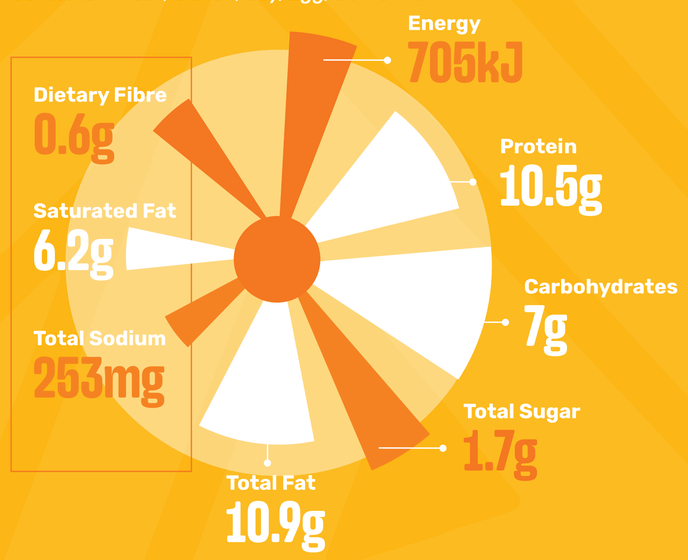
FULL CHICKEN SCHNITZEL – MUSHROOM SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



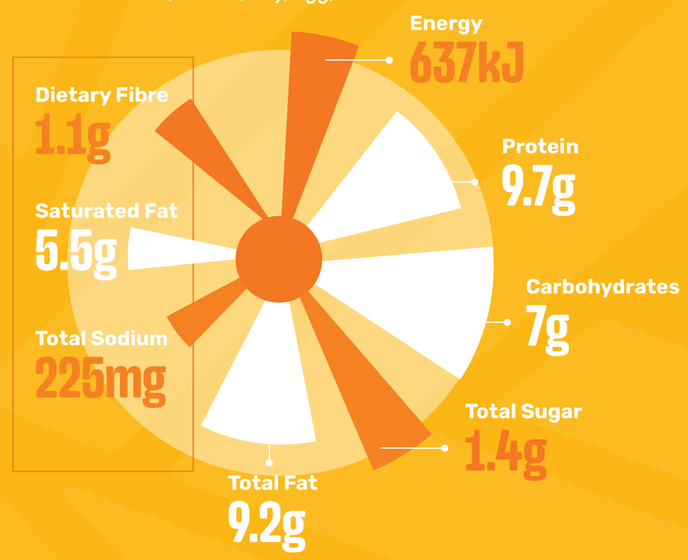
FULL CHICKEN SCHNITZEL – MUSHROOM SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



FULL CHICKEN SCHNITZEL – MUSHROOM SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



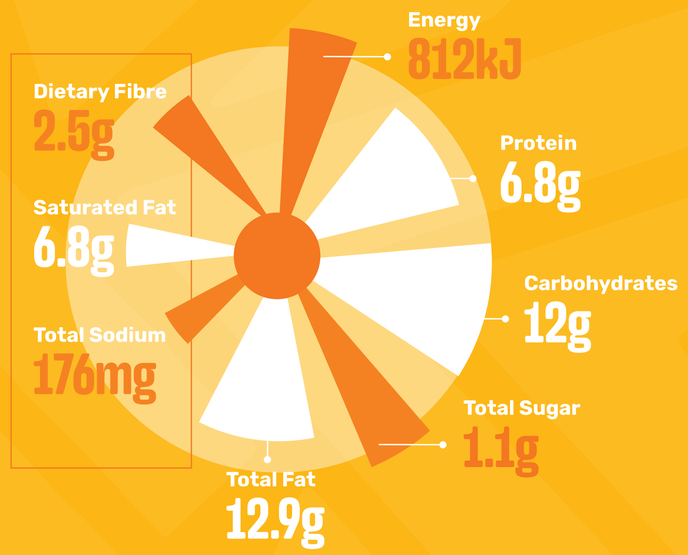
SCHNITZELS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

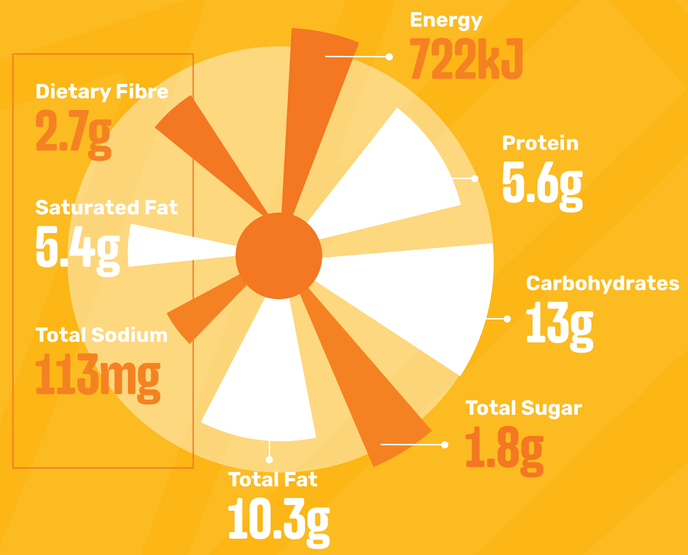
HALF CHICKEN SCHNITZEL – MUSHROOM SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



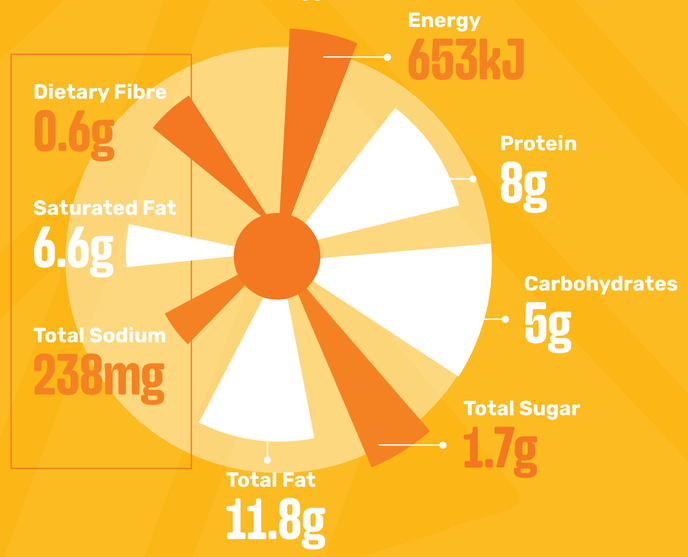
HALF CHICKEN SCHNITZEL – MUSHROOM SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



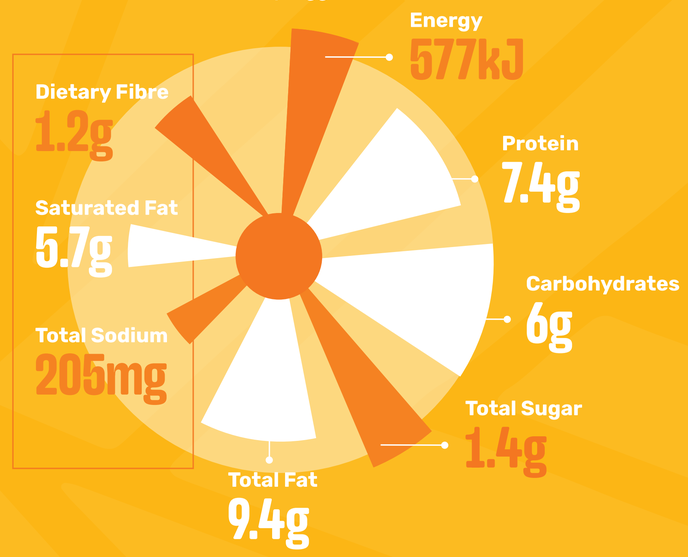
HALF CHICKEN SCHNITZEL – MUSHROOM SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



HALF CHICKEN SCHNITZEL – MUSHROOM SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



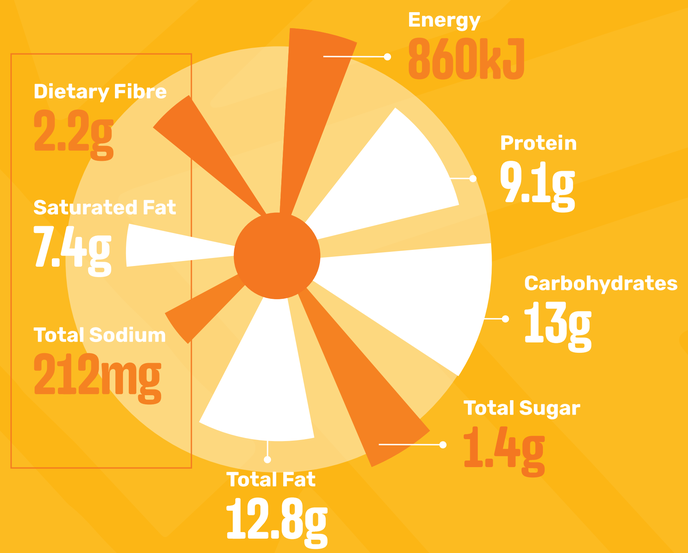
SCHNITZELS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

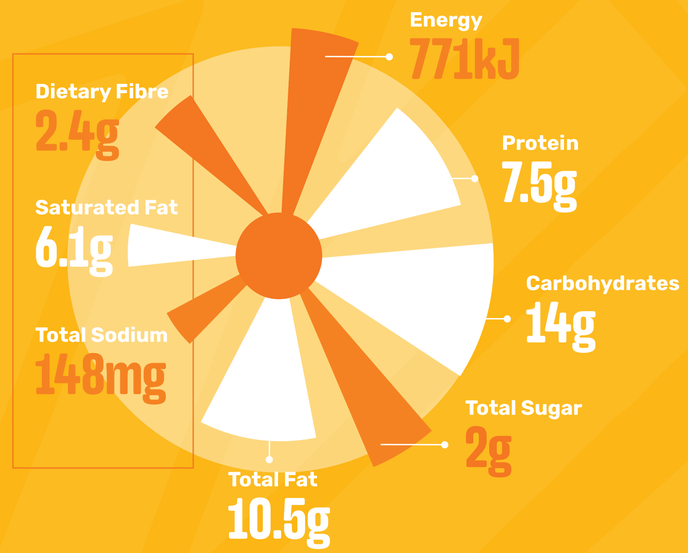
FULL CHICKEN SCHNITZEL – CHEESE SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



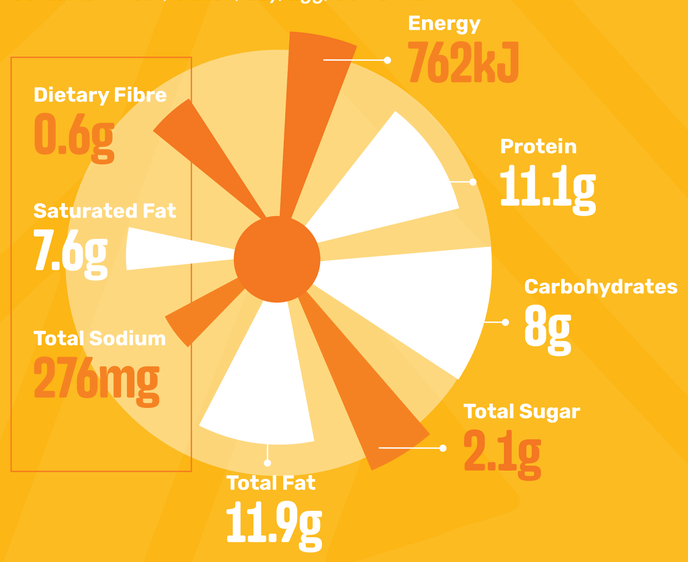
FULL CHICKEN SCHNITZEL – CHEESE SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



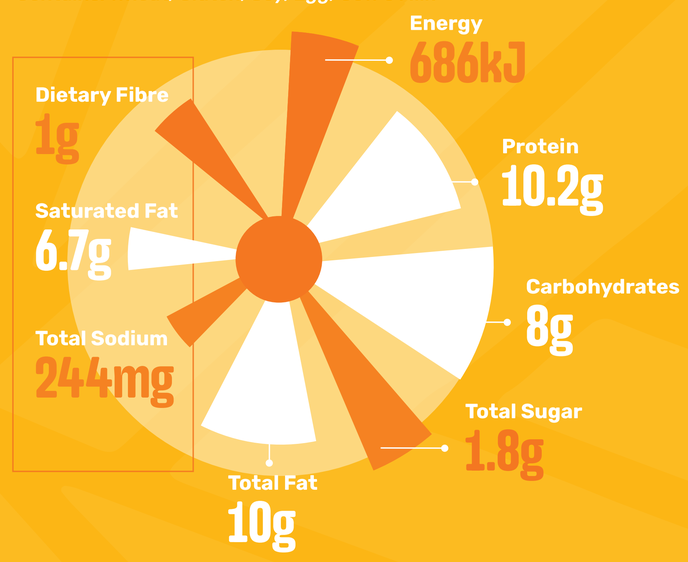
FULL CHICKEN SCHNITZEL – CHEESE SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



FULL CHICKEN SCHNITZEL – CHEESE SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



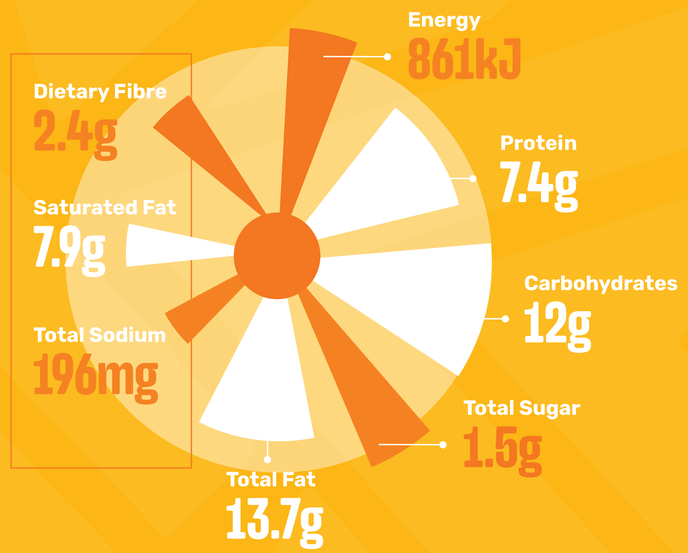
SCHNITZELS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

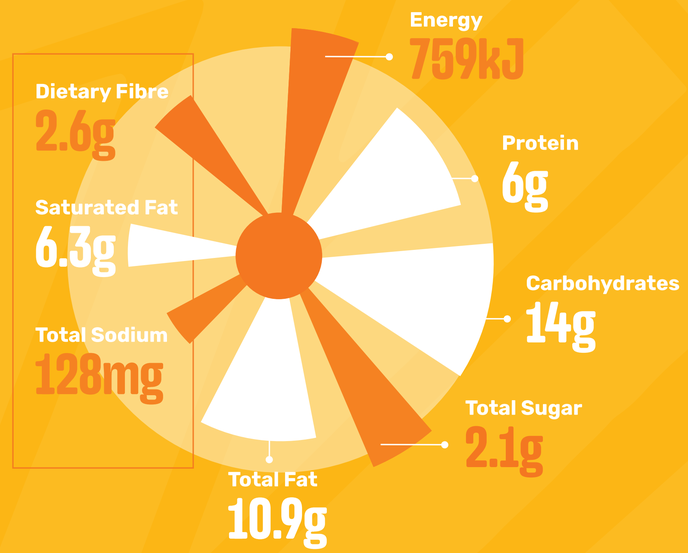
HALF CHICKEN SCHNITZEL – CHEESE SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



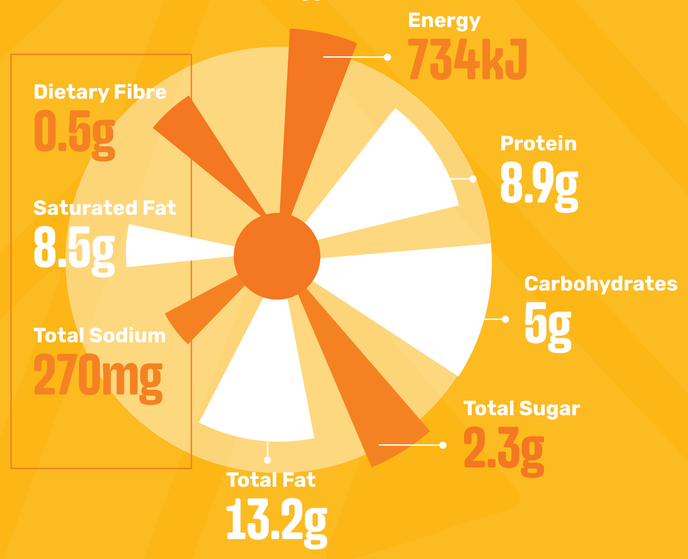
HALF CHICKEN SCHNITZEL – CHEESE SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



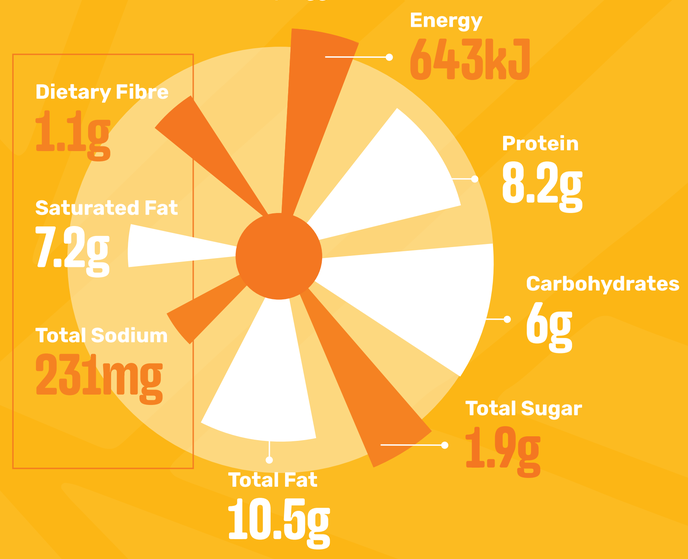
HALF CHICKEN SCHNITZEL – CHEESE SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



HALF CHICKEN SCHNITZEL – CHEESE SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



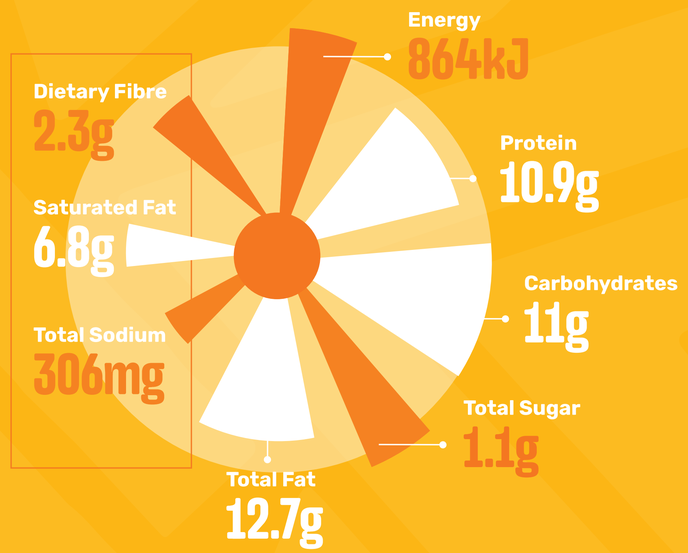
SCHNITZELS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

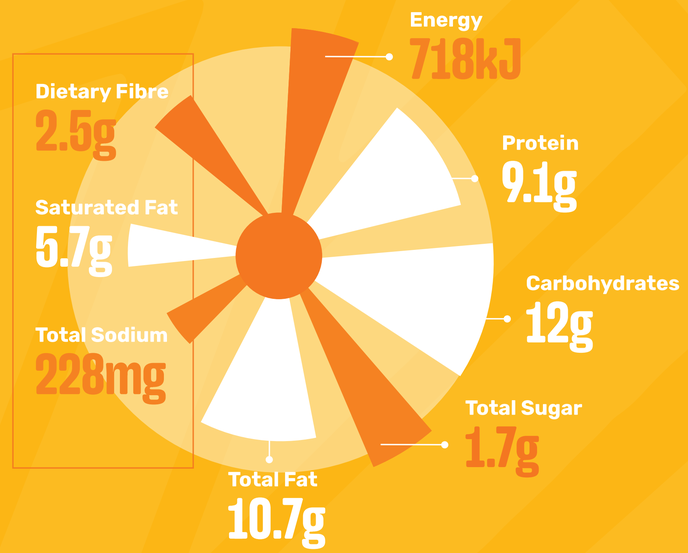
FULL SCHNITZEL STACKER
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



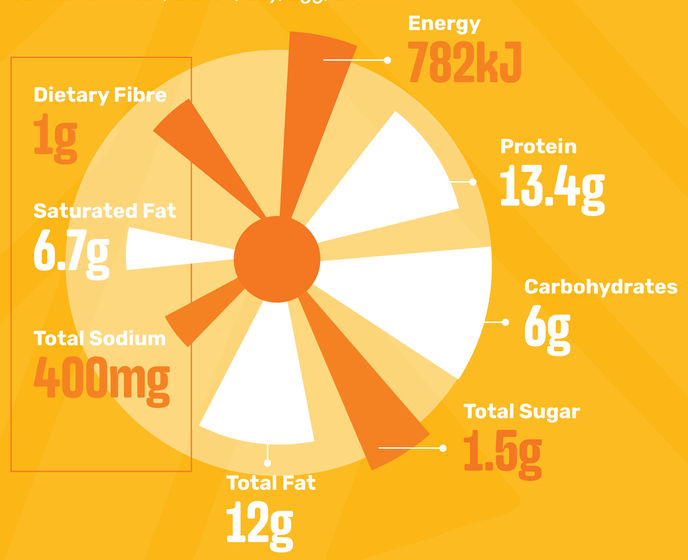
FULL SCHNITZEL STACKER
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



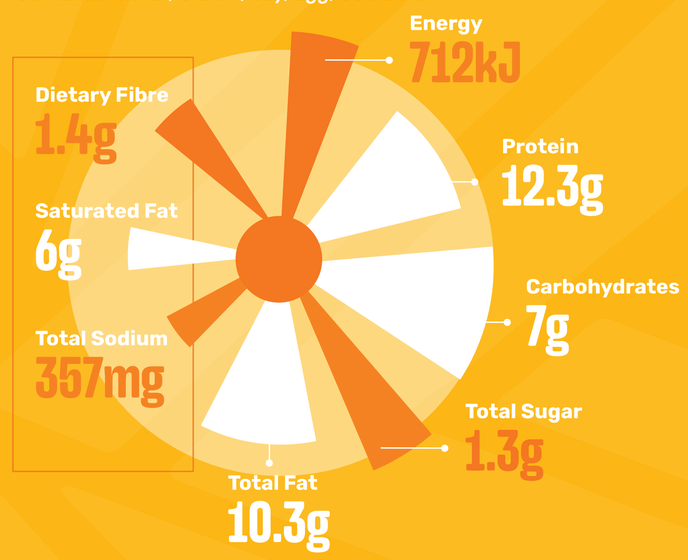
FULL SCHNITZEL STACKER
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



FULL SCHNITZEL STACKER
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



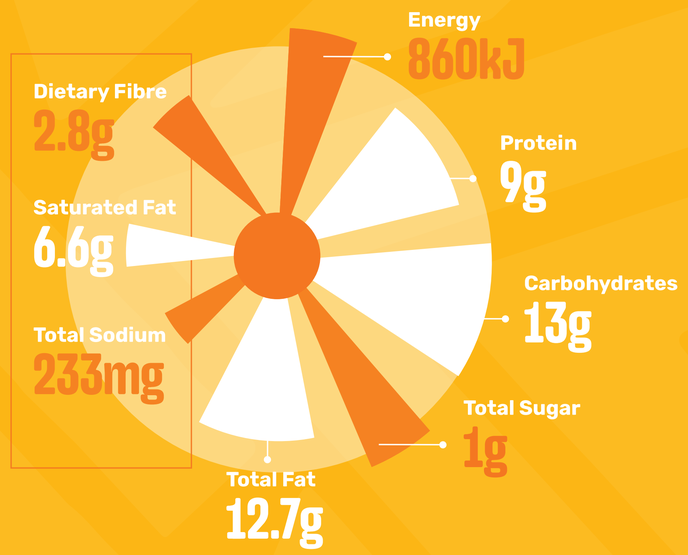
SCHNITZELS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

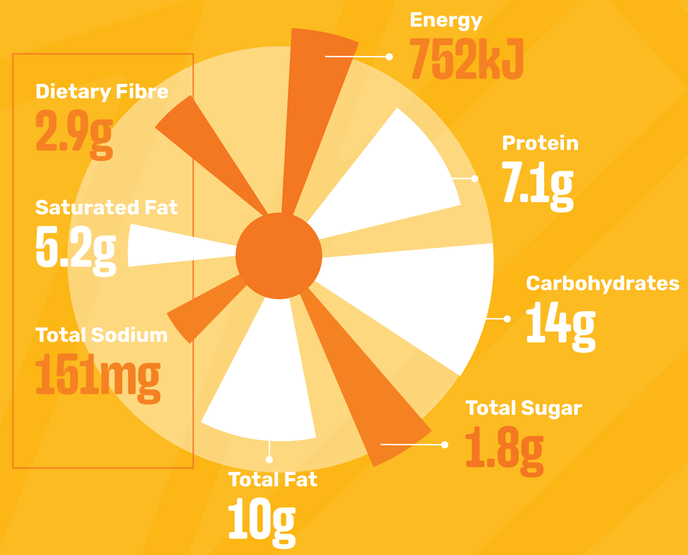
HALF SCHNITZEL STACKER
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



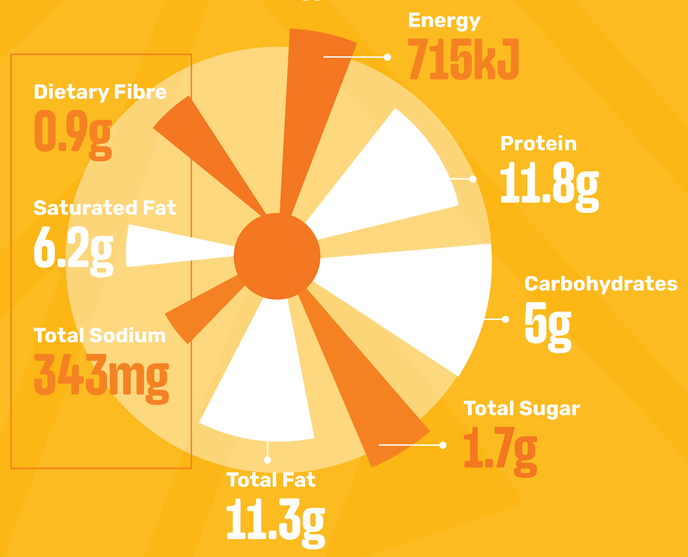
HALF SCHNITZEL STACKER
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



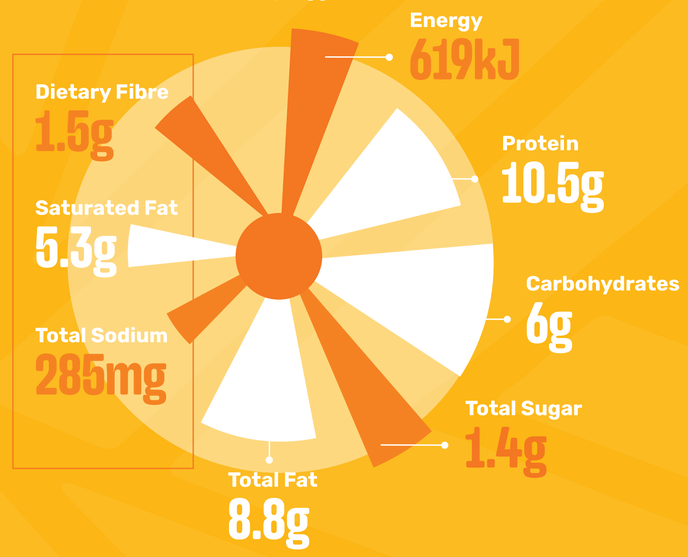
HALF SCHNITZEL STACKER
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



HALF SCHNITZEL STACKER
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



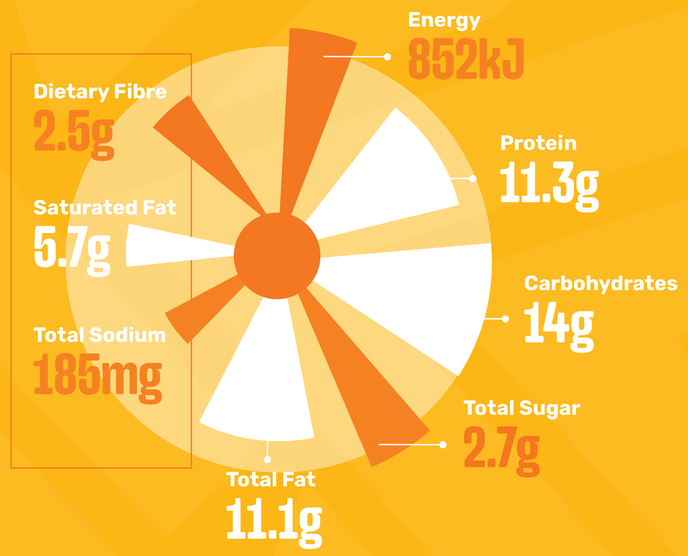
SCHNITZELS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

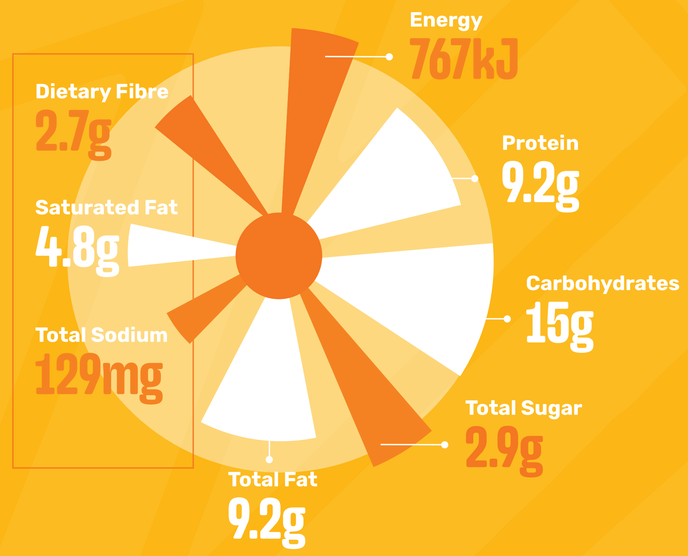
FULL CHEESY GARLIC PRAWN SCHNITZEL – 6 PRAWNS (Chips & Onion Rings)

Contains: Gluten, Wheat, Soy, Egg, Cow's Milk, Crustacean



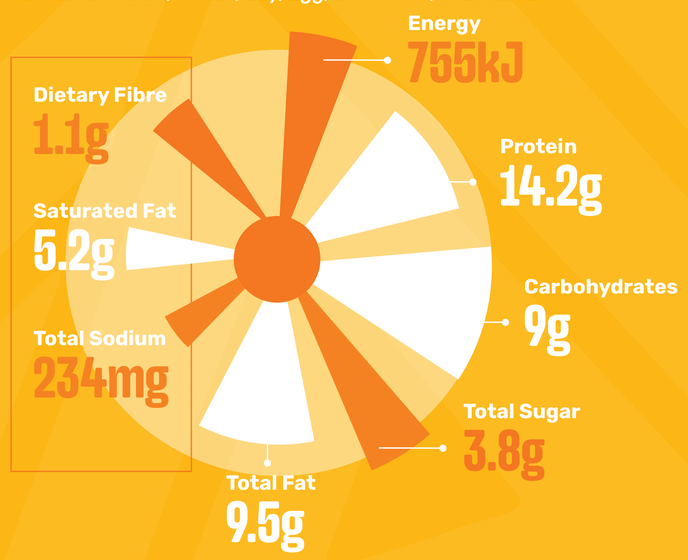
FULL CHEESY GARLIC PRAWN SCHNITZEL – 6 PRAWNS (Baked Potato & Onion Rings)

Contains: Gluten, Wheat, Soy, Egg, Cow's Milk, Crustacean



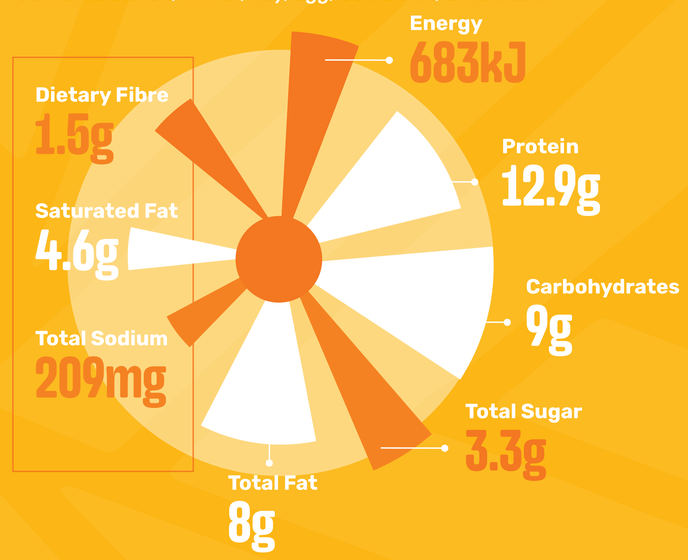
FULL CHEESY GARLIC PRAWN SCHNITZEL – 6 PRAWNS (Side Salad)

Contains: Gluten, Wheat, Soy, Egg, Cow's Milk, Crustacean



FULL CHEESY GARLIC PRAWN SCHNITZEL – 6 PRAWNS (Hot Veg)

Contains: Gluten, Wheat, Soy, Egg, Cow's Milk, Crustacean



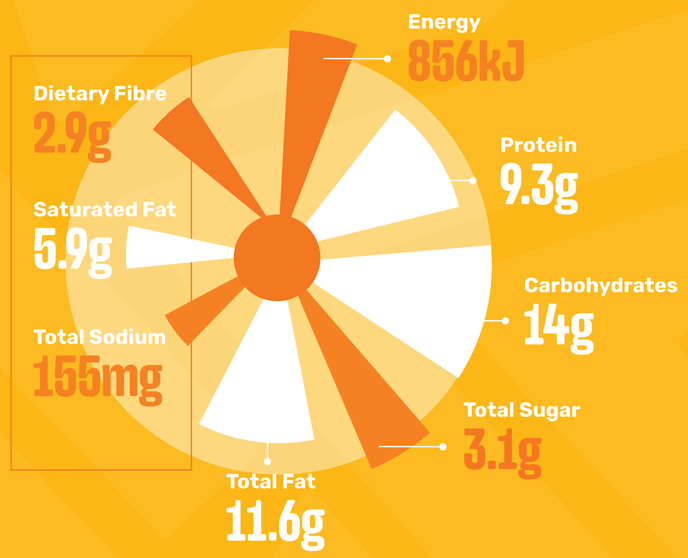
SCHNITZELS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

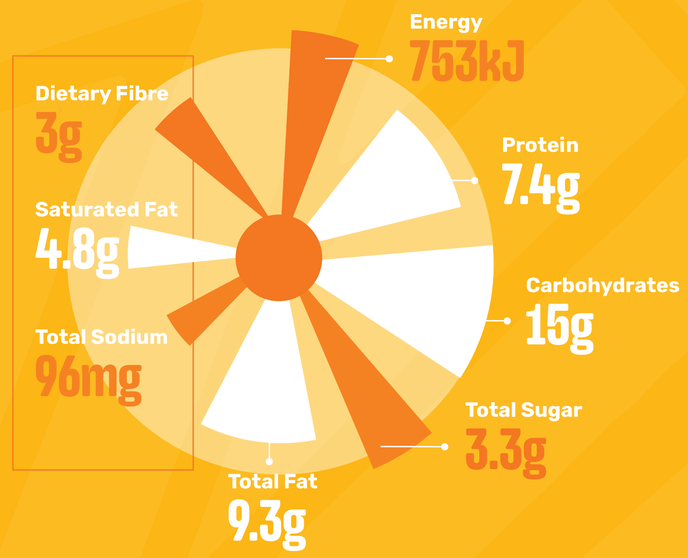
HALF CHEESY GARLIC PRAWN SCHNITZEL
– 4 PRAWNS (Chips & Onion Rings)

Contains: Gluten, Wheat, Soy, Egg, Cow's Milk, Crustacean



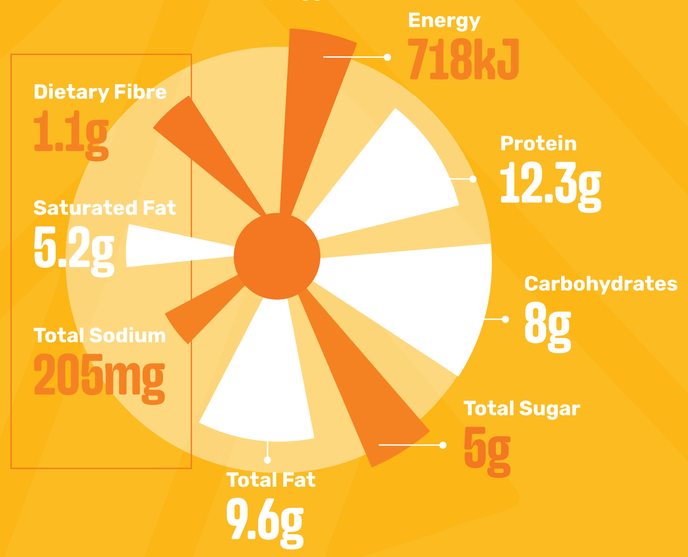
HALF CHEESY GARLIC PRAWN SCHNITZEL
– 4 PRAWNS (Baked Potato & Onion Rings)

Contains: Gluten, Wheat, Soy, Egg, Cow's Milk, Crustacean



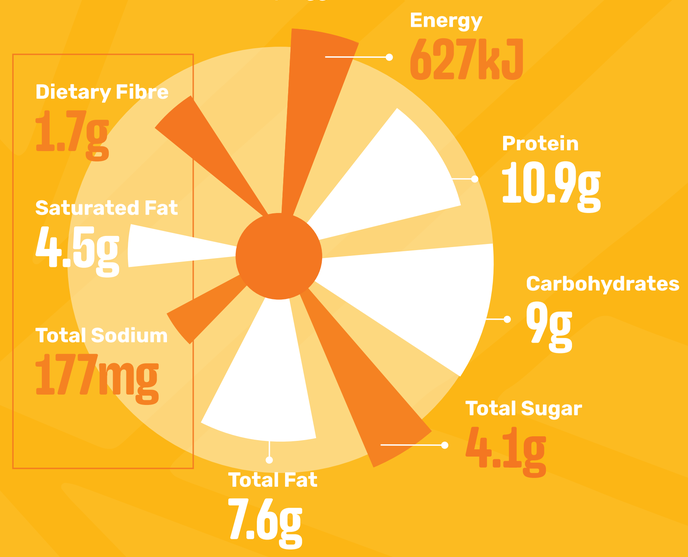
HALF CHEESY GARLIC PRAWN SCHNITZEL
– 4 PRAWNS (Side Salad)

Contains: Gluten, Wheat, Soy, Egg, Cow's Milk, Crustacean



HALF CHEESY GARLIC PRAWN SCHNITZEL
– 4 PRAWNS (Hot Veg)

Contains: Gluten, Wheat, Soy, Egg, Cow's Milk, Crustacean



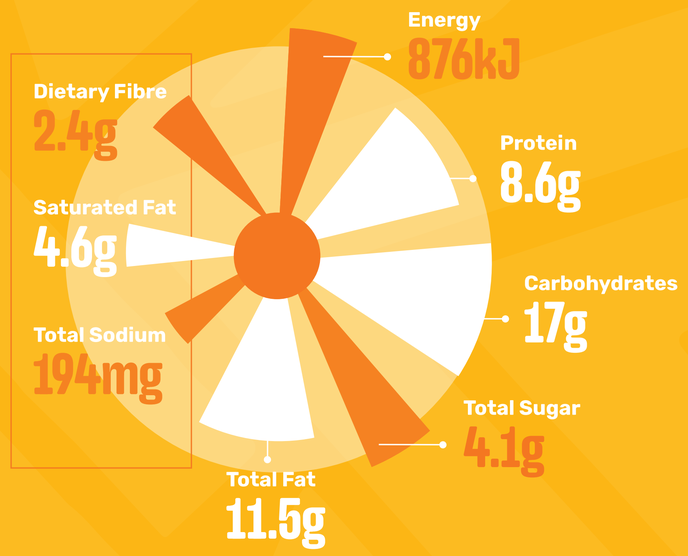
CHICKEN STRIPS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

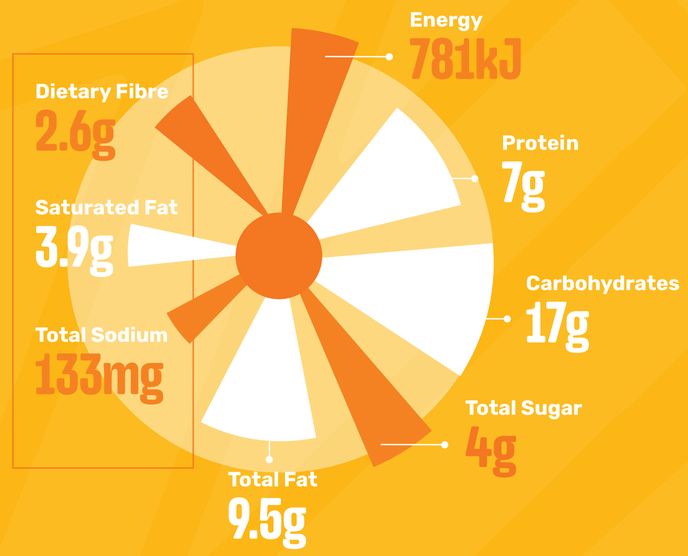
CHICKEN STRIPS – PANKO CRUMBS – SWEET CHILLI DRESSING (Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



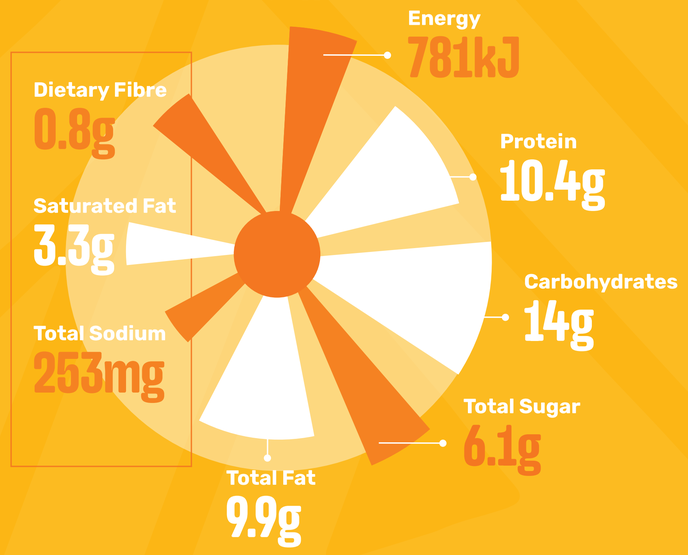
CHICKEN STRIPS – PANKO CRUMBS – SWEET CHILLI DRESSING (Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



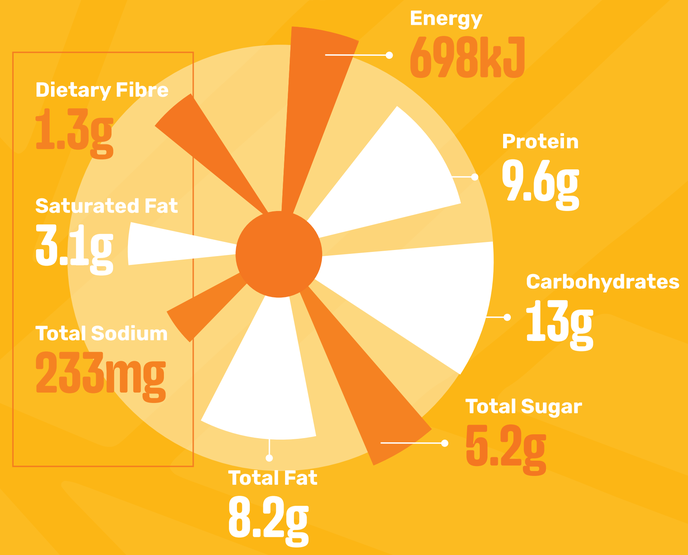
CHICKEN STRIPS – PANKO CRUMBS – SWEET CHILLI DRESSING (Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHICKEN STRIPS – PANKO CRUMBS – SWEET CHILLI DRESSING (Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



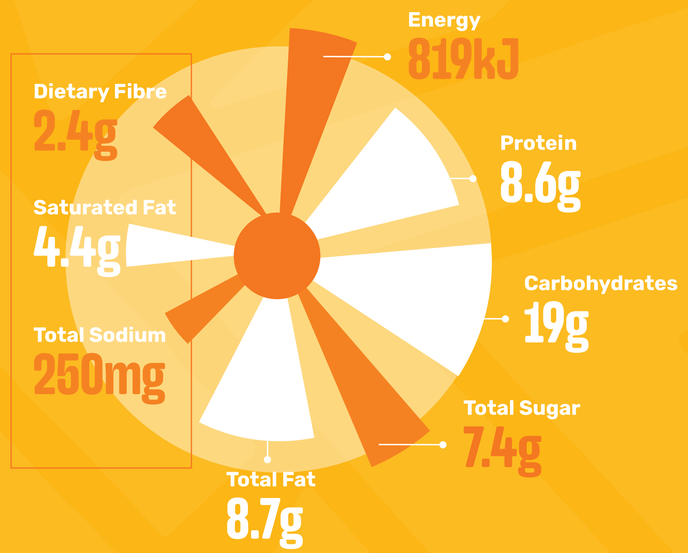
CHICKEN STRIPS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

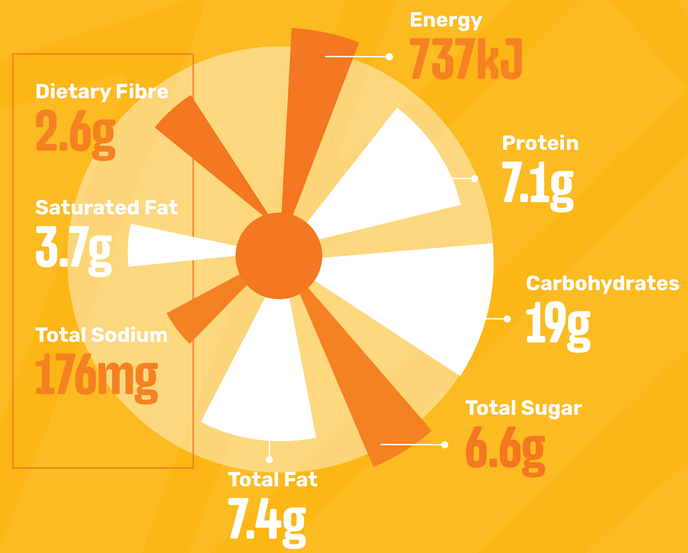
CHICKEN STRIPS – PANKO CRUMBS – SWEET CHILLI SAUCE (Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



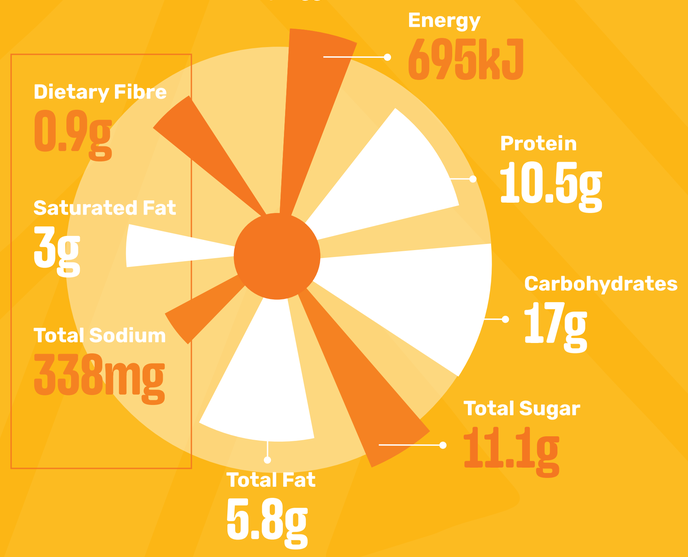
CHICKEN STRIPS – PANKO CRUMBS – SWEET CHILLI SAUCE (Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



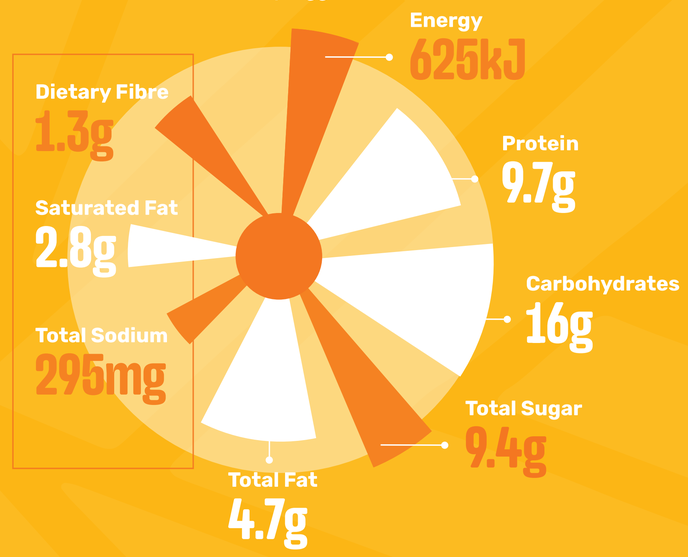
CHICKEN STRIPS – PANKO CRUMBS – SWEET CHILLI SAUCE (Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHICKEN STRIPS – PANKO CRUMBS – SWEET CHILLI SAUCE (Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



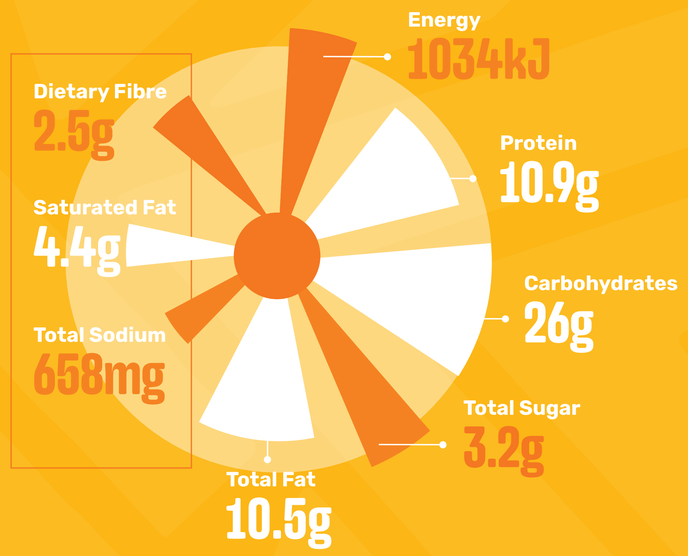
CHICKEN STRIPS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

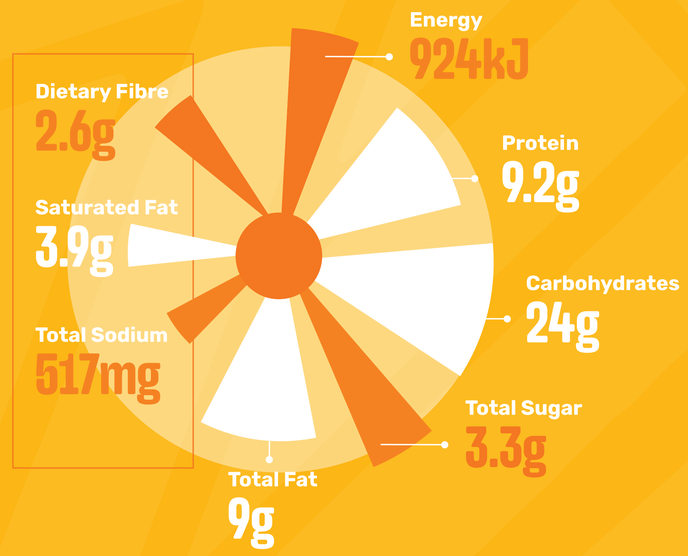
CHICKEN STRIPS – TEXAN BLAZE – SWEET CHILLI DRESSING (Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



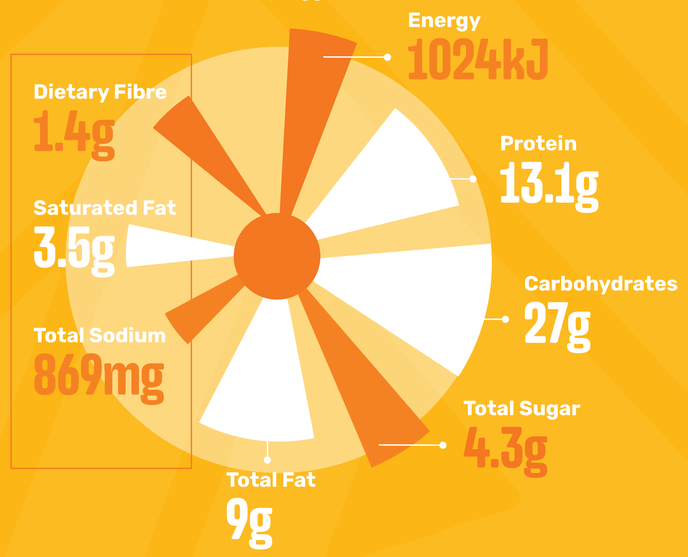
CHICKEN STRIPS – TEXAN BLAZE – SWEET CHILLI DRESSING (Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



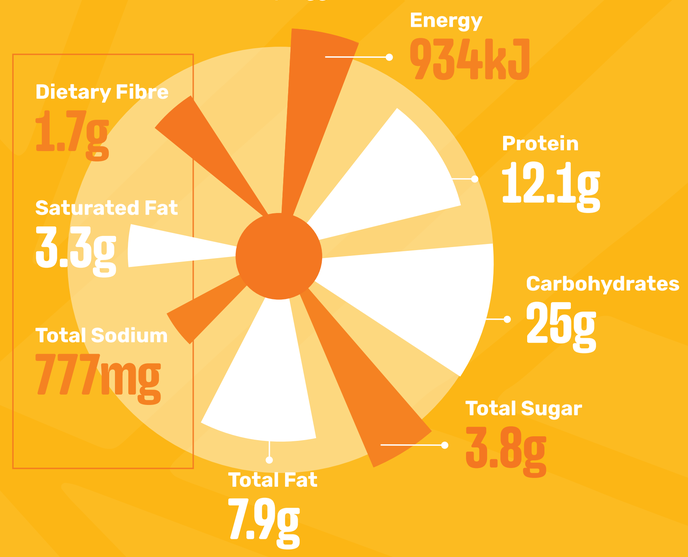
CHICKEN STRIPS – TEXAN BLAZE – SWEET CHILLI DRESSING (Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHICKEN STRIPS – TEXAN BLAZE – SWEET CHILLI DRESSING (Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



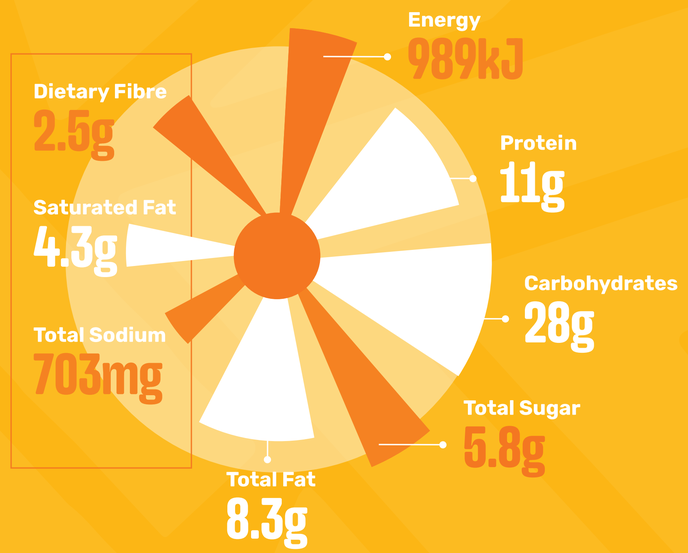
CHICKEN STRIPS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

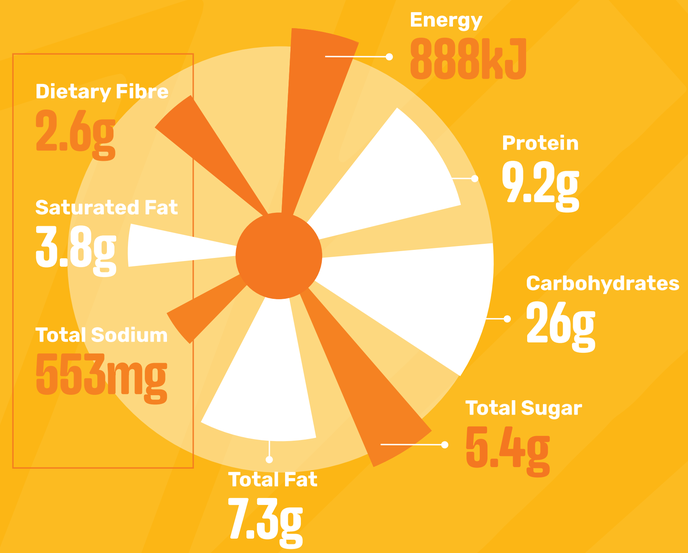
CHICKEN STRIPS – TEXAN BLAZE – SWEET CHILLI SAUCE (Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



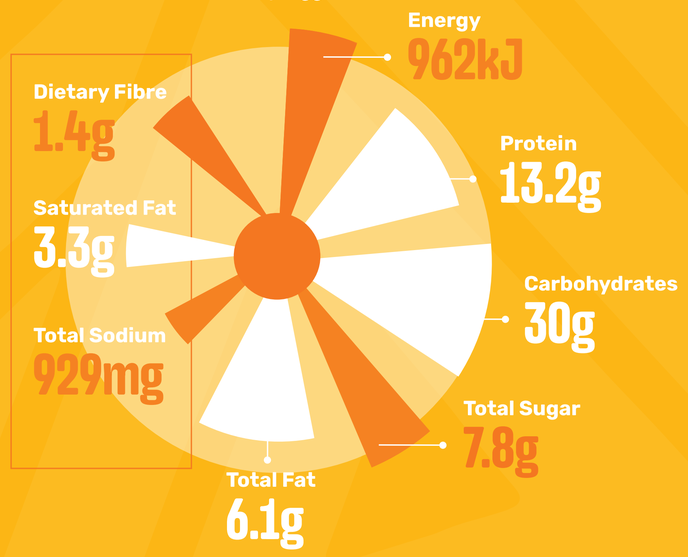
CHICKEN STRIPS – TEXAN BLAZE – SWEET CHILLI SAUCE (Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



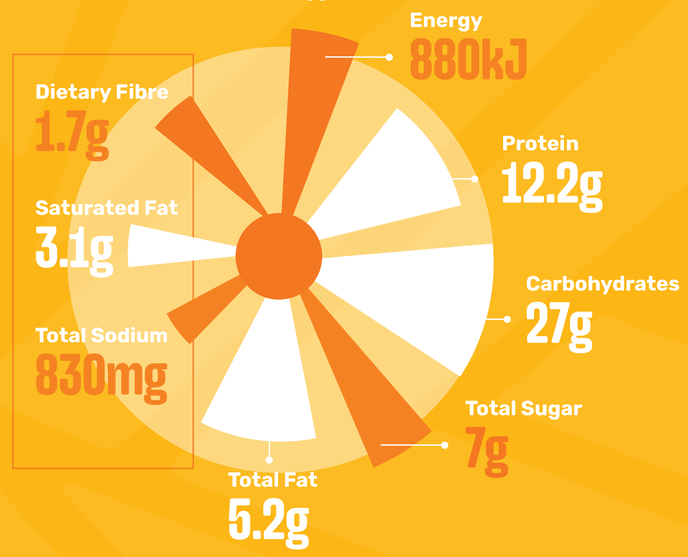
CHICKEN STRIPS – TEXAN BLAZE – SWEET CHILLI SAUCE (Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CHICKEN STRIPS – TEXAN BLAZE – SWEET CHILLI SAUCE (Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



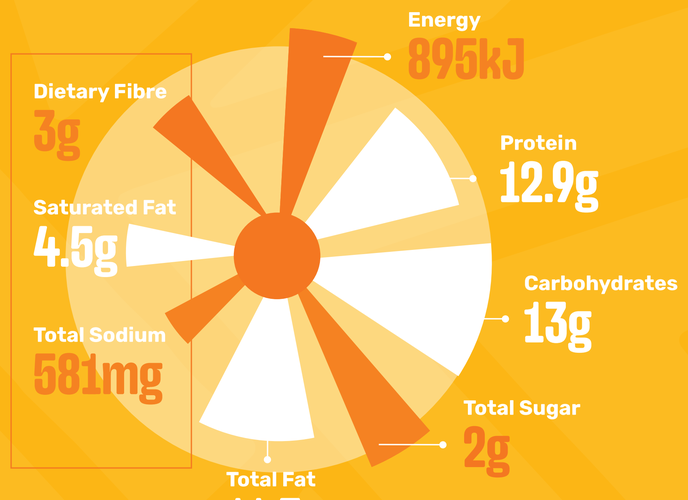
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

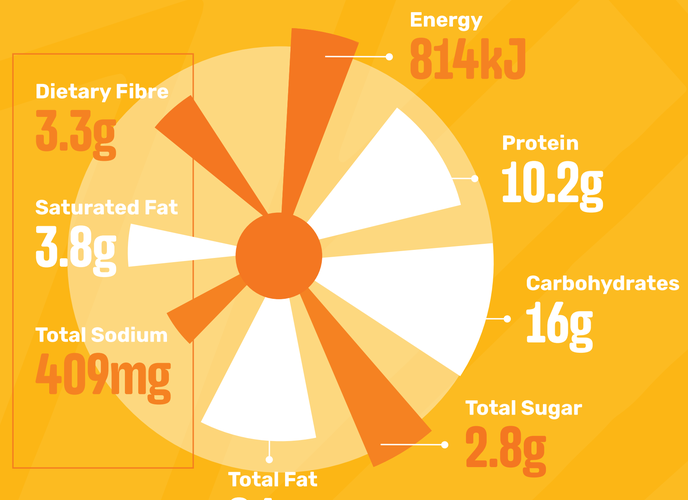
GRILLED CHICKEN BREAST FILLETS
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



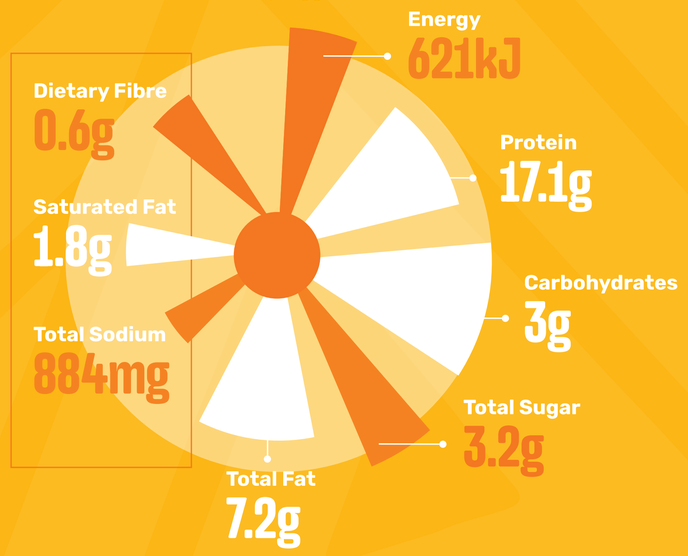
GRILLED CHICKEN BREAST FILLETS
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



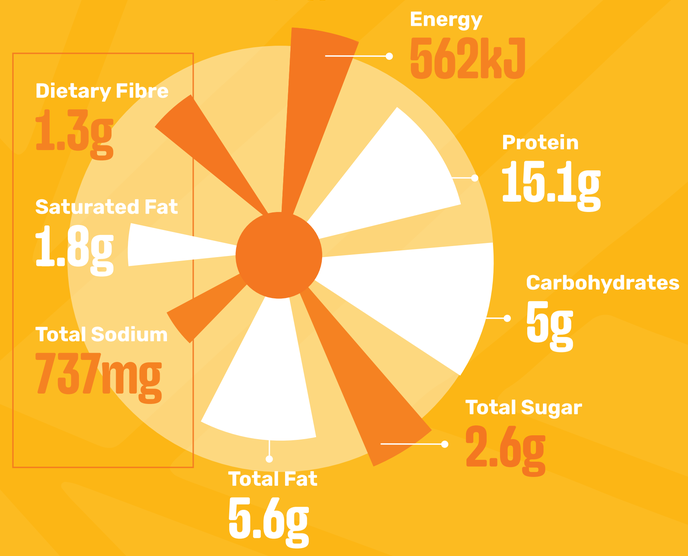
GRILLED CHICKEN BREAST FILLETS
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



GRILLED CHICKEN BREAST FILLETS
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



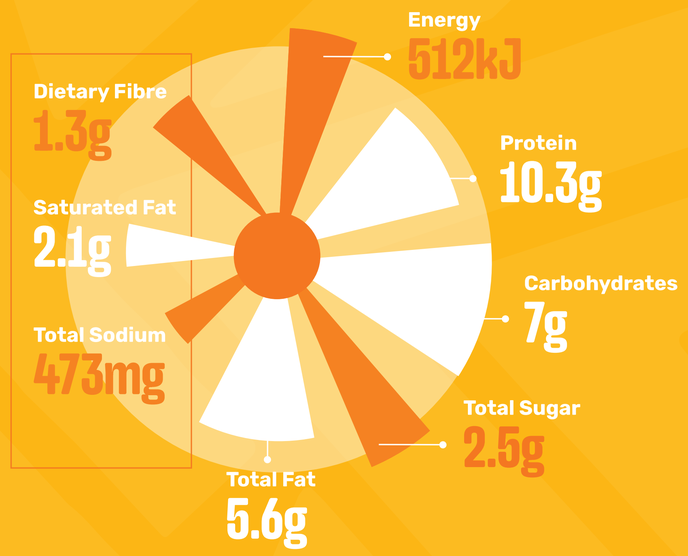
CHICKEN

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

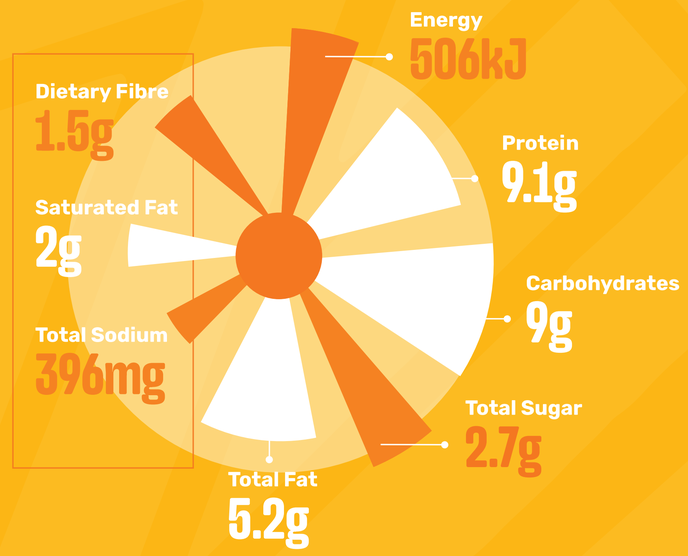
FULL BUFFALO WINGS
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



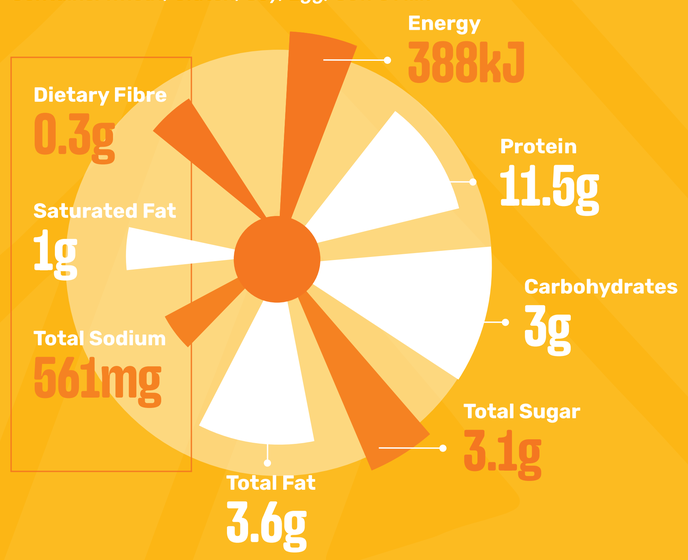
FULL BUFFALO WINGS
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



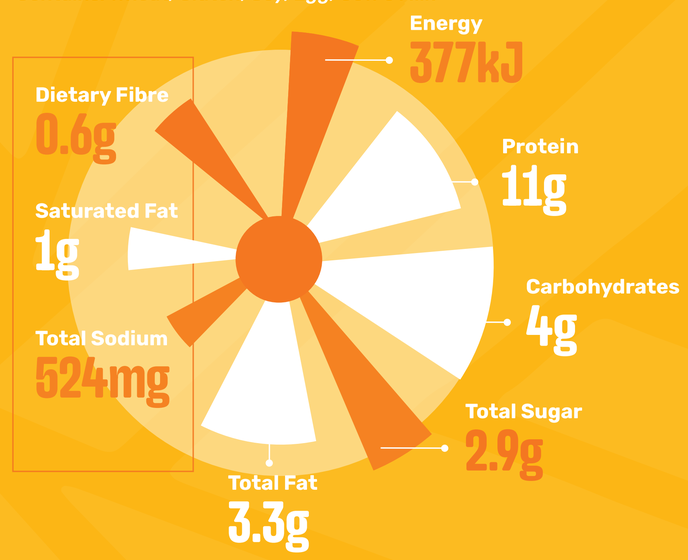
FULL BUFFALO WINGS
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



FULL BUFFALO WINGS
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



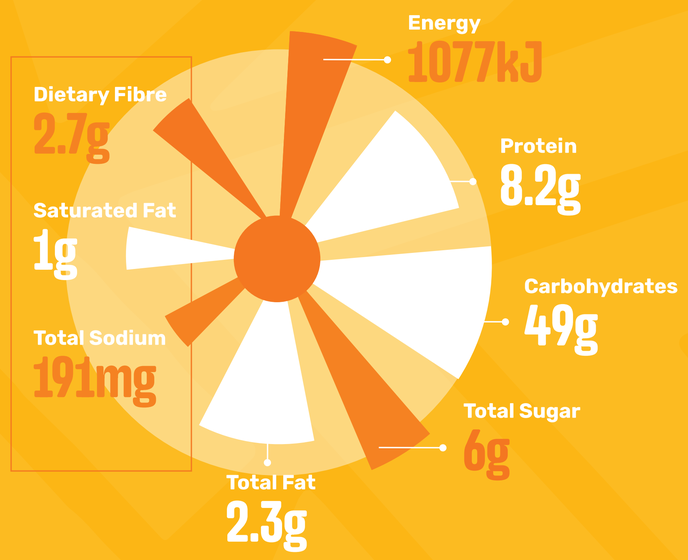
ROLL

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

PORTUGUESE ROLL

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



RIBS, GRILLS & COMBOS

Spur Steak Ranches are not a gluten or allergen-free environment, and while the utmost care is taken to minimise contact with allergens when requested, traces of gluten or other allergens may appear in the final dish served. Our meals are produced in kitchens containing allergens including nuts, gluten, wheat, shellfish, lactose and egg. Every effort is made to ensure vegan meals are cooked on separate surfaces, keep in mind that our plant-based meals are prepared in a kitchen that does handle animal products. Please note our fish may contain small bones.

The allergen and nutritional information provided is accurate and up-to-date to the best of our knowledge. It is based on information provided by our manufacturers and suppliers and Spur Corporation (Pty) Limited will not be held liable for any omission or failure to provide updated or correct information nor negligence on the part of the supplier nor manufacturer.

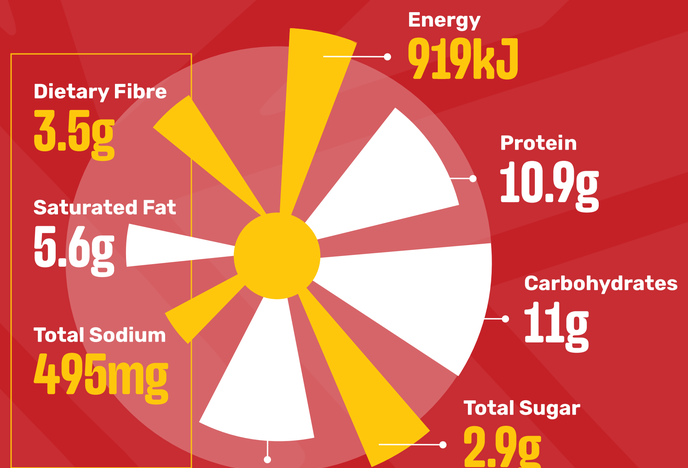
RIBS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

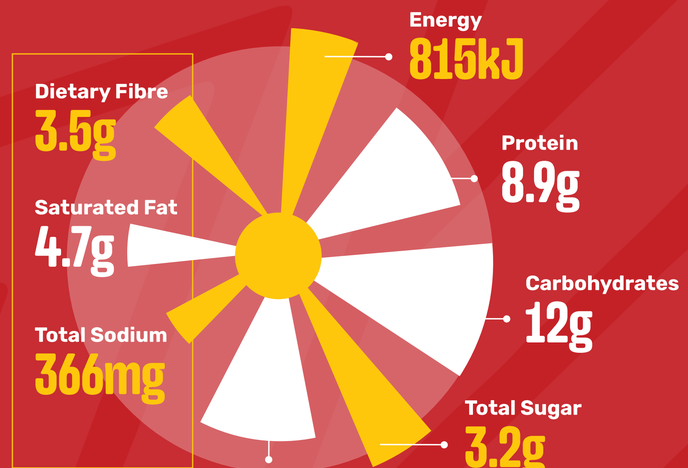
RACK OF RIBS – 400g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



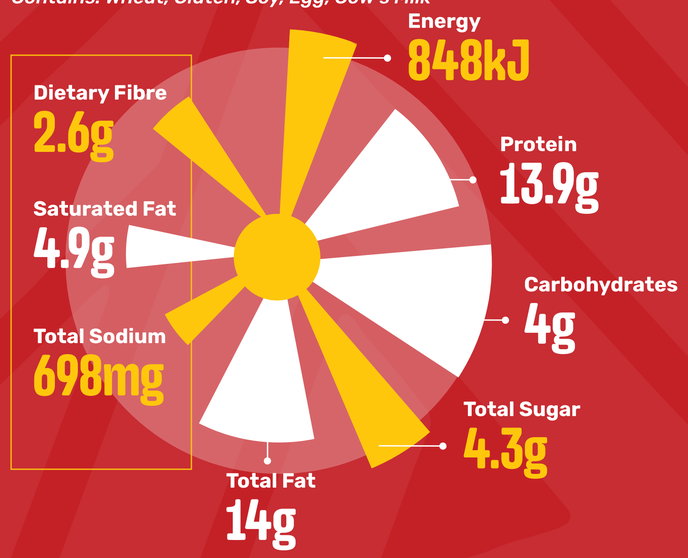
RACK OF RIBS– 400g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



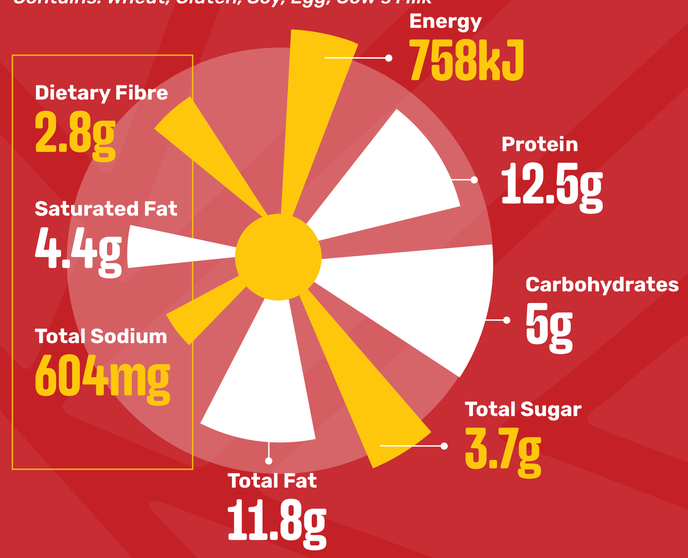
RACK OF RIBS – 400g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



RACK OF RIBS – 400g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



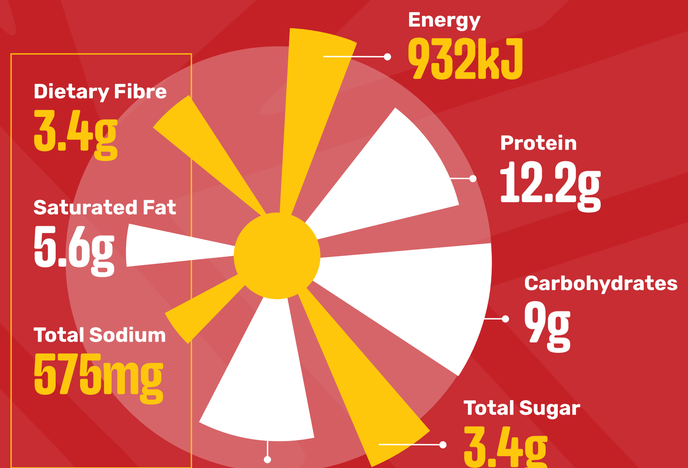
RIBS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

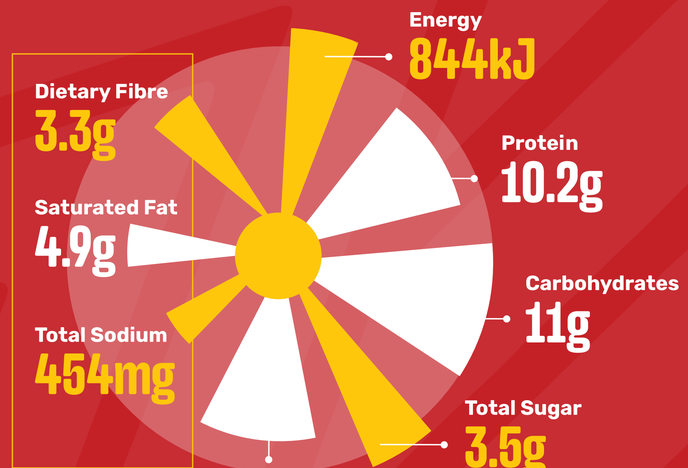
RACK OF RIBS – 600g
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



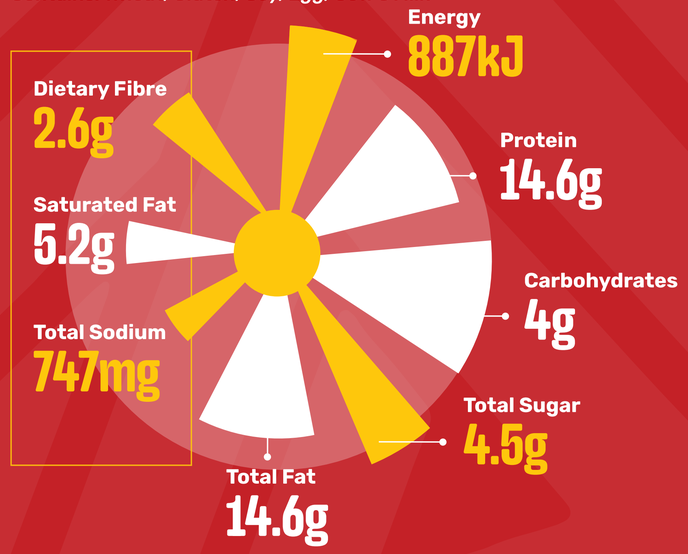
RACK OF RIBS – 600g
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



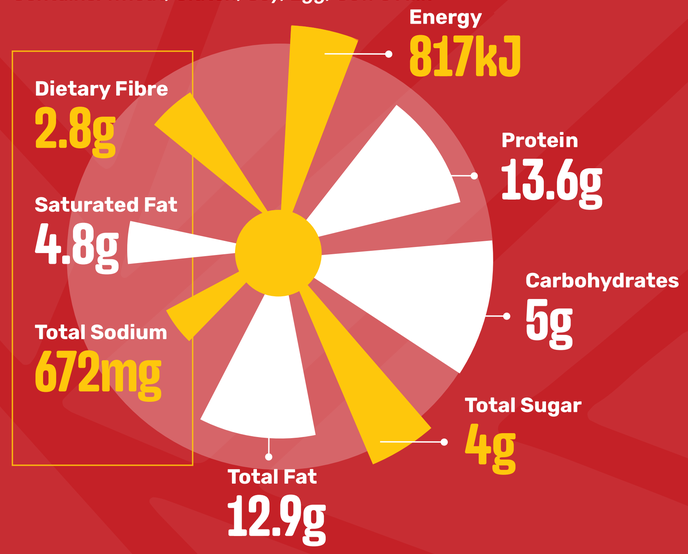
RACK OF RIBS – 600g
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



RACK OF RIBS – 600g
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



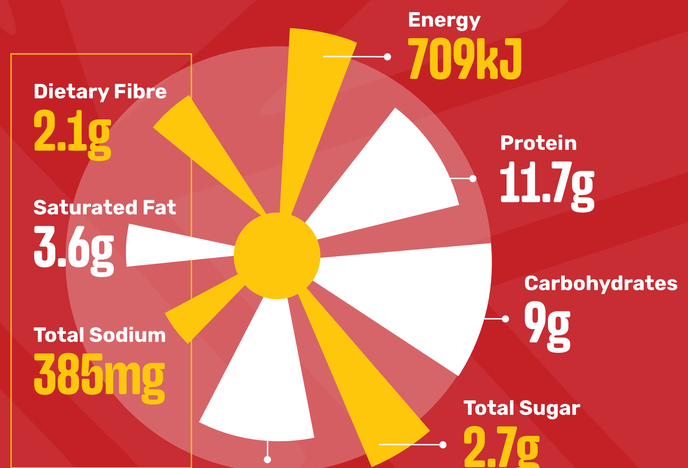
COMBOS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

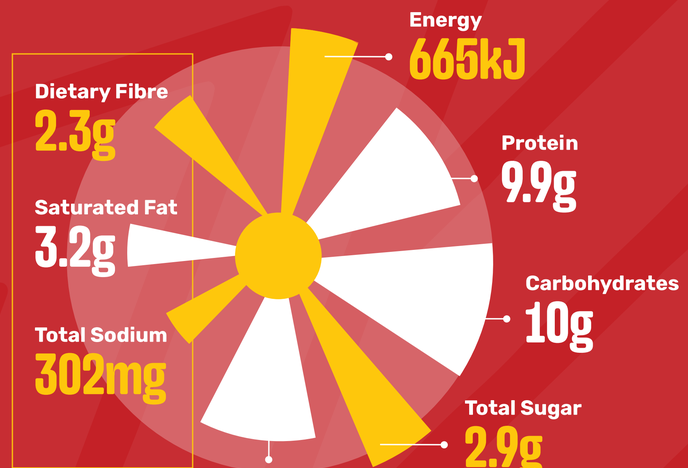
APACHE COMBO
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



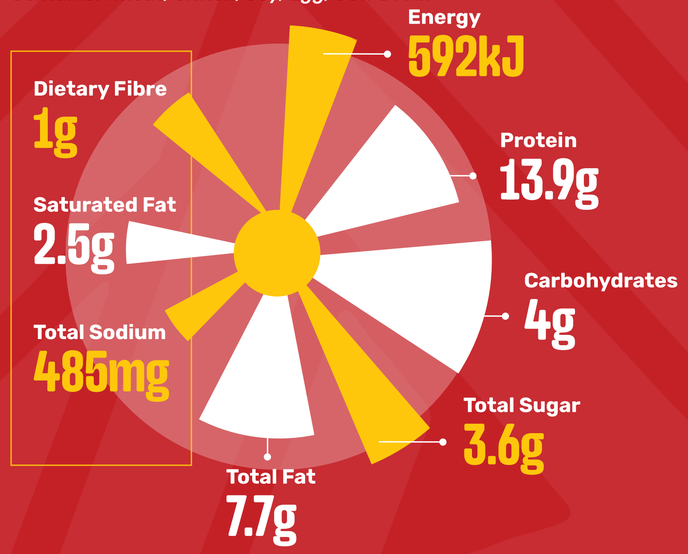
APACHE COMBO
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



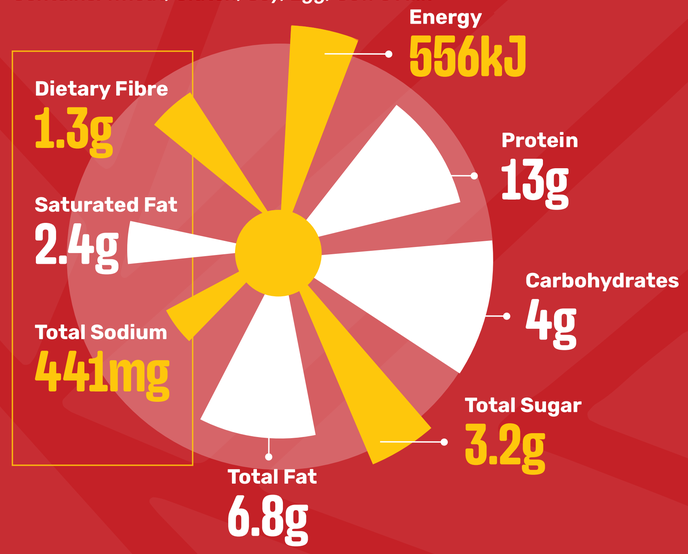
APACHE COMBO
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



APACHE COMBO
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



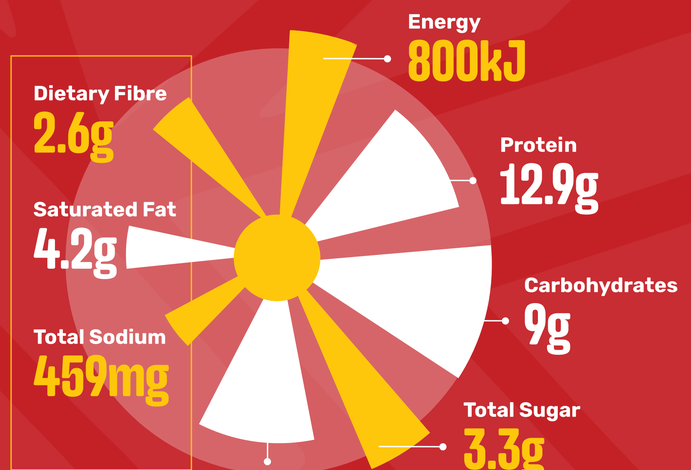
COMBOS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

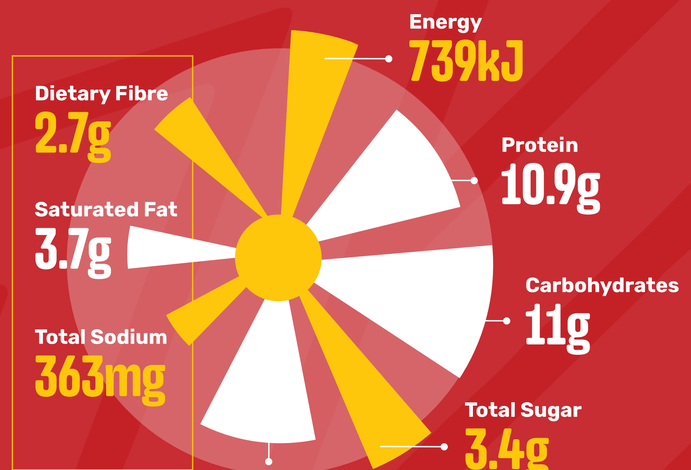
MOHAWK COMBO
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



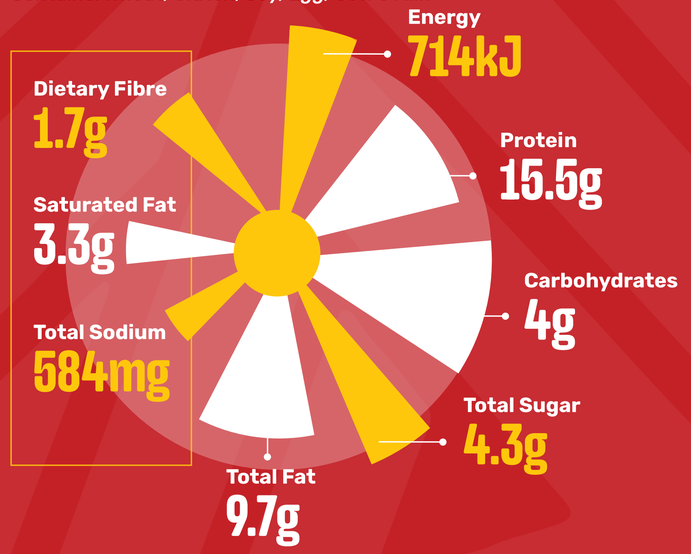
MOHAWK COMBO
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



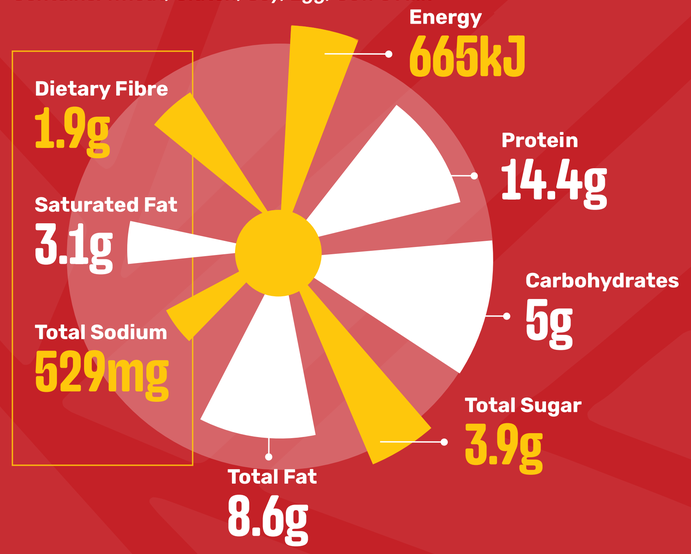
MOHAWK COMBO
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



MOHAWK COMBO
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



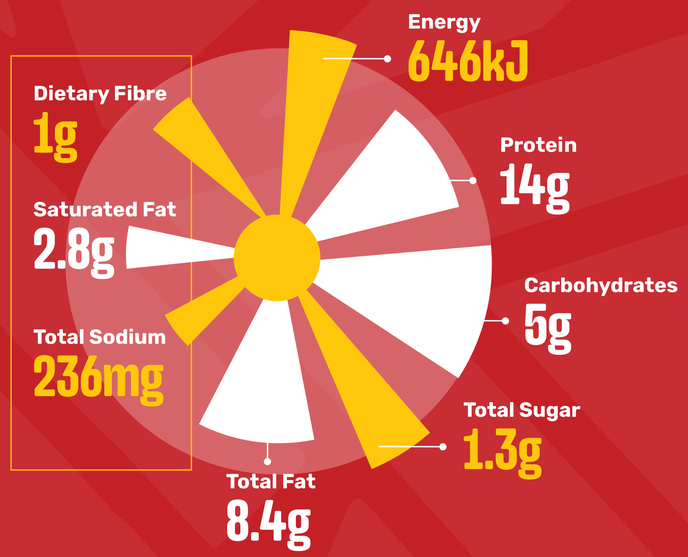
COMBOS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

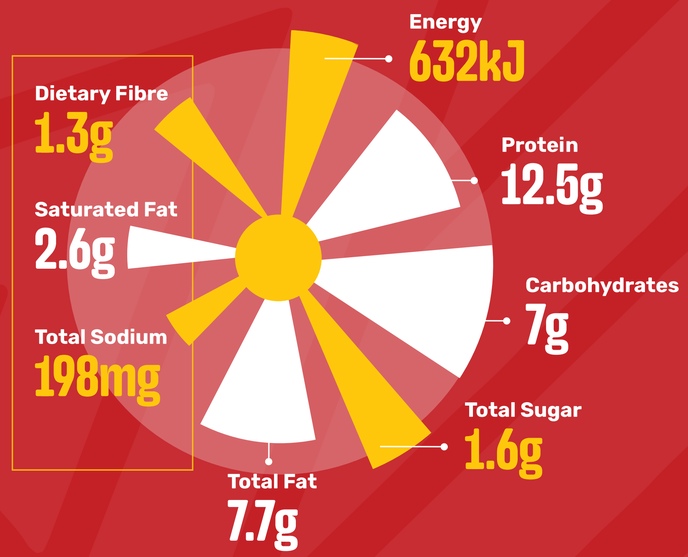
BUFFALO COMBO – PERI-PERI SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



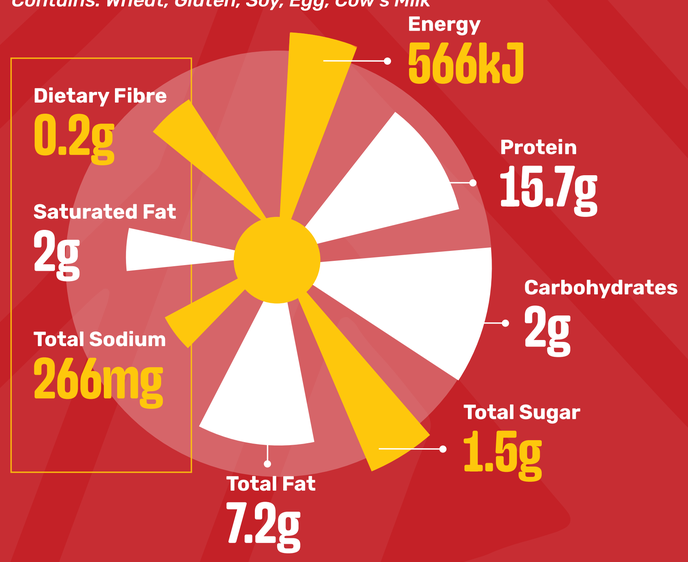
BUFFALO COMBO – PERI-PERI SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



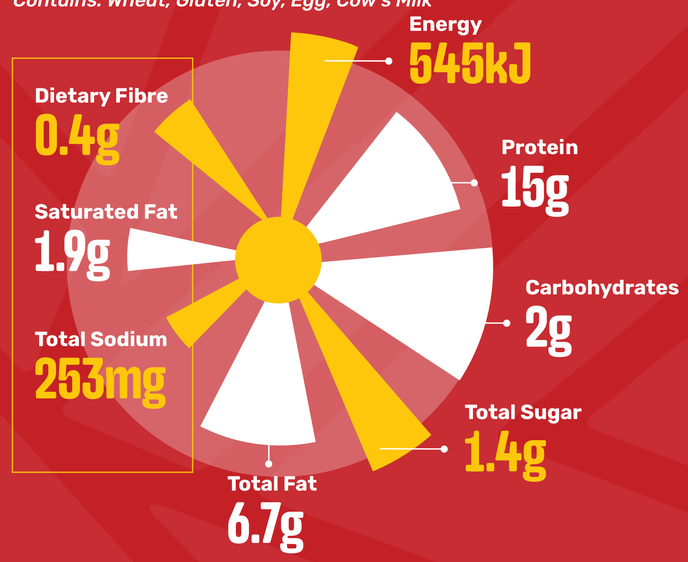
BUFFALO COMBO – PERI-PERI SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



BUFFALO COMBO – PERI-PERI SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



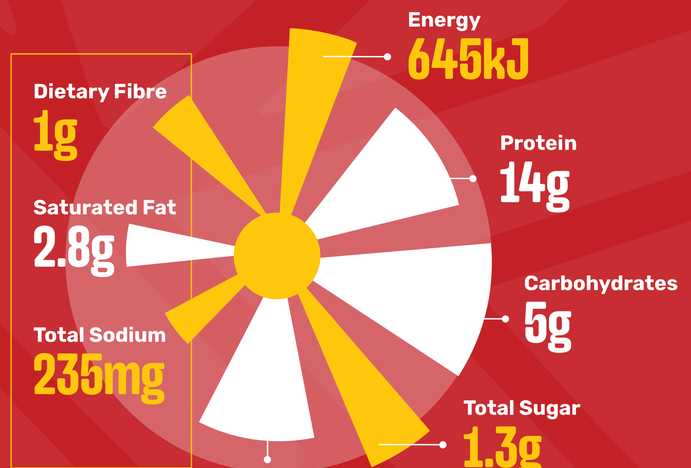
COMBOS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

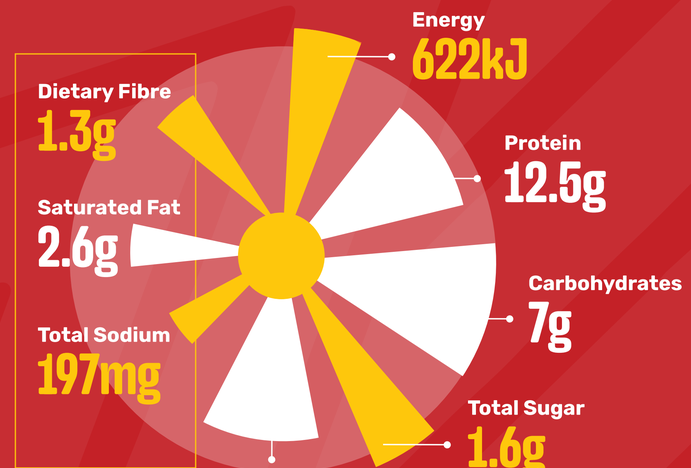
BUFFALO COMBO – LEMON & HERB BASTING
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



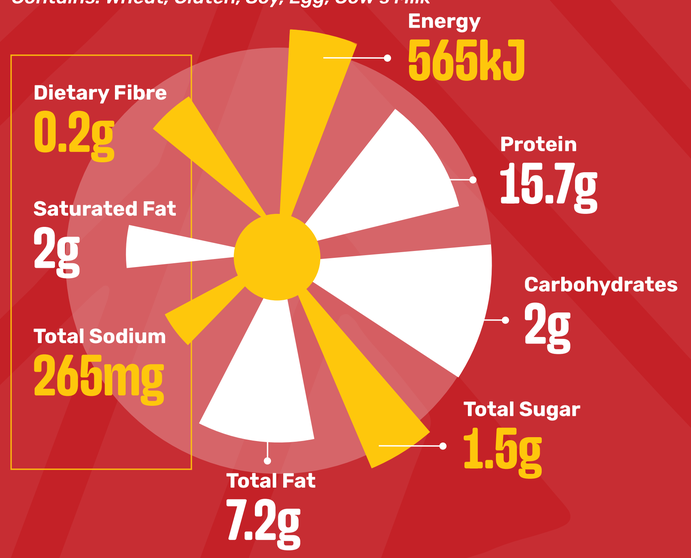
BUFFALO COMBO – LEMON & HERB BASTING
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



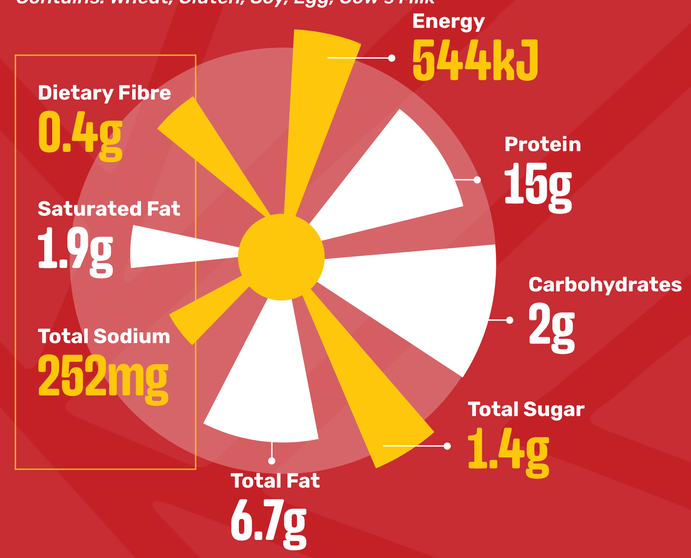
BUFFALO COMBO – LEMON & HERB BASTING
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



BUFFALO COMBO – LEMON & HERB BASTING
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



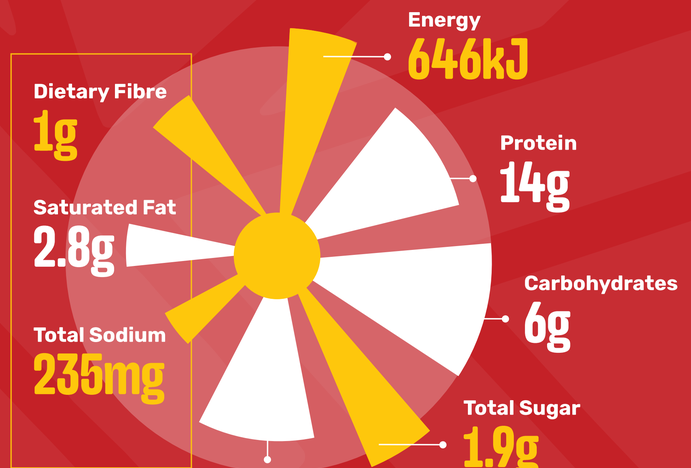
COMBOS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

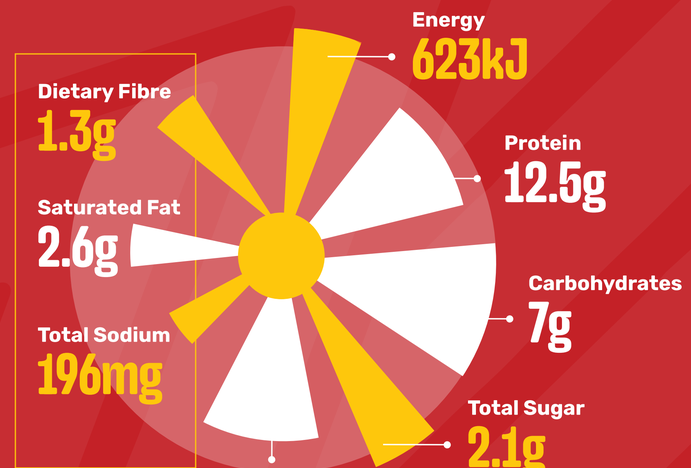
BUFFALO COMBO – SWEET & SPICY SAUCE
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



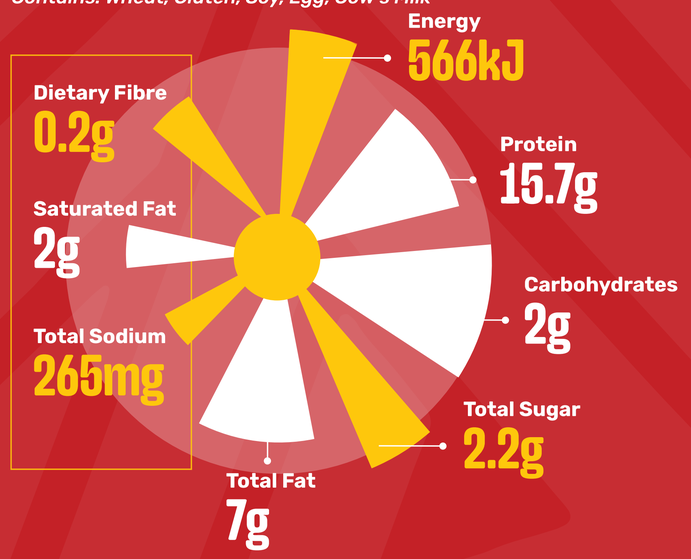
BUFFALO COMBO – SWEET & SPICY SAUCE
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



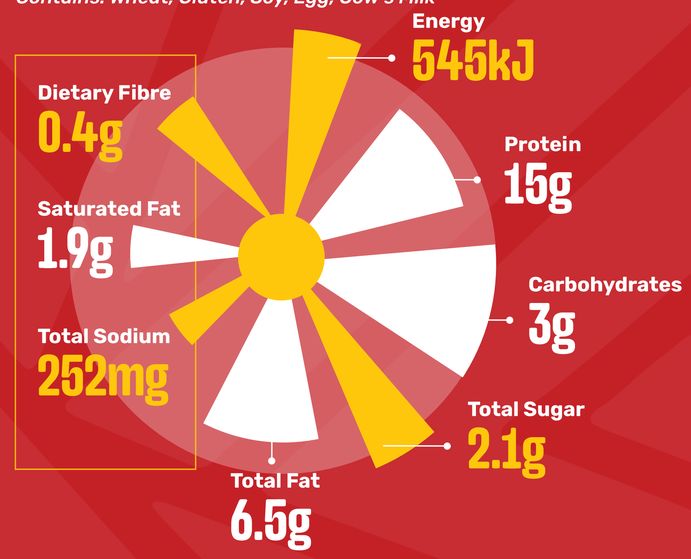
BUFFALO COMBO – SWEET & SPICY SAUCE
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



BUFFALO COMBO – SWEET & SPICY SAUCE
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



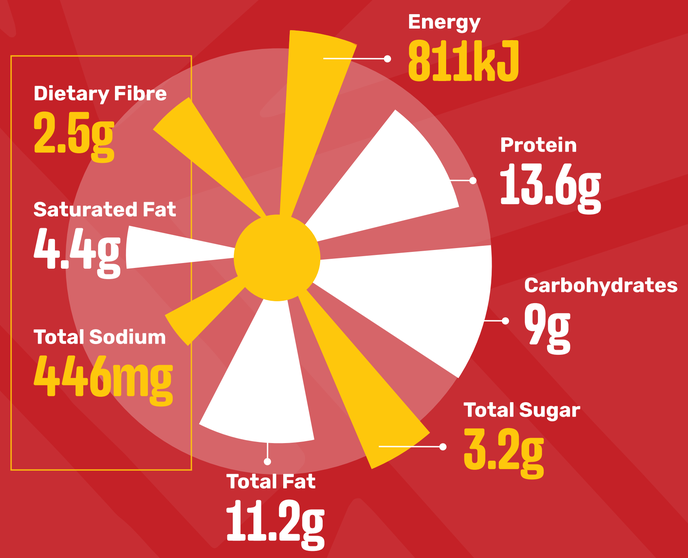
COMBOS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

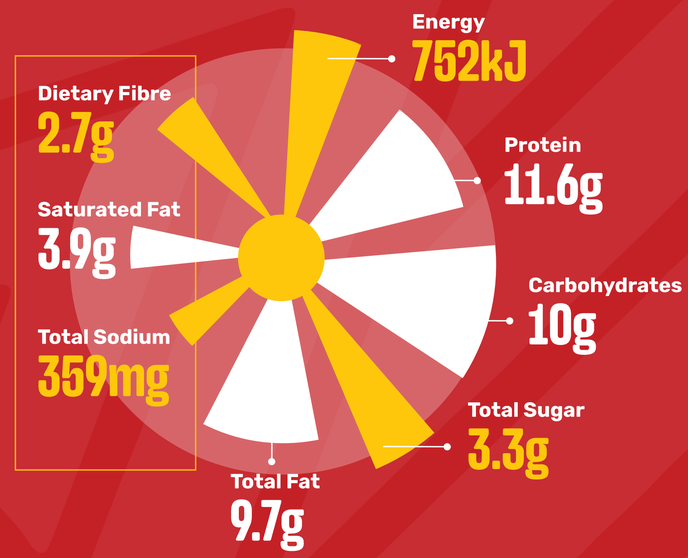
WARRIOR COMBO
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



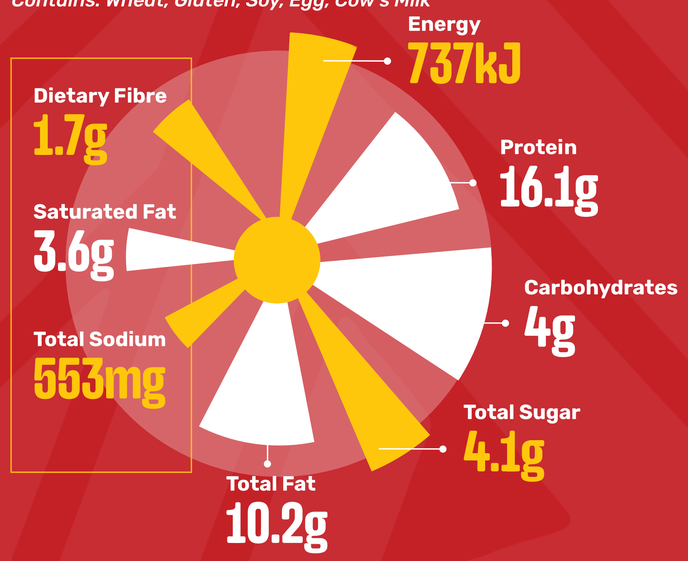
WARRIOR COMBO
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



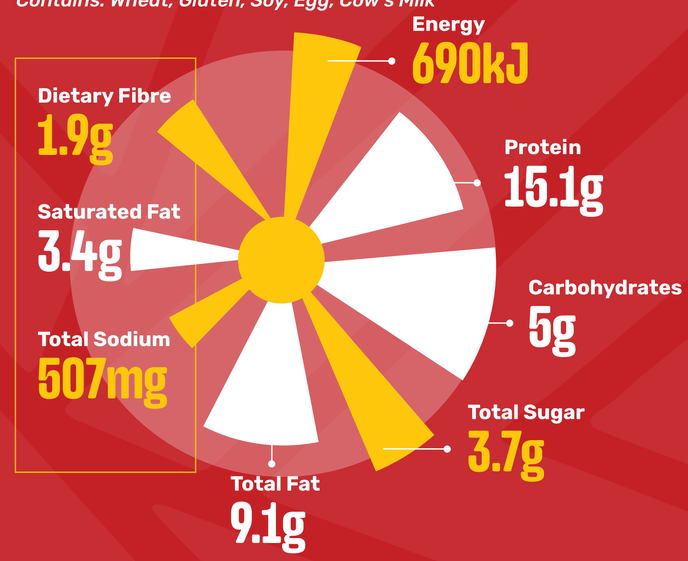
WARRIOR COMBO
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



WARRIOR COMBO
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



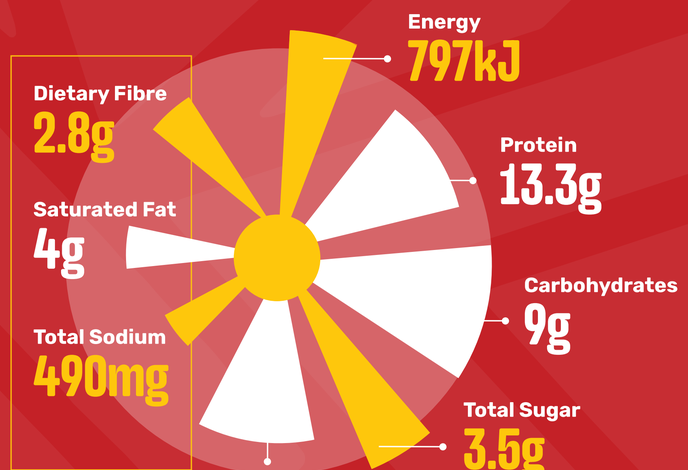
COMBOS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

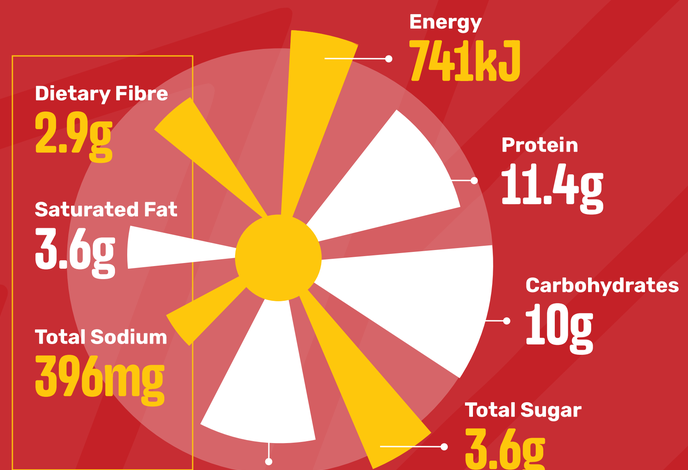
RIBS & QUARTER CHICKEN COMBO
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



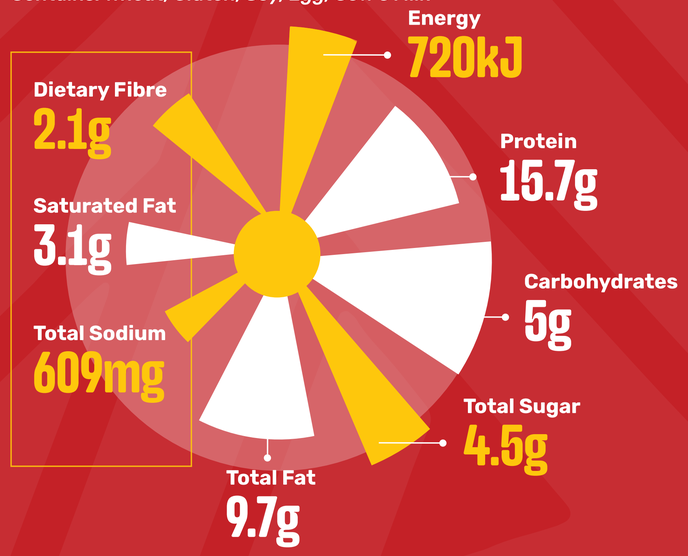
RIBS & QUARTER CHICKEN COMBO
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



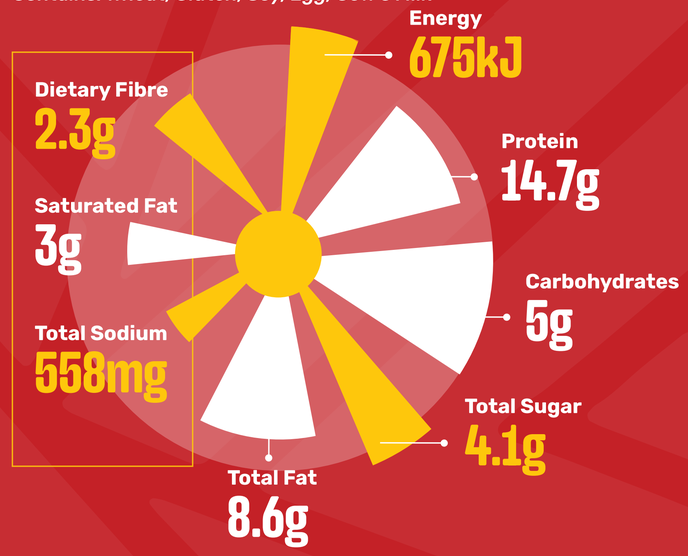
RIBS & QUARTER CHICKEN COMBO
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



RIBS & QUARTER CHICKEN COMBO
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



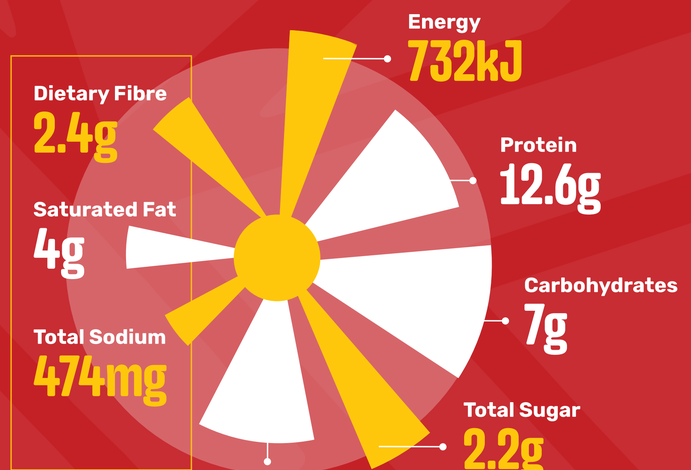
COMBOS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

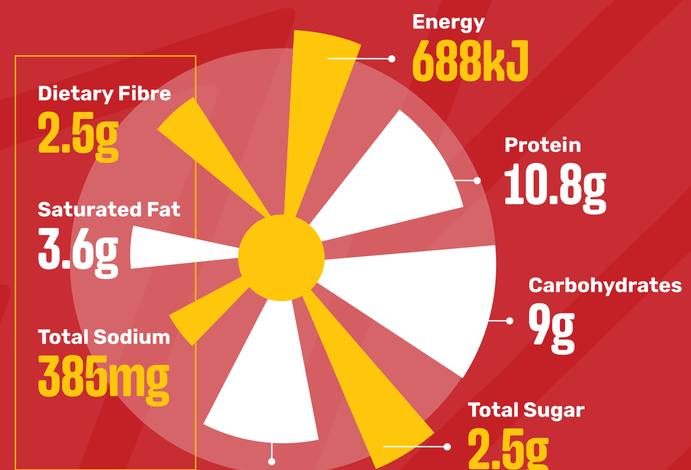
RIBS & BUFFALO WINGS COMBO - GRILL BASTING
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



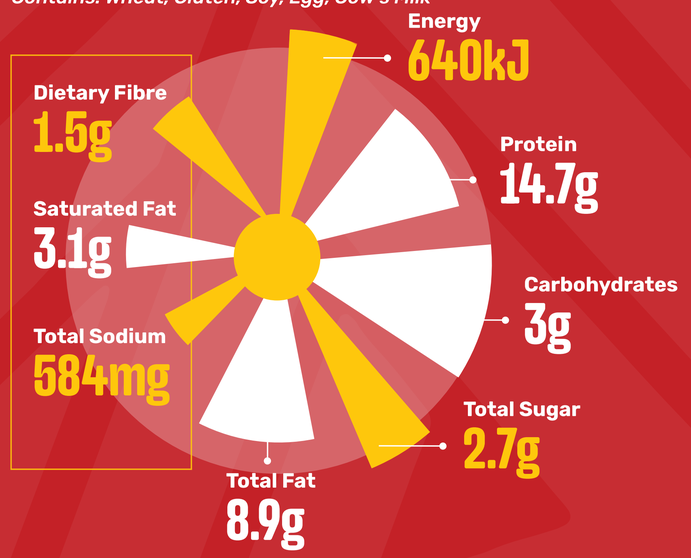
RIBS & BUFFALO WINGS COMBO - GRILL BASTING
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



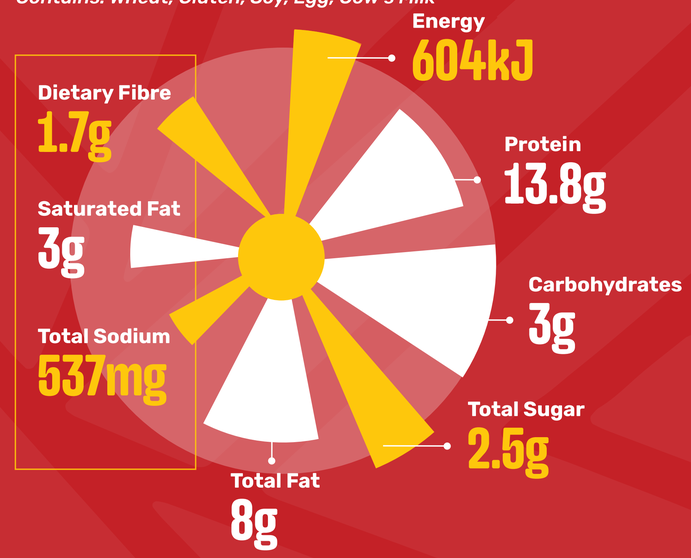
RIBS & BUFFALO WINGS COMBO - GRILL BASTING
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



RIBS & BUFFALO WINGS COMBO - GRILL BASTING
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



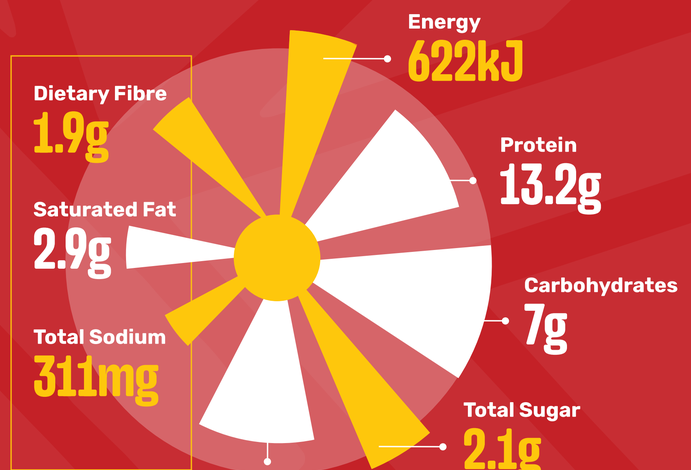
COMBOS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

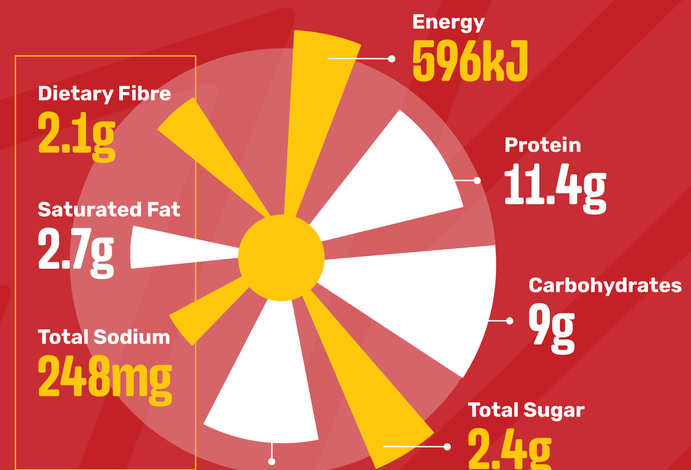
T-BONE & BUFFALO WINGS COMBO - GRILL BASTING
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



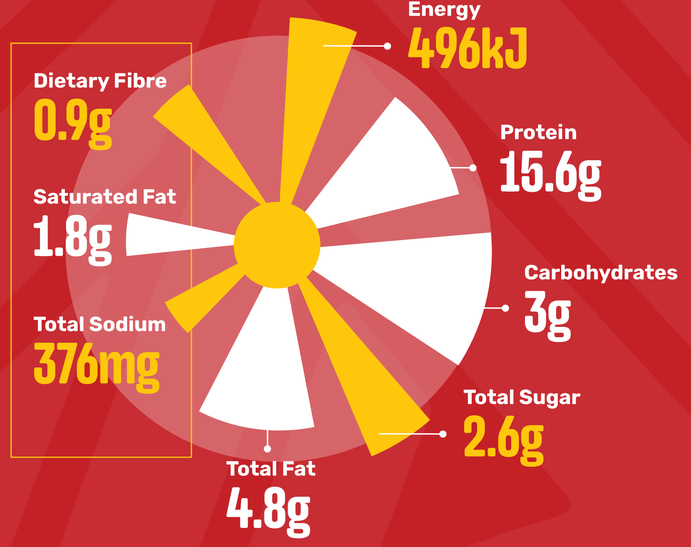
T-BONE & BUFFALO WINGS COMBO - GRILL BASTING
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



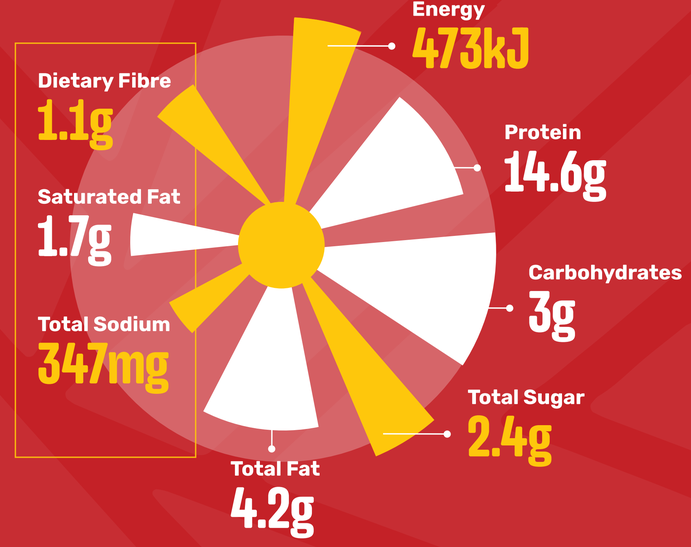
T-BONE & BUFFALO WINGS COMBO - GRILL BASTING
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



T-BONE & BUFFALO WINGS COMBO - GRILL BASTING
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



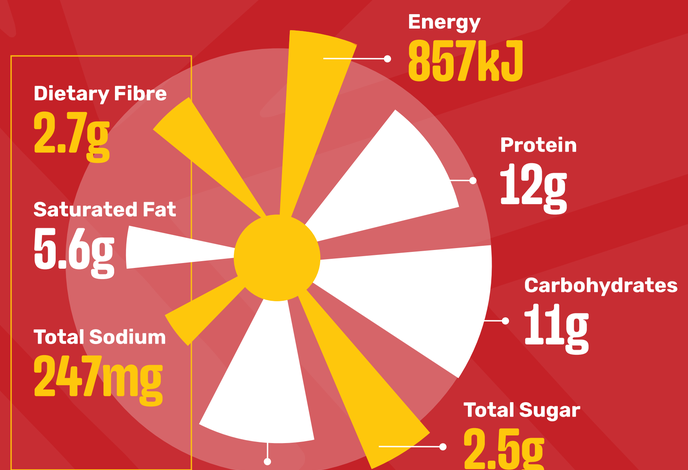
GRILLS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

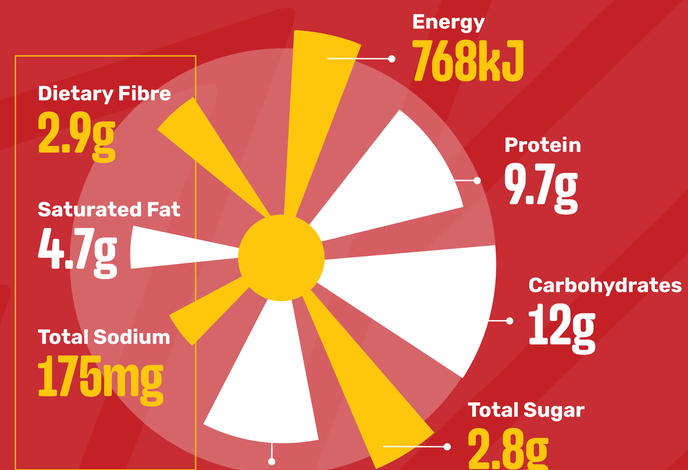
LAMB CHOPS
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



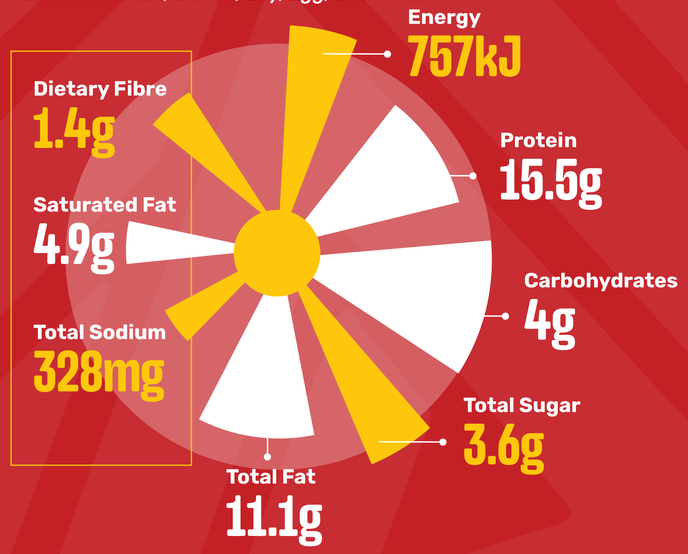
LAMB CHOPS
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



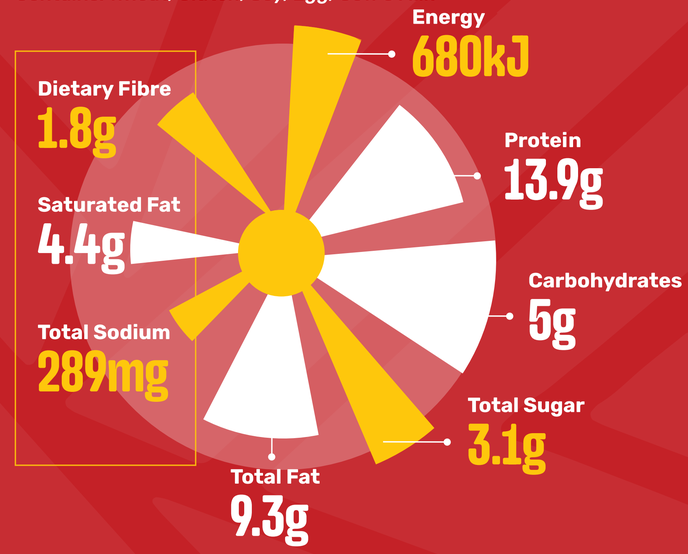
LAMB CHOPS
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



LAMB CHOPS
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



SEAFOOD

Spur Steak Ranches are not a gluten or allergen-free environment, and while the utmost care is taken to minimise contact with allergens when requested, traces of gluten or other allergens may appear in the final dish served. Our meals are produced in kitchens containing allergens including nuts, gluten, wheat, shellfish, lactose and egg. Every effort is made to ensure vegan meals are cooked on separate surfaces, keep in mind that our plant-based meals are prepared in a kitchen that does handle animal products. Please note our fish may contain small bones.

The allergen and nutritional information provided is accurate and up-to-date to the best of our knowledge. It is based on information provided by our manufacturers and suppliers and Spur Corporation (Pty) Limited will not be held liable for any omission or failure to provide updated or correct information nor negligence on the part of the supplier nor manufacturer.

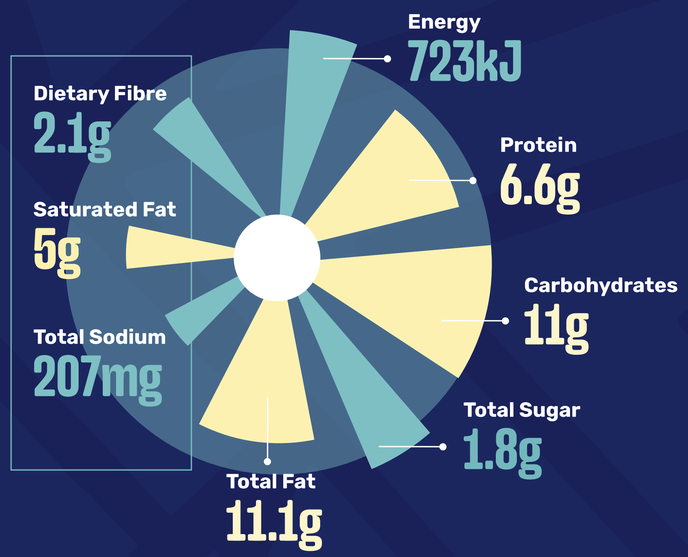
HAKE & CHIPS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

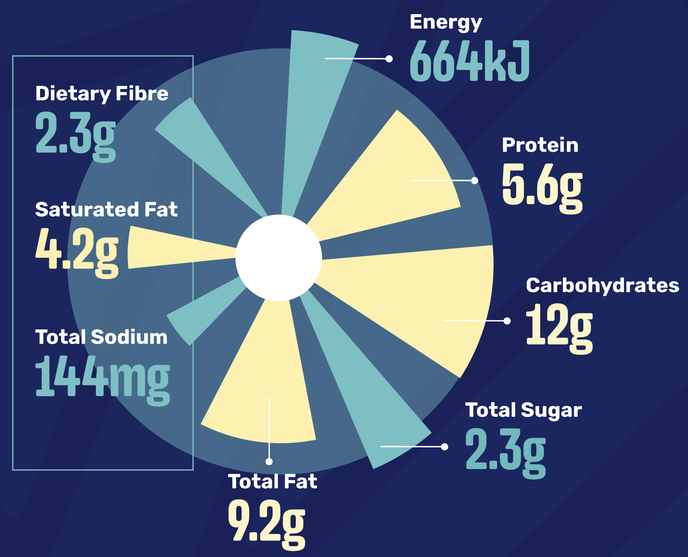
HAKE & CHIPS – HALF
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk, Fish



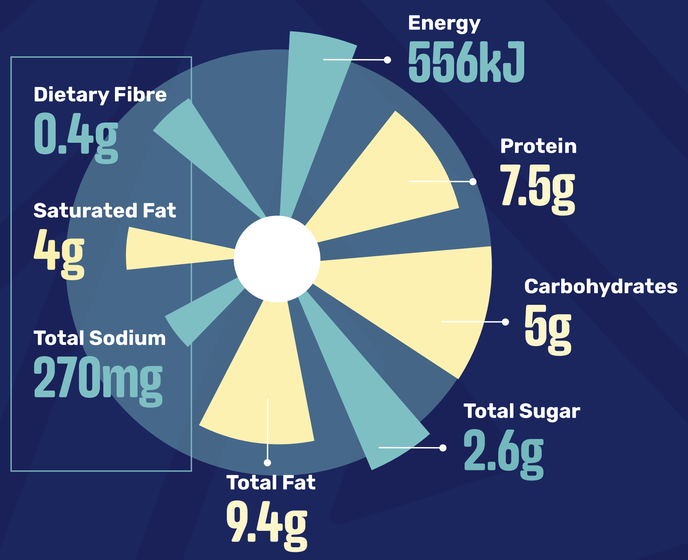
HAKE & CHIPS – HALF
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk, Fish



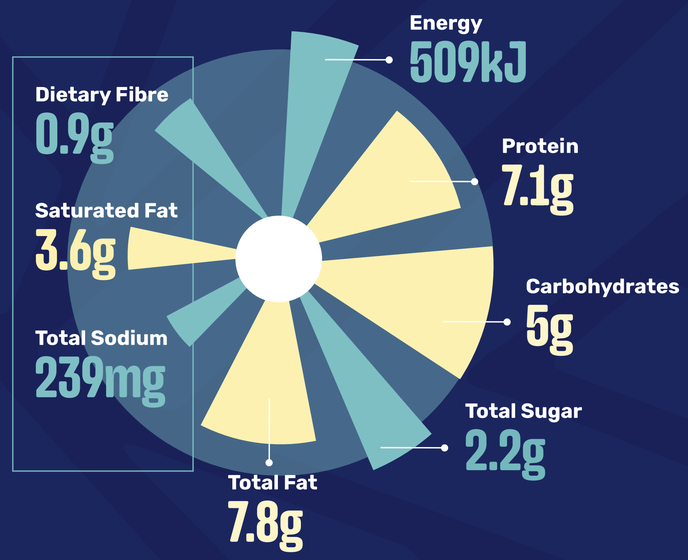
HAKE & CHIPS – HALF
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk, Fish



HAKE & CHIPS – HALF
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk, Fish



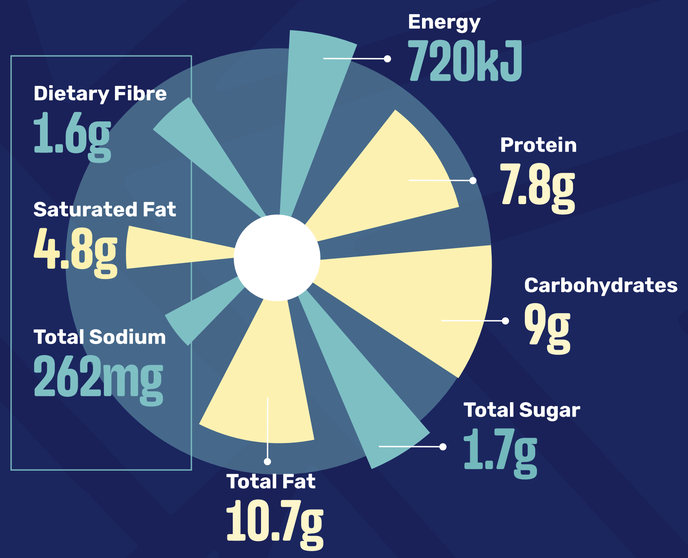
HAKE & CHIPS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

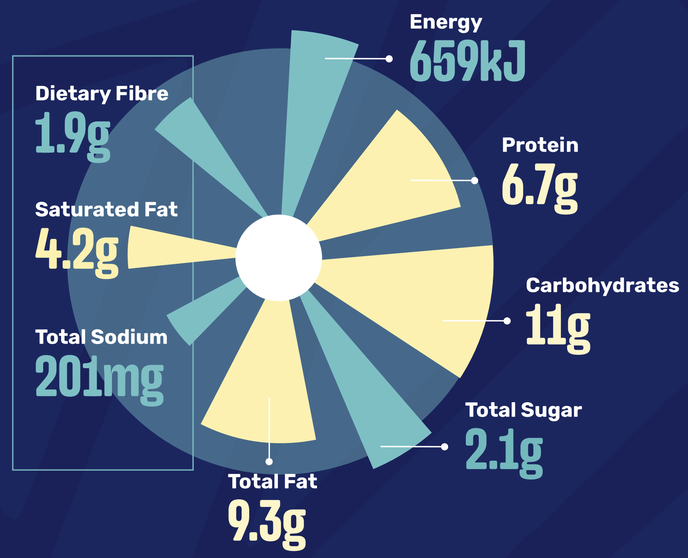
HAKE & CHIPS – FULL
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk, Fish



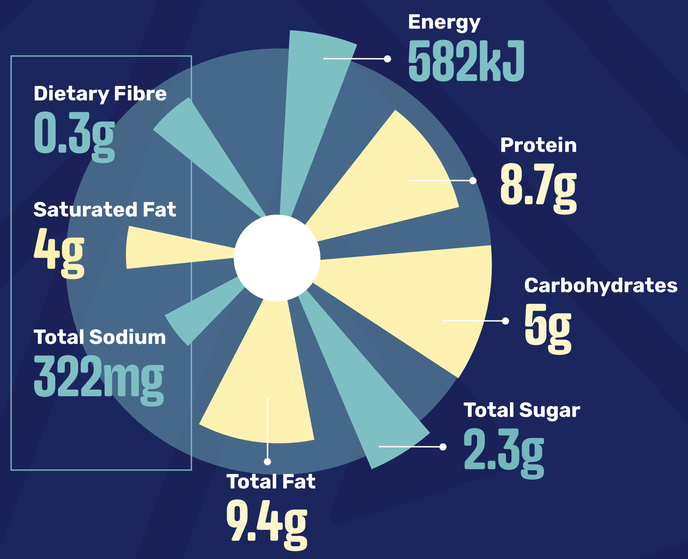
HAKE & CHIPS – FULL
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk, Fish



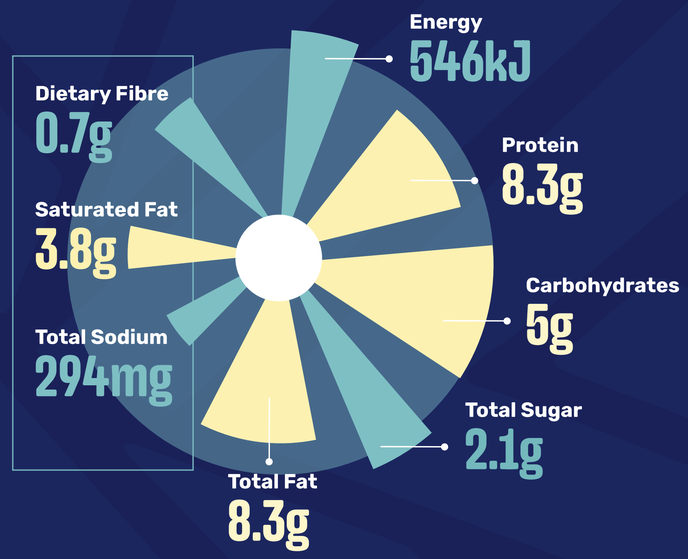
HAKE & CHIPS – FULL
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk, Fish



HAKE & CHIPS – FULL
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk, Fish



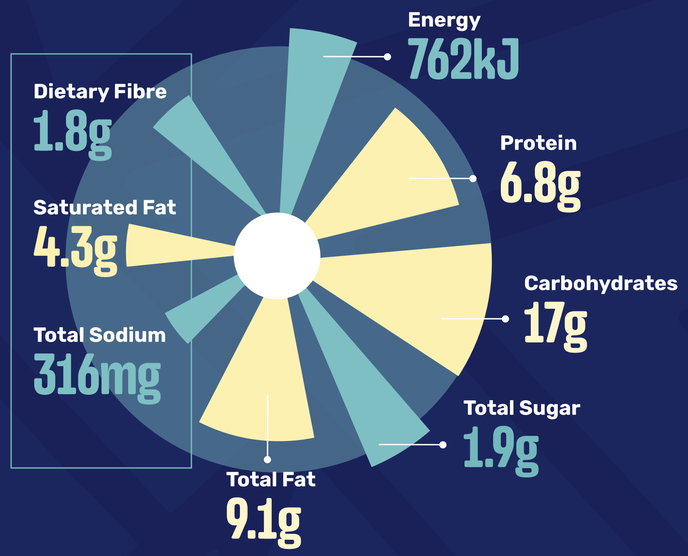
CALAMARI

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

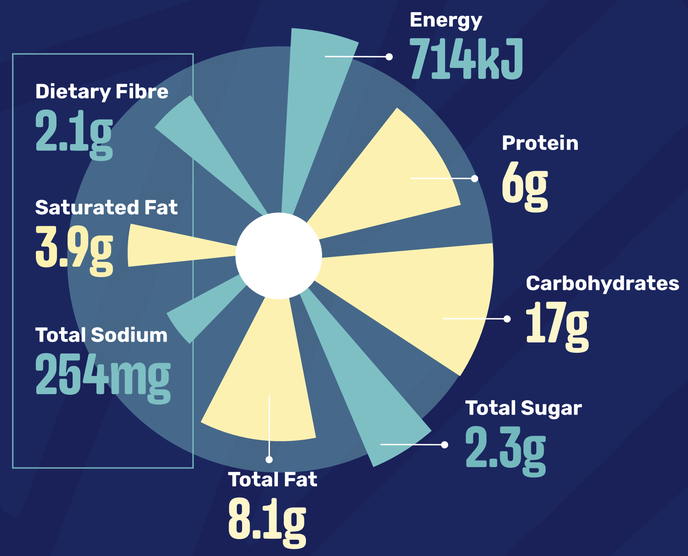
CALAMARI STRIPS
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk, Fish



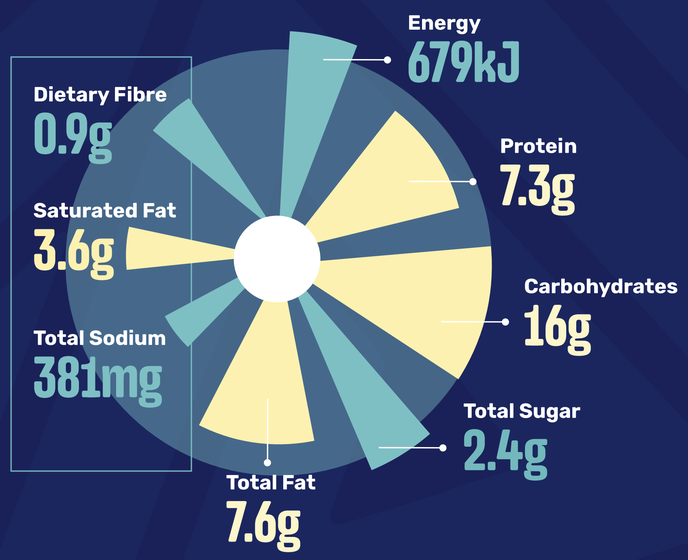
CALAMARI STRIPS
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk, Fish



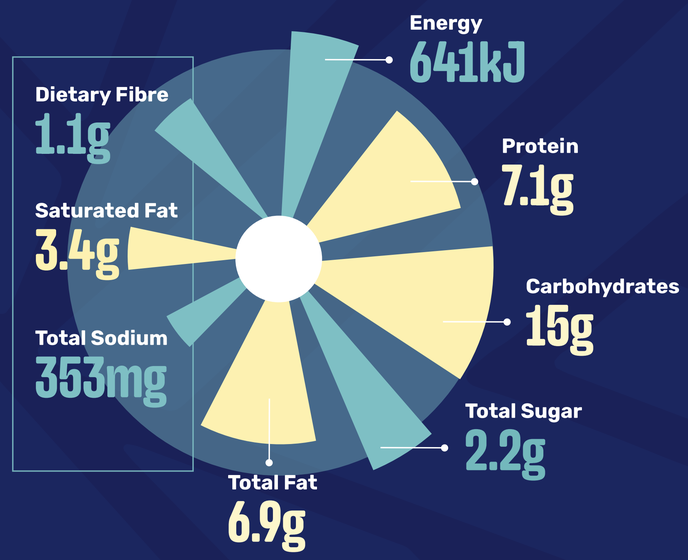
CALAMARI STRIPS
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk, Fish



CALAMARI STRIPS
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk, Fish



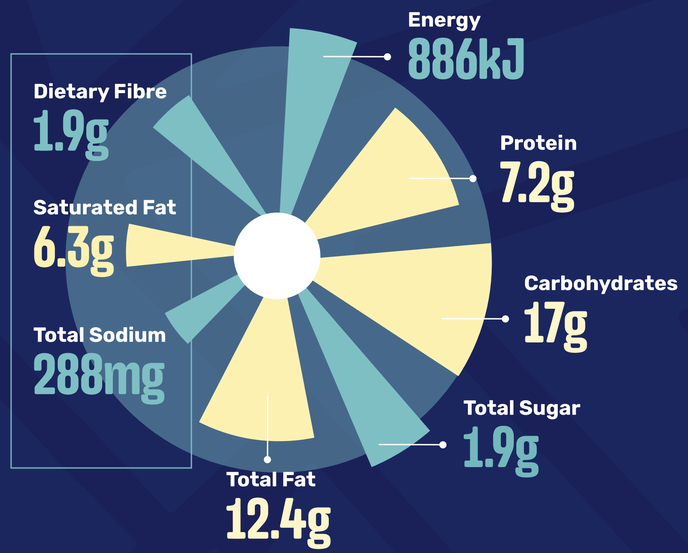
CALAMARI & HAKE

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

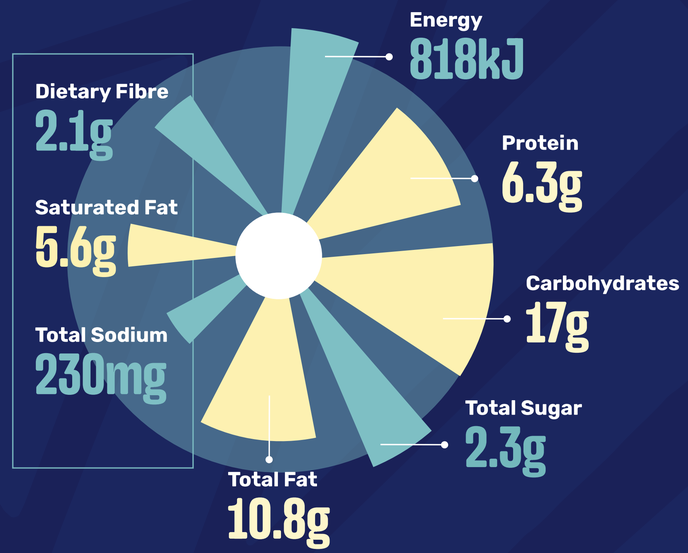
HAKE & CALAMARI STRIPS
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk, Fish



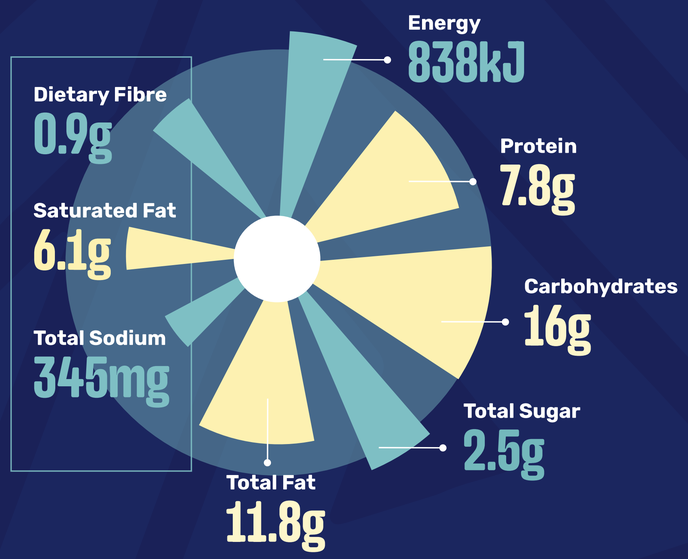
HAKE & CALAMARI STRIPS
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk, Fish



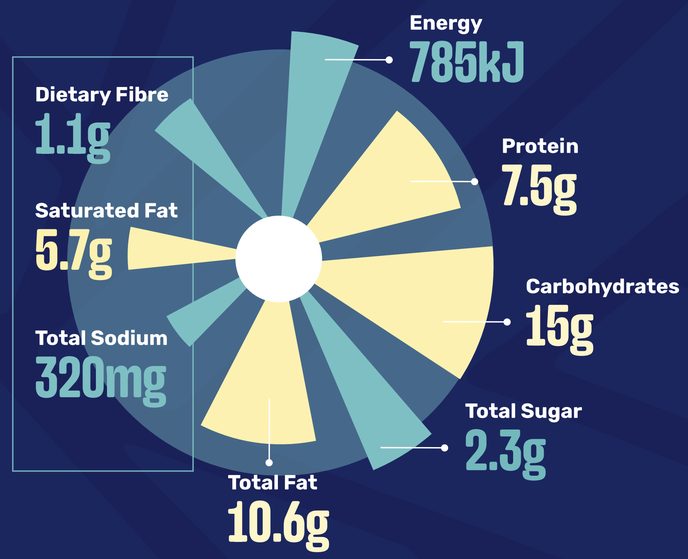
HAKE & CALAMARI STRIPS
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk, Fish



HAKE & CALAMARI STRIPS
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk, Fish



PLANT-BASED

Spur Steak Ranches are not a gluten or allergen-free environment, and while the utmost care is taken to minimise contact with allergens when requested, traces of gluten or other allergens may appear in the final dish served. Our meals are produced in kitchens containing allergens including nuts, gluten, wheat, shellfish, lactose and egg. Every effort is made to ensure vegan meals are cooked on separate surfaces, keep in mind that our plant-based meals are prepared in a kitchen that does handle animal products. Please note our fish may contain small bones.

The allergen and nutritional information provided is accurate and up-to-date to the best of our knowledge. It is based on information provided by our manufacturers and suppliers and Spur Corporation (Pty) Limited will not be held liable for any omission or failure to provide updated or correct information nor negligence on the part of the supplier nor manufacturer.

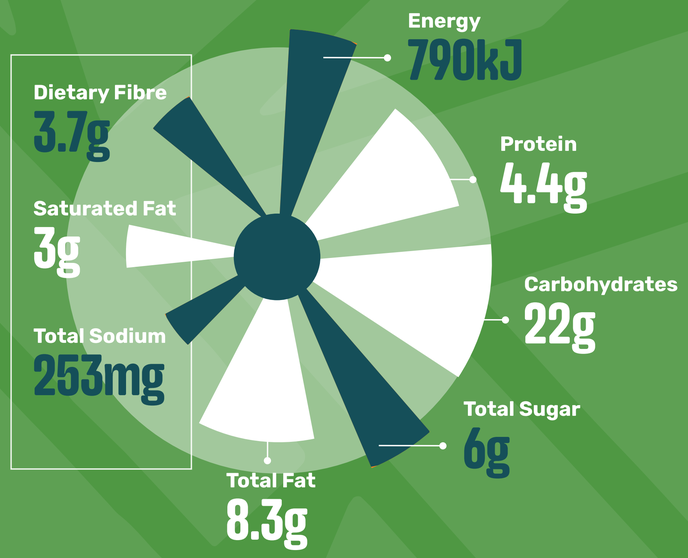
BURGER

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

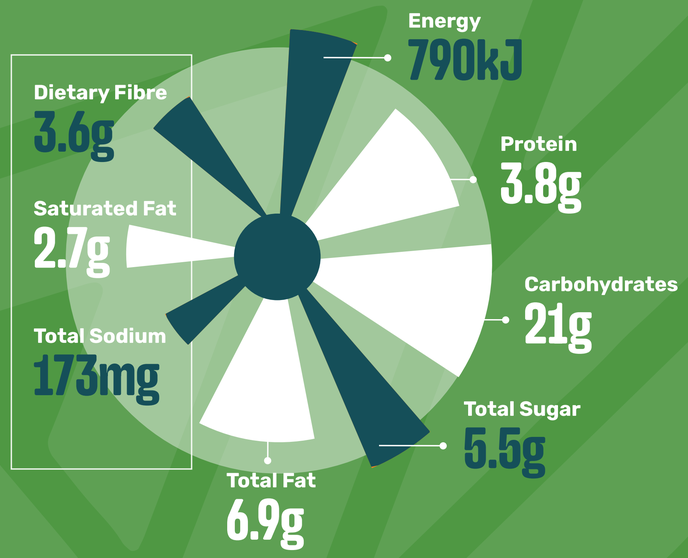
CRUMBED VEGGIE BURGER
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



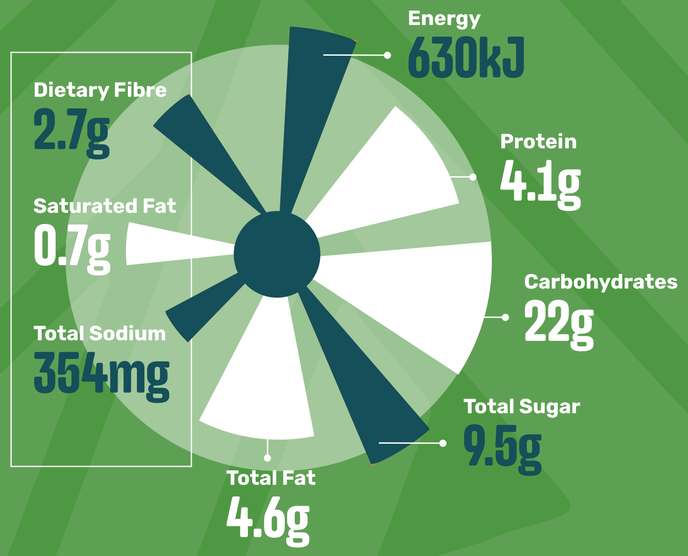
CRUMBED VEGGIE BURGER
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



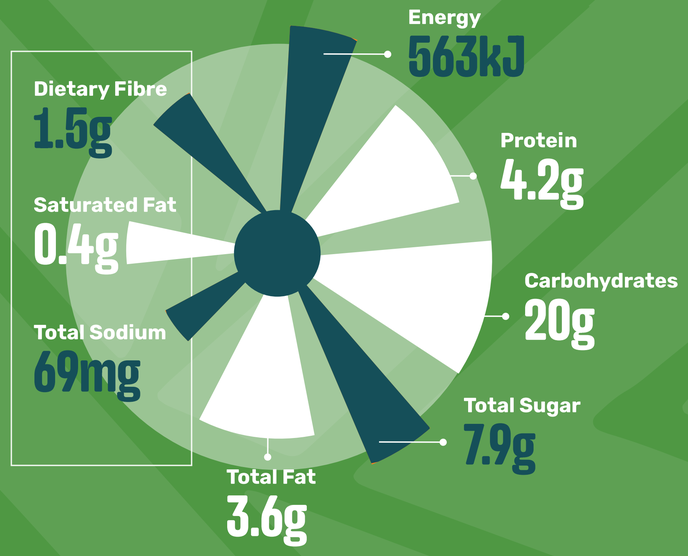
CRUMBED VEGGIE BURGER
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



CRUMBED VEGGIE BURGER
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



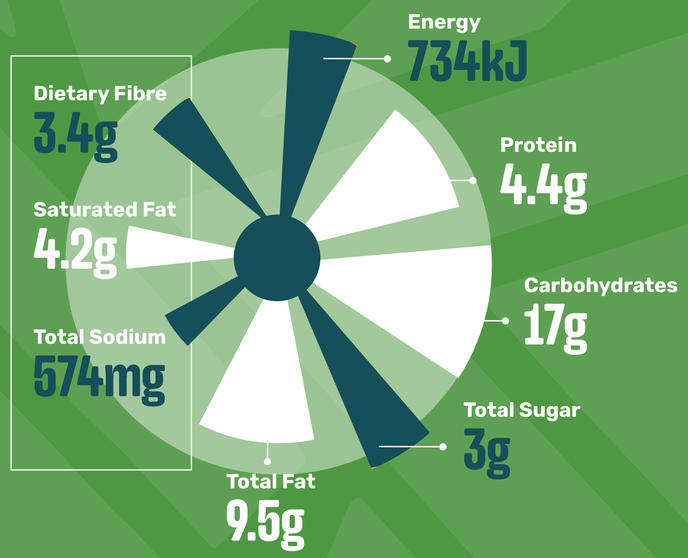
BURGER

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

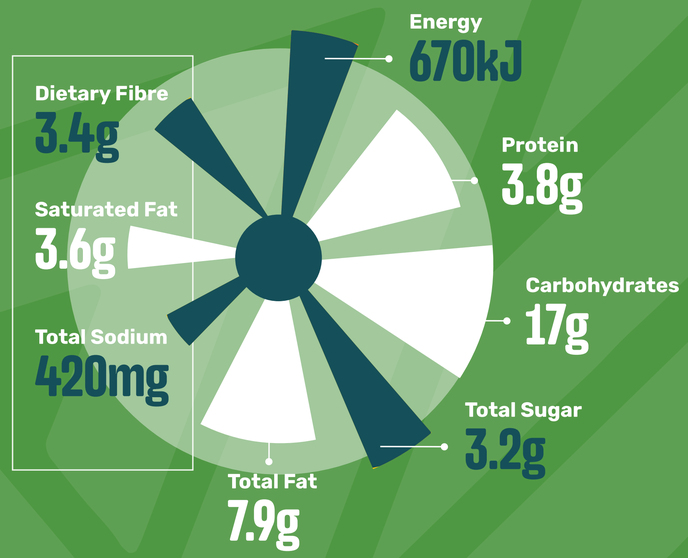
100% PLANT BURGER
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



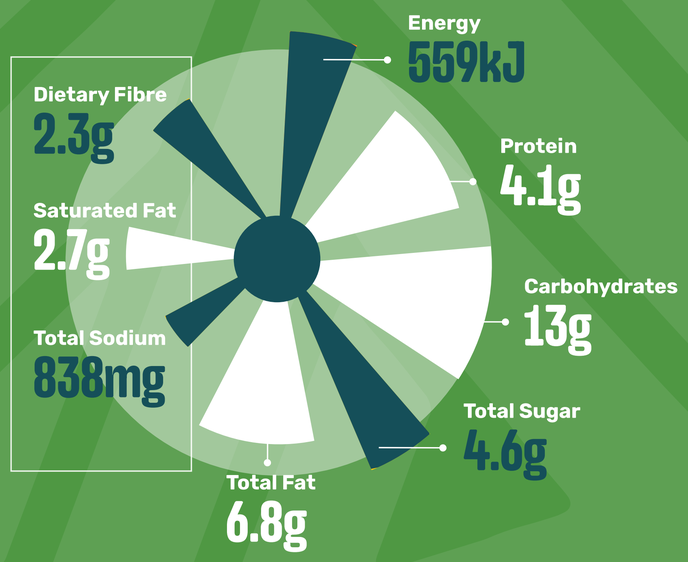
100% PLANT BURGER
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



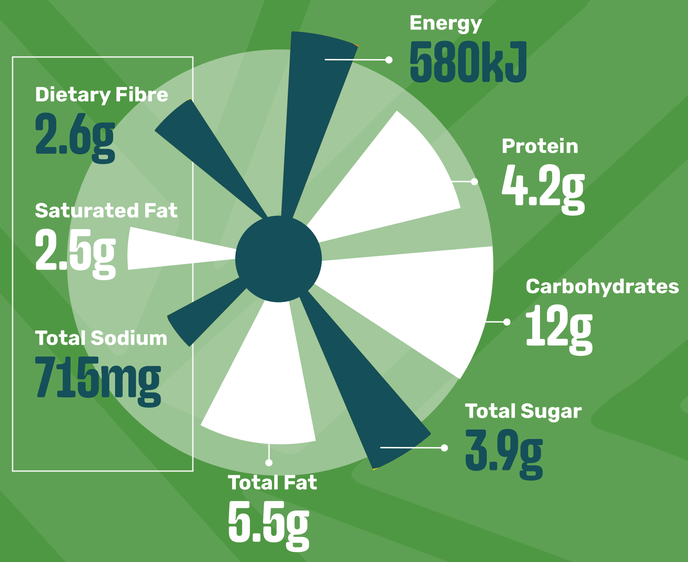
100% PLANT BURGER
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



100% PLANT BURGER
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



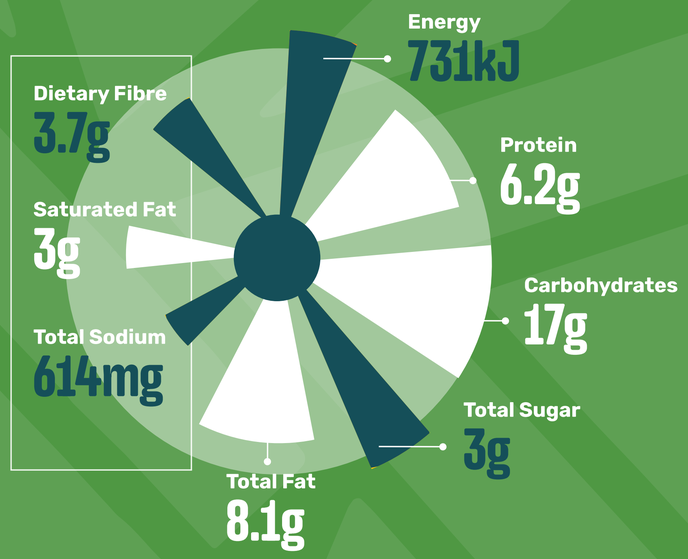
BURGER

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

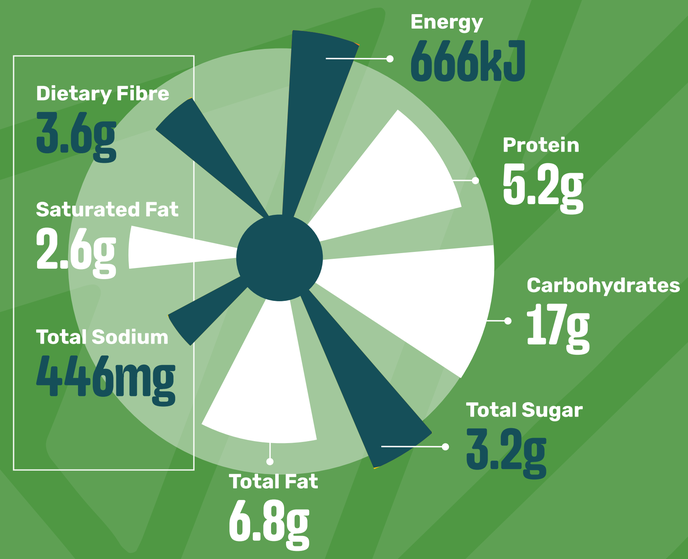
SOYA BURGER
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



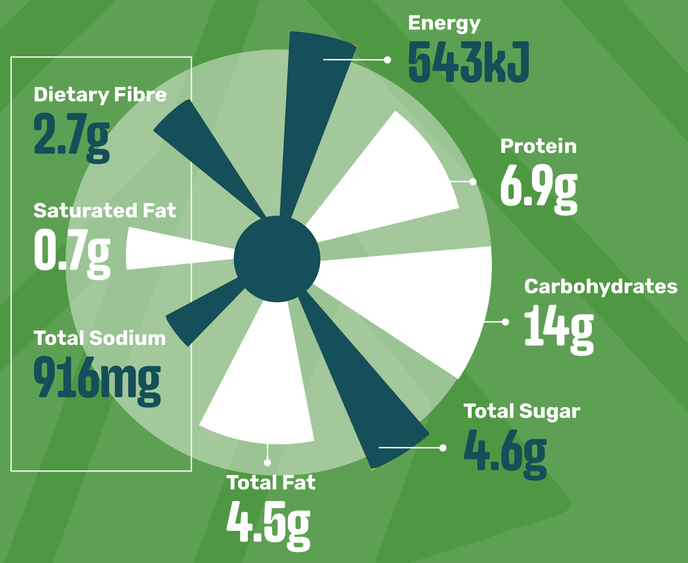
SOYA BURGER
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



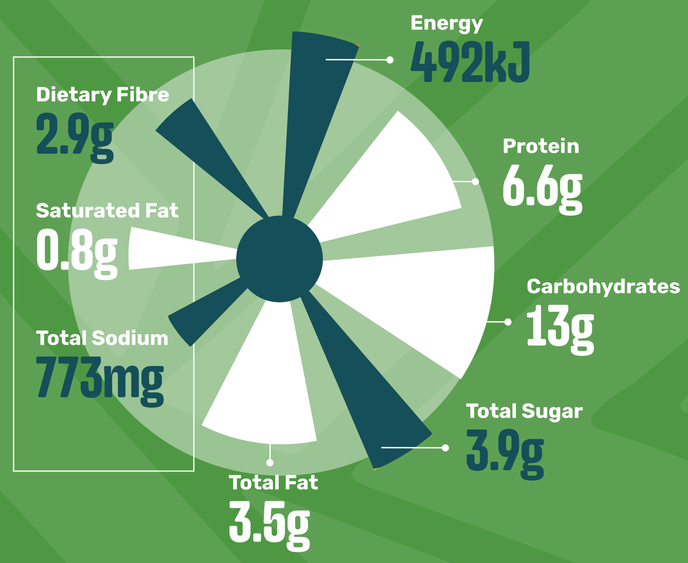
SOYA BURGER
(Side Salad)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



SOYA BURGER
(Hot Veg)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



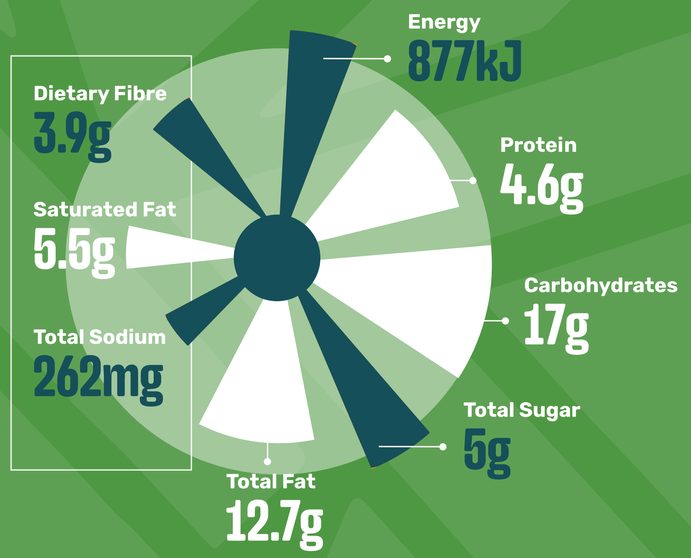
SCHNITZEL

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

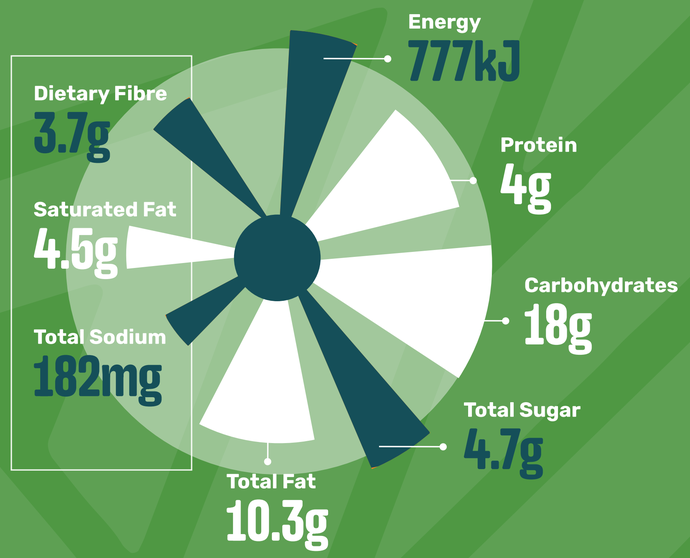
VEGGIE SCHNITZEL
(Chips & Onion Rings)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



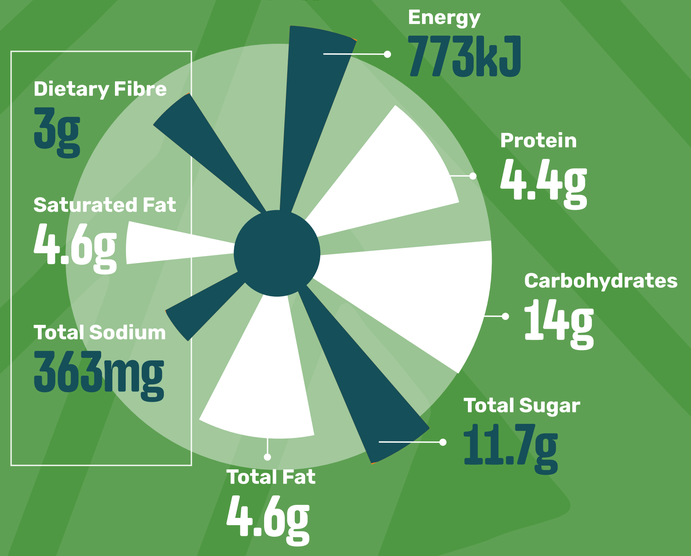
VEGGIE SCHNITZEL
(Baked Potato & Onion Rings)

Contains: Wheat, Gluten, Soy, Cow's Milk



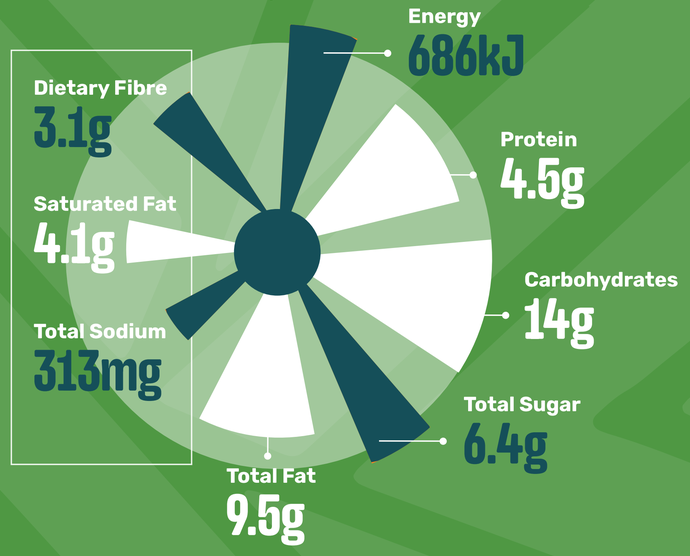
VEGGIE SCHNITZEL
(Side Salad)

Contains: Gluten, Wheat, Soy, Egg



VEGGIE SCHNITZEL
(Hot Veg)

Contains: Wheat, Gluten, Soy, Cow's Milk



DESSERTS

Spur Steak Ranches are not a gluten or allergen-free environment, and while the utmost care is taken to minimise contact with allergens when requested, traces of gluten or other allergens may appear in the final dish served. Our meals are produced in kitchens containing allergens including nuts, gluten, wheat, shellfish, lactose and egg. Every effort is made to ensure vegan meals are cooked on separate surfaces, keep in mind that our plant-based meals are prepared in a kitchen that does handle animal products. Please note our fish may contain small bones.

The allergen and nutritional information provided is accurate and up-to-date to the best of our knowledge. It is based on information provided by our manufacturers and suppliers and Spur Corporation (Pty) Limited will not be held liable for any omission or failure to provide updated or correct information nor negligence on the part of the supplier nor manufacturer.

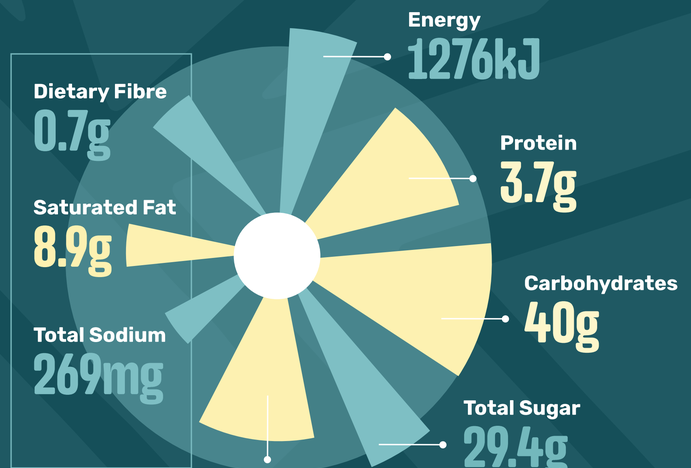
DESSERTS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

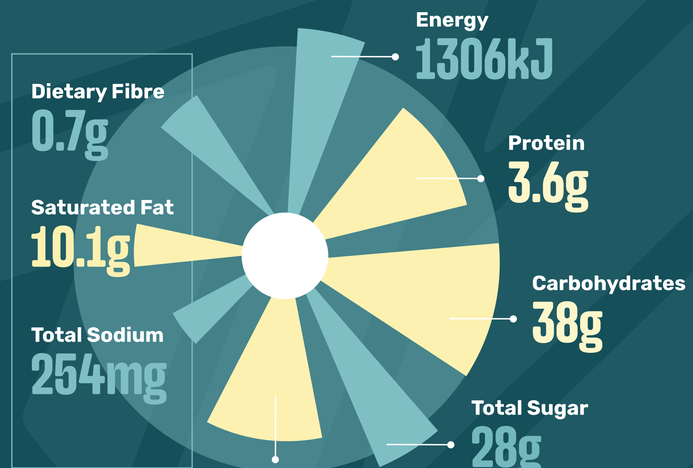
MALVA PUDDING – FULL
(Cream)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



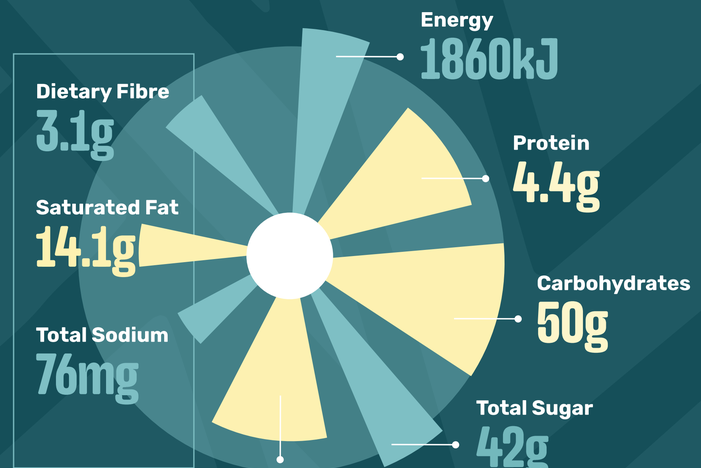
MALVA PUDDING – HALF
(Cream)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



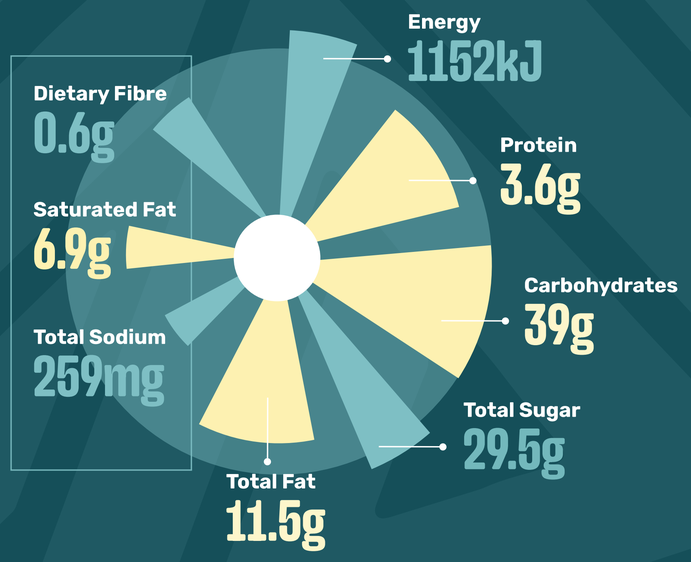
BAR-ONE CHOCOLATE BROWNIE – FULL
(Cream)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



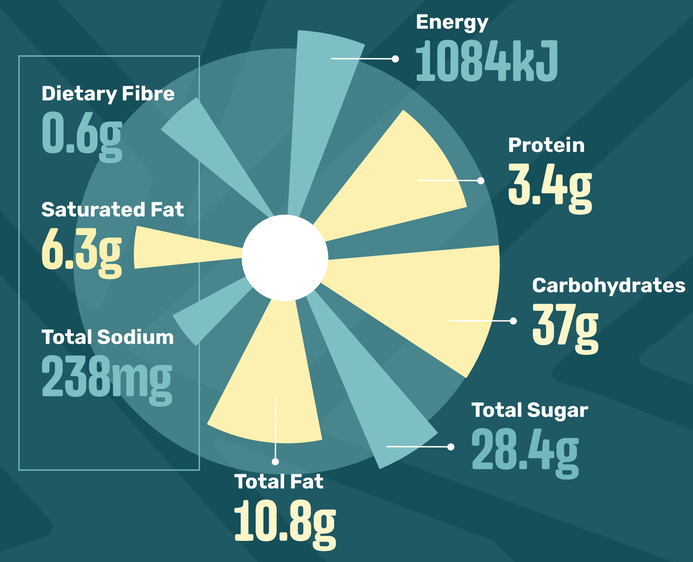
MALVA PUDDING – FULL
(Soft Serve)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



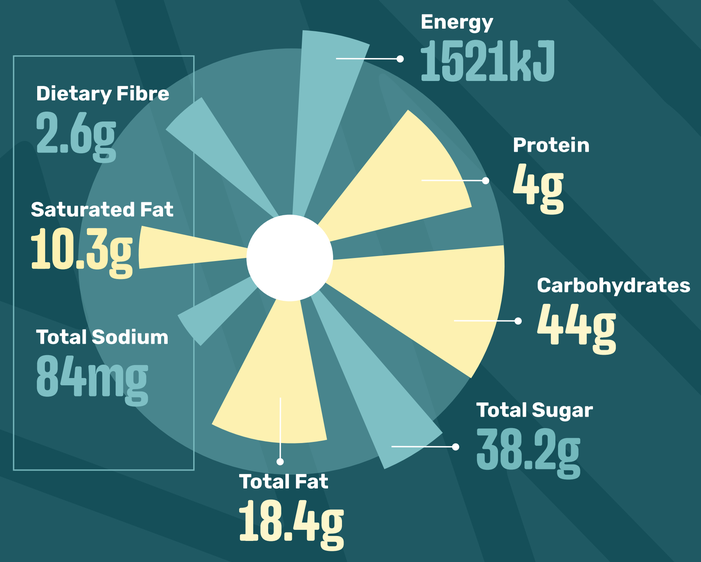
MALVA PUDDING – HALF
(Soft Serve)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



BAR-ONE CHOCOLATE BROWNIE – FULL
(Soft Serve)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



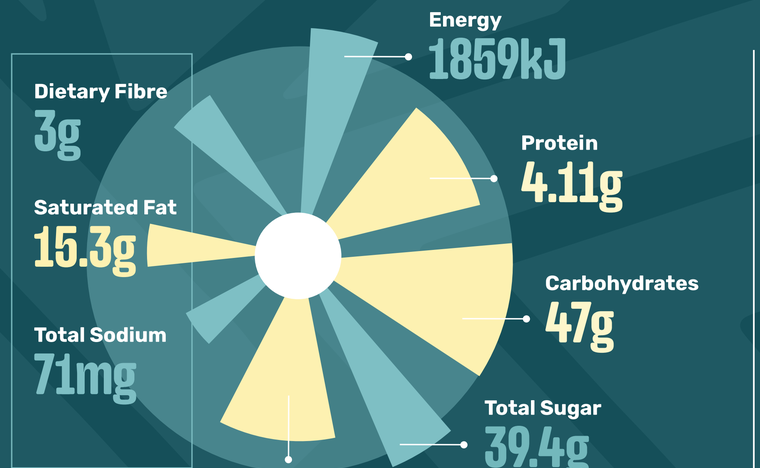
DESSERTS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

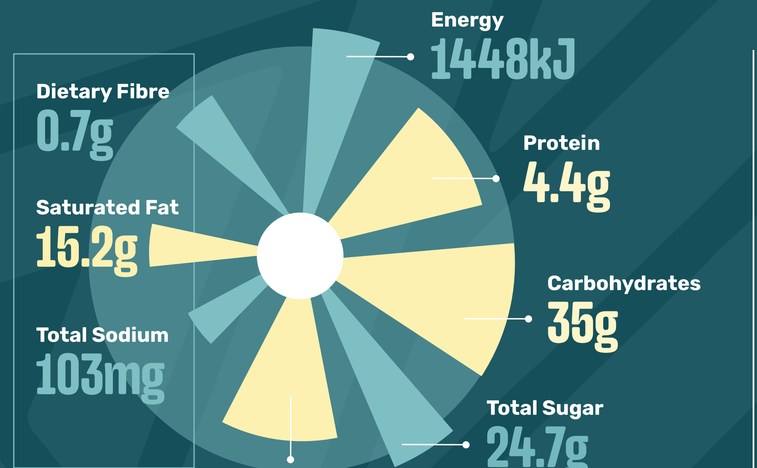
BAR-ONE CHOCOLATE BROWNIE – HALF
(Cream)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



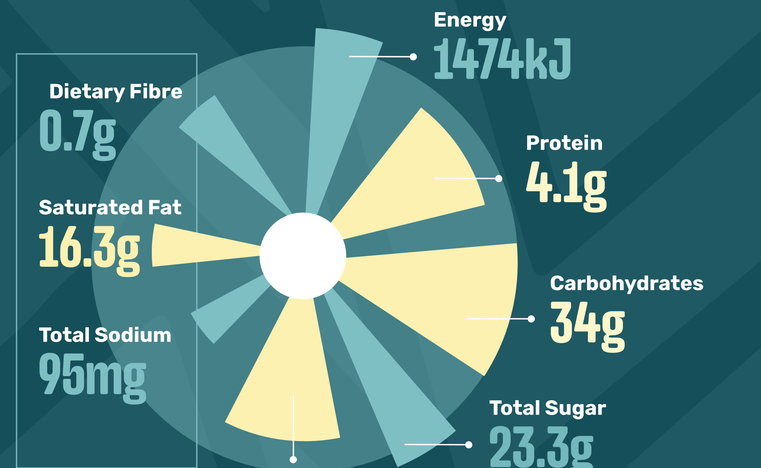
PEPPERMINT CRISP TART – FULL
(Cream)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



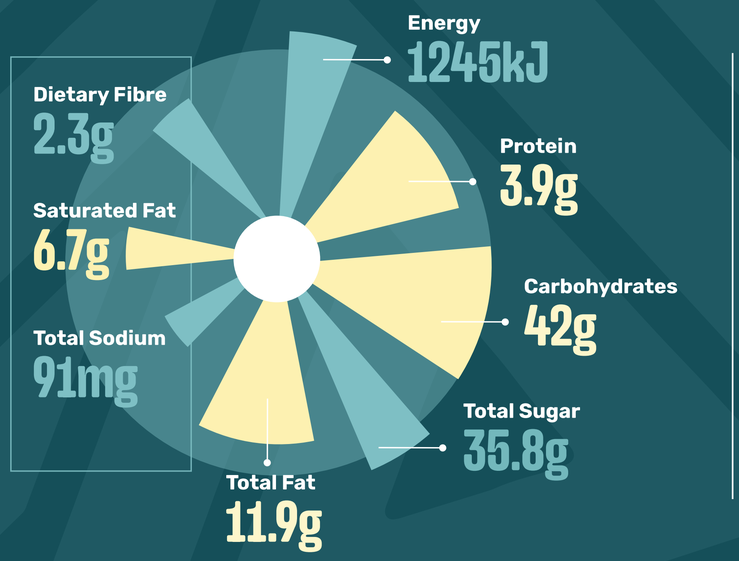
PEPPERMINT CRISP TART – HALF
(Cream)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



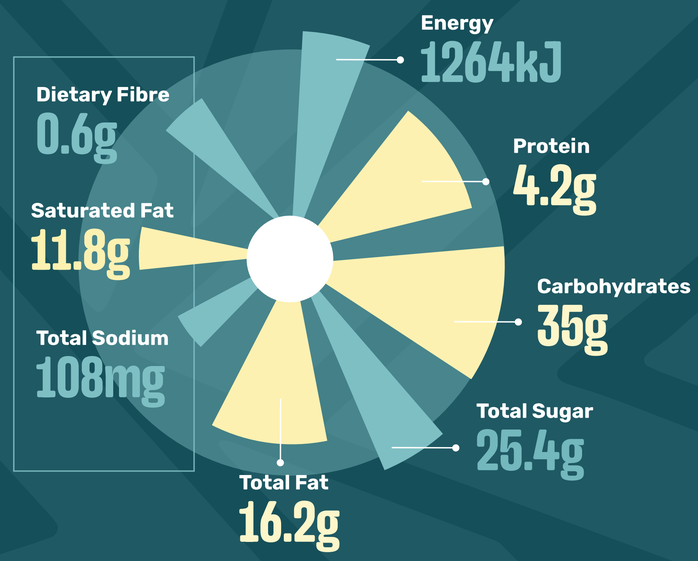
BAR-ONE CHOCOLATE BROWNIE – HALF
(Soft Serve)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



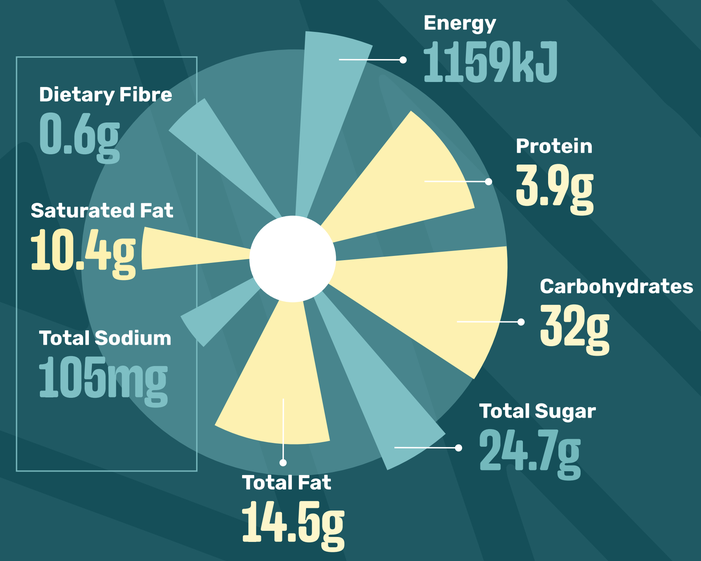
PEPPERMINT CRISP TART – FULL
(Soft Serve)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



PEPPERMINT CRISP TART – HALF
(Soft Serve)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



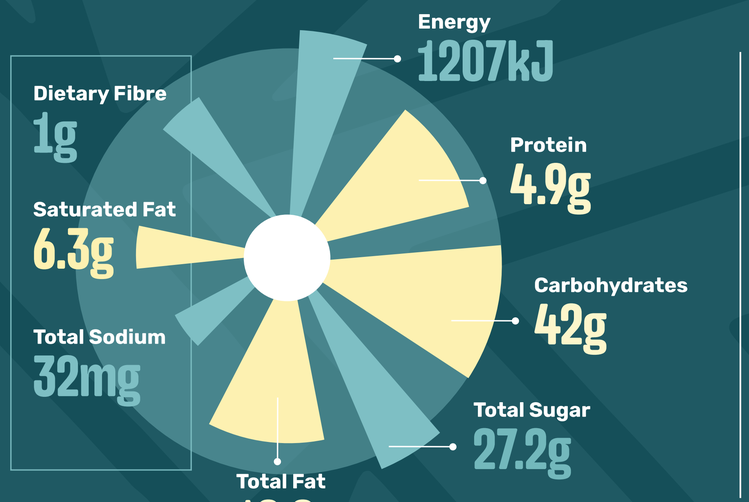
DESSERTS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

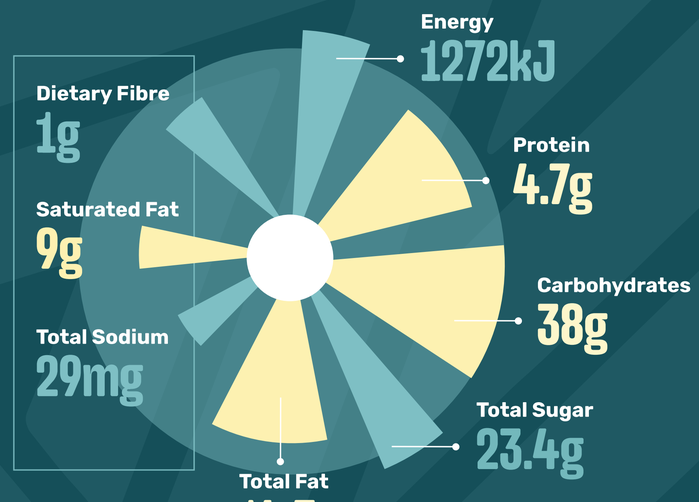
CLASSIC WAFFLE – FULL
(Cream)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



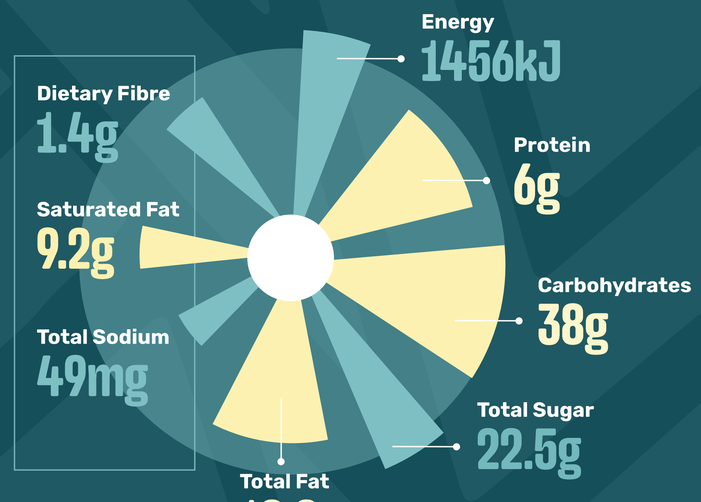
CLASSIC WAFFLE – HALF
(Cream)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



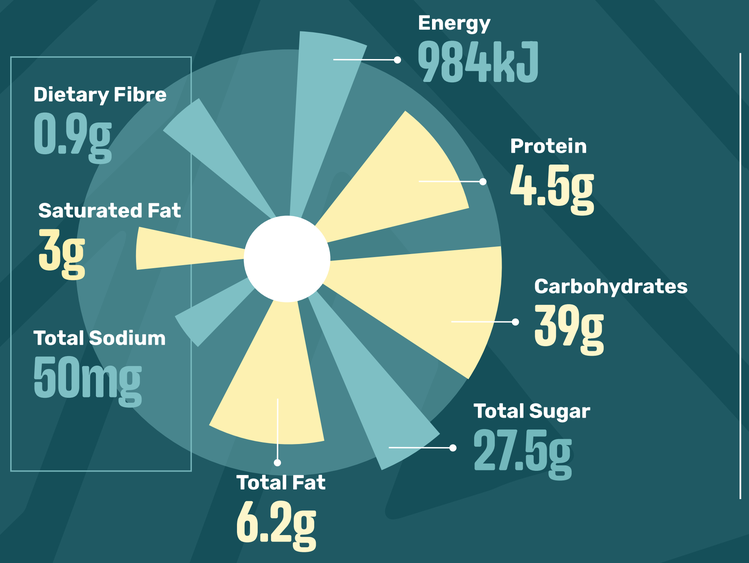
BAR-ONE WAFFLE – FULL
(Cream)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



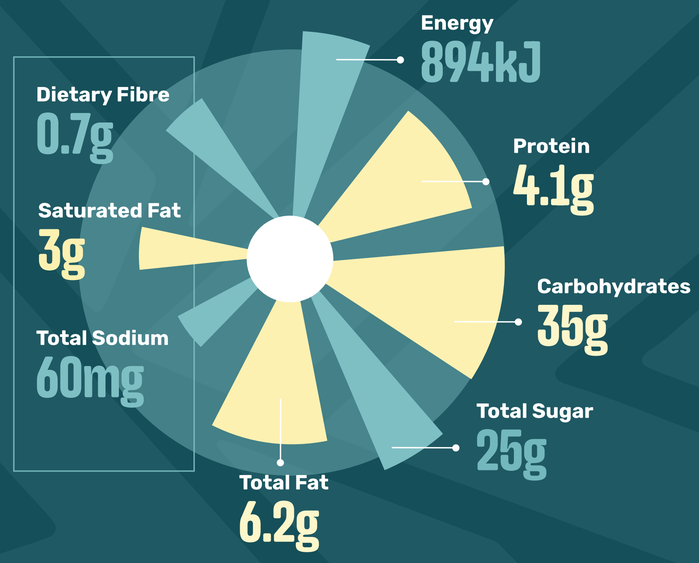
CLASSIC WAFFLE – FULL
(Soft Serve)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



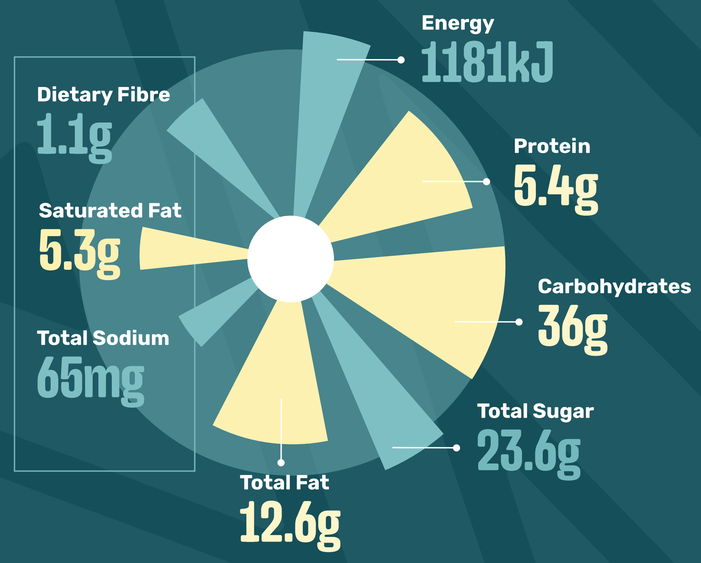
CLASSIC WAFFLE – HALF
(Soft Serve)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



BAR-ONE WAFFLE – FULL
(Soft Serve)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



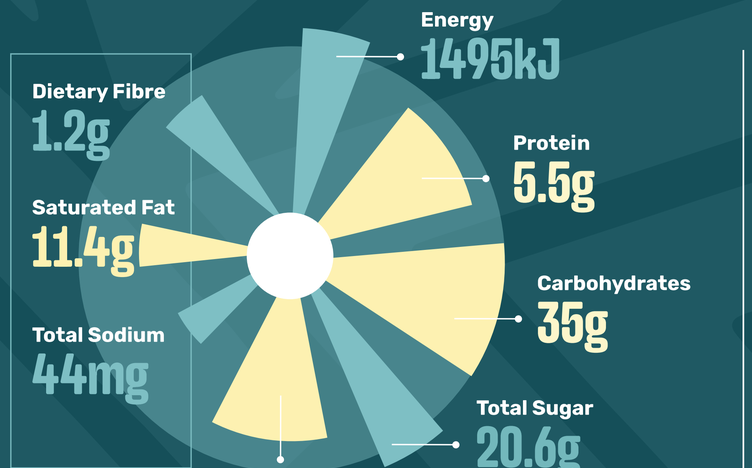
DESSERTS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

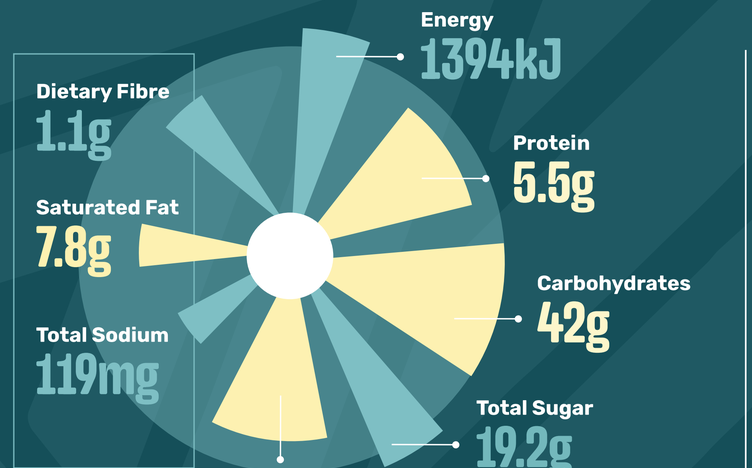
BAR-ONE WAFFLE – HALF
(Cream)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



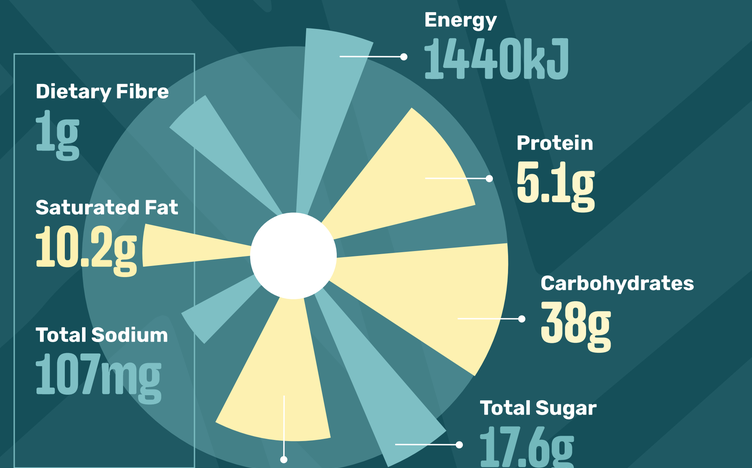
OREO WAFFLE – FULL
(Cream)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



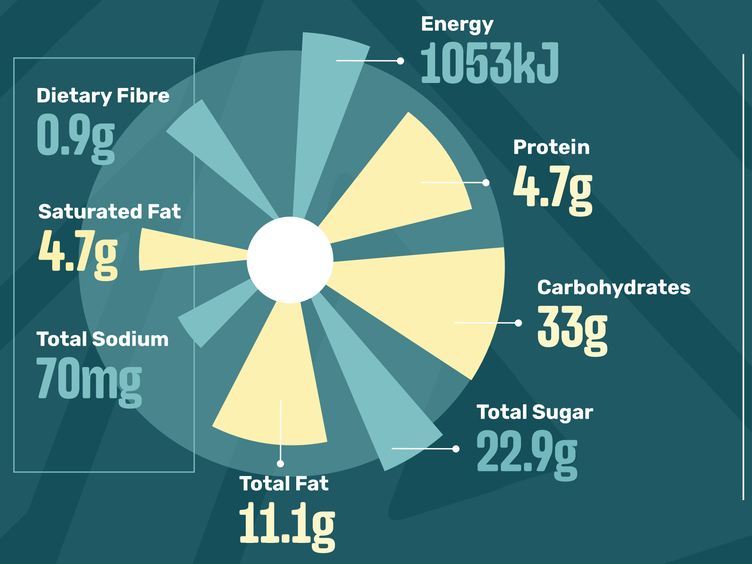
OREO WAFFLE – HALF
(Cream)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



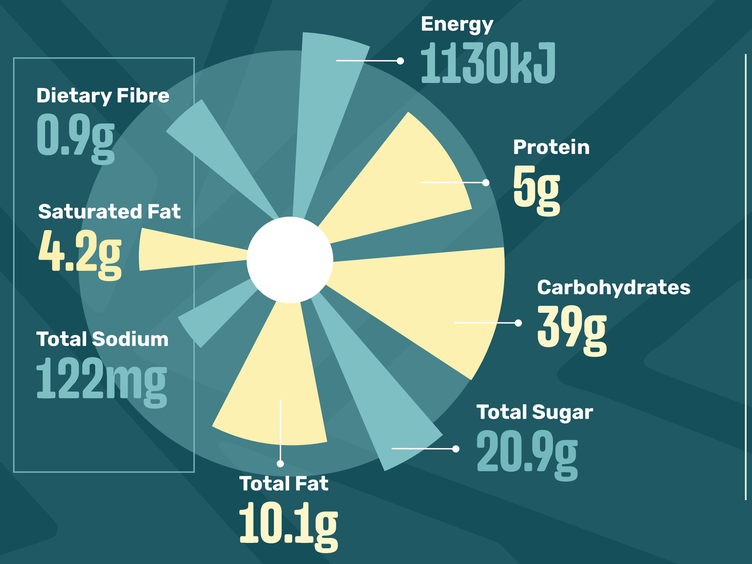
BAR-ONE WAFFLE – HALF
(Soft Serve)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



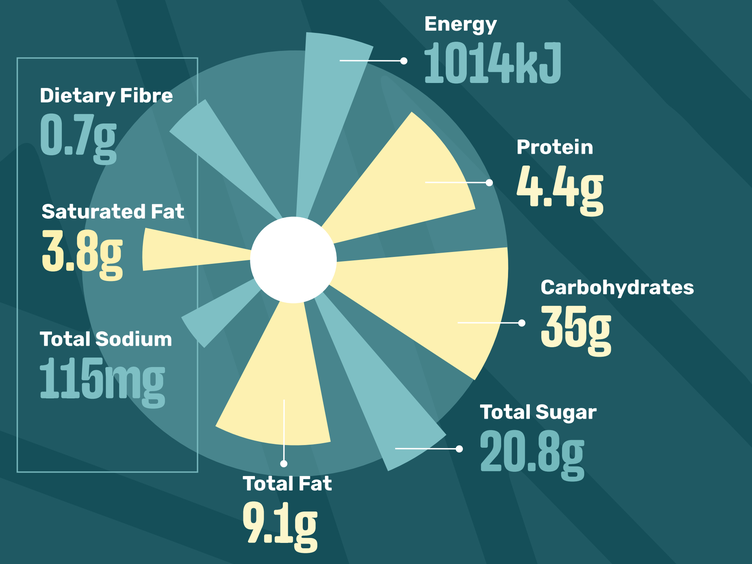
OREO WAFFLE – FULL
(Soft Serve)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



OREO WAFFLE – HALF
(Soft Serve)

Contains: Wheat, Gluten, Soy, Egg, Cow's Milk



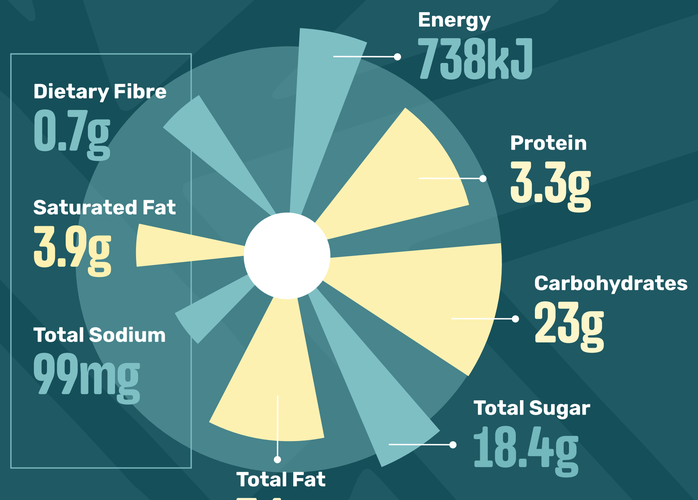
DESSERTS

Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

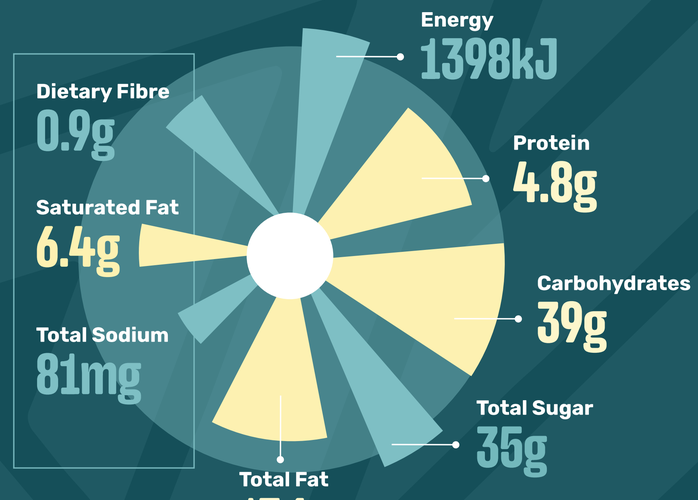
ICE CREAM & CHOCOLATE SAUCE – FULL

Contains: Wheat, Gluten, Soy, Cow's Milk, Peanuts



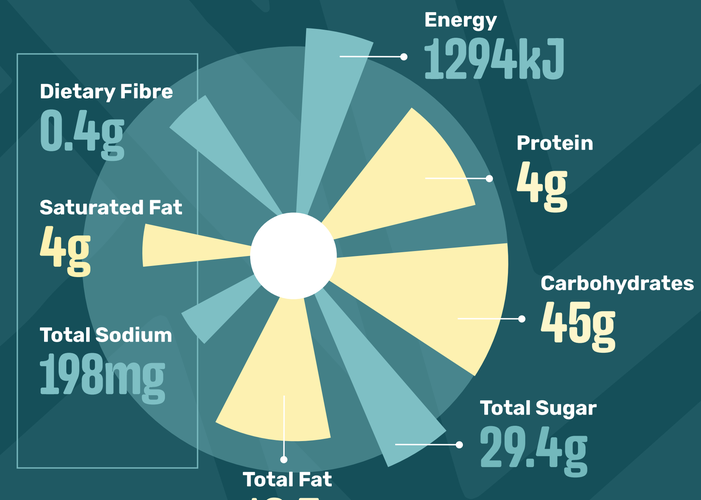
ICE CREAM & BAR-ONE SAUCE – FULL

Contains: Wheat, Gluten, Soy, Cow's Milk, Peanuts



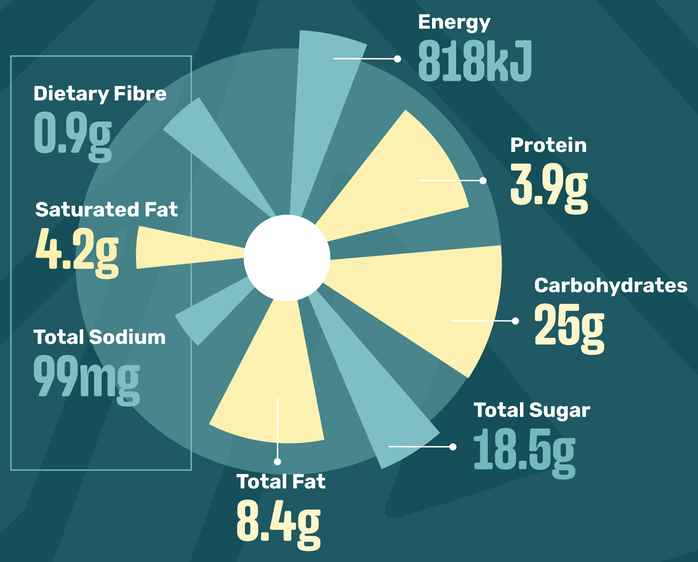
ICE CREAM & OREO SAUCE – FULL

Contains: Wheat, Gluten, Soy, Cow's Milk, Peanuts



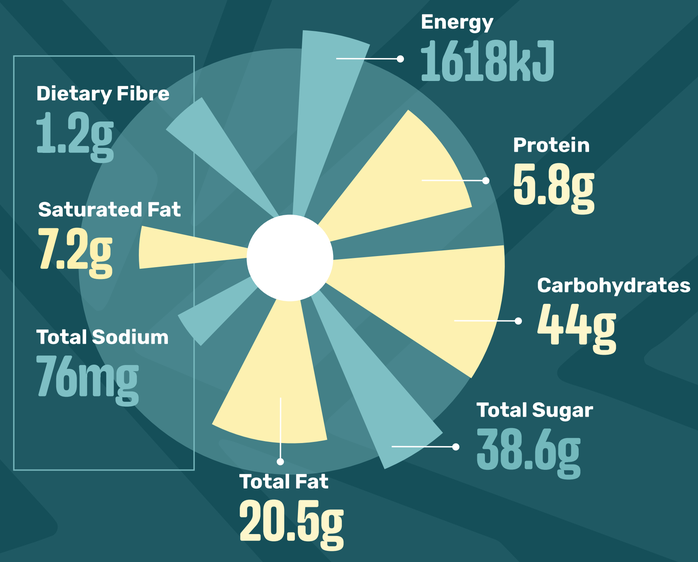
ICE CREAM & CHOCOLATE SAUCE – HALF

Contains: Wheat, Gluten, Soy, Cow's Milk, Peanuts



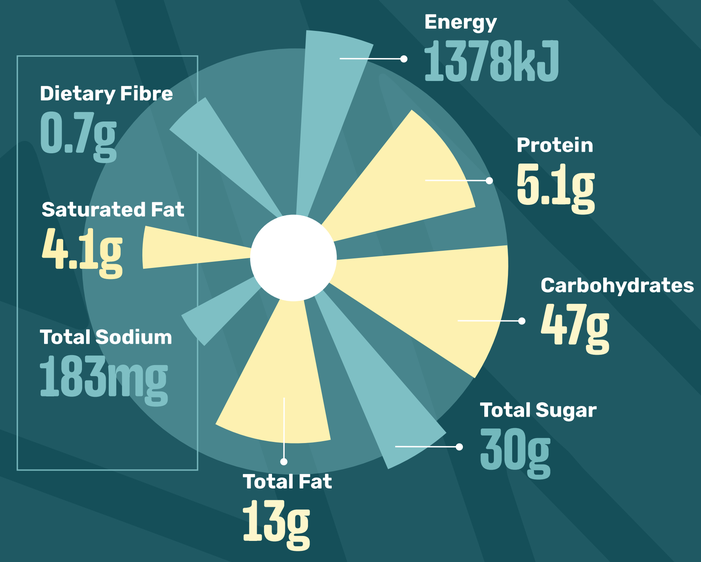
ICE CREAM & BAR-ONE SAUCE – HALF

Contains: Wheat, Gluten, Soy, Cow's Milk, Peanuts



ICE CREAM & OREO SAUCE – HALF

Contains: Wheat, Gluten, Soy, Cow's Milk, Peanuts



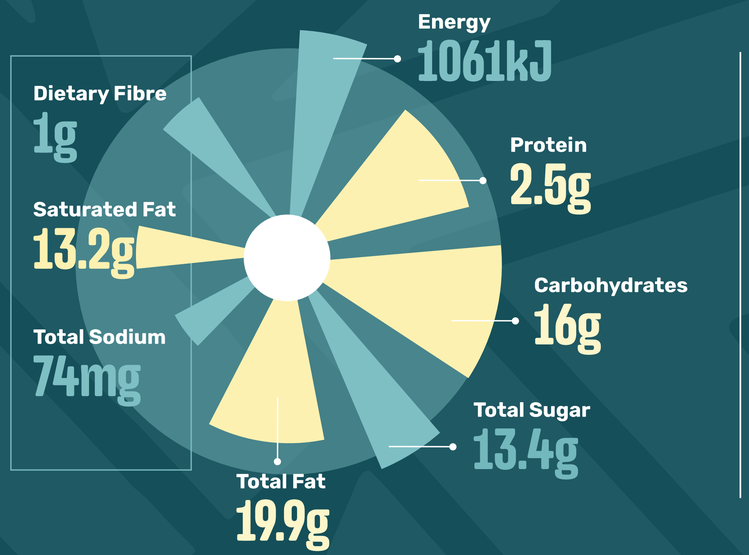
DESSERTS

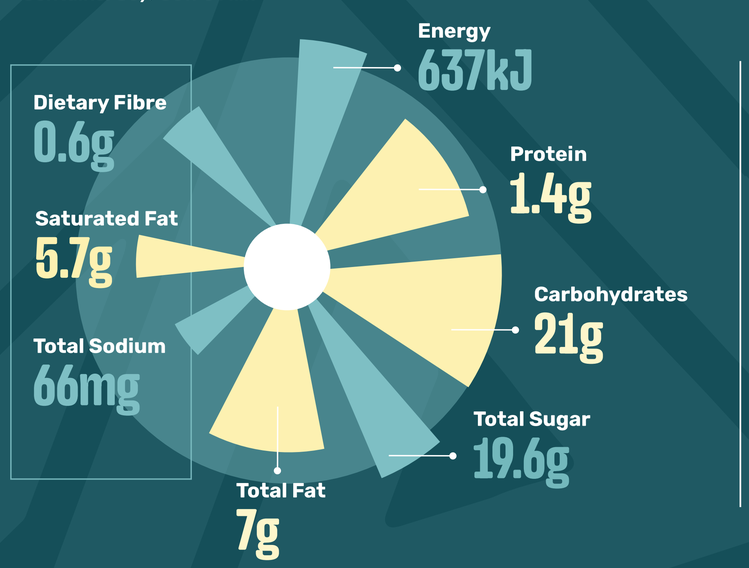
Typical Nutritional Information for Ready-to-eat Product:

Per 100 g serving

PECAN NUT SUNDAE

Contains: Peanuts, Tree Nuts, Soy, Cow's Milk



STRAWBERRY MARSHMALLOW SUNDAE

Contains: Soy, Cow's Milk